

LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER



Year 28 Issue 10 October 2024





LAPFORD'S FUTURE

PUBLIC CONSULTATION EVENTS

FRIDAY 4TH OCTOBER: 2PM - 9PM

AND

SATURDAY 5TH OCTOBER: 9AM - 2PM

VICTORY HALL

ARE YOU INTERESTED IN WHAT THE FUTURE HOLDS FOR LAPFORD?

Lapford Parish Council is looking to put a plan together to help provide the things **YOU** want for the future, for all ages.

Have **YOUR** say at the community event around a range of topics:

- Affordable housing
- Youth facilities
- Open spaces
- Events
- Employment





Facilitated by Devon Communities Together. For more information please contact:

info@devoncommunities.org.uk

01392 248919





LAPFORD VILLAGE SHOW 7th September 2024



The Lapford Village Show took place on 7th September and we would like to thank everyone who entered this year. There were some wonderful entries including some very creative tea cosies, stunning dahlias, and some fun decorated pegs to mention but a few.

It was our aim to try to get more non-gardening club members to take part and I feel we achieved this. It was lovely to see some new faces submitting entries. Remember this is a 'show for all' and with lots of different classes including fruit and veg, flowers, crafts, baking, photography and a children's section there should be something for everyone to try for.

A new category this year was sloe gin which attracted a good number of entries and the judges very much enjoyed 'sampling' them all!

Well done to all who took part and congratulations to prize winners and cup winners. Also a thank you to the ladies of 'The ARK' for providing cream teas and cakes on the day.

Keep a look out for next years schedule which will be put into the Lapford Lookout early next year (so you can plan ahead). We very much look forward to a hopefully well supported show next year.

Rachael Clayburn and Heidi Becker - Show Secretaries

PRIZE WINNING APPLE CAKE Made by Helen Cook

Ingredients

190g/7oz. Self raising flour

150g/5oz. Butter

75g/3oz. Castor sugar

1 Egg

325g/12oz. Cooking apples

2tbsp. Apricot Jam

2tbsp. Granulated or Demerara sugar

Salt/Lemon Juice/Icing sugar/ground cinnamon

Method

- 1. Set oven to 160 degC/325 F/Gas Mark 3
- 2. Grease and line 20cm/8" cake tin (at least 4cm deep)
- 3. Sieve flour and a pinch of salt
- 4. Cream butter and caster sugar until light and fluffy
- 5. Beat in egg
- 6. Fold in flour and salt
- 7. Using a lightly floured board, pat or roll out 3/4 of the mixture and fit into base of cake tin
- 8. Peel, core and slice apples squeeze a little lemon juice over to keep the colour
- 9. Arrange overlapping slices on cake mixture
- 10. Heat jam and brush over apples, sprinkle cinnamon if you wish
- 11. Take small pieces of remaining mixture, roll into strips with floured hands and arrange a lattice pattern over the apples
- 12. Bake on the middle shelf for 1 hour
- 13. Remove from tin and cool on a wire rack
- 14. Dust with icing sugar and serve cool or cold

Happy Baking!



Lapford once again held the annual Village Show on Saturday 7th September. We were treated to a wonderful array of exhibits which were the result of a lot of hard work by all concerned.

Thanks to the efforts put in by all in putting on this show, and to the ladies from The ARK, who provided tea and cakes to all present. Here's looking forward to another great show next year, with even more entries.

Pictured above are some of the cup winners:

Peter Heal (Best in Show and Best Flower Exhibit)

Heidi Becker (Photography/Best Veg Exhibit/Flower, highest points/Highest Overall Points) **Briony Clinch** (Best Homecraft) **Helen Andrews** (Best Floral Art)

Trisha Mumford (Highest points for Veg/Club Potato-second year running).

Other winners were:

Sue Harle (Best Craft) Amanda Bailey (Best Fruit)

Warren Clayburn (Fruit, Highest Points)

Awalia Gallo (Sunflower cup)

Penny (Under 5 years)

Florence Mills (6-12 years)

We also had a new class this year in the homecraft section— Sloe Gin of which there were many entries, and a good time was had by all!

Jeanne Whittaker





DATES TO LOOKOUT FOR

October

5th-6th Lapford Neighbourhood Plan Event 8th Lapford Parish Council meeting, 7.30pm

