

LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER



Year 28 Issue 12 December 2024

HOW TO COOK A TURKEY

Step 1. Buy a turkey

Step 2. Have a glass of wine

Step 3. Stuff turkey

Step 4. Have a glass of wine

Step 5. Put turkey in oven

Step 6. Relax and have a glass of wine

Step 7. Turk the bastey

Step 8. Wine of glass another get

Step 9. Hunt for meat thermometer

Step 10. Glass yourself another pour of wine

Step 11. Bake the wine for 4 hours

Step 12. Take the oven out of the turkey

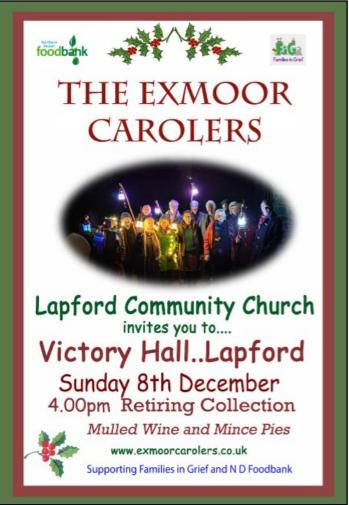
Step 13. Tet the sable

Step 14. Grab another wottle of bine

Step 15. Turk the carvey!





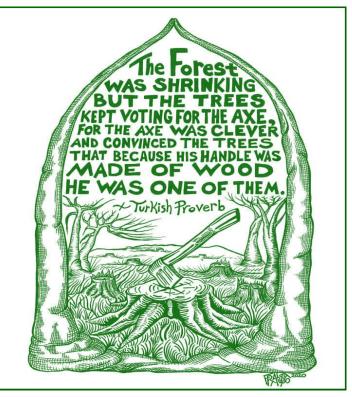


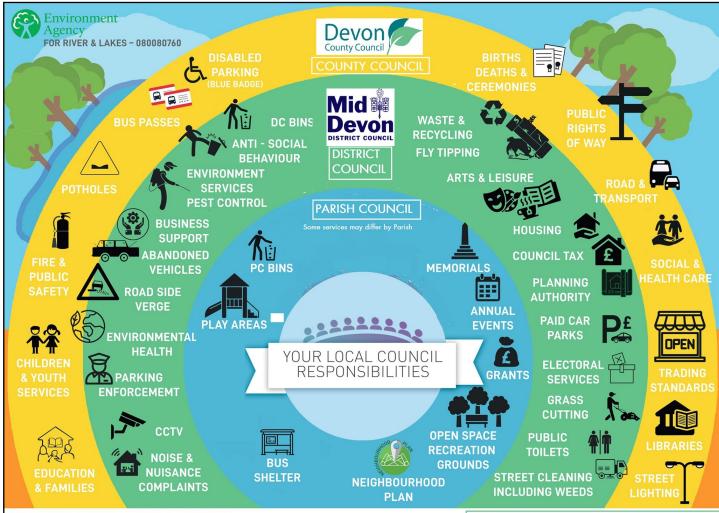
COAST TO COAST

Sue Harle and Sue Raffill recently cycled the Devon Coast to Coast from Plymouth to Ilfracombe, which was 118 miles, raising money for the Exeter Say Afrasia group. They have raised £875 so far through generous donations from family and friends.

https://www.justgiving.com/page/sue-1728385088350.







Devon County Council

Website: www.devon.gov.uk Councillor: Cllr. Margaret Squires Email: Margaret.squires@devon.gov.uk

Phone:

Which council is responsible for what?

Mid Devon District Council

Website: www.middevon.gov.uk Councillor: Cllr. Steve Keable Email: skeable@middevon.gov.uk

Phone: 07967 655045



DATES TO LOOKOUT FOR

December

6th Lapford Pensioners Lunch, Victory Hall, 12.00pm 7th Christmas Fayre at The ARK, 10.00am - 1.00pm 7th

Christmas Craft Fayre at Primary School, 2.00-4.00pm

8th Exmoor Carolers, Victory Hall, 4.00pm

10th Copy deadline for Jan Lapford Lookout, 6.00pm 10th Lapford Gardening Club, Christmas Decorations and

Social, The ARK, 7.30pm

10th Lapford Parish Council meeting, 7.30pm

12th Ladies of Lapford Christmas Meal at The Old Malt Scoop

14th LAFC Big Breakfast, Victory Hall 21st Chawleigh Village Market

January 2025

14th Copy deadline for Jan Lapford Lookout, 6.00pm

14th Lapford Parish Council meeting, 7.30pm

25th Lapford Village Market, Victory Hall, 10.00-12.00

31st Quiz at Victory Hall for Celebrations Committee

Future Dates

8th Feb LAFC, Tank Sherman, Victory Hall Lapford Parish Council meeting, 7.30pm 11th Feb

22nd Feb Lapford Village Market run by LVCA, Victory Hall,

10.00-12.00

11th Mar Lapford Parish Council meeting, 7.30pm

22nd Mar Lapford Village Market, Victory Hall, 10.00-12.00 26th Apr Lapford Village Market, Victory Hall, 10.00-12.00

8th May Lapford's VE Day Commemorations

17th May LYPFT Car Boot Sale

24th May Lapford Village Market, Victory Hall, 10.00-12.00

28th Jun LYPFT Vintage Rally

28th Jun Lapford Village Market, Victory Hall, 10.00-12.00

11th, 12th, 13th July 2025 - Lapford Revel

26th Jul Lapford Village Market, Victory Hall, 10.00-12.00 Lapford Village Market, Victory Hall, 10.00-12.00 23rd Aug 27th Sep Lapford Village Market, Victory Hall, 10.00-12.00 Lapford Village Market, Victory Hall, 10.00-12.00 25th Oct 22nd Nov Lapford Village Market, Victory Hall, 10.00-12.00

> Please send your Dates to Lookout For to lapfordlookout@gmail.com

FREE CHRISTMAS PARKING IN CREDITON

There will be free parking at St Saviour's Way car park before Christmas.

