



LAPFORD LOOKOUT



YOUR LOCAL MONTHLY NEWSLETTER

Year 26 Issue 6

June 2023

LAPFORD VINTAGE RALLY

Saturday June 24th
12:00-17:30
Lapford Playing Field
Church Close, Lapford, EX17



£2 Entry

Stalls, Bar and light refreshments available
All profits to Lapford Playing Field Trust.
All dogs to be kept on leads
THIS IS A CHILDREN'S PLAY AREA
malcolm.hayes@outlook.com
Grace: 07807 019890

Lapford Village Market



**SATURDAY 24TH JUNE
10AM-1PM**

Local produce Stalls
Handmade crafts
Foodbank drop off point
Bric-a-brac, Car-boot tables and
much, much more
Tea, coffee & snacks
To book a stall / table please call Stacey
07891 556884 or email
lapfordvillagemarket@gmail.com
£5 per stall payable on the day

Open Air Theatre Lower Town Place: Much Ado About Nothing

There was a
star danced,
and under that
was I born.

Much Ado About Nothing

Folger SHAKESPEARE LIBRARY

Crediton Arts Centre give a gypsy-punk treatment to Shakespeare's dark comedy of romance, deception, betrayal and redemption. Directed by Jack Robson, costumes by Lindy Yellowlees, Set by Tim Salter, original music by Stuart Toms.

Sunday 18 June
2.30pm

£8 Adult £6 Concessions

Tickets: The ARK, Victory Hall, Steve Keable or <https://www.ticketsource.co.uk/creditonartscentre>

Supporting the Victory Hall and Lower Town Place



CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU TO:



THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

Vicar: The Reverend Robert Gordon - (e) vicar.ncw@gmail.com

Churchwarden: Joan Graham - (e) jemq47@aol.com (t) 01363 83047

1st, 2nd & 3rd Sundays – Lay Led Morning Prayer – 9.30 a.m.

4th Sundays – Common Worship Eucharist – 9.30 a.m.

5th Sundays – See announcements on Church notice board

4th June Trinity Sunday - 9.30 a.m. - Lay Led Morning Prayer

11th June - 9.30 a.m. - Lay Led Morning Prayer

14th June - 10.30 a.m. – BCP Holy Communion (1662)

18th June - 9.30 a.m. – FRIENDS OF ST THOMAS Eucharist & AGM

25th June - 9.30 a.m. – Common Worship Eucharist

ALL ARE WELCOME - REFRESHMENTS SERVED AFTER SERVICES

LAPFORD CONGREGATIONAL CHURCH

Services every Sunday at 11.00 a.m.

Communion will be held on the second and fourth Sundays

Contact: Caroline Gilpin **83674** Peter and Viv Lacey **07775 941505**

Cat Seymour **884432** Helen Wyatt **07964 855677**.

email: lapfordcongregationalchurch@gmail.com

www. [facebook.com/lapfordcongregationalchurch](https://www.facebook.com/lapfordcongregationalchurch)

Services:

4th June – Service led by Sir Roy Sambles

11th June - All Age Family Service led by Merrill Archer

18th June – Service led by Merrill Archer

25th June – All Age Family Service led by Cat Seymour

2nd July – Merrill Archer's Induction Service

LAPFORD COMMUNITY CHURCH

Meets every Sunday morning at 10.30 a.m. in the Victory Hall

4th Sunday of the month is Family Service

Fellowship Group on Wednesdays 7.00 p.m. upstairs in The ARK

Contact: Briony Clinch - Tel: **83666**


<https://www.lapfordcc.org.uk/>

Please visit our website for information about the Foodbank and The ARK.
You will also find lots of information about Church activities and on-line services.




*All the Churches welcome everyone to any of their services and social events.
We look forward to fellowship with you.*





**LAPFORD OUTREACH
POST OFFICE**



OPENING HOURS:

| | |
|-----------|--------------|
| Monday | 9.00 - 12.00 |
| Wednesday | 9.00 - 12.00 |
| Friday | 9.00 - 12.00 |



**ROAD CLOSURES FOR
THE REVEL
FRIDAY JULY 7TH**

As in the past, there will necessarily be closures of the main village road and Eastington Lane

for the safety of the procession and the children.




EASTINGTON LANE will be closed as far as the School from approximately 5.45 p.m. until around 6.30 p.m.

The MAIN ROAD will be closed between **HIGHFIELD** and below **WESTGATE** from approximately 6.15 p.m. until 7.15 p.m. The procession will **NOT** go round Westgate and Orchard Way.

After 7.15 p.m. there will be controlled flow between The Ark and Orchard Cross with complete closures during the Morris Dance performances.

Access for emergency vehicles will be maintained at all times.

These closures have been authorised by Devon County Council



Lapford Weather Review

LAPFORD WEATHER APRIL 2023

An average April in terms of temperature, but wetter than usual.

The warmest day was the 29th with a maximum of 16.1°C and the coolest was the 12th with a maximum of 9.1°C.

The coldest night was on the 7th with a minimum of -0.1°C. The temperature at ground level this night fell to -2.4°C.


Total rainfall was 72.3 mm, a little wetter than average.

The wettest day was the 27th with a fall of 16.5 mm.

Three of the last four months have been wetter than average, just February was dry.

The windiest day was the 12th with a gust of 52 m.p.h.

Andy Epstein





DATES TO LOOKOUT FOR

June

- 13th Lapford Gardening Club, Garden visit, 7.30pm
- 14th Copy Deadline for July Lapford Lookout 6.00pm
- 14th Lapford over 60 Club trip to Fleet Air Arm Museum, Orchard Way Car Park, 9.30am
- 15th Ladies of Lapford, A talk about the Lydcott Collection, The ARK, 7.30pm
- 18th Open Air Theatre Much Ado About Nothing, Lower Town Place, 2.30pm
- 18th Friends of St Thomas AGM, 9.30am
- 20th Lapford Parish Council Meeting
- 24th Lapford Village Market, Victory Hall, 10.00am
- 24th Church Green Facelift, Moles and Muckers required
- 24th Lapford Vintage Rally, Lapford Playing Field, 12.00pm
- 29th Lapford Over 60 Club, tba

July

- 7th-9th - Lapford Revel
- 11th - Lapford Gardening Club, Garden visit, 7.30pm
- 15th - High Tea, Lapford Congregational Church
- 18th - Lapford Parish Council Meeting
- 20th - Ladies of Lapford, Town Trail details to follow
- 22nd - Lapford Village Market
- 27th - Lapford Over 60 Club, tba

August onwards

- 8th August - Lapford Gardening Club, Garden visit, 7.30pm
- 26th August - Lapford Village Market
- 31st August - Lapford Over 60 Club, tba
- 2nd Sept. - Lapford Gardening Club Annual Show, Victory Hall
- 12th Sept. - Lapford Parish Council Meeting
- 23rd Sept. - Lapford Village Market
- 28th Sept. - Lapford Over 60 Club, tba
- 10th October - Lapford Gardening Club, tba
- 26th October - Lapford Over 60 Club, tba
- 28th October - Lapford Village Market
- 14th Nov. - Lapford Gardening Club, tba
- 25th Nov. - Lapford Village Market
- 30th Nov. - Lapford Over 60 Club, tba
- 12th Dec. - Lapford Gardening Club, Christmas Social, 7.30pm
- Dec. - Lapford Over 60 Club, Christmas meal at The Waie Inn, tba




LAPFORD LOOKOUT

Contributions welcome

lapfordlookout@gmail.com

**Deadline for inclusion in the next issue:
6.00 p.m. on the 14th May for inclusion in the June issue**





LAPFORD'S DEFIBRILATOR

is on the outside of The Orchard Centre in Orchard Way

What 3 Words app location: emperor.stated.stapled

LAPFORD REVEL NEWS



The Revel is only a month or so away now. Lots will be happening including Procession, Crowning Ceremony, Morris Dancing, Bar & BBQ, Cream Teas, Family Games, Anna Banana, Live music & Revel Grand Draw (first prize £100), Church Service, Bell Ringing and much more. See the next Lapford Lookout for the full programme.

