

LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER



Year 26 Issue 8 August 2023



Revel 2023



During its long history, Lapford Revel has had the occasional knock-back. A clergyman in the eighteenth century did his best to dampen spirits by instructing villagers to resist "the evil of Revel with its low and degrading pastimes like dancing, impure song and lewd language". The Revel celebrations of 1851 led to the burning down of the Maltster's Arms Inn, the village malthouse and several Then, there have been cottages. national distractions—the English Civil War, two World Wars and, in recent years, the Covid pandemic. But, the Revel has always bounced back! Revel 2023 saw the event return to its historic July slot and there was a great village turnout for our centuries-old celebration!

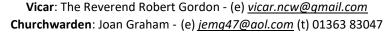
(Above: With newly painted thrones and hand-crocheted crowns, Kenzie and Jessica are crowned this year's Revel King and Queen.)



CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU TO:

THE PARISH CHURCH OF ST THOMAS OF CANTERBURY







Sunday 6th 9.30 a.m. Lay Led Morning Prayer
Wednesday 9th 10.30 a.m. BCP Holy Communion
Sunday 13th 9.30 a.m. Lay Led Morning Prayer:
Sunday 20th 9.30 a.m. Lay led Morning Prayer
Sunday 27th 9.30 a.m. Common Worship Eucharist

ALL ARE WELCOME - REFRESHMENTS SERVED AFTER SERVICES



FRIENDS OF ST THOMAS OF CANTERBURY

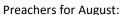
Are you interested in old buildings? Would you like to help in the upkeep and maintenance of one of our village's most beautiful listed buildings? If so, come and become a Fostie, and join the friendly FOST Committee. You do not need to be a churchgoer, but just to be enthusiastic about our village heritage and its preservation for future generations, just as in the past villagers have worked to hand down the lovely building which we are so fortunate to have today. If you are interested please contact either of the following:

Ron Kercher ronaldkercher0@gmail.com
Andy Epstein amepstein55@gmail.com
Prue Lambert pruelambert@yahoo.co.uk

LAPFORD CONGREGATIONAL CHURCH

Services every Sunday at 11.00 a.m.
Communion will be held on the second and fourth Sundays
Contact: Caroline Gilpin-Perkins 83674 Peter Lacey 07775 941505
Cat Seymour 884432 Helen Wyatt 07964 855677
Carol Worsdell 07368 860835

email: lapfordcongregationalchurch@gmail.com www. facebook.com/lapfordcongregationalchurch



6th - Rev Ruth Green

13th - Merril Archer (All Age Service)

20th - Merril Archer

27th - Deacon led service

3rd September - Sarah Preece from Crediton Congs.



LAPFORD COMMUNITY CHURCH

Meets every Sunday morning at 10.30 a.m. in the Victory Hall
4th Sunday of the month is Family Service
Fellowship Group on Wednesdays 7.00 p.m. upstairs in The ARK
Contact: Briony Clinch - Tel: 83666

https://www.lapfordcc.org.uk/

Please visit our website for information about the Foodbank and The ARK. You will also find lots of information about Church activities and on-line services.



All the Churches welcome everyone to any of their services and social events.

We look forward to fellowship with you.





FROM THE TEAM

We have received several contributions to this edition detailing the various improvements which have taken place in the village over recent months. We



would like to take this opportunity to thank everyone who has contributed in any way, however small. It really is lovely to see the village coming together.

Keep up the good work everyone!

The Lapford Lookout Editorial Team



My wife blocked me on Facebook because I posted too many bird puns. Well, Toucan play at that game.

I got into a fight with 1, 3, 5, 7 and 9. The odds were against me.

Becoming an adult is the dumbest thing I've ever done...

Just once, I want the prompt for Username and Password to say: "Close enough".



Well, that was really something. Our first summer Revel since 2019 and it was a great success. Not taking anything away from Alex

and his amazing team for their 2021 autumn Covid Revel (a gargantuan task that was incredibly well executed), but it just feels right having it back in its rightful summer slot.

It was wonderful to see so many of you joining us on Lower Town Place for a weekend of fun and friendship. Nobody I have spoken to can remember a Revel with so many of you still there at the end. Thanks in no small part to the brilliant Bicycle Repair Man.

It was good to have a chilled out, friendly and good-natured Revel.

I would like to extend my thanks to everyone who came down (bonus points if you managed to take part in the family games on Saturday morning), all the great acts that performed, and most importantly all the people who gave up a bit of time to help out. The kindness of volunteers is the life blood of Revel and without them we couldn't hold the event at all. I would welcome anyone who would like to help next year as either a volunteer or as a member of the committee. We are always looking for new faces with fresh ideas.

I, for one, am already looking forward to the next one! Thanks everyone.

Mark Tanner, Chairman.



DATES TO LOOKOUT FOR

August

- 8th Lapford Gardening Club visit to Ten Acres Vineyard
- 9th Ladies of Lapford, Planning next year, The ARK, 2.00pm, open to all
- 15th Open Air Theatre, Lapford Mill, 7.00pm
- 15th Lapford Parish Council Meeting, Orchard Centre 7.30pm
- 19th Car Boot Sale, Playing Field, in aid of LYPFT, sellers 10.00am, buyers 11.00am
- 25th Open Air Theatre, Lapford Mill, 3.00pm
- 26th Lapford Village Market, Victory Hall, 10.00am-1.00pm
- 26th Open Air Theatre, Lapford Mill, 7.00pm
- 31st Lapford Over 60 Club, 50th anniversary meal at The Old Malt Scoop Inn

September

- 2nd Lapford Gardening Club Annual Show, Victory Hall
- 4th New opening hours for the Outreach Post Office begin
- 12th Lapford Over 60 Club, trip to Widecombe Fair
- 12th Lapford Parish Council Meeting, 7.30pm
- 21st Ladies of Lapford meeting
- 23rd Lapford Village Market, Victory Hall, 10.00am-1.00pm
- 28th Lapford Over 60 Club, talk on Australia by Steve Lyall
- 30th Draw for Ukraine and Lapford Revel in The ARK

