

## LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER



Year 29 Issue II November 2025



# SALORO COMMUNITY

#### LAPFORD COMMUNITY PRIMARY SCHOOL NEWS

It's hard to believe that we have only been back at school a month. The weeks seem to have flown by in a blur of learning and fun activities.





In our first week back in September we welcomed several new families to the school and set about electing our new school council for the year. Reece, Bonnie, Matilda and Dakota have already been taking their duties very seriously

and have led the school in their Harvest Festival service in the Congregational Church. They also helped me to deliver a huge parcel, made up from the generous donations of our families, to the Foodbank at The ARK where they enjoyed finding out how the foodbank works and how the donations



are stored and stock checked. They also held a cake sale to raise money for Young Minds as part of our whole school 'Hello Yellow' fundraising day. What great role models they are turning out to be!



In our second week back at school, we invited parents and carers to join us in school for an open morning to find out how we teach reading and phonics at Lapford. It was lovely to see so many families join us and see their children learning in their classrooms. We know that reading is the gateway to the curriculum and are proud of the results we achieve in reading. Last year, all of our Year 1 children passed the Phonics Screening Check and 86% of our Key Stage 2 achieved the expected standard or above for reading. These excellent results are achieved not only through quality teaching in school, but also through the effort that goes into encouraging and supporting reading at home.

Our half term wouldn't be complete without some opportunities for the children to get out and about. As well as their weekly swimming lessons and half termly visits to the library, Herons have also experienced their first trip of the year, a day at Westpoint for Farmwise, Devon — a

celebration of all things farming in Devon. During the day, the children were joined by 1,500 other primary aged children from across Devon as they explored different zones to find out all about how animals and crops are farmed. Each of the zones hosted a range of interactive stations for the children to experience and our favourites included meeting robot dogs, designed to identify

plants and flowers based on scent, turning cream into butter at the dairy zone and using an ascender to find out how tree surgeons climb trees. It was a very tiring day but the children loved it and learnt lots.

Did you know that for just £1 a week, you could help raise vital funds for Lapford Community Primary School and be in with a chance to win cash prizes, including a £25,000 jackpot? Our School Lottery is open to everyone — you don't need to be a parent to play, so please spread the word to friends, family, and neighbours! Right now, we only have a small number of players, which means the prizes are modest. But with more people joining, the cash prizes will grow and we'll raise more money for our school — helping fund important projects, resources, and activities for our children.

Mrs J. Wright Head of School



## LAPFORD VOLUNTARY CAR AID A.G.M.

WEDNESDAY 12th NOVEMBER, 3.00pm
IN THE ORCHARD CENTRE
ALL ARE WELCOME



## LADIES OF LAPFORD MEETINGS (LOL)



Please come and join us in The ARK at 7.30

## Thursday 20<sup>th</sup> November

**Christmas Crafting with Beccy** 

## Thursday 18<sup>th</sup> December

Meal at the Old Malt Scoop Inn

## Thursday 15<sup>th</sup> January

Games Night (Always a fun evening)

We always welcome new members—come and join us!



## APFORD LOOKOT

## DATES TO LOOKOUT FOR

## November 2025

8th Men's Breakfast, The ARK, 9.00am

9th Act of Remembrance, Church Green, 10.45am

11th Lapford Gardening Club, The ARK, 7.30pm

11th Lapford Parish Council, Orchard Centre, 7.30pm

12th LVCA AGM, Orchard Centre, 3pm

13th Lapford Revel meeting, OMSI, 7.30pm

14th Copy deadline for December Lapford Lookout, 6pm

15th Christmas Workshop at The ARK, from 10.00am

16th Community Roast, Congregational Church, 12.30pm

20th Ladies of Lapford, The ARK, 7.30pm

22nd LYPFT Indoor Car Boot Sale, Victory Hall, 10.00-12.00

22nd Christmas Workshop at The ARK, from 10.00am

24th Lapford Project 2000 AGM, Orchard Centre, 7.30pm

27th Lapford Over 60's Club, Christmas shopping trip

29th Lapford Parish Church Xmas Fayre, Victory Hall, 10.00am

30th Exmoor Carolers, Victory Hall, 3.30pm

## December 2025

6th Toddlers Christmas Party, Parish Church, 11am

6th Lapford Christmas Fayre, Lapford Primary School, 2pm

6th Christmas Bingo Night, Victory Hall, 6.30pm, ED 7.30pm

9th Lapford Gardening Club, The ARK, 7.30pm

9th Lapford Parish Council, Orchard Centre, 7.30pm

10th Copy deadline for January Lapford Lookout, 6pm

12th Lapford Pensioner's Lunch, Victory Hall, 12.30pm

18th Ladies of Lapford Meal at the Old Malt Scoop Inn

## January 2026

13th Jan Lapford Parish Council, Orchard Centre, 7.30pm

15th Jan Ladies of Lapford Games Night

## **Future Dates**

10th Feb Lapford Parish Council, Orchard Centre, 7.30pm
 10th Mar Lapford Parish Council, Orchard Centre, 7.30pm
 14th Apr Lapford Parish Council, Orchard Centre, 7.30pm

12th May Lapford Parish Council, Orchard Centre, 7.30pm

10-12th July Lapford Revel 2026

5th Sept Gardening Club Annual Show 2026

Please send your Dates to Lookout For to lapfordlookout@gmail.com

#### LAPFORD GARDENING CLUB



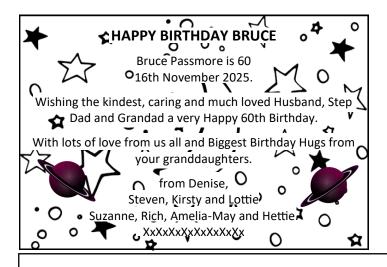
Tuesday 11<sup>th</sup> November 7.30 at the ARK

We shall be welcoming back Joah Madden

whose subject is

There's a Beaver in my River

Guests very welcome £2



### **VILLAGE TIDY-UP DAY**

Thank you so much to all those amazing people who turned out on September 20<sup>th</sup>.