Parking will be free for 24 hours on the following Saturdays: December 7, December 14 and December 21.





LAPFORD LOOKOUT

Contributions welcome



lapfordlookout@gmail.com

Deadline for inclusion in the next issue: 6.00 p.m. on the 10th Dec for inclusion in the Jan issue

SHEILA LEACH 5th October 1930 - 27th October 2024

The family of Sheila would like to thank everyone for all the cards, flowers, love and support on the sad passing of Sheila and to all that attended the funeral service.

Sheila was a wonderful wife, mum, mum-in-law, grandma, great grandma and friend to many and will be greatly missed and be forever in our hearts.

LAST POSTING DATES FOR CHRISTMAS 2024

Wednesday 18th Dec - 2nd Class and 2nd Class Signed For

Friday 20th Dec - 1st Class, 1st Class Signed For and Tracked 48

Saturday 21st Dec - Tracked 24.

Monday 23rd Dec - Special Delivery Guaranteed.



Dad, can you tell me what a solar eclipse is? No sun.

I've figured out why Tesla's are so expensive. It's because they charge a lot.

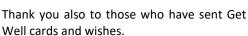
Barbara Stentiford will not be sending Christmas Cards this year.

Wishing all friends a Merry Christmas and a Happy New Year.

90TH BIRTHDAY THANKS

Barbara Stentiford would like to thank all her family and friends for their cards, kind wishes and donations received on her 90th Birthday.

Donations are being given to The Devon Air







Lapford Weather October 2024

Milder and wetter than average.

The warmest day was the 7^{th} with a maximum of 17.8° C and the coolest was the 11th at 12.3°C. The coldest night was also on the 11th with a minimum of -0.1°C and a grass temperature of -5.3°C. There were also a number of cloudy mild nights, on the 16th the lowest temperature overnight was 13.5°C.

Total rainfall was 123.2 mm. and the wettest day was the 16th with a fall of 22.7 mm.

The windiest day was the 20th with a gust of 35 mph. We were not really affected by the storm that hit mainly northern Britain at this time.



Andy Epstein



CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU

All the Churches welcome everyone to any of their services and social events. We look forward to fellowship with you.



THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

All are welcome—Refreshments served after services

Contacts:

Churchwarden: Joan Graham - (e) jemg47@aol.com (t) 01363 83047





Crib Service

of Exeter

December 29th Christmas 1 10.00am Mission Community Eucharist at Zeal Monachorum



Lay Led Morning Prayer

Lay Led Morning Prayer

Lay Led Morning Prayer

BCP Holy Communion (1662)

Common Worship Eucharist

Common Worship Eucharist with the Archdeacon



LAPFORD CONGREGATIONAL CHURCH

Contacts:

Cat Seymour 884432 Helen Wyatt 07964 855677 Carol Worsdell 07368 860835

email: lapfordcongregationalchurch@gmail.com www. facebook.com/lapfordcongregationalchurch



Services every Sunday at 11.00 a.m.

Communion will be held on the second and fourth Sundays

Preachers for this month:

1st - Cat Seymour (Sunday Club)

8th - All age service - Cat Seymour

15th - Merril Archer

22nd - No morning service. Carols by Candlelight at 6.30pm.

29th - No morning service







LAPFORD COMMUNITY CHURCH

Contacts:

Briony Clinch - Tel: 83666 www.lapfordcc.org.uk



Meets every Sunday morning at 10.30 a.m. in the Victory Hall with refreshments served from 10.00 a.m.

Connect Groups meet during the week at either 7.00 p.m. or 7.30 p.m.

Please visit our website for information about the Foodbank and The ARK. Our website will also give you more information about other Church activities.









LAPFORD PROJECT 2000 CHAIR'S REPORT FROM ANNUAL GENERAL MEETING 11TH NOVEMBER 2024

Another productive year of steady progress on all fronts, supported by stable finances and sound planning.

With grateful thanks to the core of people who give so much time to produce the Lapford Lookout, organise the team of deliverers (not forgetting those who go out every month to make sure 600+ copies get to the right place), the Village Archive team, and those who organise the displays in The ARK, events in conjunction with others, including the Parish Council's Celebrations Committee, from Kings to Walking Festivals, Remembrance events at the War Memorial, the striking blankets of knitted and crocheted red poppies, silent soldiers, Big Help Out, cream teas, revision of local Lapford Walks, promotion of the arts and purchasing new items of interest for the Lapford Village Archive.

These last twelve months started with the Todd Grey lecture and now is probably time to plan either a return or a similar event. Going forward we have thoughts about the National Cycle Route - Lands End to John O'Groats as this passes through our village.

But there are unfulfilled tasks - the website and the village calendar goals remain sadly unfulfilled. Maybe, just maybe, we can sort these in 2025.

Steve Keable

LP2K Chair 2024

As a small organising group, LP2K welcomes anyone with an interest in helping Lapford to be a thriving community. If this could be you then use any of the contacts in our Lapford Lookout.

THANK YOU

Thank you once again to all our amazing Lapford Lookout deliverers and advertisers, not forgetting everyone who sends in contributions—please keep them coming!



The Lapford Lookout Editorial Team

PUNCHBOWL TIP WASTE UPHOLSTERED DOMESTIC SEATING

From the 1st December 2024, the Environment Agency requires waste upholstered domestic seating (e.g. sofas and armchairs - see below for full list) to be segregated and transported separately from other waste streams.

The nearest Recycling Centres to accept this material are now:

- Exmouth, Knowle Hill
- Exeter, Pinbrook Road
- Tiverton, Ashley
- Barnstaple, Seven Brethren
- Bideford
- Ivybridge
- Okehampton
- Newton Abbot, Brunel Road

Waste upholstered domestic seating includes:

- Sofas & Armchairs
- Futons & Sofa-beds
- Upholstered dining, office. and garden chairs
- Beanbags & Floor cushions
- Upholstered stools& foot stools





LAPFORD VOLUNTARY CAR AID - A CRY FOR HELP!!!

