

# LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER



February 2024



susanbriantevans@gmail.com Tel:01363-83763

### CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU

All the Churches welcome everyone to any of their services and social events. We look forward to fellowship with you.



### THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

All are welcome—Refreshments served after services

#### Contacts:

Churchwarden: Joan Graham - (e) jemg47@aol.com (t) 01363 83047

### Services:

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Sundays – Lay Led Morning Prayer – 9.30 a.m.
 4<sup>th</sup> Sundays – Common Worship Eucharist – 9.30 a.m.
 5<sup>th</sup> Sundays – See announcements on Church notice board

#### This month:

4<sup>th</sup> 9.30 a.m. 2<sup>nd</sup> Before Lent Lay Led Morning Prayer
11<sup>th</sup> 9.30 a.m. Last before Lent Lay led Morning Prayer
Wednesday 14<sup>th</sup>, Ash Wednesday 10.30 a.m. BCP Holy Communion. All welcome
18<sup>th</sup> 9.30 a.m. Lent 1 Lay Led Morning Prayer
25<sup>th</sup> 9.30 a.m. Lent 2 Common Worship Eucharist
Wednesday February 14<sup>th</sup>, Ash Wednesday Mission Community CW Holy Communion, 7.00 p.m. at Down St Mary

Lent is very early this year and will be upon us before we know it. We are planning a Lent Course to be led by David Robottom commencing on Monday 19<sup>th</sup> February at 2.00 p.m. in The ARK. All are welcome.

### LAPFORD CONGREGATIONAL CHURCH

#### Contacts:



Caroline Gilpin-Perkins **83674** Peter Lacey **07775 941505** Cat Seymour **884432** Helen Wyatt **07964 855677** Carol Worsdell **07368 860835** 

email: <u>lapfordcongregationalchurch@gmail.com</u> www. <u>facebook.com/lapfordcongregationalchurch</u>

### Services:

Services every Sunday at 11.00 a.m. Communion will be held on the second and fourth Sundays

### Preachers for this month:

4th Feb - Colin Smallacombe - FCN 11th Feb - All Age Service Merril with breakfast from 10am 18th Feb - Merril and Church Meeting 25th Feb - All Age Service Cat 3rd March - Mark Perkins

### LAPFORD COMMUNITY CHURCH

#### **Contacts:**

Briony Clinch - Tel: 83666 https://www.lapfordcc.org.uk/

#### Services:

Meets every Sunday morning at 10.30 a.m. in the Victory Hall 4th Sunday of the month is Family Service Fellowship Group on Wednesdays 7.00 p.m. upstairs in The ARK

Please visit our website for information about the Foodbank and The ARK. You will also find lots of information about Church activities and on-line services.



### LAPFORD LOOKOUT

Contributions welcome

lapfordlookout@gmail.com

Deadline for inclusion in the next issue: 6.00 p.m. on the 14th Feb. for inclusion in the March issue



### LAPFORD WEATHER NOVEMBER 2023 and ANNUAL REVIEW

December was both milder and wetter than average.

The mildest day was the 27th with a maximum of 12.8°C and the coolest was the 1st with a maximum of 3.8°C. The coldest night was on the 3rd with a minimum of -6.0°C (yes, the month really did start on a very chilly note) and a very sharp frost on the grass (-10.0°C).

Total rainfall in December was 140.8 mm, the wettest day being the 30th with 14.5 mm. The last four months of the year produced over 480 mm rain (over 18" in old money). Plenty to have filled up the reservoirs you would have thought.

The windiest day was the 20th with a gust of 53 m.p.h. The 27th and 31st both also had winds gusting over 50 m.p.h.

Overall 2023 was milder and wetter than average. The mean temperature of 11.2°C was fractionally higher than my previous record in 2014. The mean maximum temperature for the whole year was 14.8°C (not a record) and the mean minimum was 7.6°C. This latter figure was the highest I have yet recorded indicating an unusually large number of cloudy mild nights.

Both September and October had higher than normal daytime maxima, in fact the 29.1°C recorded on September 8th made this the warmest day of the year.

The total rainfall of over a metre (1101.4) made this the wettest year since 2012. The wettest day was March 8th which saw a fall of 41.5 mm, a new record for a March day here.



#### Andy Epstein

### LAPFORD REVEL

Plans are afoot for this summer's Revel on July 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup>-, centred around the theme of Fantastical Lapford.



Here is an advance invitation for local groups and clubs to advertise themselves, and/or raise some money by having a stall at the Revel Fayre on Lower Town Place on Saturday 6<sup>th</sup> July. This seems a long way ahead now, so there is plenty of time to get planning!



### February

- 10th Lapford Pagans Drum Session, Victory Hall, 7pm
- 13th Lapford Parish Council, Orchard Centre, 7.30pm TBC
- 14th Copy deadline for March Lapford Lookout, 6pm
- 15th Ladies of Lapford, talk on fragrances 7.30pm
- 15th Craft at The ARK, 10.00-12.00
- 18th Lent course begins, The ARK, 2.00pm
- 24th Lapford Village Market, Victory Hall, 10.00-12.00 Lapford's District Councillor and a Lapford Parish Councillor will be in attendance from 10.00-11.00am
- 24th Lapford Revel Quiz, Victory Hall, 7.30pm
- 25th Crocus & Cream Teas at East Worlington, 1.30-5.00pm
- 28th Two Course Lunch, The ARK, from 11.30am
- 29th Over 60s, Coffee & Conversation and a talk by Audrey from Lapford Archive, The ARK, 3.00pm

### March

- 3rd Crocus and Cream Teas at East Worlington, 1.30-5pm
- 14th Copy deadline for April Lapford Lookout, 6pm
- 16th Bingo Night in aid of Lapford School
- 21st Craft at The ARK, 10.00-12.00
- 21st Ladies of Lapford, talk on fdriving safely 7.30pm
- 23rd Lapford Village Market, Victory Hall, 10.00-12.00
- 30th LVCA Musical Evening, Victory Hall, 7pm

