



LAPFORD LOOKOUT



YOUR LOCAL MONTHLY NEWSLETTER

Year 25 Issue 11

November 2022



BIMBO'S BIG BREAKFAST!
(AND CAR WASH)

LAPFORD VICTORY HALL 12TH NOV

BOOK YOUR FULL ENGLISH BREAKFAST WITH US FOR THE FOLLOWING TIME SLOTS:

9AM
10AM
11AM

BOOK BY TELEPHONING CAT ON 01363884432 OR EMAILING
LAPFORDCONGREGATIONALCHURCH@GMAIL.COM

**£7 LARGE
£5 SMALL**

HAVE YOUR CAR WASHED WHILE YOU HAVE YOUR BREAKFAST ONLY £5 PER CAR IN THE CAR PARK

Made with PosterMyWall.com RAISING FUNDS FOR THE CHURCH WINDOWS



LAPFORD PARISH CHURCH

XMAS FAYRE

SATURDAY DECEMBER 3rd
VICTORY HALL 10.30-12.00

MINCE PIES, BAKES, PRESERVES, BRIC-A-BRAC & OTHER STALLS

XMAS HAMPERS & RAFFLE DRAWS @ 12.00



Made with PosterMyWall.com

Christmas Fayres in The ARK

Proceeds to the Foodbank

Saturday 19th November 2022 & Saturday 10th December 2022
10.00 - 1.00 PM

We will be serving Coffee, Tea, Hot Chocolate & Cake
Mulled Wine and Mince Pies also available

Come and buy your Christmas gifts, Christmas Decorations, Cakes, Jams & Preserves



Made with PosterMyWall.com



Christmas Craft Fayre

3 DEC 2022 | FREE ENTRY 2PM-4PM | LAPFORD PRIMARY SCHOOL

CRAFT STALLS, GIFTS, REFRESHMENTS, GAMES, MEET SANTA & MUCH MORE!

Raising funds for Lapford Primary School

To book a stall contact
lmills@chulmleigh.devon.sch.uk



CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU TO:



THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

Vicar: The Reverend Robert Gordon - (e) vicar.ncw@gmail.com

Churchwarden: Joan Graham - (e) jemq47@aol.com (t) 01363 83047

1st, 2nd & 3rd Sundays – Lay Led Morning Prayer – 9.30 a.m.

4th Sundays – Common Worship Eucharist – 9.30 a.m.

5th Sundays – See announcements on Church notice board

Sun November 6th - Third before Advent.- 9.30 a.m. Lay Led Morning Prayer

Wed November 9th - 10.30 a.m. Holy Communion Book of Common Prayer

Sun November 13th - **REMEMBRANCE SUNDAY**

9.30 a.m. Common Worship Eucharist

10.45 a. m. **ACT OF REMEMBRANCE** at the War Memorial

Sun November 20th - Christ the King - 9.30 a.m. Lay Led Morning Prayer

Sun November 27th - **ADVENT SUNDAY** - 9.30 a.m. Common Worship Eucharist

Saturday December 3rd – **CHRISTMAS FAYRE in the Victory Hall - 10.30 a.m. -12 noon**

The draw for the SUPER XMAS HAMPERS and other prizes will be at 12 noon

THE TRADITIONAL CRIB SERVICE WILL BE ON CHRISTMAS EVE AT 4.00 p.m.

ALL ARE WELCOME - REFRESHMENTS SERVED AFTER SERVICES



LAPFORD CONGREGATIONAL CHURCH

Services every Sunday at 11.00am

Communion will be held on the second and fourth Sundays

Contact: Caroline Gilpin **83674**; Peter & Viv Lacey **07775-941505**; Cat Seymour **884432**;

Helen Wyatt **07964-855677**.

email: lapfordcongregationalchurch@gmail.com

www. [facebook.com/lapfordcongregationalchurch](https://www.facebook.com/lapfordcongregationalchurch)

Preachers and Events:

6th November - Kez Taylor from Crediton Congs

13th November - Joint Remembrance Service at Parish Church

20th November - Merrill Archer

27th October - All Age Family Service Cat Seymour

4th December - Mervyn Burd

Messy Church – Wednesday 30th November

Bimbo's Big Breakfast (Fundraiser for windows) - Saturday 12th November



LAPFORD COMMUNITY CHURCH

Meets every Sunday morning at 10.30am in the Victory Hall

4th Sunday of the month is Family Service

Fellowship Group on Wednesdays 7.00pm upstairs in The ARK

Contact: Briony Clinch - Tel: **83666**

<https://www.lapfordcc.org.uk/>

Please visit our website for information about the Foodbank and ARK.

You will also find lots of information about Church activities and on-line services.



All the Churches welcome everyone to any of their services and social events.

We look forward to fellowship with you.



MESSAGE FROM THE EDITOR

Wow, November and December will turn out to be very busy months and there is certain to be something for everyone. I hope that all these events are well attended as the time and effort put into these by volunteers is tremendous. I hope everyone has a wonderful time and look forward to attending as many as I can myself. Unfortunately the Lapford Project 2000 coffee morning has had to be rescheduled and a new date will be announced.



Beccy

Lapford Project 2000
AGM
Orchard Centre
7.30pm
7th November



PUBLIC INFORMATION

The meetings of Lapford Parish Council will now take place on the second Tuesday of each month. The next meeting is on 8th November at 7.30pm in the Victory Hall.

LAPFORD VOLUNTARY CAR AID

Annual General Meeting
Friday 4th November
Orchard Centre
2pm
All are welcome



FREE APPLES AVAILABLE AT LAPFORD MILL

If anyone is interested in the small crop of various apples that are coming out at Lapford Mill please contact Alex Gater. There some crab apples and some eaters, russet types, but a bit sharp? One tree grows a delicious Pink Lady type as well!



Lapford Weather Review

LAPFORD WEATHER SEPTEMBER 2022

Average temperature, above average rainfall.

The warmest day was the 2nd with a maximum of 23.4°C, and the coolest was the 28th with 13.7°C. The coolest night was on the 17th with a minimum temperature of 3.6°C and with a touch of grass frost, in fact there were 4 nights with a touch of frost on the grass.

Total rainfall was 98.8 mm. about a third wetter than average. The wettest day was the 4th with a fall of 27.3 mm.

The greatest gust of wind was 32 m.p.h. which occurred on four separate days.

Andy Epstein



DATES TO LOOKOUT FOR

November

- 4th Lapford Voluntary Car Aid AGM, Orchard Centre, 2.00pm
- 7th Kelland Hill road closure
- 7th Lapford Project 2000 AGM, Orchard Centre, 7.30pm
- 8th Lapford Gardening Club, Wildlife in your Garden, The ARK, 7.30pm
- 8th Lapford Parish Council meeting, Victory Hall, 7.30pm
- 9th Lapford Over 60s, Christmas Shopping
- 12th Bimbo's Big Breakfast and Car Wash, Victory Hall, book for 9.00am, 10.00am, or 11.00am
- 13th Remembrance Sunday Service, Parish Church, 9.30am Act of Remembrance, War Memorial, 10.45am
- 14th Copy deadline for December Lapford Lookout, 6pm
- 16th Lapford Youth Club Quiz Night and Curry at The Old Malt Scoop, 7.00pm
- 17th LOL Festive Crafts, The ARK, 7.30pm
- 19th Christmas Fayre in The ARK, 10.00am—1.00pm
- 23rd Church Green Trustees AGM, 8pm, The Orchard Centre
- 26th Lapford Village Market, Victory Hall, 10.00am-1.00pm

December

- 3rd Parish Church Xmas Fayre & Giant Hamper Raffle, Victory Hall, 10.30am-12.00noon
- 3rd Friends of Lapford School Christmas Craft Fair, Lapford Primary School, 2.00-4.00pm
- 3rd Exeter Male Voice Praise, for LVCA, Victory Hall, 4.00pm
- 3rd LADS Step into Christmas, Old Malt Scoop, 7.00pm
- 7th Lapford Over 60s Christmas Lunch at The Waie Inn
- 10th Christmas Fayre in The ARK, 10.00am—1.00pm
- 10th Copy deadline for January Lapford Lookout, 6pm
- 10th Live Music Charity Evening, for FORCE, Victory Hall, 7pm
- 13th Lapford Parish Council meeting, Victory Hall, 7.30pm
- 15th LOL Christmas Supper, Old Malt Scoop, 7.15pm
- 13th Lapford Gardening Club, Something Festive TBC, The ARK, 7.30pm
- 24th Crib Service, Parish Church, 4.00pm

2023

- 19th January - LOL Games and Nibbles, The ARK, 7.30pm
- 17th February - Comedy Evening at the Victory Hall in aid of Lapford Football Club
- 6th May - Coronation of King Charles III

ADVANCE NOTICE

The closing date for submissions for the January Lapford Lookout will be the 10th December due to printing requirements prior to the Christmas period.