Let us tell you a little bit about Lapford Voluntary Car Aid (LVCA)...

It is a subsidised transport service for the residents of Lapford that provides cars (and drivers!) to take "Clients" to and from their doctor/dentist appointments as well as collecting medication as requested. We



serve Bow, Chulmleigh, Crediton, Morchard Bishop, Winkleigh and Witheridge surgeries, Chulmleigh Dentist and Crediton Hospital.

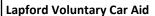
This service was set up in the late 1990s and has been well used over nearly 30 years. We normally have around 12 volunteer drivers but, over the last couple of years, this number has reduced and, over the next few years, as the current drivers' ages increase, we anticipate the number reducing even more. With this in mind, if we don't manage to "recruit" more volunteers to drive for us then sadly the service is in danger of closing down, which would impact on the lives of a lot of Lapford residents who cannot manage to get to their appointments without us.

Drivers give their time voluntarily, but will receive a mileage allowance for their vehicle expenses. It would not be a huge commitment, maybe just 2 or 3 journeys a month – but even that would be so appreciated by all who run and use the service.

If you think you can help us to keep this valuable service running, please contact Grace on 01363 83178 and she will give you all the information you need to join the team.

Once again, we cannot stress enough how vital this service is to ALL ages in Lapford (not just the elderly population) – please help us to keep it running as successfully as it has for almost 30 years.

Thank you for reading this – go on...pick up that phone and give us a call!!





CREDITON BRITISH SIGN LANGUAGE

Want a taster of British Sign Language?
Are you free on Monday mornings?
Are you keen to break down the barriers to communication within our Deaf and hearing community?

Deaf Awareness and Introduction to British Sign Language sessions now bookable.

To be held in Lapford at The ARK, on Mondays
December 2nd, 9th and 16th
Time - 10-30 am - 12-30 pm

Please ensure you can attend all four sessions.

Numbers limited to twelve.

Booking essential.
Please contact Lesley Rogers on 07704 367284.

(The sessions are free but a donation to Crediton BSL would benefit this newly formed group. Thank you)

Try something new this season.







LADIES OF LAPFORD MEETINGS (LOL)

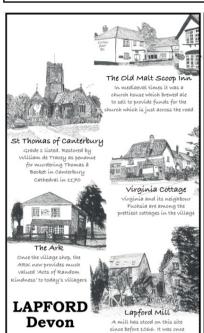


Please come and join us in The ARK at 7.30 p.m.

Thursday 12th December Christmas Meal at the Malt Scoop

We always welcome new members.

Come and join us!



Drawings most kindly donated by the Rev. David Robotton

THE LAPFORD T-TOWEL

Drawn and designed locally to raise funds to support our Parish Church. An attractive and extremely useful present or souvenir.

On sale for £10.00 in The ARK, at Village Markets, and village events, or please contact: pruelambert@yahoo.co.uk



DECEMBER PROGRAMME

Thursday 5th Music & Food: Jazz on the

Green

Friday 6th Film: Buena Vista Social Club
Friday 13th Theatre: Bright Places
Friday 20th The Big Christmas Quiz

Saturday 21st Music: Solstice Live Lounge

ACE ARCHAEOLOGY CLUB

One minute it is August and then it is Christmas! ACE has been busy in the intervening time.

ACE and ACE members have been involved in a few things organised by other people in the last months. Including some test pitting at Wrangworthy Barrows as support to the Monument Management Scheme (MMS). The MMS looks after sites that are scheduled monuments and tries to keep them in good condition. They have been doing some work in the ACE "area" and some ACE members went to help with the test pitting at Wrangworthy Barrows.

On our own ACE Day in October, we repeated a visit to Winkleigh for a tour of the village focusing on its long and

varied history. Although it hasn't been long since we did this it was decided that we should do it again as we have had so many new members this year. Included in the tour was a visit to Heywood Castle, a Motte and Bailey castle overlooking Eggesford. There is a surprising number of such castles in the area, not far from Heywood is Eggesford Castle, not accessible as on private property, and Winkleigh has



two such mounds; one on private property and one under the village hall!! There must have been a lot of trouble from the inhabitants of the area.



If you would like to find out more about any of these sites, or indeed any sites at all, I suggest -

Devon County Council Environment Viewer https://map.devon.gov.uk/dccviewer/
As mentioned in the last edition we hope to be doing some work

with MMS in Winkleigh in 2025.

Our next event is our AGM in November. Apart from the business of the AGM we will also have updates on various digs from Andy Crabb our Archaeology Adviser and Dartmoor archaeologist, amongst other roles.

December sees us sharpening our quills to do some writing, literally. Sharpening the quills and using homemade ink. May be messy but will be interesting. More about this next year.

Erica Williamson
October 2024

You can fool all the people some of the time, and some of the people all the time, but you cannot fool all the people all the time.

Abraham Lincoln

THANK YOU

Thank you to all the wonderful Poppy Appeal Collectors, everyone who held a collection box on their premises, ordered wreaths, donated, counted, banked, or contributed in any way to this year's Poppy Appeal. The total raised so far from Lapford, Nymet Rowland and Coldridge is £1,751.00. This includes monies from both static and house to house collections, payments for wreaths, and donations given at the Lapford Parish Church Remembrance Sunday service. This amount will increase slightly and I will advise the final total collected in due course.

Thank you everyone.

Caroline Noon
Poppy Appeal Organiser



NOTES FROM THE ARK

In UCB Word for Today notes for 18 December I discovered a story which caused me to ponder, so decided to put an item in the Lapford Lookout, wondering are we aware that we have so much and how we use and share "our wealth" and that's not just money, it's time, being there for people, the way we treat them, do we listen and pay attention to what they are saying, do we show respect and concern for their well being?



A heart for others.