### Future dates to Lookout for

Copy deadline for May Lapford Lookout, 6pm 14th Apr 18th Apr Craft at The ARK, 10.00-12.00 27th Apr Lapford Village Market, Victory Hall, 10.00-12.00 Lapford Village Market, Victory Hall, 10.00-12.00 25th May 6th June Commemoration of D Day Landings 22nd June Lapford Village Market, Victory Hall, 10.00-12.00 5th-7th Jul Lapford Revel 27th July Lapford Village Market, Victory Hall, 10.00-12.00 24th Aug Lapford Village Market, Victory Hall, 10.00-12.00 7th Sept Lapford Show, Victory Hall 14th-29th Sept Mid Devon Walking Festival 28th Sept Lapford Village Market, Victory Hall, 10.00-12.00 26th Oct Lapford Village Market, Victory Hall, 10.00-12.00 11th Nov Lapford Project 2000 AGM, Orchard Centre, 7.30 23rd Nov Lapford Village Market, Victory Hall, 10.00-12.00

### Please send your Dates to Lookout For to lapfordlookout@gmail.com

### THANK YOU FOR YOUR ONGOING SUPPORT OF THE FOODBANK We would be grateful for the

following donations:

Coffee, Tea, Drinking Chocolate, Rice Pudding, Custard, Tinned fruit, Rice, Pasta, Pasta Sauces, Tuna, Baked Beans, Tinned Meats, Tinned Tomatoes, Vegetables, Carrots, Peas, Sweetcorn, Soups, Breakfast cereals (not porridge)







### TACKLE THE WINTER BLUES BY SHARING YOUR MEMORIES



Do you feel a bit deflated in the new year? Maybe you miss the cheer and hustle associated with the festive season, feel wiped out or even underwhelmed after all the build-up. What better way to overcome the winter blues than by sharing your memories over a chat and a cup of tea?

The Reminiscence Project is an ongoing project run by Crediton Library which collects memories of people living, or who used to live, in Mid Devon. Volunteers visit people in their own homes or in the community to chat about their younger years, school, jobs, or anything else they might like to talk about.

The conversations are recorded and stored online in a digital collection. This is open to the public for all to access, whether they want to find out about how their local area has changed over the years, whether they'd like to know what it was like to live in a certain time period or whether they just enjoy hearing other people's stories.

Funded by the National Lottery Heritage Fund, this project has been made possible thanks to money raised by National Lottery players.

If you would like to set up a time to have a chat with one of our volunteers, or if you'd like to find out more about the project, you can get in touch via email: <u>crediton.library@librariesunlimited.org.uk</u> or phone: 01363 772578.

### LEARN HOW TO MAKE MORE OUT OF MENDING WITH DEVON AIR AMBULANCE

At the **Positive Lights Project, Exeter** on **Saturday 24th** February 2024.

Devon Air Ambulance (DAA) offers a master class in 'stitching with style' at their first mending workshop for local sewing beginners and enthusiasts.



**Devon Air Ambulance** 

The event, run by the DAA retail team, aims to educate people about the positive impact that extending the life of much-loved garments have on the planet and inspire their supporters to learn new mending skills. This will help to reduce the amount of pre-loved garments that might usually be sent for recycling whilst increasing funds for the life-saving charity.

Those who are already skilled menders or those that are keen-to-be a little handier with a needle and thread are invited to book one of only 32 places available: <u>https://www.daat.org/Event/exeter-mending-workshop</u>

Those who sign up will learn and share sewing and mending techniques that will help to give much-loved and pre-loved donated garments a new lease of life and they can either bring a garment of their own that they would like to repair themselves, or receive advice about repairing, or they can come along and practice their skills using donated items from our Mishap Fashion range.

This first session will include a focus on hand-mending holes in knitwear, replacing buttons, using patches to cover marks and scuffs and more.

All mending techniques will be explained and demonstrated by Devon Air Ambulance retail team hosts and keen menders, Eliza and Isabel, who are looking forward to sharing their skills, hints, tips, and inspiration with the group.

Eliza, sewing enthusiast and Manager of Cowick Street's Devon Air Ambulance shop in Exeter, says:

'We are very much looking forward to welcoming menders to a lovely afternoon of stitching together in Exeter. Those helping to restore the life of our donated garments that need a little care can look forward to a friendly few hours with others who are 'stitching for our community' by repairing items for resale.

As a lifesaving charity that exists 100% thanks to the supporters in the communities we serve, we are delighted to share this hands-on approach to raising funds, raising awareness, and drawing threads between members of our community.

Every item mended and sold takes a little strain off the planet's natural resources and we cannot wait to share the skills to support our regenerative approach to fashion.'

There are just **32 spaces** available for the 3-hour session, which can be secured for just **£15 per person**. The cost for the workshop includes all mending supplies and refreshments. The minimum age for participating is 13 and under 18's must be accompanied by an adult.

#### To find out more and book your place, visit: <u>https://www.daat.org/Event/exeter-mending-workshop</u>

If you would like to support Devon Air Ambulance and help to keep them responding in another way, please visit their website here: daat.org/donate

### **CHULMLEIGH FLORAL ART CLUB**

Our next meeting is on 21st February at 7.30 pm in the Pavilion. This will be a practical session led by our chairperson, Ruth White. Come along and see what you can achieve with flowers and foliage.

The competition this month is for an arrangement in a tea cup or mug.



#### **Sue Bailey**

Another year, another Pensioner Xmas Lunch. Everyone enjoyed a 2 course Christmas Lunch, coffee and mince pies whilst listening to music and singing, finished off with being entertained by the children of Lapford Primary School.

We have received a great deal of lovely comments from everyone and look forward to being able to host again in 2024.

On behalf of the organisers we would like to thank everyone involved for all their hard work and generous donations.



### NATIONAL GARDEN SCHEME Garden Open For Charity

# East Worlington House

East Worlington, Witheridge, Crediton, EX17 4TS

### Sunday 25 February Sunday 3 March 1.30 - 5pm Adults £5 Children free



### **CHULMLEIGH RURAL CINEMA**

The Great Escaper (12A) with Michael Caine and Glenda Jackson. Friday 9th February. The Pavilion, Leigh Road, Chulmleigh. Doors open 6.45p.m. Film starts 7.30p.m. Wine, beer, soft drinks and interval ice-creams for sale. Tickets £5 (Chulmleigh Society members £4.50) on the door.

