



LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER



Year 29 Issue 1

January 2025

LAPFORD CELEBRATIONS
COMMITTEE PRESENTS

QUIZ

Evening

FRIDAY
JANUARY 31st

IN
The Victory Hall

Teams of six people
£8-00 per person to include
A Hot Pasty Supper
(vegetarian option available)
with Cake

Bring your own booze or
soft drinks available. Draw.

Cash only.

Doors open at 7-00p.m.
for a 7-30p.m. start

To book a team please email
sue.briantevans@lapfordparishcouncil.org
Or phone 01363 83763
by Monday 23rd January.

Any fool can know.
The point is to **understand**.

Albert Einstein

THE FARMING COMMUNITY NETWORK

03000 111 999

Available daily 7am-11pm

www.fcn.org.uk | help@fcn.org.uk



FCN provides practical and pastoral support to farmers and their families through difficult times. Their national helpline provides free, confidential support to anyone who seeks help and their website contains some valuable resources to improve farming resilience.

RABI -

ROYAL AGRICULTURAL BENEVOLENT INSTITUTION

0800 188 4444

Available 24/7

www.rabi.org.uk | help@rabi.org.uk



RABI offers practical, financial, and emotional support to farming people. Among the many professional services offered, RABI provide counselling support, mental health training and an online mental wellbeing service.

LAPFORD CHURCH GREEN AGM



The AGM in November was attended by six trustees, but no members of the public.

- * The minutes of the 2023 AGM were approved.
- * The Chair's Annual Report included reference to how well the Green has been used by the public, particularly the picnic benches by The ARK and for public events; and thanks to the family of Melissa Lake for the restoration of the shelter.
- * The accounts, showing a balance of £954.56, were accepted.
- * The officers were re-elected to serve for the next twelve months: Chair – Steve Fletcher, Vice-Chair – Roy Andrews, Secretary – Sue Briant-Evans, Treasurer – the Parish Clerk.

Sad note that the chestnut tree by the Melissa Lake shelter is now dead. Arrangements are in hand to remove it. More cheerfully the wood will be transported to the school to be used by the children in the outdoor area.

ST. THOMAS OF CANTERBURY

Many thanks from the Parochial Church Council to all those who came out to support the Village Market at the end of November. We are delighted that we were able to raise over £500 towards the church running costs which are a huge burden on the PCC.



We are very grateful for the village's support and hope that those who attended found something useful to purchase.

LAPFORD'S NEIGHBOURHOOD PLAN

Back in October a public consultation was held in the Victory Hall inviting people to express their views about many aspects of our village and to encourage thinking about what might happen in the future.



The Consultation Event. Photo : Sue Briant-Evans

One hundred people attended, leaving four hundred or so comments. A team from Devon Communities Together has been analysing those comments and compressing them into an easily digestible and readable form.



That work is now displayed in The ARK and available for public scrutiny during ARK opening hours.

Please pop in and have a read.

It will form the basis of a questionnaire being developed to go in paper form to every household in the Parish so enabling people to record their own thoughts and opinions. The questionnaire will also be available to return electronically.

Results will form a basis for the next steps in the Neighbourhood Planning process.

Two extra opportunities for viewing The ARK display have been arranged:

Friday 24th January between 3-00 p.m. and 8-00 p.m.

and Saturday 25th January between 9-00 a.m. and 1-00 p.m.

Lapford Parish Council



DATES TO LOOKOUT FOR

January 2025

- 14th Copy deadline for February Lapford Lookout, 6.00pm
- 14th Lapford Parish Council meeting, 7.30pm
- 16th Ladies of Lapford, The ARK, 7.30pm
- 24th Neighbourhood Plan Display, The ARK, 3.00-8.00pm
- 25th Neighbourhood Plan Display, The ARK, 9.00-1.00pm
- 25th Lapford Village Market, Victory Hall, 10.00-12.00
- 31st Quiz at Victory Hall for Celebrations Committee

February 2025

- 8th LAFC, Tank Sherman, Victory Hall
- 11th Lapford Parish Council meeting, 7.30pm
- 14th Copy deadline for March Lapford Lookout, 6.00pm
- 20th Ladies of Lapford, The ARK, 7.30pm
- 22nd Lapford Village Market run by LVCA, Victory Hall, 10.00-12.00

March 2025

- 11th Mar Lapford Parish Council meeting, 7.30pm
- 14th Mar Copy deadline for April Lapford Lookout, 6.00pm
- 22nd Mar Lapford Village Market, Victory Hall, 10.00-12.00
- 29th Mar Revel Quiz, Victory Hall

Future Dates

- 26th Apr Lapford Village Market, Victory Hall, 10.00-12.00
- 8th May Lapford's VE Day Commemorations
- 17th May LYPFT Car Boot Sale
- 24th May Lapford Village Market, Victory Hall, 10.00-12.00
- 28th Jun LYPFT Vintage Rally
- 28th Jun Lapford Village Market, Victory Hall, 10.00-12.00
- 11th, 12th, 13th July 2025 - Lapford Revel
- 26th Jul Lapford Village Market, Victory Hall, 10.00-12.00
- 23rd Aug Lapford Village Market, Victory Hall, 10.00-12.00
- 27th Sep Lapford Village Market, Victory Hall, 10.00-12.00
- 25th Oct Lapford Village Market, Victory Hall, 10.00-12.00
- 22nd Nov Lapford Village Market, Victory Hall, 10.00-12.00

**Please send your Dates to Lookout For
to lapfordlookout@gmail.com**

In college I was so broke I couldn't afford the electricity bill.
Those were the darkest days of my life.



SAVE THE DATE

Advance warning that the Revel Committee will be holding a Grand Quiz in the Victory Hall on the evening of Saturday March 29th 2025.



LAPFORD LOOKOUT

Contributions welcome

lapfordlookout@gmail.com

Deadline for inclusion in the next issue:

6.00 p.m. on the 14th Jan for inclusion in the February issue



SHAUNA DWENGER BSc (Hons)

Congratulations on attaining the degree of Bachelor of Science (Honours) in Psychology.

You have studied hard for this and we are all very proud of you.

Nan and Grandad, Mum and Dad, sister Chloe and all the French/Dwenger family.



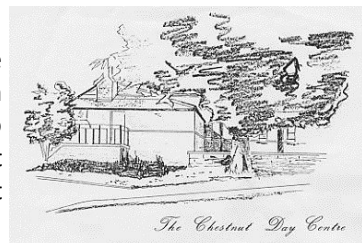
DEREK PLEACE - A CORRECTION

"For a correct record in last month's Lapford Lookout, Derek Pleace raised funds for cancer and had not suffered from this disease. "

AN UNUSUAL APPEAL

The Parish Council is donating the dead chestnut tree by the Victory Hall to the Primary School to use and enjoy in their nature and wildlife garden.

We aim to move it in three pieces but this requires a telehandler or similar to hold each limb as it is cut away and then take it directly up to the school.



Any offers of help would be greatly appreciated. Contact 07785 398009.



Lapford Weather Review

Lapford Weather November 2024

Milder and slightly drier than average. The first half was very dry and mild, the second half very changeable, sometimes cold and often very wet.