LAPFORD LOOKOUT

Contributions welcome

lapfordlookout@gmail.com

Deadline for inclusion in the next issue:

6.00 pm on the 14th November for inclusion in the Dec. issue



**PETER & VIV'S
GOLDEN WEDDING ANNIVERSARY CELEBRATIONS**

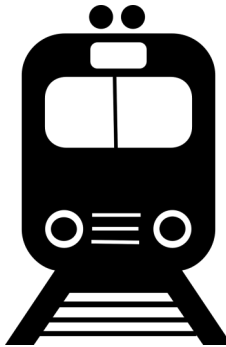
We would like to thank everyone who came to the celebrations and made it such a memorable evening, and for the generous donations made to the Alzheimer's Society (£318), and to the Church Window Fund (£167.51), also for all the lovely cards. Many apologies to those we should have invited but missed off our list! We would especially like to thank all those who helped 'behind the scenes' to make it all happen.



Love, Peter & Viv

RAIL NEWS

It has been some time since we were last able to report any progress in our ongoing consultations with Great Western Railways both to improve our services and to reduce our fares. Readers may recall that it was two year's ago that we first achieved the addition of several stopping trains on weekdays together with achieving a 'virtual' fare decrease by having Lapford fares frozen while all other fares around us went up with the annual inflation-linked fare increase.



After months of failure to achieve any further improvements, frustrated by changes in the railway personnel with whom we were talking, we finally have a written commitment that from December, we will have six more trains stopping at Lapford on Saturdays; a matter that was overlooked when the weekday service was improved two years' ago. Precise details have not been published at the time of writing this news item, but more detailed information will hopefully be available for publication in the December Lapford Lookout. Failing that, just keep checking the usual Railway Timetable websites until the new trains appear. Meanwhile, we continue to campaign to have ALL trains EVERY day stopping at Lapford. We will share any news, through the Lapford Lookout, as it emerges.

HARVEST SUPPER

What a lovely evening was had by all on Saturday 1st October at the Annual Harvest Supper.

Pip Burrow gave a talk about relief which has been sent to Ukraine, and there was a collection which was in aid of Pakistan flood relief.

A big thank you to all those who organised this event, and to the ladies who did the cooking. This wouldn't have happened without you!



Carol Worsdell

**DREAM—A—WAY
MAKING A DIFFERENCE IN DEVON SINCE 1993**

We are an Exeter based charity and have been making a difference since 1993 providing grants towards holidays and arranging fun days out, so Devon's children and adults with disabilities or life affecting health conditions, including those with terminal prognosis and their support, can enjoy a much-needed break.



Holidays

Grants can be used to support an annual stay in one of our luxury caravans at Haven, Devon Cliffs, Exmouth, or a once in a lifetime holiday that would change the life of a loved one who really deserves it.

We have nine luxury holiday caravans, six are three bedded and three caravans are two bedded but fully adapted, including wheel-in wet room, making them completely accessible.

Holiday / Grants Applications

To find out more about the experiences people have enjoyed using grants offered by Dream-A-Way, or to apply for a grant, visit our website: <https://dream-a-way.org>

Queries / Questions

Email: info@dream-a-way.org
Text/Phone 07796 442144 (Jeff Merrett—Chairman)

LAST POSTING DATES FOR CHRISTMAS

Here are the latest recommended posting dates for all services to UK addresses.



Service	Last recommended posting date
Royal Mail 2nd Class & 2nd Class Signed for	Monday 19th December
Royal Mail 1st Class & 1st Class Signed for Parcelforce Worldwide express48	Wednesday 21st December
Royal Mail Special Delivery Guaranteed Parcelforce Worldwide express 24. express AM	Thursday 22nd December
Royal Mail Special Delivery by 1pm with Saturday Guarantee	Friday 23rd December

Have you ever just looked at someone and knew the wheel was turnin' but.. the hamster was dead?



LAPFORD JUBILEE COMMITTEE

The Lapford Jubilee Committee held its last meeting on 22nd September and recorded a very happy Queen's Platinum Jubilee weekend in the village. A small profit of £114.68 was recorded which will be held by the Parish Council to be used for a future public event.

The Committee voted to remain in place, but with a new name - Lapford Celebrations Committee - now that the Jubilee is over and looking forward to the Coronation of the King and Queen Consort next summer.

The future of the Lapford Revel was also mentioned and the desirability of calling a meeting of the remaining Revel Committee members plus anyone else who would be interested in seeing a Revel in the village next year. Hopefully this meeting can happen in early January, so look out for a date in the December Lapford Lookout.

CHULMLEIGH FLORAL ART GROUP

PREPARE FOR CHRISTMAS!

Our next meeting will be on 16th November at 7.30pm at the Pavilion when Area Demonstrator Sue Neale will present "A Christmas Carol". Sue is a member of Ilfracombe Floral Art Club and has visited many clubs in Devon and Cornwall. Apart from flower arranging, Sue enjoys gardening, cookery and singing and we can expect some Christmas music to get us in the mood for our Christmas preparations.

The competition is an arrangement with a Christmas card and remember there is a novice class as well as beginners so please give it a try!

Sue's wonderful arrangements will be raffled at the end of the evening and we invite you to enjoy tea, coffee and biscuits whilst chatting with old and new friends.



Anyone is welcome to come as a visitor or better still become a Member of our very friendly club.

LAPFORD OVER 60s FORTHCOMING EVENT

Wednesday 7th December

Christmas lunch at Waie Inn, entertainment by Paul Ridd and Fred Harris.



Lapford & District
Over 60 Club

Further details nearer the date, booking through Carol, Linda or John. Be sure to keep this date free in your calendar.

LAPFORD COMMUNITY PRIMARY SCHOOL NEWS

It's been a busy start to the new school year. During the summer, we were finally able to remove the classroom that had sat empty in the playground for many years. As you may be aware, the Chulmleigh Academy Trust have worked tirelessly to try and secure funding for a new building for the school. To date, this has been unsuccessful which has been disappointing for the children, staff and parents. However, by removing the empty classroom we will be able to more than double the outside area for our youngest children and will be able to make use of an additional play space at the top of our site. It really is an exciting time for Lapford and we cannot wait to make use of the newly landscaped areas when we return to school following half term. We are very grateful for the patience and support shown by children and parents while this work is undertaken.



One of the areas we want to focus on improving this year is writing and the children and staff have made a tremendous start already this term. Last week we were able to welcome family and friends into school for an open morning which focussed on how writing is taught and sought to make parents aware of our expectations for writing. It was lovely to see the school bustling with visitors and the children absolutely loved showing off their hard work. Skylarks were busy on an adjective hunt while Kingfishers



were playing a grammar game which involved them using lots of technical vocabulary; demonstrating they can tell their fronted adverbials from their prepositional phrases! Over in the Nest, Mrs Tanner held a phonics workshop where she explained how we teach our youngest learners to read and write. It was a fantastic morning and I hope those who attended enjoyed it.



At Lapford we are very keen to welcome members of the community to become more closely involved with the school. If you have a talent or skill to share or just some time and enthusiasm we would love to hear from you. Please contact admin@lapford-primary.devon.sch.uk for further information.

Exeter Round Table 39th Annual Charity Fireworks
in support of Devon Air Ambulance

Queen Elizabeth II
A Celebration
of Sound & Light

EII R

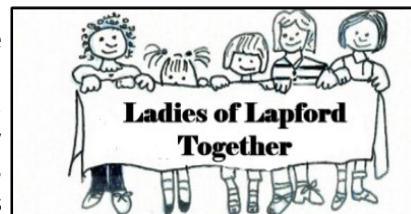
BOOK ONLINE ONLY!

Westpoint, Exeter, Saturday 5 November, 2022

ROUNDTABLE DO MORE

LADIES AT THE SKITTLE ALLEY

Ladies' meetings began a new year, after the August break, with a game of skittles at the Waie Inn. Those first to arrive set off in search of the best alley. It was found but was in complete darkness and no amount of searching could find any light switch. Eventually, mystified, I set off to the bar to find out where they were hidden. The answer was that they were controlled from behind the bar and this was to stop anyone using it on the night it was needed for a 'proper match'. That alley was reserved for the serious skittlers and the likes of us had to settle for one of the others.