October

- 10th Lapford Gardening Club, tba
- 17th Lapford Parish Council Meeting, 7.30pm
- 19th Ladies of Lapford meeting
- 19th Lapford Over 60 Club, trip to Plymouth Gin Distillery
- 26th Lapford Over 60 Club, talk by David Garton, The ARK
- 28th Lapford Village Market, Victory Hall, 10.00am-1.00pm

November

- 14th Lapford Gardening Club, tba
- 14th Lapford Parish Council meeting, 7.30pm
- 23rd Lapford Over 60 Club, Christmas shopping at Clarks
- 25th Lapford Village Market, Victory Hall, 10.00am-1.00pm
- 30th Lapford Over 60 Club, meeting, The ARK

December

- 6th Lapford Over 60 Club, Christmas meal at The Waie Inn
- 12th Lapford Gardening Club, Social, 7.30pm
- 19th Lapford Parish Council meeting, 7.30pm

Please send your Dates to Lookout For to lapfordlookout@gmail.com



LAPFORD LOOKOUT

Contributions welcome



lapfordlookout@gmail.com

Deadline for inclusion in the next issue:

6.00 p.m. on the 14th August for inclusion in the Sept. issue

BEE SWARM IN YOUR GARDEN?

In the months of May, June and July bees naturally swarm so if you have a garden, whether you are new to the area or not, and you find a swarm of bees please contact John Chappell on 07583

495025 or 01363 884267 and I will collect them free of charge.

Many thanks.

John Chappell

'HOLIDAY CAKE'



A vintage recipe from the early twentieth century when fruit cakes were a popular addition to the picnic hamper.

12oz (300g) self raising flour

3oz (75g) butter

3 oz (75g) lard (or vegetable fat)

8oz (200g) Demerara sugar

2 large eggs

1 lb (400g) mixed dried fruit - currants, sultanas, raisins, mixed peel

¼ pint ale or stout

freshly grated nutmeg, the grated zest of 1 lemon

Sieve the flour into a bowl adding the nutmeg and lemon zest. Rub in the fat until free from lumps, add the sugar, dried fruit, then the beaten eggs and the warmed ale or stout. Mix well and bake in an 8" (23cm) cake tin lined with greaseproof paper in a moderately hot oven for approximately 2hrs. The cake is cooked when a metal skewer inserted gently into the centre of the cake emerges clean and free from any cake mixture.

Paul Cleave

LAPFORD GARDENING CLUB

The rain held off for the Club's visit to Heidi Becker's garden in July, where we were astonished to find a ripe tomato on one of her outdoor plants. Heidi definitely packs a lot into her garden, and must spend a lot of time watering the numerous flowers and vegetables she grows in pots. A short gardening quiz ended the evening.





Tuesday 8th August 6.30pm Visit to Ten Acres Vineyard, Winkleigh



Will include a tour of the vineyard to find out about growing vines in Devon, learn about how the grapes are processed and finally enjoy tasting their wine.

The cost for the visit, to include wine and cheese is £10. The tour and tasting are open to all, but there is a reduction for Club members of £6, payable on the day.

Limited transport is available.

Phone Trisha on 01363 83911 before 6th August for further details.

LAPFORD TELEPHONE BOX SUGGESTIONS WELCOME

Hello Lapford. This is your Telephone Box which is situated at the entrance to Moorland View and, as you can see, its in an appalling condition. If you have an idea of what you would like to do to enhance it in any way please let us know.

Cllr Ian Wilkie and Cllr Steven Fletcher Lapford Parish Council



THOUGHTS FROM THE ARK

I was reading through a magazine and came across this item written by a lady called Claire Cloninger, it was titled 'A Sharing Kind of World'.



"Once when my four year old nephew, was encouraged to share his toys with his sister, he informed his mother, in all seriousness, "I'm sorry, mum, I'm just not a sharing kind of guy."

But what is funny and understandable in a four-year old is tragic and destructive as part of a grown- up value system. None of us is born wanting to share, but it is an attitude we must work hard to cultivate in ourselves and our families.

I believe that hell will be a frantic, desperate place where people are clutching what they own and grabbing for more. But heaven will be a place where our hands can no longer make greedy little fists. Instead they will hold everything loosely, they will graciously and gratefully be reaching out in a continuous gesture of sharing every gift and possession.

We could experience more of heaven on earth if we would begin to open our fists now. What a simple, sensible, lovely world it would be if less of us were involved in grabbing for the money and the "stuff," and more of us were involved in helping others get their share."

Right from the time The ARK opened, it has always been to help those in need, in any way we can. We rely heavily on donations to help us financially with the food bank, this comes from donations to the cafe, on-line gifts and people donating food. I wonder if people realise that we also have to pay for the general up-keep of the building as well as providing food for the cafe.

We have an amazing group of volunteers, who work hard for their community, their presence makes the cafe such a welcoming place, its where people can come, be accepted and feel safe. We really are blessed to have such a facility in the village.

Reading that little piece, made me wonder whether people do believe in heaven or hell and whether they even think about it. It will be really sad to find at the end of our lives, that there are such places and we have totally missed out. God is real, so is heaven and hell.

The Ladies of The ARK

FUN DOG SHOW

SUNDAY AUGUST 20th

at Hollowtree Field, Chawleigh

2 p.m. (booking in from 1p.m.)

10 FUN CLASSES (Rosettes 1st - 3rd)

Parking, Burgers, Cream Teas etc.