Litter was cleared from the whole village, including the Industrial Estate, lots of weeds removed particularly from the car park area,

and the inside of the Orchard Centre tidied up. As a result, a much cleaner, more beautiful street scene for us all to enjoy.

Thank you too to the bakers of the yummy cakes which sustained all those hard workers.

**Lapford Parish Council** 

## CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU

All the Churches welcome everyone to any of their services and social events.

We look forward to fellowship with you.

## THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

All are welcome—Refreshments served after services

Contacts: Churchwarden: Joan Graham - (e) jemg47@aol.com (t) 01363 83047



Sunday 2<sup>nd</sup> ALL SAINTS 9.30 a.m. Lay Led Morning Prayer

Sunday 9<sup>th</sup> REMEMBRANCE SUNDAY

9.30 a.m. Churches Together Eucharist

10.45 a.m. ACT OF REMEMBRANCE at the War Memorial

Wednesday 12<sup>th</sup> 10.30 a.m. Holy Communion (BCP 1662) Sunday 16<sup>th</sup> 2<sup>nd</sup> Before Advent 9.30 a.m. Lay Led Morning Prayer Sunday 23<sup>rd</sup> CHRIST THE KING 9.30 a.m. Common Worship Eucharist

Sunday 30<sup>th</sup> ADVENT SUNDAY 10.00 a.m. MISSION COMMUNITY EUCHARIST at Zeal Monachorum



### LAPFORD CONGREGATIONAL CHURCH

#### **Contacts:**

Cat Seymour 884432 Helen Wyatt 07964 855677 Carol Worsdell 07368 860835

email: lapfordcongregationalchurch@gmail.com www. facebook.com/lapfordcongregationalchurch

#### Services:

Services every Sunday at 11.00 a.m.

Communion will be held on the second and fourth Sundays

#### Preachers for this month:

2nd Deacon led

9th Remembrance Sunday at Parish Church

16th Merril Archer23rd No service30th Mervyn Burd

#### **LAPFORD COMMUNITY CHURCH**

#### **Contacts:**

Briony Clinch - Tel: 83666

Email: admin@lapfordcc.org.uk

www.lapfordcc.org.uk

#### Services:

The Church meets every Sunday morning at 10.30 a.m. in the Victory Hall with refreshments served from 10.00 a.m.

Connect Groups meet during the week at either 7.00 p.m. or 7.30 p.m.

Please visit our website for information about the Foodbank and The ARK. Our website will also give you more information about other Church activities.



#### WHEN ALBERT EINSTEIN MET CHARLIE CHAPLIN



Albert Einstein: What I admire most about your art, is its universality. You do not say a word, and yet, the world understands you!

Charlie Chaplin: It's true, but your fame is even greater! The world admires you, when nobody understands you.

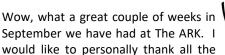
#### THE LAPFORD T-TOWEL

Drawn and designed locally to raise funds to support our parish church. An attractive and extremely useful present or souvenir.

On sale for £10.00 in The ARK, at village markets and village events, or please contact:<u>pruelambert@yahoo.co.uk</u>
07712 433777

Now back in stock. Shop early for Christmas!

#### **MESSAGE FROM THE ARK**





volunteers who do an amazing job. Your time, energy, and generosity help create a warm, welcoming space where community comes together. Whether you're serving coffee, lending a listening ear, or supporting behind the scenes, your contributions makes a real difference. Thank you to everyone who comes in on a Tuesday and Friday. Everyone is welcome! Hot food is served until 1.30 p.m. Cafe closes at 2.00 p.m.

On behalf of everyone at The ARK, we would like to extend our heartfelt thanks to the Lapford Project 2000 Committee for their generous donations towards the creation of the tablecloths and chair covers which have been beautifully made by Beccy Fletcher who we also want to thank!

Your kindness and generosity have added a touch of beauty and elegance to The ARK. We are deeply grateful for your support.

Please note that we will be closed on 12th December to support the Pensioners' Lunch.

All at The ARK

## DEVON COMMUNITY FOUNDATION

"Devon Community Foundation (DCF) has adopted a new approach to distributing grants. The foundation has an extensive database of community groups and charities and will use this to identify those that fit



the funds that are available at any time. DCF will then invite relevant organisations to submit an application.

If you have submitted an application to Devon Community Foundation since 1 January 2023, successful or not, you will already be on their list and will be considered for all funding on a rolling basis.

If you haven't applied to DCF before, you can register with them via their 'Getting to Know You' form to be considered for funding."

Originality only happens once.



## **Lapford Weather September 2025**

Slightly cooler and much wetter than average.

The warmest day was the 2nd with a maximum of  $21.4^{\circ}$ C and the coolest was the  $21^{\text{st}}$  which saw a high of  $14.4^{\circ}$ C. The coolest night was on the  $23^{\text{rd}}$  with a minimum of  $3.0^{\circ}$ C and a grass low of  $-2.2^{\circ}$ C. There were in fact 6 nights when the grass temperature fell below zero.

Total rainfall was 146.3 mm, more than twice the average for September and in fact the wettest one since at least 1987, when I first moved to Lapford. Most of this fell in the first two weeks of the month. The wettest day was the 8<sup>th</sup> with 25.6 mm (just over an inch).