Soon everyone had arrived and with a drink to fortify us we divided into two teams and began. Our success seemed to vary between almost non-existent and surprisingly good and the two teams were very evenly matched with first one getting ahead and then the other catching up. My efforts needed improvement and I noticed that one player who, fairly consistently, managed to floor quite a few skittles had a different stance with one hand behind her back as she bowled. I asked if this was a secret technique but something happened before I could hear her answer. I decided to give it a go anyway and lo I knocked down about eight. Very pleased with myself, I declared it was the stance and I tried it again achieving another good score. For most of the rest of the evening I played with one hand behind my back and definitely did better than before. One or two other players tried it too. At the end of the evening, I asked where this tip had been picked up. The player looked slightly awkward, smiled and said apologetically that it wasn't a technique for success at all. She had some trouble with her shoulder and found that this way of standing put less strain on it! There was much hilarity all round. The funny thing was, I was definitely more successful – just goes to show the power of suggestion.

We had a very pleasant evening with lots of chatter and laughs as usual and I can't remember which team won but I do remember it was so close that we did the maths a couple of times to check. It was a good start to another year of activities and we look forward to seeing our regulars and perhaps new members in the year ahead.

Sue Raffill

LAPFORD GARDENING CLUB

At our last meeting we had a hands-on chutney preparation session lead by Sue Harle who has been making chutney for years, primarily as a fund raising activity. Her produce is available in The ARK and the money from her sales go to the Lapford Foodbank. As we chopped onions, apples, tomatoes and courgettes we swapped stories and discussed recipes. Sue is going to cook up the local produce and bring tasters back to our next meeting for us all to try.



Sue's GLUTNEY recipe is below so if you have excess produce, give chutney making a try. 'Glutney' will be one of the Garden Show classes next year, so if your chutney looks and tastes amazing, you could be in for a prize!

GLUTNEY

Makes about 10 Jars

1kg overgrown courgettes or marrows, unpeeled if small, peeled if huge, cut into 1cm dice
500g onions, peeled and diced
1kg red or green tomatoes, scalded, skinned and roughly chopped
1kg cooking or eating apples, peeled and diced
500g sultanas or raisins
500g light brown sugar
750ml white wine (or cider) vinegar
1-3 tsp dried chilli flakes
1 tsp salt

For the spice bag

1 thumb-sized nugget of fresh or dried ginger, roughly chopped
12 cloves
12 black peppercorns
1 (generous) tsp coriander seeds
A few blades of mace

Method

Put the vegetables and fresh fruit into a large, heavy-based pan with the sultanas and sugar. Make the wine vinegar up to 1 litre with water and add to the pan with the chilli flakes and salt.

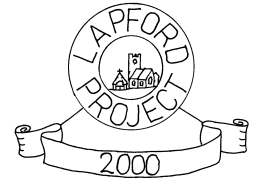
Make up the spice bag by tying all the spices together in a square of muslin. Add the spice bag to the pan, pushing it into the middle.

Heat the mixture gently, stirring occasionally until the sugar has dissolved, then slowly bring to the boil. Simmer, uncovered, for 2-3 hours, stirring regularly to ensure it does not burn on the bottom of the pan. The chutney is ready when it is rich, thick and reduced. To test, drag a wooden spoon through the mixture: it should part to form a channel and reveal the base of the pan. If it starts to dry out before this stage is reached, add a little boiling water. Allow to cool slightly.

Pot the chutney while still warm in sterilised jars. Seal with plastic-coated screw-top lids (essential to stop the vinegar interacting with the metal). Leave to mature for at least 2 weeks – ideally 2 months – before using.

EXHIBITIONS AT THE ARK

Have you seen the new EXHIBITION at The ARK marking Lapford's 70 years plus of celebrating the life and times of Queen Elizabeth 2nd? Please pop in and have a look at it – it is worth it.



The ARK exhibitions/displays change every two months through the year so the next one will run from the beginning of December to the end of January and will be local artists displaying - and selling - their work. A good source of Christmas presents!

The programme of displays for 2023 has not yet been worked out apart from one in mid-summer to mark the expected coronation of the King and Queen Consort in some way. Is there a village group, or even an individual, who would like to pitch an idea for the use of the space for a couple of months? Such a good way of advertising local clubs and societies, their history and what they can offer. If interested, please contact:

The ARK through Briony Clinch on 01363 83788, or call in at opening times, Lapford Project 2000 through email susanbriantevans@gmail.com or phone 01363 83763, Rebecca Holley email rebeccaholleyartworks@gmail.com



LAPFORD GARDENING CLUB SHOW

The Lapford Summer Show, held in Lapford Congregational Church Hall, was well supported, and well organised by Show Secretaries Rachel and Warren Clayburn. There were 54 classes in different sections. The results were:



Photographs. Local Woodland 1. Pat West, 2. Andy Epstein. Sunrise/ sunset 1. Tracy Paul, 2. Andy Epstein.

Crafts. 1. Heidi Becker 2. Abby Harry.

Home craft winners Heidi Becker, Trisha Mumford, Rachel Clayburn, Ann Trevaskis, Briony Clinch, Helen Andrews Pat West, Sue Hemsworth, Sue Briant-Evans, Joy Quickenden.

Floral Art. Sandra Munday, Margaret Tucker, Annemiek Gardner, Helen Andrews, Trisha Mumford.

Fruit. Sandra Munday, Steve Keable, Heidi Becker, Rachel Clayburn.

Vegetables. Pat West, Helen Andrews, Steve Keable, Trisha Mumford, Oscar Hall, Charlie Olive, Sandra Munday, Heidi Becker, Rachel Clayburn.

Flowers. Annemiek Gardner, Sandra Munday, Ann Trevaskis, Andy Epstein, Margaret Tucker, Peter Heal, Trisha Mumford, Joyce Mann, Oscar Hall, William Wensley, James Wensley, Eric Palfrey, David Barton, Annemiek Gardner.

Cup Winners

Photo Shield Pat West.

Craft Cup, Best Vegetable Cup and Best in Show Cup Trisha Mumford.

Best Fruit Cup, and Highest Points, Flower Cup, Highest Club Points, Highest Points in Show all went to Sandra Munday.

Best Flower Cup, Peter Heal.

Leonard Leach Cup, Steve Keable.

Child's Cup 6-11 years Oscar Hall.

Sunflower Cup child's Highest points Annemiek Gardner.

Club Potato Plate Heidi Becker.



Picture of all cup winners and also one of 10 year old Oscar Hall and Mum Heidi Becker, with their buckets of potatoes.

CHULMLEIGH RURAL CINEMA



Hollywood comes to Downton in this beautiful send-off to the old era. The nighttime drone shot over the house is worth the price of admission alone. Featuring all your old favourites for this final outing relocated to the south of France. (PG)

Friday 11th November 2022

The Pavilion, Leigh Road, Chulmleigh EX18 7JL

Doors open 6.45pm Film starts 7.30pm

Wine, beer, soft drinks and interval ice-creams for sale

Tickets £5 (Chulmleigh Society members £4.50) on the door

There is no performance in December



CHULMLEIGH & DISTRICT SOCIETY PRESENTS
"THE TRIALS & TRIBULATIONS OF A SURGEON"
A TALK BY DR GAVIN HAIG FRCS
CHULMLEIGH PAVILION, LEIGH ROAD, EX18 7JL
FRIDAY 25TH NOVEMBER 2022, 7.30PM



Back by popular demand, a Tiverton surgeon shares his often hilarious experiences during his life's work as a surgeon

Members £4 Non members £6

Contactless payment preferred

Wine, beer and fruit juice for sale

Follow us on Facebook @TheChulmleighSociety



Calling All Artists & Creatives

For a Christmas and New Year
Selling Exhibition in



Throughout December & January

All works must be for sale & under £50.00
and be able to hang on the hanging system

Please contact Rebecca

on 07941 648087

or rebeccaholleyartworks@gmail

for more information

Supported by Lapford Project 2000
and The ARK



LADIES OF LAPFORD MEETINGS (LOL)

Thursday 17th November

7.30 in The ARK

Come and join us and use your magic fingers
to create some unique Christmas Decorations!

Thursday 15th December

Christmas Meal in the Malt Scoop



THOUGHTS FROM THE ARK



A competition was held between two men to see who could chop down the most trees in a single day. One man was older and more experienced, while the other was younger and less experienced, and that's where the difference showed up. The younger man spent eight hours chopping down trees, and at the end of the day he had a total of twenty-five. Believing the older man lacked stamina and youth, he sat down, fully confident he could win. Meanwhile the older man, who had taken a ten-minute break each hour, ended his day chopping down forty trees. In shock the younger man asked, "How is this possible, old man? I didn't stop. You stopped every hour for ten minutes and yet you chopped down almost twice as many trees as I did". The older man replied, "Every hour I sat down for ten minutes and did two things. First I took time to rest and recharge my batteries. Second, I took time to sharpen my axe. Yes, you were working hard, but you were working with a dull axe." There's an important lesson here for us. In order to succeed at what God has called us to do in life, you must always do these two things; Make time for rest and renewal. You cannot always be giving out; you must also stop and take in. The other thing is to stay sharp. When your axe is dull it requires more energy and produces fewer results. So take time to rest and sharpen. Word for today. United Christian Broadcasters.

