



LAPFORD LOOKOUT



YOUR LOCAL MONTHLY NEWSLETTER

Year 27 Issue 1

January 2024



WE NEED YOUR HELP!

**WE NEED A VOLUNTEER
LAPFORD LOOKOUT
DISTRIBUTOR**

**FOR BURY, STOPGATE,
EDGERLEY LANE.**

CAN YOU HELP?

PLEASE CONTACT BECCY ON 01363 884211 OR
EMAIL: LAPFORD LOOKOUT@GMAIL.COM
IF YOU CAN HELP

DID YOU KNOW THAT LAPFORD IS TWINNED WITH GRAINVILLE-LANGANNERIE?



DEVON



NORMANDY

SO WHAT DOES THIS SIGN MEAN?



Twinning gives you the chance to meet French families in their homes, and for them to meet us in ours and learn about each other's surroundings, history, food and drink. Grainville-Langannerie is a village just south of Caen in Normandy. It even has a Rue de Lapford!

Our French friends are coming to us in 2024, in the first week of May, and we are now planning their visit.

If you want to learn more, or would be interested in participating, the Twinning Group will be meeting in the Old Malt Scoop Inn on

**WEDNESDAY
24TH JANUARY
AT 7.00 P.M.**



**Lapford
Village
market**



**SATURDAY 27TH JANUARY
10AM-1PM**

LAPFORD VICTORY HALL

Local produce Stalls
Handmade crafts
Foodbank drop off point
Bric-a-brac, Car-boot tables and
much, much more
Tea, coffee & snacks

To book a stall / table please call Stacey
07891 556884 or email
lapfordvillagemarket@gmail.com
£5 per stall payable on the day

*You are invited to
A two course
Lunch in
The ARK*

(Pay what you can - Proceeds to The Foodbank)

**Wednesday 24th January
From 11.30am**

We will be serving Turkey Pie
& Surprise Puddings
Coffee & Tea




(Transport can be provided)

Please telephone 83788 on Tuesday or Friday
between 10-12pm to book your meal.

Bookings only: to be made by
Friday 19th January



CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU TO:



THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

Churchwarden: Joan Graham - (e) jemq47@aol.com (t) 01363 83047

January 7th – 10.30 a.m. – Churches Together JOINT SERVICE
in The Victory Hall with BREAKFAST @ 9.30

January 10th (Wednesday) - 10.30 a.m. – BCP Holy Communion

January 21st – Epiphany 3 - 9.30 a.m. – Lay Led Morning Prayer

January 28th – Epiphany 4 - CANDLEMAS - 9.30 a.m. – Common Worship Eucharist

ALL ARE WELCOME - REFRESHMENTS SERVED AFTER SERVICES



FRIENDS OF ST THOMAS OF CANTERBURY

Are you interested in old buildings? Would you like to help in the upkeep and maintenance of one of our village's most beautiful listed buildings? If so, come and become a Fostie, and join the friendly FOST Committee. You do not need to be a churchgoer, but just to be enthusiastic about our village heritage and its preservation for future generations, just as in the past villagers have worked to hand down the lovely building which we are so fortunate to have today. If you are interested please contact either of the following:

Ron Kercher	ronaldkercher0@gmail.com
Andy Epstein	amepstein55@gmail.com
Prue Lambert	pruelambert@yahoo.co.uk

LAPFORD CONGREGATIONAL CHURCH

Services every Sunday at 11.00 a.m.

Communion will be held on the second and fourth Sundays

Contact: Caroline Gilpin-Perkins **83674** Peter Lacey **07775 941505**

Cat Seymour **884432** Helen Wyatt **07964 855677**

Carol Worsdell **07368 860835**

email: lapfordcongregationalchurch@gmail.com

www. [facebook.com/lapfordcongregationalchurch](https://www.facebook.com/lapfordcongregationalchurch)



Preachers for December:

- 7th January - Joint Service at Lapford Community Church
- 14th January - All Age Service
- 21st January - Merrill Archer
- 28th January - All Age Service led by Cat Seymour
- 4th February - Colin Smallacombe from Farming Community Network

LAPFORD COMMUNITY CHURCH

Meets every Sunday morning at 10.30 a.m. in the Victory Hall

4th Sunday of the month is Family Service

Fellowship Group on Wednesdays 7.00 p.m. upstairs in The ARK

Contact: Briony Clinch - Tel: **83666**

<https://www.lapfordcc.org.uk/>



Please visit our website for information about the Foodbank and The ARK.
You will also find lots of information about Church activities and on-line services.



*All the Churches welcome everyone to any of their services and social events.
We look forward to fellowship with you.*



MESSAGE FROM THE EDITOR


 Everyone at the Lapford Lookout would like to wish you all a Happy New year and to thank our readers, contributors, deliverers and advertisers for their continued support. We hope that 2024 will be a great year for everyone.
 

Beccy


Lapford Weather Review

LAPFORD WEATHER NOVEMBER 2023

Slightly milder than average, wetter than average.

The warmest day was the 18th with a maximum of 14.7°C and the coolest day was the 30th which only managed 2.7°C. The coldest night was on the 26th with a minimum of -2.5°C and a grass frost of -5.0°C.