The windiest day was the 15<sup>th</sup> with a gust of 47 mph.

**Andy Epstein** 

#### INFORMATION FROM MID DEVON DISTRICT COUNCIL

## **Recycle More and Save Money**



We need to recycle everything we can including cardboard, paper, plastic, tins, cans, glass and put them into the right containers! The more we recycle the greater we reduce our carbon footprint but also the Council receives more income (£1m) which helps us deliver the service at a cheaper cost. We also keep our beautiful district clean and tidy.

Research has found that if residents move a few kilograms of their waste into their recycling collection every year, it raises our recycling rate by 1%. This helps bring in additional funding to the Council which we can then reinvest back into our services to make them even better. We can all become recycling champions and help raise our recycling rate. Please email us at binit123@middevon.gov.uk or call 01884 255255 for any more recycling containers needed and advice on how to recycle more.

#### **Pots and Pans Collections Have Started!**

Following a successful three month trial of collecting old and unusable pots and pans earlier this year in Willand, Uffculme and the surrounding rural communities the collection of old and unusable pots and pans will become a permanent recycling fixture across the district with effect from Monday 15th September.



## CHULMLEIGH & DISTRICT SOCIETY PRESENTS SHELTERBOX, A TALK BY FUAD RAMADAN



Shelterbox HQ in Truro recently enjoyed a Royal visit to mark 25 years of supporting people displaced by disaster, conflict and climate crisis with emergency shelter. Founded by the Rotary Club of Helston-Lizard it has since provided shelter to over 3 million people in nearly 100 countries. Fuad Ramadan returns to give us a personal insight into the work of this remarkable charity.

Friday 28th November, 7.30pm
Chulmleigh Pavilion, Leigh Road, EX18 7JL
Members £5 non-members £7 payable on the door
Wine, beer and fruit juice for sale

Follow us on Facebook @TheChulmleighSociety



## **CHULMLEIGH RURAL CINEMA**







TOBY JONES

HARRY LAWTEY

LESLEY MANVILLE

## MR. BURTON

Solid biopic of the early life of Richard Burton set in 1940s Port Talbot, vivdly conveying how he found the voice that led him to become one of the best spoken actors of all time. (12A)

Friday 14th November 2025
The Pavilion, Leigh Road, Chulmleigh EX18 7JL
Doors open 6.45pm Film starts 7.30pm
Wine, beer, soft drinks and interval ice-creams for sale
Tickets £5.50 (Chulmleigh Society members £4.50) on the door

There is no performance in December



## EXETER LITTLE THEATRE COMPANY Following on from the successful festive

productions of Nativity! and Elf The Musical in recent years, Exeter Little Theatre Company are thrilled to invite you to experience the magic of live theatre this festive season as we are returning to the Barnfield Theatre this December with the spectacular pantomime Cinderella!



Packed with dazzling costumes, toe-tapping songs, hilarious comedy, and plenty of audience participation, Cinderella is the perfect treat for all ages. Follow Cinderella's journey from rags to riches with the help of her Fairy Godmother, a pair of sparkling glass slippers, and a sprinkle of pantomime magic. Will she escape her wicked stepmother and make it to the ball before the clock strikes midnight?

Venue: Barnfield Theatre, Exeter

Performance Dates: Wed 3rd Dec - Sat 13th Dec

Tues 9th Dec - BSL signed performance

and Relaxed performance.

Tickets: Wed 3rd Dec - all tickets £15.00

Thurs 4th Dec - Sat 13th Dec Full price

£19.50 - Children U16 £17.50

Booking & Enquiries:

Tickets can be purchased by calling the Barnfield Theatre box office - 01392 726363, or online at

www.exeternorthcott.co.uk/events/cinderella

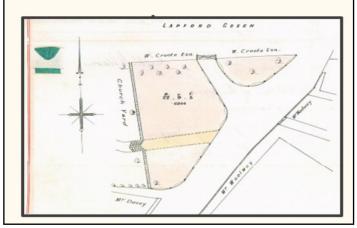


## THE TRUSTEES OF LAPFORD CHURCH GREEN

invite you to the

## ANNUAL GENERAL MEETING 2025

to be held on
WEDNESDAY 19<sup>TH</sup> NOVEMBER
at 7-30 p.m.
in the Orchard Centre



## LADIES KNOCK THEM DOWN



Our September meeting was held at the Waie Inn. We were

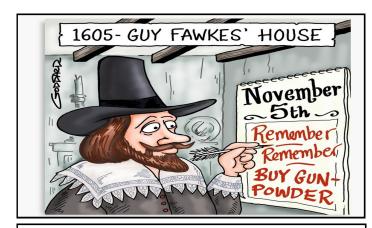
gathered for what has become our annual game of skittles. I had assured people that it was 'a friendly' and that no special skill was involved.

Well, it was friendly but there were those amongst us who proved quite competitive, urging their team mates on with very enthusiastic encouragement and cheers on their success. I was told we were getting some disapproving looks from our neighbouring skittlers who were quieter than us and were approaching their game with serious concentration. As for the level of skill, our players varied between those whose bowling sometimes was a little wayward and those who seemed to have the knack and who managed to floor a respectable number of skittles (to hoots of delight).

The teams, randomly chosen, turned out to be very evenly matched. The scores vied back and forth so that it was not clear until the last round who was going to win and, in the end, the margin between winner and loser was small. Although some were keen, at times, it was difficult to get players up to bowl because there was a lot of animated conversation going on during the game. We had some people who had joined us mainly for the chat as they weren't able to play. We are always happy to have people come along to see what is going on and have a natter even if they can't join in the activity.

