



LAPFORD LOOKOUT



YOUR LOCAL MONTHLY NEWSLETTER

Year 25 Issue 12

December 2022

Exeter
MALE VOICE
Praise

Lapford Victory Hall
Saturday 3rd December 2022
4pm

An evening of Christmas song
£5 entry to include coffee and mince pies

Ring Jeanne on 01363 83068
to reserve a seat, pay at door.
Limited space available so book early
to avoid disappointment

In aid of Lapford
Voluntary Car Aid

LAPFORD PARISH CHURCH
Christmas 2022

CRIB
SERVICE

Christmas Eve
4.00 p.m.

Come and celebrate the
Christmas Story and sing carols

WITH THE
'CHOCOLATE
NATIVITY'

CHRISTMAS EUCHARIST
10.30 a.m. Christmas Day
All welcome - Seasonal refreshments

Please join us this
Christmas!

Carols by Candlelight Service
Sunday 18th December
6.30 p.m.

Why not start your Christmas celebrations
at our family friendly service?

Stay for refreshments afterwards!



CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU TO:



THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

Vicar: The Reverend Robert Gordon - (e) vicar.ncw@gmail.com

Churchwarden: Joan Graham - (e) jemq47@aol.com (t) 01363 83047

1st, 2nd & 3rd Sundays – Lay Led Morning Prayer – 9.30 a.m.

4th Sundays – Common Worship Eucharist – 9.30 a.m.

5th Sundays – See announcements on Church notice board

4th December - 9.30am Advent 2 Lay Led Morning Prayer

11th December - 9.30am Advent 3 Lay Led Morning Prayer

Wednesday 14th December - 10.30am BCP Holy Communion

18th December - 9.30am Advent 4 Lay Led Morning Prayer



Saturday 24th December at 4.00pm CRIB & CAROL SERVICE with the **CHOCOLATE NATIVITY**

Sunday 25th December at 10.30am Churches Together Christmas Eucharist

1st January 10.00am Naming of Christ Mission Community Eucharist at Knowle

**8th January 9.30am Epiphany Churches Together Breakfast and Service for the New Year
at the Victory Hall**

ALL ARE WELCOME - REFRESHMENTS SERVED AFTER SERVICES

LAPFORD CONGREGATIONAL CHURCH

Services every Sunday at 11.00am

Communion will be held on the second and fourth Sundays

Contact: Caroline Gilpin **83674**; Peter & Viv Lacey **07775-941505**; Cat Seymour **884432**;

Helen Wyatt **07964-855677**.

email: lapfordcongregationalchurch@gmail.com

www. [facebook.com/lapfordcongregationalchurch](https://www.facebook.com/lapfordcongregationalchurch)

Preachers and Events:

December /Jan

4th Dec – Mervyn Burd

11th Dec – All Age Service

18th Dec – Merril Archer – a.m.

18th Dec – Carols by Candlelight – 6.30 p.m.

25th Dec – Joint Service at Community Church

1st Jan – No service

8th Jan – Trevor Grant from Leprosy Mission



LAPFORD COMMUNITY CHURCH

Meets every Sunday morning at 10.30am in the Victory Hall

4th Sunday of the month is Family Service

Fellowship Group on Wednesdays 7.00pm upstairs in The ARK

Contact: Briony Clinch - Tel: **83666**

<https://www.lapfordcc.org.uk/>

Please visit our website for information about the Foodbank and ARK.

You will also find lots of information about Church activities and on-line services.



*All the Churches welcome everyone to any of their services and social events.
We look forward to fellowship with you.*



MESSAGE FROM THE EDITOR



I would like to take this opportunity to thank everyone involved in the production and delivery of the Lapford Lookout for their continued dedication to the publication over the past year. Without them, the advertisers and content that is sent in, there would be no Lapford Lookout.

Our wonderful Postman Eddie is retiring at the end of December. Eddie has dedicated many years delivering the post to Lapford and has always gone above and beyond his job description in ensuring that we receive our letters and parcels. The village is having a collection for him and there are more details on page 23 but let's hope, on his last day, we can all let him how important he is and will always be to Lapford.

I hope you all have an Amazing Christmas and a Very Happy New Year!

Beccy



LAPFORD REVEL

A meeting has been arranged for
Monday January 9th
at 7-30pm
at
The Orchard Centre.

This is for any one previously associated with the Revel and anyone else at all who would like to be involved in discussing the possibility of staging a Revel next summer. It would be a huge shame for the tradition of Lapford Revel to die just for the sake of people failing to come together to talk and possibly make plans. If you would like to attend but find the date/time inconvenient please send your contact details to me via email susanbriantevans@gmail.com or phone 83763 to enable you be included in any further correspondence/developments. Hopefully enough people will express an interest so that a steering committee can come together to discuss next steps. Sadly if no one bothers then the Revel will not happen for another year and that would be a huge shame, particularly for the children of our village.



Lapford Weather Review

LAPFORD WEATHER OCTOBER 2022

The mildest October since 2006 thanks to a largely southerly airflow, slightly lower than average rainfall.

The warmest day was the 27th with a maximum of 18.8°C and the coolest was the 10th when the maximum was 14.5°C. The coldest night was on the 11th with a minimum temperature of 1.4°C and a grass frost of -1.6°C.

Total rainfall was 91.8mm, about 10% drier than average. The wettest day was the 31st with a fall of 19.8mm.

The windiest day was the 31st with a gust of 44 m.p.h.

Andy Epstein



DATES TO LOOKOUT FOR

December

- 3rd Parish Church Xmas Fayre & Giant Hamper Raffle, Victory Hall, 10.30am-12.00noon
- 3rd Friends of Lapford School Christmas Craft Fair, Lapford Primary School, 2.00-4.00pm
- 3rd Exeter Male Voice Praise, for LVCA, Victory Hall, 4.00pm
- 3rd LADS Step into Christmas, Old Malt Scoop, 7.00pm
- 7th Lapford Over 60s Christmas Lunch at The Waie Inn
- 10th Christmas Fayre in The ARK, 10.00am—1.00pm
- 10th Copy deadline for January Lapford Lookout, 6pm
- 10th Live Music Charity Evening, for FORCE, Victory Hall, 7pm
- 13th The ARK closes.
- 13th Lapford Parish Council meeting, Victory Hall, 7.30pm
- 13th Lapford Gardening Club, Something Festive TBC, The ARK, 7.30pm
- 14th Two Course Lunch in The ARK (bookings only).
- 15th LOL Christmas Supper, Old Malt Scoop, 7.15pm
- 18th Carols by Candlelight, Congregational Church, 6.30pm
- 24th Crib & Carol Service, Parish Church, 4.00pm

January 2023

- 6th The ARK reopens
- 8th Closing date for return of quiz sheets to The ARK.
- 9th Lapford Revel meeting, 7.30pm, Orchard Centre.
- 14th Copy deadline for January Lapford Lookout, 6pm
- 17th Friends of Lapford School AGM, 3.45pm, Lapford Community School Hall.
- 19th LOL Games and Nibbles, The ARK, 7.30pm

February

- 14th Copy deadline for January Lapford Lookout, 6pm
- 17th Comedy Evening at the Victory Hall in aid of Lapford Football Club
- 16th LOL Talk about Den Brook Wind Farm, the ARK 7.30

6th May - Coronation of King Charles III



ADVANCE NOTICE

The closing date for submissions for the January Lapford Lookout will be the 10th December due to printing requirements prior to the Christmas period.