All of this takes a lot of planning ahead of time, and man/woman power at the time of the event. **Volunteers needed** for the following:

Friday 7th July – Help with putting up tents by the Victory Hall in the afternoon.

Marshalls for the procession from 5-00p.m.

Puppeteers for Big Tom in the procession (no previous experience necessary).

Bar & BBQ staff in two-hour slots from 5-30p.m. onwards until late.

Draw ticket sellers throughout the evening.

Help with clearing up at the end of the evening.

Saturday 8th July -

Help with putting up tents on Lower Town Place in the morning.

Help with Family Games on the Playing Field from 10-00a.m.

Bar & BBQ staff in two-hour slots from 1-30p.m. until late.

Overseeing the Bouncy Castle in one-hour slots from 2-00p.m.

Draw ticket sellers throughout the afternoon.

Clearing up at the end of the day.

Sunday 9th July

Help with the Big Clear up on Lower Town Place – time to be confirmed.

To register an interest in helping please phone or email the Revel contacts at the back of the Lookout.

If you would like to **book a stall** for the Revel Fayre on Saturday 8th July, please fill in the form below.



Lapford Revel Fayre

Saturday July 8th 2023 on Lower Town Place,

Lapford EX17 6PZ from 2-00 to 5-30 p.m.

(Site open for access from 1-00 p.m. Parking in adjacent car park)

Booking Form

Name _____

Contact details (phone & email) _____

Type of stall/goods for sale _____

(Please note that all catering provision is already in place)

Please tick one option below:

A table under shared tented cover – fee £5

A pitch for your own gazebo – fee £7.50

Village Club or organisation – fee £2.50

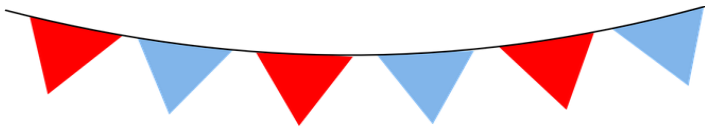
(Payments via cash or cheque please. Cheques payable to Lapford Revel Committee)

Please indicate whether your stall is a Private Stall or a Trade Stall

(Trade stall holders will be asked to show evidence of public liability insurance.)

Completed forms to be returned to the Post Box at Pear Tree House, Lapford, (opposite the Victory Hall), the ARK, or emailed to susanbriantevans@gmail.com Phone for further information 01363 83763

Note that in the event of bad weather the event will move to the Victory Hall, adjacent to Lower Town Place and some stalls may be accommodated there at the discretion of the Revel Committee.



**LAPFORD REVEL 23
THE ROARING TWENTIES,
JULY 7TH TO 9TH 2023**

The Programme in place so far:

FRIDAY JULY 7TH

5-30 P.M. REVEL PROCESSION to leave Eastington Lane by the school and proceed via Blind Lane to the Church Green.

ON THE CHURCH GREEN

6-00 P.M. REVEL CROWNING followed by maypole dancing and sweet scramble.

7-30 P.M. THE WINKLEIGH MORRIS DANCERS will perform by the Old Malt Scoop.

REVEL BAR, BBQ & CHIPS.

SATURDAY JULY 8TH

ON THE PLAYING FIELD

10-00 A.M. FAMILY GAMES provided by the Community Church team.

ON LOWER TOWN PLACE

2-00 P.M. OPENING OF THE REVEL FAYRE by the Head Teacher of Lapford School plus the Revel Kings and Queens.

2-30 P.M. ANNA BANANA will entertain.

3-15 P.M. LIVE BAND PERFORMANCE.

4-35 P.M. ANNA BANANA will entertain.

4-35 P.M. LIVE BAND PERFORMANCE.

5-00 P.M. REVEL GRAND DRAW AND PRIZEGIVING.

EVENING MUSICAL EVENT to be announced.

The Revel Bar, BBQ & Chips will be up and running.

Bouncy Castle, Fancy Dress Competition, Cocktail/Mocktail bar, stalls and much more.

(To book a stall get in touch. See contact details at the back of the Lapford Lookout).

SUNDAY JULY 9TH

IN THE PARISH CHURCH

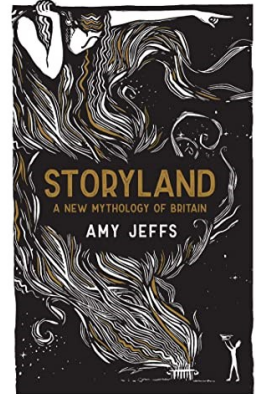
UNITED REVEL SERVICE - time to be confirmed.



**LAPFORD BOOK CLUB REVIEW:
STORYLAND, A New Mythology of Britain**

I was thrilled when I saw the title of this book, I love myths and legends, fantasy, you name it, I look forward to starting this type of book. However, I was so disappointed.

Like all the Book Club members, I didn't get any further than the second chapter, I have other books that I have waiting to read. It may have been the style of her writing, I don't know but there was nothing that made me want to continue. It may appeal to others but, regretfully, not for us. I do know that several Book Club readers do not enjoy this type of book but even those of us who do also couldn't be bothered to continue reading any further than chapter two.



Hopefully the May book is better, I have already (4th May) started it and I think I will enjoy this one.

Jill Doe

RADIO JUPITER

Hello.

I'm Chris Tees. Some of you may know me and some of you may not.

My parents moved to Lapford in February 1988 and they still live in Westgate and I lived with them right up until 2011 and still visit them regularly.



My paid job is working as a cook for Devon County Council in Exeter where I live.

My biggest ambition was to work in Radio and I have achieved this although my radio work is all voluntary. I can currently be heard on East Devon Radio on Sunday evenings between 6pm and 8pm on 94.6fm and DAB+ which just about stretches to Lapford. However In addition my latest project is Radio Jupiter a not for profit internet radio station.

If you like a wide range of classic hits mixed with new music and classic tracks that wouldn't normally get played on daytime Radio elsewhere, Radio Jupiter is the station for you with a music library of over 50,000 tracks. Any money made surplus of keeping the station on air is kindly donated to the RNLI. The station broadcasts a great mix of music 24 hours a day online via www.radiojupiter.studio/ and also by asking your smart speaker to play Radio Jupiter. We have presented shows from 7am to 7pm seven days a week and until 11pm on Saturdays. You can find me on Sundays and Mondays mid morning between 9am and 1pm and we're also looking for new presenters if you have a computer or laptop and a decent usb microphone please email Carol Cooke at mothership@radiojupiter.studio to find out more.

Chris Tees

THOUGHTS FROM THE ARK



God built specific triggers into our bodies to let us know when it's time to escape consciousness and sleep and wise people listen to these clues. History's most notable power nappers include Albert Einstein, Thomas Edison and Winston Churchill. There is a reason why your eyelids start to droop around 2.00pm. The levator muscles, which constantly contract to keep your eyelids open, give out and beg for a break. A chemical called adenosine, which collects in the brain when you're awake, piles up and makes you feel drowsy. Consequently, your body yearns for sleep to allow the adenosine to disperse, resulting in instance relief.