It was a very enjoyable evening which we are likely to repeat next year so if you want to come along and show us how it's done, you have a few months to ensure you can flatten skittles with ease and achieve an impressive score.

#### Sue Raffill



## LAPFORD BOOK CLUB - BOOK REVIEW LITTLE FIRES EVERYWHERE BY CELESTE NG

This book is set in Shaker Heights, Cleveland, Ohio, in the 1990s, and is the story of two families; one conventional, mother, father and four children; the other a single mother (an artist who uses photographs in her work), and her teenage daughter. The town has been meticulously planned so that it is all laid out to a pattern, and even the front doors of the houses must be painted to a plan. This suits Elena Richardson, who grew up in the



town, but for Mia Warren, who has moved more times than Pearl, her daughter, can count, it is stifling. The Richardsons live in a big house; Elena has inherited an upstairs apartment which she lets out to Mia. When Pearl starts school she meets the Richardson children, and gets on particularly well with one of them, and she is accepted into the family by all of them. As Pearl has been promised by her mother that they would stay put for some time she welcomes the chance to become integrated. Elena is intrigued by Mia and employs her to work in her house, mostly to have the chance to find out more about her.

The book opens with the Fire Department at the Richardson's house, as it has been destroyed by an arsonist who set little fires burning everywhere. Also the youngest daughter, Izzy, who is treated with some contempt by every member of her family, has gone missing. So the story is really to find out why. There are several different strands to the tale, and the catalyst is an adoption challenge by a single Chinese mother wanting to regain custody of her daughter from the well-meaning, but racially naive, American couple hoping to adopt the baby. The case divides opinion in the town.

The main themes relate to motherhood, and the extremes a mother will go to protect her children; privilege, particularly coupled with the arrogance and hypocrisy that often accompanies it; and accountability. Some of the characters are well fleshed out but others, especially that of Mr. Richardson (Elena's lawyer husband), are difficult to picture at all. Ultimately, most of us felt very little sympathy with the adult characters, and wondered why the book had been given so much positive publicity. It was made into a series (I think on Netflix), perhaps if we had seen that instead of reading the book we might have enjoyed it more!

#### Suzy Mann



Please detach the booking form and return by:-30th November to: John Burrows

## **BOOKING FORM**

First Name: Surname:		
Amount payable: £ Date Paid:		
Payment is required at time of booking please and this form must be returned with your		
payment		
Please enter any special dietary requirements		
Meal choice :- Turkey Vegetarian		
Travel information:		
Please tick if you require transport		
Please tick if you are using your own transport		



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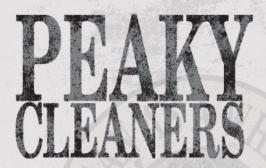
Jack: 07904225234 Ricky: 07712177710



## Ashridge Great Barn

Late Night Christmas Shopping
Friday 21 November 5-8pm
Christmas Fayre
Saturday 22 November 10am – 3pm

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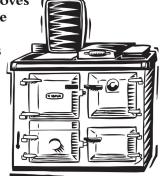
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## The Old Malt Scoop Inn

## **Opening Times**

Daily from noon until close.
Food served from noon till 2.30 pm
and again from 6.00 pm until 8.30 pm

For details of special events, live music and quiz nights, please check our website or Facebook page....or give us a ring!

www.theoldmaltscoopinn.co.uk

Pop in and see us, email or give us a call: eatdrinkstay@theoldmaltscoopinn.co.uk 01363 83330

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#### Covering

Bideford/Barnstaple/Chawleigh/Chumleigh/Chawleigh/ Dolton/Hatherleigh/Holsworthy/ Lapford/Okehampton/Roborough/ Winkleigh & surrounding villages.





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#### Samantha

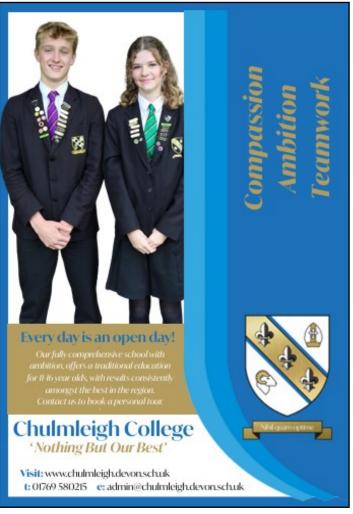
Summerhayes, Ingleigh Green, Winkleigh, Devon, EX19 8AT Email: samjcarne@outlook.com Tel: 01837 680199



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Overworked or Stressed? Tense shoulders?

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## Massage Therapy in Lapford.

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VTCT level 3 diplomas in Holistic Therapies, Aromatherapy, Sports Massage

Please feel free to contact me to find out more, discuss your needs or book an appointment.