Total rainfall was 143.0 mm, about a third wetter than average. The wettest day was the 1st with a fall of 18.4 mm.

The windiest day was the 19th with a gust of 39 m.p.h.

This autumn (September – November) has been a lot milder and wetter than average. Not the wettest but certainly the mildest I have recorded.



Andy Epstein

MENTAL HEALTH AWARENESS IN FOOTBALL

LAPFORD A.F.C.

FOUNDED 1919

As a club, we want to raise awareness of mental health, and help break the stigma surrounding it.

Playing sports and being active can play a huge role in tackling mental health and its effects:

- in breaking down boundaries between people
- creating social interaction and boosting confidence
- tackling physical health inequalities
- helping with tension, stress and mental fatigue

If you require any support, or need someone to talk to, you can contact the following organisations:

Samaritans - confidential, emotional support, available 24/7 - Call **116 123** or Text SHOUT to **85258**

TALKWORKS - part of Devon Partnership NHS Trust, currently has short waiting times for appointments and offers a range of free, confidential support options, delivered by registered and accredited NHS clinicians. Call **0300 555 3344**

Pete's Dragons - based in Devon, supporting those who have lost someone through suicide. Call **01395 277780**

Andy's Man Club - are a men's suicide prevention charity, offering free-to-attend peer-to-peer support groups across Devon and online. Find your nearest talk group at andysmanclub.co.uk







DATES TO LOOKOUT FOR

January

9th Lapford Gardening Club, No dig gardening.
 14th Copy deadline for February Lapford Lookout, 6pm
 18th Ladies of Lapford, 7.30pm, The ARK, Fun and Games with nibbles and Mulled Wine
 23rd Closing date for Lapford Parish Council logo competition
 24th LVCA AGM, Orchard Centre, 3.00pm
 24th Two course Lunch , The ARK, from 11.30 9see front page for more info
 24th Lapford Twinning Group Meeting, The Old Malt Scoop Inn, 7.00pm
 27th Lapford Village Market, Victory Hall, 10.00-12.00

February

14th Copy deadline for February Lapford Lookout, 6pm
 15th Ladies of Lapford, 7.30pm, Activity to be confirmed
 24th Lapford Village Market, Victory Hall, 10.00-12.00am
 Lapford's District Councillor and a Lapford Parish Councillor will be in attendance from 10.00-11.00am
 24th Lapford Revel Quiz, Victory Hall

Future dates to Lookout for

14th Mar Copy deadline for February Lapford Lookout, 6pm
 23rd Mar Lapford Village Market, Victory Hall, 10.00-12.00
 14th Apr Copy deadline for February Lapford Lookout, 6pm
 27th Apr Lapford Village Market, Victory Hall, 10.00-12.00
 25th May Lapford Village Market, Victory Hall, 10.00-12.00
 22nd June Lapford Village Market, Victory Hall, 10.00-12.00
 5th-7th Jul Lapford Revel
 27th July Lapford Village Market, Victory Hall, 10.00-12.00
 24th Aug Lapford Village Market, Victory Hall, 10.00-12.00
 14th-29th Sept Mid Devon Walking Festival
 28th Sept Lapford Village Market, Victory Hall, 10.00-12.00
 26th Oct Lapford Village Market, Victory Hall, 10.00-12.00
 11th Nov Lapford Project 2000 AGM, Orchard Centre, 7.30
 23rd Nov Lapford Village Market, Victory Hall, 10.00-12.00

Please send your Dates to Lookout For to lapfordlookout@gmail.com

LAPFORD VOLUNTARY CAR AID RESCHEDULED AGM


 Wednesday 24th January, Orchard Centre, 3.00p.m.
 All Welcome

LAPFORD LOOKOUT

Contributions welcome

lapfordlookout@gmail.com

Deadline for inclusion in the next issue:
6.00 p.m. on the 14th Jan. for inclusion in the Feb. issue

THANK YOU

Thanks to all that came to our bingo night on the 18th November in aid of the North Devon Hospice, we raised £333.55.



Kirsty and Sarah

LAPFORD REVEL NEWS



Plans are afoot for next summer's Revel on July 5th, 6th & 7th, centred around the theme of *Fantastical Lapford*.

Here is an advance invitation for local groups and clubs to advertise themselves, and/or raise some money by having a stall at the Revel Fayre on Lower Town Place on Saturday 6th July. This seems a long way ahead now, so there is plenty of time to get planning!



LADIES OF LAPFORD MEETINGS (LOL)

18th January 7.30pm, The ARK
Games with nibbles with mulled wine

15th February 7.30pm, The ARK
Activity to be confirmed

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URGENT

Ukraine Appeal



Please can you help us collect the following desperately needed supplies to send to Ukraine. It's getting colder!

Food (6 months shelf life)
Toiletries - Sanitary Items, Shampoo, Soap, Detergents etc
Quality Used Bedding & Blankets
Quality Clothes & Shoes
First Aid & Pain Killers
Candles
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Disability/Mobility aids

Please drop donations to
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What-3-words///flows.carriage.boils



PUZZLE CORNER - ALL ABOUT DEVON

Kindly contributed by Mary Chappell. Answers next month.