8th Lapford Gardening Club, Get off slug! The ARK, 7.30pm

12th HOLD AGM, Victory Hall, 11am

14th Copy deadline for November Lapford Lookout, 6.00pm

17th Lapford & District Over 60 Club trip to Plymouth

17th Ladies of Lapford social evening

19th Friends of Langannerie Big Breakfast, Victory Hall

19th Chawleigh Village Market, 10.00-12.00

23rd October Lunch in The ARK, 12.00

26th Lapford Village Market, Victory Hall, 10.00-12.00

31st Lapford & District Over 60 Club Meeting

November

6th LVCA AGM, Orchard Centre, 3.00pm

11th Lapford Project 2000 AGM, Orchard Centre, 7.30

12th Lapford Gardening Club, Metal supports and sculptures, The ARK, 7.30pm

12th Lapford Parish Council meeting, 7.30pm

14th Copy deadline for Dec Lapford Lookout, 6.00pm

16th Congs' Big Breakfast

19th Chawleigh Village Market

20th Lapford & District Over 60 Club trip to Street

23rd Lapford Parish Church Christmas Fayre and Village

Market, Victory Hall, 10.00-12.00

28th Lapford & District Over 60 Club Meeting

30th Christmas Fayre at The ARK, 10.00 am

30th Christmas in Crediton, 1.00-6.00pm

December

6th Christmas Fayre at The ARK, 10am - 1pm

6th Lapford Pensioners Lunch, Victory Hall, 12.00pm

7th Parish Church Grand Christmas Fayre, 10-12 noon

7th Christmas Craft Fayre at Primary School, 2-4.00pm

8th Exmoor Carolers, Victory Hall, 4pm

10th Copy deadline for Jan Lapford Lookout, 6.00pm

10th Lapford Gardening Club, Christmas Decorations and

Social, The ARK, 7.30pm

10th Lapford Parish Council meeting, 7.30pm

14th LAFC Big Breakfast, Victory Hall

21st Chawleigh Village Market

Future Dates

14th Jan Lapford Parish Council meeting, 7.30pm

31st Jan Quiz at Victory Hall for Celebrations Committee

11th Feb Lapford Parish Council meeting, 7.30pm

11th Mar Lapford Parish Council meeting, 7.30pm

8th May Lapford's VE Day Commemorations

28th June LYPFT Vintage Rally

Lapford Lookout

11th, 12th, 13th July 2025 - Lapford Revel

Please send your Dates to Lookout For to lapfordlookout@gmail.com



Café, Bar & Live Music Venue

Bar opens 6.30pm Thursday (open mic / jam nite!), Friday & Saturday

Weekend Breakfast Café

Serving good English country breakfasts Saturday & Sunday from 9.30am to 2pm

Self~catering Holiday Cottage

Four acre grounds with private fishing.



Website & Facebook

FOR FUTURE EVENTS AND ENQUIRIES

WWW.LAPFORDMILL.UK ~ 07815 795 918

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LAPFORD LOOKOUT



Contributions welcome

lapfordlookout@gmail.com

Deadline for inclusion in the next issue: 6.00 p.m. on the 14th Oct for inclusion in the Nov issue

"The less you talk, the more you are listened to." Abigail Van Buren, 1918-2013, American journalist



DATE FOR YOUR DIARY

There will be a quiz in the Victory Hall at 7.30pm on Friday 31st January 2025 to raise funds for future Lapford Celebrations

LAPFORD YOUTH PLAYING FIELD TRUST

will be running the October VILLAGE MARKET on 26th October.

We will have the usual bacon/egg rolls and toasted teacakes, but will also offer a "PRISON BREAKFAST", consisting of Porridge with various toppings to warm you up!!

Do come along and support the Playing Field Trust as we raise money to keep the Playing Field open and accessible to all, as

well as supporting all the local producers.

See you there!!

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CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU

All the Churches welcome everyone to any of their services and social events.

We look forward to fellowship with you.



THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

All are welcome—Refreshments served after services

Contacts:

Churchwarden: Joan Graham - (e) jemg47@aol.com (t) 01363 83047

Services:

1st, 2nd & 3rd Sundays – Lay Led Morning Prayer – 9.30 a.m. 4th Sundays – Common Worship Eucharist – 9.30 a.m. 5th Sundays – See announcements on Church notice board

This month:

Sunday 6 th	9.30am	Trinity 19	Lay Led Morning Prayer
Wednesday 9 th	10.30am		BCP Holy Communion (1662)
Sunday 13 th	9.30am	Trinity 20	Lay Led Morning Prayer
Sunday 20 th	9.30am	Trinity 21	Lay Led Morning Prayer
Sunday 27 th	9.30am	Last Sunday after Trinity	Common Worship Eucharist

The Parish Church Xmas Fayre and Grand Hamper Draw is on Saturday November 23rd in the Victory Hall.

Tickets will be on sale from mid-October



LAPFORD CONGREGATIONAL CHURCH

Contacts:

Cat Seymour 884432 Helen Wyatt 07964 855677 Carol Worsdell 07368 860835

email: lapfordcongregationalchurch@gmail.com www. facebook.com/lapfordcongregationalchurch

Services:

Services every Sunday at 11.00 a.m.

Communion will be held on the second and fourth Sundays

Preachers for this month:

6th October- Mervyn Bird

13th October- Joint Harvest Service at Congregational Church

20th October- Rev. Catherine Booton

27th October- Kevin Dudman

Messy Church- 11th October



LAPFORD COMMUNITY CHURCH

Contacts:

Briony Clinch - Tel: **83666** www.lapfordcc.org.uk

Services:

Meets every Sunday morning at 10.30 a.m. in the Victory Hall with refreshments served from 10.00 a.m.

Connect Groups meet during the week at either 7.00 p.m. or 7.30 p.m.

Please visit our website for information about the Foodbank and The ARK.

Our website will also give you more information about other Church activities.

THE UK WILD OTTER TRUST

The UK Wild Otter Trust was founded in 1998 and celebrated becoming a UK-registered charity in 2016. The core activity of the charity is rescuing, rehabilitating and releasing back into the wild, orphaned and injured Eurasian otters. The fully voluntary team at the UK Wild Otter Trust promotes a positive understanding of otters, and works together with other otter groups and angling bodies to research and improve understanding of otter biology and ecology.

Each year, the centre in North Devon sees upwards of 20 otter cubs come through the doors, to be treated and cared for until they're healthy and independent enough to be released back into the wild. The charity has gone from strength to strength, with the 2023 reveal of a dedicated otter-ambulance specially kitted out to save cubs, and the opening of a brand new otter hospital on the site in 2024. This year alone, 24 otter cubs have been rescued by volunteers at the charity and given a second chance at life.

Not only does the charity rescue and rehabilitate otters at the dedicated facility in North Devon, over the years, the team, led by Dave Webb, the charity's founder and CEO, has spearheaded many public campaigns to promote the wellbeing of wild otters in the UK and around the world. From the "Slow Down for Otters" road traffic awareness campaign which highlighted the upsetting numbers of otters being killed, harmed, or orphaned by motorists, to information on what to do if a member of the public finds an injured or alone otter cub, the charity has been hard at work over the last 26 years building public knowledge and awareness of the animals.

Not only does the UK Wild Otter Trust advocate for the safety and protection of otters and rescue, treat and release cubs, the charity works alongside fishery owners and anglers to further support otter populations.