### CAROLS ON THE GREEN

Christmas has been and gone and we are now well into the new year - cast your mind back to Christmas Carols on Lower Town Place, what a splendid evening, lots of lovely music, played by the Hatherleigh Silver Band and Lapford's own Handbell Ringers. Refreshments included mulled wine to warm us and singing along to carols kept us merry and bright. It was a lovely way to start the Christmas festivities. Thanks go to all those who helped put together such a great evening.

### Name supplied





"IT MUST BE NICE HAVING A JOB WHERE YOU CAN WORK AT HOME."

### THANK YOU

Malcolm (Nate), Nancy, Troy and family would like to thank everyone who sent us messages and condolences on Lynn's passing. Special thanks to Emily



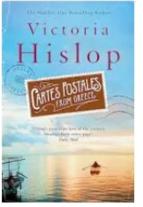
Ravenscroft, Cathryn Seymour, Rachel Phillips and Lyndsay Adams who helped to organise Lynn's wake at the Congregational Church. Their love and support at such a difficult time was touching and greatly appreciated.

Thanks also to Kirsty Rice and Sarah who arranged the bingo in November and raised funds for the North Devon Hospice. The event raised £350 for this amazing charity who were an incredible help to us and Lynn in her final weeks.

### LAPFORD BOOK CLUB REVIEW: CARTES POSTAL by VICTORIA HISLOP

Week after week, the postcards arrive, addressed to a name Ellie does not know, with no return address, each signed with an initial: A.

With their bright skies, blue seas and alluring images of Greece, these cartes postales brighten her life. After six months, to her disappointment, they cease. But the montage she has created on the wall of her flat has cast a spell. She must see this country for herself.



On the morning Ellie leaves for Athens, a notebook arrives. Its pages tell the story of a man's odyssey through Greece. Moving, surprising and sometimes dark, A's tale unfolds with the discovery not only of a culture but also of a desire to live life to the full once more.

In the notebook 'A"s stories tell of his travels round Greece and of the people he meets and the tales they tell him. Some of the stories are very dark and some are fantasy.

Most of our book club members enjoyed the book, mainly because the story is set in Greece – in the sunshine and we have been suffering with the UK having wind and rain.

#### Jane Epstein



### LADIES OF LAPFORD MEETINGS (LOL)

Please come and join us in The ARK at 7.30pm

**Thursday 15<sup>th</sup> February** Helen will be giving a talk on fragrances.



**Thursday 21<sup>st</sup> March** Belinda will be talking to us about driving safely

> We would welcome new members. Come and join us!

All welcome, there will be coffee and cake!

### LAPFORD AFC OVER THE MOON WITH LATEST SPONSORSHIP

Local football Team Lapford AFC have recently taken on a new sponsor, Radio Jupiter, for the rest of the season.

Radio Jupiter is a modern internet-based radio station, fully licensed in the UK, playing classic and current hits from its massive library which is constantly being updated.

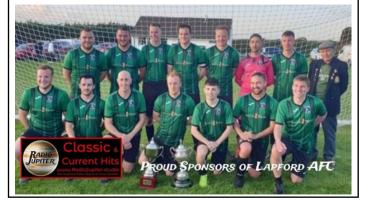
One of the station's presenters, Chris Tees, is an avid football fan who makes every effort to watch Lapford whenever he visits his parents who live in the area. He suggested that a sponsorship deal would be a benefit to both parties.

Carol Cooke, Radio Jupiter Manager, said "We are proud to sponsor Lapford AFC. We are a not-for-profit station, mainly staffed by a team of dedicated volunteers who continue to provide a professional sounding service and deserve to get the name of our station out into the community. "

Dan Tucker from Lapford AFC stated " Your sponsorship is massively appreciated".

You can hear Radio Jupiter by asking your smart speaker to "Play Radio Jupiter" or by downloading one of the free Radio Jupiter apps. There is also a link and more information at www.radiojupiter.studio.

See more about Lapford AFC on Facebook Contact 07498 733482 email Lapfordafc@gmail.com



### **PUZZLE CORNER - WORD SEARCH**

### **UK Football Grounds**

The words are listed separately in the grid for those grounds with '/'. Be careful this one is a bit sneaky. Kindly contributed by Mary Chappell



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### ANSWERS FOR JANUARY PUZZLE CORNER - ALL ABOUT DEVON

Kindly contributed by Mary Chappell

- 1. When the animals were evacuated from Chessington Zoo in World War 11, where did they go? Paignton Zoo
- 2. Where can the Brutus stone be found? Totnes
- 3. On which beach did John Everett Millais paint `The Boyhood of Raleigh'? Budleigh Salterton
- 4. Where is an annual worm charming competition held? Dartmouth
- 5. What is the connection between Affeton Castle, Worlington, and Hartland Abbey? Both are owned by Sir Hugh Stucley
- 6. What letters are on the clock dial on the church of St. Peter, Buckland-in –the-Moor? 'MY DEAR MOTHER'
- 7. Where is Potwalloping held? Westward Ho!
- 8. Where is the highest point on Dartmoor? *High Willhayes*
- 9. In what year was the Exmoor National Park formed? 1954
- 10. In the BBC TV series of Miss Marple , what location was used for Nemesis, made in 1986? Burgh Island
- 11. Where can you embark on a replica of Francis Drake's ship, Gold Hind? Brixham Harbour
- 12. Between which towns does the Riviera Dining Belle Train run? Paignton and Kingswear/Dartmouth
- 13. Which forest is the first Forestry Commission plantation in the UK, established in 1919? *Eggesford Forest*
- 14 Where was the famous explorer Sir Francis Chichester born? *Shirwell, Barnstaple*
- 15 What is the name of the Victorian Gothic house at Bolham? Knightshayes Court
- 16. For which Queen's wedding dress was the lace made at Beer? Queen Victoria
- 17. Which author has been awarded an MBE for his work for the charity Farms for City Children? Michael Morpurgo
- 18. The Pepper Pot is a market building in which town? Chagford
- 19. Where is the oldest mass concrete bridge in the country? Seaton Toll Bridge
- 20. Where is Drake's Drum? Buckland Abbey
- 21. Where is the oldest borough in England? **Barnstaple**
- 22. Where is the Beer Engine found? *Newton St Cyres*
- 23. Where would you find the longest village street in Britain? *Combe Martin*
- 24. In which town was St Boniface born? Crediton
- 25. Which tennis player when younger was known as the `Paignton Peach'? *Sue Barker*
- 26. Where was Charles Babbage born in 1791? *London but lived in Teignmouth from the age of 8*
- 27. Where is the only Grade 11 listed signal box in the country? *Instow*
- 28. Where is the highest village on Dartmoor? Belstone