The warmest day was the 23rd with a balmy maximum of 16.1°C and the coolest was the 21st with a maximum of just 3.3°C.

The coldest night was on the 20th with a minimum of -1.7°C and a grass frost of -7.3°C. The 21st was quite an interesting day with a period of quite heavy wet snow through the morning leaving a covering on the ground of a few centimetres. This was the first lying snow in November since 2005 here in Lapford.

Total rainfall (including melted snow) was 99.0 mm. and the wettest day was the 23rd with a fall of 25.8 mm. Despite the wet second half to the month the total was still a little less than the November average.

The windiest day was the 23rd with a gust of 49 m.p.h. This was storm Bert.

The autumn as a whole was milder and wetter than average.

Andy Epstein



LAPFORD PENSIONERS CHRISTMAS LUNCH

Some 60 pensioners sat down to enjoy an excellent Christmas Lunch masterminded, as ever, by Chef John Burrows. Many thanks also to the team of helpers who did spuds and veg the day before and supervised the kitchen on the day. Thanks go to Morrisons and many other local establishments who contributed to the menu and the bar.

The waiting staff were excellent, worthy of a Michelin star establishment - and all from the Primary School.

Many thanks to Jess Wright for training such an excellent cohort. They provided silver service of food and drinks to a 'T'. Gold stars all round.

And then they joined with their younger colleagues to give us lovely renderings of traditional Christmas music with Ron Kercher at the piano.

A lovely event for all.



CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU

*All the Churches welcome everyone to any of their services and social events.
We look forward to fellowship with you.*



THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

All are welcome—Refreshments served after services

Contacts:

Churchwarden: Joan Graham - (e) jemg47@aol.com (t) 01363 83047

Services:

January 5th	Christmas 2	10.30 a.m.	Welcome the New Year at the Victory Hall with the Community Church
January 8th	Wednesday	10.30 a.m.	BCP Holy Communion (1662)
January 12th	Baptism of Christ	9.30 a.m.	Lay Led Morning Prayer
January 19th	Epiphany 2	9.30 a.m.	Lay Led Morning Prayer
January 26th	Epiphany 3	9.30 a.m.	Common Worship Eucharist

LAPFORD CONGREGATIONAL CHURCH

Contacts:

Cat Seymour 884432 Helen Wyatt 07964 855677 Carol Worsdell 07368 860835

email: lapfordcongregationalchurch@gmail.com

www: [facebook.com/lapfordcongregationalchurch](https://www.facebook.com/lapfordcongregationalchurch)

Services:

Services every Sunday at 11.00 a.m.

Communion will be held on the second and fourth Sundays

Preachers for this month:

5th January - no service at Lapford Congregational Church,
being hosted at the Community Church

12th January - all age service led by Rev Caroline Stott

19th January - service led by Merrill Archer, followed by church meeting

26th January - no service



LAPFORD COMMUNITY CHURCH

Contacts:

Briony Clinch - Tel: 83666

www: [lapfordcc.org.uk](http://www.lapfordcc.org.uk)

Services:

Meets every Sunday morning at 10.30 a.m. in the Victory Hall with refreshments served from 10.00 a.m.

Connect Groups meet during the week at either 7.00 p.m. or 7.30 p.m.

Please visit our website for information about the Foodbank and The ARK.

Our website will also give you more information about other Church activities.



INEPTOCRACY (in-ep-toc'-ra-cy)

A system of government where the least capable to lead are elected by the least capable of producing, and where the members of society least likely to sustain themselves or succeed, are rewarded with goods and services paid for by the confiscated wealth of a diminishing number of producers.

CREDITON LIBRARY—REMINISCENCE PROJECT

Did you know that Crediton Library is building a collection of memories from people living in Mid Devon? The Reminiscence Project volunteers chat with people at the library, in their own homes, at care homes and anywhere else people feel comfortable. These chats can be about any memories you'd like to share. Typically, we start at childhood and move through key events life events, but if there are specific things you'd like to talk about, we'd love to hear it! The chats are audio recorded, transcribed and added to an online collection for everyone to enjoy.

As part of the project, the library also runs a free 'Drop In' on the first Tuesday morning of each month. People can drop by for a chat and a good reminisce. There is usually a set theme to get us started, but conversations can veer off anywhere!

If you would like to sit down over a cuppa with one of our volunteers, to preserve and share your life experiences, or if you are part of a group who would be interested in trying a Reminiscence Group session, get in touch at crediton.library@librariesunlimited.org.uk or call 01393 772578.

This project has been made possible thanks to funding from the National Lottery Heritage Fund.



OUTDOOR PLAY AND LEARNING PRIMARY PROGRAMME

ITEMS NEEDED

The staff at Lapford Primary School are in the process of making our playtimes more exciting, in partnership with OPAL (www.outdoor_play_and_learning.org.uk) and need some equipment to help us to do this. We would be really grateful for any of the following donations:

- suitcases
- cable drums
- wooden pallets
- fabric (sheets/saris/curtains)
- plastic crates, bins or boxes (any size)
- old keyboards/mobile phones/torches/ calculators/ laptops/kettles
- anything made from foam (not polystyrene)
- Soft toys
- Prams/pushchairs/wheelchairs

If you have any of these items, please bring them to the school, or call and let us know where we can collect them. If you have anything else you think might be useful, get in touch to let us know.

Thank you.

Laura Mills

Play Time Co-ordinator, Lapford Community Primary School

GROWING OLD GRACEFULLY

I want to age like sea glass. Smoothed by tides, but not broken. I want my hard edges to soften.

I want to ride the waves and go with the flow. I want to catch a wave and let it carry me to where I belong.

I want to be picked up and held gently by those who delight in my well-earned patina and appreciate the changes I went through to achieve that beauty.

I want to enjoy the journey and always remember that if you give the ocean something breakable it will turn it into something beautiful.

I want to age like sea glass.

Bernadette Noll

THE PEOPLES' CHAMPION!



**Torrige, North,
Mid & West Devon**

Last year, we flagged up most pre-Christmas topics; how to budget and not get carried away, being mindful of energy costs and priority payments, being aware of scams... It's probably a safe bet to think what the main problems are going to be for people in the New Year – but perhaps not – maybe other problems will rear their heads, who knows?

Up to the end of November last year, we had helped 10,681 people with 37,067 problems resulting in an uplift in household income of £9,903,474 since 1st April 2024. We shall continue to do what we have always done; give free, impartial, non-judgemental advice and help in total confidence to whoever needs it. We will also continue to campaign for social justice lobbying to make society fairer. The same as we have done for the past 85 years.

We are continually working to make our services more accessible, meanwhile there is a wealth of information on our website www.citizensadvicetnmwd.org.uk including our office opening hours, and links to specific areas of advice as well as employment opportunities with our Charity.

As a charity we need to raise funds to enable us to continue our work and as ever, we need to recruit more volunteers to help us; we are conscious of the fact that we are unable to meet demand for our services. If you are inspired to come and join us, check out Opportunities - Rural Devon Citizen's Advice (www.citizensadvicetnmwd.org.uk/opportunities) for more information.