1. When the animals were evacuated from Chessington Zoo in World War II, where did they go?
2. Where can the Brutus stone be found?
3. On which beach did John Everett Millais paint 'The Boyhood of Raleigh'?
4. Where is an annual worm charming competition held?
5. What is the connection between Affeton Castle, Worlington, and Hartland Abbey?
6. What letters are on the clock dial on the church of St. Peter, Buckland-in-the-Moor?
7. Where is Potwalloping held?
8. Where is the highest point on Dartmoor?
9. In what year was the Exmoor National Park formed?
10. In the BBC TV series of Miss Marple, what location was used for Nemesis, made in 1986?
11. Where can you embark on a replica of Francis Drake's ship, Golden Hind?
12. Between which towns does the Riviera Dining Belle Train run?
13. Which forest is the first Forestry Commission plantation in the UK, established in 1919?
14. Where was the famous explorer Sir Francis Chichester born?
15. What is the name of the Victorian Gothic house at Bolham?
16. For which Queen's wedding dress was the lace made at Beer?
17. Which author has been awarded an MBE for his work for the charity Farms for City Children?
18. The Pepper Pot is a market building in which town?
19. Where is the oldest mass concrete bridge in the country?
20. Where is Drake's Drum?
21. Where is the oldest borough in England?
22. Where is the Beer Engine found?
23. Where would you find the longest village street in Britain?
24. In which town was St Boniface born?
25. Which tennis player when younger was known as the 'Paignton Peach'?
26. Where was Charles Babbage born in 1791?
27. Where is the only Grade II listed signal box in the country?
28. Where is the highest village on Dartmoor?



LAPFORD BOOK CLUB REVIEW: MUM AND DAD by JOANNA TROLLOPE

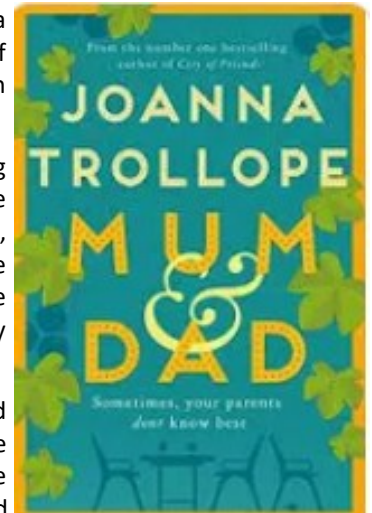
Mum and Dad are Gus and Monica Beacham, who left England twenty five years ago to set up a vineyard in southern Spain, which is now very successful. They have three children, two of whom were left behind at boarding schools, only the youngest, Jake, going with them to live in Spain.

When Gus has a stroke Sebastian, the eldest son, and Katie, the daughter, have busy working lives and families in London and only Jake is free to fly out immediately and help Monica. As he is the favourite child, and because he went to school in Spain and is fluent in the language, Monica is initially delighted. Although Gus recovers reasonably well, it is obvious that he will be unable to continue to run the business as well as he had in the past. Never an easy person, he becomes ever more irritable and Monica finds it more difficult to respond to him. The family accepts that they must find a solution to the problems faced by their parents.

As the book develops, sibling rivalries re-ignite and we, the reader, see the various problems and resentments which lie beneath the surface of all the families. Sebastian and his wife Anna have two teenage sons; Katie and her partner Nic have three daughters and neither Anna nor Katie gets on well with Monica. It slowly becomes clear that Jake's ability to drop everything to go and help his parents is because he is unemployed and in debt. His new wife is adamant that she does not want to go to Spain, using their 18 month old daughter, Mouse, as an excuse.

Unfortunately, as I read on I became less and less sympathetic to the adult characters, and it is the teenage children who ultimately find ways to help both their grandmother and grandfather. A typical Trollope book on families and relationships, and evoking the warmth of Spain, but not I felt one of her best.

Suzy Mann



WINTER FUEL BILLS



Concerns about paying winter fuel bills are widespread. Citizens Advice had 32,400 people approach them about energy debt in the first four months of 2023 compared to 15,200 in 2020.

Here at CA TNMWD we have dedicated debt and energy teams who can help. Fuel vouchers are available for those on pre-payment meters; either call **01237 879233** or contact fuelvouchers@ruraldevoncab.org.uk or go to www.ruraldevoncab.org.uk/energyadvice/

For those who pay by direct debit it may also be worthwhile contacting us as we can advise on other possible solutions or ways to help such as approaching some companies that offer grants in certain cases.

If you have already incurred energy debt it is also worth a call or an email; our teams can work together to help find the best solution. Contact www.ruraldevoncab.org.uk/debt-and-money-advice/ to request help.

There are also some simple tips which, whilst not covering all the extra costs, will make savings that add up and help the overall picture.