### COMMEMORATION OF THE 80TH ANNIVERSARY OF THE D-DAY LANDINGS

In common with many other communities, Lapford has the opportunity to join in the National Day of Commemoration on  $6^{th}$  June this year.

As part of this it is hoped that an exhibition about Lapford during the time of the second World War can be put together for a display in The ARK.

Do you or your family have any memories/stories, or any documents or photographs to share about this time, particularly related to the village or life and experience in the armed forces? If so, would you be willing to share them with the Village Archive team or the Celebrations Group of the Parish Council? See contact information

below. Any documents or photographs can be copied for display so that the originals can remain with their owners.

The Village Archive is open on Tuesday mornings in the Orchard Centre or can be contacted via phone on 01363 83103 or email on <a href="mailto:archivelapford@gmail.com">archivelapford@gmail.com</a>

**The Celebrations Group** can be contacted on 01363 83763 or email on <u>sue.briantevans@lapfordparishcouncil.org.uk</u> **More information** about the National programme of commemoration can be found at <u>www.d-daybeacons.co.uk</u> Watch out for updates about the local happenings in the next Lapford Lookout.

Lapford Celebrations Committee

### LOCAL LIBRARY PROVISION

Mobile library visits to our villages are currently scheduled to end on 27th February 2024. Readers may not be aware of some of these alternative options.

**Crediton Library** is open five days a week and is fully accessible to all, with off-road parking, including disabled space. Aside from a wide range of fiction and non-fiction book titles, the library offers audio books to borrow which can all be issued using the self-service points. The library has a small study area with free Wi-Fi, including eight public access computers, which are free to use for up to two hours each day, plus printing, photocopying and scanning facilities. There are a range of regular events for all ages, both social and various informal learning activities, such as Baby Bounce and Rhyme, knitting group, Lego Club and reading groups for adults and younger readers.

**Chulmleigh Library** is a dual purpose library on the site of Chulmleigh Community College, offering both the general public and school students access to all of Devon Libraries services. There are two public computers that are free to use for up to two hours per day during public opening times. The library offers printing facilities including a design service, photocopying and laminating. The library is open to the public on Tuesdays 9-4, Wednesdays 9-4, Thursdays 9-3 during term time and on Thursdays 9-3 during college holidays.

Borrowbox app for digital downloads - <u>https://devon.borrowbox.com/</u>

In Lapford we already have:

**The ARK** which is open on Tuesdays and Fridays, 10.00a.m. to 2.00 p.m. and arrangements can also be made for access at other times. You are welcome to browse, borrow, swap or keep!

**Books on Wheels.** If you have difficulty in accessing the library, you can apply to use the Books on Wheels service run by Libraries Unlimited. This will entail Peter Westcott choosing books for you (with your help) and delivering and collecting them on a monthly basis. If this sounds like something you would like to do, please contact the Library at Crediton 01363 772578 or Peter on 01363 83525. This is a free service.

Future plans for enhanced library provision in the village.

The ARK, Lapford Parish Council and Lapford Book Club are working together and hope to put in a joint bid for grant funding, under discussion at the moment as to what it could best be used for.

With children particularly in mind, It is hoped that The ARK library will open on Saturday mornings. There is also scope for a weekday or evening opening currently under discussion.

The ARK and Lapford Book Club are working together on plans to run story time sessions, initially for children in Key Stage 1, during school holidays. If this goes well, it is hoped that the opportunity will be widened to include children in Key Stage 2.

We hope to have an update on all these plans for you next month!



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### Ashridge Great Barn

Follow us for more details of events in 2024 including Saturday 4 May - Bluebell Woods - guided walk Saturday 22 June – Ashridge Wood Fair (Contact us if you're interested in having a stall)

Ashridge Court Farm, EX20 2DH ww.ashridgegreatbarn.co.uk <u>info@ashridge-court.co.uk</u> 01837 352025





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Overworked or Stressed? Ach Tense shoulders? S

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### Massage Therapy in Lapford.

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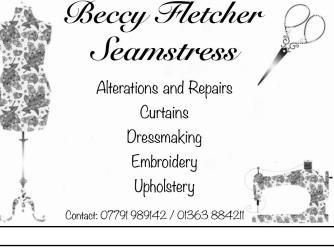
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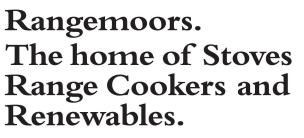
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Contact Nicola to find out more 01403 240024 or 07958 230573

### QUINCES AND MEDLARS From Blackberry Farm



Last autumn, we were given some Quinces and Medlars by a kind friend in the Village. He didn't know what the Medlars were, and it was the first time we had tried making anything with them.

We made a few jars of Quince Jelly and Jam, which have proved popular, and even fewer jars of Medlar Jelly and Jam. We *may* still have some left by the time you read this! The flavours of these are unusual, especially the Medlars, but we should like to make more of each next autumn, and I just wonder whether there are any more Quince and Medlar trees in people's gardens in and around Lapford. If there are, and if you don't use the fruit, we could certainly make use of it and would be very happy to repay you with jars of the finished product.