LAPFORD LOOKOUT

Contributions welcome

lapfordlookout@gmail.com

Deadline for inclusion in the next issue:

6.00 pm on the 10th December for inclusion in the Jan. issue





A GREAT BIG THANK YOU!



The Lapford Congregational Team would like to say a huge thank you to everyone who attended Bimbo's Big Breakfast on the 12th of November. A lovely morning was had by all who attended, and we managed to raise the amazing sum of £543.83 towards our Church Window Fund. We would like to thank John and everyone who helped behind the scenes to make this event a huge success!

We are hoping to do another breakfast in February. Keep an eye out for this and future events from the Church in 2023.

From everyone @ Lapford Congregational Church

LIVING DOWN THE LANE....

On the First day of Christmas BT said to me:

'We've got a phone line down, but we'll repair it quickly'

On the Second day of Christmas South West Water said to me:

'We've got a great big leak, but we'll repair it quickly'

On the Third day of Christmas Western Power said to me:

'Your neighbour's lost their power, but we'll repair it quickly'

On the Fourth day of Christmas Devon Highways said to me:

'We've found a blocked drain, but we'll repair it quickly'

On the Fifth day of Christmas I walked down the lane to see:

FIVE BIG HOLES,

four bent signs,
three drink cans,
two crisp packets,
and a parcel addressed to..... **ME.**

Bill Graham

THE HISTORY OF TOM SMITH

It was on a trip to Paris in 1840 that an adventurous and forward thinking Tom Smith discovered the 'bon bon' sugared almond, wrapped in a twist of tissue paper. Seven years later this simple idea evolved into the Christmas Cracker.

By placing a small love motto in the tissue paper he created enormous interest in this product, especially at Christmas, and it was during a search for inspiration to achieve even greater sales that he casually threw a log on the fire. The crackle sound, made by the burning log, gave him the idea that would eventually lead to the crackers we know and love today. After a great deal of hard work and experimentation he came up with a cracking mechanism that created a 'pop' as the 'bon bon' wrapping was broken. This eventually became the snap and the cracker was born.



Over the next few years his idea evolved and grew and he moved from his original premises in Clerkenwell, East London, to Finsbury Square in the City. His sons, Tom, Walter and Henry, took over the business when he died and later a drinking fountain was erected in Finsbury Square, by Walter, in memory of his mother and to commemorate the life of the man who invented the Christmas Cracker.

It was Walter who introduced the paper hats and he toured the world to find new and unusual ideas for the gifts.

The company was very aware of current affairs and crackers were created for the Suffragettes, War Heroes, Charlie Chaplin, The Coronation and many other great occasions. Exclusive crackers were also made for the Royal Family and still are to this day.

LAPFORD VOLUNTARY CAR AID



A very productive AGM was held on Friday 4th November. After Officers' reports were presented to those present, all existing Officers were re-elected. A total of 4782 miles was travelled by the volunteer drivers, which accounted for 277 journeys, in the year from October 2021 to September 2022, which shows that it is a well used and much needed service.

Due to the current economic situation LVCA are having to increase the fares charged from 1st January 2023. This is the first increase in several years.

We are very grateful to all of our volunteer drivers but, due to various people either moving away or retiring, we would welcome any new drivers who feel that they may have spare time and be able to help. If you are able to assist please contact Grace Hill on 01363 83178.

We are now looking forward to our Christmas Concert on 3rd December and hopefully, by the time you read this article, many of you will already have booked your tickets.



COMPUTER SKILLS?

My boss calls me 'computer'. It's got nothing to do with intelligence, I just go to sleep if left unattended for fifteen minutes.

LAPFORD OVER 60s FORTHCOMING EVENT

Wednesday 7th December

Christmas lunch at Waie Inn, entertainment by Paul Ridd and Fred Harris.

Book through Carol, Linda or John. Be sure to keep this date free in your calendar.



LADIES OF LAPFORD (LOL)

Thursday 15th December

Christmas Meal in the Malt Scoop

Thursday 19th January 2023

The Ladies will be having an evening of fun, playing games

Tea, Coffee and Cake provided

7.30 in The ARK - newcomers are most welcome.



CHRISTMAS QUIZ SHEETS



to raise funds for Lapford Foodbank

Still available from The ARK or contact Sue Hemsworth

This year's quiz has been compiled by our 2019 winner Bill Parsons and is supported by The ARK and Lapford Project 2000



Please return your quiz sheets to The ARK by 8th January 2023



BIMBO'S BIG BREAKFAST



I have just eaten a very tasty breakfast at the Victory Hall. Thank you to all concerned in organising this event. Good food and good company. I also had my car washed, so don't need "go faster stripes" now! Everything done by very cheerful and willing volunteers.

Jeanne Whittaker

CHULMLEIGH FLORAL ART GROUP

There is no meeting during December or January but on Wednesday December 7th we will enjoy a Christmas Dinner at the Golf Club in Chulmleigh. Our next meeting will be held on February 15th 2023.

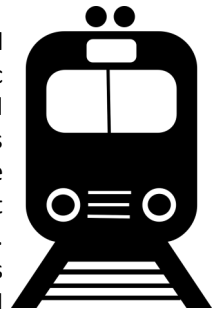
We would like to take this opportunity to wish all our members and friends a very Merry Christmas and best wishes for a healthy and peaceful New Year.

For more information please contact: Heather Russell on 01769 581258 or Joan Rowland on 01769 581241.



RAIL NEWS

As anticipated in last month's Lapford Lookout, we can now see the public railway timetables showing six additional Lapford trains on Saturdays, to bring this more-or-less into line with the enhancements to weekday services that we successfully negotiated two years' ago. The additional services are (towards Exeter), 07.02, 11.06, 14.06, and 16.06; and (towards Barnstaple) 09.50 and 12.50. We will continue to campaign to have ALL services with request stops at Lapford especially as there are still 3-hour gaps at certain times of day that make planning return journeys quite difficult.



To some people, the additional early train will be of great use when planning days out further afield on a Saturday; for example, it will now be possible to get to London by 10.09 whereas the earliest previous Saturday arrival into Paddington was 11.29.

Lapford Saturday Train Times from 17th December	
Towards Exeter	Towards Barnstaple
07.02	0743
08.04	09.50
09.08	12.50
11.06	16.50
14.06	17.52
16.06	21.56
18.12	
19.12	

JAPONICA, ORNAMENTAL QUINCE— JELLY OR STEWED



A reminder for those of you with ornamental quince in your gardens. The yellow or green fruits from this shrub make excellent quince jelly.

They can also be washed, cut in half, placed in a saucepan, barely covered with water, and stewed until soft.

Sieve the cooked fruit to remove the skins and seeds. A generous dollop or two of the aromatic puree can be added to apple crumble, apple pie, or stewed apple.

Paul Cleave



LAPFORD GARDENING CLUB

Lapford Gardening Club will be meeting on the 15th December in The Ark at 7.30 p.m. We will be creating natural festive candle wreaths – all materials supplied. Mulled wine and mince pies to follow our creative evening.