Wise words, but with all the stresses in life at the moment, it's very hard to find the time to let go and rest. Looking around, listening to people, they are struggling with Covid, whether to be vaccinated, price rises for food and fuel costs. The government seems to be in disarray, the media constantly paints a terrible picture for the future. Take time to rest and recharge, not likely with the war in Ukraine and the potential for nuclear weapons to be used. In spite of everything appearing to be going down hill, it's a really good time to take stock and stop for a while, just to breathe. Spend time with family and friends. Do something different and laugh. Make memories. It won't make the problems go away but it will give you a different perspective.

One of the joys of being in The ARK is seeing people care for one another. It's a pleasure to stand back sometimes and hear the chatter and laughter. To watch as people listen and share, offering help, comfort or support. Community in these difficult times is going to be invaluable.

The sole purpose of The ARK is to help those who are in need, in any way we can. We are a Community Cafe and Foodbank which is for everyone to use, in good times and bad, whether there is a need or not.

A big thank you to those who attended the harvest supper. It was a most enjoyable evening. Philip Burrow spoke about the work being done to help refugees in Ukraine and showed a video of the huge container being loaded to take much needed supplies out there. There was also a collection for the flood victims in Pakistan which raised £375 to be put towards a shelter box, which has much needed items and tents to help them survive until the floods recede.

The ARK Team

REMEMBRANCE IN LAPFORD 2021



Photo courtesy of Kirsty Wensley

APPLE PANCAKES

In a basin mix 4oz (100g) self-raising flour with a pinch of cinnamon, 1 tablespoonful of brown sugar, 2 tablespoonfuls of natural yogurt, and 1 egg. Add a grated, peeled and cored cooking apple, and stir well. Fry tablespoonfuls of the pancake mix in a little oil until golden brown and springy to touch. These are good served warm with apple puree.

Paul Cleave



ATTENTION LOCAL TRADERS AND CRAFTSPEOPLE

Would you like a table at the
PARISH CHURCH XMAS FAYRE?

Saturday December 3rd 10.30 – 12.00
No charge, but donations appreciated
(even just raffle prizes!)

Call 01363 83047 / 07785 398009

HOLD

HEART OF LAPFORD DEVELOPMENT LIMITED

Annual Report and Accounts 2022

*Registered with the Financial Conduct Authority under the
Co-Operative & Community Benefit Societies Act 2014 as No: RS 007321.
Registered with HMRC as being for Charitable Purposes*

Chair's Report for 2021-2022 for Heart of Lapford Development Limited

This reporting year started way back in April 2021 when COVID was still severely affecting everyday life. Our first Board meeting was on ZOOM! Despite this, things were starting to come together, H4L had suggested a Revel type event with the official opening of LTP included, and a Common Players production started to become a possibility. Talks with the Victory Hall Committee were progressing well with container usage getting sorted. The gardening group had been busy, mulching, weeding, and planting apple trees.

In May the thorny issue of dogs on Lower Town Place arose. Strong views were being expressed, so HOLD arranged a meeting with members of the supposedly opposing camps. Facilitated by Peter Totterdell, this was a major success as everyone realised that they all had the same aim, an accessible space to walk dogs while ensuring no mess (dog poo) was left behind. A policy for LTP was agreed. It was recognised that this was not just an LTP problem but one affecting the whole village and all other villages in the country. The Youth Club agreed to run a publicity campaign highlighting the problem and appealing for owners to clear up after their dogs.

It was becoming apparent that a minority on the Parish Council was very opposed to the concept of Lower Town Place as a public amenity space associated with the Victory Hall – and especially the use of funds realised by the sale of the Youth Club building at Popes Lane, despite the fact that the benefit to young people was becoming ever more obvious.

The HOLD Board has consistently kept both the Parish Council and the public informed about its progress through written reports and statements published in the Lapford Lookout. For many months the Board has sought an open dialogue with the Parish Council, all of its requests having been ignored until recently, when at last it is hoped that meaningful contact and the truth in these matters have been established. The Parish Council have yet to exercise their right to nominate a Director.

Meanwhile LTP had really started to become a great asset for Lapford, the Youth Club evenings attracting the vast majority of 7 to 12-year-olds in the village and the sound of children playing could once again be heard as they made full use of the open space. Benches had been bought or donated with the site becoming well used by villagers of all ages. The two organised events were very well attended, with over one hundred at the Robin Hood spectacular put on by the Common Players. Lower Town Place was packed for the Revel evening and the official opening ceremony.

The reconstruction of the Lower Town Place boundary with Church Green was (and still is) in abeyance. HOLD have offered £1,000 in recognition of its part ownership of the bank in question, along with a similar disabled access gate to those already installed (£275), and stone that has been reclaimed from the demolished buildings (free of charge). As of April 2022 the Church Green Trustees had not been able to identify the extra £2,000 required but this will go back to the Parish Council in November. Planning permission has been applied for as it is a boundary to the Conservation Area.

The change of constitution for HOLD was being progressed through this period with the Federated Charitable Incorporated Organisation model being favoured, as it is widely used as a basis for the constitution of most similar charities both in Devon and the UK in general. The constitution of several local village halls was researched during the process concentrating on the newer ones created within the last ten years. This exercise is ongoing.

Pete Norman Chair October 2022

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PROFIT & LOSS FOR THE YEAR ENDING 30TH APRIL 2022

		NOTES	<u>2022 (£)</u>	<u>2021 (£)</u>
TURNOVER	Fund Raising	(1)	92	20
	Grants		0	35,596
	Donations		930	2,810
	Rent Received	(2)	640	0
	Gift Aid		1,887	1,866
	Sundry	(3)	266	1,258
			<u>3,815</u>	<u>41,550</u>
OPERATING ADMIN EXPENSES		(4)	(3,103)	(39,737)
	Grants to Victory Hall	(5)	(500)	0
			<u>(3,603)</u>	<u>(39,737)</u>
OPERATING PROFIT/LOSS			212	1,813
RETAINED PROFIT/LOSS FOR THE PERIOD			<u>212</u>	<u>1,813</u>

BALANCE SHEET AS AT 30TH APRIL 2022

FIXED ASSETS	Lower Town Place at Cost		382,500	382,500
CURRENT ASSETS	cash at bank and in hand		5,468	6,606
CREDITORS: Amount falling due within one year			0	(1,400)
CREDITORS: Amount falling due after one year			0	0
NET CURRENT ASSETS/LIABILITIES			5,468	5,206
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>387,968</u>	<u>387,706</u>
CAPITAL & RESERVES	Share Capital		9,600	9,550
	PCC donation		100,000	100,000
	Reserves		278,368	278,156
			<u>387,968</u>	<u>387,706</u>

NOTES TO THE ACCOUNTS:

			£
(1)	Fund Raising	Net apple trees	92
(2)	Rent Received	Victory Hall	500
		LTP	140
			<u>640</u>
(3)	Sundry	Wayleave	4
		Sale of tiles	262
			<u>266</u>
(4)	Operating & Admin Expenses		
	Insurance		606
	Hall hire		120
	Maintenance		655
	Signs/benches		1,227
	Electrics		495
			<u>3103</u>
(5)	Grant for 2021		250
	Grant for 2022		250
			<u>500</u>



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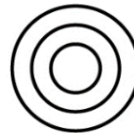
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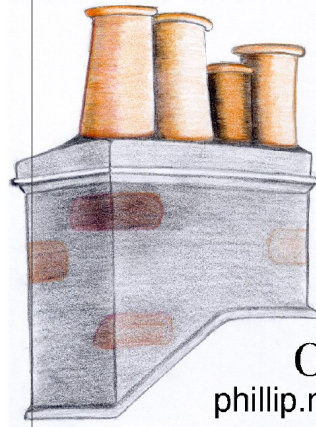
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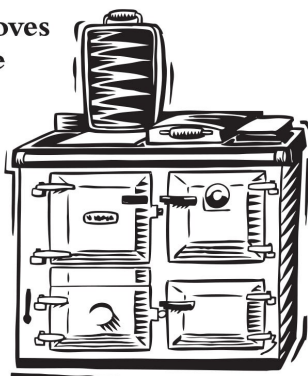
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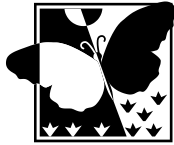
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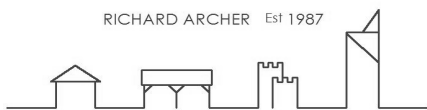
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Mon	9-5	Thurs	9-6.30
Tues	9-4.30	Fri	9-5
Wed	Closed	Sat	8.00—2.00



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Chawleigh Keep Fit Club* – **Tuesdays**
Legs, Bum & Core: 6:15pm-7pm
Legs, Bum & Core: 7:15pm-8pm

Lapford Victory Hall – **Wednesdays**
Circuits: 6:15-7pm
Legs, Bum & Core: 7:15-8pm

Chulmleigh Pavilion – **Wednesdays**
Keep Fit: 12-1pm

Chulmleigh Town Hall – **Thursdays**
Complete Fitness: 7-8pm

For more information or to book, please contact me:
HuxleyHealthandFitness@outlook.com
07782503097
Facebook:
[@HuxleyHealthandFitness](https://www.facebook.com/HuxleyHealthandFitness)
*subject to conditions



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Lapford/ Okehampton/ Roborough/
Winkleigh & surrounding villages.