Communications Team - UK Wild Otter Trust

Summer Hales (Fundraising & Communications Officer)
Hatty Brady (Communications Officer)
Craig Thomson (Communications Officer)
Georgia Tromans (Communications Officer)

www.ukwildottertrust.org Charity Reg No: 1167746 Company No: 15368551







LADIES OF LAPFORD MEETINGS (LOL)



Come and join us in The ARK at 7.30 p.m.

Thursday 17th October

Please join us for our social evening, wine and snacks

We always welcome new members.

Come and join us!

THE ARK DISPLAYS

The display in The ARK will be open for the next few weeks and copies of the Village Trail can still be picked up from there and returned there for marking.



See page 8 of this issue of the Lookout for Walk 1.

DEVON BRANCH LINES

The Folklore Library & Archive is delighted to announce that it has been awarded a generous grant from GWR's Customer & Community Improvement initiative, which seeks to support rail-related community engagement projects.

The money will fund a heritage project focused on collecting and preserving people's memories of Devon branch lines, with particular focus on the Exeter – Okehampton line, which is the first to be reinstated after falling victim to the Beeching cuts of the 60s and 70s.

The Folklore Library & Archive, which is a registered charity, is hoping to record people's recollections about the line, and to digitise and preserve old cine film and photos. The charity is also happy to receive donations or loans of artefacts.

Project manager Tracey Norman said, "The Okehampton line is unique, as it's the only branch line which has been reinstated so far, and there will still be people living who travelled on it prior to its closure, experienced its loss in 1972, and can now travel on it once again. We want to capture those special memories, preserve them and make them available to future generations of train enthusiasts, researchers and historians."

The charity is inviting anyone with memories to share about Devon's branch lines, especially Okehampton, to get in touch — passengers, staff, volunteers, drivers, and those who campaigned for the line's reinstatement.

"We'd also love to hear from any rail-related groups," Tracey said. "As well as a wealth of fascinating memories, they are also likely to have extensive collections of photos and video footage, which we can assist with preserving, digitising and safely archiving for the future."

A short video presentation explaining the project can be found on the Folklore Library & Archive website at www.folklorelibrary.com, and anyone interested in sharing memories or artefacts with the project can contact Tracey Norman at devonrailwayheritage@gmail.com

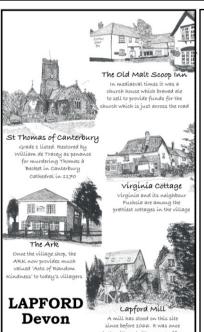
LAPFORD VOLUNTARY CAR AID **AGM**

6th November 3.00 p.m. **Orchard Centre**



All are welcome





THE **LAPFORD T-TOWEL**

Drawn and designed locally to raise funds to support our Parish An attractive Church. and extremely useful present or souvenir.

On sale for £10.00 in The ARK, at Village Markets, and village events, or please contact:

pruelambert@yahoo.co.uk





Steve Keable

Every 4th Saturday 10.00 to 11.00 **Victory Hall**

Please do raise any council issues you have with Steve

Surgery

INTERESTED IN ARCHIVING

ANYTHING AND EVERYTHING?

Lapford Weather Review

Lapford Weather August 2024

nights. Another dry month.

The warmest day was the 11th with a maximum of 24.7°C and the coolest was the 24th with a maximum of 16.6°C. The warmest night was on the 12th when the temperature remained above 17.3°C and the coolest night, on the 30th, saw the air temperature fall to 5.6°C. The temperature at grass level fell to 2.1°C on the 17th.

Total rainfall was only 25.2 mm, just a third of the average for August. The wettest day was the 23rd with 4.5mm.

The windiest day was the 22nd with a gust of 39 m.p.h.

The summer period (June-August) has been slightly cooler than average (the coolest since 2015), based on records going back to 1988. Total rainfall for the summer was 125.3 mm, which is little more than half the average, so a dry summer

following on from a mild wet winter and spring. The hottest day of the summer was July 31st with a maximum of 27.9°C, very much an average warmest day compared with previous years.



Slightly milder than average thanks to some warm cloudy

SOUTH WEST HERITAGE TRUST

THE FOLKLORE LIBRARY

www.folklorelibrary.com

library.

Devon Heritage Centre holds all types of historical archives relating to the county of Devon and the City of Exeter (excluding Plymouth.) They include records of churches and chapels, of county, district and parish councils and of many families, estates, schools and other organisations. The West Country Studies Library is also located here.

Volunteer-led non-profit organisation aims to preserve and

make freely available materials for research. Based in Crediton

https://swheritage.org.uk/devon-archives/visit/visitingexeter

THE NATIONAL ARCHIVES

Explore 1,000 years of history. Help with your research. Explore the catalogues. Plan your visit.

https://www.nationalarchives.gov.uk

LAPFORD HISTORY

Buildings, people, organisations and Very local history. ancient history from the beginnings of the village of Lapford. And many fascinating stories of the people that have lived

https://lapfordhistory.co.uk

Andy Epstein

Creditonal IS

Sat 12th

OCTOBER PROGRAMME

Thurs 3rd Music : Jazz on the Green 7pm Fri 4th Theatre : Ballad of the

Theatre: Ballad of the Underwater Daughter 7.30pm

Thurs 10th Storytelling

Tell a Child in Gaza 7.30pm Music: Suthering 7.30pm

Fri 18th Music: Songwriters at Live Lounge

7.30pm

Fri 25th Dance: Plue 7.30pm

Sat 26th Family Theatre: Minny Stynker 2pm

SANDFORD SUMMER SHOW – FOLLOW UP ARTICLE



The Sandford Summer Show is definitely back! A fantastic array of competition entries in all the categories delighted the many visitors who came along to Sandford Parish Hall on a sunny August bank holiday Monday afternoon.

Much care and attention had been paid by all the entrants to show off their creativity and skill whether it was in the handicraft, photography, cookery, floral art or produce sections. It was great to see the many children's contributions including the lovely wall displays created by the pupils at Sandford School.