- Most people like a room temperature of between 18 and 21 degrees Celsius. If you have a medical condition it is worth asking your GP what it should be but turning the thermostat down by just 1 degree within this range could save around £115 a year.
- Block any gaps in doors, windows and floors to prevent draughts and keep the heat in. You do need to allow some ventilation to prevent damp and mould but it is worth checking.
- Don't leave appliances on standby – turn them off and switch off unnecessary lights.
- Consider using LED light bulbs as they cost less to run.
- Cutting your shower by just one minute can save money on energy bills. If everyone in a four-person household with a water meter did this, savings of around £75 could be made.

If you are struggling with energy bills you may be able to get support from the government or your energy supplier. Contact your energy supplier in the first instance.

These are very seasonal, topical issues but we can help. Could you help people with problems like these or, indeed, with other problems that people bring to us at CA TNMWD? We give full training and provide ongoing support but we need more people to join us as volunteers in order that we can better meet the growing demand for our services. The problems people bring to us are getting increasingly complex and therefore take a lot longer to work through so that exacerbates our need for more help.

If you would be interested in volunteering with us, contact recruitment@ruraldevoncab.org.uk for more information. We would love to hear from you!

“Have You Ever Seen”

Have you ever seen a sheet on a river bed?
Or a single hair from a hammer’s head?
Has the foot of a mountain any toes?
And is there a pair of garden hose?
Does the needle ever wink its eye?
Why doesn’t the wing of a building fly?

Can you tickle the ribs of a parasol?
Or open the trunk of a tree at all?
Are the teeth of a rake ever going to bite?
Have the hands of a clock any left or right?
Can the garden plot be deep and dark?
And what is the sound of the birch’s bark?
- Anon

CALLING ALL BUDDING ARTISTS, DESIGNERS, AND COMPUTER WIZARDS TO GET CREATIVE!



The Parish Council is looking for a logo/badge design to use on its stationery, website, posters etc which will reflect the character of Lapford and something of its history maybe.

Anyone of any age or artistic ability is invited to submit an original design by Tuesday 23rd January. Entries should be totally original, monochrome or colour with the design clear and easy to reproduce. Please use A4 paper/card and any medium you choose. Clues as to what to base designs on may be found in the local landscape, buildings, and history. The village history website – Lapford history.co.uk – might be a useful source of inspiration.

Each entry should have the name and contact details of the artist attached. There is no limit on the number of entries one person may submit.

Entries should be handed in at The ARK or given to any Parish Councillor and will be displayed in The ARK during February and March for people to see and indicate their preferences. Parish Councillors will have the final say.

Lapford Parish Council

LADIES POP INTO PAST PUBS OF LAPFORD (and trying saying fast that after a pint or two!)



Our November meeting was not as planned. We turned to David, who was on our list to approach for a talk later in the year, to see if he could stand in at short notice. We were lucky because not only was he available but his talk gave us a fascinating insight into another earlier Lapford, many traces of which still exist and, thanks to David, have been recorded.

His tales were loosely linked together under the theme of pubs. Lapford has had quite a few in its time.

We were shown the likely site of the Maltster’s Arms Inn. Guided by a tithe map of 1840, David feels it once stood at the top of the hill on the left going out of the village just before Rensley Lane. Using photography and a clever slider, we were able to get an idea of the size the building (two and a half times bigger than the present pair of houses!). It would have jutted well out into the road making it extremely narrow at that point. It was destroyed in 1851 along with the malthouse and seven other dwellings, in a terrible fire, possibly as a result of a carelessly discarded pipe in use the day before during the Revel. The Keeper, Richard Ellis, who was also a farmer and butcher found himself bereft of a pub but undeterred he was back in business a few years later running the Old Malt Scoop and using it as a base for his butcher’s business.

We heard about another fire possibly caused by a single spark from a passing steam lorry. The house at Lower Forches went up in flames in 1925. The occupants, Mr. and Mrs. Butt in their late seventies, discovered the fire but apparently so no reason to alter their routine. Mrs. Butt was adamant that she needed to wait for the neighbour to dress her as usual before she left the house. Fortunately, the firemen rescued them both along with most of the furniture though they could not save the house. The link with the pub theme here was that this building was formerly the Barnstaple Inn, reminding us that this road was once the main route between Exeter and Barnstaple. The main route into the Lapford at that time would have been down the hill from here.

There is another story linked to the theme through a major sale that took place at the Malt Scoop Inn in 1910. The proceeds allowed George Croote to pursue gold in South Africa. He probably sank most of his fortune into this enterprise but it seems he did not forget his childhood home. There is a record that his son died at Farm Lapford at the end of WW1. It is not possible to be sure of its precise location as it has disappeared somewhere beneath the sprawling Soweto Township but it is strange to think of a Lapford Farm once existing so many miles from its namesake.

I, and I think everyone, was captivated with these tales and with the stories of other pubs, including The Railway Inn, which later became the Temperance Hotel and is now known as Lower Town Place, and the Yeo Vale Hotel, one keeper of which William Manington became the manager of the Ambrosia Factory which brought substantial changes when it arrived in Lapford. David’s enthusiasm for his subject is evident and his research is thorough. As a village, we are fortunate to have him recording its past on the Lapford History Site. I particularly enjoy the photographs he has recorded which allow you to ‘peel back’ a slider so that you can see the same view as it is now and as it looked many years ago. Thank you, David for a thoroughly interesting talk and for preserving aspects of Lapford’s history that might otherwise be lost.