If anyone is a part of a local group that might like to know more about the work that we do and ways in which we can be supported, do please email rosanna.teale@citizensadvicetnmwd.org.uk it would be lovely to hear from you. Equally, if any local organisations would like to support us by raising funds or adopting us as the charity of choice, that email address is your first port of call.

Thank you so much for the support you gave us throughout last year. Let's look forward to a new year that brings us the best we hope for. Please note our offices won't open until 4th January.

POPPY APPEAL UPDATE

I am pleased to report that, following the inclusion of funds received via QR codes, the final total raised from the 2024 Poppy Appeal was £1,831.00

Thank you all for your support.

Caroline Noon
Poppy Appeal Organiser



LAPFORD PARISH COUNCIL NOTES - 10TH DECEMBER 2024 MEETING

- Compliments were received from members of the public regarding the Christmas Tree.
- Submissions had been sent to DCC by the Parish Council and Steve Keable, MDDC, regarding the transport review.
- Open Reach fibre broadband installation is continuing, there is still time to register your interest.
- There are two vacancies for councillors, which will be revisited in the new year.
- A bus shelter has been installed at the top of Highfield, and is being well used.
- An update was received from the Celebrations Committee - there will be a fund raising quiz on 31st January to support the VE day event in May 2025.
- Updates from the emergency plan committee.
- Road warden equipment grant agreed, and will be ordered once funds received and a storage solution found.
- The Community Church is hoping to upgrade the projector and sound system in the hall. The Parish Council will consider making a grant towards this if it can be used by the whole community.
- A grant application was received from Lapford Voluntary Car Aid. This was declined at this stage, as sufficient reserves are held. To be reviewed in six months.
- An informed discussion took place regarding the budget for 2025/2026, and the required precept. An increase of £3k was agreed. For a band D property this will be approx. £1.20 per month.
- A draft lease for the toddler play area has been received. MDDC to be contacted to find out if this can be changed from 25 to 50 years, without delaying its set up.
- In the meantime, a licence will be obtained from MDDC to enable new toddler play equipment to be arranged, subject to MDDC agreement to use the s106 funds for this purpose. A reply is awaited
- The quote from Kompan was accepted for the play equipment. The shortfall of circa £6k will be funded by the precept increase, and reserves.
- The Neighbourhood Plan data has now been analysed, details have been received from DCT. The information is currently on display in The Ark. A Volunteers event is being arranged - if you would like to be involved, please let us know. The information will also be distributed to every household, hopefully towards the end of January.
- A member of the public had asked if a memorial for Derek Pleace could be placed on 'Derek's Wall' between the Church Green and Lower Town Place.
- As a mark of respect, it was agreed to have the Christmas tree lit for the funeral of Derek Pleace.

ST JOHN PASSION IN AID OF SECOND SIGHT

A special performance of the St John Passion will be performed in Crediton Parish Church on Saturday 15th February at 6pm in aid of Second Sight, a charity which works to eradicate and prevent blindness in Bihar, North East India.

The performance of J.S Bach's magnificent choral work has been organised by local music teacher, Francisca van Holthoon, who has brought together musicians from Devon and the Netherlands, where she grew up.

'We have a wonderful choir of seasoned singers, an orchestra and a team of soloists who are all willing to perform for free, so that all proceeds can go to Second Sight, a zero overheads, UK based charity I have supported for 15 years', explained Francisca.

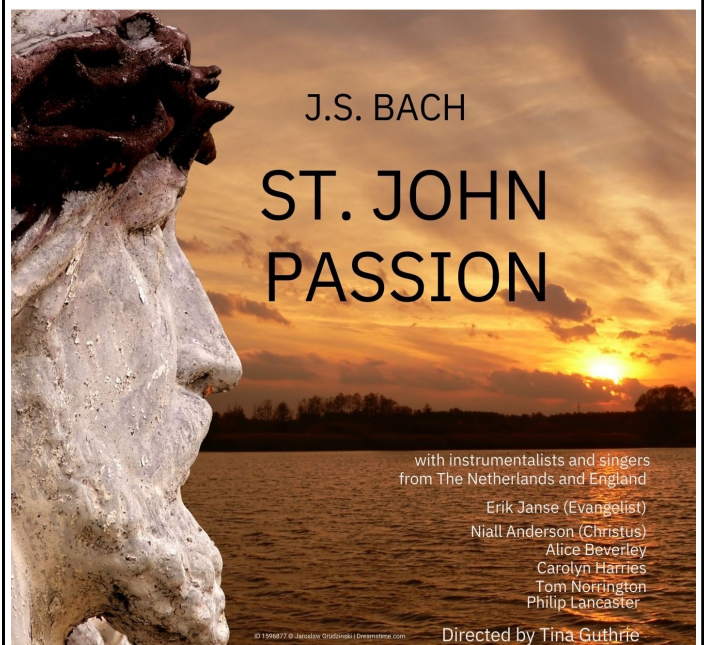
'The Crediton based solicitor's firm Gilbert Stephens has generously offered to contribute towards the expenses'.

The St John Passion tells the story of Jesus' capture, trial and crucifixion as recounted in the Gospel of St John. It was written by J.S Bach during his first year as director of church music in Leipzig and was first performed more than 300 years ago, on 7 April 1724.

Tickets are £12 per person (children/students free) and are available here www.ticketsource.co.uk/creditonartscentre/st-john-passion or on the door.

All proceeds will be used to cure blind people in Bihar, where £20 is all it takes to cure one patient blind with cataracts. This includes transportation to and from hospital.

More information about Second Sight can be found here www.secondsight.org.uk



Saturday 15 February 2025, at 6.00pm

Crediton Parish Church

Tickets from Crediton Arts Centre: £12
www.ticketsource.co.uk/creditonartscentre/st-john-passion
Children/students: FREE



In support of Second Sight
(charity no.1080445)
There will be a retiring collection.

gilbertstephens
SOLICITORS

"PISKIES" – 'WRIT IN DEVON'

There's piskies up to Dartymoor,
An'tidden gude yew zay there bain't.
I've felt 'em grawpin' at my heart,
I've heard their voices callin' faint,
I've knawed a man be cruec down —
His soul fair stogged an' heavy-like —
Climb up to brawken Zaddle Tor
An' bare his head vor winds to strike.
An' all the gert black mawky griefs,
An' all the pain an' vog an' grime,
Have blowed away and left en clear
Like vuzz-bush vires in swalin' time.
An' what med do so brave a thing
As thic' white spells to tak an' weave,
But li'l piskies' vitty hands,
Or God Himself as give 'em leave?
But tidden Him would stop an' spy
From Widdicombe to Cranmer Pule,
To maze the schemin' li'l heart
Of every Jacky-Lantern fule!
For mebbe 'tis a lonesome rod
Or heather blooth, or peaty ling,
Or nobbut just a rainy combe —
The spell that meks 'ee tek an' sing.
An' this I know, the li'l tots
Be ever callin' silver faint.
There's piskies up to Dartymoor,
An' tidden gude yew zay there bain't."

