



LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER



On Line Issue

May 2020

Dear Readers,

With sadness, the Editorial Team has decided to suspend production of the Lapford Lookout for the foreseeable future. This will be the first break in production since our very first issue back in May 1998.

All adverts will be carried forward so that our advertisers are not disadvantaged. Please continue to support them wherever possible.

The situation is evolving rapidly and we are unable to say when the next Lapford Lookout will drop through your letterbox, but please rest assured—we will be back.

In the meantime, if you find you have some spare time at the moment, why not put pen to paper or finger to keyboard and submit a contribution to the Lapford Lookout? Non time-related contributions are still welcome and will be retained for future use.

Stay safe.

DO YOU NEED HELP?

LAPFORD EMERGENCY RESPONSE TEAM

Please contact the Village Support Network on their dedicated telephone number: 07496 144 772

Or email help@lapfordvillage.co.uk

CAN YOU OFFER HELP?

email icanhelp@lapfordvillage.co.uk



YOUR VILLAGE NEEDS YOU!



YOU NEED YOUR VILLAGE!

IN CASE OF AN EMERGENCY IN LAPFORD



**KEEP
CALM
AND FOLLOW THE
EMERGENCY
PLAN**



Parish Council Contact:

Ian Hemsworth - 01363 884460

Village Contact:

Roy Trevaskis - 01363 83742

South of Taw/A377 Contact:

Sue Briant-Evans - 01363 83763

USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0845 1551004
- Mental Health Support Out of Hours ~ The Moorings
@Devon ~ Exeter: 07990 790 920 or
Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561

TO CONTACT THE EDITOR

Write to:

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Tel: (01363) 83255

E-mail: lapfordlookout@btinternet.com

By hand: Use the box in The Orchard Centre or
the Editor's letterbox

**There will be no Lapford Lookout until further notice.
Non date relevant contributions are still welcomed
and will be retained for future use. We will be back!**

Contributions are welcome, to be used at the Editor's discretion.

NEED TRANSPORT TO YOUR SURGERY APPOINTMENT?



Lapford Voluntary Car Aid 2011

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made,

by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

New Valley Practice, Newcombes, Crediton - £6

Chulmleigh Health Centre & Dental Practice - £5

Bow Medical Centre - £5

Winkleigh Surgery - £5

Crediton (Hospital) - £5

Crediton (Breast Screening) - £6

Morchard Bishop Surgery - £3



NATIONAL BLOOD SERVICE

Coronavirus—latest updates



You can still travel to donate. Giving blood and platelets is essential to the NHS and vulnerable patients. Please keep donating.

Travelling to donate is permitted because it helps meet the medical needs of vulnerable people. Hospitals need our blood supply now and in the coming weeks more than ever.

Please keep your appointment if you can, or make a new one for the future. Coming to give blood is considered essential travel for the NHS.

If you have checked our coronavirus advice and are able to donate, there is no reason to postpone.

Find out more at www.blood.co.uk,
or call the donor helpline on 0300 123 23 23
for more information or to check for cancellations

Do something amazing - Give Blood!

Wash your hands of coronavirus scams!

Friends Against Scams aims to protect and prevent people from becoming victims of scams.

Be aware of people offering or selling:

- Virus testing kits - these are only offered by NHS.
- Vaccines or miracle cures - there is currently no vaccine or cure.
- Overpriced or fake goods to protect yourself from coronavirus such as anti-bacterial products.
- Shopping or medication collection services.
- Home cleaning services.

Protect yourself and others:

- Don't be rushed into making a decision. If it sounds too good to be true it probably is.
- Only purchase goods from legitimate retailers and take a moment to think before parting with money or personal information.
- Don't assume everyone is genuine. It's okay to reject, refuse or ignore any requests. Only criminals will try to rush or panic you.
- If someone claims to represent a charity, ask them for ID. Be suspicious of requests for money up front. If someone attempts to pressurise you into accepting a service they are unlikely to be genuine. Check with family and friends before accepting offers of help if you are unsure.

Be a good friend,
help to protect
your family, friends
and neighbours
from scams.

**Read it.
Share it.
Prevent it.**

#Coronavirus
#ScamAware



Contact

For advice on scams call the
Citizens Advice Consumer Helpline on **0808 223 11 33**
To report a scam call Action Fraud on **0300 123 2040**
Contact your bank if you think you have been scammed.

**NATIONAL
TRADING
STANDARDS**

Scams Team

To learn more about the different types of scams visit www.FriendsAgainstScams.org.uk