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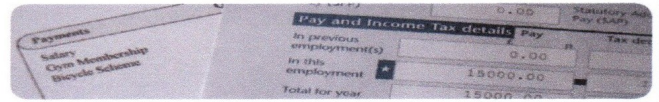
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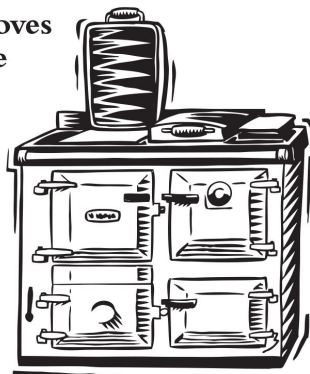
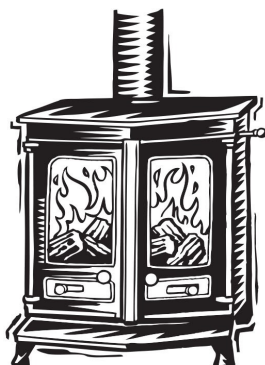
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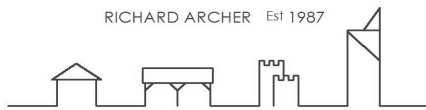
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Please come and join us in The ARK at 7.30

Thursday 18th January

January is our games night and we will be enjoying mulled wine and snacks

We would welcome new members.

Come and join us!

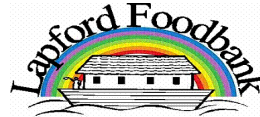


All welcome, there will be coffee and cake!

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PARISH COUNCILLOR VACANCY

Could you become a councillor and help to improve our community? We have a vacancy for a new councillor to join our proactive and forward-looking Parish Council.

The following are just a few of the desired qualities/expectations:

- Have a positive 'can do' attitude
- Attend monthly meetings
- Keep an open mind, and participate in discussions
- Willingness to learn, training will be provided
- Be able to 'think things through' and make decisions
- Good communication skills as you will be liaising with parishioners and other village groups
- Be prepared to get involved eg, litter pick, emergency planning, etc
- Be willing to help plan and participate in community events
- Take ownership and action items you have agreed to do
- Management, financial, legal, project management, or planning knowledge would be helpful
- Be a loyal team player and have a sense of humour!

A lot of work is undertaken between meetings, implementing the agreed actions, so you must be prepared to commit your time. This is especially important as development of the Neighbourhood plan will be very involved.

You will automatically become a Trustee of the Church Green.

There will be an opportunity for all applicants to give a short presentation at a future council meeting, explaining why they wish to be considered, and to provide an opportunity for councillors to ask questions.

The final decision will be at the discretion of the Council.

If you have any questions or would like to talk about the vacancy, please contact any of the existing councillors, or the clerk. Application forms are available from the clerk@lapfordparishcouncil.org.uk, or by contacting any of the parish councillors.

Closing Date 31st January 2024.

Julie Down
Chair, Lapford Parish Council
07756 363678

CHULMLEIGH RURAL CINEMA



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Friday 12th January 2024

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Wine, beer, soft drinks and interval ice-creams for sale

Tickets £5 (Chulmleigh Society members £4.50) on the door

Coming shortly

The Great Escaper (12A) 9th February

The Miracle Club (12A) 8th March

Napoleon (15) 12th April





Residents of the village may have noticed green signs appearing in the village indicating the location of the Defibrillator located at the Orchard Centre. These signs indicate the location of this AED (Automated External Defibrillator). A sign indicating "DEFIBRILLATOR" would soon blow away in the wind.

Roy



LAPFORD REVEL

Quiz—Advance Notice

The Revel Committee will be holding a quiz for Revel funds in the Victory Hall on the evening of **Saturday 24th February 2024**.

Please note the change of date.

LAPFORD PARISH COUNCIL NOTES, OCTOBER AND NOVEMBER 2023

Please note this is a summary of the main points of interest. A copy of the minutes will be made available on the Council website, www.lapfordparishcouncil.org.uk and on the notice boards in the Orchard Centre and in The ARK.

The Parish Council met on 17th October 2023 in the Orchard Centre.

These notes summarise some of the issues discussed in the meeting.

The Parish Council received a presentation from Michelle Maidment of Openreach who explained she was managing a project to provide properties in Lapford and surrounding areas with an Ultrafast Fibre-Optic connection, allowing the broadband providers to make ultra-fast services available. People who wanted to take this opportunity would need to pledge a voucher to Openreach on the website www.openreach.co.uk/connectmycommunity where more details of the scheme could be seen. There would be no direct cost to individuals for this. There needed to be a minimum of pledges for the scheme to be viable for Openreach to undertake the upgrade.

The Neighbourhood Plan support team at MDDC had indicated that they did not have the resources available to provide a presentation.

The Parish Council would set up a Design a Logo competition asking parishioners to come up with something that could become the Council's formal logo. Cllr. Briant-Evans would organise this.