Translation, for those that need it:

There are pixies up in Dartmoor,
And it isn't good you say there ain't.
I've felt them groping at my heart,
I've heard their voices calling faint,
I knew a man be bent down (like a crook) —
His soul bogged down and heavy like —
Climb up to Broken Saddle tor
And bare his head for winds to strike.
And all the great black sentimental grief,
And all the pain and fog and grime,
Have blown away and left him clear
Like gorsebush fires in swaling time.
And what would do so brave a thing
As to take and weave strong good spells,
but little pixies' clever hands,
Or God himself has let them?
But God wouldn't stop and scrutinize
from Widecombe to Cranmer Pool,
To confuse / stop the scheming little heart
Of every Jack o'Lantern (Willo the Wisp) fool!
For maybe it's a lonely road
Or heather bloom, or peaty gorse,
Or nothing but a rainy valley
That is the spell that makes him start to sing.
But this I know, the little cratfy people (tod – fox)
Are always calling silvery and faint.
There are pixies up in Dartmoor,
And it isn't good you say there ain't.

Theodore Percival Cameron Wilson

(Kindly contributed by Jeanne Whittaker)

MEDICAL JOKES

(Apparently all genuine comments left on patients notes!)

The patient has a chest pain if she lies on her left side for over a year.

The patient refused an autopsy.

The patient has no past history of suicides.

The patient has left his white blood cells at another hospital.

Between you and me, we ought to be able to get this lady pregnant.

The patient has two teenage children, but no other abnormalities.

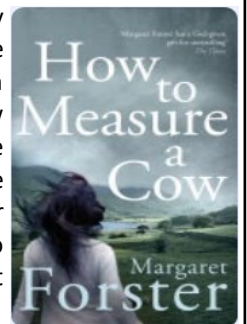
LAPFORD BOOK CLUB REVIEW

"How to Measure a Cow" by Margaret Forster

The title of November's Book Club read might lead one to think that this book has a rural feel to it, but far from it. 'Measuring a cow' is part of a meaningful conversation between two of the book's main characters, Sarah and Nancy, but the book is set mainly in the grim, dark back streets of Workington, where Sarah arrives after sticking a pin in a map.

Why she moved her life from London to Workington in this fashion is revealed very slowly as the book progresses, but from the outset we understand that Sarah is running from something awful and needs to be where no-one knows or recognises her - and that her name is, in fact, Tara. Tara has been a highly-qualified research chemist but is now struggling to build herself a new persona and life; she is determined to be invisible to others. Her new job in a factory is mind-numbing but nonetheless she wants to live alone and do without friendship so she does not speak to or fraternise with her co-workers, and she has completely cut herself off from the friends and family left behind down South.

Sarah/Tara's attempt to lead an isolated and low-profile life in Workington is gradually thwarted by overtures of friendship from her neighbour, Nancy, an equally isolated older woman, and also by the slow resurgence of Sarah/Tara's own psyche. Neither woman wants to allow anyone to get close to her or to divulge anything about herself and so the meetings between the two are rather uncomfortable to read. The two eventually reach a sort of familiarity, but this does not last.



Sarah/Tara eventually feels compelled to tell Nancy the truth about her past and then moves on, leaving Nancy as we found her, alone.

As the story slowly unravels it seems that whatever Sarah/Tara is running from really must be truly dreadful. The truth, when revealed, was generally agreed by Book Club members to be a bit of an anti-climax, and the ending of the story leaves the reader hanging, with many issues unresolved.

"How to Measure a Cow" is a good read and well-written and composed, but it is a little slow and depressing and therefore might not be to everyone's taste. In the book's favour, however, is the fact that all of us read and finished it, which is not always the case!

Prue Lambert

CHAWLEIGH COMMUNITY MARKET

There will be no market in January or February 2025.

EXETER COMMUNITY ENERGY

Reminder of our services

Are you worried about the rising cost of energy bills and keeping warm this Winter?

Or finding the best energy saving tips for the home?

Contact our friendly team today. We can provide free and impartial advice and practical support to all residents this Winter to reduce energy consumption, energy bills and stay warm and healthy. We can help with:

Energy and water saving free and low-cost tips
Heating controls, meters, changing suppliers.
Applying for discounts, fuel vouchers, white goods
Fuel debt and budgeting
Grants for insulation and heating
Home visits available to install free energy saving measures
General advice on best energy savings

More information available from:

<https://www.ecoe.org.uk/>
healthyhomes@ecoeadvice.org.uk



LAPFORD PLAYING FIELD

Lapford Parish Council has started the process of leasing the toddler area in the playing field from Mid Devon District Council, which will enable the village to have more say in its use.

In conjunction with this, LPC have been collaborating with Lapford Playing Field Trust, regarding the use of s106 funds (this is money contributed by developers who have built in the village in the past), and how to apportion this, between the much needed toddler equipment and more youth equipment.

It has been mutually agreed that the toddler equipment should take priority at this time.

Julie Down
Lapford Parish Council

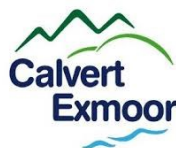
CHRISTMAS TREE

Thank you to Ben Tucker, for offering to source and collect a Christmas Tree for the village following the death of Derek Pleace, who had done this for many years.

It was installed by Ben and Mark Tucker, with the lights being added by Cllr Wilkie and his wife Kate.

Thanks to you, the tree is looking very bright and sparkly. Luckily it has survived storms Bert and Darragh, although it did have to be realigned!

Julie Down
Lapford Parish Council



THANK YOU

Thank you to all who supported, with time, energy, or your cash, Joy and David's 'come for afternoon tea' fundraiser on December 4th in aid of the Calvert Trust, Exmoor.

We are so pleased to report that given the generosity of friends and family we have raised £728. £545 of that total we were able to bank promptly in order to 100% match fund via the Big Give making our donation worth £1,273.

To find out more about Calvert Trust:

<https://calvertexmoor.org.uk>

Happy New Year one and all.

Joy Quickenden

HAPPY NEW YEAR

Lapford Parish Councillors would like to send all Lapford residents their best wishes for 2025.



VICTORY HALL NEWS

The usage of the Victory Hall has slowly been improving since Covid caused its shutdown for months at a time, although it has still not returned to pre-pandemic levels.



The Victory Hall management committee and trustees are aiming to gradually further improve facilities over time as funds allow. Recent improvements have seen the refurbishment of the Ladies' toilet and the installation of a fully accessible toilet for people with mobility issues.

The committee is well aware that there is a long way to go to bring the Hall up to a modern standard. Grants are currently being sought to allow the construction of a new access between the Hall and the open space of Lower Town Place, which would give a much safer entrance for families and particularly for the supervision of children in keeping them away from the dangers of the road. Planning permission has been received for this. The old oil tank also needs relocating and the central heating boiler replacing so that the Hall and water can be heated using biofuel.

The Youth Club would very much like to help with the refurbishment of the small room in the Hall to produce a more conducive space for social interaction and play rather than it simply acting as an extra storage space as tends to happen now. This will hopefully be started in the New Year.