FB page 'Penny King Complementary Therapist MFHT' Tel 01363 83091





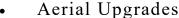
Alterations
Repairs
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Based in Lapford 07791 989142





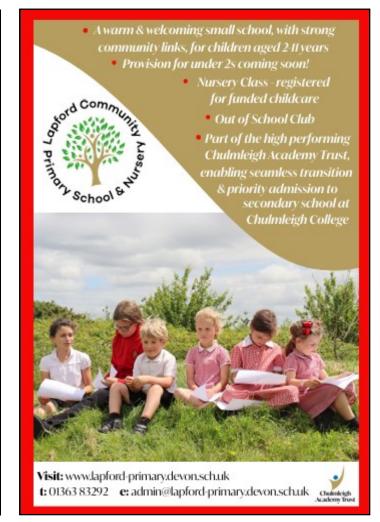
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Fri 28th, Sat 29th & Sun 30th Nov Fri 5th, Sat 6<sup>th</sup> & Sun 7th Dec Fri 12<sup>th</sup>, Sat 13th & Sun 14th Dec Fri 19th, Sat 20th & Sun 21st Dec

9.30am - 3.30pm

Find us on the B3096 between Chawleigh & Chulmleigh - EX18 7ES

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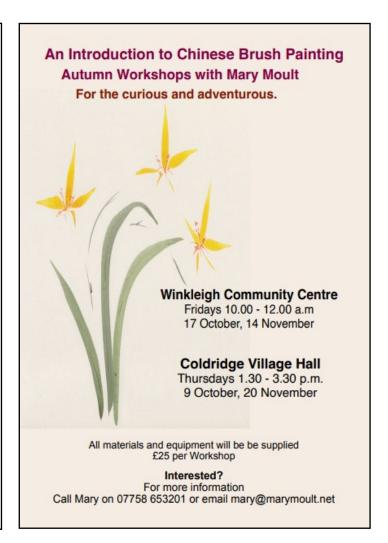
















## Williams Fab & Vehicle Repairs Your Trusted Vehicle Service & Repair Centre 07950 318121

Serving Crediton, Lapford, and surrounding areas, we provide expert vehicle care for Cars, Vans, and Motorbikes with professional workmanship you can rely on!

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**Need a hand?** We offer a **local vehicle collection service** upon request.

Contact Cameron on: 07950 318121 Email: williamsfabvehiclerepairs@gmail.com www.facebook.com/williamsfabvehiclerepairs

## **RURAL COUNTRY CARE**

We are a small local team providing a reliable, personable service to those who would like a helping hand at home.

We offer the following:

- PERSONAL CARE
- HOUSEHOLD TASKS
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- LIGHT GARDENING
- TRANSPORT ARRANGEMENTS
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Competitive rates and regular time slots

DBS checked. Public Liability Insurance. References available. Please contact us to discuss your requirements.

Sonia 07885 520380 Jemma 07773 011033

## MARTIN DOWN - 07812 513383 GARDEN MACHINERY/ATV SERVICE & REPAIR

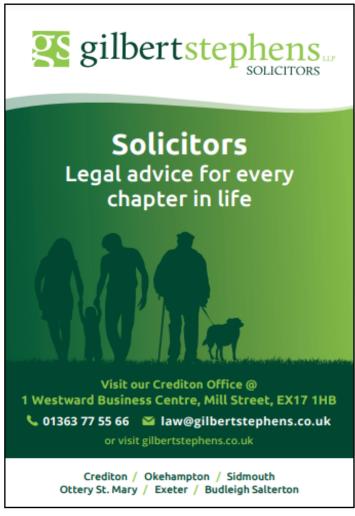
NEW STIHL/VIKING MACHINES TO ORDER

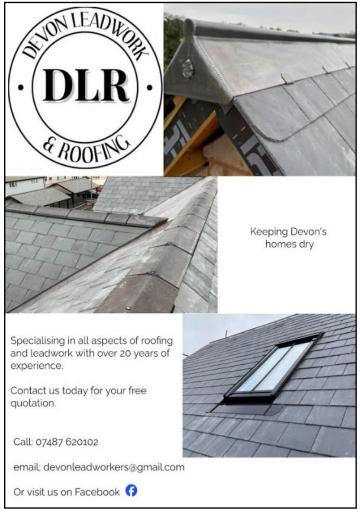


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## OPEN DAILY 8AM-11PM

# BREAKFAST LUNCH DINNER AFTERNOON/CREAM TEA ALL DAY COFFEE/BAR

Cosy Fireside
River Walks & Grounds
Parties & Functions

## **Holiday Season**

25 DECEMBER
CHRISTMAS LUNCH

31 DECEMBER
NEW YEARS EVE
Dinner, Dancing & Live Music

1 JANUARY
NEW YEAR'S DAY CARVERY

foxandhoundshotel.co.uk/offers

Chit-chat Tuesdays
Free refill for all coffees and tea

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#### **WINTER CHILLS**

Summer has passed and in autumn we are starting to experience winter chills. The energy price cap has risen, nights are drawing in and we



seem to be bombarded through all media channels with deals on energy supply. Energy costs are one of the main problems people bring to us as the cost of living crisis continues to pinch and next month's budget looms large. So how can we help you?

We have specially trained advisers helping with energy problems and to begin with, they can offer advice on saving energy at home that can save up to £650 a year. They will help people to fully understand their energy bills and where people are struggling to pay their bills, can check eligibility for grants and fuel vouchers. Where people are having problems with their energy suppliers, we can help to get these resolved.

Sometimes home checks can be really useful and whilst we cannot undertake these, if we see that it would be helpful, we can refer clients to partner organisations who can do these and advise on steps that can be taken in individual properties that can help to save energy. Energy is not just about saving money; it can present dangers such as with carbon monoxide risks and our team can advise on this too and even provide carbon monoxide monitors in some cases.

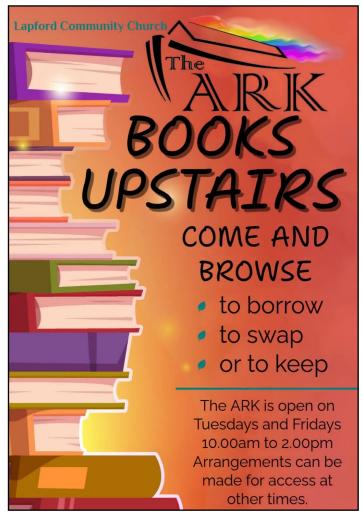
So help is at hand and it is not all doom and gloom and nobody should feel that they have to choose between eating and heating. Details of our office opening hours are available on our website www.citizensadvicetnmwd.org.uk and our AdviceLine number is local and free – simply call 0808 2787999.