Flowers and greenery were walking off the plant stall as visitors took advantage of the opportunity to buy plants kindly donated by many local green fingered gardeners. This was matched by the tea and cake consumption as volunteers served the hungry and thirsty crowd and queues at the raffle stall as Margaret Phillips worked her magic to sell hundreds of tickets.

As well as the prize giving and presentation of cups, there was a special presentation of a plaque to Tony Wright in recognition of being the longest serving Chair of the show.

None of this would have been possible without the amazing support of local businesses, the judging team, the organising committee and the many volunteers who helped set up and run the stalls at the show.

We can't wait to see what next year will bring!

Valerie Blake

On behalf of the Organising Committee



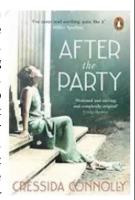
"The less you talk, the more you are listened to." Abigail Van Buren, 1918-2013, American journalist

LAPFORD BOOK CLUB REVIEW

AFTER THE PARTY by CRESSIDA CONNOLLY

The story starts in 1938 when Phyllis Forrester and her family return to England after several years abroad. Phyllis was one of three sisters from a wealthy upper class family, she moves in with one of her sisters before her husband and children sort out their own home. She soon joins in with the social life which includes a political summer camp where she gets involved with the running of the camp to help entertain her children. There is frequent mention of the much admired "leader", a charismatic man who they think will help to prevent Britain becoming involved with the war that they all fear is coming.

Phyllis helps in a minor way with running his campaign while at the Summer Camp, filling envelopes, arranging meetings and booking speakers. Hugh is more involved, frequently travelling to London to work in the campaign headquarters. It slowly becomes clear to the reader that the Leader is Oswald Mosley, Phyllis learns about the idea that Britain must simply withdraw from the League of nations and become self —



sufficient. She remains in the country with the children, leading a quiet life, continuing to gozs to the Summer Camp, she actually meets Mosley but does not actually speak to him. She becomes involved with the Woman's Peace Campaign rallies, not as a speaker but working behind the scenes.

By May 1940 Hugh and Phyllis's privileged life hasn't changed much, until one morning police arrive. They search the house and find an old service revolver hidden in one of the children's bedrooms. The Forresters are arrested and taken to London where they are separated and imprisoned, Phyllis in Holloway where she remains for a year (she finds out that one of the other inmates is Lady Diana Mosley).

In 1941, the female internees are moved by train to Liverpool docks where they board the Isle of Mann Steam Packet. Phyllis was first placed in a boarding house in Port Erin, then to the married quarters in Douglas where she was joined by Hugh. They remained on the Isle of Mann until 1943 when they were returned to England, eventually being able to return to their home in Sussex. Hugh died in 1979 leaving Phyllis very poor, no longer able to live in the family home. She became a ladies companion in Sheffield.

There was so much more to this story, the writing is beautiful and very easy to read. We all, with the exception of one person, really enjoyed it. It lead to quite a long discussion, we realised that, although we all knew about Oswald Mosley, apart from his name, we didn't know very much about his influence and how it affected the people who supported him. I would highly recommend After The Party and will now see if I can find any more books written by Cressida Connolly.

Jill Doe

WALK 1

OS Explorer Sheet 113

Distance: 3 3/4 miles

Approximate time: 1 1/2 hours

Start point: Lapford Village car park

Grid ref: SS 732083

Type of walk: Easy

1. Turn right out of the car park and walk down the hill past the Old Malt Scoop. This building is over 300 years old.

2.On the right is the church of St Thomas of Canterbury. There has been a place of worship on the site since Saxon times.

Continue downhill past the ARK, once one of the village stores, now in community use. Here fork left to join a green lane between the farm buildings of Court Barton. Continue along the lane to reach a stile at the bottom.

3.Cross the stile and follow the foot path downhill to the end of the field. Beyond and ahead you can see Bury Barton farm. Just below the buildings banks forming the outline of a Roman encampment are visible. Now you come to footbridge crossing a stream at the end of the field.

4.Pass under the bridge which carries the railway running between Exeter and Barnstaple and known as the Tarka Line.

Proceed straight ahead across the next field to cross another footbridge over the River Yeo, then turn diagonally right up the slope to a stile on to the main road, the A377 running from Exeter to Barnstaple. THIS IS A VERY BUSY ROAD- CROSS WITH CAUTION to a gate opposite. Follow the grassy track diagonally

left up the field to reach a lane. Go through the gate and turn right. Almost immediately you will pass Bury Barton 3. on your left. The barn dates from the 15th century when it served as a chapel. Note the outline of a pointed window in the gable end.



Walk along the lane to Kelland Cross. Take the road straight ahead to the right of the buildings and follow up the hill. Appreciate the view!



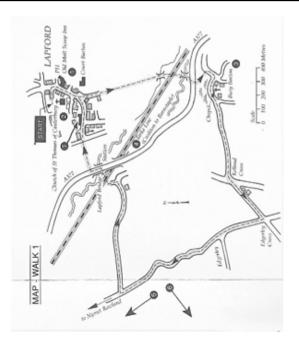
Continue up the hill until you reach Lapford Football Club at Edgerly Cross. Turn right and follow the undulating lane to the next junction. (The lower part of this road is currently in very bad repair and muddy in wet weather).

5. Ahead of you is the village of Nymet Rowland and to the left is the village of Coldridge 6. with its church perched on top of

At the junction turn right again down the hill. Just before the road turns right you turn left just past a barn to join a footpath through a gate. Follow the path downhill, and down steps to cross the railway line at Lapford railway station. PLEASE TAKE CARE WHEN CROSSING THE RAILWAY LINE. Go straight ahead to cross the A377, turn left walk along the road to reach a footpath on your right. (ALWAYS FACE ON COMING TRAFFIC WHEN WALKING ON THE ROAD) Follow the path uphill through two fields to the road. Go straight ahead back up the main street.

7 On the LHS you will pass some thatched cottages, once home to the village's serge making industry. They had a lean-to passage along the whole of their length where the cloth could be spread out. The most northerly cottage used to be the village smithy.

Continue up the street past the church and return to the car park.