HAVE-a-GO AGILITY

Enquiries - Janet 01769 580501 after 6 p.m

Proceeds to Wembworthy Church

The Last Bee

After the last ee had uzzed its last uzz,

The irds and the utterflies did what they could.

ut soon the fields lay are, few flowers were left,

nature was roken, and the planet ereft.

ian ilston



LAPFORD BOOK CLUB REVIEW: ELEANOR OLIPHANT IS COMPLETELY FINE

The story centres on Eleanor who is a social misfit with a traumatic past.

Eleanor is 29 years old. She has a classics degree and demonstrates high standards of literacy. Despite these achievements she lives a very narrow life with underdeveloped social skills. She lives in a flat in Glasgow, working as a Finance Clerk for a graphic design company where she is ridiculed by other members of the office as a social misfit. Eleanor perceives there is nothing missing from her life, she wears the same style of clothes, she follows the same weekly lonely routine, she completes the daily Telegraph crossword at lunch time every day, at the weekends she buys frozen pizza and two bottles of vodka. She speaks with Mummy weekly who comes over as manipulative and vindictive.



Eleanor becomes enamoured by a singer who she considers she is destined to be with, as a life partner. When this dream is shattered, it marks the beginning of her journey out of isolation and loneliness with the support of Raymond, a work colleague. Through their association her life is steadily unravelled to the reader. Raymond helps her to face her demons by persuading her to accept help from her GP who prescribes counselling. This reveals that she was in foster care from a young age, and sought comfort as an adult in her narrow safe existence. Through small acts of kindness shared with Raymond her life widens and she gains strength to face the dark corners of her life which she has so far not recognised or understood.

I read this book some years ago when I enjoyed it, but on a second read found so much more to it than I remembered, there are several moral issues woven into this story. The group were divided on their opinion of the book some of us thoroughly enjoyed it, others were lukewarm or could not be bothered with it, very much a marmite situation!

Alison Nelson

CHURCH GREEN FACE LIFT AND FENCE RENEWAL UPDATE

Grateful thanks to all the MATCHERS who sponsored Posts and Rails.

Thanks to all the MOLEs and MUCKERs offering voluntary assistance to replace the church green fence.

FENCE RENEWAL -

The Fence has been renewed using Oak donated from a local woodland [same as The ARK fence].

The entrance gates from the road giving access to the path across the Church Green into the Church will be properly re-hung on new posts.

New gates from Church Green & Lower Town Place will also be hung when the works to the bank have been completed.

RESTORATION of the BANK between Church Green and Lower Town Place is underway.

Abi Whittaker (CGT Chair] 07565 768386 abigail.whittaker@lapfordparishcouncil.org Peter Norman (HOLD Chair) 07470 408884





2nd September 2023 Victory Hall

Open to Public 3 ~ 5 p.m. Cream teas will be served



Schedules and entry forms are available from The ARK

Entries 9-11 a.m. Awards at 4 p.m. Exhibition Collection from 4.30 p.m.



LADIES AND NEEDLECRAFT FROM THE PAST

Our speaker for June was Joanna who, we had been told, would be bringing a collection of vintage textiles, embroidery, books and accessories. She did not disappoint! Sue and I helped her unload several bags and boxes from her car and she set about arranging things on the table.

She has called her vintage possessions the Lydcott Collection and began her talk by explaining that she had not set out to collect but that it had just 'happened' and kept on happening. Somehow, she managed to get a name as someone who would take on things that had been



lovingly worked in a bygone age but now needed a home. Sometimes it was because a relative had died and the family were reluctant to simply discard something that had once been so precious. Sometimes people were moving to a smaller space and had to limit what they could take with them. It was to Joanna that they turned and she now has a substantial collection, a small part of which she brought to show us.

We admired beautiful perfect embroidery sometimes using very tiny stitches, some of it so old that it might have been worked by candlelight which must have required incredible concentration. We also admired patchwork, particularly a very large piece (bedspread sized) done in small hexagons. It had not been finished and it still had many rather yellowed newspaper hexagons tacked into place. Some of us, attempted to establish the age by trying to decipher dates or clues from the newspaper. She brought a rather striking dress which I think she said was her mother's wedding dress and we marveled at the tiny waist and decided 'stays' might have been needed. There were also intricate examples of lace work often on christening gowns. In addition to the material, Joanna brought little needle cases, often still with a complete set of needles, small workboxes, a thimble in a tiny carefully handmade pouch, old books about embroidery and, something I remember my mum using, a wooden 'mushroom' for darning socks. As well as exhibiting the items, she was often able to tell a short story about them. One piece had a royal connection with a past sovereign.

It felt very much as if we had stepped back in time and this atmosphere was added to by our members who also brought along items to share. We were so engrossed that there was no time for refreshments, though afterwards we thought this was probably a good thing as we would have been very anxious about anything being spoilt. Joanna ended her talk by saying that just as people had brought things to her to preserve them and keep them safe, she is now beginning to think about the future and is wondering how she should arrange for their safe keeping when she is no longer able to care for them. It would certainly be a great shame to lose something like this collection that seems to brings the past to life.

Sue Raffill

LAPFORD OVER 60'S CLUB FORTHCOMING EVENTS

Thursday 31st August 2023 - 50th Anniversary Meal at The Old Malt Scoop. Any current or previous



members who would like to attend this please contact Carol on 07368 860835, Linda on 07878 744288 or email lapfordover60@yahoo.com

Tuesday 12th September 2023 - Widecombe Fair Coach price £15 per member or £18 per non member. Entrance to the fair is £10 on the gate.

Thursday 28th September 2023 - Talk on Australia by Steve Lyall - club meetings to be held in The ARK from September.

Thursday 19th October 2023 - Trip to Plymouth Gin Distillery. Coach price £17 per member, £20 per non member. Tour of the Distillery is approximately £15, this to be confirmed.

Thursday 26th October 2023 - Club meeting in The ARK, talk by David Garton on more Lapford.

Thursday 23rd November 2023 - Christmas Shopping at Clarks Shopping Village, Street. Coach for members £17 per person, £20 per person for non members.