The committee is also well aware that much of the kitchen equipment is sub-standard and as soon as funds allow these will be upgraded. Likewise, the gents loo needs a facelift and the hall chairs are past their best.

So much work to do and rising costs do not help with this at all. Fund raising is planned for next year with a quiz taking place later in the winter. As always, any help anyone can give to the running and management of the Victory Hall would be much appreciated.

Andy Epstein

**DO YOU WANT FASTER, BETTER,
FIBRE BROADBAND?**

If so, you need to
REGISTER YOUR INTEREST
then Openreach will be funded by the
Government to connect more of the Parish

PLEASE GO TO

www.openreach.com/connectmycommunity

**PLEASE REMEMBER THE COPY DEADLINE FOR
CONTRIBUTIONS TO THE LAPFORD LOOKOUT
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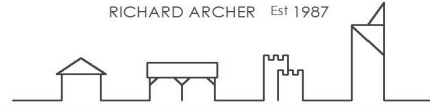
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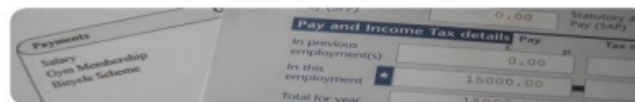
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BUCKET LIST ADVENTURE

Peru, or more specifically Machu Pichu, has been on my bucket list for many years and last year I finally booked my holiday of a lifetime. As a solo traveller, I thought it made sense to join a planned tour and it turned out to be absolutely the right decision.

Our group was an eclectic mix of 22 Brits. We made ourselves known to each other before arriving in Peru where we were met at Lima airport by our local rep, Ruben. A coach took us to the hotel for our first night stay where we enjoyed a complimentary cocktail, a 'Pisco Sour', the national drink of Peru (and apparently, John Wayne's favourite).

The first full day saw embarking on a tour of Lima which included pyramids, the old city centre, a convent, a museum of Incan history & culture and Paddington Bear! After this we headed for the airport for a flight to Cusco and from there by bus to the Sacred Valley where we would be staying for the next two nights. We were glad to get to the hotel after a long day but all excited for our trip the next day, the highlight of the tour, Machu Pichu.

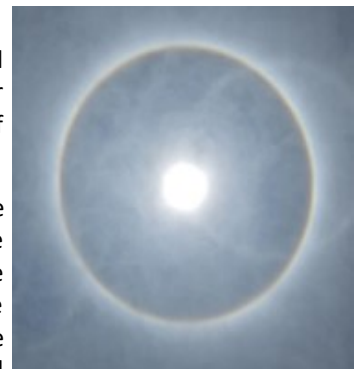
We were on the road by 6.30am to catch a train to Machu Pichu. Dancers in traditional dress performed whilst we waited to board the train, which wound its way slowly up the mountain for about 1.5 hours! We then boarded a bus to take us up a very windy, steep road to Machu Pichu. Here we met our guide for the day, Hugo. Hugo was Incan and would prove to be an amazing source of information and funny too! He named our group the 'Chasquis', they were Incan messengers, who could by running in relay, travel about 45 kilometres in half a day. At that altitude!



Our access point into the site was via a forested path and rounding a corner we were met with the first awesome sight of Machu Pichu. The weather was perfect. The views were stunning. There was plenty of time for photos, with Hugo taking both individual and group shots for us all. We learned about the construction methods for the famous terraces, the houses and how the Incas got fresh, running water to multiple places on site and used silver lined water bowls as mirrors. Machu Pichu took about 80 years to complete. Incan society was cashless. There was no currency but people still had to 'pay' taxes. They did this by working for free for about 2 months a year. Most of the labour to build Machu Pichu was provided by local people who were 'paying' their taxes.



The icing on the cake was the solar halo that appeared shortly after we arrived. A phenomenon none of us had experienced before and Hugo had only seen three times previously in his 10 years as a Machu Pichu guide. The tour lasted about 3 hours. It was quite hard work physically. At about 8,000 ft above sea level the air is quite thin and there are lots of steps to climb. We had a delicious buffet lunch before heading back to our hotel.



Next morning we were back on the bus again, this time to travel through the Sacred Valley, with Cusco (the City of Kings) as our destination. Our guide, Joseph talked about Incan history & Culture and gave us all sorts of interesting bits of information, such as there are over 6,000 varieties of potato grown in Peru.

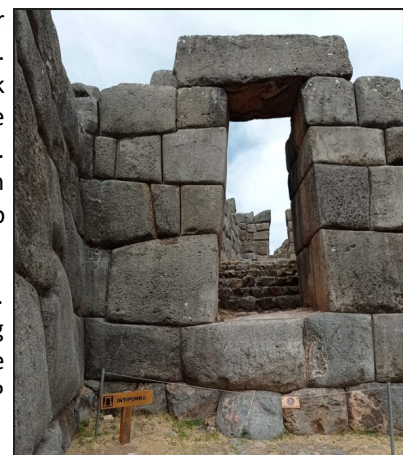
We had a brief stop to try one of the most famous Peruvian dishes – Guinea Pig. Not everyone tried it. I did. It was OK, not sure I would try it again. We then went on to Ccaccacollo, where we met with the ladies of a women's weaving co-operative. We put on local costumes (including the men). The ladies danced and sang with us, gave us foliage to feed to their Alpacas and then we



had a talk on how they spin & dye the Alpaca wool and weave with it, all still using the traditional methods. There was an amazing array of hats, gloves scarves, blankets and other items, in the most beautiful colours.

We all piled back into the coach for the last part of the journey to Cusco. The old town centre was a short walk from the hotel, so most of us made our way there for our evening meal. Some of us found the highest Irish Bar in the world and of course had to have a drink to celebrate!

In the morning, we boarded the bus again to begin a day long tour of the sights of Cusco. The first stop was the ruined Incan temple, Sacsayhuaman. For those of you wondering how to pronounce that, locally it's known as 'Sexy Woman', which is close enough! The size of the stones was mind boggling. How on earth did they move and place them so precisely? A lookout point gave amazing views of Cusco and a chance for more photos.



Back on the bus, we headed into Cusco to visit another impressive convent, and from there we walked along the street of the sun, 'Intik'ijllu', one of the oldest roads in Cusco, to the main square and the magnificent cathedral. It was fascinating to learn about the merging of Incan religion and Catholicism. Mary is always shown in a triangle shape, signifying a mountain, one of the symbols for Pachamama (Mother Earth).

That afternoon we all tried our hands at making a Pisco Sour and one of the local speciality dishes, trout ceviche. Both were delicious and followed by a tasty lunch, which set us up for the rest of the day. We walked back to the hotel and had a (mostly) quiet evening as we were getting up early again the next day when we would be travelling to the town of Puno and Lake Titikaka. A trip that, with some stops, was going to take 12 (yes, 12) hours by bus. I don't think any of us were looking forward to that bus ride.



Bright and early, we boarded what was the most comfortable bus I have ever been on! Acres of space, a foot rest, reclining seat. Maybe the 12 hour journey wouldn't be so bad after all. I sat upstairs to make the most of the views and they were stunning.