On December 18th 1933, a curious advert appeared in a Canton, Ohio newspaper: "Man who felt Depression's sting to help 75 unfortunate families. Anonymous giver known only as "B. Virdot", posts \$750 to spread Christmas cheer." All the reader had to do was describe their plight in a letter and mail it care of "General Delivery." The appeals poured in. Oddly, no one knew a "B. Virdot", and people wondered if such a person existed. Then within a week, cheques began arriving in homes all over the area. Most were modest, about 5 dollars and were all signed "B. Virdot". Throughout the ensuing years as the story was told, the identity of the philanthropist remained unknown.

Then in 2008, long after his death, his grandson opened a tattered black suitcase collecting dust in his parent's attic. That's when they found the letters dated December 1933, along with 150 cancelled cheques. Turns out that B. Virdot was really Samuel J. Stone, and the pseudonym was a hybrid of Barbara, Virginia and Dorothy, the names of his daughters. Interestingly, there was nothing privileged about Samuel Stone. He was fifteen when his family emigrated from Romania and settled in a Pittsburgh ghetto. Samuel's father hid his shoes so he couldn't go to school, forcing him and his six siblings to roll cigars in the attic. Eventually, Samuel left home to work on a barge and then in a coal mine. By the time the Great Depression hit he owned a small chain of clothing shops, and lived in relative comfort. Nevertheless, he had a heart for others – his actions prove it.

Can the same be said about you?

That's always been the way The ARK has been run. That's the way it was started. To have a heart for others and really care. Yes, the cafe helps provide supplies for the Foodbank, but it also has to pay for the services it uses and supplies for the cafe. As everyone is so aware, that is proving more and more difficult with the cost of living crisis, the price of energy, in all that, The ARK is not exempt. People do support the Foodbank with donations and Crediton Foodbank helps keep the shelves well supplied, we are very grateful for that.

The wanting to help and be there for people is still at the forefront of everything The ARK stands for, but sometimes it's difficult to keep a sense of proportion when people abuse the service. The ARK is not just the Foodbank, it's also a Cafe, where people can meet, enjoy company, coffee and cake. Upstairs we have a vast selection of books for people to borrow. There is a large room suitable for meetings and a smaller room for counselling. It has a kitchen for tea, coffee etc. So it is much more than the cafe, foodbank, it's community. The word ARK stands for Acts of Random Kindness.

We are blessed with amazing volunteers who willingly do extra, they are real stars, giving their time to serve in the Cafe, which sometimes can be quite stressful. They do it because they enjoy it, they certainly don't get paid. Christmas is a wonderful opportunity to show people that we care. But as they say "Caring is not just for Christmas, it's for every day, and if they don't say it, well, they should."

From the team at The ARK

COAST TO COAST

It all began at the tail end of September. I was cycling to work one day which is normally an annual event and the bright idea hit me that I could do a cycle ride this year for Movember, a charity that helped me hugely a few years ago. So I put it out there on social media that I would ride from the northern most point of Devon to the southernmost in a day. Not knowing how far it actually was, first job was to find out where those two points were, then secondly to find out how many miles. The route I picked was 107 miles, starting just around the coastline from Lynmouth and ending at East Prawle on the South coast.

I set off at 10 to 7 on Saturday the 9th with no idea how this was going to go having not really done any training, just a couple of short rides and a half hour home yoga session. The first stop was going to be Catkin Blooms Cafe in Winkleigh 41 miles in. The



rest of the route took me through Moretonhampstead down to North Bovey and up over Haytor before dropping through Buckfastleigh, Kingsbridge and finally winding my way along to East Prawle. A total of 9 hours 45 cycling and 9,949ft of elevation.

The amount raised at the time of going to print was £228.

Ben Edwards





LAPFORD YOUTH PLAYING FIELD TRUST Committee would like to thank everyone who came and supported us at the October Village Market and Indoor Car Boot - we made a fantastic profit of £184 which will all help towards looking after the Playing Field. We are now well into the process of obtaining funding to purchase some new equipment, so hopefully by this time next year the Field will look a little bit different - watch this space!!

Once again, thank you to all who support us at these events - we do appreciate it very much!







TIS THE SEASON

"My children love Christmas and they're already picking extra treats off the shelf when we go shopping and telling what presents they want. I want to make it special for them, but times are tough and I worry about overspending and getting into debt. What can I do?"

Borrowing money or using a credit card to fund Christmas can seem like your only option but there are steps to take to keep spending under control and avoid falling into debt.

First - make a budget and stick to it. Who are you buying gifts for? What other seasonal expenses do you have? How much can you realistically afford to spend? Keep receipts or ask for gift receipts in case you have to return something if you overspend. Household bills are likely to be higher too, with colder weather and people spending more time indoors.

If you have built up debt, don't ignore bills or letters. Speak to the organisation you owe money to as they may let you pay smaller amounts. Priority bills need to be paid first such as rent, mortgage, council tax and energy bills. For other types of debt like credit cards or loans, look at what you owe, work out a budget and contact your creditors to set up an affordable repayment plan. This might seem scary but it's an important first step and a great many people are having to do exactly the same thing.

If you are struggling to afford all the essentials like bills and food, we at CA TNMWD can help in various ways. A good place to start is by visiting our website https://www.citizensadvicetnmwd.org.uk where there is lots of useful information to help. You can also see our local office hours and availability for appointments and drop ins. Or call our free, local AdviceLine on 0808 27 87 999. A quick benefits check may also show that you can claim additional financial help. You may also qualify for a reduction in council tax or help with energy costs.

Demand for our services is increasing all the time and we need all the help we can get to help people in our community with problems like this. If you could spare a day a week to join our teams in Torridge, North, Mid and West Devon, do please take the first step and contact recruitment@citzensadvicetnmwd.org.uk for more information. Everyone gets full training and ongoing support, you will make new friends, maybe learn new skills and play a crucial role within our community.