Thursday 30th November 2023 - Club meeting in The ARK - talk to be confirmed.

Wednesday 6th December 2023 - Lapford Over 60s Club Christmas Meal at The Waie Inn.

THANK YOU ALL

On behalf of Lapford Parish Council, I would like to say "Thank You" to everyone who has contributed in some way to all the recent improvements to the village.

Volunteers have

- sanded and painted the seat at the top of the village
- added and planted two additional planters
- planted the flower bed at the top
- planted the flower box on the Barris sign
- planted the flower pots on the Church Green
- contributed financially and manually with the replacement of the oak fencing on the Church Green
- assisted with the preparation of the Devon Bank on the Church Green prior to it being rebuilt
- decorated the Orchard Centre
- others that I probably don't know about

I'm sure you will all agree, they all look amazing and are a massive improvement.

There are lots of other things the Parish Council would like to do, and would also welcome your suggestions. Near the top of the list, is what to do with the phone box? What do you think?

If you would like to help with future projects, which could be anything, for example, weeding, tidying, general maintenance etc, please email julie.down@lapfordparishcouncil.org.uk, or call 01363 83356.

Julie Down, Chair, Lapford Parish Council.

Scams are all too prevalent and come in all shapes and sizes. Here it's a pram but it could be almost anything.

"I bought a pram online for £400. At checkout it said delivery would take 3-5 working days but I never received any tracking information. I chased the seller



Citizens Advice Torridge, North, Mid & West Devon

and they said they would speak to the delivery company. Now my calls go straight to voicemail. I've had no response to emails either. I thought the website looked legit but I've seen people posting on review sites about products that never arrived and some saying it is a bogus seller. Have I been scammed and if so, what can I do?"

Unfortunately, scammers are always finding more sophisticated ways to trick shoppers including having some very legitimate looking websites.

The Citizens Advice website has lots of information about scams, how to spot them and how to get your money back. Search - Citizens Advice (https://www.citizensadvice.org.uk/resources-and-tools/Search/?c=HOME&q=scams). People can also need emotional support when they have been scammed and there is information here about this too.

As you have parted with your money, your first step is to contact your bank and let them know. According to how you paid there are steps to be taken to get your money back. If you paid by debit card, your card provider can contact the seller's bank and ask for the money to be refunded. (The Chargeback Scheme). If you paid by credit card and the item cost more than £100 but less than £30,000 you might be able to claim under the Consumer Credit Act Section 75.

Scams should be reported to Action Fraud and Trading Standards can investigate a seller who refuses to deliver an item.

In the event that the seller does get back in touch and it turns out it isn't a scam, if something you ordered and paid for doesn't arrive it is the seller's responsibility to get the item to you. If they say they don't know where the pram is, you can ask for a redelivery or a refund. Citizens Advice has a consumer helpline (0808 223 1133) or people can ring their FREE, local AdviceLine on 0808 27 87 999 or log onto our website www.ruraldevoncab.org.uk and click on 'Get Advice'. We at CA TNMWD are getting increasing numbers of calls and are always keen to hear from people who are interested in volunteering with us to help meet the growing demand for our services. If you would like more information, contact recruitment@ruraldevoncab.org.uk. We would love to hear from you!





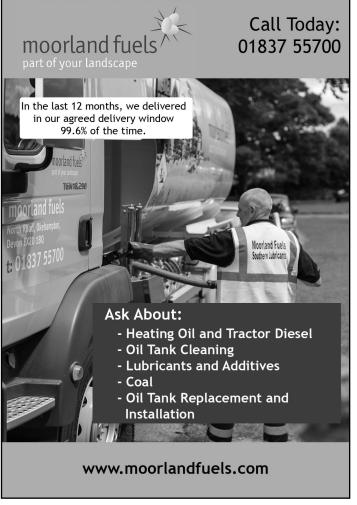
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Max and Mike's Street Food



We will be in LAPFORD on Thursday the 10th of August, serving a Greek inspired menu from

Street food

5.30pm to 7.30pm, Max & Mike's parked at Orchard Cross. Cash and card accepted.

We would love to see you there!



Overworked or Stressed? Tense shoulders?

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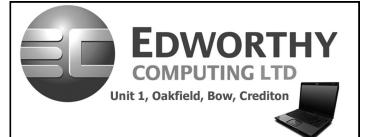
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Visiting The Mill, Open Days & Tickets!

Annie, Alex ,Connor and The Team offer a warm welcome to visitors at the old mill and grounds from 9.30am Friday to Sunday during the summer months. Cream Teas, good Coffees, awesome Steam-cooked Hot Chocolates and hot & cold refreshments available in the mill.

NEW! - Plated breakfast & Crêpes on the menu!

BANK HOLIDAY SUNDAY 27th CURRY NITE!

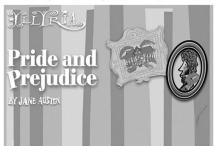
from 6pm Lamb, Chicken or Vegetable curry, rice, onion bhaji, naan & drink - £12.50
~ Deserts and Licensed bar available ~
Booking advised on 07815 795 918

PLUS - BANK HOLIDAY MONDAY Open for Breakfast & Lunches 9.30 - 2pm

Rumour has it -- There are <u>Mill Fairies</u> residing in the grounds and they have been playing with the children's games! Come and see if you can discover them when they are on holiday in August!

Free Parking & Step-Free access lavatory ~ <u>Well behaved dogs</u> are welcome in the Park Keep an eye on our Facebook page and website for details of music evenings and further events at Lapford Mill!