Steve Munday



LAPFORD COMMUNITY PRIMARY SCHOOL NEWS

The weeks are rushing by and the festive period will soon be upon us. In school, we have been trying to hold off the Christmas chaos for a few more weeks but the sound of nativity practise and carol singing is beginning to creep into the corridors! The last month at Lapford CP School has been a busy one; just before half term we were able to celebrate Harvest Festival with a special assembly for friends and family. The children performed songs and shared art, poetry and prayers. It was a lovely celebration and well attended by our school community. We also held a collection to support the Foodbank at The ARK and we were incredibly grateful for the generous contributions from our families towards such a worthy cause.



In the last month our Lower Key Stage 2 football team have been busy playing in two tournaments against other local schools from the surrounding areas. The first of these was held at Bow and was the first time the team had played together. They demonstrated fantastic sportsmanship and worked together superbly to create a really strong team who, despite some tricky games, managed to finish the tournament in third place. Last week they were back in action at Winkleigh, where they played against teams from Monkleigh, Bow and Winkleigh. The team were even more determined than in their previous tournament and they were overjoyed to make the final. The final game against Bow was incredibly tight and both teams had some good shots on goal which were saved expertly by the keepers. Eventually, the match ended 0-0 and the result had to be decided on points from the earlier games, which meant Lapford brought home a well-deserved second place. It was so good to be able to get out and enjoy some competitive sport and I know the team are very much looking forward to other opportunities to play together in future tournaments.



Finally, we are working hard to develop our Forest School here at the school and we have recently trained a member of staff in Forest School leadership. In order to begin running effective sessions, we are trying to collect together some tools and resources. We are particularly on the lookout for the following:

Pieces of paracord rope or braided polypropylene 7/8mm
A wooden horse/woodwork bench
Tarpaulin sheets
Loppers
Large water bottles
Wood cutting tools – safely mora knife with a safety sheaf attached
Hatchets with a safety sheaf attached

Palm drills
Bow saws
Large flat shells
Secateurs
Cast iron pans/kettle
Fire rod & flint
5L Hot water container

If you can help with any of these items, please do let us know.

Mrs J Wright, Head of School

ELECTRICITY COSTS

With the new 52p/kWh electric cap this is what items will roughly cost to run:

- 1kWh fan heater/electric radiator = 52p/hour
- 2kWh fan heater/electric radiator = £1.04/hour
- 3kWh immersion heater = £1.56/hour
- 5w LED light bulb = 0.26p/hour
- 40w electric blanket = 2p/hour
- 60w light bulb = 3.12p/hour
- 8kg Washing Machine (A rating) = 26p/cycle
- 8kg Washing Machine (D rating) = 55p/cycle
- Tumble Dryer—Heat Pump—A rating = £1.13/cycle
- Tumble Dryer—Condenser—C rating = £2.33/cycle
- Oven = 52p/hour
- Electric hob halogen per ring = 85p/hour
- Electric hob induction per ring = £1.00/hour (surprising?)
- Microwave 900w = 47p/hour
- 200w slow cooker = 10p/hour
- 42" TV = 6p/hour
- Computer monitor = 1p/hour
- Xbox One S = 6p/hour
- PS4 = 7p/hour
- Amazon echo dot = 0.2p/hour
- Sonos One = 0.7p/hour
- Google Nest mini speaker = 0.2p/hour
- Laptop = 2.5p/hour
- American style Fridge Freezer = 2.5p/hour 60p/day
- Freestanding Fridge Freezer = 1.45p/hour 35p/day
- Under counter Fridge = 0.6p/hour 16p/day
- 7.5kWh electric shower = 6.5p/min
- 9kWh electric shower = 7.8p/min
- 10.8kWh shower = 9.3p/min
- Electric kettle = 2p/min



LAPFORD AFC



Lapford has had a football team playing in different locations in the village for over a hundred years. We have now been playing at Edgerly Cross for the last 35 years.

The last 10 years has been our most successful time culminating in winning the Devon and Exeter Premier Division two years running. Unfortunately, due to circumstances beyond the committees control we had to withdraw the football team from the football league for this season.

We are still running as a club with a committee that meets regularly and have agreed to run a men's team next season with youth teams hopefully to follow.

This is where you could come in as Lapford Football Club is looking for: -

- New members to join the committee.
- A manager or coach to run the men's team.
- Players old and new (you must be 16yrs to play at men's level).
- Managers and coaches to be involved with youth football.

Training sessions will be arranged with dates advertised.

We have started fund raising events with an evening of laughter with Tank Sherman in February.

Anyone that wishes to help in any way, please contact –

- Nick Tucker – Chairman – 01363 83601
- Joe Badcock – Secretary – 07734745894
- Rob Tancock – Committee member – 07971242668

Sponsors are always welcome.

RECYCLE AT THE ARK

The beautiful blue plastics recycling bin located by The Ark is back. If you haven't already had a clear out of recyclable confectionery / ice cream / cracker tubs, milk bottle tops and takeaway containers (anything clean 5/PP grade plastic) it will be there until 15th February 2023. Money raised goes towards Dartmoor Zoo and Life Chance Trust charities. Any questions or If you need someone to collect items you wish to donate call Gwennie on 01363 83197.



Recycle & Raise[®]

Recycle your plastic containers
Raise money for charity

We can recycle:

- Confectionery tubs
- Ice cream tubs
- Cracker tubs
- Milk bottle tops
- Takeaway containers

Must be clean,
5/PP grade
plastic
Look for this logo!

Find your local drop-off point:

<https://bit.ly/Recycle-Raise-23>

or scan our QR code!



Drop off by
15th
February!



Proudly supporting



CREDITON PARISH CHURCH

CHRISTMAS TREE FESTIVAL 2022

DECEMBER

Thursday 1st 11am to 6pm

Friday 2nd 11am to 6pm

Saturday 3rd 10am to 6pm


Sunday 4th 11am to 6pm

**FREE ADMISSION
FREE PARKING**

Refreshments Accessible Concerts
Bridge Books, Church Shop
& Bric-a-Brac

FOR MORE INFORMATION and for PARTY BOOKINGS :

creditontreefestival@gmail.com or Tel 01363 772865

 /creditonparishchurchfestivals

CHARITY NO:1051555



Christmas Craft Fayre

3 DEC 2022 | **FREE ENTRY** | **LAPFORD PRIMARY SCHOOL**
2PM-4PM

**CRAFT STALLS, GIFTS, REFRESHMENTS, GAMES,
MEET SANTA & MUCH MORE!**

Raising funds for Lapford Primary School

To book a stall contact
lmills@chulmleigh.devon.sch.uk

LADIES, AND OTHERS, SUPPORT FORCE

Our Ladies' night in October was a bit different because we invited anyone who was interested to join us. Originally simply a talk for the Ladies, we realised this was an opportunity to raise money for this excellent Charity. Soon a plan emerged to offer a curry supper (thank you so much John for your efforts in the kitchen and your generous donation of the ingredients) and a raffle (thank you very much Sue for your efforts in sourcing raffle prizes and selling tickets). Meriel Fishwick was booked for the 20th, we found a venue as we were too big for The ARK and the Victory Hall was used on Thursdays and our preparations were complete.