BEADWORK @ THE ARK

Lapford, Crediton EX17 6PZ

10.30am - 3.30pm

Saturday 12th November
Saturday 3rd December

Come and learn how to make beautiful beaded jewellery at our monthly Bead Workshops, all abilities are welcome.

Tuition cost for the day - £15.00

This includes tea and coffee, please bring a packed lunch.

All beads and supplies for the projects are available to buy on the day from the Moon Beads 'Pop up' Shop.

Places are limited - for more details or to book a place, please email Rosie on: moon_beads@hotmail.com



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CREDITON PARISH CHURCH

CHRISTMAS TREE
FESTIVAL 2022

DECEMBER

Thursday 1st 11am to 6pm

Friday 2nd 11am to 6pm

Saturday 3rd 10am to 6pm

Sunday 4th 11am to 6pm

FREE ADMISSION
FREE PARKING

Refreshments Accessible Concerts
Bridge Books, Church Shop
& Bric-a-Brac

FOR MORE INFORMATION and for PARTY BOOKINGS:
creditontreefestival@gmail.com or Tel 01365 772865

[f /creditonparishchurchfestivals](https://www.facebook.com/creditonparishchurchfestivals)

CHARITY NO:1051555

Lapford
Village
market



SATURDAY 26TH NOVEMBER

10AM-1PM

Local produce Stalls

Handmade crafts

Foodbank drop off point

Bric-a-brac, Car-boot tables and

much, much more

Tea, coffee & snacks

To book a stall/table please call Stacey on:

07891 556884 or email

lapfordvillagemarket@gmail.com

£5 per stall payable on the day.

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Last Wednesday of the month
from 3.30pm

For primary aged children and
their families

Craft, Worship, Dinner

Made with PosterMyWall.com

Lapford Pensioners Lunch

Fancy Getting Together to enjoy a Christmas Lunch & Entertainment With Friends

Friday 9th December - 12pm arrival for 12.30pm meal

At The Victory Hall

£5 per person

Booking is Essential

Over 65's from Lapford or Nymet Rowland only

Transport can be provided courtesy of the Victory Hall Committee

Limited to 60 covers on a first come first served basis

Booking form below

Please detach the booking form and return by:-

30th November to :

John Burrows

BOOKING FORM

First Name: Surname:

Amount payable: £..... Date Paid:

Payment is required at time of booking please and this form must be returned with your payment

Please enter any special dietary requirements

.....

Meal choice :- Turkey

Vegetarian

Travel information:

Please tick if you require transport

Please tick if you are using your own transport



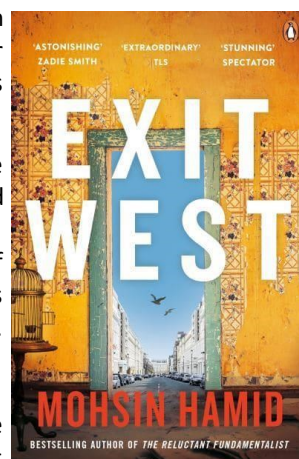
LAPFORD BOOK CLUB REVIEW: EXIT WEST by MOHSIN HAMID

This book was not very well received by the Book Club; the story is a romance, set in some war-torn country (Syria? Iraq?), and told in the third person. The couple, Saeed and Nadia, meet and, as their romance flourishes, the violence in their country increases, so they decide they must flee. This is when it gets confusing. Doors appear at various places which lead to an escape to another country.

Initially I thought this was going to be about the hardships suffered by refugees at the hands of people traffickers, as the first exit through one of these doors is brought about when they use an "agent", and they emerge in a refugee camp on the Greek island of Mykonos. The description of how militants destroy infrastructure and the hardships encountered by the citizens of the area were a reminder of how lucky we are to be living in a peaceful country (although the power cuts and food shortages described may not be so far removed from us this winter, if the newspapers are to be believed). However, the story takes the couple through two more doors with no details of how this happens; one brings them out in London where they find themselves in a part of the city full of refugees from many other countries, and then another which takes them to Marin, just outside San Francisco. Here both Saeed and Nadia drift apart as a couple, but the rather flat tone of the narrator failed to elicit much sympathy from me and I finished the book with relief.

I turned instead to Richard Osman's new book about the Thursday Murder Club, "The Bullet that Missed". This is a book I can recommend if you are looking for fun characters, and an interesting (though rather far-fetched) storyline, which is a good read on an autumn evening.

Suzy Mann



LAPFORD PARISH COUNCIL NOTES, OCTOBER 2022

Please note this is a summary of the main points of interest. A copy of the draft minutes will be made available on the Council website, www.lapfordparishcouncil.org.uk and on the notice boards in the Orchard Centre and in The ARK.

The Parish Council met on 5th October 2022 in the Victory Hall. Thirteen members of the public attended.

- A minute's silence was held in memory of the late Queen Elizabeth II.
- The Parish Council co-opted two new councillors at this meeting. A signed declaration of acceptance was received from Steven Fletcher confirming him as a councillor. There is a further vacancy on the council which the parish council will be filling at its next meeting on Tuesday 8th November 2022.
- Concerns had been expressed about the quality of hedge flailing which had been done in the village and the parish council would take the matter up with County Highways in the first instance.
- Community Buildings WiFi connectivity would be improved in Lapford using finance from a historic grant fund from Calor Gas, with the Village Hall, Parish Church, Congregational Church and The Ark all benefitting from the money.
- A project was underway to improve the condition of road and other signposts in the parish with the work largely being carried out by volunteer councillors. If anyone wants to volunteer to help, please contact the clerk.
- A concern had been expressed about the safety of children using the highway to cycle to the school questioning whether work could be done to improve the situation. This matter would be taken up with County Highways as would the possibility of extending the gritting area to include this bit of highway.
- A fire risk assessment is to be carried out on the Orchard Centre building to assess if it requires any safety work.
- The next meeting of the parish council was to be Tuesday 8th November 2022 at 7.30pm, in the small room of the Victory Hall. All are welcome to attend.

Lapford Parish Council is also looking for a Village Handyman to undertake general maintenance of village assets on a job-by-job basis. The tasks to be undertaken will include things like painting and other maintenance work requiring a good level of competence. In general, it will be expected that the tasks will be undertaken promptly, within a fortnight of being ordered for example, and payment for work done will be made equally promptly.

It is hoped that the successful candidate(s) will live and/or work in the parish of Lapford, and that is the only place this is being advertised.

The successful candidate will not be formally employed by the Parish Council but will be prepared to operate as a contractor and will be paid on the basis of invoices submitted.

If you believe you could operate in this role, please do not hesitate to contact the Parish Clerk, Rob Martin.

Rob Martin is the Parish Clerk and his contact details are:

Email: clerk@lapfordparishcouncil.org.uk

Phone: 07768829511

BUS SERVICES TO LAPFORD

Exeter & Chulmleigh via Lapford village centre Bus Service - change of provider.

Plymouth City Bus 377 will be providing an hourly service replacing the majority of the Stagecoach 5C. For details see the new timetable.