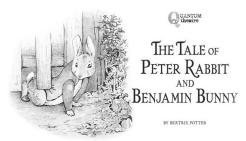
Tuesday 15th August, 7:00pm



£15 Full price £13 Plough Supporter £11 Under 18yrs

Box Office : The Plough Arts Centre, 01805 624624

Friday 25th August, 3.00pm



£16 Full price

£11 Senior (65+) & Registered Disabled + carer

£11 Teenager (12 – 18)

£5 Child (3 – 11) Must be accompanied by an adult. Under 3s free

Box Office : office@quantumtheatre.co.uk / 020 8317 9000

Saturday 26th August, 7:00pm



£15 Full price

£13 Plough Supporter

£11 Under 18yrs

Box Office: The Plough Arts Centre, 01805

624624

*Tickets can be purchased from the Box Offices listed. Tickets available from the mill when open will attract a 3% handling fee

www.facebook.com/lapfordmill www.lapfordmill.uk

LAPFORD PARISH COUNCIL NOTES, JUNE 2023

Please note this is a summary of the main points of interest. A copy of the draft minutes will be made available on the Council website, www.lapfordparishcouncil.org.uk and on the notice boards in the Orchard Centre and in The ARK.

The Parish Council met on 20th June 2023 in the Victory Hall, for its last meeting. These notes summarise the issues discussed in the meeting.

The Parish Council agreed to purchase a small gift for Peter Heal to thank him for the many years he had spent as a Lapford Parish Councillor, many of them as Chairman.



The Orchard Centre is to have an upgrade with Councillors painting the outside and a local contractor carrying out some electrical wiring and equipment changes. The work has partly been carried out to comply with recent safety surveys carried out on the building with the aim of increasing its use by the community. A new hand-dryer would be installed in the toilet, as well.

The Chairman thanked residents who had tended to the planters outside the hall and elsewhere saying they looked splendid.

Councillors were aware that the signposts around the village were generally in need of some attention and Cllr. Briant-Evans undertook to audit the condition of each one to see the extent of the problem.

Councillors also decided on the delegation of representation on a number of local groups and committees. Details of these would be on the website in due course.

The Parish Council agreed to form a Youth Council/Forum and would work closely with the Youth Club leader, Cathryn Seymour when deciding how to proceed.

The next meeting of the Council would be Tuesday 18th July, followed by one on 15th August. All residents are welcome to attend these meetings to keep in touch with what is happening.

Email: clerk@lapfordparishcouncil.org.uk

Phone: 07768 829511

VICTORY HALL NEWS

The Victory Hall Committee are there to provide and maintain the facilities of the Victory Hall. You will have seen over the years that we have completed a number of projects which have achieved this. These include:

New ladies and disabled toilet Acoustic panels Installation of broadband insulation in the loft space New website



We also have regular maintenance to complete and regular annual payments to be made:

Exterior painting

Chimney pointing

Boiler service

Electrical checks

Insurance

Heating

Electricity

We are aware that there is more to do and we will complete these jobs in order of importance and/or safety:

Move the oil tank

Provide safe access to Lower Town Place for users of the hall

Kitchen improvements to include flow of hot water, dish washer and refrigeration facilities

Gents' toilets

Electrics

Performance facilities to include stage and lighting.

We will endeavour to provide regular updates as to the progress we are making.

Our Committee is very small so if anybody would like to come and join us, please get in touch. It is a great opportunity to meet new people and get involved in the village. My contact details are at the back of the Lapford Lookout.

Many thanks.

Darren Crump

I bought an amazing dog from the local blacksmith. Within an hour of getting home he'd made a bolt for the door.

When people ask me the difference between Ignorance and apathy, I tell them I don't know and I don't care.

I changed our bed for a trampoline. When my wife came to bed she nearly hit the roof.



LADIES OF LAPFORD MEETINGS (LOL)



We will be holding a planning meeting to set our programme for the coming year. We would welcome any new and existing members to come along and put forward their ideas for future meetings. In this way we can offer the things that will be of interest to **you!**

Please come and join us in The ARK Wednesday 9th August at 2.00 p.m.

All welcome, there will be coffee and cake!

EXHIBITION IN THE ARK

This beautiful painting has been left at The ARK by its owner to be raffled to raise money for Ukraine. So, the painting will be exhibited in The ARK for the next two months and raffle tickets

for it, and other prizes to benefit Lapford Revel, will be on sale. The draw will take place at an event in The ARK at the end of September.

The exhibition this time will be a display of past photos of Lapford School and the people who attended it, kindly supplied by Lapford Village Archive. Hopefully visitors to The ARK will be able to put names to some of the faces there.



VINTAGE RALLY THANKS





Thank you to all who came to our Vintage Rally in the Playing Field in June. It was a glorious day and well attended by exhibitors and visitors. The bar was kept busy by Nancy and Jonathon, the cream teas were served by Grace and Lyn and the Congregational ran the BBQ (for the Window Fund) which went down well.

We raised £475 for our funds which is amazing!!

Our next event will be another Car Boot Sale - see separate article in this issue.

Thanks again.







A THANK YOU

On behalf of the village of

LAPFORD

we would like to thank

GIBBINGS & SONS

for all their help and goodwill towards various projects in the village.

Cllr Roy Andrews



ONE LINERS

I was doing some decorating, so I got out my step-ladder. I don't get on with my real ladder.

My Dad used to say "always fight fire with fire," which is probably why he got thrown out of the fire brigade.



I lay awake last night wondering where the sun had gone. And then it dawned on me.

WILD LAPFORD GOES BATS!

I am super excited to see the results of the bat survey that I carried out with thanks to the Devon Wildlife Trust for the loan of the equipment and to the British Trust for Ornithology for the analysis of data.

We collected the equipment on Monday 10th July and set it up in our back garden in the centre of Lapford next to the St Thomas of Canterbury Church. A bird table made a very good improvised microphone stand and detector holder. The survey lasted 3 nights. I frequently see bats in the garden at twilight when the weather is warmer, but I wasn't hopeful on this occasion because the weather was be cool and showery with longer spells of frontal rain overnight. Bats don't tend to fly in anything more than drizzle, it requires too much energy them to fly with wet fur. (Can you imagine yourself swimming while wearing a fur coat?!)