The evening turned out to be very successful with the hall just about full. Meriel gave an interesting and informative talk about how FORCE came into being and how it is structured and funded. It has been a registered charity since 1987 and it grew out of a small number of volunteers who originally met in a small room at the hospital with the aim of helping cancer patients. At first the focus was on research and buying much needed equipment for the hospital but as FORCE grew, alongside this work, it began to develop its role in offering non-clinical support to cancer patients and their families. For many, it is this work of FORCE that is so familiar. Their lovely welcoming centre in the corner of the main car park at Wonford is a haven of tranquility away from the tension and sense of anonymity sometimes experienced in a busy bustling hospital (despite the efforts of very committed and caring staff). Meriel ran through the types of support they were able to offer. There is of course the ever-ready boiling kettle and sympathetic ear for anyone who needed to talk, invaluable in itself, but there is so much more. They have complimentary therapies, benefits advice, physiotherapy and exercise guidance as well as other health and well-being support. The range is impressive. Sadly, so many people today are touched directly or indirectly by cancer and the work done by FORCE is invaluable in supporting these people.

After the talk, the curry supper went down well amongst much chatter. When it was cleared away, the chatter subsided a little as people listened for their ticket number during the raffle before making their way home plus prize if they were lucky.

While the clearing up was done, so were the sums. We had decided that all the money gathered would go to FORCE and were able to give Meriel a cheque for £440. She wrote to us after the event saying how much she had enjoyed the evening; how welcome she had been made to feel and how grateful and surprised FORCE was by our donation. We would like to say thank you to all those who came along and to all those who helped. Between you, you made it into a very worthwhile and enjoyable evening.

Sue Raffill

You are invited to a two course
lunch in The ARK



(pay what you can- Proceeds to the Foodbank)

Wednesday 14th December 2022
From 11.30am

We will be serving Sausage Casserole,
Sponge Pudding & Custard,
Coffee & Tea.

(Transport can be provided)

Please telephone 83788 on Tuesday or Friday
between 10-12pm to book your meal.
Bookings only: to be made by 9th December.



Come and join us in The ARK
Winter Warming
Wednesdays


Come and join us upstairs in The
ARK
where there will be tea, coffee,
cake and company

Read a book, read your newspapers,
have a chat or play board games

There will be a warm
welcome awaiting you

Upstairs at The ARK will
be open from 10.30





Merry
CHRISTMAS
and
HAPPY NEW YEAR

Joy Abbott will not be sending cards this year so
she would like to wish all her friends in Lapford
and Nymet Rowland a Happy and Peaceful
Christmas and New Year

TEN LITTLE CHRISTMAS TREES

Ten little Christmas Trees a-growing in a line.
The first went to Bedfordshire,
And that left only nine.

Nine little Christmas Trees all found it long to wait,
The second went to Monmouthshire,
And that left only eight.

Eight little Christmas Trees said "Christmas will be heaven."
The third went to London Town,
And that left only seven.

Seven little Christmas Trees, and all as straight as sticks!
The fourth went to Oxfordshire,
And that left only six.

Six little Christmas Trees, all growing and alive!
The fifth went to Lancashire,
And that left only five.

Five little Christmas Trees said "Will they wasn't some more?"
The sixth went to Devonshire,
And that left only four.

Four little Christmas Trees, as sturdy as could be!
The seventh went to Scilly Isles,
And that left only three.

Three little Christmas Trees all grew and grew and grew,
The eighth went to Middlesex,
And that left only two.

Two little Christmas Trees, December almost done!
The ninth went to Timbuctoo,
And that left only one.

One little Christmas Tree, feeling very small!
She came to our school,
And that was best of all.

Ten little Christmas Trees, with Christmas drawing near,
Wish you love and gladness
And a Happy New Year.

Rodney Bennett





THE CAROL SINGERS

Last night the carol singers came
When I had gone to bed,
Upon the crisp white path outside
I heard them softly tread.

I sat upright to listen, for
I knew they came to tell,
Of all the things that happened on
The very first Noel.

Upon my ceiling flickering
I saw their lantern glow,
And then they sang their carols sweet
Of Christmas long ago.

And when at last they went away,
Their carol singing done,
There was a little boy who wished
They'd only just begun.

Margaret G. Rhodes

LAPFORD VOLUNTARY CAR AID

LVCA is a charity organisation in Lapford, which provides subsidised transport for residents to enable them to attend medical appointments at doctors' surgeries and dentists in the area. We rely solely on donations, grants, legacies and fund raising. We have been running since the mid-1980s and provide a very valuable service in the village.



The Unity Freemasons Lodge No 1332 Crediton have very generously donated £300 from their Benevolent Fund, which will cover a quarter of a year's expenses.

LVCA are very grateful for their kind donation, which was presented by Worshipful Brother Peter Heal to our Chairman, John Burrows.

FRIENDS OF LANGANNERIE

Just a short report on the fund raising evening meal held in the Village Hall on Saturday 29th October.

Forty diners were served a four course meal which consisted of a choice of prawn cocktail or melon and parma ham as a starter. Beef Bourguignon or chicken in a white wine (Rose) sauce served with roast potatoes, cheesy leeks and mixed vegetables with a selection of desserts, cheese and biscuits. Thank you to North Tawton Cheese Factory for donating the fromage.

An even bigger thank you goes to celebrity chef John Burrows, our very own Keith Floyd who gave up his Saturday afternoon to prepare our meal. We raised £1,145.20 which is by far the best we have ever achieved. Well Done All!

S.P. Henshaw (Secretary)

LAPFORD DOG CLUB

It's been a while since a report has been sent in from the Dog Club. The Club continues to get a large number of enquiries about both the weekly obedience and agility training. Numbers for obedience have reduced slightly after the lockdown mayhem, but sadly too many to fit into the Victory Hall; so training continues at Serstone, outside Down St Mary. Details and applications for training may be found on our website, www.lapforddogclub.co.uk. The Club ran a very successful two day Kennel Club Agility Show back in July, with over 60 camping pitches reserved.



At the moment we are gearing up to our three winter league shows, and are thrilled to say that entries are at capacity. More recently the Club welcomed Chloe Brown for a special day of agility training which tested all attendees. The Club continues to support the Kennel Club Good Citizen Awards, and all puppies who complete our 10 week course will have reached the appropriate level. Recently five dogs and handlers were assessed for the Silver Award, and successfully met all the criteria. These included a two minute stay, road walk and getting in and out of a car in a controlled manner.

Now the Club is looking forward to Christmas with parties planned for all our four and two footed friends.



Carla Stevens with Pollie at Chloe Brown training



Jill Clarke & Peggy
Richard Huxley & Olive
Janet Bland & Lexi
Stacey Brewer & Luna
Trisha Mumford & Calvus

LAST POSTING DATES FOR CHRISTMAS

Here are the latest recommended posting dates for all services to UK addresses.



Service	Last recommended posting date
Royal Mail 2nd Class & 2nd Class Signed for	Monday 19th December
Royal Mail 1st Class & 1st Class Signed for Parcelforce Worldwide express48	Wednesday 21st December
Royal Mail Special Delivery Guaranteed Parcelforce Worldwide express 24. express AM	Thursday 22nd December
Royal Mail Special Delivery by 1pm with Saturday Guarantee	Friday 23rd December

FRIENDS OF LAPFORD SCHOOL AGM

Tuesday 17th January 2023
3.45pm

Lapford
Community
Primary
School Hall



2 Lower Forches



Lapford Parish Map Showing the approximate locations of Grit Bins

A notice inside the lid of each bin gives instructions about the most efficient way to spread the grit in handfuls (see below). It would be helpful to have a small container with you when intending to spread grit.