If you have an unknown fruit tree in your garden and wonder whether it might be a Medlar, I would be very happy to come along and have a look when the fruit is developing. As it is such an 'old' fruit, it is likely to be in older gardens. Meanwhile, you will find a lot of information on the internet.



Dave Taylor



### LAPFORD VOLUNTARY CAR AID

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SATURDAY 30th MARCH 2024, 7pm LAPFORD VICTORY HALL

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DRAW

ALL WELCOME LOOK FORWARD TO SEEING YOU!! TO RAISE MONEY FOR LVCA





### **HELLO LAPFORD!**

Did you know that there are practicing and committed Pagans living in the village? No, we don't worship the Devil (we don't believe in him) nor do we curse people or summon demons.

We believe in the sanctity of all life, and the intrinsic good in everyone and everything. We worship nature and the universe and respect the universes choices for us with magnanimity and clarity.

On the other hand we enjoy contact with this energy in specific ways at specific times, in short we love a good gathering, just like the ancients at Stonehenge!

In that accord on Saturday 10<sup>th</sup> February in the Victory Hall we are holding a drumming circle, to share our feelings and vibrations through rhythmic (we hope) drumming.

The circle will be led by Peter Bowles, a man with years of experience in this and other types of celebrations. It all starts at 7.00 p.m. we have spare drums and of course you can bring your own. Chairs are available but you could bring a blanket and a cushion or a bean bag if you want.

The entrance is £5 and this goes towards the session and light refreshments.

Come along and enjoy the companionship and energy of the circle.

Lapford Pagans



### HAPPY NEW YEAR FROM THE LAPFORD VILLAGE ARCHIVE

This time of every year we make promises to ourselves to "sort that box in the spare room" or "I shall clean the attic out this year", or "I must throw out all those scrap books and shoeboxes of photos". Maybe you don't but I know I do, I may even do some clearing out this year!

A plea from the archives here at the **Orchard Centre (10.00hrs to 12.30hrs every Tuesday**), do come in and share some memories with us. If you have photos then if they are suitable let's talk about them and we may have a home for them.

If you are not able to email us <u>archivelapford2022@gmail.com</u> then do ring **01363 83103** to leave a message.

We have the photographs of Sister Ross's retirement party shown here. These are very clear photographs, demonstrating with the group of villagers attending, that everyone held this lady in very high esteem.



Sadly we have no information about Sister Ross. Please can you help the Lapford Archive fill in some details about this lady who was very important to the village community for quite some time.

Thank you,

Lapford Archivist

### **DEVONSHIRE APPLE PANCAKES**

Prepare your favourite pancake batter, adding grated cooking apple to the mixture—50g (2oz) apple to 100g (4oz) flour.

Serve the pancakes with an apple compote made by stewing cooking apples with cider and sweetening with honey or brown sugar.

Add a dollop of clotted cream to finish!



Paul Cleave

### LAPFORD GARDENING CLUB

Lapford Village Show will take place on Saturday 7th September in the Victory Hall and we'd like to encourage as many folk as possible to enter. Entries can be dropped off between 9-11am on the day of the show, after which Judging will take place. In the afternoon everyone will be able to come and see the entries and stop for a cuppa, times are yet to be confirmed.

Rachael Clayburn & Heidi Becker, Show Secretaries

### LAPFORD PARISH COUNCIL NOTES, DECEMBER 2023

Please note this is a summary of the main points of interest. A copy of the minutes will be made available on the Council website, <u>www.lapfordparishcouncil.org.uk</u> and on the notice boards in the Orchard Centre and in The ARK.

The **Parish Council** met on 19<sup>th</sup> December 2023 in the Orchard Centre.

These notes summarise some of the issues discussed in the meeting.

• A playing field working party of Parish Councillors, Youth and Playing Field Committee members and the District Councillor and possibly other interested parties would be set up to ensure that the changes to the **Playing Field** were in the best interests of the children of the parish.

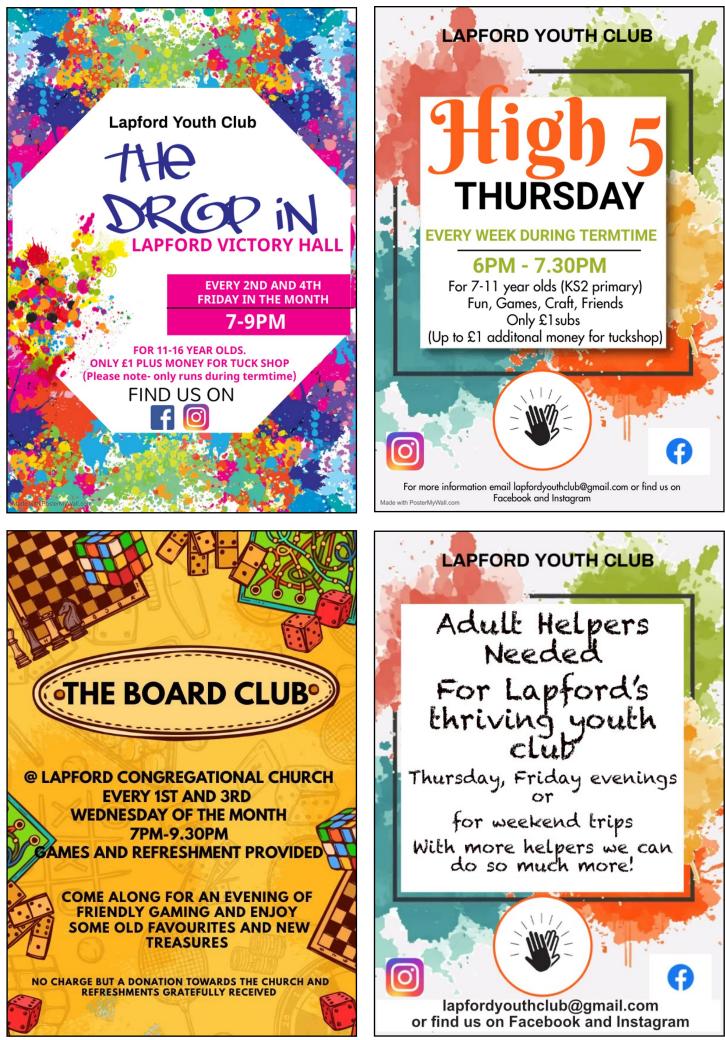
The agreed process to be followed is in the table below:

Process	Action	Who by?
Step 1	Health & Safety Removal of existing condemned equipment.	MDDC – Steve Densham
Step 2	Land Transfer Parish Council acquires the cleared nursery play area land from MDDC.	LPC – Parish Clerk/Steve Densham
Step 3	<ul> <li>Play Equipment Needs</li> <li>Decide upon what equipment was desirable and where it should go, irrespective of finance currently available.</li> <li>To conduct public consultation on what is best for the community.</li> <li>To decide where on the combined playing field the equipment is best placed.</li> </ul>	Working Group
Step 4	<b>Financing the project</b> Decide on how the project is to be funded and/or phased, including acquiring the available Section 106 funds.	LPC & Working Group
Step 5	Acquiring & Installation of equipment As the parish council can reclaim VAT on the purchase of equipment it makes sense for it to pay and own it, reducing the cost to the community.	LPC

- The councillor vacancy closing date was to be 31<sup>st</sup> January 2024 for a decision to be made at the February parish council meeting.
- A planning application had been received for the land at Sandhurst for a change of use of agriculture land to horticultural/ domestic use, erection of two animal shelters, greenhouse and new access gateway. The parish council fully supported this application.
- The budget and precept for 2024/2025 was considered and it was agreed to increase the total charge from £25,000 to £26,000 which would result in a Band D increase from £63.44 to £64.90 for the year, or 2.3%.
- The next meeting would be on Tuesday 13th February 2024 (to be confirmed), followed by one on 14<sup>th</sup> February, although this would be reviewed next time to avoid clashes with district council meetings.

Email: clerk@lapfordparishcouncil.org.uk Phone: 07768 829511

	$\Gamma_a$	Lapford Vill S	illage Show 7 <sup>th</sup> Septe Schedule of Classes	w 7 <sup>th</sup> Se of Clas	lage Show 7 <sup>th</sup> September 2024 chedule of Classes	2024		°> *	vapforo
								G	qr H
Section 1 - Photographic Prints (un-mounted and not exceeding 20cm x 30cm)	ted and not exce	eding 20cm x 30	cm)	Section	Section 7 - Vegetables (items 31-43 to be of the same variety)	tems 31-43 to b	s of the same var	ð	
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				32.	3 carrots				
Section 2 - Crait 3 A tag coev				33	3 onions (either )	rom seed or set	3 onions (either from seed or set each under 250g)	_	
<ol> <li>A decorated wooden per</li> </ol>				÷ x	5 Deetroot				
<ol> <li>A paper aeroplane (marks given for design and flight)</li> </ol>	design and fligh	tt)		. 95	o comgenes 5 shallots (shown on naper plate)	i on naner nlate)			
6. A bug house	)			37.	5 French beans	formed and and and			
Section 3 - Home Craft (items 7-8 to be covered for showing, presented on a paper plate)	vered for showir	ig, presented on a	a paper plate)	38.	5 runner beans				
				39.	5 tomatoes				
				40.	5 tomatoes (grown outdoors)	in outdoors)			
<ol> <li>Sloe Um (presented in a glass bottle - any size)</li> <li>10 1 100 100 100 100 100 100 100 100 10</li></ol>	e - any size)			41.	5 tomatoes (small fruited type)	1 fruited type)			
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	cap is to be a ne	w one)		43.	3 items of any of	her vegetable (n	3 items of any other vegetable (not included in the schedule)	e schedule)	
1.4. I Jar chuncy (laterieu, any metal cap is to be a new one) Santan A Flored Are.	ap 15 to oe a new	(ano		44.	1 cucumber				
Section 4 - Floral Art				4:	I cabbage				
	165				5 sprigs of mixed herbs in a jar	l herbs in a jar			
				47.	Any other vegetable (not included in the schedule)	ble (not include	d in the schedule	_	
<ol> <li>An arrangement in a ramekin</li> </ol>				Section 8	Section 8 - Fruit (all exhibits to be of the same variety)	ibits to be of the	same variety)		
Section 5 - Flowers				48.	3 dessert apples				
				49.	3 culinary apples				
				50.	6 cane fruit				
				51.	4 plums				
				52.	3 items of any other fruit (not included in the schedule)	her fruit (not inc	luded in the sch	dule)	
				Section 9	Section 9 - Children's Section	ection			
					Under 5 years				
				53.	A seed picture				
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	types)			55	0-12 years A collage of a garden (maximum size 20cm x 30cm)	rden (maximum	size 20cm x 30c	(	
	ypes)			56.	A 'grass head' (instructions over-page)	astructions over	page)	(m)	
<ol> <li>A flowering pot plant in flower (maximum pot size 16cm)</li> <li>1 foliase not plant (maximum not size 16cm)</li> </ol>	iximum pot size	16cm)		Section ]	Section 10 - Fun Section				
	t size 16cm)				Longest runner oean Heaviest marrow	una .			
30. Club plant. Potato as distributed earlier in the year & grown in pot provided	rlier in the year d	k grown in pot p	rovided	60.	An odd shaped vegetable	egetable			
Q Q @	£®	ðO	ð	\$©	ð	$\sim$	£	ðO	ð



### GOT A QUESTION? ASK A COUNCILLOR

A Parish Councillor wearing an identification badge will be present at the monthly Village Markets in the Victory Hall

from now on. This will give an opportunity for parishioners to raise issues which the Council might be able to help with or to answer questions related to Council business.



Lapford Parish Council

### **CHURCH CHRISTMAS FAYRE**

The Parish Church Christmas Fayre raised just over £600. Many thanks to everyone who came along and especially all of you who bought draw tickets. The big hamper was won by an anonymous person as a donation to the Food Bank. The winner of the second hamper also donated theirs to the Food Bank - both very generous gestures.