Demand for our services at Citizens Advice Torridge, North, Mid and West Devon is Increasing all the time. If you could volunteer with us for maybe one day a week to help us help the people in our local communities who come to us with problems that they cannot deal with alone, then please do get in touch. There is information on our website or you can email recruitment@citizensadvicetnmwd.org.uk for an information pack. Our volunteers get full training and ongoing support, they learn new skills or develop existing ones, they make new friends and have the satisfaction of knowing that they are providing a really worthwhile service in their local community.









#### LAPFORD PARISH COUNCIL

There are no notes from the Parish Council meeting of 14th October as the meeting fell after our cut-off date but we hope to be able to have these for next month's Lapford Lookout.

## CHARITIES JOIN FORCES TO BRIDGE THE DIGITAL DIVIDE IN DEVON

A partnership between two Devon charities, Devon Communities Together and Wellmoor, has launched a new initiative to offer free





support to people in Devon's rural and coastal communities with everyday online tasks.

Digital Skills Devon, which is funded by the UK government through the UK Shared Prosperity Fund, provides personal, tailored support for individuals who are lacking skills and confidence in performing particular online tasks. What people receive help with is up to them – it could be doing an online food shop, using the NHS app to access healthcare, checking energy use or joining an online chat to connect with friends and family. People will be asked what matters to them when they apply and their support will be personalised accordingly, with up to five hours' in-person support available.

Ben Feasey, Project Manager at Devon Communities Together which is leading Digital Skills Devon, commented: "With so much of our lives happening online it's really important that people have a chance to learn the necessary skills and grow their confidence in the digital world. We hope that Digital Skills Devon will help people to access important online facilities and services that will make a positive difference in their lives."

Katie Taylor, Project Manager at Wellmoor, highlights that, 'With so many services moving online, including the NHS, it's crucial that people get support in accessing what they need. We are really looking forward to helping those in rural areas of Devon increase their confidence with digital skills'.

The support is focused on people who need it the most, in particular the following areas:

- Older adults
- Unpaid carers
- People with long-term physical and mental health conditions
- Disabled individuals (including neurodivergent)
- Individuals in isolated rural and coastal areas
- Long-term unemployed

The project offers people the chance to have individual 1:1 support, advice to be able to support a member of their family or friends, or organisations the chance to receive bespoke advice tailored to them.

For more information or how to access support, please contact Devon Communities Together on 01392 248919 or email <a href="mailto:info@devoncommunities.org.uk">info@devoncommunities.org.uk</a>







#### **LAPFORD REVEL MEETING**

13th November, 7.30pm Old Malt Scoop Inn All welcome

Surrender to what is. Let go of what was. Have faith in what will be. Sonia Ricotti

#### **PLEASE HELP**

I have two rescue cats, one of which disappears for days on end returning only to eat, then leaving straight away. He is a neutered black and white cat, with a v shaped notch out of his left

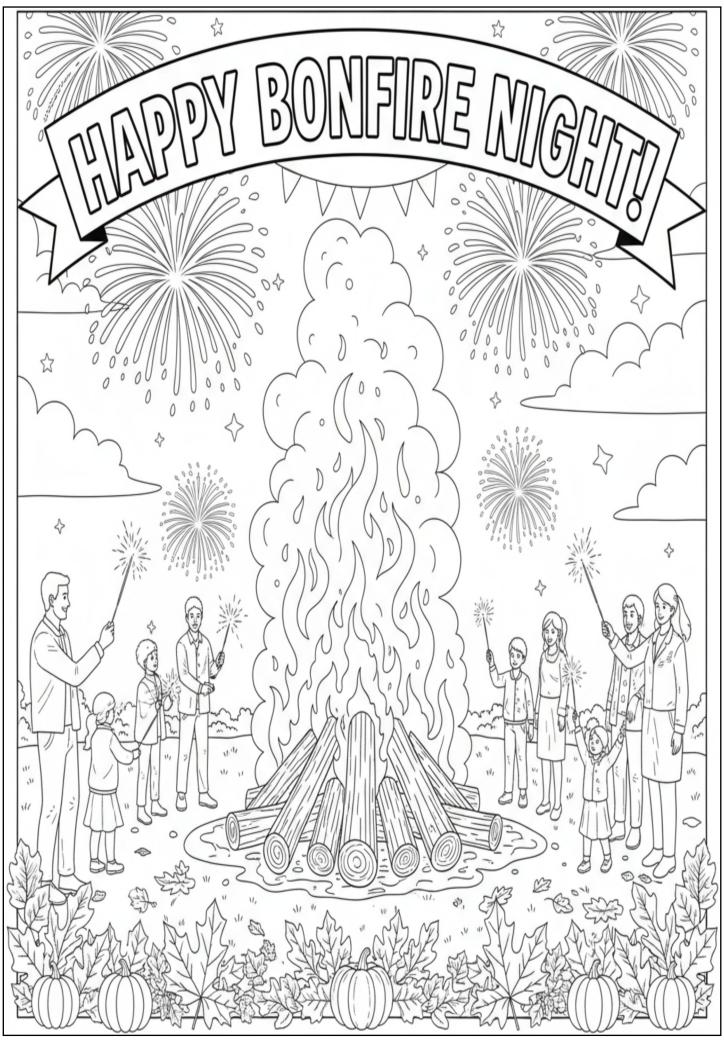


ear. He is about one year old, fully wormed and de-flead. When he does return home he is sleek and healthy, so I assume that he is being fed elsewhere. I would like to ask whoever is feeding him to please stop. He is a much loved companion whose sister really misses him. They were imported from Spain and are used to being together. He hates dogs, loves children, and I would like him back please. He heads towards Mill Hill on his way out, near the railings bus stop.