KEY

- 1) North from the village 100 metres past the junction with Rensley Lane
- 2) Lower Forches Cross
- 3) Eastington Cross
- 4) Eastington Lane, opposite Park Meadow Close
- 5) Orchard Way
- 6) Barris Corner
- 7) Mill Hill
- 8) Ambrosia Close
- 9) Kelland Cross



USING THE GRIT IN THIS BIN

- The grit is **only** for use on the roads/pavements in this area – it is **not** for use on private drives and walkways. Householders should purchase their own supplies.
- Spread the grit as evenly as possible at the rate of a handful per square metre. Spreading more thickly will not be as effective and will waste supplies.
- Only treat areas you have assessed as slippery and dangerous.



Winter is on the way, and who knows how much ice and/or snow there will be to contend with. The grit bins are stationed in the most vulnerable areas of the village. They are there for anyone to use in order to help keep the roads and pavements safe for vehicles and pedestrians.

Please report to the Parish Council or the Snow Warden if you find that stocks of grit in a particular bin are low.

From Lapford Emergency Action Team

THOUGHTS FROM THE ARK: CHRISTMAS IS ABOUT CHRIST

He was born in the humblest of settings, yet heaven above was filled with the song of angels. His birthplace was a cattle shed, yet a star brought the rich and noble from thousands of miles away to worship him. His birth was contrary to the laws of life and his death contrary to the laws of death, yet no miracle is greater than his birth, his life, his death, his resurrection and his teaching. He had no cornfields or fisheries, yet he spread a table for 5,000 and had bread and fish to spare. He never stood on expensive carpeting, yet he walked on



the waters and it supported him. His crucifixion was the crime of crimes, yet from God's perspective no less a price could never have made possible our redemption. When he died, few mourned his passing, yet God hung a black cape over the sun, those who crucified him did not tremble at what they had done, yet the earth shook under them. Sin never touched him. Corruption could not get hold of his body. The soil was reddened with his blood could not claim his dust. For over three years he preached the gospel. He wrote no book. He had no headquarters and he built no organisation. Yet two thousand years later he's the central figure of human history, the perpetual theme of all preaching, the pivotal around which the ages revolve, and the only redeemer of the human race. At this



season of celebration and gift giving, let's join the wise men who fell down and worshipped him (Matthew 2: 11) Let's remember Christmas is about – Christ. UCB notes 25 December.

Christmas is a wonderful time but sometimes we get caught up with all the stuff, rushing around trying to make it a special time. By the time we get to Christmas Day, we are overwhelmed, the day has come and gone too fast and we haven't any had time to enjoy it. It's for families and friends, making precious memories. Stop for a moment, breathe, look and see the many blessings around you. Thank you for your support over this year, we have appreciated the laughter, the chats, the friendships formed, particularly your generosity in helping the Foodbank. The ARK Cafe will close on Tuesday 13th December and open again on Friday 6th January. All the Ladies at The ARK wish you a peaceful and joyous Christmas.

The ARK Team

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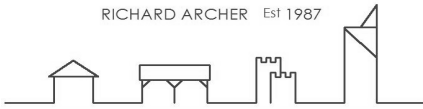
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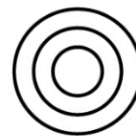
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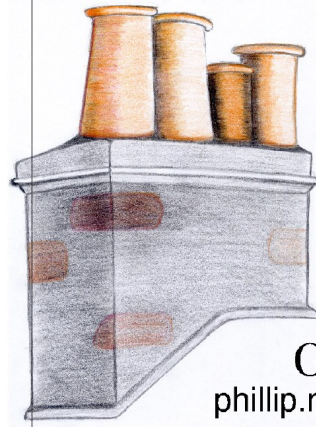
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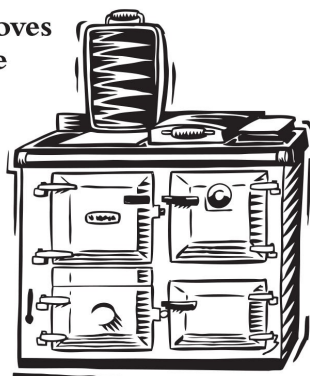
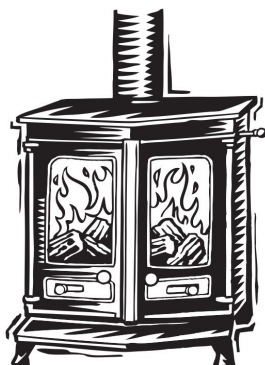
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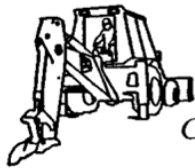
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SOMETHING TO THINK ABOUT

You can complain because roses have thorns, or you can rejoice because thorns have roses.
You are not wise if you give the right answers; you are wise if you ask the right questions.
Why isn't the word 'phonetic' spelt the way it sounds?
When you give a talk, you can guarantee no-one is listening until you make a mistake.
It is better in prayer to have a heart without words than words with a heart. Mahatma Gandhi
Arguments are like fences – they always have two sides.
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Lapford
CREDITON
EX17 6PU

LAPFORD VICTORY HALL – HIRE CHARGES AS FROM 1 ST JANUARY 2023

Main Hall (or Small Room) :

£7 per hour, minimum charge is for 2 hours, i.e. £14

For local village organisations there will be a 15% discount on these charges (equates to £6 per hour).

Kitchen:

£8 for a catering event, i.e. use of oven, crockery, cutlery etc.
For use only of tea/coffee making equipment there will be no charge.

All day bookings (up to 6pm): £60 - After 6pm usual hourly rate applies.

Hire of outside space on Lower Town Place (only if exclusive use is required):

Children's event: £10 per session

Adult Event: £20 per session.

(A charge for the use of the Victory Hall at the usual hire rate will also apply to allow use of toilets and other facilities).

Sundry items borrowed from Hall (for use away from the Hall):

Long tables: £5 each

Short tables: £3 each

Card tables: £2 each

Chairs: 50p each

Water heater: £6

Crockery and cutlery: 10p per item.

£70 deposit (returnable) required for private parties, etc.

EDDIE IS RETIRING!



So we're organising a gift for him

If you would like to contribute to a recognition of his many years of service to Lapford you can do so in the following ways:

Bank transfer to J M Down 20-30-47 1338 2796

or

Collection boxes in Lapford Post Office, The ARK, Abigail's Beauty Retreat and Malt Scoop, by Sunday 11th December at the latest please.

Any questions please contact:

julie.down@lapfordparishcouncil.org.uk

or telephone 01363 83356



FUEL THEFTS



Following an increase in fuel thefts, we would like to remind people to remain vigilant and to consider the following Crime Prevention advice:

Fuel theft -vehicles:

- Secure vehicles and keys. (Do not leave keys in vehicles!)
- Consider locking fuel caps.
- Consider security lighting and overt/covert CCTV
- Consider the use of alarms and anti-siphoning devices
- Park vehicles in busy, well-lit or overlooked areas if possible, ideally covered by CCTV.
- Parking with the fuel filler cap facing the road may act as a deterrent as thieves cannot hide behind the vehicle.
- Sign up to Farm/Business Watch and DCAlert

Fuel theft –tanks and heating oil:

- Position tank close to house or where it's overlooked or otherwise monitored.
- Switches that control the flow of oil should be turned off and electricity supplies should be isolated when tank is not in use.
- Invest in a quality lock. Closed shackle padlocks offer the most resistance.
- Consider installing an oil level gauge as they set off

audible alarms if the level in the tank suddenly drops or falls below a quarter full.