CHULMLEIGH HILL CHRISTMAS TREE FARM

OPEN FRIDAYS, SATURDAYS AND SUNDAYS



Fri 22nd, Sat 23rd & Sun 24th Nov Fri 29th, Sat 30th Nov & Sun 1st Dec Fri 6th, Sat 7th & Sun 8th Dec Fri 13th, Sat 14th & Sun 15th Dec Fri 20th, Sat 21st & Sun 22nd Dec

9.30am - 3.30pm

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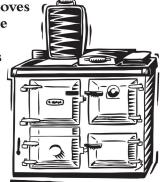
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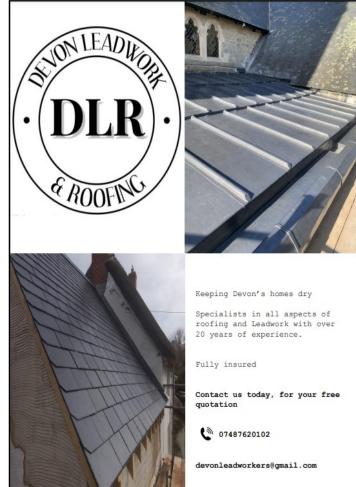
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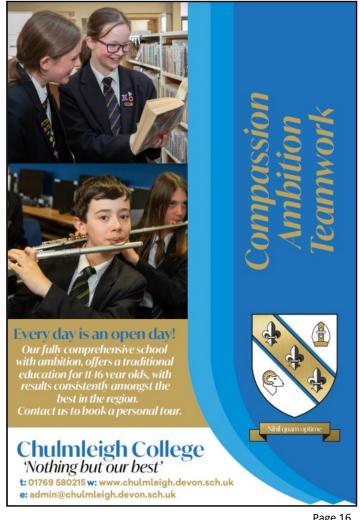
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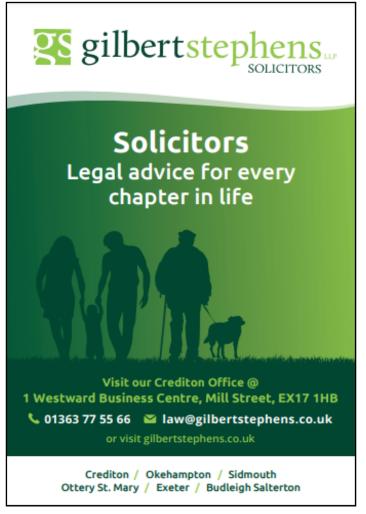
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MEMORIAL SERVICE

Marjorie Elder of Larkrise, Lapford, passed away peacefully at home on Sunday the 10th November 2024 at the age of 97.



A memorial service will be held at Lapford Congregational Church on Saturday the 7th December at 11.00 a.m. for those who wish to attend.

Sleep well Mum, you will live forever in our hearts.

Steve, Beccy and Family

LAPFORD PARISH COUNCIL NOTES -NOVEMBER 2024 MEETING

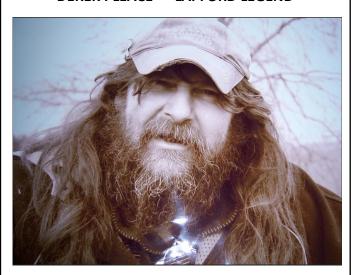
- A minutes silence was held to remember Derek Pleace and his numerous contributions to the village.
- Reports were received from Margaret Squires, DCC, and Steve Keable, MDDC.
- The sign has been fitted to the Orchard Centre, the picture of the King has been hung inside, and the toilet door rehung.
- Highways issues raised previously with DCC are still awaiting a reply.
- A list of road warden kit was presented and agreed for purchase.
- The new bus shelter will be installed at the top of Highfield on 25th November.
- The offer of play equipment from another parish is no longer proceeding, due to costs of moving and reinstalling, and MDDC wishing to reuse in house. It was agreed to proceed with one of the quotes received for new equipment, and a Section 106 application to made for funds.
- The agreement to lease the toddler play area is ongoing with MDDC.
- Initial discussions took place regarding the setting of next year's precept and the impact on council tax payments.
- To find out the cost of the planned upgrade to the projection equipment in the Victory Hall, with a view to supporting.
- Devon Communities together have supplied initial information following the village consultation. A separate meeting is to be held as soon as more data is available.
- A member of the public has stepped in to offer help with transporting and erecting the Christmas Tree on the Village Green.
- There were no new planning applications.
- Grit bins to be checked to ensure sufficient supplies for the winter.

SAVE THE DATE!

Tank Sherman - Victory Hall 8th February 2025

In aid of LAFC — more details to follow next month

DEREK PLEACE — LAPFORD LEGEND



Derek touched so many lives through his kindness, humour, laughter, and profound ability to identify with everyone and anyone. His natural skill in making grown people "blush", with his insights and wit, made him a natural yet unintended leader within our community.

Derek was not shy to deliver acts of kindness to those in need, and even shaved his mature locks to raise money for Cancer Research, having survived it himself. Derek got involved in endless village projects that were meaningful to both him and to the village, delivered with sincerity, commitment, and skill.

From the annual placing of the War Memorial Christmas Tree, through to his traditional master craft stone masonry, wood carving and landscaping projects. His final work being the external masonry at our church of St Thomas of Canterbury, where muffled bells were rung, on Friday 1st November, in tribute, as so many people stood outside in respect for a true legend. A full life, a full character, Derek will remain in our hearts and memories.

Derek, we salute you.

Steve Keable



DON'T BLAME A CLOWN FOR ACTING LIKE A CLOWN, **BLAME YOURSELF** FOR GOING TO THE CIRCUS.

ANY FOOL CAN BE A FARMER

Any fool can be a farmer, in fact it helps no end to be a little crazy and half-way round the bend.

It's not essential to be crackers, good gracious not at all but it's no good being normal while you're climbing up the wall . . .

If you can't meet these requirements, no need to break your heart 'cos you'll quickly get the hang of things once you get a start.

If the weather doesn't beat you it'll be an awkward yow or a brainless politician or an old demented cow

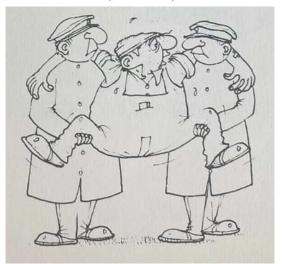
Or a collie dog that's useless one that drives you quite insane but you'll get there if you're lucky and you'll hardly feel the pain.