Thank you.

**Mary Brown** 







## **NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT** OR A PRESCRIPTION COLLECTED?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 01363 83178. Current fares are as follows:

Bow Medical Centre - £6

Chulmleigh Dental Practice - £6

Chulmleigh Health Centre - £6

Crediton (Breast Screening) - £7

Crediton Community Hospital - £6

Morchard Bishop Surgery - £4

Redlands Health Centre - £7

Witheridge Surgery - £6

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

## LIVE IN MID DEVON AND NEED **DEBT OR ENERGY ADVICE?**

The Citizens Advice's Mid Devon team will be attending The ARK from 10.00 a.m. to 2.00 p.m. on the last Friday of each month to allow people to chat with them about any issues they would like help with, particularly around Energy or Debt issues. There is access to private spaces if necessary.



## LIBRARIES UNLIMITED **HOME LIBRARY SERVICE**

Do you have difficulty in getting to Crediton Library and carrying heavy books home to read? Would you like us to collect and deliver talking books, or large and

normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.





Crediton Library - Telephone: 01363 772578



#### LAPFORD'S DEFIBRILLATORS

One is on the outside of The Orchard Centre in Orchard Wav

> What 3 Words app location: emperor.stated.stapled

Another defibrillator is at Rose Removals. It can be found in the red telephone box in front of the building.

Access through the front car park and up the stairs, about 200 yards from the main gate. (Pedestrian access around the side out of hours).



What 3 Words app location: inert.depend.smart

A third defibrillator has now been installed at the Spar Shop at Lapford Cross. It is round the side to the left as you look at the shop.

> What 3 Words app location: that.snowstorm.speaks



www.lapfordhistory.co.uk www.lapfordparishcouncil.org.uk www.lapford-primary.devon.sch.uk www.lapfordvictoryhall.co.uk www.lapfordvillage.co.uk www.facebook.com/lapfordparishcouncil



## THANK YOU FOR YOUR ONGOING SUPPORT OF THE FOODBANK

foodbank@lapfordcc.org.uk

We would be grateful for the following donations:

Coffee, Tea, Long-life milk, Drinking Chocolate, Rice Pudding, Sugar, Custard, Tinned Fruit, Rice, Pasta, Pasta Sauces, Tuna, Baked Beans, Tinned Meats, Tinned Tomatoes, Vegetables, Carrots, Peas, Sweetcorn, Soups, Breakfast Cereals, Toilet Rolls and Hygiene products.







#### **NATIONAL BLOOD SERVICE**

Donations can be made at Boniface Centre, Crediton, or at Chulmleigh Community College



Call the donor helpline on 0300 123 23 23 for more information or to check dates

Do something amazing - Give Blood!

#### **USEFUL TELEPHONE NUMBERS**

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444 CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping ~ 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings @Devon ~ Exeter: 07990 790 920 or Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561

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## LAPFORD PARISH COUNCIL — www.lapfordparishcouncil.org.uk

Cllr Roy Andrews Cllr Sue Briant-Evans (Vice-Chair) Cllr Julie Down (Chair)

Old Bakery, Park Road, Lapford, EX17 6QJ Edgerley Cottage, Lapford, EX17 6AH 07969 823256 / roy.andrews@lapfordparishcouncil.org.uk 01363 83763 / sue.briantevans@lapfordparishcouncil.org.uk

07756 363678 / julie.down@lapfordparishcouncil.org.uk

07891 142436 / steven.fletcher@lapfordparishcouncil.org.uk

Cllr Julie Down (Chair) Cllr Steven Fletcher Cllr Bill Graham

Rafters, Lapford, EX17 6QP Larkrise, Eastington Ln, Lapford EX17 6QE Pear Tree House, Lapford, EX17 6PZ Ashlands, Lapford EX17 6AE

01363 83047 / bill.graham@lapfordparishcouncil.org.uk 01363 884277 (home)/01363 775467 (office)/

Cllr Alex Shapland

Cllr Peter Heal

Homelands, Eastington Ln, Lapford. EX17 6QE

peter.heal@lapfordparishcouncil.org.uk
07738 690937 / alex.shapland@lapfordparishcouncil.org.uk

Vacancy Vacancy Vacancy

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Parish Clerk - Rob Martin District Cllr Steve Keable County Cllr Steve Keable

~

07768 829511 / clerk@lapfordparishcouncil.org.uk 07967 655045 / skeable@middevon.gov.uk 07967 655045 / steve.keable@devon.gov.uk

02072 197037 / mel.stride.mp@parliament.uk

Mel Stride MP

House of Commons, London, SW1A 0AA



#### LAPFORD LOOKOUT



Contributions welcome

## lapfordlookout@gmail.com

Deadline for inclusion in the next issue:
6.00 p.m. on the 14th November for inclusion in the Nov
issue

#### TO CONTACT THE EDITOR

Write to:

Mrs. Beccy Fletcher, Larkrise, Eastington Lane, Lapford, Crediton, EX17 6QE

**Tel:** 07791 989142 **F-mail:** lapfordlookout@gmai

E-mail: lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Contributions are welcome, to be used at the Editorial Team's discretion.