- Protect tanks and cylinders -install cages and use 'defensive planting.'
- Lock gates and compounds and make fences/hedges etc secure.
- Consider mobile refuelling equipment if a business.
- Join Farm/Business Watch and DCAlert
- Signage may act as a deterrent.

Battery theft:

- Follow relevant advice given above under fuel theft, and in addition:
- Deter thieves by uniquely marking batteries with, for example, a postcode, identifiable colours and dna markers.
- Consider installing a battery lock or secure box for electric fencing batteries which ideally is chained to a ground anchor or other immovable object.
- Keep electric fencing batteries out of sight where possible
- Do not allow old batteries to accumulate on site as this may attract thieves.

Please report any suspicious activity immediately either via 999 - if an emergency (happening at the time) or 101 for non-emergency (already happened).

LAPFORD BOOK CLUB REVIEW: STRICTLY ANN BY ANN WIDDICOMBE

The book opens with Ann describing her childhood as the daughter of a Senior Member of the Admiralty moving from posting to postings at home and abroad. She describes her experiences as a boarder at a convent school moving on to her experiences at Birmingham University. This was the start of her interest in politics having joined various debating societies enjoying the cut and thrust of debates.

During the 70's and 80's looking for a nomination to a constituency and facing many setbacks only made her more determined to achieve her goal eventually becoming an MP in 1987. Ann describes the highs and lows of political life concentrating mainly on aspects of government where she was very much involved. One example being the great prison debacle and the public fight with Michael Howard.

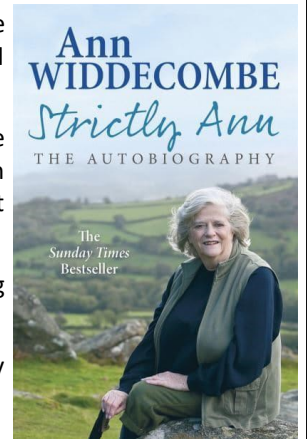
The debates on same sex marriages and Pro-Life and later the decision to allow women to become priests made Ann question her belief that the Anglican church had taken a step too far for her. This led to her decision to join the Catholic Church where her faith was restored and she felt at home at last.

Interesting to read about some of the reasons behind the choices made by Ann who writes about the cut and thrust, horse trading, wheeling and dealing plus back stabbing within Westminster along with constant pressure from the press. The mechanics of our system are curious to some and frustrating but a game to others representing us it seems.

The last few chapters tells us about the experience of Strictly Come Dancing of having fun and enjoying the whole thing. She has a busy life enjoying the chance to choose interests to please herself at last.

Whether you agree with her politics or not, it's clear that this is a woman of strong convictions, witty with a fun side that's not usually obvious.

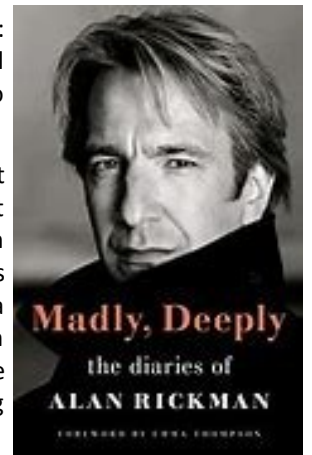
Wendy Hall



BOOK REVIEW: MADLY, DEEPLY: THE DIARIES OF ALAN RICKMAN. EDITED BY ALAN TAYLOR.

I often place Alan Rickman's death in early 2016 with the other people we lost in that dark spring: Bowie, Prince, Victoria Wood (ironically, a close friend of Rickman's)... unique talents, auteurs we'll probably never see the like of again. There was a literary auction for Rickman's diaries two years ago and I've been looking forward to them ever since.

Rickman is best known for *Die Hard* and *Robin Hood: Prince of Thieves* and those roles cast long, sunlit shadows over his career. He never mentions watching them, but he's always pleased to see the last half hour on TV. This fame gives him access to a sensual life of food, wine, films, theatre, foreign property purchases and the ability to pick and choose his roles - especially on stage. However, there is the element of self-doubt in all he does. His remarks on a 1998 production of Antony and Cleopatra bear witness to that. Rickman and Helen Mirren are in the leads, but it's never quite good enough ("*It's so big, this play*" "*Another heavy silence hangs over the grey, grey day*"). His friends tell him he was good, but reviews kill the play stone dead. He expects perfection in everything, even directing Strindberg's *Creditors* where his godson Tom Burke is one of the actors.



The magical elephant in the room of course is Potter. He signs up for it, feels confused about Snape's motivations. A phone call to JK Rowling helps, but he dismisses the whole thing as "*tedious nonsense*". Daniel Radcliffe is "*serious and focussed, with a sense of fun*", but Emma Watson's "*diction is this side of Albania*". He urges his agent to get him out of the contract after the first two, but to decides to plod on, ignoring the questions of Potterhead's; be they random children or Neil Kinnock's daughter. In that respect, the book is reminiscent of Piers Paul Read's book of Alec Guinness diaries: Phlegmatically bemused by the vast cheques from a galaxy, far, far away; but hating the whole thing. It also recalls Chris Williams' book on Richard Burton's diaries: doing jobs to do fund a luxuriant lifestyle. This is without Burton's self-destructive behaviour, but Rickman is constantly on crash diets to fit into Snape's robes.

Alan Taylor has consistently and impishly caught Rickman's spirit: dry, questioning and always seeking perfection. The appendix of earlier, sporadic diary keeping shows that. Challenged by appearing at RSC, but mildly offended by signing on. But there's that love of music, art, his wife, socialism, tennis. The last two combined in meeting John Major at Wimbledon (*JM: "Thanks for all the enjoyment you've given us" AR: "I wish I could say the same of you."*).

When the end comes, it's marked by the death of his friends (such as Mel Smith, Rik Mayall, Nastasha Richardson). Receiving his terminal diagnosis, his entry reads: "*A different kind of diary now*". He plans his own funeral, with music from Bruno Mars, Tom Waits and The Walker Brothers. There is ultimately an intense sense of loss - of what he was to his friends, the acting profession and what he still could have achieved.

Even better than you can possibly have imagined, this is an acid, aesthetic, absorbing delight. Call off Christmas until you've bought this book.

Kev McCready

LETTER TO THE EDITOR

Maybe I need to get out more, but when I saw the new bus timetable in the November 'Lapford Lookout', and realised that DCC have managed to secure a contract with a different bus company after Stagecoach pulled out from delivering our service (apart from the most financially lucrative, the 'rush hour' buses) it made my day. I was even happier when I looked at the detail and realised that the new timetable is actually significantly better than the previous one – ie, every bus now comes up through the village, and there is no two hour gap in the afternoon.



I do personally have the alternative of getting in my car but I honestly prefer going by bus when I go to Crediton or Exeter, if I can - no parking hassle, beautiful views out of the windows as I am higher up than in my car, and the opportunity of a bit of people watching. But I think a lot of the older people who use the bus don't have a car, and they maybe rely on the bus for getting shopping, or seeing friends.

It seems so important right now, with the need to reduce our carbon emissions, that we have good public transport links so that we are not forced to use cars so much. It's also good for our health - we get a bit of exercise. My personal view is that trains and buses should be seen as an essential service, not as a business opportunity, and that they should be back in public ownership with no shareholders involved – but I expect there are people who disagree with me.