CHULMLEIGH - EXETER Via CREDITON Plymouth Citybus 377 *also showing Stagecoach 5 journey between Chulmleigh & Exeter*

ROUTE IN EXETER: Cowley Bridge Road, New North Road, Longbrook Street, York Road, SIDWELL STREET (377)

Monday - Saturday (Except Public Holidays)

	377	377	5	377	377	377	377	377	377	325	377	377
	S	NS	NS X	S						TuThF		
BISHOPS TAWTON, The Bridge	0636	-	-	-	-	-	-	-	-	-	-	-
CHAPELTON, Langham Bridge	0640	-	-	-	-	-	-	-	-	-	-	-
KINGS NYMPTON, Rail Station	0655	-	-	-	-	-	-	-	-	-	-	-
EGGESFORD, Rail Station	0704	-	-	-	-	-	-	-	-	-	-	-
CHULMLEIGH, New Health Centre	-	0645	0705	0853	0953	1053	1153	1253	1353	1423	1453	1553
CHULMLEIGH, Red Lion	-	0647	0707	0855	0955	1055	1155	1255	1355	1425	1455	1555
CHAWLEIGH, Earl of Portsmouth	-	0656	0716	0907	1007	1107	1207	1307	1407	1432	1507	1607
LAPFORD, Shelter	-	0708	0728	0921	1021	1121	1221	1321	1421	1445	1521	1621
LAPFORD, Industrial Estate	-	0712	0730	0926	1026	1126	1226	1326	1426	1448	1526	1626
MORCHARD ROAD, Devon Dumpling	0716	0717	0737	0931	1031	1131	1231	1331	1431	-	1531	1631
COPPLESTONE, Stone	0720	0721	0741	0936	1036	1136	1236	1336	1436	-	1536	1636
CREDITON, High Street opp Tesco	0730	0731	0751	0946	1046	1146	1246	1346	1446	-	1546	1646
CREDITON, Rail Station	0734	0735	0756	0951	1051	1151	1251	1351	1451	-	1551	1651
NEWTON ST CYRES, Belluno	0740	0741	0802	0957	1057	1157	1257	1357	1457	-	1557	1657
DURYARD, Cowley Bridge	0747	0748	0810	1005	1105	1205	1305	1405	1505	-	1605	1705
EXETER, Bus Station	-	-	0820	-	-	-	-	-	-	-	-	-
EXETER, Sidwell Street Stop 40	0758	0759	-	1020	1120	1220	1320	1420	1520	-	1620	1720

CODE: NS - NOT SATURDAY S - SATURDAY ONLY X - SERVICE 5 JOURNEY OPERATED BY STAGECOACH
 TuThF - TUESDAY, THURSDAY AND FRIDAY ONLY - SERVICE 325 OPERATED BY COUNTRY BUS/ TAW & TORRIDGE
 Services 325 and 377 are financially supported by Devon County Council

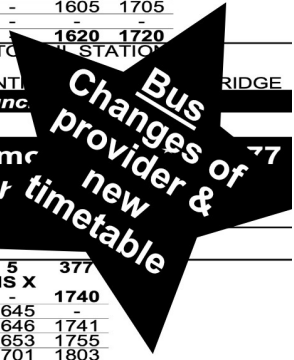
EXETER - CHULMLEIGH Via CREDITON Plymouth Citybus 377 *also showing Stagecoach 5 journey between Exeter & Chulmleigh*

ROUTE IN EXETER: SIDWELL STREET (377), Cheeke Street, Paris Street, New North Road, Cowley Bridge

Monday - Saturday (Except Public Holidays)

	377	325	377	377	377	377	377	377	377	377	5	377
	NS	TuThF									NS X	
EXETER, Sidwell Street Stop 40	0820	-	0935	1035	1135	1235	1335	1435	1535	-	-	1740
EXETER, Bus Station Stand 7	-	-	-	-	-	-	-	-	-	-	1645	-
EXETER, Paris Street Stop 16	0821	-	0936	1036	1136	1236	1336	1436	1536	-	1646	1741
DURYARD, Cowley Bridge	0830	-	0945	1045	1145	1245	1345	1445	1550	1653	1755	-
NEWTON ST CYRES, Belluno	0838	-	0953	1053	1153	1253	1353	1453	1558	1701	1803	-
CREDITON, Rail Station	0844	-	0959	1059	1159	1259	1359	1459	1604	1707	1809	-
CREDITON, High St Lloyds Bank	0848	-	1003	1103	1203	1303	1403	1503	1608	1711	1813	-
COPPLESTONE, Stone	0856	-	1011	1111	1211	1311	1411	1511	1616	1725	1821	-
MORCHARD ROAD, opp Devon Dumpling	0859	-	1014	1114	1214	1314	1414	1514	1619	1729	1824	-
LAPFORD, Industrial Estate	0906	0922	1021	1121	1221	1321	1421	1521	1626	1732	1831	-
LAPFORD, Bus Shelter	0908	0925	1023	1123	1223	1323	1423	1523	1628	1733	1833	-
CHAWLEIGH, Earl of Portsmouth	0921	0938	1036	1136	1236	1336	1436	1536	1641	1742	1846	-
CHULMLEIGH, New Health Centre	0933	0947	1048	1148	1248	1348	1448	1548	1653	1751	1858	-

CODE: NS - NOT SATURDAY S - SATURDAY ONLY X - SERVICE 5 JOURNEY OPERATED BY STAGECOACH
 TuThF - TUESDAY, THURSDAY AND FRIDAY ONLY - SERVICE 325 OPERATED BY COUNTRY BUS/ TAW & TORRIDGE
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Please note: no Family Service on 13th November due to Remembrance Sunday Service at St Thomas of Canterbury Parish Church



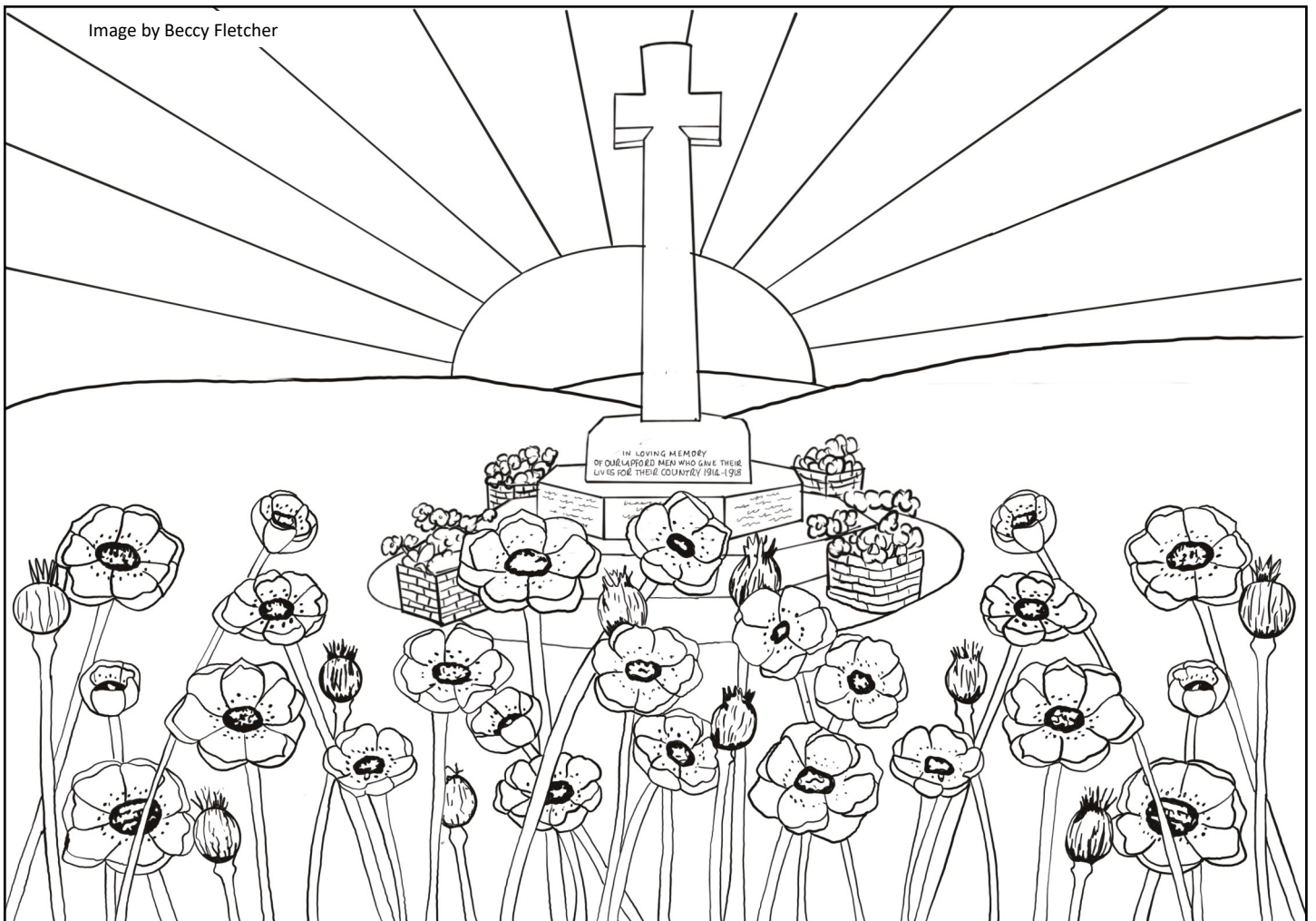
FAMILY SERVICE

COME AND JOIN US
FROM 10.45AM

**EVERY SECOND AND
FOURTH SUNDAY OF
THE MONTH**



SEARCH LAPFORD CONGREGATIONAL CHURCH



BOOK REVIEW

A POCKET FULL OF HAPPINESS BY RICHARD E GRANT

Uxoriousness. It's a funny word.

On September 1st, last year Richard E Grant lost his wife, the dialect coach Joan Washington. She died two months short of their 35th wedding anniversary. Towards the end, she asked him to "find a pocket full of happiness in every day".

And as a basis of memoir, that's an incredibly potent concept. There is also the potential for it to be dismissed as the kind of book that can easily be filed in the "Painful Lives" section of your local bookshop, then neatly bagged to the nearest Oxfam.

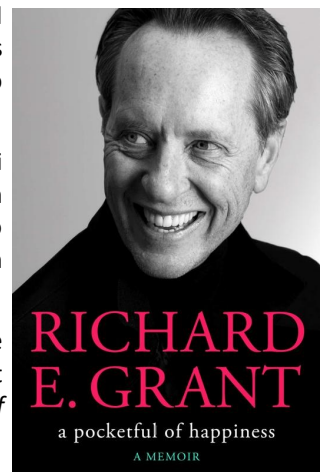
But we are talking Richard E Grant here. A bundle of nervous energy, a gourmand, a neophobe and an actor who can effortlessly play hysteria packed into a six foot-two frame. If you've read any of his other books, you'll know what's to come. The arch, acrid whip of nameless actors who get on his wick; combined with the starry-eyed wonder of being famous. And there's plenty of that here, covering his work on *Star Wars*, *Persuasion*, *Loki* and most of all, the role he really should have won an Oscar for *Can You Ever Forgive Me?*

What is surprising is the gentle side of his personality, as life goes on hold when his wife is diagnosed with a terminal illness and dies within nine months. He's devoted to Joan till the very end, conscious of the fact that he's not coping with it and open about the fact he doesn't know where his life will go next. Recent interviews show that this is still the case.

He should also be credited for showing the lonely, insular side of loss: the friends displaying Joni Mitchell levels of devotion (weekly meals from Nigella Lawson or help with moving a bed from Gabriel Byrne), plus the ones who drop off the radar, or just don't know what to say. There are also the surreal mentions of Prince Charles popping round for a chat with flowers and mangoes from Highgrove.

It's a book that needs to be read without too much of a critical edge. Richard E Grant should be thanked for giving us his personal experience of what is a fact of life for all of us. And if you didn't know, Uxoriousness means "*having an excessive fondness for one's partner*". *A Pocket Full of Happiness* shows how close the fine line between love and loss actually is.

Kev McCready





"GOOD-BYE, OLD MAN."
 Reproduced by permission of "The Sphere."

Painting by Fortunino Matania

"GOOD-BYE OLD MAN."

(Suggested by Matania's picture of a soldier's farewell to his horse.)

GOOD-BYE, old man; we've fought our last together,
 You've struggled bravely, but you've got to die!
 Old man, it almost breaks my heart to leave you
 Without one other word, except "Good-bye."

Good-bye, old man; we've kept up well together,
 And always shared whatever's come our way,
 We came to help old England fight the Germans,
 And up to now we've kept 'em well at bay.

Good-bye, old man; I know you're going to suffer,
 For there are great tears in your eyes,
 I wish you understood that 'tis for England
 That every hero fights, and bleeds, and dies!

Good-bye, old man; you won't be here much longer,
 You've got to go, old man, and go alone,
 We've always had our troubles both together,
 And life won't seem the same when you are gone!

Good-bye, old man; I wish that you could answer,
 And tell me all your brown eyes try to say.
 You know, old man; I've seen a lot of suffering,
 But never felt just like I feel to-day.



I SPOKE TO YOU IN WHISPERS

I spoke to you in whispers
 As shells made the ground beneath us quake
 We both trembled in that crater
 A toxic muddy bloody lake

I spoke to you and pulled your ears
 To try and quell your fearful eye
 As bullets whizzed through the raindrops
 And we watched the men around us die

I spoke to you in stable tones
 A quiet tranquil voice
 At least I volunteered to fight
 You didn't get to make the choice

I spoke to you of old times
 Perhaps you went before the plough
 And pulled the haycart from the meadow
 Far from where we're dying now

I spoke to you of grooming
 Of when the ploughman made you shine
 Not the shrapnel wounds and bleeding flanks
 Mane filled with mud and wire and grime

I spoke to you of courage
 As gas filled the Flanders air
 Watched you struggle in the mud
 Harness acting like a snare

I spoke to you of peaceful fields
 Grazing beneath a setting sun
 Time to rest your torn and tired body
 Your working day is done

I spoke to you of promises
 If from this maelstrom I survive
 By pen and prose and poetry
 I'll keep your sacrifice alive

I spoke to you of legacy
 For when this hellish time is through
 All those who hauled or charged or carried
 Will be regarded heroes too

I spoke to you in dulcet tones
 Your eye told me you understood
 As I squeezed my trigger to bring you peace
 The only way I could

And I spoke to you in whispers.....

By Neil Andrew

Lapford Youth Club

THE DROP IN

LAPFORD VICTORY HALL

EVERY 2ND AND 4TH FRIDAY IN THE MONTH


7-9PM

FOR 11-16 YEAR OLDS.
ONLY £1 PLUS MONEY FOR TUCK SHOP
(Please note- only runs during termtime)

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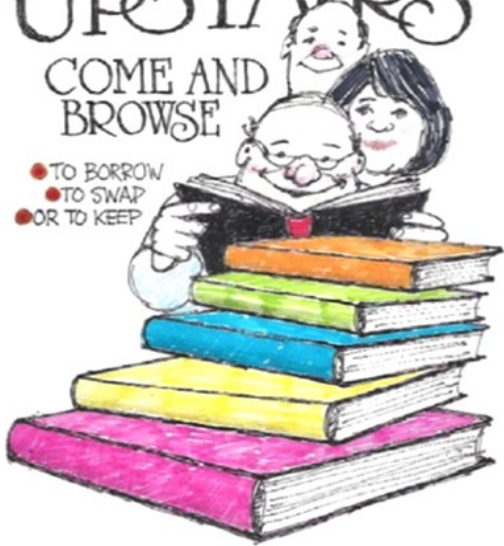


The ARK is open on
Tuesdays and Fridays
10.00am to 2.00pm
Arrangements can be
made for access at other
times

BOOKS UPSTAIRS

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- TO SWAP
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High 5

THURSDAY

EVERY WEEK DURING TERMTIME

6PM - 7.30PM

For 7-11 year olds (KS2 primary)
Fun, Games, Craft, Friends
Only £1 subs
(Up to £1 additional money for tuckshop)





For more information email lapforyouthclub@gmail.com or find us on
Facebook and Instagram

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LAPFORD YOUTH CLUB PRESENTS

HIGH FIVE JUNIORS

For 4-7 year olds and
their carers

Arts and Crafts, toys, games, tuck shop, refreshments

£1 per child. Additional 50p for tuck shop

LAPFORD VICTORY HALL
EVERY 3RD SATURDAY OF THE MONTH
10AM-12PM

For more info contact Cat Seymour on 07970180637

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THANK YOU

All items missing from the Village Archive have now been returned, thank you.



LAPFORD CHURCH GREEN TRUSTEES



Annual General Meeting
8.00pm
23rd November
At the Orchard Centre

LAPFORD VILLAGE ARCHIVE

Recent additions to Lapford Village Archive include:
Letters from Lapford dated 1849-1851, an aerial view of Ambrosia circa 1950's, photos of Stonegate Cottage dated 1966, and a previously unseen photo of The Bungalow (Lapford Lodge).



CHRISTMAS QUIZ SHEETS

to raise funds for
Lapford Foodbank



Now available from The ARK
and at the November Lapford Village Market
or contact Sue Hemsworth

This year's quiz has been compiled by our 2019 winner Bill Parsons and is supported by The ARK and Lapford Project 2000



Please return your quiz sheets
to The ARK
by 8th January 2023



**PART-TIME BUILDING LABOURER
NEEDED IN LAPFORD
FLEXI-HOURS
START IMMEDIATELY
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NATIONAL BLOOD SERVICE



Donations can be made at
Boniface Centre, CREDITON,
on 27th December at 9:40am-3:45pm
or 31st January or 14th February
from 1.10am-7.15pm



Call the donor helpline on 0300 123 23 23
for more information or to check for cancellations

Do something amazing - Give Blood!

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Unlimited**

LIBRARIES UNLIMITED BOOKS ON WHEELS

Do you have difficulty in getting to CREDITON Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.



Peter Westcott - Telephone: 01363 83525

DEVON MOBILE LIBRARY STOPS



Lapford

Orchard Way: 13.30-14.55
School: 15.00-16.00

Nymet Rowland

Opposite Village Hall: 12.30-12.50
Every 4 weeks on Tuesdays



LAPFORD LOOKOUT TO CONTACT THE EDITOR



Write to:

Mrs. Becca Fletcher, 36 Orchard Way, Lapford, CREDITON, EX17 6PR

Tel: (01363) 884211 or 07791 989142

E-mail: lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Contributions are welcome, to be used at the Editorial Team's discretion.