### SAVE THE DATE

The next Coldridge Fete, Vintage Rally, Flower Festival and Dog Show will be held on Saturday 29th June 2024. Proceeds from the 2024 Fete will be shared between Coldridge Village Hall and St Matthew's Church Fabric Fund.

### MID DEVON WALKING FESTIVAL 14TH—29TH SEPTEMBER 2024



### LAPFORD VILLAGE COMMUNITY WEBSITE

Our local website was started by Lapford Parish Council many years ago as an 'information hub' for the village area and local organisations. While this website is still 'live' it needs some tender loving care to bring it back into full working order, updated and with links to local organisations with social media accounts and web pages. The Lapford Village Community Website is where the current and back issues of the Lapford Lookout are to be found.

Lapford Parish Council have now asked the organising committee of the Lapford Lookout, Lapford Project 2000 (aka LP2K) to take on and run the website. We would love to but we need more volunteer helpers.

We need people who have the skills, time, and inclination to help. If this could include you, then please contact the Editorial Team or use the Contacts List inside the back page of every Lapford Lookout. Please be part of your community and help our community to grow and prosper in 2024 ... and beyond!

**Steve Keable – Chair, LP2K** https://lapfordvillage.co.uk

### THE FRIENDS OF LAPFORD FOODBANK

In these straightened times Villagers in Lapford have once again stepped up. The Friends of Lapford Foodbank organised three Christmas Fayres in The ARK on 1st, 2nd and  $16^{th}$  of December. All items for sale were made locally by the Friends and their creative ideas resulted in a wide display of offerings. The total amount raised for the Foodbank was £1,216.

All materials and ingredients were donated by the friends with 100% of the takings to support the Foodbank.

So to all who helped make it a great success and to all who came to buy, thank you very much.

The Friends of Lapford Foodbank



"My grandmother started walking five miles a day when she was sixty. She's ninety-seven now, and we don't know where the hell she is."



Ellen DeGeneres





"No one is useless in this world who lightens the burdens of another."

- Charles Dickens

### PLEASE REMEMBER THE COPY DEADLINE FOR CONTRIBUTIONS TO THE LAPFORD LOOKOUT IS THE 14TH OF EACH MONTH



### LAPFORD OUTREACH POST OFFICE



**OPENING HOURS:** 

Monday Friday 9.30 - 12.00 9.30 - 12.00



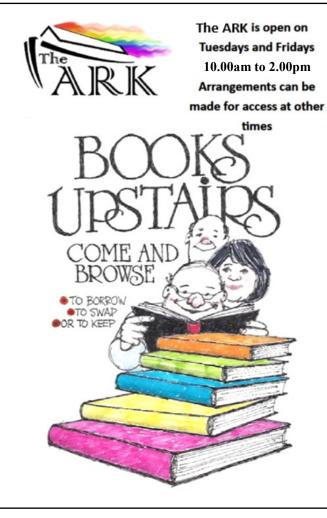
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books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.



Peter Westcott - Telephone: 01363 83525



### NATIONAL BLOOD SERVICE



Donations can be made at Boniface Centre, Crediton, on Tuesdays 20th February and 26th March from 1.10am-7.15pm Or at Chulmleigh



on Tuesday 13th February 2024 from 12.50pm to 6.25pm

Call the donor helpline on 0300 123 23 23 for more information or to check for cancellations

Do something amazing - Give Blood!

### **DEVON MOBILE LIBRARY LAST VISITS**



Lapford Orchard Way: 13.45-14.55 School: 15.00-16.00

Nymet Rowland Opposite Village Hall: 11.50-12.10 Tuesdays Week 4 - last stop February 2024

### LAPFORD'S DEFIBRILATORS



One is on the outside of The Orchard Centre in Orchard Way

What 3 Words app location: emperor.stated.stapled

There is another defibrillator at Rose Removals. It can be found in the red telephone box in front of the building. Access through the front car park and up the stairs, about 200 yards from the main gate. (Pedestrian access around the side out of hours).



What 3 Words app location: inert.depend.smart



LAPFORD LOOKOUT TO CONTACT THE EDITOR



Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, Crediton, EX17 6PR Tel: (01363) 884211 or 07791 989142 E-mail: lapfordlookout@gmail.com

--mail: laptordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Contributions are welcome, to be used at the Editorial Team's discretion.

### Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

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### LAPFORD PARISH COUNCIL — www.lapfordparishcouncil.org.uk

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Cllr John Burrows	7 Park Meadow Close, Lapford, EX17 6QY	01363 83985 / john.burrows@lapfordparishcouncil.org.uk
Cllr Julie Down (Chair)	Rafters, Lapford, EX17 6QP	07756 363678 / julie.down@lapfordparishcouncil.org.uk
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Cllr Bill Graham	Pear Tree House, Lapford, EX17 6PZ	01363 83047 / bill.graham@lapfordparishcouncil.org.uk
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Cllr Alex Shapland	Homelands, Eastington Ln, Lapford. EX17 6QE	07738 690937 / alex.shapland@lapfordparishcouncil.org.uk
Vacancy	~	~
Cllr Ian Wilkie	~	01363 83437 / ian.wilkie@lapfordparishcouncil.org.uk
Parish Clerk - Rob Martin	~	07768 829511 / clerk@lapfordparishcouncil.org.uk
District Cllr Steve Keable	~	07967 655045 / skeable@middevon.gov.uk
County Cllr Margaret Squires	~	01363 84337 / margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

### **USEFUL TELEPHONE NUMBERS**

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111

- Churches House Action Team ~ 01884 255606
  Citizens Advice Bureau ~ 03444 111 444
- CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping ~ 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings @Devon ~ Exeter: 07990 790 920 or Barnstaple: 07850 927 064
- NHS for non urgent medical needs  $^{\sim}$  111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
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### LAPFORD LOOKOUT ADVERTISING RATES AND POLICY



Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

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One quarter page:
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Whole page:

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### LAPFORD WEBSITES

www.lapfordhistory.co.uk www.lapfordparishcouncil.org.uk www.lapford-primary.devon.sch.uk www.lapfordvictoryhall.co.uk www.lapfordvillage.co.uk www.facebook.com/laofordparishcouncil





### NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT OR A PRESCRIPTION COLLECTED?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares are as follows:

- Bow Medical Centre £6
- Chulmleigh Dental Practice £6 Chulmleigh Health Centre - £6
- Chuimieign Health Centre 10
- Crediton (Breast Screening) £7
- Crediton Community Hospital £6 Morchard Bishop Surgery - £4
  - Redlands Health Centre £7
    - Witheridge Surgery £6

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

### LAST POSTING TIMES AROUND THE VILLAGE



Eastington Cross Woodland Cottage Industrial Estate Highfield Orchard Way Saxtons Morchard Road Copplestone

IVION-Fri	Saturday
9.00 a.m.	7.00 a.m.
4.30 p.m.	11.15 a.m

Mon Fri Saturday

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
Adventure Gaming Books on Wheels	Mr Warren Clayburn Mr Peter Westcott	01363 83095 / wmclayburn@gmail.com 01363 83525 / pj.westcott@btinternet.com
Friends of Langannerie (twinning)	Mr Peter Henshaw	01837 89070 / petehenshaw@yahoo.co.uk
Friends of Lapford Mill	Mr Alex Gater	07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Stacey Lumsdon	07891 556884 / staceyannlumsdon@gmail.com
Heart for Lapford Strategy Group (H4L)	Secretary	heart4lapford@aol.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Ladies of Lapford (LOL)	LOL Team	ladiesoflapford@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford ARK	Miss Briony Clinch	01363 83788
Lapford Association Football Club	~	lapfordafc@gmail.com
Lapford Book Club	Mrs Jill Doe	01363 83410 / sunnyside@jilldoe45.plus.com
Lapford Celebrations Committee	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Choir Lapford Church Green Trust	Mrs Cat Seymour Mr Steven Fletcher	01363 884432 / cathryn_seymour@outlook.com 07891 142436 /
Lapioru church Green Trust	WI SLEVEN FIELCHER	steven.fletcher@lapfordparishcouncil.org.uk
Lapford Community Church	Miss Briony Clinch	01363 83666 / admin@lapfordcc.org.uk
Lapford CP School and Nursery	~	01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Mr Peter Lacey	07775 941505 /
		lapfordcongregationalchurch@gmail.com
Lapford Dog Club	Mrs Sara Thurgood	01363 83081 / info@lapforddogclub.co.uk
Lapford Emergency Action Plan Committee	Mrs Sue Briant-Evans	01363 83763 /
Level and the self-	Miss Duis aux Clinate	sue.briantevans@lapfordparishcouncil.org.uk
Lapford Foodbank Lapford Handbell Ringers	Miss Briony Clinch Mr Steve Munday	01363 83788
Lapford Hedgehog Rescue	Dr Nicola Perera	07798 684225 / steve@themundays.org 07880 189805
Lapford High 5 (ages 7-11)	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club	Mrs Trish Mumford	01363 83911 / james@mumfordj.plus.com
Lapford Lookout	Mrs Beccy Fletcher	01363 884211 / lapfordlookout@gmail.com
Lapford Over 60 Club	Mrs Carol Worsdell	07368 860835
Lapford Parish Church	Mrs Joan Graham	01363 83047 / jemg47@aol.com
Lapford Poppy Appeal Organiser	Mrs Caroline Noon	01363 83863 / lapford.pao@gmail.com
Lapford Project 2000 (LP2K)	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Revel	Mr Mark Tanner or	Gryff_raven@hotmail.co.uk or
Lapford Victory Hall & Lower Town Place	Mrs Sue Briant-Evans Mr Darren Crump	01363 83763 / susanbriantevans@gmail.com 07960 715553 / darrencrump99@hotmail.co.uk
Lapford Village Archive	Ms Audrey McCormack	01363 83103 / archivelapford2022@gmail.com
Lapford Village Market	Mrs Stacey Lumsdon	07891 556884 / lapfordvillagemarket@gmail.com
Lapford Voluntary Car Aid	Mrs Grace Hill	01363 83178 / lvca2011.19@gmail.com
Lapford Youth Club Management Committee	Mr Steve Keable	07967 655045 / lapfordyouthclub@gmail.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07969 823256 / roy.andrews1950@icloud.com
Lower Town Place Gardening Group	Mr Andy Epstein	amepstein 55@gmail.com
North Creedy Choral Society	Mrs Patricia Robottom	01363 884495 / patricia@serafim.eclipse.co.uk
Nymet Rowland Village Pump	Liz and Roland Smith	01363 884446 / pump@incywincyweb.com
Springers 4's and under	Mrs Carol Worsdell	07368 860835
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk

### LAPFORD COMMUNITY PRIMARY SCHOOL NEWS



Happy New Year from everybody at Lapford Community Primary School!

traight into en in Robins

We have had a busy start to the new year already and the children have plunged straight into their new learning topics which this term have a historic theme. Our youngest children in Robins have begun learning about the moon landings as they answer their big question 'What is in outer

space?'. Skylarks have begun their learning all about the Great Fire of London on their quest to find out why it was such a huge tragedy. Kingfishers are on a mission to find out about the Indus Valley civilisation, while Herons are looking back in time to the Ancient Egyptians. Across the school children will be working as historians to develop their understanding of chronology and learn how artefacts and evidence can help us find out more about the past.

As well as their learning, children have been continuing to enjoy their play at Lapford. This week we celebrated one year since we began our OPAL journey. The aim of OPAL is to ensure that each child benefits from at least one hour's outstanding outdoor play every school day. The children reflected on the changes to our playtimes and the resources that are now available to play with at break and lunch times and we thought about further changes and developments we would like to see. We are incredibly grateful to Tesco, who have awarded us with a grant of £1000 to improve our OPAL provision and to the local community who voted for us in store to receive this grant. We have plans to use a large chunk of the funding to build a giant sandpit on the field...watch this space!

### Mrs J. Wright Head of School