A study published in the Annals of Internal Medicine confirms that people who nap for at least thirty minutes daily, three times weekly, are one third less likely to die from heart disease. Additional research suggests that taking a nap can improve creativity and memory. Cognitive neuroscientist William Fishbein says that often during a brief nap, our brains actually keep working to resolve problems and form new ideas. That helps explain why Mozart professed to have composed in his dreams.

Studies also show that a little extra sleep can assist with weight control – which means you can lose as you snooze. Ghrelin, a hormone produced in our intestine, tells us we're hungry and triggers craving for the sweets, salty food and starches – all the bad stuff. However, when we sleep more, our colon stores less ghrelin and our craving for junk food diminishes.

In Scripture, Jesus not only took frequent rest breaks himself, He encouraged His disciples to follow suit. So, try a nap. Word for the Day. UCB notes who would have thought extra sleep in the day could help with weight control. I always thought it was a waste to spend time asleep in the day time and I wouldn't sleep very well at night. How wrong can you be. Psalm 139 states that God formed our innermost being, shaping our delicate insides and our intricate outside, and weaving them together in our mother's womb. How thoroughly he knows us. He even formed every bone in our bodies, when we were created in the secret place, carefully, skilfully shaping us from nothing to something. We are mysteriously and beautifully made. Every one of us.

The Ladies of The ARK



LAPFORD BUS TIMETABLE



Exeter | CREDITON | COPPLESTONE | LAPFORD | CHAWLEIGH | CHULMLEIGH

5C

From 5th June 2023

MONDAYS TO SATURDAYS except Bank Holidays

| | MF | | | | | | | | |
|-----------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|--|
| Exeter Bus Station Bay 7 | 05:30 | 06:15 | 08:05 | 10:05 | 12:05 | 14:05 | 16:40 | 17:50 | |
| Cowley Bridge | 05:41 | 06:26 | 08:18 | 10:18 | 12:18 | 14:18 | 16:58 | 18:08 | |
| Newton St Cyres Crown and Sceptre | 05:48 | 06:33 | 08:25 | 10:25 | 12:25 | 14:25 | 17:05 | 18:15 | |
| Crediton Railway Station | 05:54 | 06:39 | 08:31 | 10:31 | 12:31 | 14:31 | 17:11 | 18:21 | |
| Crediton Lloyds Bank | 05:58 | 06:43 | 08:36 | 10:37 | 12:37 | 14:37 | 17:18 | 18:27 | |
| Copplestone Stone | 06:06 | 06:51 | 08:44 | 10:45 | 12:45 | 14:45 | 17:26 | 18:35 | |
| Morward Road Devonshire Dumping | 06:09 | 06:54 | 08:47 | 10:48 | 12:48 | 14:48 | 17:29 | 18:38 | |
| Lapford Cross Industrial Estate | 06:16 | 07:01 | 08:54 | 10:55 | 12:55 | 14:55 | 17:36 | 18:45 | |
| Lapford Shelter | 06:18 | 07:03 | 08:56 | 10:57 | 12:57 | 14:57 | 17:38 | 18:47 | |
| Chawleigh Earl of Portsmouth | 06:31 | 07:16 | 09:09 | 11:10 | 13:10 | 15:10 | 17:51 | 19:00 | |
| Chulmleigh New Health Centre | 06:43 | 07:28 | 09:21 | 11:22 | 13:22 | 15:22 | 18:03 | 19:12 | |

Chulmleigh | Chawleigh | Lapford | Copplestone | Crediton | Exeter

5C

MONDAYS TO SATURDAYS except Bank Holidays

| | MF | | | | | | | | |
|-----------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|--|
| Chulmleigh New Health Centre | 06:45 | 07:30 | 10:03 | 12:03 | 14:03 | 15:40 | 18:10 | 19:15 | |
| Chulmleigh Red Lion | 06:47 | 07:32 | 10:05 | 12:05 | 14:05 | 15:42 | 18:12 | 19:17 | |
| Chawleigh Earl of Portsmouth | 06:56 | 07:41 | 10:14 | 12:14 | 14:14 | 15:51 | 18:21 | 19:26 | |
| Lapford Shelter | 07:08 | 07:53 | 10:26 | 12:26 | 14:26 | 16:03 | 18:33 | 19:38 | |
| Lapford Cross Industrial Estate | 07:12 | 07:57 | 10:30 | 12:30 | 14:30 | 16:07 | 18:37 | 19:42 | |
| Morward Road Devonshire Dumping | 07:17 | 08:02 | 10:35 | 12:35 | 14:35 | 16:12 | 18:42 | 19:47 | |
| Copplestone Stone | 07:21 | 08:06 | 10:39 | 12:39 | 14:39 | 16:16 | 18:46 | 19:51 | |
| Crediton opp Tesco Metro | 07:31 | 08:16 | 10:49 | 12:49 | 14:49 | 16:26 | 18:56 | 20:01 | |
| Crediton Railway Station | 07:36 | 08:21 | 10:54 | 12:54 | 14:54 | 16:31 | 19:01 | 20:06 | |
| Newton St Cyres Crown and Sceptre | 07:42 | 08:27 | 11:00 | 13:00 | 15:00 | 16:38 | 19:07 | 20:12 | |
| Cowley Bridge | 07:50 | 08:35 | 11:08 | 13:08 | 15:08 | 16:46 | 19:14 | 20:19 | |
| Exeter Bus Station Bay 7 | 08:00 | 08:45 | 11:18 | 13:18 | 15:19 | 16:57 | 19:23 | 20:28 | |

MF - Operates Monday to Friday only

CHULMLEIGH RURAL CINEMA



Beautifully filmed, Martin McDonagh directed tragicomedy, set on a remote island off the west coast of Ireland in the 1920s, with outstanding performances from Brendan Gleeson, Colin Farrell and ensemble cast, and appropriately fairytale soundtrack. (15)

Friday 9th June 2023

The Pavilion, Leigh Road, Chulmleigh EX18 7JL

Doors open 6.45pm Film starts 7.30pm

Wine, beer, soft drinks and interval ice-creams for sale

Tickets £5 (Chulmleigh Society members £4.50) on the door

Coming shortly:

The Fabelmans (12A) Friday 14th July



LAPFORD CONGREGATIONAL CHURCH HIGH TEA

£8 Per Person
Funds raised towards
Lapford Congregational Church

Saturday 15th July
2.30-4.30pm

Assortment of Sandwiches

Freshly Baked Scones

Assorted Sweet Items

Served with a selection of tea or coffee

Contact Cat Seymour to book a table
on 01363 884432

or email

lapfordcongregationalchurch@gmail.com



citizens
advice

Torrige, North,
Mid & West Devon

We must all have experienced problems like this at one time or another!

"I've just had my bathroom retiled but I'm not happy with the work. At first, things seemed to be going well then the tradesperson left to do another job and I had to chase them for updates. They eventually came back and finished the job, but it was pretty rough around the edges. They also left all the old tiles and plaster for me to dispose of which I wasn't expecting. I've been invoiced, but I don't think the price reflects the work done or the service I got. Can I challenge this?"

You mention that the job 'looked rough around the edges'; if this is to a degree you consider the job unfinished or unsafe, you should be able to get the tiler to come back to fix it and also suggest removing the old tiles as you considered this to be part of finishing the job.

You are protected by the Consumer Rights Act 2015, which says that work should be completed 'with reasonable care and skill.' If they haven't done this, they've broken the law. The Act means you're legally entitled to ask the tiler to fix the problem (if they provided the tiles as well as the service), or get money refunded (if they just provided the service and you bought the tiles). They should fix the problem or refund you in a reasonable amount of time without causing too much inconvenience. As you've received the invoice for the work but not paid yet, now would be a good time to ask them to fix the issue or negotiate a lower price for the work.

Let the tiler know you understand what you're entitled to. Speak to them or contact them in writing by letter or email. There are template letters on the Citizens Advice website, <https://www.citizensadvice.org.uk/consumer/template@letters/letters/#sec55337>. Make sure you have a written copy of anything agreed. Before you contact them it's a good idea to take photographs to use as evidence of the problem. Make notes about what happened, including dates and times. Also gather any paperwork and receipts – was there any prior written agreement about who would dispose of the old tiles? Was the final cost in line with estimates or quotes given to you at the outset of the work? If not, further advice is available on the Citizens Advice website or you could contact us using our free, local AdviceLine 0808 27 87 999. Alternatively, you can log on to our local website, www.ruraldevoncab.org.uk and click on 'Get Advice'.

If, despite all efforts, you are still struggling to come to an agreement with the tiler, there are other steps you can take to solve your problem including 'alternative dispute resolution'. For more information, visit. <https://www.citizensadvice.org.uk> and search for alternative dispute resolution.

Here at CA TNMWD we are facing incredibly high demands for our services and are constantly looking for new volunteers to join us. All our volunteers get thorough, ongoing training and support; we're a friendly bunch and you would be amazed the difference that you could make to people in our community! For more information contact recruitment@ruraldevoncab.org.uk – we would love to hear from you!

ELDERFLOWER SYRUP



www.sustainablecrediton.org.uk

This versatile syrup is good in drinks and cakes, and is good with gooseberries, too.

1 pint (500ml) water
The zest and juice of one lemon
8 oz (200g) granulated sugar
Twelve large elderflower heads

Bring water and sugar to boil, stirring to dissolve the sugar, add lemon zest and juice, and finally the twelve elderflower heads. Remove from stove and strain the fragrant syrup into a bowl or jug.

It is good for cooking gooseberries, for mixing into summer drinks, or to moisten a lemon drizzle cake. Store the syrup in a bottle in the fridge for a few days or freeze as ice cubes.

Paul Cleave

LAPFORD GARDENING CLUB

Sadly the weather was not on our side last month for our walk in the bluebells, but several determined members enjoyed a walk between the showers. The bluebells did not disappoint, and the bird song was delightful.



Helen Andrews has invited us to join her in her garden at Southleigh House this month. Joining us will be Jonty Barlow from UKBiogas at Nomansland who will give a short presentation on the process of anaerobic digestion and the great benefits of biodigestate as a plant food and soil enricher.

Next Meeting

Southleigh House

Tuesday 13th June at 7.30pm

LAPFORD YOUTH CLUB CELEBRATES THE CORONATION



In the weeks before the Coronation, children attending Lapford Youth Club put their ideas about the Coronation procession into an Art Project. This has been displayed in the ARK throughout April and May.

A card with a picture of the art plus a message to the King and Queen, and signed by the children, has been sent to Buckingham Palace.

The ARK hosted a hot chocolate and cake thank you evening for the children on 4th May. As part of that they were asked to think about 'If I were King or Queen what four things would I like to do?'

Here are their thoughts:

- Stop World hunger; help people in need; make sure that every single human being has food and water.
- Save animals; ban animal abuse.
- Save the trees.
- Create world peace; end war.
- Send money to charity and help homeless people.
- Everyone to be kind.
- Clean the world; stop pollution.
- God Save the King!

The ills of the world were obviously very much on their minds. What a wonderful world we would have if every human being, child, or grown-up, could think these things and work hard to make them happen.



Lapford Youth Club



FREE FIREWOOD

COLLECT FROM LAPFORD

Contact Nick on: 07747 334455



CHULMLEIGH & DISTRICT GARDEN SOCIETY

Our next meeting will be held on Monday 12 June at 7.30 pm at the Playing Fields Pavilion, Chulmleigh, EX18 7JL. There will be a talk on "Grasses in the garden" by Katherine Crouch, a lifelong gardener and professional garden designer. Katherine will explore how we have come a long way since pampas grass, but why and when grasses just don't suit some gardens and which ones she recommends, especially for small and country gardens. The Garden Society's annual membership is £10. Guests are very welcome to attend our meetings at £3 per session.

Our Summer Social BBQ will be held on Monday 19 June at 7.00 pm at Chulmleigh Golf Course, Leigh Road, EX18 7BL. Bar available. Places must be booked by noon on 12 June by contacting Chrissie Hookins, Hon. Secretary, Email: chulmleigh@gmail.com or Tel: 01769 580719. Non-Members welcome so why not come along with a friend to meet us? The Garden Society meets monthly, usually in the evening. Meetings include visiting speakers who cover a wide range of subjects and Summer outings. Annual membership is £10. Guests are very welcome to attend our meetings at £3 per session.

LOWER TOWN PLACE

The observant among you may notice that a 'plank' of wood has recently appeared on the North West corner of Lower Town Place. This is a thick plank of wood drilled with many holes, designed to provide a nesting place for our local mason (Masonry, Mortar) bees.

Mason bee is a name now commonly used for species of bees in the genus *Osmia*, of the family Megachilidae. They are solitary insects, not forming colonies as other types of bee may. They are quite small and harmless. Mason bees are named for their habit of using mud or other "masonry" products in constructing their nests, which are made in naturally occurring gaps such as between cracks in stones or other small dark cavities. Holes in lumps of wood, or even bamboo canes, seem to be just as good. Their habit is to fill the holes with pollen and nectar and then to lay an egg in there, after which the hole is sealed with a plug of earth or mud. The egg hatches and the grub feeds on the pollen until it is all consumed, when the grub pupates. It then can survive several months over winter until it emerges as an adult bee in the spring.

Scientific name: *Osmia*
Family: Megachilidae
Order: Hymenoptera
Phylum: Arthropoda



LADIES CONSIDER OTHER WAYS TO COMMEMORATE AND CELEBRATE

For our April meeting, we invited Trudi to come and talk to us about her work as a celebrant. She gave a bit of background explaining that she lost her mum when she was only in her late twenties and also her brother when he was a young man. Attending these two funerals, made her question what felt right for her and she began to look at alternative ways of saying your goodbye to a loved one. She explained that a celebrant is not *necessarily* a humanist (though some are). In her case, she is very willing to assist at funerals and weddings for those with religious beliefs as well as those without. What became important for her was that there should be more opportunity for people to choose the commemoration or celebration that respected their beliefs. She was drawn to a career that would provide this choice.



She talked about the way she goes about her work. First, for a funeral, there is her visit to the relatives where she spends a lot of time listening to their stories as she builds up a picture of the person they have lost and a picture of the way they want that person to be remembered. Her next job is to go away, unscramble her scribbled notes (sometimes many pages) and try to write a service that reflects what she has heard. This is returned to the relatives for them to add to/correct/rewrite and this continues until they are completely comfortable with the draft. Sometimes, she is asked to suggest readings, poems, prayers or music and sometimes people are very clear about what they want. Eventually, the service comes together and family and friends gather to share their goodbyes.

When she assists at weddings, she is not able do the 'legal' bit but for those who choose to do this in a registry office, she can put together a service of celebration. She pointed out that there are situations where her open approach can be really useful. She described the wedding of a young Jewish man and a Christian lady from a family who would have found it difficult to attend a strongly Jewish ceremony. She was able to take aspects from each of their cultures and combine them sensitively to create a ceremony that respected both sides, was enjoyed by all and did not cause anyone to feel uncomfortable.

Trudi was a very good speaker and her talk was well received. There was time for questions at the end while tea and cake went around. She mentioned she is always pleased to talk about a subject that can be a bit taboo and therefore not discussed leaving people unaware of the choices they have. Whether the choice be along traditional grounds, something very alternative or somewhere in between, she would like everyone to be able to access what is right for them and is glad to be a part of that process. I think some members went away with interesting food for thought.

Sue Raffill

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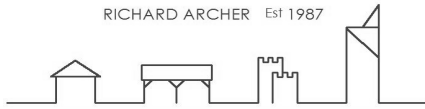
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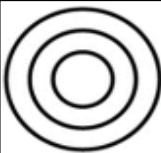
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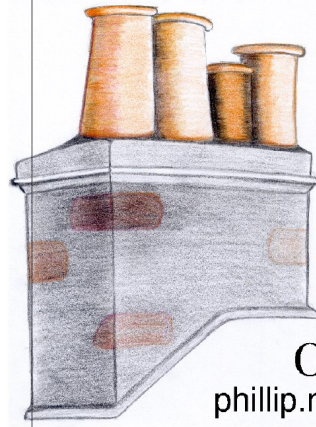
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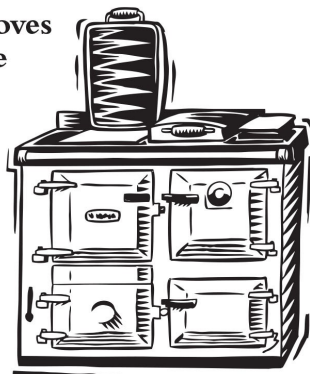
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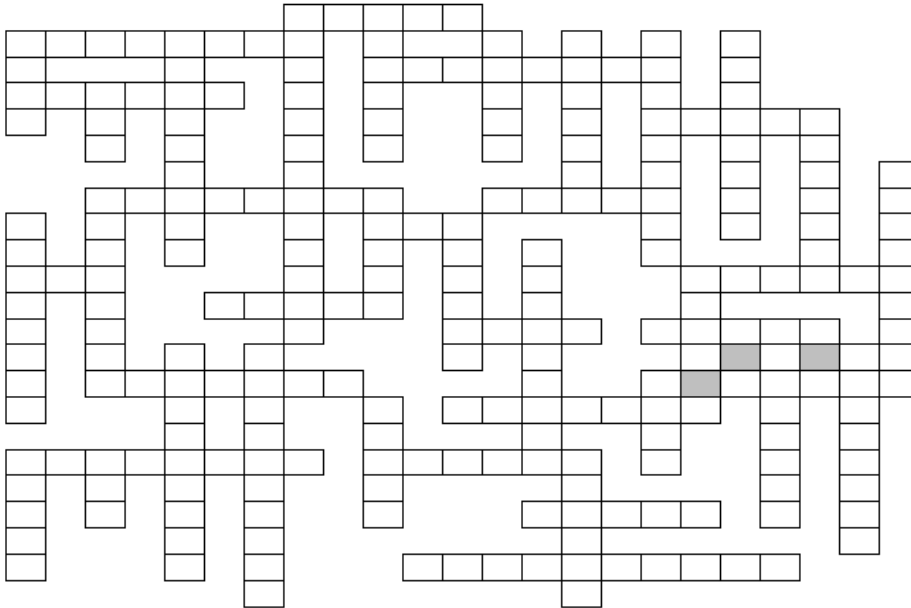


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GREEN
HYSON

RELAX
SPOON
WATER

6 LETTERS

CONGOU
GOLDEN
SAUCER
STRONG
TANNIN
TISANE

7 LETTERS

ENGLISH
MORNING
REDBUSH
ROOIBOS
TEA BAGS

8 LETTERS

BERGAMOT

13 LETTERS

DECAFFEINATED

BISCUITS
CAFFEINE
CAMOMILE
EARL GREY
INFUSION
LOOSE TEA
ROSIE LEE
STRAINER

9 LETTERS

AFTERNOON
BREAKFAST
DANDELION
ELEVENSES

10 LETTERS

DARJEELING
PEPPERMINT

Created by Mary Chappell

RINGING FOR THE CORONATION

Twelve ringers from the village were pleased to mark the Coronation of King Charles III on 6th May – the eighth coronation in the bells' 226 year history.

The Lapford band have a wide range of bellringing backgrounds from our two newest members who have been learning for the last five months, to a former member of the Westminster Abbey and St. Paul's Cathedral bands who has rung at a number of prestigious royal events.

The ringing was heard by George Tucker (94), who was a member of the Lapford band at the time of the last Coronation in 1953. His grandfather, Tommy Tucker of Blackberry Gate, was a member of the band at the time of the coronation of Edward VII.

Lapford bells are very challenging, being rung from the ground floor and retaining fixtures and fittings over a hundred years old. However, our new recruits did us proud! The bells themselves date back to the 1790s – old enough to be rung to mark Coronations back to George IV!

The Coronation ringing was notable in that it brought together twelve ringers resident in the village – the most in recent memory. The occasion was published on a nationwide forum, as follows:

**Guild of Devonshire Ringers
Lapford, Devon**
St Thomas of Canterbury
Saturday, 6 May 2023 (tenor 12cwt)
48 Coronation Call-Changes
Rounds, Coronation Call-Changes, and Plain
Bob Minor
David Drew
Stella Drew
Andy Epstein
Jane Epstein
David Garton
Jaime Keable
Christopher Mann
Sandra Munday
Stephen Munday (conductor)
Sue Raffill
Catherine Stonehewer-Newbould
Chris Stonehewer-Newbould
**To announce the Coronation of HRH King
Charles III and Queen Camilla**



CHURCH GREEN FACE LIFT AND FENCE RENEWAL UPDATE

Thanks again for all those who have already become MATCHERS.
Still 1 Post @ £30 and 10 rails @ £15 needing sponsorship.

Thanks also to those who have volunteered as MOLES and MUCKERS.

It's not too late to add YOUR name to the M&M list.

All that's needed is a willingness and energy to get involved.

**M&Ms will be needed on Saturday June 24th
to assist with erecting the Posts and Rails.**

To become a MATCHER or volunteer as a MOLE or MUCKER
Contact

Abi Whittaker (Church Green Trust Chair) 07565 768386

abigail.whittaker@lapfordparishcouncil.org.uk

Peter Norman (HOLD Chair) 07470 408884

NB: Other forms of communication will not be responded to

LAPFORD'S CORONATION WEEKEND



Wow! The Church bells rang, the rain stopped falling, the sun shone, the flags were out on Coronation afternoon, and so were lots of people. Lower Town Place was alive with picnics, families, cream teas, BBQ, magician, music and much more – particularly children and balloons.

Thank you so much to all those who made this possible, gave their time and talents for free and all those who took part to make a wonderful event happen.



The competition winners were:

Best Front Door – Tudor Cottage;

Best Crown – Adult Beccy Fletcher, Child – Maya Wyatt;

The Quiz – Sue Briant-Evans.

The United Church Service on Sunday included children and adults reading and lots of hearty singing – thank you. The Hog Roast at the Malt Scoop was really enjoyed.

Help Out Monday was a rather damp affair! Despite this twenty people turned up, adults and children, to litter-pick in the village (not much found this time, so a tribute to everyone), and to tidy Lower Town Place, including gardening and weeding. All accomplished in record time and then into the Victory Hall for bacon butties and a good chat! Thank you everyone!

Note: Lapford Coronation mugs can be purchased from The ARK. Price £5.50 each.

Lapford Celebrations Committee/Parish Council

Photos by Ann Trevaskis



MAY ELECTION TURNOUT HIGHEST IN MID DEVON

Almost half the voters in Lapford turned out to cast their vote in the District and Parish Elections on 4th May at 48.6%.

Lapford elected 10 Councillors to form the new Lapford Parish Council and Steve Keable was elected as the new District Councillor for Mid Devon.

Steve Keable said, "On Election Day it was clear to me that people from all walks of life and political backgrounds have voted for change", "Local people want to move on with projects for Lapford. "

Steve Keable has advised that he will be running a monthly Councillor's Surgery at the Village Market on the 4th Saturday of the month between 10 and 11 am. If anyone has a point of view to express or a matter that needs attention, this will be his regular monthly contact point in addition to Lapford Parish Council meetings. He is also contactable on his Councillor email: skeable@middevon.gov.uk or mobile: 07967 655045.

The Lapford Lookout hopes to feature information about the elected Parish Councillors in future issues.

LAPFORD PARISH COUNCIL NOTES, APRIL 2023

Please note this is a summary of the main points of interest. A copy of the draft minutes will be made available on the Council website, www.lapfordparishcouncil.org.uk and on the notice boards in the Orchard Centre and in The ARK.

The Parish Council met on 11th April 2023 in the Victory Hall. Five members of the public attended.

- As the councillors were within the 'purdah' period before the parish council elections on 4th May 2023, no major decisions could be taken. The meeting was largely to cover procedural matters.
- A Freedom of Information request had been made in relation to the cost to the Lapford Parish council taxpayers in answering the questions raised over the Lower Town Place project.
- The parish council considered, and adopted the prepared documents, such as:
 - The Statement of Internal Control for 2022/2023.
 - The Risk Assessment Register for the coming year
 - The Parish Council Asset Register
- The Coronation Event Committee reported that the preparations were in hand and that they were looking forward to the day.
- The final accounts and annual return were adopted for 2022/23 and the clerk confirmed that they would be submitted to the Internal Auditor before the agreed deadline of 28th April 2023.
- The date of the Annual Meeting of the Parish Council would be on Tuesday 16th May starting at 7.30pm.
- The **Annual Parish Electors' Meeting** is to take place in the Victory Hall on Tuesday 30th May 2023 and will start at 7.30pm.

Rob Martin is the Parish Clerk and his contact details are:

Email: clerk@lapfordparishcouncil.org.uk

Phone: 07768829511

LOCAL ELECTION RESULTS

LAPFORD PARISH COUNCIL

| CANDIDATE | VOTES |
|--------------------------------------|---------------|
| Andrews, Roy | 213 (Elected) |
| Briant-Evans, Susan (Sue) | 259 (Elected) |
| Burrows, John (Bimbo) | 272 (Elected) |
| Down, Julie May | 255 (Elected) |
| Fletcher, Damien Trevor (Steven) | 181 (Elected) |
| Graham, William James Fenwick (Bill) | 174 (Elected) |
| Hayes, Malcolm John | 113 |
| Heal, Peter John | 148 |
| Lumsdon, Stacey Ann | 223 (Elected) |
| Shapland, Alexander John (Alex) | 160 (Elected) |
| Whittaker, Abigail | 242 (Elected) |
| Wilkie, Ian James | 228 (Elected) |

TAW VALE, MID DEVON DISTRICT COUNCIL

| CANDIDATE | VOTES |
|---|---------------|
| Eginton, Clive Jeffrey, The Conservative Party Candidate | 383 |
| Keable, Steven (Steve) Liberal Democrats | 444 (Elected) |

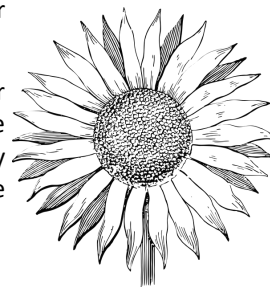
CHULMLEIGH FLORAL ART CLUB

Plantsman Robert Alan French will be our speaker on 21st June at 7.30pm at The Pavilion in Chulmleigh. Robert specialises in growing plants especially for flower arranging and he will be sharing his expertise with us as well as bringing a selection of his plants for us to buy that evening. At the end of the evening there will be a raffle with a selection of prizes and tea, coffee and biscuits will be available as well as our sales table selling all your requirements for flower arranging.

Please come and join us as a visitor at a cost of £5 or better still you are very welcome to join our friendly club. For further information please contact:

Heather Russell 01769 581258

or Joan Rowland 01769 581241 .



LADIES OF LAPFORD MEETINGS (LOL)

Please come and join us in The ARK at 7.30 p.m.

Thursday June 15th

Joanna will be bringing the Lydcott Collection, a selection of vintage textiles, embroidery, books and accessories for us to view.

All welcome - there will be coffee and cake!

Thursday July 20th

Exeter Town Trail

Details will be in the July Lapford Lookout

BEE SWARM IN YOUR GARDEN?

In the months of May, June and July bees naturally swarm so if you have a garden whether you are new to the area or not and you find a swarm of bees please contact John Chappell on 07583 495025 or 01363 884267 and I will collect them free of charge.



Many thanks.

John

OVER 60 CLUB TRIP TO FLEET AIR ARM MUSEUM

14th June

Leaving at 9.30am
Orchard Way Car Park

Contact Carol Worsdell
to book a place
on 07376 129192



Lapford & District
Over 60 Club



LAPFORD COMMUNITY PRIMARY SCHOOL NEWS



It's been an incredibly busy month at Lapford Community Primary School with lots of visits out and about in the community.

At the beginning of the month, the whole school were invited to visit David Bragg's Bluebell Woods. This was a lovely opportunity to compare the flora and fauna of their forest school with that of a contrasting woodland. They had a great time there seeing the bluebells, finding out about the different trees, building dens, playing on the rope-swing and rolling down slopes! We must say a big thank you to Mr Bragg for allowing us to visit.



This term our Year 5s have been on a weekly visit to the Waie Inn for swimming lessons. Learning to swim is such an important skill for children to develop and this is recognised in the National Curriculum which states that children should be able to confidently and competently swim at least 25m by the time they leave primary education. Well, our Year 5s are certainly quick learners! We are just three weeks into the sessions and nearly all children are already swimming. It is so lovely to see how much they are enjoying these lessons and even our

swimming instructor commented that one of the children kept a smile on his face throughout the entire lesson, even under the water!

Our KS1 children have also been out and about this month as they took to the streets of Lapford on a litter pick. Inspired by their class book *Stella and the Seagull* by Georgina Stevens, in which Stella is spurred into action when her seagull friend gets

poorly from eating plastic, the children from Skylarks have set about tidying up the village.

Not only have they been out to pick up litter from around the community, they have also written letters to the parish council to report their findings. Watch out Lapford, Skylarks are on a mission!

On Tuesday 27th June we will be opening up the school gates for an Outdoor Classroom Day. Parents, carers and members of the community are welcome to join us as we demonstrate how we take our learning outdoors. There will be demonstrations of forest school sessions, a chance to see our

improved EYFS outdoors provision and we will endeavour to show you the difference that OPAL has made to our playtimes. We would be delighted if you were able to join us at school from 9.30am on 27th June.

Mrs J Wright
Head of School



Lapford Youth Club

THE DROP IN

LAPFORD VICTORY HALL

EVERY 2ND AND 4TH FRIDAY IN THE MONTH

7-9PM

FOR 11-16 YEAR OLDS.
ONLY £1 PLUS MONEY FOR TUCK SHOP
(Please note- only runs during termtime)

FIND US ON



Made with PosterMyWall.com

LAPFORD YOUTH CLUB

Adult Helpers Needed

For Lapford's thriving youth club

Thursday, Friday evenings
or
for weekend trips

With more helpers we can do so much more!





lapforyouthclub@gmail.com
or find us on Facebook and Instagram

LAPFORD YOUTH CLUB PRESENTS

HIGH FIVE JUNIORS

For 4-7 year olds and their carers



Arts and Crafts, toys, games, tuck shop, refreshments

£1 per child. Additional 50p for tuck shop

LAPFORD VICTORY HALL

EVERY 3RD SATURDAY OF THE MONTH

10AM-12PM

For more info contact Cat Seymour on 07970180637

Made with PosterMyWall.com

LAPFORD YOUTH CLUB

High 5 THURSDAY

EVERY WEEK DURING TERMTIME

6PM - 7.30PM

For 7-11 year olds (KS2 primary)
Fun, Games, Craft, Friends
Only £1 subs
(Up to £1 additional money for tuckshop)





For more information email lapforyouthclub@gmail.com or find us on Facebook and Instagram

Made with PosterMyWall.com

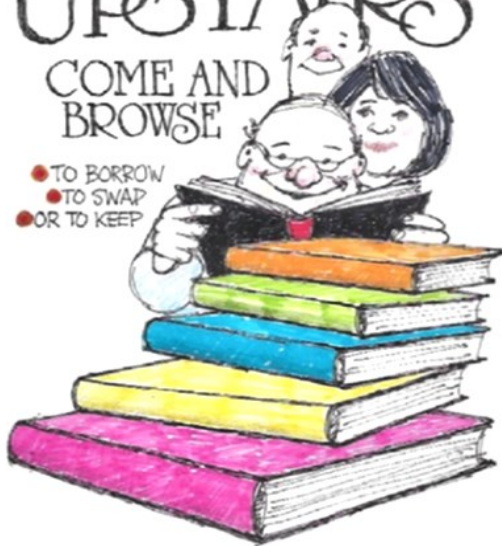


The ARK is open on
Tuesdays and Fridays
10.00am to 2.00pm
Arrangements can be
made for access at other
times

BOOKS UPSTAIRS

COME AND
BROWSE

- TO BORROW
- TO SWAP
- OR TO KEEP



**PLEASE REMEMBER THE COPY DEADLINE FOR
CONTRIBUTIONS TO THE LAPFORD LOOKOUT
IS THE 14TH OF EACH MONTH**



Donations can be made at
Boniface Centre, CREDITON,
on 6th June
from 1.10am-7.15pm



Call the donor helpline on 0300 123 23 23
for more information or to check for cancellations

Do something amazing - Give Blood!

**Libraries
Unlimited**

**LIBRARIES UNLIMITED
BOOKS ON WHEELS**

Do you have difficulty in getting to CREDITON Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.



Peter Westcott - Telephone: 01363 83525

DEVON MOBILE LIBRARY STOPS



Lapford

Yeo Vale Cross: 11.50-12.10
Orchard Way: 13.45-14.55
School: 15.00-16.00

Nymet Rowland

Opposite Village Hall: 12.30-12.50
Every 4 weeks on Tuesdays
June 20th, July 18th, August 18th,
September 12th, October 10th,
November 7th and December 5th

THE BOARD CLUB

**@ LAPFORD CONGREGATIONAL CHURCH
EVERY 1ST AND 3RD
WEDNESDAY OF THE MONTH
7PM-9.30PM
GAMES AND REFRESHMENT PROVIDED**

**COME ALONG FOR AN EVENING OF
FRIENDLY GAMING AND ENJOY
SOME OLD FAVOURITES AND NEW
TREASURES**

**NO CHARGE BUT A DONATION TOWARDS THE CHURCH AND
REFRESHMENTS GRATEFULLY RECEIVED**



**LAPFORD LOOKOUT
TO CONTACT THE EDITOR**



Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, CREDITON, EX17 6PR

Tel: (01363) 884211 or 07791 989142

E-mail: lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Contributions are welcome, to be used at the Editorial Team's discretion.

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

The views in this newsletter do not necessarily represent the views of the Editorial Team.

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| | | |
|---|--|--|
| Cllr Roy Andrews Cllr Sue Briant-Evans Cllr John Burrows Cllr Julie Down Cllr Steven Fletcher Cllr Bill Graham Cllr Stacey Lumsdon Cllr Alex Shapland Cllr Abigail Whittaker Cllr Ian Wilkie Parish Clerk - Rob Martin District Cllr Steve Keable County Cllr Margaret Squires Mel Stride MP | Old Bakery, Park Road, Lapford, EX17 6QJ Edgerley Cottage, Lapford, EX17 6AH ~ Rafters, Lapford, EX17 6QP 36 Orchard Way, Lapford, EX17 6PR Pear Tree House, Lapford, EX17 6PZ ~ Homelands, Eastington Ln, Lapford. EX17 6QE 26 Orchard Way, Lapford. EX17 6PR ~ ~ ~ Frostland Farm, Copplestone, EX17 5NY House of Commons, London, SW1A 0AA | 07969 823256 / roy.andrews@lapfordparishcouncil.org.uk 01363 83763 / sue.briantevans@lapfordparishcouncil.org.uk ~ 01363 83356 / julie.down@lapfordparishcouncil.org.uk 07891 142436 / steven.fletcher@lapfordparishcouncil.org.uk 01363 83478 / bill.graham@lapfordparishcouncil.org.uk ~ 07738 690937 / alex.shapland@lapfordparishcouncil.org.uk 07565 768386 / abigail.whittaker@lapfordparishcouncil.org.uk ~ 07768 829511 / clerk@lapfordparishcouncil.org.uk 07967 655045 / skeable@middevon.gov.uk 01363 84337 / margaret.squires@devon.gov.uk 02072 197037 / mel.stride.mp@parliament.uk |
|---|--|--|

USEFUL TELEPHONE NUMBERS



- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings @Devon ~ Exeter: 07990 790 920 or Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561

LAPFORD WEBSITES

- www.lapfordhistory.co.uk
- www.lapfordparishcouncil.org.uk
- www.lapford-primary.devon.sch.uk
- www.lapfordvictoryhall.co.uk
- www.lapfordvillage.co.uk



NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares are as follows:

- Bow Medical Centre - £6
- Chulmleigh Dental Practice - £6
- Chulmleigh Health Centre - £6
- Crediton (Breast Screening) - £7
- Crediton Community Hospital - £6
- Morchart Bishop Surgery - £4
- Redlands Health Centre - £7
- Witheridge Surgery - £6

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

LAPFORD LOOKOUT ADVERTISING RATES AND POLICY

Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

- One eighth page: £7 per month.
- One quarter page: £14 per month.
- One half page: £28 per month.
- Whole page: £56 per month.

Pay for twelve months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.

LAST POSTING TIMES AROUND THE VILLAGE



| | <u>Mon-Fri</u> | <u>Saturday</u> |
|-------------------|----------------|-----------------|
| Eastington Cross | 9.00 a.m. | 7.00 a.m. |
| Woodland Cottage | 9.00 a.m. | 7.00 a.m. |
| Industrial Estate | 9.00 a.m. | 7.00 a.m. |
| Highfield | 9.00 a.m. | 7.00 a.m. |
| Orchard Way | 9.00 a.m. | 7.00 a.m. |
| Saxtons | 9.00 a.m. | 7.00 a.m. |
| Morchart Road | 9.00 a.m. | 7.00 a.m. |
| Copplestone | 4.30 p.m. | 11.15 a.m. |

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

| NAME OF SOCIETY | CONTACT | TELEPHONE / EMAIL |
|---|---|--|
| Adventure Gaming | Mr Warren Clayburn | 01363 83095 / wmclayburn@gmail.com |
| Beginners Ballroom Dancing | Mr Steve Munday | 07798 684225 / steve@lowerfieldhouse.co.uk |
| Books on Wheels | Mr Peter Westcott | 01363 83525 / pj.westcott@btinternet.com |
| Friends of Langannerie (twinning) | Mr Peter Henshaw | 01837 89070 / petehenshaw@yahoo.co.uk |
| Friends of Lapford Mill | Mr Alex Gater | 07815 795918 / alex@lapfordmill.uk |
| Friends of Lapford School | Mrs Stacey Lumsdon | 07891 556884 / staceyannlumsdon@gmail.com |
| Heart for Lapford Strategy Group (H4L) | Secretary | heart4lapford@aol.com |
| HOLD | Mr Bill Graham | 01363 83047 / bg4847@aol.com |
| Ladies of Lapford (LOL) | Mrs Joy Quickenden | 01363 83245 / joyquickenden@gmail.com |
| Lapford Allotment Society | Mr Raymond Waldron | 01363 83894 / ednawaldron@btinternet.com |
| Lapford Amateur Dramatic Society | Mr Ian Wilkie | 01363 83437 / i.wilkie45@btinternet.com |
| Lapford and District Pre-school Playgroup | Mrs Lorraine Kigongo | 01363 83162 / lkigongo@catpreschools.co.uk |
| Lapford ARK | Miss Briony Clinch | 01363 83788 |
| Lapford Association Football Club | ~ | lapfordafc@gmail.com |
| Lapford Book Club | Mrs Jill Doe | 01363 83410 / sunnyside@jilldoe45.plus.com |
| Lapford Celebrations Committee | Mrs Sue Briant-Evans | 01363 83763 / susanbriantevans@gmail.com |
| Lapford Choir | Mrs Cat Seymour | 01363 884432 / cathryn_seymour@outlook.com |
| Lapford Church Green Trust | Mrs Abigail Whittaker | 07565 768386 / abigailwhittaker@lapfordparishcouncil.org.uk |
| Lapford Community Church | Miss Briony Clinch | 01363 83666 / admin@lapfordcc.org.uk |
| Lapford Community Primary School | ~ | 01363 83292 / admin@lapford-primary.devon.sch.uk |
| Lapford Congregational Church | Mr Peter Lacey | 07775 941505 / lapfordcongregationalchurch@gmail.com |
| Lapford Dog Club | Mrs Sara Thurgood | 01363 83081 / info@lapforddogclub.co.uk |
| Lapford Emergency Action Plan Committee | ~ | ~ |
| Lapford Emergency Response Team | ~ | ~ |
| Lapford Foodbank | Miss Briony Clinch | 01363 83788 |
| Lapford Handbell Ringers | Mr Steve Munday | 07798 684225 / steve@lowerfieldhouse.co.uk |
| Lapford High 5 (ages 7-12) | Mrs Cat Seymour | 01363 884432 / cathryn_seymour@outlook.com |
| Lapford Gardening Club | Mrs Trish Mumford | 01363 83911 / james@mumfordj.plus.com |
| Lapford Lookout | Mrs Beccy Fletcher | 01363 884211 / lapfordlookout@gmail.com |
| Lapford Over 60 Club | Mrs Carol Worsdell | 07376 129192 |
| Lapford Parish Church | Mrs Joan Graham | 01363 83047 / jemg47@aol.com |
| Lapford Poppy Appeal Organiser | Mrs Caroline Noon | 01363 83863 / lapford.pao@gmail.com |
| Lapford Project 2000 (LP2K) | Mrs Sue Briant-Evans | 01363 83763 / susanbriantevans@gmail.com |
| Lapford Regeneration Committee | ~ | ~ |
| Lapford Revel | Mr Mark Tanner or Mrs Sue Briant-Evans | Gryff_raven@hotmail.co.uk or 01363 83763 / susanbriantevans@gmail.com |
| Lapford Victory Hall & Lower Town Place | Mr Darren Crump | 07960 715553 / darrencrump99@hotmail.co.uk |
| Lapford Village Archive | Ms Audrey McCormack | 01363 83103 / archivelapford2022@gmail.com |
| Lapford Village Market | Mrs Stacey Lumsdon | 07891 556884 / lapfordvillagemarket@gmail.com |
| Lapford Voluntary Car Aid | Mrs Grace Hill | 01363 83178 / lvca2011.19@gmail.com |
| Lapford Youth Club Management Committee | Mr Steve Keable | 07967 655045 / lapforyouthclub@gmail.com |
| Lapford Youth and Playing Field Trust | Mr Roy Andrews | 07969 823256 / roy.andrews1950@icloud.com |
| Lower Town Place Gardening Group | Mr Andy Epstein | amepstein55@gmail.com |
| North Creedy Choral Society | Mrs Patricia Robottom | 01363 884495 / patricia@serafim.eclipse.co.uk |
| Nymet Rowland Village Pump | Liz and Roland Smith | 01363 884446 / pump@incywincyweb.com |
| Save Our Heritage Lapford | Mrs Donna Egan | 01363 83732 / donnaegan84@gmail.com |
| Springers 4's and under | Mrs Cat Seymour | 01363 884432 / cathryn_seymour@outlook.com |
| The Friends of St Thomas of Canterbury | Mrs Prue Lambert | 01363 83150 / pruelambert@yahoo.co.uk |

The King wears a crown today.
What does it mean? What does it say?
When Lapford village is miles away
should we even care?

But here's the special thing, you see,
with 'King and Country' comes a unity -
this crown can be worn by you and by me!

It's about British spirit, neighbourly caring,
doing your bit, a community sharing.

The King bears the crown and the King wears the ring,
but running this country is a teamwork thing!
So hats off, crowns on, this sixth of May
to all in the village coronated today ...

To the food bank helpers and the silent donations.
To helpful friends and helpful relations.

To the volunteer helpers who taxi about
those without transport who need to get out.

To whoever puts flowers round the village sign.
To *Lookout* deliverers, come rain or come shine.

To those who care for village green spaces
and the unseen faces
who pick up litter from unwanted places.

To the burger-masters at village events -
five-hour shifts in smoky tents.
To the Revel hay baler, the bunting team,
the jammers and spreaders of Devonshire cream.
Maypole tuition, "St Thomas needs a clean"
... and a hundred Revel jobs that go unseen.

To church organists, polishers, flower arrangers,
those who look out to welcome strangers.

To those who help youth as an absolute 'must' -
Springers, Playgroup, Youth Club, Playing Field Trust.

To those who create 'community' through goodwill
or by entertainment - LADS, Theatre at the Mill;
or, by creating places to talk and to meet -
tea in *The Ark*, with a home-cooked treat.

To the tower folk: tenor heaver, flag releaser,
clock timekeeper, church bell greaser.
Maintaining traditions, doing repairs,
legs of iron up eighty stairs.

To the mowers, the rakers,
the churchyard caretakers!

To the archive group keeping history alive.
To those who ensure a *Wild Lapford* can thrive.

To the collectors of dog poo that others have missed.
To the hedge bank lovers and conservationists.

To the winter snow team - just in case.
To those who care and love this place;
tending a garden, painting a wall,
so that the village is enjoyed by all.

To the volunteer committees that keep things moving
looking for things that need improving -
the minute writers, form fillers and grant appliers,
organising events, getting out flyers.

To the people who do things without a fuss,
silently doing what others discuss.

The King wears the crown, but one thing is true:
his coronation celebrates **you!**

A Lapford Coronation

6th MAY 2023