Our Editorial Policy:

Published monthly, the magazine welcomes contributions on any topic of interest. The editorial policy is to exclude anything of a political or personal nature and to avoid unnecessary controversy or ill feeling.

Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.

The views in this newsletter do not necessarily represent the views of the Editorial Team.

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LAPFORD PARISH COUNCIL — www.lapfordparishcouncil.org.uk

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Cllr Julie Down (Vice Chair)	Rafters, Lapford, EX17 6QP	01363 83356 / julie.down@lapfordparishcouncil.org.uk
Cllr Roy Andrews	Old Bakery, Park Road, Lapford, EX17 6QJ	07969 823256 / roy.andrews@lapfordparishcouncil.org.uk
Cllr Steven Fletcher	36 Orchard Way, Lapford, EX17 6PR	07891 142436 /
Cllr Ivan Hall	Ardea House, Lapford, EX17 6PU	01363 83728 /
Cllr John Parsley	The Lindens, Lapford, EX17 6PU	07889 168680 / john.parsley@lapfordparishcouncil.org.uk
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Cllr Abigail Whittaker	26 Orchard Way, Lapford. EX17 6PR	07565 768386 /abigail.whittaker@lapfordparishcouncil.org.uk
Vacancy	~	~
Vacancy	~	~
Parish Clerk - Rob Martin	~	clerk@lapfordparishcouncil.org.uk
District Cllr Clive Eginton	6 Moortown, Chawleigh, Chulmleigh, EX18 7EU	01769 580830 / ceginton@middevon.gov.uk
County Cllr Margaret Squires	Frostland Farm, Copplestone, EX17 5NY	01363 84337 / margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
- CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings @Devon ~ Exeter: 07990 790 920 or Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RABI 24/7 Support Line ~ 0800 188 4444
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



LAPFORD WEBSITES

www.lapfordvillage.co.uk
www.lapfordhistory.co.uk
www.lapfordparishcouncil.org.uk
www.lapford-primary.devon.sch.uk



NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

- Bow Medical Centre - £5
- Chulmleigh Dental Practice - £5
- Chulmleigh Health Centre - £5
- Crediton (Breast Screening) - £6
- Crediton (Covid jab) - £6
- Crediton Community Hospital - £5
- Morchard Bishop Surgery - £3
- Redlands Health Centre - £6
- Winkleigh Surgery - £5

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

LAPFORD LOOKOUT



ADVERTISING RATES AND POLICY

Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

- One eighth page: £6 per month.
- One quarter page: £12 per month.
- One half page: £24 per month.
- Whole page: £48 per month.

Pay for twelve months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.


LAST POSTING TIMES AROUND THE VILLAGE




	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	9.00 a.m.	7.00 a.m.
Woodland Cottage	9.00 a.m.	7.00 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	9.00 a.m.	7.00 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	9.00 a.m.	7.00 a.m.
Morchard Road	9.00 a.m.	7.00 a.m.
Copplestone	4.30 p.m.	11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
Adventure Gaming	Mr Warren Clayburn	01363 83095 / wmclayburn@gmail.com
Beginners Ballroom Dancing	Mr Steve Munday	07798 684225 / steve@lowerfieldhouse.co.uk
Books on Wheels	Mr Peter Westcott	01363 83525 / pj.westcott@btinternet.com
Friends of Langannerie (twinning)	Mr Peter Henshaw	01837 89070 / petehenshaw@yahoo.co.uk
Friends of Lapford Mill	Mr Alex Gater	07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Kirsty Wensley	07977 825814 / kirstywensley4@gmail.com
Heart for Lapford Strategy Group (H4L)	Secretary	heart4lapford@aol.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Ladies of Lapford (LOL)	Mrs Joy Quickenden	01363 83245 / joyquickenden@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford and District Pre-school Playgroup	Mrs Lorraine Kigongo	01363 83162 / lkigongo@catpreschools.co.uk
Lapford ARK	Miss Briony Clinch	01363 83788
Lapford Association Football Club	~	lapfordafc@gmail.com
Lapford Book Club	Mrs Jill Doe	01363 83410 / sunnyside@jilldoe45.plus.com
Lapford Celebrations Committee	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Choir	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Church Green	~	~
Lapford Community Church	Miss Briony Clinch	01363 83666 / admin@lapfordcc.org.uk
Lapford Community Primary School	~	01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Mr Peter Lacey	01363 884230 / lapfordcongregationalchurch@gmail.com
Lapford Dog Club	Mrs Sara Thurgood	01363 83081 / info@lapforddogclub.co.uk
Lapford Emergency Action Plan Committee	~	~
Lapford Emergency Response Team	~	~
Lapford Foodbank	Miss Briony Clinch	01363 83788
Lapford Handbell Ringers	Mr Steve Munday	07798 684225 / steve@lowerfieldhouse.co.uk
Lapford High 5 (ages 7-12)	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club	Mrs Trish Mumford	01363 83911 / james@mumfordj.plus.com
Lapford Lookout	Mrs Beccy Fletcher	01363 884211 / lapfordlookout@gmail.com
Lapford Over 60 Club	Mrs Carol Worsdell	lapfordover60@yahoo.com
Lapford Parish Church	Mrs Joan Graham	01363 83047 / jemg47@aol.com
Lapford Poppy Appeal Organiser	Mrs Caroline Noon	01363 83863 / lapford.pao@gmail.com
Lapford Project 2000 (LP2K)	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Regeneration Committee	~	~
Lapford Revel	~	~
Lapford Victory Hall & Lower Town Place	Mr Darren Crump	07960 715553 / darrencrump99@hotmail.co.uk
Lapford Village Archive	Ms Audrey McCormack	01363 83103 / archivelapford2022@gmail.com
Lapford Village Market	Mrs Stacey Lumsdon	07891 556884 / lapfordvillagemarket@gmail.com
Lapford Voluntary Car Aid	Mrs Grace Hill	01363 83178 / lvca2011.19@gmail.com
Lapford Youth Club Management Committee	Mr Steve Keable	07967 655045 / stevekeable@btinternet.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07969 823256 / roy.andrews1950@icloud.com
Lapstock	Mr Steve Keable	07967 655045 / steve.keable@btinternet.com
Lower Town Place Gardening Group	Mr Andy Epstein	amepstein55@gmail.com
Nymet Rowland Village Pump	Liz and Roland Smith	01363 884446 / pump@incywincyweb.com
Save Our Heritage Lapford	Mrs Donna Egan	01363 83732 / donnaegan84@gmail.com
Springers 4's and under	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk




**LAPFORD OUTREACH
POST OFFICE**




OPENING HOURS:

Monday	9.00 - 12.30
Wednesday	9.00 - 12.30
Friday	9.00 - 12.30



LAPFORD'S DEFIBRILATOR



is on the outside of
The Orchard Centre
in Orchard Way

What 3 Words app location:
emperor.stated.stapled



16 NOV

THE OLD MALT SCOOP

QUIZ NIGHT

Are you smarter than a 10 year old?

RAISING FUNDS FOR LAPFORD YOUTH CLUB
TEAMS OF UP TO 4
£10 PER PERSON TO INCLUDE CURRY BUFFET
QUIZ STARTS AT 7PM

BOOK YOUR TABLE
01363 83330

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Cancer charity force
Registered Charity No. 1140676

*Live Music
Charity Evening*

BAR AND BUFFET
LIVE MUSIC FROM "SOUTHERN ROADS"
TICKETS ON SALE NOW - £10 PER TICKET

Saturday 10 December 2022	LAPFORD VILLAGE HALL	7 PM Til Late!
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Tickets available from
John Burrows - 07814 941454
Rachel Phillips - 07533 877686
raznev@sky.com

Exeter
**MALE VOICE
Praise**

Lapford Victory Hall
Saturday 3rd December 2022
4pm

An evening of Christmas song
£5 entry to include coffee and mince pies

Ring Jeanne on 01363 83068
to reserve a seat, pay at door.
Limited space available so book early
to avoid disappointment

In aid of Lapford
Voluntary Car Aid

LAPFORD AMATEUR DRAMATIC SOCIETY PRESENTS

Step into
CHRISTMAS
@ The Old Malt Scoop Inn

SATURDAY 3RD DECEMBER
FROM 7PM- LATE

SPECIAL PERFORMANCES FROM MEMBERS OF L.A.D.S.

HOG ROAST, RAFFLE, LIVE MUSIC, DISCO

**PROFITS RAISED WILL GO TO
LOCAL VILLAGE CHARITIES**