You'll have diseases in your barley and pigeons on your wheat temperamental old machinery and a Labrador in heat . . .

But by now you'll be conditioned you'll accept that you're just mad and you'll never swop the townie for his posh suburban pad

Let him keep his indexed pension and his room without a view but be sure to marry someone who is crazy just like you. . .

Courtesy of the late Henry Brewis, Farmer in the Cheviots, cartoonist, writer and wit.



LAPFORD CELEBRATIONS COMMITTEE

The Celebrations Committee is a not for profit working party of the Parish Council made up of four Parish Councillors and one member of the public.

Over the past few years it has arranged the late Queen Elizabeth's Platinum Jubilee celebrations in the village and purchase of a commemorative bench; the planting of an Oak Tree in the Playing Field as part of the Queen's Green Canopy; the celebration of King Charles' Coronation and Big Help Out Days; the Commemoration of the Eightieth Anniversary of the D-Day Landings last May; and participation in the Mid Devon Walking Festival this Autumn. It is currently working towards a village commemoration of the Eightieth Anniversary of Victory in Europe Day on May 8th 2025.

SEASONAL CRUMBLE TOPPING

This works well with many fruits, especially apple cooked with a little brown sugar and a clove.



www.sustainablecrediton.org.uk

For the crumble topping you will need:

100g (4 oz) wholemeal flour

2oz (50g) spelt flakes

2oz (50g) rolled oats

1oz (25g)wheat germ

ground cinnamon and freshly grated nutmeg to taste

2oz (50g) dried cranberries

4oz (100g) butter

2 oz (50g) brown sugar

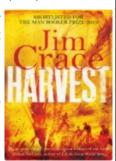
Place all the dry ingredients (including the sugar) in a basin and rub in the butter until the mixture looks like coarse breadcrumbs, then add the cranberries. Cover your chosen fruit with the mixture and bake in a medium oven until brown and crispy.

Paul Cleave

LAPFORD BOOK CLUB REVIEW Harvest by Jim Grace

The novel is set in the late Medieval era, somewhere in England as the Enclosure Act forced the change from open fields and common land to definitive parcels of land. This caused the break up of a whole way of life as previously known, all in the name of progress and prosperity for the few.

This was not a popular book for our members, who found the opening chapters so uninspiring that they did not persist. One critic described it as a mesmerising slow burn. For mesmerising I would substitute soporific, the burn was so slow that I kept nodding off whilst trying to read it. The style of writing was ponderous.



We felt there was sufficient misery in the world at the moment thus we did not want to be further depressed.

None of us would recommend this book, only one person managed to skip read it to the end. Hence this brief review.

Alison Nelson

THE WOMEN'S INSTITUTE LAPFORD FESTIVAL YEAR 1951

In the Village Archive we have very little representing the work of the Woman's Institute. One piece of evidence that this group made their mark is the Festival Cloth in the photograph. Made in the year 1950 to 1951 this is a record in 85 signatures of the members of that time. Some of the names we have come across in the Archive and we even have photographs but many are unknown village women.



Our aim is to mount this cloth in some way for display. It would also be interesting to place the women in the village, where they lived, and family members that still live here. So here are the names as I have read them. The embroidery seems to have been stitched over their written signature which really makes it more personalised.

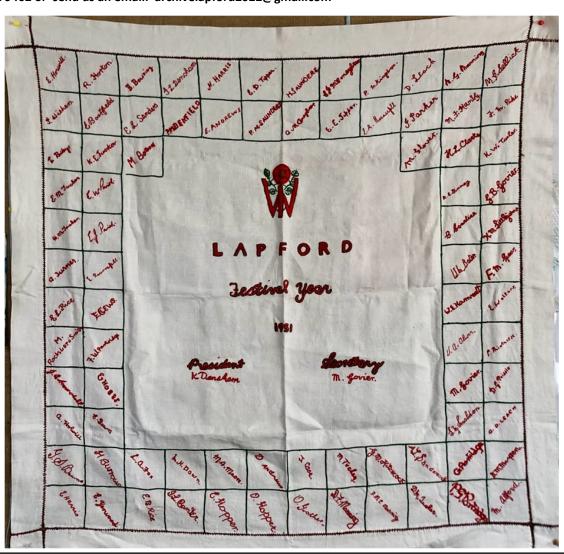
The Millennium Quilt was also worked in collaboration with the Lapford WI during 1999. In handmade items like these the detailed and informative work links the past to the present, creating a valuable archive document, on fabric.

Here are the names on the Festival Cloth.

President - K. DENSHAM. Secretary - M. GOVIER. H.SAUNDERS. E.O.M.CONEYBEER. W.E.HAMMETT. W.M.BATERS. F.WAITERS. F.F.TIPPFR. V.A.OLIVER. P.THICKNESS. E.A.ROUNSEFELL. P.LEACH F.M.SPEAR. P.M.KINGDOM. F.M.E.MANNING. M.GOVIER. D.G.PRIDDLE. J.PARKER. L.W.SMALDON. M.G.MANNING G.D.LEACH. M.T. HAMBLY. G. PARTRIDGE. M.G.SELLICK. M.GLOVER. P.M.THOMSEN. H.L.CLARKE. M.ALFORD. K.W.TUCKER. G.PARTRIDGE. M.E.BINNEY. P.G.PARTRIDGE. A.L.SANDERCOCK. D.M.TUCKER B.LOUNTICE. K.M.LITTLEJOHNS. G.B.GOVIER. G.M.HITCHCOCK. M.TUCKER. D.F.MANNING. J.CASE. O.GROTHER **E.D.TIPPER** E.L.RICE E.CLEWS P.M SAUNDERS F.W.PARTRIDGE. M.ROCKSLORO SMITH. N. HARRIS. **E.ANDREWS** E.HOBBS. J.L.DENSHAM. J.A.ROUNSEFELL. P.M.BENFIELD, E.DOWN, B.BOWRING, A.HOLWILL, E.L.SANDERS, H.BURROWS, M.BOLSAND, G.S.BURROWS, R.HORTON. E.A.HARRIS. L.A.FOX. C.BOATFIELD. E. YERWOOD. K.E.TUCKER. E.W.PARISH. E.B.RICE. E.HORWILL. M.H.DOWN. J.WITHERS. J.L.CHANTER. E.BAILERY. M.A.MOORE. E.M.TUCKER. E.HOPPER. E.J.PARISH. A.TURNER. E.ROUNSEFELL. E.W.PARISH. D.ANDREWS. H.M.TUCKER. O.HOPPER.