The bat detector listens at a range of ultrasonic frequencies that are beyond what the human ear can detect. It can identify the species of bat by the frequency and pattern of the bat's call, each bat species is unique.

I submitted the data to be analysed and the results arrived within an hour. Wow is all I can say. I didn't see a single bat the whole period (and I was watching closely), but the bat detector identified 8 different species of bat and to my great surprise, a Hazel Dormouse.

The common Pipistrelle was the one species I knew we had and is the most commonly seen species in the UK. The detector heard lots of those, more than 50 recordings over the 3 rainy nights. The detector also heard the Soprano Pipistrelle several times which is apparently visually indistinguishable from it's common cousin, the frequency of it's call is the only difference.

The Noctule was the next most common bat identified on this occasion, with around 40 recordings. It is the largest bat found in Britain with a wing spam up to 40cm (almost 16 inches). They hunt flying bugs high up at the tree tops and they usually live in old trees, another good reason (just in case you needed one) not to cut old trees down.

Next on the Wild Lapford leader board was the Serotine bat with 8 appearances. These are usually the first to fly at twilight. This is a "less common" species that likes to live in old buildings, so an absolute joy to know we have around. I wonder if it lives in our medieval church tower?

Brandt's bat, showed up 7 times in the survey. This is a small hairy bat that usually hunts its prey of midges and moths low to the ground. The Brown Long Eared bat made an appearance 6 times over the survey period. It has ears that are as long as it's body and sleeps with their ears tucked under the wings. It has a relatively slow fluttery flight.

With 3 appearances, Leisler's bat who is another uncommon species in this part of the world and last but not least with 2 appearances was Daubenton's bat, also known at the water bat because it often hunts midges over water and it can even grab insects from the water with it's feet.

Given that there are 17 species of bat in the UK, I was extremely surprised to see that we have 8 of them right here in the centre of the village including some less common species. Even more surprised by the number of bats visiting especially on a cool, apparently bat-free evening. The moral of this story is, just because you don't see the bats, it doesn't mean they are not there!

If you are interested in carrying out your own bat survey, contact the Devon Wildlife Trust:

https://www.devonwildlifetrust.org/devon-bat-survey-2023

Helen Greensmith

References:

https://www.devonwildlifetrust.org/wildlife-explorer/mammals/leislers-bat

https://www.wildlifetrusts.org/wildlife-explorer/mammals/daubentons-bat

https://www.wildlifetrusts.org/wildlife-explorer/mammals/brandts-bat

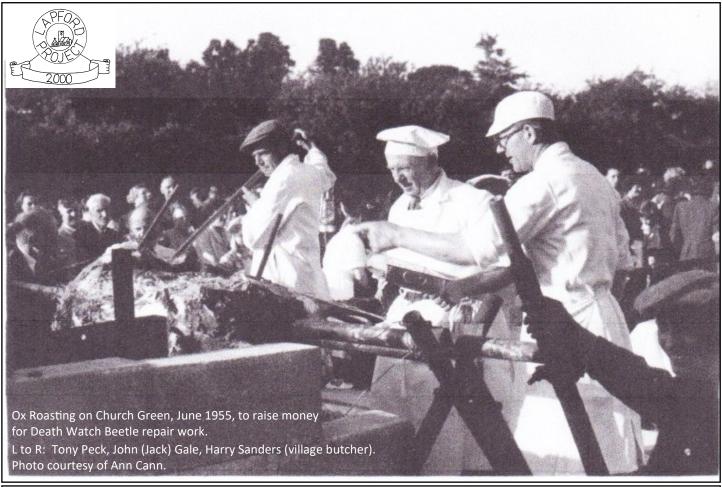
https://www.devonwildlifetrust.org/wildlife-explorer/mammals/common-pipistrelle

https://www.devonwildlifetrust.org/wildlife-explorer/mammals/noctule

https://www.devonwildlifetrust.org/wildlife-explorer/mammals/brown-long-eared-bat

https://www.devonwildlifetrust.org/wildlife-explorer/mammals/serotine





Gardening Club Show 2nd September 2023 Schedule of Classes

Section 1 - Photographic Prints (un-mounted and not exceeding 15cm x 20cm)

- Devon wildlife
- 2. A rainbow

Section 2 - Craft

- 3. A pin cushion
- An item made from recycled denim

Section 3 - Home Craft (items 5-7 to be covered for showing on a paper plate provided)

- 3 cheese straws
- Madeira cake (using the ingredients and guidance below)
- 3 scones
- 1 jar chutney (labelled, any metal cap is to be a new one)

Section 4 - Floral Art

- 9. A table arrangement in a teapot
- 10. A hand-tied posy
- 11. An arrangement in a thimble

Section 5 - Fruit (all exhibits to be of the same variety)

- 12. 3 pears
- 3 dessert apples
- 14. 3 culinary apples
- 6 cane fruit
- 16. 4 plums
- 17. 3 items of any other fruit (not included in the schedule)

Section 6 - Vegetables (items 18-28 to be of the same variety)

- 18. 3 potatoes
- 3 carrots
- 20. 3 onions (either from seed or set each under 250g)
- 21. 5 shallots (shown on paper plate provided)
- 22. 5 French beans
- 23. 5 runner beans
- 24. 5 tomatoes
- 25. 5 tomatoes (small fruited type)
- 26. 3 courgettes (10-15cm in length)
- 27. 2 cucumbers
- 28. 3 chillies
- 29. 5 sprigs of mixed herbs in a jar
- 30. 3 items of any other vegetable (not included in the schedule)

