The Parish Council Events Committee would organise something to commemorate the 80th anniversary of D-Day which will be on 6th June 2024.

The Parish Council contributed a grant of £300 towards the Pensioners' Christmas Lunch.

Three new salt/grit bins had been purchased and would be located at strategic places in the village.

The Parish Council met on 14th November 2023 in the Orchard Centre.

These notes summarise some of the issues discussed in the meeting.

Abigail Whittaker had resigned as a Councillor because of her work commitments and MDDC had been notified appropriately. The first stage was to offer a by-election and if no-one requested one the process would be to fill the vacancy by co-option.

The following matters were discussed:

Section 106 funding for the Football Club – Cllr. Briant-Evans and the clerk to liaise on this.

Ash Die-Back – the problem to be notified to DCC Highways.

Signpost Cleaning – to be undertaken in the Spring.

Telephone Box Disconnection – now in the hands of BT and not National Grid.

Community Broadband Funding – The ARK already had a broadband connection.

Sandbags – to be ordered commercially.

Grit Bins – now installed.

The change in broadband connection for the Orchard Centre was on hold until the result of the Openreach fibre connection project was completed. This would enable a new contract to be set up with ultra-fast connection.

The planning application 22/01910/MOUT for 14 dwellings at Sandhurst, Lapford had been refused by MDDC and was now subject to an Appeal to the Planning Inspectorate. The Parish Council had objected to this application and would reinforce that objection by making a representation to the Inspectorate.

The initial discussions within the Parish Council on the 2024/25 Budget and Precept took place so that the requirements for the precept for that year could be decided in time for the January 2024 meeting.

The Parish Council would notify MDDC of what was needed on the playing field in conjunction with the Lapford Youth and Playing Field Trust, rather than MDDC using the Section 106 finance to supply equipment without local consultation.

Email: clerk@lapfordparishcouncil.org.uk

Phone: 07768 829511

LAPFORD GARDENING CLUB

want to grow vegetables the easy way? Come to the Gardening Club's first meeting in 2024 to learn more about 'no dig gardening.' If you missed the information on Gardener's World, Lara Honnor will be explaining how it can be applied to your own garden.



Tuesday 9th January
7.30pm at The ARK
Lara Honnor
The No-Dig Revolution

A gentle reminder to members that the subscriptions for 2024 are now due. Subscriptions (£20) can be paid in cash at the next meeting or by BACS (email trisha@mumfordj.plus.com for bank details).

New members always welcome

"Nature spins her stories, in the threads of time so dear,
A tapestry of moments, crafted year by passing year."

— Oscar Auliq-Ice

MINCEMEAT CRUMBLE TOPPING

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50g butter (2 oz) or margarine
2 generous tablespoons mincemeat
Peeled and sliced cooking apples

Rub the butter into the oatmeal and stir in the mincemeat. Spoon the crumble mix over apples, or a mixture of partly cooked fruit and bake until golden brown.

Paul Cleave

FROM MID DEVON DISTRICT COUNCIL - TELL US ABOUT RURAL MID DEVON

Mid Devon's planners are launching a survey about current services and facilities within villages.

The survey will help us find out where residents in Mid Devon access local services, such as healthcare, shops, and recreation facilities. We would also like to hear about how well rural areas are served by broadband and mobile phone coverage, where publicly accessible electric vehicle charging points should be provided so that we can investigate these, and if there are community energy schemes in your local area.

We already have information about post offices, bus and rail services and local libraries, but comments about these services are welcomed.

Feedback from the survey will help the Council better understand how well places in Mid Devon meet the needs of their communities. This will be used to prepare a new Local Plan to guide the use and development of land across the district for the next twenty years, and help us make our towns and villages more self-sufficient, climate friendly and move towards a net zero carbon future.

Councillor Steve Keable, Cabinet Member for Planning and Economic Regeneration, said:

"Over half the population of our district live in rural areas and so we want to work to make sure that our villages can continue to support vibrant, sustainable communities and provide for the needs of local people. By responding to this survey, you will be assisting us in ensuring that we have the best possible picture of the valued facilities which exist across the District."

Have your say.

The public consultation will run from Tuesday 2nd to Wednesday 31st January 2024 and can be accessed via [Let's Talk Mid Devon](#):

All comments received within the consultation period will be carefully considered to help us produce a report for the Rural Services Survey, which will be published on the Council's website in due course.

Past Rural Services Survey reports can be viewed on the Council's website, here: <https://www.middevon.gov.uk/residents/planning-policy/monitoring/rural-services/>

Printed copies of the survey are available on request, from the Council Offices in Tiverton (Phoenix House, Phoenix Lane, EX16 6PP) and at libraries within Mid Devon during normal opening hours during the consultation period.

For more information please contact Forward Planning at Mid Devon District Council.

The online survey is available until Wednesday 31 January 2024. You can also respond to the consultation by sending your completed form by email or post to us by Wednesday 31 January 2024.

By email: consultations@middevon.gov.uk

By post / deliver by hand: Forward Planning, Phoenix House, Phoenix Lane, Tiverton, Devon EX16 6PP

Comments must be sent to us in writing, should specify the consultation you are responding to. If you are responding to specific sections of the survey, please support us by indicating which sections these are in your response. Please note that personal data is not required.





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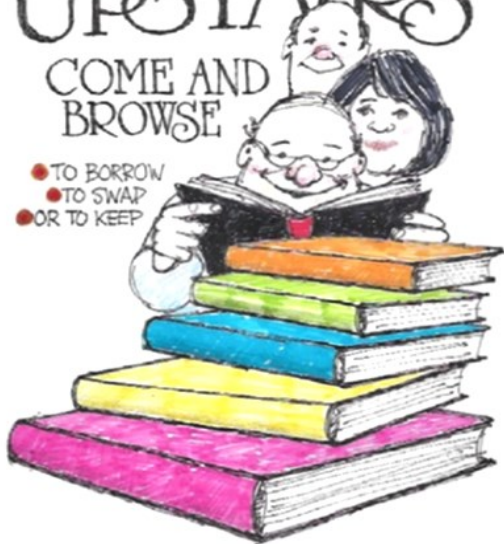
"I hope that in this year to come, you make mistakes.
Because if you are making mistakes, then you are
making new things, trying new things, learning, living,
pushing yourself, changing yourself, changing your world.
You're doing things you've never done before,
and more importantly, you're doing something."
—Neil Gaiman



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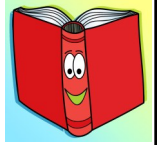
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The Orchard Centre in Orchard Way

What 3 Words app location:
emperor.stated.stapled

Another defibrillator is located at Rose Removals
It can be found in the red telephone box in front of the
building, about 200 yards from the main gate.
(Pedestrian access around the side out of hours)



**LAPFORD LOOKOUT
TO CONTACT THE EDITOR**



Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, CREDITON, EX17 6PR

Tel: (01363) 884211 or 07791 989142

E-mail: lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Contributions are welcome, to be used at the Editorial Team's discretion.

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

The views in this newsletter do not necessarily represent the views of the Editorial Team.

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Mel Stride MP	~	02072 197037 / mel.stride.mp@parliament.uk

USEFUL TELEPHONE NUMBERS



- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
- CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping ~ 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings @Devon ~ Exeter: 07990 790 920 or Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561

LAPFORD WEBSITES

- www.lapfordhistory.co.uk
- www.lapfordparishcouncil.org.uk
- www.lapford-primary.devon.sch.uk
- www.lapfordvictoryhall.co.uk
- www.lapfordvillage.co.uk
- www.facebook.com/laofordparishcouncil



Lapford Voluntary Car Aid 2011

NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT OR A PRESCRIPTION COLLECTED?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares are as follows:

- Bow Medical Centre - £6
- Chulmleigh Dental Practice - £6
- Chulmleigh Health Centre - £6
- Crediton (Breast Screening) - £7
- Crediton Community Hospital - £6
- Morchard Bishop Surgery - £4
- Redlands Health Centre - £7
- Witheridge Surgery - £6

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.



LAPFORD LOOKOUT

ADVERTISING RATES AND POLICY



Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

- One eighth page: £7 per month.
- One quarter page: £14 per month.
- One half page: £28 per month.
- Whole page: £56 per month.

Pay for twelve months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.

LAST POSTING TIMES AROUND THE VILLAGE



	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	9.00 a.m.	7.00 a.m.
Woodland Cottage	9.00 a.m.	7.00 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	9.00 a.m.	7.00 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	9.00 a.m.	7.00 a.m.
Morchard Road	9.00 a.m.	7.00 a.m.
Copplestone	4.30 p.m.	11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
Adventure Gaming Books on Wheels	Mr Warren Clayburn Mr Peter Westcott	01363 83095 / wmclayburn@gmail.com 01363 83525 / pj.westcott@btinternet.com
Friends of Langannerie (twinning) Friends of Lapford Mill Friends of Lapford School	Mr Peter Henshaw Mr Alex Gater Mrs Stacey Lumsdon	01837 89070 / petehenshaw@yahoo.co.uk 07815 795918 / alex@lapfordmill.uk 07891 556884 / staceyannlumsdon@gmail.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Ladies of Lapford (LOL) Lapford Allotment Society Lapford Amateur Dramatic Society Lapford ARK Lapford Association Football Club Lapford Book Club Lapford Celebrations Committee Lapford Choir Lapford Church Green Trust	LOL Team Mr Raymond Waldron Mr Ian Wilkie Miss Briony Clinch ~ Mrs Jill Doe Mrs Sue Briant-Evans Mrs Cat Seymour Mr Steven Fletcher	ladiesoflapford@gmail.com 01363 83894 / ednawaldron@btinternet.com 01363 83437 / i.wilkie45@btinternet.com 01363 83788 lapfordafc@gmail.com 01363 83410 / sunnyside@jilldoe45.plus.com 01363 83763 / susanbriantevans@gmail.com 01363 884432 / cathryn_seymour@outlook.com 07891 142436 / steven.fletcher@lapfordparishcouncil.org.uk
Lapford Community Church Lapford CP School and Nursery Lapford Congregational Church	Miss Briony Clinch ~ Mr Peter Lacey	01363 83666 / admin@lapfordcc.org.uk 01363 83292 / admin@lapford-primary.devon.sch.uk 07775 941505 / lapfordcongregationalchurch@gmail.com
Lapford Dog Club Lapford Emergency Action Plan Committee	Mrs Sara Thurgood Mrs Sue Briant-Evans	01363 83081 / info@lapforddogclub.co.uk 01363 83763 / sue.briantevans@lapfordparishcouncil.org.uk
Lapford Foodbank Lapford Handbell Ringers Lapford Hedgehog Rescue Lapford High 5 (ages 7-11) Lapford Gardening Club Lapford Lookout Lapford Over 60 Club Lapford Parish Church Lapford Poppy Appeal Organiser Lapford Project 2000 (LP2K) Lapford Revel	Miss Briony Clinch Mr Steve Munday Dr Nicola Perera Mrs Cat Seymour Mrs Trish Mumford Mrs Beccy Fletcher Mrs Carol Worsdell Mrs Joan Graham Mrs Caroline Noon Mrs Sue Briant-Evans Mr Mark Tanner or Mrs Sue Briant-Evans	01363 83788 07798 684225 / steve@themundays.org 07880 189805 01363 884432 / cathryn_seymour@outlook.com 01363 83911 / james@mumfordj.plus.com 01363 884211 / lapfordlookout@gmail.com 07368 860835 01363 83047 / jemg47@aol.com 01363 83863 / lapford.pao@gmail.com 01363 83763 / susanbriantevans@gmail.com Gryff_raven@hotmail.co.uk or 01363 83763 / susanbriantevans@gmail.com
Lapford Victory Hall & Lower Town Place Lapford Village Archive Lapford Village Market Lapford Voluntary Car Aid Lapford Youth Club Management Committee Lapford Youth and Playing Field Trust Lower Town Place Gardening Group	Mr Darren Crump Ms Audrey McCormack Mrs Stacey Lumsdon Mrs Grace Hill Mr Steve Keable Mr Roy Andrews Mr Andy Epstein	07960 715553 / darrencrump99@hotmail.co.uk 01363 83103 / archivelapford2022@gmail.com 07891 556884 / lapfordvillagemarket@gmail.com 01363 83178 / lvca2011.19@gmail.com 07967 655045 / lapforyouthclub@gmail.com 07969 823256 / roy.andrews1950@icloud.com amepstein55@gmail.com
North Creedy Choral Society Nymet Rowland Village Pump	Mrs Patricia Robottom Liz and Roland Smith	01363 884495 / patricia@serafim.eclipse.co.uk 01363 884446 / pump@incywincyweb.com
Save Our Heritage Lapford Springers 4's and under	Mrs Donna Egan Mrs Carol Worsdell	01363 83732 / donnaegan84@gmail.com 07368 860835
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk



LAPFORD VOLUNTARY CAR AID

It was that time of year again and our volunteer drivers and partners celebrated yet another very busy year serving the residents of Lapford.

Good food and good company made for a very enjoyable lunch, and the plates were a lot lighter going out than they were coming in, and the diners were correspondingly heavier! Don't get on the scales, they will say "One at a time please!" Here's looking forward to another successful year, and hoping that you all had a Happy Christmas.



LAPFORD COMMUNITY PRIMARY SCHOOL NEWS



We have ended 2023 totally exhausted but full of Christmas cheer!

At the end of November, we held our annual Christmas craft day. This marked the beginning of the festive season and saw the glitter and gold pens unleashed as the children spent a whole day preparing a range of Christmas crafts to be sold at the Lapford Christmas Market. We are extremely grateful to Friends of Lapford School who organised the market and helped to raise over £300 for the school.

As we entered December, we were pleased to welcome parents to school to watch nativity performances from both Robins and Skylarks, our EYFS and KS1 classes. Robins performed a Nursery Rhyme Nativity which saw the traditional Christmas story retold through well known but adapted nursery rhymes. The children performed fantastically and for many, this was the first time they had stood on a stage in front of an audience. It was lovely to see them confidently singing and acting their parts enthusiastically.



Skylarks were also keen to share their version of the Christmas story with their performance of Christmas Counts. This was a lively performance, filled with songs and magical moments. We were blown away by the quality and volume of their singing and even though there were only fifteen performers, their voices rang out around the hall. It was a truly magical performance and we were so proud of them all.

The final week of school saw further Christmas events including the KS2 Christmas Service and a theatre trip for our youngest children.

At the end of this term we say a fond farewell to Mrs Catherine Duhig who has been a teacher within the Chulmleigh Academy Trust for the past eight years.

She has made a positive impact on so many children over the years and I know that Herons will be incredibly sad to see her go. She leaves us to take on a new challenge at Swimbridge C of E Primary School and we wish her every success. Also leaving us at the end of this term is Mr Joe McEvoy whose role as intervention teacher has come to an end. We wish him luck as he takes up a new position as an inclusion officer working across five schools in Exeter.

Mrs J. Wright
Head of School