If you have any knowledge of this work of creative art and would like to share this with the archive we would love to hear from you and show you the cloth. We are in the Orchard Centre on Tuesday mornings 10.00 to 12.30.

Ring 01363 779462 or send us an email: archivelapford2022@gmail.com



BIBLE EMERGENCY NUMBERS

When in sorrow	John 14
When man fails you	Psalm 27
When you have sinned	Psalm 51
When you have worry	Matthew 6:19-34
When you are in danger	Psalm 91
When God seems far away	Hebrews 139
When your faith needs stirring	Hebrews 11
When you are lonely and fearful	Psalm 23
When you grow old and critical	1 Cor.13
When you feel down and out	Romans 8:31-37
When you want peace and rest	Matthew 11:25-30
When the world seems bigger than God	Psalm 90
When you want Christian assurance	Romans 8:1-30
When you leave home for labour or travel	Psalm 121
When your prayers grow narrow and selfish	Psalm 67
When you wasn't courage for a task	Joshua 1
To get along with your fellow man	Romans 12
For a great intervention or opportunity	Isaiah 56
For Paul's secret to happiness	Col. 3:12-17
If you want to be fruitful	John 15
If your pocketbook is empty	Psalm 37
If you're losing confidence in people	1 Cor.13
If people seem unkind	John 15
If discouraged about your work	Psalm 126
Find the world growing small and yourself gr	eat Psalm 19

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A happy fat Santa busy one day, Looks to his elves, all busy with work and no play.

A little boy running through the snow Lays down to make angels, all neat in a row.

A pine tree drug through a living room and sat in place, Awaits the smiling faces, to decorate it with beautiful lace.

Mistletoe hung above,

Is just the place for a new and kindling love.

A group of carolers out in the cold, Sing beautiful songs for the young and the old.

A delicious dinner made on Christmas is begun with prayer,

And is eaten with love and care.

Anxious children are told to sleep, though they are too excited to try.

So they lie awake and watch for a sleigh in the sky.

On Christmas morning, many will gather, sharing gifts and a story, While adults smile at their children with pride and infinite glory!

Merry Christmas

Roxanna





CHAWLEIGH COMMUNITY MARKET

Jubilee Hall, Chawleigh.
Saturday 21st December
10.00 to 12.00 am

Stalls, *Christmas Items*, Raffle & Refreshments.

Come and buy some lovely, last minute Christmas items, jewellery, gifts and cards.

Our usual food stalls will be there including Luisa's fabulous bread, Nicola's *famous* meat and pies and David's veg, salad and preserves.

Refreshments by the Jubilee Hall Committee

EXMOOR CAROLERS

Lapford Community Church have the invited Exmoor Carolers to the Victory Hall, Sunday 8 December at 4pm, for an afternoon of singing and interesting information about musical instruments and particular carols.

This is a free family friendly event with lots of carols to sing—there will also be mulled wine and mince pies.

Donations will be going to Families in Grief and the Foodbanks.

PUZZLE CORNER - WORLD LANDMARKS Answers

- 1 Arch of Constantine Rome, Italy
- 2 Heroes' Square Budapest, Hungary
- 3 The World archipelago Dubai, UAE
- 4 Statue of Christ the Redeemer Rio de Janeiro, Brazil
- 5 Diocletian's Palace Split, Croatia
- 6 Stari Most Mostar, Bosnia and Herzegovina
- 7 Abu Simbel Aswan, Egypt
- 8 CN Tower Toronto, Canada
- 9 Ruins of Machu Picchu Urubamba Valley, Peru
- 10 Saint Basil's Cathedral Moscow, Russia
- 11 The Forbidden City Beijing, China
- 12 Temple of the Golden Pavilion Kyoto, Japan
- 13 Sagrada Familia Barcelona, Spain
- 14 Uluru Northern Territory, Australia
- 15 Mount Rushmore National Memorial South Dakota, USA
- 16 Taj Mahal Agra, India
- 17 Blue Mosque Istanbul, Turkey
- 18 Little Mermaid Statue Copenhagen, Denmark
- 19 Hofburg Imperial Palace Vienna, Austria
- 20 Acropolis Athens, Greece

(Kindly contributed by Mary Chappell)





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REMINDER OF THE EARLIER DEADLINE FOR THE JANUARY LAPFORD LOOKOUT — 10TH DECEMBER 2024.



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One is on the outside of The Orchard Centre in Orchard Way

What 3 Words app location: emperor.stated.stapled

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Access through the front car park and up the stairs, about 200 yards from the main gate. (Pedestrian access around the side out of hours).

What 3 Words app location: inert.depend.smart



Another defibrillator has now been installed at the Spar Shop at Lapford Cross. It is round the side to the left as you look at the shop.

What 3 Words app location: that.snowstorm.speaks



LAPFORD LOOKOUT TO CONTACT THE EDITOR



Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, Crediton, EX17 6PR

Tel: (01363) 884211 or 07791 989142 **E-mail:** lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox Contributions are welcome, to be used at the Editorial Team's discretion.

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

The views in this newsletter do not necessarily represent the views of the Editorial Team.