PLEASE NOTE!

Lapford Community Church will welcome The Exmoor Carolers to the Victory Hall on Sunday 8th December at 4.00 p.m.



WITHDRAWAL OF WINTER FUEL ALLOWANCE

citizens advice Torridge, North, Mid & West Devon

It was recently reported that already, over 40,000 people in receipt of their State Pension have applied for Pension Credit in the wake of the Winter Fuel Allowance being withdrawn from every pensioner who is not claiming Pension Credit and the announcement that energy costs are set to rise this Winter by around 10%.

Pension Credit is available to single people whose weekly income is less than £218.15 or couples with a weekly income of £332.95. If you receive Pension Credit, you could also be eligible for a number of other benefits to help you make your money go further.

You can apply for Pension Credit online at the gov.uk website if you are already claiming your State Pension or there is a Pension Credit Claim Line open Monday - Friday 8.00am -6.00pm. That number is 0800 99 1234. You can also download or request a form that you can fill in and post. You will need to have details of your income, savings and investments and your National Insurance number. The Department of Work and Pensions has also launched a Pension Credit take-up campaign following the changes in the Winter Fuel Allowance payment. The qualifying week for deciding who will be eligible for the Winter Fuel Allowance is 16th . - 22nd . September 2024 so the 21st. December is the last date on which a fully backdated Pension Credit claim could bring about eligibility for the Winter Fuel Allowance payment. That said, our advice is to ring the Pension Credit Claim Line because the trained advisers on these phonelines can quickly establish which questions are not applicable to individuals and answer any questions as you go along.

The bottom line being that it is well worth a look and if it seems a bit daunting, the people manning the phone lines are trained to help you.

We may also be able to give you some helpful advice regarding fuel economy and efficiencies and we do still have energy vouchers available. Take a look at https://www.citizensadvicetnmwd.org.uk or call us on our free, local AdviceLine number which is 0808 27 87 999.

We are here to help and even if it turns out that you do not qualify for Pension Credit, it may be that we can see other help that is available to you.

How would you like to volunteer with us and help people in our community with problems like this? As demand for our services continues to increase, we can always welcome new volunteers. You will get full training and ongoing support so why not take the first step and contact recruitment@citizensadvicetnmwd.org.uk we would love to hear from you!





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Come and see, phone, email, check out our website or follow us on Twitter to discover what's ready!

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Visit our stall at Lapford Village Market

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blackberrylane.co.uk@gmail.com www.blackberrylane.co.uk



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abigailsbeautyretreat@gmail.com Lapford, EX17 6PZ



Painful Feet?

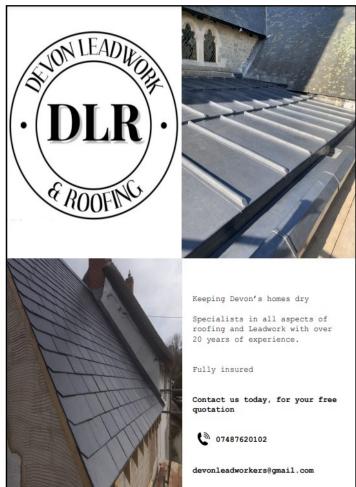
Viv Pulford Foot Health Practitioner

Diploma in Foot Health, and BSc in Adult Nursing. Tel No 01884 861306 or 07827 779559

Nail Cutting and filing Corn Callus Removal Deal with Fungal Infections / Thickened Nails Discounts for two or more people in same house

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tel: 01392 2711734



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tel: 07973617294





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- **EICRs**
- Consumer unit replacements
- Lighting solutions
- Outdoor socket installations
- Fault finding

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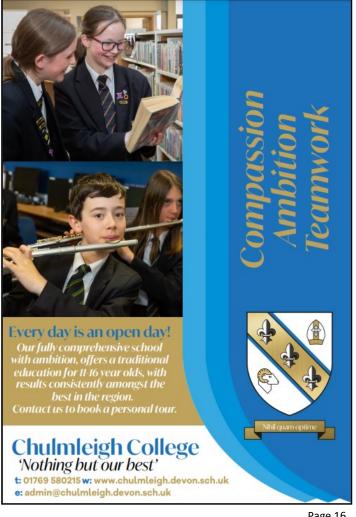
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- Campsite & Devon Wine Shack open 1st May 30th September. For tents/ small campervans. Glamping also available. Booking essential.
- Order wine/gift vouchers and book glamping/camping on our website.
 Contact Esther/Toby for tour booking info and availability

W: www.tenacresvineyardcamping.co.uk E: tenacrescamping@hotmail.co.uk T: (01837) 83892





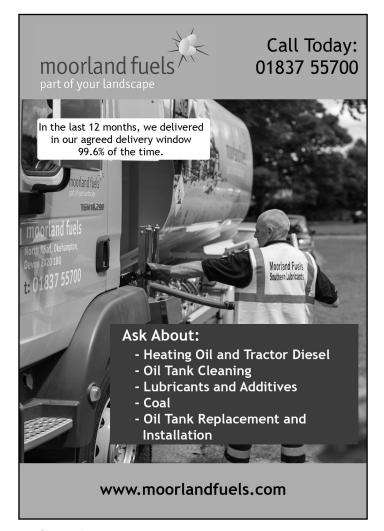
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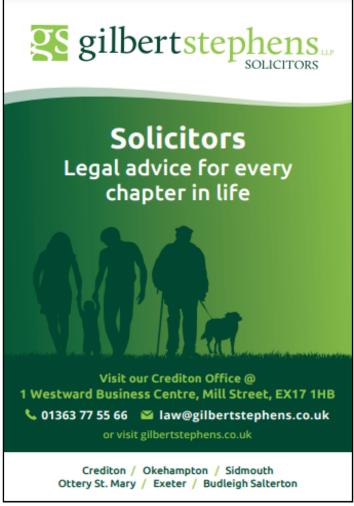
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Page 19 Lapford Lookout

LAPFORD CARNIVAL QUEEN'S FLOAT - SEPT 1955



From left: Janice Gunn, 'Queen' Sylvia Carbert, Maureen Moyes. Page Boy Stephen Challacombe.