Our first stop was at San Perdo Apostol de Andahuaylillas, an old Catholic church with possibly the most beautiful interior I have ever seen. No photos were allowed to be taken of the inside which was a shame, however, they would never have done it justice.



Next stop was a ruined Incan temple complex, Raqchi. The site consisted of the temple building, houses which were made available to rich Incans who were visiting to make offerings to the Gods at the temple and dozens of round storage buildings to store the offerings. Another amazing location. A stop for lunch came next at a family restaurant where a varied and delicious buffet of local dishes was served. The walk up to the restaurant was a little challenging but well worth it.



Two more stops were scheduled before Lake Titikaka. The first being the highest point we would get to on our trip, 4335 metres (approx. 14,300ft) above sea level. The last stop was at a small museum where we had the chance to have a coffee and buy some souvenirs. Back on the road we passed through the town of Juliaca, described as the 'China of Peru', a place where

anything and everything was made. We arrived at our lakeside hotel after dark so had to wait until the morning to see the view.



Lake Titikaka is the highest navigable lake in the world and it is beautiful. Our local guide Miguel, talked of the history of the people and that because they have always lived at altitude, they are physically different to us, having larger lungs and hearts and more red blood cells.



We boarded our tour boat and headed for our first stop at a floating island. About 2000 'Urso' people live on these islands that are made of reeds and anchored to the lakebed. There are many of these islands, each with about 20 people. Every island has a president, and the president on the island we visited gave us a talk about life on the lake. Some of us took a ride in a boat made of reeds and then it was back to the tour boat to get to Taquile island. Here we were entertained again by dancers in beautiful costumes and learned a little about the people who lived there. Unlike the women's co-operative we had visited, all of the weaving is done by the men and they spend most of their time knitting, even as they are walking about.

The walk up to the restaurant was, because of the altitude absolutely exhausting. Our guide kept saying 'don't talk and walk slowly' which didn't help. He also kept saying 'you are almost there, it's just around the corner'.. He lied, but it kept us moving. And the view when we got there was spectacular. Following a simple but tasty lunch we started to make our way slowly back down to the boat, stopping briefly for that most British of things, a paddle in the lake. It wasn't as cold as

we were expecting and was actually quite refreshing on our tired feet.

The last full day of our trip saw us heading to the airport at Juliaca for our flight to Lima. There was a stop at a hilltop temple; another hard climb, but again worth it. Back in Lima we spent the afternoon relaxing, some of us walked to the beach. Lima is one of the few capital cities in the world that is on the coast. Then it was last night dinner & drinks and packing to travel home the following day.

Would I recommend a trip to Peru? Absolutely. The culture, the history, the archaeology, the landscapes, all were fabulous. The people were kind and friendly and of course, there were the Pisco Sours!!!

Debbie Mulliss

Lapford Youth Club

THE DROP IN

LAPFORD VICTORY HALL

EVERY 2ND AND 4TH
FRIDAY IN THE MONTH

7-9PM

FOR 11-16 YEAR OLDS.
ONLY £1 PLUS MONEY FOR TUCK SHOP
(Please note- only runs during termtime)

FIND US ON

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CHULMLEIGH RURAL CINEMA



Oscar nominee June Squibb excels in her first lead at age 94 as a nonagenarian who gets phone-scammed out of \$10,000 and embarks on a Mission Impossible inspired quest to retrieve it. Comedy drama also starring Richard Roundtree in his last role. (12A)

Friday 10th January 2025
The Pavilion, Leigh Road, Chulmleigh EX18 7JL
Doors open 6.45pm Film starts 7.30pm
Wine, beer, soft drinks and interval ice-creams for sale
Tickets £5.50 (Chulmleigh Society members £4.50) on the door

Coming shortly
Friday 14th February The Critic (15)



LAPFORD YOUTH CLUB

High 5

THURSDAY

EVERY 2ND AND 4TH THURSDAY
OF THE MONTH DURING TERM TIME

6PM - 7.30PM

For 7-11 year olds (KS2 primary)
Fun, Games, Craft, Friends
Only £1 subs
(Up to £1 additional money for tuckshop)



For more information email lapforyouthclub@gmail.com or find us on Facebook and Instagram

LAPFORD YOUTH CLUB

Adult Helpers Needed

For Lapford's thriving youth club

Thursday, Friday evenings
or
for weekend trips
With more helpers we can
do so much more!



lapforyouthclub@gmail.com
or find us on Facebook and Instagram

skeable@middevon.gov.uk



Come and meet Steve
and tell him what you
think

**Your
Councillor**

**At the
Village
Market**

10.00 to 11.00

Steve Keable

**Every 4th
Saturday
10.00 to 11.00
Victory Hall**

**Please do
raise any
council
issues you
have with
Steve**

Surgery

Choirs in the CREDITON area.

Mon 7 - 9pm CREDITON Sings Choir. Elephant on the Green Cafe.
Variety of music, occasionally perform. Tim Matthews 07833897324

Mon 7.30pm North Creedy Choral Society, Parish Church or Boniface Centre.
Sing mainly classical pieces for concerts with piano accompaniment.
www.northcreedychoral.co.uk

Tues 2-4pm Good Afternoon Choir. CREDITON Congregational Church.
www.goodafternoonchoir.org Jonathan Rawles 07957 789923

Tues 7-9pm Mellow D choir. Wesley room, Methodist Church. Informal group who sing what they like, members often suggest material. Dave Powis 07896 685393

Wed 7pm term time. CREDITON Musical Theatre Choir Arts Centre.

Wed 7.30 - 9.15pm Sandford Sings, community choir. Sandford Parish Hall.
Folk, pop and world music. Perform regularly. ceanstee@hotmail.com

Thurs 7-8.45pm Community Choir. Copplestone Methodist Church. All age choir with a wide selection of music, occasionally perform. lunn.family4@gmail.com

Thurs 7.30-9.30pm Ad Hoc choir. Upton Pyne Village Hall.
Range of material and performances. Jo Ward 07977 101843

Fri 7 - 8.45pm CREDITON Parish Church Choir.
They also have a junior choir for children. www.creditonparishchurch.org.uk

St Boniface Concert Society.
Mostly classical music. 5 / 6 concerts a year April - Sept. luketaylor.net@gmail

Contact Hazel with updates sagalout1@gmail.com

VEGETABLE CASSEROLE

This is a way to use up any excess Christmas vegetables.



www.sustainablecrediton.org.uk

- 1 400g tin Butter beans
- 1 400g tin chopped tomatoes
- 4oz (100g) celery
- 8oz (200g) carrots
- 8oz (200g) celeriac
- 4oz (100g) mushrooms
- 8oz (200g) swede
- 2 red onions
- garlic, paprika, a tablespoonful tomato puree, a bay leaf
- 2 tablespoonfuls olive oil.

Peel and wash the root vegetables and cut into bite size chunks.

Slice the washed celery and mushrooms.

Gently heat the olive oil in a large saucepan and add the vegetables, with a clove of crushed garlic, stirring well.

Add the butter beans, chopped tomatoes, tomato puree, and a teaspoonful of sweet or smoked paprika.