I guess I'm writing this letter because I think we are really lucky to still have this service in these times, particularly as it is a subsidised route and, as we know, our local authority is really strapped for cash and is going to be even more so next year due to yet more cuts in government funding.

We've probably all seen the new little red buses going through the village. Maybe using a bus isn't something you think of doing usually, or maybe there are reasons why you can't. I'm not a saint, I do use my car for work because I have to carry heavy stuff around in my boot, so I'm not intending to preach. All I'm saying is, keep the idea of using these buses in your mind; The saying, 'Use it or Lose it' is so true.

Finally, (in case you are wondering) I do not work for or hold shares in this or any other bus company!

Penny King

LAPFORD PARISH COUNCIL NOTES, NOVEMBER 2022

Please note this is a summary of the main points of interest. A copy of the draft minutes will be made available on the Council website, www.lapfordparishcouncil.org.uk and on the notice boards in the Orchard Centre and in The ARK.

The Parish Council met on 8th November 2022 in the Victory Hall.

Sixteen members of the public attended.

- The Parish Council had to re-run the election for councillor co-options this month because of procedural problems in October. It had three positions to fill and five people applied for consideration. The result was that Steven Fletcher, Bill Graham and Malcolm Hayes were all co-opted as councillors and their term of office will end in May 2023.
- There will be **councillor elections** for all ten positions on the parish council on **4th May 2023** and councillors are keen for anyone wishing to come onto the council after that date to put their names forward. More details of how this has to be done will be available in the new year, so if you are interested keep your eyes open.
- There was a lively public participation part of the meeting where people opposing the development in Eastington Lane for 14 homes were given their chance to present their case to the parish council, the details of which are reproduced in full in the minutes. The parish council, later in the meeting, agreed with the points being made and would be submitting its own objection to the application, number 22/0910/MOUT.
- The Parish Council had laid a concrete entrance to the footpath where it appears in Park Meadow Close and has laid a base for the Memorial Bench, which has now been installed.
- The 'Village Website' was to be made available to the LP2K group to use for community information.
- The Parish Council budget and precept setting for the year 2023/2024 had started. There would be more information available after the December meeting but councillors were acutely aware that the current financial situation was difficult and would set a precept accordingly.
- New Christmas lights are to be purchased and installed shortly. The aim was to provide a bit of Christmas cheer at a somewhat gloomy time.
- The next meeting of the Parish Council was to be Tuesday 13th December 2022 at 7.30pm, in the Victory Hall. All are welcome to attend.

Rob Martin is the Parish Clerk and his contact details are:

Email: clerk@lapfordparishcouncil.org.uk

Phone: 07768829511



Image by Becky Fletcher

©09

CRACKER JOKES

What did the humbug say to his wife?
We are mint to be!

What do cows say on New Year's Day?
Happy Moo Year!

What does Santa suffer from if he gets stuck in a chimney?
Claus-trophobia!

Why did the elf cancel his gym membership?
Because it just wasn't working out!

How does a penguin fix his house?
Igloos it together!

What's a child's favourite king at Christmas?
A stocking!

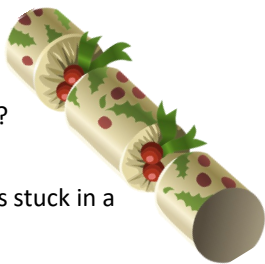
Why did the raisin go to the dance with the prune?
Because he couldn't get a date!

Why does it take Santa's helpers so long to get ready?
Because they're always taking elves!

What do you call a festive ghost?
A Christmas spirit!

What did the snowflake say to the fallen leaf?
You are so last season!

Why do polar bears have fur coats?
Because they'd look really silly in raincoats!



making music



NORTH CREEDY CHORAL SOCIETY

CHRISTMAS CONCERT

HOLY CROSS CHURCH, CREDITON

**SATURDAY, 3rd December 2022
at 7.30 pm**

**Christmas Oratorio (J S Bach) - excerpts
Messiah (G F Handel) - excerpts
Festive Items and Seasonal Readings
Favourite Carols for Everyone**

Peter Gilks - Organ

Richard Stephens - Conductor

Tickets available on the door or contact

Patricia Robottom on 884495.

Tickets: £10.00 Adults (Children Free)



OUR LATEST ACQUISITION FOR THE VILLAGE ARCHIVE

This postcard is postmarked 1914. The main building is the old Temperance Hotel. Note workmen digging up the road and the 'Coal & Coke Store' to the right.



Lapford Youth Club

THE DROP IN

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For anymore info contact Cat Seymour
on 01363884432/07970180637

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Arts and Crafts, toys, games, tuck shop, refreshments

£1 per child. Additional 50p for tuck shop
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EVERY 3RD SATURDAY OF THE MONTH
10AM-12PM

For more info contact Cat Seymour on 07970180637

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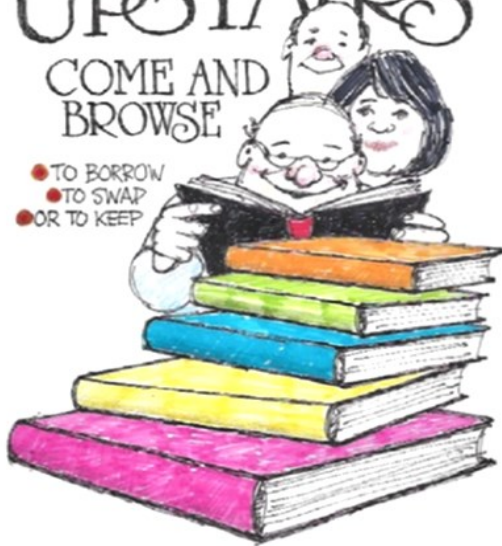
The ARK is open on
Tuesdays and Fridays
10.00am to 2.00pm
Arrangements can be
made for access at other

times

BOOKS UPSTAIRS

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NATIONAL BLOOD SERVICE



Donations can be made at
Boniface Centre, CREDITON,
on 27th December at 9:40am-3:45pm
or 31st January or 14th February
from 1.10am-7.15pm



Call the donor helpline on 0300 123 23 23
for more information or to check for cancellations

Do something amazing - Give Blood!

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LIBRARIES UNLIMITED BOOKS ON WHEELS

Do you have difficulty in getting to CREDITON Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.



Peter Westcott - Telephone: 01363 83525

Art In The ARK

NOW ON throughout
December and January

All Artwork is for sale at under £50.00
and is created by Lapford Artists



Artists:

**Louise Jackson, Warren Clayburn, Jill Doe,
Ray Foxell, Rebecca Holley**

Open normal ARK Café times

or by appointment -

please ring Rebecca on 07941 648087

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The ARK and Lapford Project 2000

DEVON MOBILE LIBRARY STOPS



Lapford

Orchard Way: 13.30-14.55

School: 15.00-16.00

Nymet Rowland

Opposite Village Hall: 12.30-12.50

Every 4 weeks on Tuesdays



LAPFORD LOOKOUT TO CONTACT THE EDITOR



Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, CREDITON, EX17 6PR

Tel: (01363) 884211 or 07791 989142

E-mail: lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Contributions are welcome, to be used at the Editorial Team's discretion.

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

The views in this newsletter do not necessarily represent the views of the Editorial Team.