Picture courtesy of Ann Cann

What do you call a can opener that doesn't work?

A can't opener.

HOME SECURITY ADVICE

A timely reminder to all to ensure you keep your properties locked and secure at night and to keep your keys out of reach and out of view.

Burglars are often opportunistic thieves who prey on houses and flats. They seek out any opening that they can take advantage of, specifically doors and windows that are left open or unlocked or are easy to force. Anything of value that they might spot through a window will only spur them on. But it really doesn't take much to deter these thieves — just smart thinking.

Burglar facts

- Burglars target homes that they think will contain valuables. A sure giveaway is leaving packaging from expensive items outside your front door
- Burglars often look for homes with windows or doors left open or with vulnerable features that they can exploit
- Burglars are aware of the times when someone is expected to be away from their house such as during the school run or holidays
- Burglars typically do not want to be seen or heard and if they feel that they would be noticed by a neighbour or passerby then they are more likely to feel exposed and may move on to find somewhere else to burgle
- Burglars often choose a home because they've spotted a specific vehicle, motorcycle or bicycle they want to steal – and the keys are more than likely to be inside the residence
- Sheds and garages are often vulnerable as they are not that secure and contain tools which the burglar can use to assist them to gain entry to a home
- It's a fact that many burglars return to homes that they've previously burgled because the homeowner failed to upgrade security following the first burglary. They sometimes return to an area to try to burgle a nearby home that they spotted while committing a previous break in. Even more reason for you to ensure you keep your home as safe as houses

OLD FASHIONED APPLE CHUTNEY

Sustainable Crediton

Don't waste those apples! Chutney is a good way of using up windfalls.

www.sustainablecrediton.org.uk

1 ½ lb (750g) apples (peeled and cored)

3/4pint malt vinegar (350ml)

8oz (200g) Demerara sugar

6oz (150g) sultanas or raisins

2oz (50g) finely chopped stem ginger

3 cloves garlic, crushed

1 teaspoon mustard powder

½ teaspoon ground ginger – or fresh grated ginger

1 teaspoon salt

¼ teaspoon cayenne pepper

Place the apples in a saucepan with the vinegar and cook until the apples are soft. Add the remaining ingredients and cook the chutney gently until thick, this will take about 25-30 minutes. Pour into sterilised jars and seal.

Paul Cleave

PUZZLE CORNER Mixing It Up



Can you name these classic cocktails?

- 1. Vodka, tomato juice and lemon juice
- 2. Gin, cherry liqueur, Cointreau, Benedictine liqueur, grenadine, pineapple juice fresh lemon juice and Angostura Bitters
- 3. Vodka, tequila, white rum, triple sec, gin, lemon juice, gomme syrup and cola
- 4. White rum, lime juice, mint, sugar and soda water
- 5. Tequila, triple sec, lemon or lime juice
- 6. Vodka citron, triple sec lime juice and cranberry juice
- 7. Vodka, Galliano and orange juice
- 8. Vodka and orange juice
- 9. Vodka, coffee liqueur and cream
- 10. Rye or Canadian whiskey, sweet red vermouth, Angostura Bitters and maraschino cherry.

ON THE CHURCH GREEN



Unknown, Margey Moore, Mrs Voden, Mrs Harry Partridge, Unknown.

Photo courtesy of Ann Cann

LAPFORD GARDENING CLUB MEETINGS

Last month's gathering of gardeners welcomed Bex Flintham who gave us a very detailed talk on Foraging. She explained what to look for in each season, and showed us that could help some books identification. Apparently there has been an



increased interest in this so called food for free and there are plenty of recipes on the internet for how to use your gatherings. At the end of the evening we were able to sample some elderflower cordial that Bex had brought along.

Next month's meeting will be another hands on session as Sandra Munday is going to bring along some alpaca fleece and show us how to make slug deterrents. We shall also be reviewing this year's Show and start to plan for 2025.

> Tuesday 8th October at 7.30pm At The ARK

> New Members always welcome

PUBLIC CONSULTATION EVENT LAPFORD'S FUTURE

As you will see from the leaflet delivered with the Lapford Lookout, this event is taking place on Friday 4th and Saturday 5th of October.

Your ideas and views are vitally important for the future of Lapford.

Please come along at anytime to suit you, and have your say.

Looking forward to seeing you there.

Julie Down Chair **Lapford Parish Council**

A LIFESAVING INITIATIVE: HOW LAPFORD FOOTBALL CLUB SECURED A PORTABLE DEFIBRILLATOR.

At Lapford Football Club, ensuring the safety of our players and supporters is always a top priority. Our journey to acquiring a portable defibrillator (AED) began with quite a few discussions about how a lot of younger, fit sports people seem to be suffering with sudden heart attacks. The question was posed as to how the club would manage such an emergency on a match day, whether it was a player or one of our spectators. It was They were happy to support us and recommended the type of recognised that someone would have to get in a car to get to the nearest defib – being in the centre of the village, all of which turned to how it might be a good idea to have a defibrillator of for the club. our own.

Lots of discussions were held but there always seemed to be a block to the idea, the main one being the lack of mains electric, remoteness of the clubhouse and being able to regularly check defibrillator was delivered to the club. the machine, along with the cost of purchase.

After some research, the idea of getting a portable defibrillator was born which would suit the club's requirement much better and be even more beneficial as we could take it with us to away matches, therefore being beneficial to both teams.

As these machines are extremely expensive and we wanted to ensure we got the most suitable, we approached Devon FA for death among young people.

Jay's Aim focuses on three main areas:

- **Defibrillators:** The charity provides public access defibrillators (PADs) to places in need, including sports clubs, schools, and community hubs. These defibrillators can be crucial in saving lives during a cardiac arrest.
- Training: Jay's Aim offers free CPR and AED training sessions to the public. This training equips individuals with the skills to respond effectively in an emergency.