Bring to the boil, season with salt and pepper, add the bay leaf, pour into a casserole.

Cook in a moderate oven until the vegetables are tender.

Serve with crusty bread, jacket, or mashed potatoes.

Paul Cleave

Some people aren't just missing a screw,
the whole toolbox is gone.

Regular Local Music Events

All free unless mentioned

Every Tues 7.15 - 8.45pm CREDITON Strummers, CREDITON Arts Centre. £2.50
Anyone who plays an instrument, at any level. Music / words provided. Ed Finch 07810 861917

1st Tues of month 8pm Sandford folk session, The Lamb Inn, main bar. Mainly song.

2nd Tues 8.30pm Open mic. Kirton Cow, CREDITON High St.

Last Tues 8pm Folk session, New Inn, Coleford. Mainly song.

Every Wed 7.30pm CODB CREDITON Operatic Society, Old Town Hall.
Put on regular plays, musicals and concerts. www.codsonline.com

2nd Wed 8pm Informal song / music share/ chat. Red Lion, Shobrooke.

3rd Wed 7.30pm Folk session, Pennymoor Singaround. The Lamb Inn Sandford. Mainly song.

Every Thurs 7.30pm Acoustic night. Lapford Mill. Anything goes! Lovely intimate venue.

1st Thurs 12 - 3pm Folk session, Pennymoor Singaround. London Inn, Morchard Bishop.

3rd Thurs 7.30pm Jazz Club, The Three Pigs £5 House band but anyone can play, sing or jam.

2nd Friday 7pm Night Train open mic. Elephant on the Green cafe. New with a promising start.

4th Fri 7pm Open mic, Cafe 100, CREDITON High St. Friendly and diverse, bar available.

Every Sun 1 - 3pm Informal music jam. Cafe 100

1st Sun 6 - 9pm Trev the Pianoman, The CREDITON Inn. Traditional pub piano, listen or sing along.

Red Deer pub, near the big Tesco. 2nd Sun 7 - 10pm Blues Jam. 3rd Sun Jazz night 7 - 10pm
Last Sun 7 - 10pm The Great CREDITON Jam Night. Amplified jam and open mic.

Last Sun 12-3pm Folk music Half Moon Inn, Cheriton Fitzpaine. Musicians/listeners welcome.
Contact Hazel with updates sagalout1@gmail.com

JANUARY PROGRAMME

Friday 7th—Music, Caoilfhionn Rose

Wednesday 22nd to Saturday 25th— Theatre, Baggage Collection, five brand new original plays

NEW BUS SHELTER

As you may have seen, Lapford has a new bus shelter at the top of Highfield.

This existing stop is well used by local residents and students waiting for the school bus.

This has been arranged by the Parish Council with a contribution from Devon County Council.

Julie Down



LAPFORD OUTREACH POST OFFICE

POST
OFFICE

POST
OFFICE

OPENING HOURS:

Monday 9.30 - 12.00

Friday 9.30 - 12.00



ASK A COUNCILLOR

A Parish Councillor wearing an identification badge will be present at each monthly Village Market in the Victory Hall. This will give an opportunity for parishioners to raise issues which the Council might be able to help with or to answer questions related to Council business.

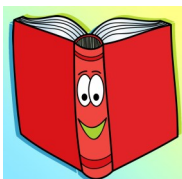


Lapford Parish Council

Libraries
Unlimited

LIBRARIES UNLIMITED HOME LIBRARY SERVICE

Do you have difficulty in getting to Crediton Library and carrying heavy books home to read? Would you like us to collect and deliver talking books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.

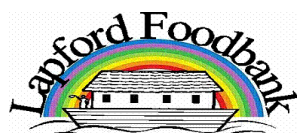


Crediton Library - Telephone: 01363 772578

THANK YOU FOR YOUR ONGOING SUPPORT OF THE FOODBANK

We would be grateful for the following donations:

Coffee, Tea, Drinking Chocolate, Rice Pudding, Custard, Tinned Fruit, Rice, Pasta, Pasta Sauces, Tuna, Baked Beans, Tinned Meats, Tinned Tomatoes, Vegetables, Carrots, Peas, Sweetcorn, Soups, Breakfast Cereals (not Porridge), Toilet Rolls.



NATIONAL BLOOD SERVICE



Donations can be made at
Boniface Centre, Crediton, or at
Chulmleigh Community College



Call the donor helpline on 0300 123 23 23
for more information or to check for cancellations

Do something amazing - Give Blood!

LAPFORD'S DEFIBRILLATORS

One is on the outside of
The Orchard Centre in Orchard Way

What 3 Words app location:
emperor.stated.stapled



Another defibrillator is at Rose Removals.
It can be found in the red telephone box
in front of the building.

Access through the front car park and up the
stairs, about 200 yards from the main gate.
(Pedestrian access around the side out of hours).



What 3 Words app location:
inert.depend.smart



A third defibrillator has now been installed
at the Spar Shop at Lapford Cross. It is round
the side to the left as you look at the shop.

What 3 Words app location:
that.snowstorm.speaks



LAPFORD LOOKOUT TO CONTACT THE EDITOR



Write to:

Mrs. Becky Fletcher, Larkrise, Eastington Lane, Lapford, Crediton, EX17 6QE

Tel: (01363) 542062 or 07791 989142

E-mail: lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Contributions are welcome, to be used at the Editorial Team's discretion.

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

The views in this newsletter do not necessarily represent the views of the Editorial Team.

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LAPFORD PARISH COUNCIL — www.lapfordparishcouncil.org.uk

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Cllr Steven Fletcher	Larkrise, Eastington Ln, Lapford EX17 6QE	07891 142436 / steven.fletcher@lapfordparishcouncil.org.uk
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Cllr Peter Heal	Ashlands, Lapford EX17 6AE	01363 884277 (home)/01363 775467 (office)/ peter.heal@lapfordparishcouncil.org.uk
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Vacancy	~	~
Vacancy	~	~
Parish Clerk - Rob Martin	~	07768 829511 / clerk@lapfordparishcouncil.org.uk
District Cllr Steve Keable	~	07967 655045 / skeable@middevon.gov.uk
County Cllr Margaret Squires	~	margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
- CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping ~ 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings @Devon ~ Exeter: 07990 790 920 or Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



LAPFORD WEBSITES

www.lapfordhistory.co.uk
www.lapfordparishcouncil.org.uk
www.lapford-primary.devon.sch.uk
www.lapfordvictoryhall.co.uk
www.lapfordvillage.co.uk
www.facebook.com/lapfordparishcouncil



Lapford Voluntary Car Aid 2011

NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT OR A PRESCRIPTION COLLECTED?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares are as follows:

Bow Medical Centre - £6
 Chulmleigh Dental Practice - £6
 Chulmleigh Health Centre - £6
 Crediton (Breast Screening) - £7
 Crediton Community Hospital - £6
 Morchard Bishop Surgery - £4
 Redlands Health Centre - £7
 Witheridge Surgery - £6

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.



LAPFORD LOOKOUT

ADVERTISING RATES AND POLICY



Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

One eighth page:	£7 per month.
One quarter page:	£14 per month.
One half page:	£28 per month.
Whole page:	£56 per month.

Pay for twelve months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.

LAST POSTING TIMES AROUND THE VILLAGE



	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	9.00 a.m.	7.00 a.m.
Woodland Cottage	9.00 a.m.	7.00 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	9.00 a.m.	7.00 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	9.00 a.m.	7.00 a.m.
Morchard Road	9.00 a.m.	7.00 a.m.
Copplestone	4.30 p.m.	11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
Adventure Gaming	Mr Warren Clayburn	01363 83095 / wmclayburn@gmail.com
Community Equipment	Mr Darren Crump Mr Steve Keable	07960 715553 / darrencrump99@hotmail.co.uk 07967 655045/ steve.keable@btinternet.com
Friends of Langannerie (twinning)	Marion Pratt	01837 82285 / marion174@btinternet.com
Friends of Lapford Mill	Mr Alex Gater	07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Stacey Lumsdon	07891 556884 / friendsoflapfordschool@gmail.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Home Library Service	Crediton Library	01363 772578
Ladies of Lapford (LOL)	LOL Team	ladiesoflapford@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford Association Football Club	~	lapfordafc@gmail.com
Lapford Book Club	Mrs Jill Doe	01363 83410 / sunnyside@jilldoe45.plus.com
Lapford Celebrations Working Group	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Choir	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Church Green Trust	Mr Steven Fletcher	07891 142436 / steven.fletcher@lapfordparishcouncil.org.uk
Lapford Community Church	Miss Briony Clinch	01363 83666 / admin@lapfordcc.org.uk
Lapford CP School and Nursery	~	01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Cat Seymour	01363 884432 / lapfordcongregationalchurch@gmail.com
Lapford Dog Club	Mrs Sara Thurgood	01363 83081 / info@lapforddogclub.co.uk
Lapford Emergency Action Plan Committee	Mrs Sue Briant-Evans	01363 83763 / sue.briantevans@lapfordparishcouncil.org.uk
Lapford Foodbank	Miss Briony Clinch	07925 410172
Lapford Handbell Ringers	Mr Steve Munday	07798 684225 / steve@themundays.org
Lapford High 5 (ages 7-11)	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club	Mrs Trish Mumford	01363 83911 / james@mumfordj.plus.com
Lapford Lookout	Mrs Beccy Fletcher	01363 884211 / lapfordlookout@gmail.com
Lapford Over 60 Club	Mrs Carol Worsdell	07368 860835 / lapfordover60@yahoo.com
Lapford Parish Church	Mrs Joan Graham	01363 83047 / jemg47@aol.com
Lapford Poppy Appeal Organiser	Mrs Caroline Noon	01363 83863 / lapford.pao@gmail.com
Lapford Project 2000 (LP2K)	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Revel	Mr Mark Tanner or Mrs Sue Briant-Evans	Gryff_raven@hotmail.co.uk or 01363 83763 / susanbriantevans@gmail.com
Lapford Victory Hall & Lower Town Place	Mr Darren Crump	07960 715553 / darrencrump99@hotmail.co.uk
Lapford Village Archive	Ms Audrey McCormack	01363 779462 / archivellapford2022@gmail.com
Lapford Village Market	Mrs Stacey Lumsdon	07891 556884 / lapfordvillagemarket@gmail.com
Lapford Voluntary Car Aid	Mrs Grace Hill	01363 83178 / lvca2011.19@gmail.com
Lapford Youth Club Management Committee	Mr Steve Keable	07967 655045 / lapforyouthclub@gmail.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07969 823256 / roy.andrews1950@icloud.com
Lower Town Place Gardening Group	Mr Andy Epstein	amepstein55@gmail.com
North Creedy Choral Society	Mrs Patricia Robottom	01363 884495 / patricia@serafim.eclipse.co.uk
Nymet Rowland Village Pump	Liz and Roland Smith	01363 884446 / pump@incywincyweb.com
The ARK	Miss Briony Clinch	07925 410172
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk

LVCA CHRISTMAS LUNCH

Lapford Voluntary Car Aid held their Christmas lunch at the Devonshire Dumpling - delicious food and a lot of fun was enjoyed by all.

It's been a busy year for the LVCA and we look forward to doing it all again in 2025!!

We wish everyone a very Happy New Year.



Photo: Grace Hill

HAPPY NEW YEAR

Be someone who listens, and you will be heard.

Be someone who cares, and you will be loved.

Be someone who gives, and you will be blessed.

Be someone who comforts, and you will know peace.

Be someone who lives with joy, with purpose, as your own light brightly shines.

Be, in every moment, the special someone you are truly meant to be.

Happy New Year!

2025

Anon was responsible for a lot of poetry.



Photo: Devonshire Dumpling

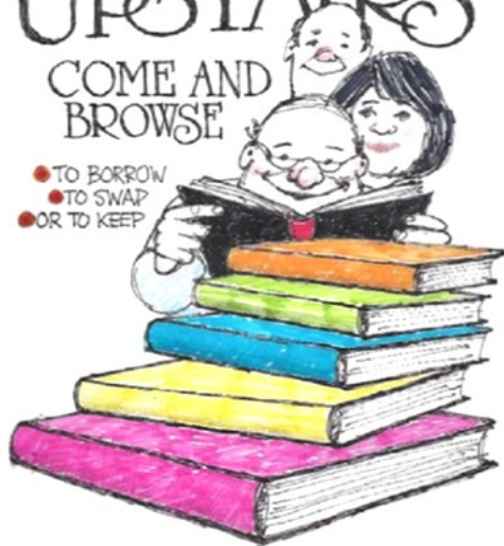


The ARK is open on
Tuesdays and Fridays
10.00am to 2.00pm
Arrangements can be
made for access at other
times

BOOKS UPSTAIRS

COME AND
BROWSE

- TO BORROW
- TO SWAP
- OR TO KEEP



A night with Tank Sherman

in aid of Lapford Football Club
ticket inclusive of a Pasty & Pudding
Licenced Bar available



Ticket Price: £15

Saturday 8th February 2025
7pm for 8pm start

Victory Hall, Lapford, EX17 6PZ

To buy your tickets please contact John
Burrows on:
01363 83985 or 07814941454

You are invited to A two course Lunch in The ARK

(Main Course; £5.00, Dessert; £2.50)

Wednesday 29th January

Please be seated by 12.00 noon

We will be serving

Sausage Casserole and Mashed Potatoes
and a Surprise Pudding.



Coffee and Tea



will be served afterwards

(Transport can be provided)

Please telephone 07925 410172
on Tuesday or Friday between
10-12pm to book your meal.

Bookings only: to be made by
Friday 24th January

Lapford Village market



**SATURDAY 25th JANUARY
10AM-12PM**

LAPFORD VICTORY HALL

Local produce Stalls

Handmade crafts

Foodbank drop off point

Bric-a-brac, Car-boot tables

and much, much more

Tea, coffee & snacks available

To book a stall / table please call Stacey
07891 556884 or email
lapfordvillagemarket@gmail.com
£5 per stall payable on the day