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LAPFORD PARISH COUNCIL — www.lapfordparishcouncil.org.uk

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Cllr Roy Andrews	Old Bakery, Park Road, Lapford, EX17 6QJ	07969 823256 / roy.andrews@lapfordparishcouncil.org.uk
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Cllr Bill Graham	Pear Tree House, Lapford, EX17 6PZ	01363 83478 /
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County Cllr Margaret Squires	Frostland Farm, Copplestone, EX17 5NY	01363 84337 / margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
- CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings @Devon ~ Exeter: 07990 790 920 or Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



LAPFORD WEBSITES

www.lapfordvillage.co.uk
www.lapfordhistory.co.uk
www.lapfordparishcouncil.org.uk
www.lapford-primary.devon.sch.uk



Lapford Voluntary Car Aid 2011

NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

- Bow Medical Centre - £5
- Chulmleigh Dental Practice - £5
- Chulmleigh Health Centre - £5
- Crediton (Breast Screening) - £6
- Crediton (Covid jab) - £6
- Crediton Community Hospital - £5
- Morchard Bishop Surgery - £3
- Redlands Health Centre - £6
- Winkleigh Surgery - £5

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

LAPFORD LOOKOUT

ADVERTISING RATES AND POLICY

Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

One eighth page:	£6 per month.
One quarter page:	£12 per month.
One half page:	£24 per month.
Whole page:	£48 per month.

Pay for twelve months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.



LAST POSTING TIMES AROUND THE VILLAGE




	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	9.00 a.m.	7.00 a.m.
Woodland Cottage	9.00 a.m.	7.00 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	9.00 a.m.	7.00 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	9.00 a.m.	7.00 a.m.
Morchard Road	9.00 a.m.	7.00 a.m.
Copplestone	4.30 p.m.	11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
Adventure Gaming	Mr Warren Clayburn	01363 83095 / wmclayburn@gmail.com
Beginners Ballroom Dancing	Mr Steve Munday	07798 684225 / steve@lowerfieldhouse.co.uk
Books on Wheels	Mr Peter Westcott	01363 83525 / pj.westcott@btinternet.com
Friends of Langannerie (twinning)	Mr Peter Henshaw	01837 89070 / petehenshaw@yahoo.co.uk
Friends of Lapford Mill	Mr Alex Gater	07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Kirsty Wensley	07977 825814 / kirstywensley4@gmail.com
Heart for Lapford Strategy Group (H4L)	Secretary	heart4lapford@aol.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Ladies of Lapford (LOL)	Mrs Joy Quickenden	01363 83245 / joyquickenden@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford and District Pre-school Playgroup	Mrs Lorraine Kigongo	01363 83162 / lkigongo@catpreschools.co.uk
Lapford ARK	Miss Briony Clinch	01363 83788
Lapford Association Football Club	~	lapfordafc@gmail.com
Lapford Book Club	Mrs Jill Doe	01363 83410 / sunnyside@jilldoe45.plus.com
Lapford Celebrations Committee	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Choir	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Church Green	~	~
Lapford Community Church	Miss Briony Clinch	01363 83666 / admin@lapfordcc.org.uk
Lapford Community Primary School	~	01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Mr Peter Lacey	01363 884230 / lapfordcongregationalchurch@gmail.com
Lapford Dog Club	Mrs Sara Thurgood	01363 83081 / info@lapforddogclub.co.uk
Lapford Emergency Action Plan Committee	~	~
Lapford Emergency Response Team	~	~
Lapford Foodbank	Miss Briony Clinch	01363 83788
Lapford Handbell Ringers	Mr Steve Munday	07798 684225 / steve@lowerfieldhouse.co.uk
Lapford High 5 (ages 7-12)	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club	Mrs Trish Mumford	01363 83911 / james@mumfordj.plus.com
Lapford Lookout	Mrs Beccy Fletcher	01363 884211 / lapfordlookout@gmail.com
Lapford Over 60 Club	Mrs Carol Worsdell	lapfordover60@yahoo.com
Lapford Parish Church	Mrs Joan Graham	01363 83047 / jemg47@aol.com
Lapford Poppy Appeal Organiser	Mrs Caroline Noon	01363 83863 / lapford.pao@gmail.com
Lapford Project 2000 (LP2K)	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Regeneration Committee	~	~
Lapford Revel	~	~
Lapford Victory Hall & Lower Town Place	Mr Darren Crump	07960 715553 / darrencrump99@hotmail.co.uk
Lapford Village Archive	Ms Audrey McCormack	01363 83103 / archivelapford2022@gmail.com
Lapford Village Market	Mrs Stacey Lumsdon	07891 556884 / lapfordvillagemarket@gmail.com
Lapford Voluntary Car Aid	Mrs Grace Hill	01363 83178 / lvca2011.19@gmail.com
Lapford Youth Club Management Committee	Mr Steve Keable	07967 655045 / stevekeable@btinternet.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07969 823256 / roy.andrews1950@icloud.com
Lapstock	Mr Steve Keable	07967 655045 / steve.keable@btinternet.com
Lower Town Place Gardening Group	Mr Andy Epstein	amepstein55@gmail.com
North Creedy Choral Society	Mrs Patricia Robottom	01363 884495 / patricia@serafim.eclipse.co.uk
Nymet Rowland Village Pump	Liz and Roland Smith	01363 884446 / pump@incywincyweb.com
Save Our Heritage Lapford	Mrs Donna Egan	01363 83732 / donnaegan84@gmail.com
Springers 4's and under	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk

	<p>LAPFORD OUTREACH POST OFFICE</p> <p>OPENING HOURS:</p> <p>Monday 9.00 - 12.30 Wednesday 9.00 - 12.30 Friday 9.00 - 12.30</p>	
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<p>LAPFORD'S DEFIBRILATOR</p> 	<p>is on the outside of The Orchard Centre in Orchard Way</p> <p>What 3 Words app location: emperor.stated.stapled</p>
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Christmas Fayres in The ARK

Proceeds to the Foodbank

Saturday 19th November 2022 & Saturday 10th December 2022
10.00 - 1.00 PM

We will be serving Coffee, Tea, Hot Chocolate & Cake
Mulled Wine and Mince Pies also available

Come and buy your Christmas gifts, Christmas Decorations, Cakes, Jams & Preserves



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LAPFORD PARISH CHURCH

XMAS FAYRE

SATURDAY DECEMBER 3rd
VICTORY HALL 10.30-12.00

MINCE PIES, BAKES, PRESERVES, BRIC-A-BRAC & OTHER STALLS

XMAS HAMPERS & RAFFLE DRAWS @ 12.00



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Registered Charity No. 1140676

Live Music
Charity Evening

BAR AND BUFFET
LIVE MUSIC FROM "SOUTHERN ROADS"
TICKETS ON SALE NOW - £10 PER TICKET

Saturday 10 December 2022	LAPFORD VILLAGE HALL	7 PM Til Late!
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Tickets available from
John Burrows - 07814 941454
Rachel Phillips - 07533 877686
raznev@sky.com



LAPFORD AMATEUR DRAMATIC SOCIETY PRESENTS

Step into CHRISTMAS

@ The Old Matt Gooch Inn

SATURDAY 3RD DECEMBER
FROM 7PM- LATE

SPECIAL PERFORMANCES FROM MEMBERS OF L.A.D.S.

HOG ROAST, RAFFLE, LIVE MUSIC, DISCO

PROFITS RAISED WILL GO TO LOCAL VILLAGE CHARITIES

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