Screening: The charity supports cardiac screening initiatives for young people and promotes awareness of cardiac risk in the young. Early detection and prevention can help to reduce the risk of sudden cardiac death.

Through its efforts, Jay's Aim is making a significant impact on the community by increasing access to defibrillators, improving CPR skills, and raising awareness of heart health issues among young people. For more information visit – <u>www.jaysaim.co.uk</u>

portable defibrillator that would be the most suitable and were happy to supply it for a donation to the charity of £250 (a wasted valuable time in getting treatment. Our thoughts then quarter of the full cost). They would also provide CPR training

A Just Giving page was set up and advertised on Facebook which produced a phenomenal response from the local community as well as people further afield. Within 48 hours we had exceeded which is needed to keep the defib charged, security around the our goal and by the end of the following week our portable

> We would like to thank everyone who made our vision a reality including all the donors, Devon FA for pointing us in the right direction and of course Jay's Aim for their support, funding and provision of the defibrillator.

Quoting from Dan Osbourne (Jay's Aim) "We were delighted to be able to provide and part fund a portable defibrillator and CPR/defib training for Lapford Football Club. Of course, we hope advice and to see if there was any funding available for such an it is never needed, but it is great to know that all members of the initiative. They pointed us in the direction of Jay's Aim – a club are that little bit safer should someone suffer from a sudden Southwest charity that aims to reduce the rate of sudden cardiac cardiac arrest. We would also like to thank Lapford Football Club for coming together and fundraising for their contribution towards the defibrillator so quickly."

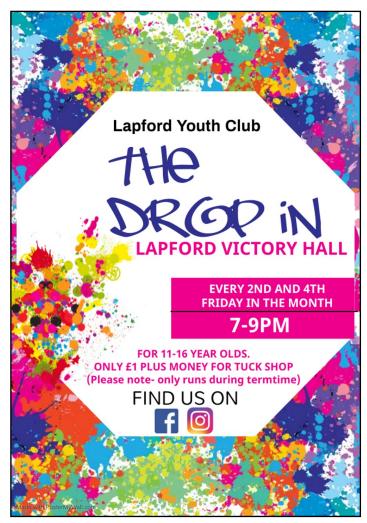
> Sarah Stapleton **Lapford Football Club Welfare Officer**

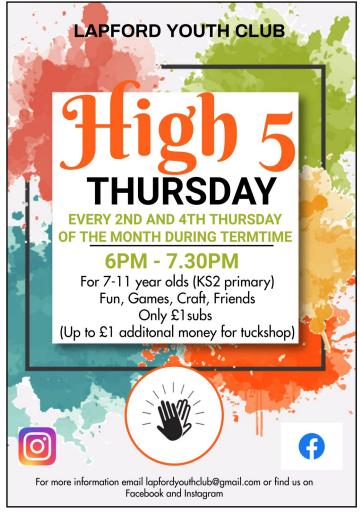










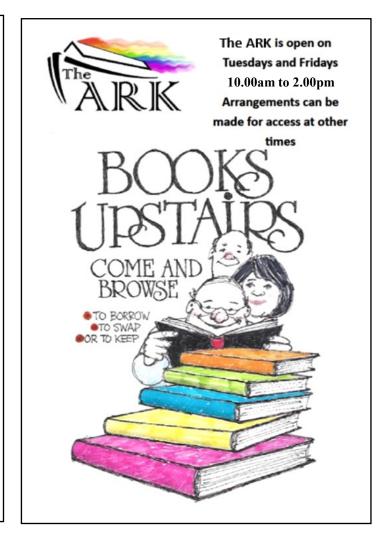


CHAWLEIGH COMMUNITY MARKET

Jubilee Hall, Chawleigh. Saturday 19th October 10.00 to 12.00 am

Stalls, Raffle & Refreshments.

Aromatherapy Oils, Toiletries etc Glassware, Jewellery, Vegetables and Preserves, Meat, Sausagesand Baked Goods, Knitted Items, Hand Made Gifts & Cards, Bread, Bric a Brac, Gluten Free Bakes, Refreshments in aid of RBL Poppy Appeal



CHULMLEIGH RURAL CINEMA



Heartwarming documentary on Isabella Tree and husband Sir Charles (Charlie) Burrell's struggle to breathe new life into the barren, chemically denuded Knepp estate in West Sussex. (PG)

Friday 11th October 2024
The Pavilion, Leigh Road, Chulmleigh EX18 7JL
Doors open 6.45pm Film starts 7.30pm
Wine, beer, soft drinks and interval ice-creams for sale
Tickets £5 (Chulmleigh Society members £4.50) on the door

Coming shortly
Friday 8th November Swede Caroline (15)





PLEASE REMEMBER THE COPY DEADLINE FOR CONTRIBUTIONS TO THE LAPFORD LOOKOUT IS THE 14TH OF EACH MONTH



LAPFORD OUTREACH POST OFFICE

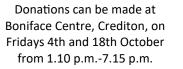


OPENING HOURS:

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ASK A COUNCILLOR

A Parish Councillor wearing an identification badge will be present at each monthly Village Market in the Victory Hall.

This will give an opportunity for parishioners to raise issues which the Council might be able to help with or to answer questions related to Council business.



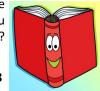
Lapford Parish Council



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Do you have difficulty in getting to Crediton Library and carrying heavy books home to read? Would you like us to

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ARMED FORCES VETERANS BREAKFAST CLUB

The Armed Forces Veterans Breakfast Club meets on the third Saturday of the month at Jen's Café in the Square at North Tawton From 0930-1130 hours

Open to all Armed Forces and Reservist Veterans of all three Services.

For more information please contact Ian on 07879 881159

Chulmleigh & District Garden Society

Oct 7th Chulmleigh Town Hall 7.30pm



With James Kendrew

> New members welcome Guests £3.00



LAPFORD'S DEFIBRILATORS

One is on the outside of The Orchard Centre in Orchard Way

What 3 Words app location: emperor.stated.stapled

There is another defibrillator at Rose Removals. It can be found in the red telephone box in front of the building.

Access through the front car park and up the stairs, about 200 yards from the main gate.

(Pedestrian access around the side out of hours).



What 3 Words app location: inert.depend.smart



LAPFORD LOOKOUT TO CONTACT THE EDITOR



Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, Crediton, EX17 6PR

Tel: (01363) 884211 or 07791 989142 **E-mail:** lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox *Contributions are welcome, to be used at the Editorial Team's discretion.*

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

The views in this newsletter do not necessarily represent the views of the Editorial Team.

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LAPFORD PARISH COUNCIL — www.lapfordparishcouncil.org.uk

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(Vice-Chair)
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USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444 CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping ~ 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings
 @Devon ~ Exeter: 07990 790 920 or
 Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561

PF00 12000

LAPFORD LOOKOUT ADVERTISING RATES AND POLICY



Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

One eighth page: £7 per month.
One quarter page: £14 per month.
One half page: £28 per month.
Whole page: £56 per month.

Pay for twelve months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.

LAPFORD WEBSITES

www.lapfordhistory.co.uk
www.lapfordparishcouncil.org.uk
www.lapford-primary.devon.sch.uk
www.lapfordvictoryhall.co.uk
www.lapfordvillage.co.uk
www.facebook.com/lapfordparishcouncil





NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT OR A PRESCRIPTION COLLECTED?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares are as follows:

Bow Medical Centre - £6

Chulmleigh Dental Practice - £6

Chulmleigh Health Centre - £6

Crediton (Breast Screening) - £7

Crediton Community Hospital - £6

Morchard Bishop Surgery - £4

Redlands Health Centre - £7

Witheridge Surgery - £6

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

LAST POSTING TIMES AROUND THE VILLAGE



Mon-Fri Saturday 9.00 a.m. 7.00 a.m. **Eastington Cross** Woodland Cottage 9.00 a.m. 7.00 a.m. 9.00 a.m. 7.00 a.m. **Industrial Estate** Highfield 9.00 a.m. 7.00 a.m. Orchard Way 9.00 a.m. 7.00 a.m. Saxtons 9.00 a.m. 7.00 a.m. Morchard Road 9.00 a.m. 7.00 a.m. Copplestone 4.30 p.m. 11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
Adventure Gaming	Mr Warren Clayburn	01363 83095 / wmclayburn@gmail.com
Community Equipment	Mr Darren Crump Mr Steve Keable	07960 715553 / darrencrump99@hotmail.co.uk 07967 655045/ steve.keable@btinternet.com
Friends of Langannerie (twinning) Friends of Lapford Mill	Marion Pratt Mr Alex Gater	01837 82285 / marion174@btinternet.com 07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Stacey Lumsdon	07891 556884 / friendsoflapfordschool@gmail.com
HOLD Home Library Service	Mr Bill Graham Crediton Library	01363 83047 / bg4847@aol.com 01363 772578
Ladies of Lapford (LOL)	LOL Team	ladiesoflapford@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford ARK	Miss Briony Clinch	01363 83788
Lapford Association Football Club	~	lapfordafc@gmail.com
Lapford Book Club	Mrs Jill Doe	01363 83410 / sunnyside@jilldoe45.plus.com
Lapford Celebrations Working Group	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Choir	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com 07891 142436 /
Lapford Church Green Trust	Mr Steven Fletcher	
Lapford Community Church	Miss Briony Clinch	steven.fletcher@lapfordparishcouncil.org.uk
Lapford CP School and Nursery	~	01363 83666 / admin@lapfordcc.org.uk 01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Cat Seymour	01363 884432 / lapfordcongregationalchurch@gmail.com
Lapford Dog Club	Mrs Sara Thurgood	01363 83081 / info@lapforddogclub.co.uk
Lapford Emergency Action Plan Committee	Mrs Sue Briant-Evans	01363 83763 /
		sue.briantevans@lapfordparishcouncil.org.uk
Lapford Foodbank	Miss Briony Clinch	01363 83788
Lapford Handbell Ringers	Mr Steve Munday	07798 684225 / steve@themundays.org
Lapford High 5 (ages 7-11)	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club	Mrs Trish Mumford	01363 83911 / james@mumfordj.plus.com
Lapford Lookout	Mrs Beccy Fletcher	01363 884211 / lapfordlookout@gmail.com 07368 860835 / lapfordover60@yahoo.com
Lapford Over 60 Club	Mrs Carol Worsdell	01363 83047 / jemg47@aol.com
Lapford Parish Church Lapford Poppy Appeal Organiser	Mrs Joan Graham Mrs Caroline Noon	01363 83863 / lapford.pao@gmail.com
Lapford Project 2000 (LP2K)	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Revel	Mr Mark Tanner or	Gryff_raven@hotmail.co.uk or
	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Victory Hall & Lower Town Place	Mr Darren Crump	07960 715553 / darrencrump99@hotmail.co.uk
Lapford Village Archive	Ms Audrey McCormack	01363 779462 / archivelapford2022@gmail.com
Lapford Village Market	Mrs Stacey Lumsdon	07891 556884 / lapfordvillagemarket@gmail.com
Lapford Voluntary Car Aid	Mrs Grace Hill	01363 83178 / lvca2011.19@gmail.com
Lapford Youth Club Management Committee	Mr Steve Keable	07967 655045 / lapfordyouthclub@gmail.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07969 823256 / roy.andrews1950@icloud.com
Lower Town Place Gardening Group	Mr Andy Epstein	amepstein55@gmail.com
North Creedy Choral Society	Mrs Patricia Robottom	01363 884495 / patricia@serafim.eclipse.co.uk
Nymet Rowland Village Pump	Liz and Roland Smith	01363 884446 / pump@incywincyweb.com
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk















