

## LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER









#### The Parish Church of St Thomas of Canterbury

**Vicar**: The Reverend Robert Gordon (e) <u>vicar.ncw@gmail.com</u> **Churchwarden**: Joan Graham



1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Sundays – Lay Led Morning Prayer – 9.30 a.m.
4<sup>th</sup> Sundays – Common Worship Eucharist – 9.30 a.m.
5<sup>th</sup> Sundays – See announcements on Church notice board The Church is open for private time on Wednesdays between 9.00 a.m. and 12 noon

#### ALL ARE WELCOME REFRESHMENTS SERVED AFTER SERVICES

Forthcoming events for your diaries

Saturday 2<sup>nd</sup> October – Churches Together Harvest Supper – Victory Hall 6.30 p.m. Sunday 3<sup>rd</sup> October – Harvest Festival Service 9.30 a.m. Sunday 14<sup>th</sup> November - REMEMBRANCE SUNDAY 9.30 a.m. Churches Together Eucharist 10.45 a.m. Act of Remembrance at the War Memorial Saturday 4<sup>th</sup> December – Mince Pies, Coffee Morning and Grand Hamper Draw in the Victory Hall 10.30 a.m. – 12 noon Friday 24<sup>th</sup> December – CRIB SERVICE 4.00 p.m. Saturday 25<sup>th</sup> December – Christmas Eucharist 10.30 a.m.

#### LAPFORD COMMUNITY CHURCH

Please visit our website, www.lapfordcc.org.uk for information about the Foodbank and ARK. You will also find lots of information about Church activities and on-line services.

#### FRIENDS OF ST THOMAS

FOST will not be producing a 2022 calendar, but will be selling Christmas cards and new notelets this year to raise funds.

We will be back with a 2023 calendar next year.



#### LAPFORD WEATHER JULY 2021

A warmer and wetter than average month.

The highest temperature was on the  $21^{st}$ , when the thermometer rose to  $29.3^{\circ}$ C, the warmest day since the  $12^{th}$  August last year. The coolest day was the  $30^{th}$  with a maximum of  $15.8^{\circ}$ C. The coolest night was on the  $6^{th}$  with a minimum of  $9.5^{\circ}$ C.

Total rainfall (124.9 mm) was a little less than twice the average, despite the warm dry 10 days in the middle of the month. The wettest day was the  $4^{th}$  with a fall of 24.3 mm.

The windiest day was the 30<sup>th</sup> with a gust of 42 m.p.h. associated with storm Evert.



#### Lapford Lookout

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#### LAPFORD CONGREGATIONAL CHURCH

Our Sunday Services are at 11.00am, communion will be held on the second and fourth Sundays. Our services in  $\frac{4}{5}$ September and first Sunday in October will be led by:



5th September - Merril Archer
12th September - Rev Caroline Stott
19th September - Rev Caroline Stott
26th September - Family Service
2nd October - Tom Thompson

## DATES TO LOOKOUT FOR LOOKOUT September 2021

1st Lapford Parish Council Meeting, 7.30pm 3rd-5th Lapford Revel

- 4th Lapford Gardening Club Show, Victory Hall 9th Road closure
- 14th Copy deadline for October Lapford Lookout, 6.00pm
- 16th Lapford Over 60's trip to Sidmouth, depart 9.30am
- 16th Ladies of Lapford at Lowerfield House, 7.00pm
- 21st Chulmleigh College Open Evening, 4.30-7.00pm
- 23rd Farmers Workshop at The Lamb Inn, Sandford 7.00pm-9.30pm
- 26th Lapford Congregational Church AGM

### October 2021

- 5th Celebration Event at The Ark, 7.30pm
- 6th Lapford Parish Council Meeting, 7.30pm
- 14th Copy deadline for November Lapford Lookout 6.00pm
- 21st Ladies of Lapford with Gary Holpin

## November 2021

- 18th Ladies of Lapford, Christmas Table Decorations
- 29th Lapford Project 2000 AGM, Orchard Centre, 7.30pm

## December 2021

16th Ladies of Lapford, Christmas Meal at the Scoop.

#### TO CONTACT THE EDITOR

#### Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, Crediton, EX17 6PR				
Tel:	(01363) 884211 or 07791 989142			
E-mail:	lapfordlookout@gmail.com			
By hand:	Use the box in The Orchard Centre or the Editor's letterbox			
Deadline for inclusion in the next issue: 6 pm on the 14th September for inclusion in October issue				
Contributions are welcome, to be used at the Editor's discretion.				

Flyers and Inserts must be approved by the Editor prior to publication and shall only be included at the discretion of the Editor and editorial policy.

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#### LAPFORD AFC FIRST WINNERS OF THE NEW THROGMORTON CUP

Saturday 31st July 2021 North Molton Sports v Lapford AFC 0-1

Thursday 5th August The Windmill v Lapford AFC 0-2



CONGRATULATIONS!

#### CALENDAR IN MEMORY OF KAREN BURROWS

We are doing a calendar again this year in memory of Karen Burrows after last year's was a success. Minimum donation of £7. All money will be going to Force Cancer Charity. Please contact Jessica on 07960 197460 or John on 01363 83985!

Please note we are printing 350 only so be quick to order before they sell out!

John and Jessica Burrows

#### LAPFORD VILLAGE ROAD CLOSURE

The road through the village will be closed outside 2 Church View to adjacent to Lilac Cottage over the period of the 9th to the 15th September.

Any queries please phone the Western Power Local team on 01392 352539.

#### GILL EDGECOMBE

The Victory Hall Committee were very saddened to hear of Gill's recent sudden death and would like to extend their condolences to Roger and the rest of their family. Gill had served on the Hall Committee for something like 30 years (maybe more) and rarely missed a meeting in all that time. Gill represented the Bowls Club and helped for many years with the running of the Chestnut Centre, which used to cater for some of the elderly residents of the village. She was also a Trustee of the Hall and willingly gave up her time and accounting expertise not just to the benefit of the Hall but also of several other village organisations.

She will be much missed.

Victory Hall Management Committee

#### **BUILDINGS AT RISK SURVEY AND REGISTER**

Mid Devon District Council's Conservation Team have contacted the Parish Council for help in letting them know what historic buildings (pre 1948) in your Parish you are concerned about in terms of their condition and would like you to send in details.

This information should include, as a minimum, the address and a couple of photographs. It is also important to identify, if relevant, if the building is occupied or has a use, the main vulnerability for Buildings is vacancy, or under-use.

Occupancy (or use) should be noted as follows:

vacant
part occupied
occupied
unknown
not applicable

There is a public expectation that Local Planning Authorities should act in the interest of listed buildings, local listed buildings and non-designated heritage assets at risk (in fair, poor or very bad condition) in their area and there are statutory powers under Urgent Works Notices and Repairs Notices to seek the preservation of these buildings.

The Conservation Team at Mid Devon has become concerned that the Local Authority does not have an up-to-date survey and register of 'Buildings At Risk' that forms the database for seeking further action to persuade owners to maintain, preserve and repair their historic buildings.

Under the Town and County Planning Act 1990 a building is defined at S. 336 (1) as a wide definition which includes "any structure or erection". This definition has been interpreted by the courts to include structures which would not ordinarily be described as buildings.

Further to queries from some Parish Councils, further guidance was offered for clarity.

'We are asking if you are aware of any listed buildings, or buildings within a conservation area, that cause you concern because of their poor condition. This is to compliment our own survey work, and the information will assist by reducing the time it would otherwise take to undertake the survey. You are much better placed to be aware of any buildings that are of concern locally.

We are not asking you to undertake a survey yourselves, although you are welcome to, and we are certainly not asking you to enter private land to undertake a survey. We do fully appreciate that letting us know of buildings can be locally sensitive, there is no requirement to take part in this survey, although what we are looking to do is to preserve buildings of historic importance which are national important.

I trust this clarifies the matter and if you have any queries you can contact me by email amarsh@middevon.gov.uk or by phone on 07870 541385'

If you would like to assist the Parish Council with its response to this request, please contact Rob Martin, the Clerk, or Peter Heal, the Chairman to let them know.

#### LAPFORD YOUTH CLUB

Taster Sessions for the Youth Club at the Victory Hall and Lower Town Place have been a great success with 37 children, three teenage volunteers and a rota of 16 adult volunteers. The children are having a wonderful time with an unbelievable 47 on the Youth Club register.

Thank you everyone for your support. Thank you too for your understanding that Lower Town Place has restricted access for two hours during our Thursday evening sessions for Safeguarding our Children.

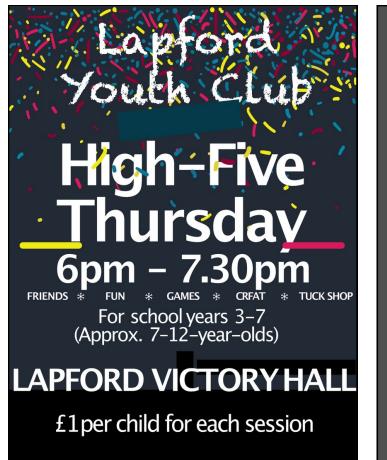
From September and the start of the new school term the Thursday High Five Youth Club will be open from 6.00pm to 7.30pm and we will hold to the £1 session fee for each child aged 7 - 12 years old. While there is a good rota of 16 adult volunteers most are women. More men volunteers are needed — so come on fellas step-up and help.

And ... the Youth Club is seeking to recruit a second team of adult volunteers to start-up sessions for teenagers who are 13+ in the 7.30 to 9.30 slot. To enlist or find out more contact Cat or Steve.

<u>cathryn\_seymour@outlook.com</u> - 07970 180637 <u>steve.keable@btinternet.com</u> - 07967 6550465



Lapford Lookout



Additional money will be required if your child wants to purchase snacks from the tuck shop. £1 is ar introductory fee for children attending High–Five Thursday but may change dependant on the number or children attending. All volunteers. DBS Checked and all relevant checks undertaken. Contact Cat Seymour on 01363884432/07970180637 or cathryn seymour@outlook.comforan additional information.

Step-up No 2 Recruiting a <u>second</u> adu eers ov 45 For those yrs over This is ambitious building on the success of the Five younger High Contact: steve.keable@blinternet.com 07967 655045

#### THE ANCIENT RITUAL OF FIRE WALKING IS COMING TO CHAWLEIGH

Humans have been walking barefoot on fire for thousands of years. The first time a fire walk was recorded was 1200BC in India when two Brahmin priests competed to see who could walk the furthest over hot coals. Since then countless other fire walks have been recorded across the globe. The purpose of these events or ceremonies can vary culture to culture. Some are healing rituals or for meting out justice, others are rites of passage or displays of faith. However, there is a common theme in that whatever the purpose, the act of walking across fire symbolises bravery, spiritual strength, cleansing and facing your fears.

Western fire walking dates back to the late 1970s and early 1980s and the first fundraising fire walk took place in 1984. It was run by a company called "Blaze the fire walking experts" who will be bringing this unusual event to youth homelessness charity the Amber Foundation in October.

Becky Fry, Fundraising Manager at Amber, explains why they are hosting this particular event.

"Fire walks are all about finding your inner strength and having the courage to face your fears despite challenges or self-doubt. The people at Blaze say that taking part in a fire walk helps transform fear and to inspire people to do things they didn't think possible. I feel there is a lot about fire walking that chimes with our ethos at Amber. A central part of our approach is to encourage the young people who come to stay with us that, despite the challenges they face, they have potential to achieve great things in life."



The event will take place on Friday 8<sup>th</sup> October at Ashley Court, Amber's supported living centre in Chawleigh, near Chulmleigh. This event will be run under the watchful eye of Karen Sterling from Blaze who has been fire walking for 28 years and managing Blaze for the last 10. She has nearly 2500 fire walking events under her belt.

Entry is £25 with a fundraising target of £150. All walkers need to complete the "Learn or Burn" training prior to the walk itself which is a 20 foot lane of hot embers.

Minimum age 14 however parental consent required for under 16s.

Anyone interested in taking part needs to contact Becky on <u>Rebecca.fry@amberweb.org</u> or call 01769 582020.

Lapford Lookout

## Lapford Lookout Website Developer

The Lapford Project 2000 Committee (LP2K) is looking for someone with the skills, time and energy to build a new website for the Lapford Lookout and the Lapford Village Archive.

While the Lapford Lookout is available on the Lapford Village
 Website the LP2K Committee need to do so much more to
 make a large library of past Lapford Lookouts and their
 wealth of stories that are of historic interest.
 LP2K is also in the process of cataloguing the extensive archive
 of written, photographic and audio materials based
 at the Orchard Centre.
 For both tasks we seek someone who can assist
 with a new website.

If you are interested or know someone who would be prepared to take on this role then please contact the team through the Lapford Lookout contacts or for an informal conversation with LP2K Chair write to <u>steve.keable@btinternet.com</u> or call Lapford 83200.



Invitation

Lapford Lookout Helpers and Delivery Volunteers

## "Thank You"

## **Celebration Event**

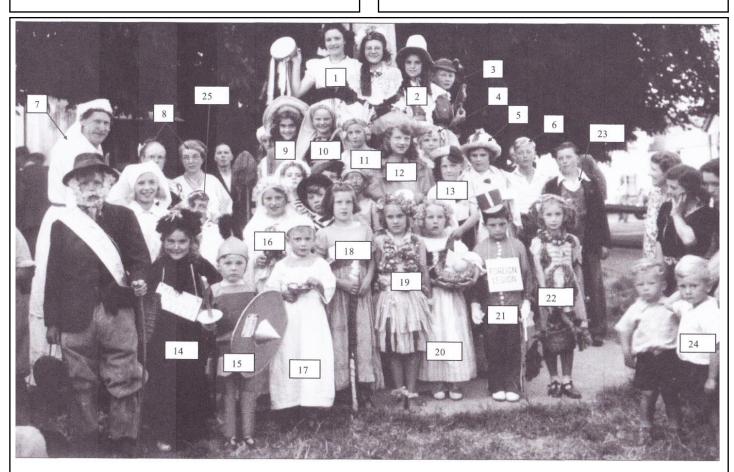
### Tuesday 5 October 7.30 The ARK

The Lapford Project 2000 Committee which organises Lapford Lookout cordially invites all current helpers and delivery volunteers to a

## Wine & Cheese Social Evening

R.S.V.P. to <a href="mailto:steve.keable@btinternet.com">steve.keable@btinternet.com</a> or call Lapford 83200

If you are willing to help with the monthly delivery of the Lapford Lookout then please let us know and come along.



#### LAPFORD REVEL 1949

1. Honor Tucker. Between 1 & 2, Doris Spear. 2. Jill Walters. 3. John Burfitt. 4. Mary Burfitt. 5. Sylvia Spear. 6. Ian Sandercock. 7. Bill Moysen (he and his sister owned the village shop). Man in front of Bill Moysen, Malcolm Tucker (Honor's twin). 8. The Misses Conibeare. 9. Judith Walters. To the left of 9 (as we look at it), Jean Butt. 10. Mary Hammett. In front of 10 (in the black hat), Maurice Glover. 11. Georgina Woolacott. 12. Vera Gale. 13. Wilfred Turner. 14. Yvonne Walters. 15. Norman Gale. 16. Jennifer Knapp. 17. Geoffrey Knapp. 18. Margaret Rookes. 19. Barbara Bradford. 20. Margaret Kelly. 21. Barry Bowring. 22. Sylvia Carbert. 23. John Moyse. 24. George Gunn, beside him Martin Densham?. 25. Bill Manning.

Photo, with children numbered and named, courtesy of Norman Gale. Additional names kindly provided by Evelyn Passmore.

#### THE TUCK INN

Visiting the Tuck Inn, on Lower Town Place were 100 Lapfordians who experienced the excellent fayre and entertainment of the marvellous theatre group the Common Players. With a welcome to The Greenwood by an irrepressible Friar Tuck and a merry band of men and women, the story was told in fast action, with live music and dance, involving the whole audience. Check out the Lapford Village Website and our wonderful setting for this event.

A huge thank you to Paul Adams for the follow-on entertainment and thanks to all for such a great show.

Grant funded by the Arts Council of England and supported locally by Lapstock, Lapford Lookout, HOLD, Lapford Project 2000, this was the first public event to use the joint facilities of Lower Town Place and the Victory Hall.

#### Steve Keable Event Organiser







#### **OPEN GARDENS AT FROGBURY**

Frogbury, Coldridge, Crediton,

Devon EX17 6BW by Jeremy Lee Sunday 5 September 2021, 1.00-5.30 pm Entry: Adults £5, Children under 12 free, cash at the gate Donations welcome by visiting https://www.justgiving.com/ fundraising/jeremy-leebrc or by cheque to British Red Cross.



Featuring colourful herbaceous beds, this garden has a collection of elms and orchards, wildflower areas and four ponds. Geese, ducks, frogs, barn owls bees, hares, dormice, moorhens and hedgehogs will (hopefully) be in attendance. There will be several conducted tours and times will be listed. There is also an opportunity for a woodland walk. Frogbury is on the B3220 from Morchard Road towards Winkleigh.

From Morchard Road go for 5 miles along a fairly straight road. At the end there are houses on the left with a telephone kiosk opposite. Turn immediately left towards North Tawton up a hill. The entrance is 400 yards on the left. There will be Red Cross Open Garden signs to assist you.

- Bacon butties, Cream teas, cakes
- Dogs on leads welcome
- Limited wheelchair access (main garden area only)
- Wear suitable outdoor shoes
- Event will go ahead rain or shine

#### Supporting



The British Red Cross Society, incorporated by Royal Charter 1908, is a charity registere in England and Wales (22049), Scotland (SC037738) and Isle of Man (0752). Photo © Tamsin Westhorpe.



#### LAPFORD OVER 60 CLUB

We are going to Sidmouth on Thursday 16th September Departure 0930, our first trip since 2019!



Please come along for the day, members and non members. If you wish to come please phone Janice Butler on 07593 174605, or Ron Kercher on 01363 83810. The reduced price will be £12.00 per person.

We look forward to seeing you all.

#### THE DRUNKARD AND THE PIG

It was early last December,

As near as I remember, I was walking down the street in tipsy pride; No one was I disturbing

As I lay down by the curbing.

And a pig came up and lay down by my side.

As I lay there in the gutter Thinking thoughts I shall not utter, A lady passing by was heard to say: "You can tell a man who boozes By the company he chooses";

And the Pig got up and slowly walked away.

will be an encouragement to those who hear them." Ephesians 4:29.



#### THOUGHTS FROM THE ARK In the Bible the apostle Paul writes, "Let everything you say be good and helpful, so your words

## 

#### PROMOTE YOUR EVENT ON OUR WHAT'S ON CALENDAR

If you are organising an event and want to publicise it throughout the Crediton area and beyond, why not post it on the Crediton In&Around website? www.creditoninandaround.co.uk

It's easy to send us your event details. Simply click on What's On in the top right hand corner of the home page. Then scroll down to the bottom of the page where you will find an event form. Fill in your details and submit. You can also email us an image.

**There is no charge to list your event**. But if you want even more publicity for your event you can place an ad at the top of the What's On page for £25 per month.

For more information or queries contact us at info@creditonheart.org

Crediton In&Around is a community website, created and managed The Crediton Heart Project (registered charity no 1189549). It is supported by Crediton Town Council, Devon County Council and the National Lottery.



Eugene Peterson paraphrases it this way: "Say only what helps, each word a gift." Think of the people you most enjoy spending time with. How would you describe them? Grumpy ? Negative? Bitter? Of course not! They are celebrators, not complainers. They are passionate about life.

As you live this day, realise that everyone you meet, you will leave ...... better off, or worse off or unaffected. The way to build others up is to see them as opportunities instead of obstacles or obligations.

One leadership expert writes: "One of the best things you can do for people - which attracts them to you - is to expect the best of them. I call it putting a ten on everyone's head. It helps others think more highly of themselves, and at the same time it also helps you."

A survey of one hundred self-made multi-millionaires showed only one common denominator. These highly successful men and women routinely looked for the best in people. Benjamin Disraeli, one of Britain's finest prime ministers, put it this way: "The greatest good you can do for one another is not just to share your riches, but to reveal to him his own." You can do that by appreciating, encouraging and helping others to reach their potential.

Napoleon described leaders as "dealers in hope." He understood that hope is one of the greatest of all possessions. If you can be the person who bestows that gift on others, they will not only be attracted to you, they will be forever grateful. Taken from United Christian notes booklet "Word for Today".

As we begin to try to make sense of what is safe to do and what will help us get back to some form of life without face masks, constant reminders to have the vaccine, the number of people still catching Covid and those in hospital, perhaps we can try to look for the best in people and be encouragers, helping one another to see the good all around and in people.

Just one plea, I know parking is a great problem. Lots of cars and nowhere to park them. Please can people be a little more careful where they park and be more thoughtful for the people who live or work there. We struggle outside the ARK with the parking, particularly when we have to unload items for the Foodbank and then load up so we can deliver the parcels. It is also really difficult to gain access to the ARK, for people using mobility scooters or wheelchairs if the cars are parked leaving little space. Several times there have been cars parked so closely to the building, there has been little space for anyone to get by. It would really make a difference and be a great help. Thank you.

#### The ARK team

#### LAPFORD BOOK CLUB REVIEW AMERICAN GODS BY NEIL GAIMAN

I expect everyone knows the saying about Marmite, you either love it or loath it. Well, our July book was a Marmite book. It fell into the category of fantasy, by an author from the same school as Stephen King and Terry Pratchett. My heart sank when I handed out the books, I just knew that it would not be popular. As far as I am concerned, I love Marmite and I love fantasy novels! It turned out that I was the only one who read more than a few pages, let alone finished (and enjoyed) this strange tale.

Shadow is due to be released from prison and all he can think about is seeing his wife again. Two days before his release day he is told by the prison governor that his wife has died in a car crash. He is released early with a plane ticket home in his pocket. Due to bad weather, he ends up on a small plane, in the middle of nowhere, with a strange man named Mr Wednesday sitting next to him who offers Shadow a job.

Up until now it is almost a normal novel (from now on I just went with the flow). To really enjoy this book, you may need to know a bit about the myths and legends from around the world. We are told that when people went to USA, they took their old gods with them but, over time, they were left behind. However, they may be forgotten but are not gone. On his travels, Shadow meets many of them struggling to survive. He finds out that they are caught up in a battle for supremacy between the old gods and the new breed of technical gods wanting to take their place. Shadow travels across the USA, meeting strange people and visiting equally strange places. To enjoy this book, you just travel with him and suspend belief. Don't try too hard to understand it.....the only person who really does is Mr Neil Gaiman.

#### Jill Doe

+-

I think that Mr Wednesday was really Odin!

This book was made into a series on either Netflix or Prime television, I forget which, and won many awards in the SF & F world. After reading the book, I intend to find it and see how on earth it can be made into a television programme.

#### READER BOOK REVIEW STALINGRAD BY ANTHONY BEEVOR

Over the last couple of years, for reasons both personal and obvious, I re-read everything. My hand kept drifting to the non-fiction section. I don't read much history, but if it were to be done well; I don't think many people could do it better than Anthony Beevor.

The books of his that I have read are exhaustive, stunning, horrifying and inspiring. All at the same time. *Stalingrad* is rapidly approaching its 25<sup>th</sup> anniversary, in a year that sees the 80<sup>th</sup> anniversary of the event itself.

He explores Hitler's reasons for the invasion thoroughly in the early part of the book; both ideological and practical. The invasion itself was the largest military force to date... with the archaic detail of 600,000 horses. Stalin expects an invasion; he is tipped off by a German communist printing Russian phrase books for The Wehrmacht.

It's that kind of detail that Beevor deals in. The average of four years of research he does for each book finds those kinds of gems. However, it's not all about the details. He doesn't shirk from the omnipresent sistery of war itself. It's a leitmotif of all his books.

The main character in this book is nature itself. The cold is an obvious factor: with the boots and helmets of Wehrmacht uniforms subject to frostbite. But there are also Huskies used as suicide bombers by The Red Army and mice that eat out the electrical systems of Panzers.

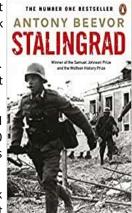
And that is again typical of the kind of ironic, cosmic humour of his books. Here, you'll read about the German chaplain spending a heavy bombardment playing classical music on a piano, in a specially dug trench. And also, Red Army troops failing to report the deaths of comrades. Which means a bigger vodka ration. Where they don't have vodka, they drink industrial alcohol. Some drink anti-freeze, filtered through a redundant gas mask.

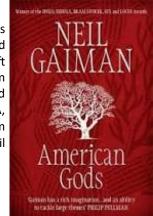
Stalingrad made Beevor a star in Russia. He was granted access to The Red Army archives for his next book, Berlin. The Molotov cocktail of turning in another book ahead of schedule; plus, details of what he found in his research caused a nervous collapse.

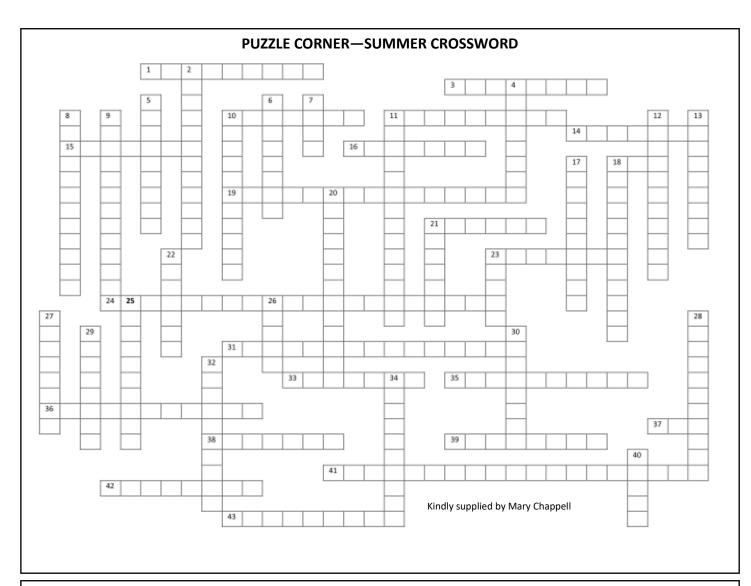
As a result of that book, *Stalingrad* is banned in Russia and he is under threat of prison if he ever visits. This is history, at its most vivid, horrifying and exhilarating. It should also serve the new reader to tread lightly to his other books. As I say, I've not read them all. Saving them for the next rainy day.

History exists in the past, the present and the future. We should all make an effort to learn from it.

#### Kev McCready







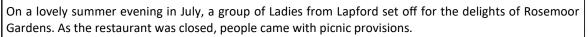
#### Across

- 1 An exciting holiday (9)
- 3 Lying in the sun to increase your glow (8)
- 10 Another word for beach (7)
- 11 Group of metallic instruments being played on a summer's evening (5,4)
- 14 We love to do this in places we have not been before (7)
- 15 The sport of Fistral Beach (7)
- 16 Packed bags of food for consumption later (6)
- 18 What we love to see on a summer's day (3)
- 19 A place to use up pennies on slot machines (9,6)
- 21 A sport using rackets (6)
- 23 A sunshade (7)
- 24 Preferred choice of food at Wimbledon (12,3,5)
- 31 Game played on the beach with a net (5,10)
- 33 Another word for vacation (7)
- 35 Seasonal fair (6,4)
- 36 Travels on foot and spot the wildlife (6,5)
- 37 Where the wild animals reside (3)
- 38 Quiet pastime that reveals a story (7)
- 39 At the beach you are asked not to feed these (8)
- 41 National Trust restore these (10,9)
- 42 Various flavoured frozen treats (3-5)
- 43 Pastimes that involve varying sized orbs (4,5)

Down

- 2 Go and see floral delights (5,7)4 Journey around the coast on water (4,4)
- 5 Enjoy a meal cooked by someone else (6,3)
- 6 Burger and sausage sizzle (8)
- Durger and sausage sizzle (o)
   Teignmouth and Paignton each bas on
- 7 Teignmouth and Paignton each has one of these (4)
- 8 Traditional meal used to be served in newspaper (4,3,5)
- 9 Social gatherings among the floral displays (6,7)
- 10 Architectural constructions on the beach (4,7)
- 11 A child's must have on the beach (6,3,5)
- 12 You are asked to observe the code when visiting these areas (11)
- 13 Large inflatable orb (5,4)
- 17 Shades for eyes (3,7)
- 18 Slap it on when out in the sun (3,3,6)
- 20 Glastonbury or Lapstock (5,8)
- 21 The Minack is an outdoor one (7)
- 22 A boat or yacht sporting event (7)
- 23 Liqueur served with lemonade, fruit and mint (5)
- 25 Crealy, Woodlands or Alton Towers (5,5)
- 26 You want to chill out on holiday (5)
- 27 Activity done in a pool or wild (8)
- 28 Activities done on the sea (5,6)
- 29 Tea, scones, cream and jam (5,3)
- 30 Glamorous camping (8)
- 32 This is done on the Tarka Trail and the Camel trail (5,5)
- 34 Time consuming amusements (10)
- 40 Enjoy the panorama (5)

#### LADIES PICNIC WITH MUSIC AND FLOWERS



Rosanna Ball, the musician for the evening, was already playing as we gathered and found each other having travelled there independently. People were seated around her and we noticed that some were disappearing and returning with chairs for themselves so we went off in pursuit to seek the source. They were being 'pinched' from behind a roped off area that forbad entry. I'm sorry to report that the Ladies took their cue from everyone else and were soon ducking under the rope and nabbing chairs with the best of them. I think this was our only misdemeanor of the evening. Once settled with our chairs, where we could hear Rosana playing and singing, we were very well behaved. She is an accomplished musician able to play a variety of stringed instruments. She also has a really lovely soft lilting voice and sang a lot of familiar songs from an earlier era, many of them gentle or slightly haunting love songs that seemed really suited somehow to the dreamy evening of sunshine filled with fragrance. I think Rosanna was really enjoying herself; she mentioned how refreshing it was to hear the applause and be reassured that people were liking what she was offering. Having found it really hard playing via the internet and not having any feedback, she said never again would she take applause for granted. After some time of simply enjoying the music, we realized that this was a good opportunity to picnic; we were on the fringes of those listening so no-one noticed us quietly tucking in. Our provisions were supplemented by some delicious strawberries provided by Pat W. We realised that it was in fact a bonus that the restaurant was closed because the setting was perfect for a picnic and we would have missed the music if we had been inside.

Gradually our group broke up into smaller pairings and wondered off to take in all the sights and scents. The main feature being promoted was the rose garden and it was certainly worthy of attention with such an array of colours and shapes too - surprising how much variation in detail can go into a broadly similar shape. My only disappointment was that whilst some roses smelt gorgeous, quite a lot seemed to me to lack that real rose scent. The other areas I really enjoyed were the wild flower meadows and the cool garden which had really filled out since I last saw it. I think the combination of the sound of the water and the patterns it weaves through the greenery together with all that carefully chosen colour is lovely. For much of the time while we wandered we could still hear Rosanna adding a musical back drop to everything.

Eventually it was time to make our way home after a very enjoyable evening and I found myself driving home very slowly with the songs still playing in my head. Our next get together is on September 16<sup>th</sup>, when we will meet at Lowerfield House (7.00pm) to meet the alpacas and hear about spinning. Please just come along if you are interested. You will be very welcome.

Sue Raffill



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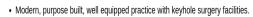
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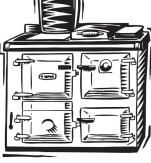
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Thursday 21<sup>st</sup> October—Join us and Gary Holpin for a photographic journey around the South West Coastal Path

Thursday 18<sup>th</sup> November—Christmas Table Decorations with Katie Turley

Thursday 16<sup>th</sup> December—Christmas Meal at the Old Malt Scoop



#### LOWER TOWN PLACE GARDENING GROUP

We are pleased to report that nearly all the young trees planted as a hedge along the car park boundary are looking very healthy. Any that have died will be replaced this autumn (a few seedlings are held in reserve).

The pink patches you may have noticed on the main areas of grass are caused by a fungus and this is being dealt with by the application of a general grass fertiliser, which should encourage stronger grass growth. A second application may be necessary in due course.

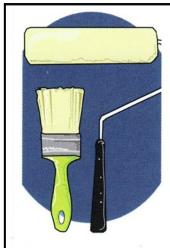
Wild flower seeds have produced a colourful display along the roadside boundary wall and areas of grass and wild flowers along the western boundary will be cut back later in the year when seeds will have been produced.

The plan is to plant a row of cordon apple trees along the roadside fence, this to be done in the autumn. These have been grafted onto dwarf rootstocks by Ron Harle. We still have a number of grafted trees available (on dwarf root stock) if anyone would like to avail themselves of any.

If anyone would like to donate the money for another picnic table, please get in touch with me.

Anyone else who would be interested in helping out with any maintenance/gardening jobs would be more than welcome to join in. Again, please contact me.

Andy Epstein (amepstein55@gmail.com)



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#### SILVER WEDDING ANNIVERSARY 14/09/2021 PASSMORE—BRUCE AND DENISE

Congratulations and many best wishes to a very special couple.

With all our love From Mum, Jeanette and Mike, Martyn, Charlotte and Oliver, Shane, Sadie, Grace and Louise xxxx

#### CONGRATULATIONS!!

To my Son and Daughter-in-law and to Our Brother and Sister-in-law BRUCE AND DENISE PASSMORE (nee Stentiford) on your SILVER WEDDING ANNIVERSARY (25 years) Married on the 14th of September 1996

Wishing a very special couple a wonderful day and also wishing Denise a very happy ( 😐 😐 ) birthday

With lots of love to you both

From Mum, Grace and Trevor





#### The League of Friends of Crediton Hospital and its Community Patients

#### HOW WE MAY HELP

The League of Friends of Crediton Hospital and its Community Patients (L.O.F.) is a local, Crediton based charity, that is able to offer modest grants to groups or organisations in the town, and surrounding villages, who are in need of some financial assistance, and whose main aim is to support health and wellbeing.

If you belong to a local group that meets this criterion, then please download a grant application form at www.crediton-hospital-lof.com or email secretary@crediton-hospital-lof.com and request one. You may then be invited to give a brief presentation at a future committee meeting, after which a decision will be made.

#### AUGUST PUZZLE CORNER ANSWERS NAUTICAL TERMS

- 1 The front of a vessel. Bow
- 2 The central structural member used in a ship's hull construction. Keel
- 3 A unit of speed equivalent to one nautical mile per hour. Knot
- 4 A unit of length, usually equivalent to three nautical miles. League
- 5 The left-hand side of a vessel when facing forward. Port
- 6 The system of lines and masts on a sailing boat. Rigging
- 7 The right-hand side of a vessel when facing forward. Starboard
- 8 A line to show where the level of water should reach when a ship is properly and fully
- loaded. Plimsoll Line9 A measurement (principally of depth) equivalent to six feet. Fathom



10 A ship's kitchen. Galley

#### WHATEVER IS WRONG WITH THIS VILLAGE?

I can't understand the attitude of most people in this village. I've been here for a while now and I'm having a real problem. Where I came from it was different. In what way different? Well, where do I start? Let's see.

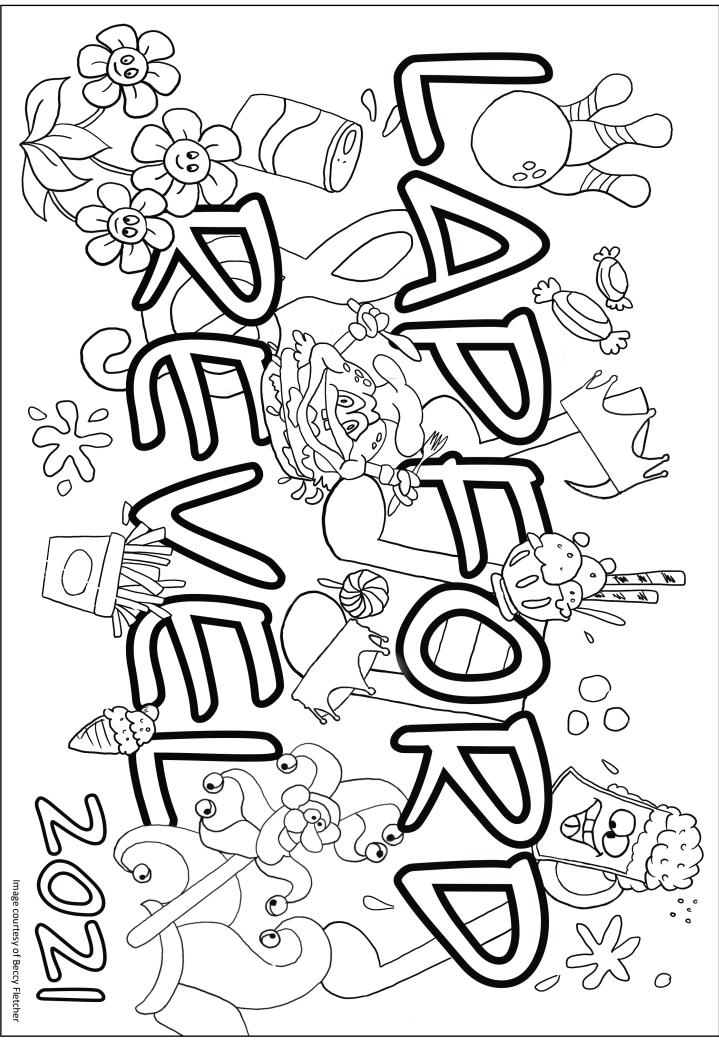
Okay, take dog mess for example. What dog mess, you say? Well, exactly! Where are the frequent piles of the stuff for me to complain about? I'm lucky if I find just one occasionally on my daily walks. It stands out precisely because it's so rare. Why do people have to be so reasonable and considerate making sure they clear up after them? I've not even managed to catch anyone leaving any on my garden and you can be sure I'm right there keeping a beady eye on anyone who walks by with a dog, ready to rant at them if they give me half a chance. Then there is the litter. I'm pretty eagle eyed and on the lookout whenever I'm out and about but it's very rare that I find any. People use the bins! Sometimes there is litter in the hedgerows going out of the village but I can't have a moan about that because presumably that's from people who don't live here but have bought snacks at a shop and discarded what they don't want. No satisfaction in moaning if the people it's about don't see it. Maybe there is the odd bit occasionally but not enough for me to really let rip about and anyway, some group or other goes and organises a litter pick regularly leaving me with nothing to criticise! And what about the neighbourliness? I expected narrow minded, introverted suspicion of anyone new which would have given me a good opportunity to complain, but I met with friendly smiles and one unknown lady who actually accosted me soon after I'd arrived specifically to welcome me to the village! When we had lockdown, there was an unseemly rush to organise support for people instead of it being everyone for themselves. There were people collecting things for others, people doing food boxes, running errands, taking dogs for walks. Nothing but kindness and a willingness to help everywhere. Some of those getting involved with the helping and getting involved with village organisations were relative newcomers. Where I came from these ungrateful so and sos liked to swan into the village and sit back doing nothing while enjoying all the benefits that they hadn't helped to create. They gave me plenty to have a go at. Here, new people offer to get involved, actually being prepared to give their time for nothing! (Sorry about all the exclamation marks but I can't understand it.) It seems they simply want to help and do something in return for living here. Extraordinary. There's even a whole house given over to helping the community with volunteers cooking and cleaning and having time to listen. What is the matter with them all?

I did have hope of a good shindig recently when it looked as though a battle was hotting up over dogs on Lower Town Place. Now we'll have some upsets, I thought, gleefully. But no, someone stepped in and offered to provide a space for conversation to see if agreement could be reached. Spoilsport! Instead of settling for sniping away on social media (a great place for attacking people and stirring up a lot of aggravation without having to do anything or say who you are – right up my street), people sat down, actually talked to each other and managed to resolve things without drawing blood. All very boringly civilized; no excitement or fisticuffs at all. Very dull and offering no scope for me to write indignant letters about anti-social behaviour.

And now they have even managed to start up a youth club again so I can't complain that no-one does anything for the kids! Perhaps, there will be a bit of noise on youth club nights so that I can have a good gripe about unruly hooligans running riot.

But that's very poor pickings. Generally, it's hopeless. All I want is a good whinge and there is just not enough material in this village. It's a great place, in beautiful surroundings full of lots of lovely people. I'm disgusted. Don't they realise they are depriving me and making me miserable!

#### Disgruntled of Lapford (name supplied)



#### LAPFORD PARISH COUNCIL NOTES AUGUST 2021

Please note this is a summary of the main points of interest. A copy of the draft minutes will be made available on the Lapford village website, and on the notice boards in the Orchard Centre and in the Ark.

The Council met on 4th August 2021 in the Victory Hall and three members of the public attended.

- One of the three councillor vacancies on the parish council has been filled by the co-option of Pat Gowie and there was an advertisement in the August Lapford Lookout explaining how to apply.
- The Parish Council has a new website, which will hopefully go live before this Lapford Lookout goes to print. This website will be where you can see the Parish Council activities and news being reported, but the intention is to be able to link from this to the other community sites for Lapford.
- A new replacement Parish Clerk is still needed. Rob Martin has been our Locum Clerk for some months now and needs to get on with his life. If you fancy earning some cash and would like to undertake this, please contact Rob or the Chairman, Peter Heal.
- A revised traffic order notification has been received blocking the road through the village for several days starting from 9<sup>th</sup> September 2021, which will allow the Revel to take place unhindered by road works.
- The Lapford Youth Playing Field Trust (LYPFT) has brought a report to the Parish Council looking for assistance with improving facilities for young people. A project Plan is to be put together to see how this could be achieved with the LYPFT and the Parish Council working together.

#### **DRIVING ON COUNTRY ROADS**

It's often pleasant taking back roads as opposed to main roads, as an alternative route, particularly if we have time and can appreciate a more scenic and often rural view. Many drivers prefer taking the A303 towards the Southeast, as opposed to the M5/M4, and others prefer to just get there as soon as they can, as fast as they can.

However, country roads come with their own set of challenges, not least unexpected hazards, loose animals, horseback riders, agricultural vehicles, potholes, broken road edges, and a lack of upkeep as these roads are way down the list of maintenance priority under A roads. Not to mention other road users approaching us at speed, which can be intimidating for many not used to such roads regularly. Country road driving is now an integral part of learner driver training and testing as many accidents with new full licence drivers used to happen on country roads.

As we turn from summer to autumn and winter, we need to adjust to driving differently with wet roads, decomposing leaves which can cause skidding, mud from fields, puddles etc, and therefore our speed in these roads, to ensure we keep ourselves and others safe. Remember if your car is travelling at 30mph and you 'meet' another coming at 30mph, your collision speed is 60mph on impact.

Our judgement of appropriate speed, spatial awareness and reversing skills come into their own here, as we may be called upon to use all of these. We should be confident to reverse for larger towing vehicles, such as tractors and trailers, high sided smaller vans, and lorries which have limited rear visibility and may only have side/door mirrors with a restricted reversing view. Many professional drivers use left and right door mirrors to judge space either side of their vehicles, checking from side to side frequently and have no rear view mirror to help position. Remaining at a slow, steady speed rather than rushing is best; to give all concerned time to assess space, position and any potential hazards. Others will put their hand behind the passenger seat and look straight back through the centre of the car, and remain in that position the full way, one handed. Provided it's safe, and controlled, that's all that matters.

The Highway Code says that on steep gradients, the driver going uphill has priority over the driver going downhill, (rule 155), so should be able to reverse back far enough, safely and under control, to a suitable passing place. We need to consider both vehicles size when choosing a suitable space and also whether we are being followed by one or more vehicles ourselves. The vehicle with fewer following is usually the best to reverse back in this case, depending on the width of the road.

But all of this requires all drivers' co-operation and patience for a successful outcome.

I am a great advocate that if the other driver doesn't offer to reverse, then they be patient whilst the one reversing goes at a pace they feel able to control the car and keep safe. All drivers vary in road confidence, based on age and driving experience. Many learners can reverse quite well, but need time and patience to process what they are about to do, with an audience, and time to think about what they are going to do without feeling pressured to rush it. Older drivers may feel the same, and again take time to carry out a reverse. So if you can be patient, and are able to reverse for others, wait a little while and give the other driver chance to prepare themselves, but if they feel unable, be prepared and willing to help out and offer yourself.

Much of this will be common sense to many reading, but mutual driver co-operation on tight roads goes a long ways to making life and journeys more bearable and enjoyable.

Happy, safe driving

Liz @ LJ's Learners

#### FREE SUPPORT TO HELP FARMERS NAVIGATE THE AGRICULTURAL TRANSITION

Business Information Point is providing free, tailored one to one advice, webinars, and business skills development workshops to help farmers and land managers navigate the changes brought about by the Agricultural Transition.

Between 2021 and 2027, the government will gradually reduce and then stop Direct Payments. Instead, farmers will be supported to improve the environment, improve animal health and welfare, and reduce carbon emissions.

The move away from Direct Payments will be a big change for some farmers, so they will happen over a 7-year transition period to give time to plan and adjust. The Future Farming Resilience Fund has been funded by Defra to allow us to support farmers and land managers with this transition.

The support is free and available from September 2021 to February 2022 to any farmer or land manager currently in receipt of BPS payments and we can support farmers throughout Devon and Somerset.

Initially we will be running free, local workshops to discuss the changes coming through the transition and look at new funding options, as well as planning strategies for the future, such as diversification and productivity improvements.

The workshop we are running locally is on Thursday, 23<sup>rd</sup> September, 7pm to 9.30pm at The Lamb Inn at Sandford and includes a free buffet and refreshments.

Business Information Point has been supporting farmers since we began over 25 years ago and have built up a wealth of experience and expertise across all farm business types. Through this free support, we can tailor the advice to your specific needs and prepare you for the changes ahead.

For full details of the support and to register on any of the workshops please visit our website - <u>https://</u> <u>businessinfopoint.co.uk/ffr/</u> or call 01837 659 059.

#### **MY FIRST LAPFORD REVEL**

Our first Revel experience was in 1955. We had moved into the village the previous autumn from Exeter.

We dashed off the school bus from Chulmleigh and went home to Bugford to find some fancy dress, having been told that everyone must go in fancy dress.

Having no idea of the stiff competition, my brother Stephen, aged 9, decked his bicycle in corrugated cardboard and used rolls of sticky tape to produce a Heath Robinson Nautilus – A Nuclear Submarine – which he painted grey and it was quite good when he left home. But the bike would not manoeuvre well and, after falling in the hedge about six times on the main road, a tearful Stephen arrived at the Church Green with a bike and lots of torn cardboard.

My sister and I were not so ambitious. Two colanders from the kitchen on our heads with knitting needles poking out, we were Sputniks. We did not win a prize and remember being impressed with other people's outfits.

However, we had a super tea. Cutrounds and cream, lovely cakes, and plenty of squash served by the ladies branch of the British Legion.

There was scrambling for pennies and sweets on the Green, followed by skittles.

On Sunday we went to Church for the Patronal festival. There was a visiting preacher and we learnt for the first time about the martyrdom of Thomas Becket, Archbishop of Canterbury. How he had resisted Henry II over the custom of giving sanctuary in the Church. So bad was the disagreement with the King that Thomas had to flee to France for six years. He returned and, on 29<sup>th</sup> December 1173, when he was praying in a side chapel of Canterbury Cathedral, four Knights stepped out of the darkness and one of them struck Thomas across his head with a sword.

For nearly 400 years St. Thomas' shrine at Canterbury was one of the three or four greatest Pilgrim resorts of Europe.

July 7<sup>th</sup> was the date of the Translation or removal of Thomas' body from outside the Cathedral to a place within the Cathedral where his shrine was built.

An elaborate mediaeval casket holds his bloodstained shirt and it is still held at the Vatican in Rome. Recently I heard that Thomas was a tall man, six foot in stature.

The 7<sup>th</sup> July was the date of his Translation and that is why, in medieval times, the Revels were held in summer instead of the 29<sup>th</sup> December when it was winter.

#### Sheila Stoneman







## LADIES OF LAPFORD MEETINGS (LOL)

Please come and join us, new members are always welcome

## Thursday 16<sup>th</sup> September 7.30pm at Lowerfield House

Come and meet Sandra's Alpacas and spinning demonstration

### Thursday 21<sup>st</sup> October 7.30 at The Ark

Y

Come and join us and Gary Holpin who talks us through his photographic journey around the amazing South West Coastal Path



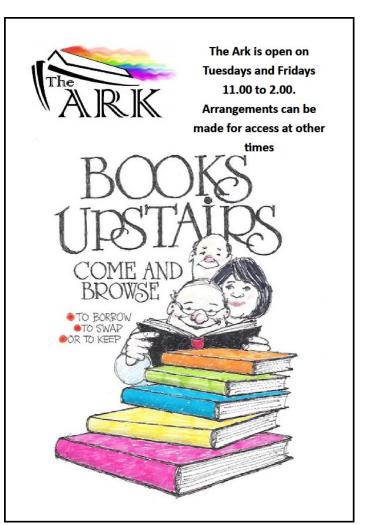
After judging, the show will be open to the public from 2pm. Cream teas will be available in the Hall, provided by the ARK.

For further information contact Trisha Mumford 01363 83911

#### Art Trail IIth – 26th September 2021 <sup>Venue 71</sup> Celia Olsson Bondleigh Celia makes loose, colourful watercolour and mixed media paintings. Open 11-6, Mon-Weds & DEVON Fri-Sat. celiaolssonartist.co.uk **OPEN** STUDIOS Venue 72 Janet Jarvis lanet makes naintings of Devon's amazing farm animals, wildlife and pets. Open 10-5, Mon-Sun. Look out for the ianetiarvis.com yellow signs! Ruth Helen Smith Ruth has been making oil paintings that celebrate local produce and how it can enrich community. Open 10-5, Mon-Tues, Thurs-Sat, & 1-5 NorthSun. ruthhelensmith.co.uk Tawton Venue 74 Art Scribe Reg and Emma will be demonstrating their process for making artist quality watercolour paints. Open 10-5, Fri-Mon. Demonstrations 2-4 Sat & Sun. artscribe.uk Venue 16 Rosie Brewer Rosie works in wood and ceramics. Drop in for pinch-pot making sessions and have your creation fired and glazed for just £5! Open 10-5, 17th-20th & 24th-26th, rosiebrewer.com Ť Bow Shining the spotlight on artists and makers in Devon

**Devon Open Studios** 

North Tawton, Bondleigh and Bow



#### LAPFORD DOG CLUB



At end of July nearly three hundred competitors descended on fields at Southcott XC outside Winkleigh for two days of dog agility organized by Lapford Dog Club. After running a successful one day show at the same venue before Covid, the Committee decided that they could extend it to a

second day. Permission was obtained for camping on the site, and very quickly, over 70 places were taken. It was good to get back to some sort of normality after the lockdowns and other restrictions. After overnight showers, the weather was kind to us, and just right for running dogs. To finish off the Saturday evening the campers and others enjoyed chilling

listening to Paul Adams singing as the sun went down. The Club was overwhelmed by the compliments they received, and the event is now firmly on the agility calendar. For a relatively small club it is quite a big task to run a two day show like this, but we are lucky to have a great group of willing helpers; and also grateful to Orchard End Kennels and Tuckers for their support and sponsorship.

The Club continues to be busy with its regular weekly activities, as well as an assessment evening for the Kennel Club Good Citizens Bronze award. We are also organising the Dog Show at the Revel, and look forward to seeing old and new friends there.



Fern

#### Trisha Mumford

#### LAPFORD REVEL 1951?

#### ?, ? (just heads)

Left to right: Una Cousins, Mary Hammet (Rainbow), Ann Gunn, Stella Lewis. Left to right: Colin Rickerby?, Margaret Rookes (dark hat), Janice Gunn, Howard Gale, ? Left to right: Mary Burfitt?, Barry Bowring, Rosemary Manning (Red Riding Hood), Barbara Bradford, Norman Gale (Elf), Barbara Rookes, Sylvia Spear.



Photo courtesy of Ann Cann. Additional help provided by Evelyn Passmore. Can anyone else fill in the gaps?



#### NATIONAL BLOOD SERVICE



Donations can be made at Boniface Centre, Crediton, On Tuesday 26th October and Tuesdays 9th and 16th November at 13:10 to 19:15



Call the donor helpline on 0300 123 23 23 for more information or to check for cancellations

Do something amazing - Give Blood!



CAT Preschools is a director-led CAT Preschools Chulmleigh, East Worlington and Lapford Preschools.

#### Lapford Preschool

Care for 2 - 5 year olds Monday - Friday, 9.00am - 3.30pm Wrap around care is available through the school

Please call Lorraine Kigongo on 01363 83162 or email lkigongo@catpreschools.co.uk for further information and to arrange a visit. We are registered to take 2vr old and 3 / 4 year old

funded children at all of our settings. We are registered for 30 hours funding.

- We are open term time only -

#### **DEVON MOBILE LIBRARY STOPS**

## Devon Libraries

Lapford Orchard Way: 13.30-14.55 School: 15.00-16.00

#### Nymet Rowland

Opposite Village Hall: 12.30-12.50

Every 4 weeks on Tuesdays September 14th, October 12th, November 9th and December 7th.

#### **BLACKBERRY AND APPLE FOOL** [4 – 6 portions]



www.sustainablecrediton.org.uk

1 lb (500g) peeled and cored cooking apples 1/2 lb (250g) blackberries 2 oz (50g) sugar squeeze of lemon juice

¼ pint (150ml) lightly whipped double cream

Cook the fruit in a saucepan with the lemon juice and sugar until soft. Rub the cooked fruit through a sieve. When cold, blend with cream. Spoon into serving bowls or glasses and chill in the fridge before serving. Garnish with blackberries and a mint leaf. A rich buttery shortbread is good with this fool.

**Paul Cleave** 

#### LAPFORD LOOKOUT ADVERTISING RATES AND POLICY

Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, payable in advance, are:

One eighth page: One quarter page: One half page: Whole page:

£6 per month. £12 per month. £24 per month. £48 per month.

Pay for 12 months and you get one extra month, FREE! Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.







### lapfordlookout@gmail.com

welcome

Deadline for inclusion in the next issue: 6 pm on the 14th September for inclusion in October issue



#### LIBRARIES UNLIMITED **BOOKS ON WHEELS**

Do you have difficulty in getting to Crediton Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking

books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.



Peter Westcott - Telephone: 01363 83525



#### NEED TRANSPORT **TO YOUR MEDICAL APPOINTMENT?**

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

- Bow Medical Centre £5
- Chiddenbrook Health Centre £5
  - Chulmleigh Dental Practice £5
  - Chulmleigh Health Centre £5
- Crediton (Breast Screening) £6
  - Crediton (Covid jab) £6
- Crediton Community Hospital £5
  - Morchard Bishop Surgery £3
  - New Valley Health Centre £6
    - Winkleigh Surgery £5

We have LVCA drivers available to take anyone to have their Covid vaccination. Please contact Grace as above.

## IN CASE OF AN EMERGENCY IN LAPFORD





Parish Council Contact: Sue Briant-Evans - 01363 83763

Village Contact: Roy Trevaskis - 01363 83742

South of Taw/A377 Contact: Sue Briant-Evans - 01363 83763

#### USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
   CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings
   @Devon ~ Exeter: 07990 790 920 or
   Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



LAPFORD OUTREACH POST OFFICE



OPENING HOURS:

Monday9.00 - 12.30Wednesday9.00 - 12.30Friday9.00 - 12.30

#### LAST POSTING TIMES AROUND THE VILLAGE

Eastington Cross Woodland Cottage Industrial Estate Highfield Orchard Way Saxtons Morchard Road Mon-Fri Saturday 4.30p.m. 11.00 a.m. 9.00 a.m. 7.00 a.m. 9.00 a.m. 7.00 a.m. 4.00 p.m. 10.15 a.m. 9.00 a.m. 7.00 a.m. 10.15 a.m. 4.30 p.m. 5.00 p.m. 11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

Cllr Peter Heal (Chair)	Ashlands, Lapford, EX17 6AE	Home - 01363 884277 / Office - 01363 775467 peter.heal@btconnect.com
Cllr Sue Briant-Evans (Vice Chair)	Edgerley Cottage, Lapford, EX17 6AH	01363 83763 / susanbriantevans@gmail.com
Cllr Roy Andrews	Old Bakery, Park Road, Lapford, EX17 6QJ	07969 823256 / roy.andrews1950@icloud.com
Cllr David Davenport	Pleasant Cottage, Lapford, EX17 6PZ	01363 884236 / daviddport@gmail.com
Cllr Julie Down	Rafters, Lapford, EX17 6QP	01363 83356 / julielpc@hotmail.com
Cllr Pat Gowie	Honeysuckle Cottage, 1 Park Road, Lapford, EX17 6QJ	07722 426650 / patgowie@btconnect.com
Cllr Stacey Lumsdon	~	07891 556884 / staceyannlumsdon@gmail.com
Cllr Alex Shapland	13 Highfield, Lapford, EX17 6PY	alex1990shappers@hotmail.com
Vacancy	~	~
Vacancy	~	~
Parish Clerk - vacancy	~	lapfordpc@live.co.uk
District Cllr Clive Eginton	6 Moortown, Chawleigh, Chulmleigh, EX18 7EU	01769 580830 / ceginton@middevon.gov.uk
County Cllr Margaret Squires	Frostland Farm, Copplestone, EX17 5NY	01363 84337 / margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

LAPFORD PARISH COUNCIL, ETC

Lapford Lookout

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NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
LAPFORD EMERGENCY RESPONSE		07966 144772 / help@lapfordvillage.co.uk
TEAM - CORONAVIRUS LOCAL HELP		Facebook: Help the Vulnerable in our Community (Lapford)
Adventure Gaming	Mr Warren Clayburn	01363 83095 / wmclayburn@gmail.com
Beginners Ballroom Dancing	Mr Steve Munday	07798 684225 /steve@lowerfieldhouse.co.uk
Banyu Hatten Aikido	Mr Geoff Flather	01363 83355 / bhaikido@googlemail.com
Books on Wheels	Mr Peter Westcott	01363 83525 / pj.westcott@btinternet.com
Friends of Langannerie (twinning)	Mr Peter Henshaw	01837 89070 / petehenshaw@yahoo.co.uk
Friends of Lapford Mill	Mr Alex Gater	07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Kirsty Wensley	07977 825814 / kirstywensley4@gmail.com
Heart for Lapford Strategy Group (H4L)	Secretary	heart4lapford@aol.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Ladies of Lapford (LOL)	Mrs Joy Quickenden	01363 83245 / joyquickenden@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford and District Pre-school Playgroup	Mrs Lorraine Kigongo	01363 83162 / lkigongo@catpreschools.co.uk
Lapford ARK	Miss Briony Clinch	01363 83788
Lapford Association Football Club	Mr Niall McAreavey	01363 83733 / lapfordafc@gmail.com
Lapford Book Club	Mrs Jill Doe	01363 83410 / sunnyside@jilldoe45.plus.com
Lapford Choir	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Community Church	Miss Briony Clinch	01363 83666 / admin@lapfordcc.org.uk
Lapford Community Primary School	Mrs Clare Wilmott	01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Mr Peter Lacey	01363 884230 /
Lonford Dog Club		lapfordcongregationalchurch@gmail.com
Lapford Dog Club Lapford Emergency Action Plan Committee	Mrs Sara Thurgood	01363 83081 / info@lapforddogclub.co.uk
Lapford Emergency Response Team	Mrs Sue Briant-Evans Mr Alex Gater	01363 83763 / susanbriantevans@gmail.com
Lapford Foodbank	Mrs. Briony Clinch	07815 795918 / alex@lapfordmill.uk 01363 83788
Lapford Handbell Ringers	Mr Steve Munday	07798 684225 / steve@lowerfieldhouse.co.uk
Lapford High 5 (ages 7-12)	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club	Mrs Trish Mumford	01363 83911 / james@mumfordj.plus.com
Lapford Gardening Club (Shows)	Mrs Jeanne Whittaker	01363 83068 / jeanne.whittaker@btinternet.com
Lapford Lookout	Mrs Beccy Fletcher	01363 884211 / lapfordlookout@gmail.com
Lapford Meat Bingo	Mrs Jayne Grover	07900 477247
Lapford Pilates	Steph Heard	07773 010512 / steph.instructor@talktalk.net
Lapford Over 60 Club	Mr Ron Kercher	01363 83810 / lapfordover60@yahoo.com
Lapford Parish Church	Mrs Joan Graham	01363 83047 / jemg47@aol.com
Lapford Poppy Appeal Organiser	Mrs Caroline Noon	01363 83863 / lapford.pao@gmail.com
Lapford Project 2000	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Regeneration Committee	Mr Ian Hemsworth	01363 884460 / i.hemsworth@btinternet.com
Lapford Revel	Mr Alex Gater	07815 795818 / alex@lapfordmill.uk
Lapford Revel Volunteers	~	revelvolunteers@gmail.com
Lapford Victory Hall & Lower Town Place Bookings	Mrs Joanne Cann	07803 002910 / jocann@btinternet.com
Lapford Village Archive	Mrs Jeanne Whittaker	01363 83068 / jeanne.whittaker@btinternet.com
Lapford Voluntary Car Aid	Mrs Grace Hill	01363 83178 / lvca2011.19@gmail.com
Lapford Youth Club	Mr Steve Keable	07967 655045 / steevekeable@btinternet.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07969 823256 / <u>r.andrews1950@icloud.com</u>
Lapstock	Mr Steve Keable	07967 655045 / steve.keable@btinternet.com
Lower Town Place Gardening Group	Mr Andy Epstein	amepstein55@gmail.com
Nymet Rowland Village Pump	Liz and Roland Smith	01363 884446 / pump@incywincyweb.com
Save Our Heritage Lapford	Mrs Donna Egan	01363 83732 / donnaegan84@gmail.com
Springers 4's and under	Mrs Caroline Gilpin	01363 83674 / caroline@gilpin.eclipse.co.uk
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83150 / pruelambert@yahoo.co.uk

#### OH, TO BE AS FREE AS A BIRD!

Recently I have spent a lot of time in my garden room enjoying the antics of the young birds still emerging. I feel really lucky to live in a place where nature is thriving and given me so much pleasure, and I wanted to share my favourite pictures with you.

#### Hazel Morgan



Lapford Lookout