Lemon essence







Section 7 - Flowers

31. 1 specimen rose bloom

32. 1 stem floribunda rose

33. 3 similar blooms marigolds

34. 1 spike gladioli

35. 3 similar blooms cactus or semi-cactus dahlia

36. 3 similar blooms ball dahlia

37. 1 specimen bloom dahlia

38. 3 blooms of mixed dahlias

39. A vase of mixed dahlias (minimum 5 blooms)

40. 5 stems mixed sweet peas

41. 1 vase mixed flowers (minimum 3 types)

42. 1 vase mixed foliage (minimum 3 types) 43. 1 flowering fuchsia (maximum pot size 16cm)

44. 1 foliage pot plant (maximum pot size 16cm)

45. 1 cactus or succulent (maximum pot size 16cm)

Section 8 - Fun Section

- 46. Longest runner bean
- 47. Heaviest marrow
- 48. Heaviest potato
- 49. An odd shaped vegetable

Section 9 - Children's Section

Under 5 years

- 50. A Toy Story Mr/Mrs Potato Head with a real potato
- 51. A finger-paint animal

6-11 years

- A painted stone
- 53. A miniature garden (maximum size 20cm x 30cm)

Section 10 - Members Only

54. Club plant. Potato as distributed earlier in the year & grown in pot provided

Madeira Cake - Ingredients and Guidance

150g butter/margarin 225g self raising flour 150g caster sugar

Baked in one 18cm cake tin



I've decided I want a pet termite. I'm going to call him Clint - Clint Eatswood.

Elevators terrify me... I'm taking steps to avoid them!

I had a dream that the ocean was filled with orange soda. It was a Fanta sea.



LAPFORD'S DEFIBRILATOR



is on the outside of The Orchard Centre in Orchard Way

What 3 Words app location: emperor.stated.stapled

LAPFORD COMMUNITY PRIMARY SCHOOL NEWS



These last few weeks have been incredibly busy at Lapford Primary School with children enjoying , a range of enriching activities. Skylarks visited Ilfracombe Aquarium as part of their Coastline topic. The children saw (and even got to hold) some exciting sea creatures! They were able to



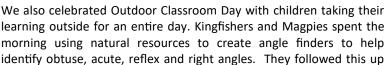
understand how aquatic species change as we move from the source of a river down to the sea. Skylarks learnt about sticklebacks and carp, compared them with hermit crabs, rays and even small sharks! It was a fantastic, immersive day of learning.

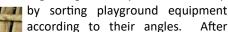


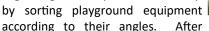
We held our annual sports day and we had the most beautiful weather for it! Our morning began with a carousel of activities including a target toss and the infamous welly wang! The children worked in their house teams, ably led by their house captains: Casey-May, Casey, Charlie, Ruby, Noah and Hannah. It was brilliant to see

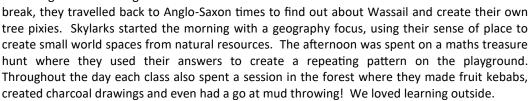
the children cheering each other on and the older children helping the younger children to be successful. afternoon

together on the field for the traditional races and what a great job they all did again: joining in, doing their best and making us all proud. At the end of the day we announced our winning team. This year the scores were incredibly close but the winning team were the Lions.











Finally, this week has seen our KS2 production of Pirates vs Mermaids. The children (and staff!) have worked incredibly hard over the past few weeks, learning lines,

singing songs, making props and scenery and finding out just how much work goes into putting on a production. However, they did themselves proud and performed the show three times to a packed audience. They made us laugh out loud and wowed us with their singing and acting. What a lovely way to end the school year.

Mrs J. Wright **Head of School**









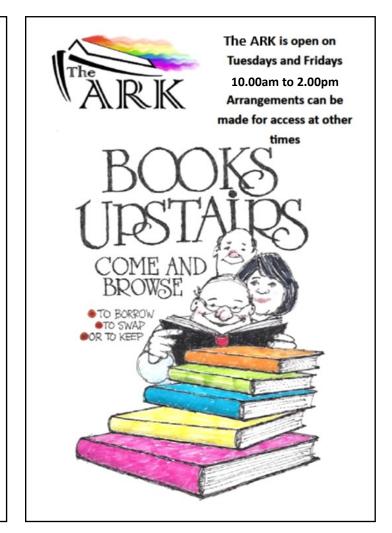
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For more information please contact Grace on 07807 019890

IN AID OF LAPFORD YOUTH PLAYING FIELD TRUST











Dear Residents of Lapford,

Many of you may already be aware that it has been proposed by the Post Office Management Team to reduce our Outreach by a session a week, in order to make it financially viable. We are here for you at present, Mondays,



Wednesdays and Fridays 9.00 a.m. -12.00 a.m. It is proposed going forward, commencing 4th September 2023, to attend on a Monday and a Friday only 9.30 a.m. -12.00 a.m.

I have tried so hard to reason with the Post Office Management, but sadly our hands are tied and we are forced to accept the new arrangements. I can only apologise for any inconvenience it may cause.

As always, John and I will do all we can to help you all, as we go through this transition. We thank you for your continued support. Kind regards,.

June



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From 4th September 2023:

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REPORTING HIGHWAYS PROBLEMS

The Parish Council is notified of Highways or Street Lighting problems from time to time with the expectation that action can be taken.

However, a faster reporting route is to use the Devon County Council website to open up the Report a Problem page. Once there it is a simple matter of clicking on the highlighted reporting symbol and following instructions. Any member of the public can do this. In fact the more reporting – particularly of potholes – the more chance there is of action being taken. Other matters can also be reported e.g. fallen trees, flooding, blocked drains and much more.







Potholes

Faulty street lights

If you are *reporting an emergency* that requires immediate attention, please call 0345 155 1004. An emergency on the highway is defined as something that is very likely to present an imminent threat to life or serious injury or serious damage to property.

Lapford Parish Council

PLEASE REMEMBER THE COPY DEADLINE FOR CONTRIBUTIONS TO THE LAPFORD LOOKOUT IS THE 14TH OF EACH MONTH

NATIONAL BLOOD SERVICE



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Nymet Rowland

Opposite Village Hall: 12.20-12.40
Every 4 weeks on Tuesdays
August 15th,
September 12th, October 10th,
November 7th and December 5th



LAPFORD LOOKOUT TO CONTACT THE EDITOR



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Tel: (01363) 884211 or 07791 989142 **E-mail:** lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox Contributions are welcome, to be used at the Editorial Team's discretion.

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

The views in this newsletter do not necessarily represent the views of the Editorial Team.
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USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
 CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping ~ 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings
 @Devon ~ Exeter: 07990 790 920 or
 Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561

2000

LAPFORD LOOKOUT ADVERTISING RATES AND POLICY



Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

One eighth page: £7 per month.
One quarter page: £14 per month.
One half page: £28 per month.
Whole page: £56 per month.

Pay for twelve months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.

LAPFORD WEBSITES

www.lapfordhistory.co.uk www.lapfordparishcouncil.org.uk www.lapford-primary.devon.sch.uk www.lapfordvictoryhall.co.uk www.lapfordvillage.co.uk





NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares are as follows:

Bow Medical Centre - £6

Chulmleigh Dental Practice - £6

Chulmleigh Health Centre - £6

Crediton (Breast Screening) - £7

Crediton Community Hospital - £6

Morchard Bishop Surgery - £4

Redlands Health Centre - £7

Witheridge Surgery - £6

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

LAST POSTING TIMES AROUND THE VILLAGE



Mon-Fri Saturday **Eastington Cross** 9.00 a.m. 7.00 a.m. Woodland Cottage 9.00 a.m. 7.00 a.m. **Industrial Estate** 9.00 a.m. 7.00 a.m. 9.00 a.m. 7.00 a.m. Highfield Orchard Way 9.00 a.m. 7.00 a.m. Saxtons 9.00 a.m. 7.00 a.m. Morchard Road 9.00 a.m. 7.00 a.m. 4.30 p.m. 11.15 a.m. Copplestone

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
Adventure Gaming	Mr Warren Clayburn	01363 83095 / wmclayburn@gmail.com
Beginners Ballroom Dancing	Mr Steve Munday	07798 684225 / steve@lowerfieldhouse.co.uk
Books on Wheels	Mr Peter Westcott	01363 83525 / pj.westcott@btinternet.com
Friends of Langannerie (twinning)	Mr Peter Henshaw	01837 89070 / petehenshaw@yahoo.co.uk
Friends of Lapford Mill	Mr Alex Gater	07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Stacey Lumsdon	07891 556884 / staceyannlumsdon@gmail.com
Heart for Lapford Strategy Group (H4L)	Secretary	heart4lapford@aol.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Ladies of Lapford (LOL)	LOL Team	ladiesoflapford@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford ARK	Miss Briony Clinch	01363 83788
Lapford Association Football Club	~	lapfordafc@gmail.com
Lapford Book Club	Mrs Jill Doe	01363 83410 / sunnyside@jilldoe45.plus.com
Lapford Celebrations Committee	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Choir	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Church Green Trust	Mrs Abigail Whittaker	07565 768386 /
		abigailwhittaker@lapfordparishcouncil.org.uk
Lapford Community Church	Miss Briony Clinch	01363 83666 / admin@lapfordcc.org.uk
Lapford CP School and Nursery	~	01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Mr Peter Lacey	07775 941505 /
Landard Dan Club	Mara Carra Thursday	lapfordcongregationalchurch@gmail.com
Lapford Dog Club	Mrs Sara Thurgood	01363 83081 / info@lapforddogclub.co.uk
Lapford Emergency Action Plan Committee	~	~
Lapford Emergency Response Team Lapford Foodbank	Miss Briony Clinch	01363 83788
Lapford Handbell Ringers	Mr Steve Munday	07798 684225 / steve@lowerfieldhouse.co.uk
Lapford High 5 (ages 7-11)	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club	Mrs Trish Mumford	01363 83911 / james@mumfordj.plus.com
Lapford Lookout	Mrs Beccy Fletcher	01363 884211 / lapfordlookout@gmail.com
Lapford Over 60 Club	Mrs Carol Worsdell	07368 860835
Lapford Parish Church	Mrs Joan Graham	01363 83047 / jemg47@aol.com
Lapford Poppy Appeal Organiser	Mrs Caroline Noon	01363 83863 / lapford.pao@gmail.com
Lapford Project 2000 (LP2K)	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Regeneration Committee	~	~
Lapford Revel	Mr Mark Tanner or	Gryff_raven@hotmail.co.uk or
•	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Victory Hall & Lower Town Place	Mr Darren Crump	07960 715553 / darrencrump99@hotmail.co.uk
Lapford Village Archive	Ms Audrey McCormack	01363 83103 / archivelapford2022@gmail.com
Lapford Village Market	Mrs Stacey Lumsdon	07891 556884 / lapfordvillagemarket@gmail.com
Lapford Voluntary Car Aid	Mrs Grace Hill	01363 83178 / lvca2011.19@gmail.com
Lapford Youth Club Management Committee	Mr Steve Keable	07967 655045 / lapfordyouthclub@gmail.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07969 823256 / roy.andrews1950@icloud.com
Lower Town Place Gardening Group	Mr Andy Epstein	amepstein55@gmail.com
North Creedy Choral Society	Mrs Patricia Robottom	01363 884495 / patricia@serafim.eclipse.co.uk
Nymet Rowland Village Pump	Liz and Roland Smith	01363 884446 / pump@incywincyweb.com
Save Our Heritage Lapford	Mrs Donna Egan	01363 83732 / donnaegan84@gmail.com
Springers 4's and under	Mrs Carol Worsdell	07368 860835
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The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk