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

Any requests for placement of articles on particular pages in the Lapford Lookout should be submitted via email to the address above.

The views in this newsletter do not necessarily represent the views of the Editorial Team.
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#### **ADVERTISING RATES AND POLICY**

Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

One eighth page: £7 per month.
One quarter page: £14 per month.
One half page: £28 per month.
Whole page: £56 per month.

Pay for twelve months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.

## PLEASE REMEMBER THE COPY DEADLINE FOR CONTRIBUTIONS TO THE LAPFORD LOOKOUT



## LAPFORD OUTREACH POST OFFICE



**OPENING HOURS:** 

Monday 9.30 - 12.00 Friday 9.30 - 12.00

Sending gifts or goods abroad?
If you're using Royal Mail or Parcelforce,
fill in your customs form online while you wait.
Scan here to get started.



A gentle reminder of the services we offer at the Lapford Post Office. These include Car Tax, postage, home shopping returns, bill payments and cash deposits and withdrawals from all the major banks. We also have a great selection of hardware, stationery, confectionery, and greeting cards for that special occasion. Every transaction keeps us in the heart of the community. Why not pop in, say "Hello", and receive a warm welcome?

### LAST POSTING TIMES AROUND THE VILLAGE



Mon-Fri Saturday 9.00 a.m. 7.00 a.m. **Eastington Cross** Woodland Cottage 9.00 a.m. 7.00 a.m. **Industrial Estate** 9.00 a.m. 7.00 a.m. Highfield 9.00 a.m. 7.00 a.m. Orchard Way 9.00 a.m. 7.00 a.m. Saxtons 9.00 a.m. 7.00 a.m. Morchard Road 9.00 a.m. 7.00 a.m. Copplestone 4.30 p.m. 11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
Adventure Gaming	Mr Warren Clayburn	01363 83095 / wmclayburn@gmail.com
Adventure Garning	Wir Warren Clayburn	01303 63093 / Willclayburn@ginali.com
Community Equipment	Mr Darren Crump Mr Steve Keable	07960 715553 / darrencrump99@hotmail.co.uk 07967 655045/ steve.keable@btinternet.com
Friends of Langannerie (twinning)	Marion Pratt	01837 82285 / marion174@btinternet.com
Friends of Lapford Mill	Mr Alex Gater	07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Stacey Lumsdon	07891 556884 / friendsoflapfordschool@gmail.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Home Library Service	Crediton Library	01363 772578
Ladies of Lapford (LOL)	LOL Team	ladiesoflapford@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford Association Football Club	~	lapfordafc@gmail.com
Lapford Book Club	Mrs Jane Epstein	07779 926342 / jane.epstein@hotmail.com
Lapford Celebrations Working Group	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Church Green Trust	Mr Steven Fletcher	07891 142436 /
		steven.fletcher@lapfordparishcouncil.org.uk
Lapford Community Church	Miss Briony Clinch	01363 83666 / admin@lapfordcc.org.uk
Lapford CP School and Nursery	~	01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Cat Seymour	01363 884432 /
Lanford Dag Club	Mrs Coro Thursond	lapfordcongregationalchurch@gmail.com 01363 83081 / info@lapforddogclub.co.uk
Lapford Dog Club Lapford Emergency Action Plan Committee	Mrs Sara Thurgood Mrs Sue Briant-Evans	01363 83763 /
Lapiora Emergency Action Flam Committee	IVII 3 Sue Briant-Lvans	sue.briantevans@lapfordparishcouncil.org.uk
Lapford Foodbank	Mrs Sue Yendell	07925 410172 / foodbank@lapfordcc.org.uk
Lapford Handbell Ringers	Mr Steve Munday	07798 684225 / steve@themundays.org
Lapford High 5 (ages 7-11)	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club	Mrs Trish Mumford	01363 83911 / james@mumfordj.plus.com
Lapford Lookout	Mrs Beccy Fletcher	07791 989142 / lapfordlookout@gmail.com
Lapford Over 60 Club	Mrs Jeanne Whittaker	lapfordover60@yahoo.com
Lapford Parish Church	Mrs Joan Graham	01363 83047 / jemg47@aol.com
Lapford Poppy Appeal Organiser	Mrs Caroline Noon	01363 83863 / lapford.pao@gmail.com
Lapford Project 2000 (LP2K)	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Revel	Mrs Stacey Lumsdon Mrs Sue Briant-Evans	07891 556884 / staceyannlumsdon@gmail.com 01363 83763 / susanbriantevans@gmail.com
Lapford Victory Hall & Lower Town Place	Mr Darren Crump	07960 715553 / darrencrump99@hotmail.co.uk
Lapford Village Archive	Ms Audrey McCormack	01363 779462 / archivelapford2022@gmail.com
Lapford Village Market	Mrs Stacey Lumsdon	07891 556884 / lapfordvillagemarket@gmail.com
Lapford Voluntary Car Aid	Mrs Grace Hill	01363 83178 / lvca2011.19@gmail.com
Lapford Youth Club Management Committee	Mr Steve Keable	07967 655045 / lapfordyouthclub@gmail.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07969 823256 / roy.andrews1950@icloud.com
Lower Town Place Gardening Group	Mr Andy Epstein	amepstein55@gmail.com
North Creedy Choral Society Nymet Rowland Village Pump	Mrs Patricia Robottom Liz and Roland Smith	01363 884495 / patricia@serafim.eclipse.co.uk 01363 884446 / pump@incywincyweb.com
The ARK	Ms Lorraine Kigongo	07543 695258 / theark@lapfordcc.org.uk
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk
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