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LAPFORD PARISH COUNCIL — www.lapfordparishcouncil.org.uk

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(Vice-Chair)
Cllr Julie Down (Chair)
Cllr Steven Fletcher
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Cllr Peter Heal

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Rafters, Lapford, EX17 6QP 36 Orchard Way, Lapford, EX17 6PR Pear Tree House, Lapford, EX17 6PZ Ashlands, Lapford EX17 6AE

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County Cllr Margaret Squires

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- Citizens Advice Bureau ~ 03444 111 444
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- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping ~ 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings
 @Devon ~ Exeter: 07990 790 920 or
 Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers

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LAPFORD WEBSITES

www.lapfordhistory.co.uk
www.lapfordparishcouncil.org.uk
www.lapford-primary.devon.sch.uk
www.lapfordvictoryhall.co.uk
www.lapfordvillage.co.uk
www.facebook.com/lapfordparishcouncil



L V C A
Lapford Voluntary Car Aid 201

NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT OR A PRESCRIPTION COLLECTED?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares are as follows:

Bow Medical Centre - £6

Chulmleigh Dental Practice - £6

Chulmleigh Health Centre - £6

Crediton (Breast Screening) - £7

Crediton Community Hospital - £6

Morchard Bishop Surgery - £4

Redlands Health Centre - £7

Witheridge Surgery - £6

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

LAST POSTING TIMES AROUND THE VILLAGE



Mon-Fri Saturday 9.00 a.m. 7.00 a.m. **Eastington Cross** Woodland Cottage 9.00 a.m. 7.00 a.m. 9.00 a.m. 7.00 a.m. **Industrial Estate** Highfield 9.00 a.m. 7.00 a.m. Orchard Way 9.00 a.m. 7.00 a.m. Saxtons 9.00 a.m. 7.00 a.m. Morchard Road 9.00 a.m. 7.00 a.m. Copplestone 4.30 p.m. 11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

Adventure Gaming	Mr Warren Clayburn	
	Mr Warren Clayburn	
		01363 83095 / wmclayburn@gmail.com
Community Equipment	Mr Darren Crump Mr Steve Keable	07960 715553 / darrencrump99@hotmail.co.uk 07967 655045/ steve.keable@btinternet.com
Friends of Langannerie (twinning) Friends of Lapford Mill Friends of Lapford School	Marion Pratt Mr Alex Gater Mrs Stacey Lumsdon	01837 82285 / marion174@btinternet.com 07815 795918 / alex@lapfordmill.uk 07891 556884 / friendsoflapfordschool@gmail.com
HOLD Home Library Service	Mr Bill Graham Crediton Library	01363 83047 / bg4847@aol.com 01363 772578
Ladies of Lapford (LOL) Lapford Allotment Society Lapford Amateur Dramatic Society Lapford ARK Lapford Association Football Club Lapford Book Club Lapford Celebrations Working Group Lapford Choir Lapford Church Green Trust Lapford Community Church	LOL Team Mr Raymond Waldron Mr Ian Wilkie Miss Briony Clinch ~ Mrs Jill Doe Mrs Sue Briant-Evans Mrs Cat Seymour Mr Steven Fletcher Miss Briony Clinch	ladiesoflapford@gmail.com 01363 83894 / ednawaldron@btinternet.com 01363 83437 / i.wilkie45@btinternet.com 01363 83788 lapfordafc@gmail.com 01363 83410 / sunnyside@jilldoe45.plus.com 01363 83763 / susanbriantevans@gmail.com 01363 884432 / cathryn_seymour@outlook.com 07891 142436 / steven.fletcher@lapfordparishcouncil.org.uk 01363 83666 / admin@lapfordcc.org.uk
Lapford CP School and Nursery Lapford Congregational Church	~ Cat Seymour	01363 83292 / admin@lapford-primary.devon.sch.uk 01363 884432 / lapfordcongregationalchurch@gmail.com
Lapford Dog Club Lapford Emergency Action Plan Committee	Mrs Sara Thurgood Mrs Sue Briant-Evans	01363 83081 / info@lapforddogclub.co.uk 01363 83763 / sue.briantevans@lapfordparishcouncil.org.uk
Lapford Foodbank and Cafe Lapford Handbell Ringers Lapford High 5 (ages 7-11) Lapford Gardening Club Lapford Lookout Lapford Over 60 Club Lapford Parish Church Lapford Poppy Appeal Organiser Lapford Project 2000 (LP2K) Lapford Revel Lapford Victory Hall & Lower Town Place Lapford Village Archive Lapford Village Market Lapford Voluntary Car Aid Lapford Youth Club Management Committee Lapford Youth and Playing Field Trust Lower Town Place Gardening Group North Creedy Choral Society Nymet Rowland Village Pump	Miss Briony Clinch Mr Steve Munday Mrs Cat Seymour Mrs Trish Mumford Mrs Beccy Fletcher Mrs Carol Worsdell Mrs Joan Graham Mrs Caroline Noon Mrs Sue Briant-Evans Mr Mark Tanner or Mrs Sue Briant-Evans Mr Darren Crump Ms Audrey McCormack Mrs Stacey Lumsdon Mrs Grace Hill Mr Steve Keable Mr Roy Andrews Mr Andy Epstein Mrs Patricia Robottom Liz and Roland Smith	07925 0410172 07798 684225 / steve@themundays.org 01363 884432 / cathryn_seymour@outlook.com 01363 83911 / james@mumfordj.plus.com 01363 884211 / lapfordlookout@gmail.com 07368 860835 / lapfordover60@yahoo.com 01363 83047 / jemg47@aol.com 01363 83863 / lapford.pao@gmail.com 01363 83763 / susanbriantevans@gmail.com Gryff_raven@hotmail.co.uk or 01363 83763 / susanbriantevans@gmail.com 07960 715553 / darrencrump99@hotmail.co.uk 01363 779462 / archivelapford2022@gmail.com 07891 556884 / lapfordvillagemarket@gmail.com 07891 556884 / lapfordvillagemarket@gmail.com 07967 655045 / lapfordyouthclub@gmail.com 07969 823256 / roy.andrews1950@icloud.com amepstein55@gmail.com 01363 884495 / patricia@serafim.eclipse.co.uk 01363 884446 / pump@incywincyweb.com
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk

