



LAPFORD LOOKOUT

YOUR LOCAL MONTHLY NEWSLETTER



Year 24 Issue 11

November 2021

Lest we forget

Sunday 14th November

Remembrance Eucharist: 9.30 a.m. in the Parish Church

Act of Remembrance: 10.45 a.m. at the War Memorial



L.A.D.S. Presents

A Christmas Variety Show!

10th & 11th of December

The Victory Hall! Curtain up at 7.30pm

Tickets £12 includes Two Course Hot Supper

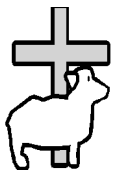
Licensed Bar

Tickets contact Ian Wilkie

01363 83437 / 07484 844 899

Doors open from 7pm





CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU TO:



THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

Vicar: The Reverend Robert Gordon - (e) vicar.ncw@gmail.com

Churchwarden: Joan Graham - (e) jemq47@aol.com (t) 01363 83047

1st, 2nd & 3rd Sundays – Lay Led Morning Prayer – 9.30 a.m.

4th Sundays – Common Worship Eucharist – 9.30 a.m.

5th Sundays – See announcements on Church notice board

The Church is open for private time on Wednesdays between 9.00 a.m. and 12 noon

ALL ARE WELCOME - REFRESHMENTS SERVED AFTER SERVICES

Forthcoming events for your diaries

Sunday 14th November - REMEMBRANCE SUNDAY

9.30 a.m. Churches Together Eucharist

10.45 a.m. Act of Remembrance at the War Memorial

Saturday 4th December – Mince Pies, Coffee Morning and Grand Hamper Draw in the Victory Hall 10.30 a.m. – 12 noon

Friday 24th December – CRIB SERVICE 4.00 p.m.

Saturday 25th December – Christmas Eucharist 10.30 a.m.



LAPFORD CONGREGATIONAL CHURCH

Services every Sunday at 11.00am

Communion will be held on the second and fourth Sundays

Contact: Peter and Viv Lacey - Tel: **884230** or Cat Seymour (Youth and Family Worker) - Tel: **884432**

Pastor Caroline Stott - Tel: **01404 831965** - email: caroline.stott2@btinternet.com

www.facebook.com/lapfordcongregationalchurch



Preachers:

7th November - Jimmy Powell

14th November - Rev. Caroline Stott

21st November - Rev. Caroline Stott

28th November - All Age Family Service

5th December - Merril Archer

Events:

3rd November Puppet Workshop, 3.30pm

10th November Puppet Workshop, 3.30pm

13th November Christmas Fair, Victory Hall 2.00pm-4.00pm

17th November Puppet Workshop, 3.30pm

24th November Puppet Workshop, 3.30pm



LAPFORD COMMUNITY CHURCH

Meets every Sunday morning at 10.30am in the Victory Hall

4th Sunday of the month is Family Service

Bible Study on Tuesdays 7.30pm and Fellowship Group on Wednesdays 7.30pm

Contact: Briony Clinch - Tel: **83666**

<https://www.lapfordcc.org.uk/>

Please visit our website for information about the Foodbank and ARK.
You will also find lots of information about Church activities and on-line services.

All the Churches welcome everyone to any of their services and social events.

We look forward to fellowship with you.



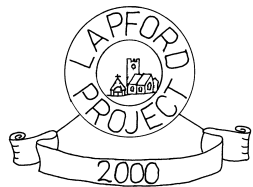
MESSAGE FROM THE EDITOR

Wow, another packed issue! This publication has been such a pleasure to work on, particularly when we see so many more village events requiring space and the 'Dates to Lookout for' list getting longer every month. Such a wonderful community to be a part of, especially on the run up to Christmas.

On a different subject, the dog show article on page 4 of this issue was sent in prior to the October Lapford Lookout copy deadline and was requested to be included in that issue.

It was not printed last month as our Editorial Policy allows the right of reply and therefore it was delayed until this issue. The other parties have declined to respond within this publication and are liaising directly with the Dog Club.

Beccy



LAPFORD PARISH COUNCIL

Unfortunately there are no notes of the October meeting of the Parish Council this month as the meeting was postponed until 20th October which is after our copy deadline. We hope to include notes from both October and November in next month's issue.

LAPFORD LOOKOUT



Contributions
welcome



lapfordlookout@gmail.com

**Deadline for inclusion in the next issue:
6.00 pm on the 14th November for inclusion in
December issue**

Lapford Lookout Website Developer

The Lapford Project 2000 Committee (LP2K) is looking for someone with the skills, time and energy to build a new website for the **Lapford Lookout** and the **Lapford Village Archive**.

While the Lapford Lookout is available on the Lapford Village Website the LP2K Committee need to do so much more to make a large library of past Lapford Lookouts and their wealth of stories that are of historic interest.

LP2K is also in the process of cataloguing the extensive archive of written, photographic and audio materials based at the Orchard Centre.

For both tasks we seek someone who can assist with a new website.

If you are interested or know someone who would be prepared to take on this role then please contact the team through the Lapford Lookout contacts or for an informal conversation with LP2K Chair write to steve.keable@btinternet.com or call Lapford 83200.

LAPFORD LOOKOUT DATES TO LOOKOUT FOR

November 2021

- 9th Garden Club Meeting, The ARK, 7.30pm
- 11th Lapford Over 60's, Outing to Endsleigh Garden Centre and Buckfast Abbey, 9.30am
- 13th Congregational Church Christmas Fayre, Victory Hall, 10.00am
- 14th Copy deadline for December Lapford Lookout 6.00pm
- 17th Revel Cheese and Wine Evening, Victory Hall, 7.00pm
- 18th Ladies of Lapford, Christmas Table Decorations
- 20th The ARK Christmas Fayre, The ARK, 10.00am
- 24th Lapford Church Green AGM, The ARK, 7.30pm
- 25th Lapford Over 60's, Talk about The ARK, 3.00pm
- 27th Lapford Village Market, Victory Hall, 10.00am
- 29th Lapford Project 2000 AGM, Orchard Centre, 7.30pm

December 2021

- 4th Lapford Parish Church Xmas Fayre, Victory Hall, 10.30am
- 8th Lapford Over 60's, Christmas Lunch, Waie Inn.
- 10th Early copy deadline for January Lapford Lookout 6.00pm
- 10th/11th LADS Christmas Variety Shows
- 16th Ladies of Lapford, Christmas Meal at the Scoop.
- 17th Lapford Pensioners Lunch, Victory Hall, 12.00pm
- 18th Force Charity Evening, Victory Hall, 7pm
- 24th Crib Service, Lapford Parish Church, 4.00pm

January 2022

- 11th Revel AGM, Victory Hall, 7.30pm
- 20th Ladies of Lapford Fun, Games and Nibbles, The ARK, 7.30pm



Lapford Weather Review

LAPFORD WEATHER SEPTEMBER 2021

Milder than average, and very dry until the last week. The warmest day was the 6th, with a maximum of 26.8°C, the warmest September day here since 1989 thanks to a light Easterly airflow.

The coolest day was the 29th with a maximum of 14.0°C. The coldest night was shared by the 20th and 29th, when the temperature fell to 7.2°C. The temperature at grass level fell to just above freezing.

Total rainfall was 63.3 mm.

The month had continued the dry theme from the last 10 days of August, apart from a brief bit of dampness around the 9th.

From the 26th to the end of the month the rains returned, with more than 40 mm falling in this period.

The wettest day was the 28th with 23.4 mm rain.

The windiest day was the 26th with a gust of 34 m.p.h.

Andy Epstein



MESSAGE FROM LAPFORD EMERGENCY ACTION PLAN TEAM : WINTER FLOODING

The Environment Agency has already put out public warnings concerning the increased risk of flooding for this and subsequent winters. Parts of Lapford are low-lying and therefore at risk from rising water levels in the River Yeo. Householders and others near or in the flood plain can use the emergency flood equipment, mainly sandbags and sand, stored in the bins to the left hand side of the Spar petrol station.

The level of the River Yeo can be checked at any time via the following link:
Check-for-flooding.service.gov.uk

On the page type in **Lapford** and press **continue** for more options including the last reported river level, and the option to receive flood warnings via phone, text, or email.

There is also a link to report surface water and other problems to Devon County Council.



CHULMLEIGH FLORAL ART CLUB



Our next meeting will be held at The Pavilion Chulmleigh on 17th November 2021, when our local Florist, Liz Hall, will demonstrate how to make beautiful and exciting arrangements to decorate your home this Christmas. Liz is a very experienced florist and her shop in Chulmleigh "Changing Blooms" is not only full of lovely flowers, but also Liz is always ready to help and advise her customers. So please come and join us and start your Christmas planning.

Liz's arrangements will be raffled at the end of the evening and our sales table will be open for you to buy items to help with your flower arranging.

The evening will conclude with tea, coffee and biscuits and a chance to chat with old friends and meet new ones.

We always welcome new members or please come and have a taster session at a cost of £5.

For further information please contact:

Heather Russell
Tel: 01769 581258

or Joan Rowland
Tel: 01769 581241



Lapford & District
Over 60 Club

LAPFORD OVER 60'S CHRISTMAS PARTY

**WEDNESDAY 8TH DECEMBER AT
THE WAIE INN**

COACH DEPARTS 10.30AM

COST £13.00 PER PERSON COACH £5.00

THEME "CHRISTMAS"

**BOOKINGS TAKEN AT MEETING ON
25TH NOVEMBER WITH MENU CHOICES**

Entertainment tbc

lapfordover60@yahoo.com
01363 83810

DOG SHOW AT THE LAPFORD REVEL

Lapford Dog club have been supporting the Revel for five years, most recently running well supported Dog Shows, so after lockdown it was nice to be back yet again at another successful Revel. The Club is always willing to support the village, and all entry fees have been given to the Revel with rosettes and prizes donated by the club itself.

Dogs entering the Show have always been allowed onto the playing field, allowing families full enjoyment of the Revel activities. We had expected the same this year. Unfortunately, the organisers had not informed us that the Lapford Youth & Playing Field Trust required the Club to be limited to a fenced narrow alleyway to access to the Show area, not the open access that we expected. The Club did manage to widen the corridor in order to provide safe entry and exit for both dogs, adults and children, many of whom were showing their family pet. The lack of shade was also an issue for both dogs and competitors, who crowded around the club's gazebo. Sadly the Club received several complaints and had to refund entry fees as owners were not prepared to wait in these conditions unable even to go for refreshments. Fortunately most participants were prepared to make the best of a bad job, and the Best in Show was Ben Vesey with his Whippet puppy, whilst reserve was Paul Adams with his Collie. The Club would also like to thank Pete Crotty who freely gave his time for judging.

Sadly unless the Lapford Youth & Playing Field Trust can show the same empathy towards dogs that was so amicably agreed with Lower Town Place, the Dog Club will be missing at the next Revel.

Lapford Dog Club Committee



REVEL CHEESE AND WINE EVENING – 17TH OF NOVEMBER

Come and see what it's all about! Open To All! The REVEL Cheese & Wine Evening in the Victory Hall, Wednesday 17th of November between 7pm & 9pm!

If you already help, please come along for a glass and a catch-up! If you're just interested to hear more, please let us give you a glass and tell you all about this ancient village celebration.



LAPFORD BOOK CLUB REVIEW: THE GHOST

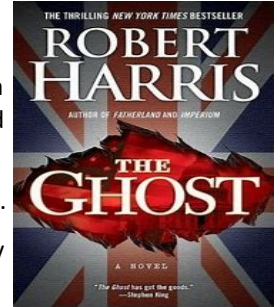
The book we read last month was 'The Ghost' by Robert Harris.

The Ghost is not supernatural but refers to the trials of a ghost writer. He is writing the life story of a fictional British ex-Prime Minister, Adam Lang, who has been accused of using the SAS to kidnap and then hand over four men to the USA, who torture them in Guantanamo Bay.

This book contains all the thrills of murder, intrigue and suspense and I couldn't put it down.

Quite by chance I have been lent several books by the same author so I intend to do lots of holiday reading.

Jane Epstein



BOOK REVIEW: WAR OF THE WORLDS

Ah, Autumn. My favourite season. To quote the well-known philosopher, my dad, "there's nothing to look forward to except football and crumpets". It's not that bleak though, there's my birthday, my stepson's and the possibility of the Martian Tripods roaming through the landscape.

I recently saw *War of the Worlds* referred to as "a great book for children". I mean, all kids love books about the end of civilisation. I first read it at the age of 13, so I can't complain. It made me into the well-adjusted adult, socially confident adult I am today. I can hear my wife laughing as I type.

For a book which celebrates its 125th anniversary next year, it's no surprise that the darker themes of the book, such as eugenics and the belief that The Martians are God's punishment on a sinful humanity are missing in more recent adaptations. These also dispense with the idea of them being Martians (they're Venusian, anyway) and the more shonkier elements of the book. Do our new alien overloads really arrive and construct their tripods; like they've bought them from The Mount Olympus branch of Ikea? *War of the Worlds* is so much in the bloodstream of popular culture, it's been used as a metaphor for climate change, cold war paranoia and post 9/11 doubt. Take my tentacle, let's look at the adaptations and choose a few that are worthy of your attention the next time you are trapped in a cellar.

Jeff Wayne's version is *The Progrockalypse*. For an audio version, try the BBC version from 2017. It's strangely not available on BBC Sounds, but you can get it on the archaic medium of CD or Amazon Audible. Truly terrifying, with our narrator getting home to his wife. Who now expects him to be the third wheel in a polyamorous relationship. It's what Wells would have wanted.

Visually, the BBC TV version from 2019 starts well, striding through the "beats" of the story, making it perform some new tricks (the tripods are biomechanical, leaving skin flakes as they walk). However, it suffers from some ideas that don't work and telling the story back to front. Still, it's nice to see my native Liverpool used as Victorian London. And another tick for making the protagonist a woman and her partner the one disturbed by events.

Possibly the best visual version is Spielberg's 2005 film. Despite the odd idea which doesn't make sense, it perfectly captures the crawling terror of the book, making its way through the "beats" of the story as much as *Independence Day* does. It amalgamates two characters (the astronomer Ogilvy and The Artilleryman). Plus, the idea of the aliens as tripodal is genius in itself, let alone the idea of them being psychotic farmers using human blood as fertiliser.

Completely ignore the Fox version on Disney Star. An overbaked europudding, wasting good actors and the aliens attempting to kill us off with a lethal combination of neuropathic weaponry, robot dogs, subtitles and extreme boredom.

For a truly original take, try Volume 2 of Alan Moore and Kevin O'Neill's series of graphic novels *The League of Extraordinary Gentlemen*. A superhero team up using characters from English Literature, the awful 2003 film with Sean Connery shells it short. The sequel would have used this version. It captures the nightmarish elements of the book well, against a backdrop of two immortals falling in love. Humanity is saved by an act of outstanding bravery/lunacy and another of Wells' characters. Who also created the characters from *Rupert Bear* in genetic experiments.

So, plenty of stuff to see you through those dark Winter months. But *War of the Worlds* is actually set in Summer. You knew that already though. Didn't you?

Kev McCready

LAPFORD REVEL REPORT

It is with immense gratitude that I write to report on our first village Revel in over two years! In this, it has certainly been a challenge for the team. A great debt of gratitude is owed to our Revel production team, this year comprising not just the Revel committee, but a wider collegiate effort across a number of groups and joined for the first time by a team from Lower Town Place, to assist in producing a much needed village celebration under the Revel banner, albeit belated.



In producing a Revel out of the prevailing situation, we held central the need for a safe, two-day event, two Coronations (another first for 2021!) and an enjoyable set of activities that could be practically managed. Further bestowed with the honour of being the event to inaugurate Lower Town Place as a village space, Revel Friday would host the official public opening. Maps, risk assessments, and locations all needed updating. From rotas to catering, entertainment and First Aid cover, insurances and licenses, all under the spectre of the pandemic, our team were faced with some difficult decisions regarding the programme and overall event management.

After a lot of planning and re-planning we finally enjoyed the double Coronation of Queen Ava Curtis and King Jacob Bundy 2020, and Queen Iris-illusion Hayes and King Ruben Hart 2021. Their Majesties' first official duty was to declare Lower Town Place open with the presentation of the beautiful sign, hand carved by Derek Pleace, followed by a special presentation to Sue Briant-Evans of an engraved Dartington Crystal vase to recognise her service to the Lapford Revel from 1996 to 2019!

The Friday closed to much appreciation for a full day, rounded off with a stonking Ceilidh from Barnstormers. Following, much merriment at the Revel Games on Saturday courtesy of the Lapford Community Church, bouncy assault course, puppet shows, rodeos and competition skittles filled a sunny afternoon, taking us into the evening with a lively disco from Paul Adams.

The 2021 Belated Revel concluded with a delightful Churches Together service at a packed St Thomas' with all the warmth of a sunny afternoon by the river in the company of good friends.

A great debt of gratitude is owed to so many. However a special mention must go first to our canine best friends looking for glory at the Revel Dog Show where, due to a latent insurance complication, they found themselves being segregated from the rest of the event (along with their owners!) so our first gratitude is owed to all the hounds, their owners, and all our friends at the Lapford Dog Club for seeing it through under trying conditions. Thank you for going that extra Lapford mile!

Joining the Lapford Dog Club, a special 'Thank You' must go to the Lapford Community Church, Lapford Playing Field, Lower Town Place, Joan Graham and Churches Together and Lapford Garden Club. Also Briony and The ARK team for the delicious cream teas, Paul Adams for our music, Beccy Fletcher for making our sashes in under 24 hours(!), Natalie Churchill for the beautiful posies and buttonholes, and also to David Bragg and Bill Graham for their help with putting together the programme for Friday's opening.

A massive special thanks to Pauline and Rob Chalmers-Hunt with Roy Trevaskis for providing us with our First Aid cover and a big thank you to Pete Norman and Ian Hemsworth for mastering the ceremonies. Pauline and Rob recently arrived in Lapford and added valuable medical professionalism to our team, so I was heart warmed to receive the following from them;

"The time, effort and commitment from everyone involved was brilliant and to organise such a well run and fun filled event in the limited time that was available is a credit to all involved."

Last but not least, a big Thanks to Our Volunteers(!) for everything from helping with the children to putting up bunting and, of course, helping us pack it all away again!

On a personal note, my gratitude to Neville and Rachel Phillips for going the extra mile to ensure we could bring Revel 2021 to fruition.

All of which brings me to our overdue **Revel AGM**, scheduled for **Tuesday 11th of January, 7.30pm** in the **Victory Hall** where the existing committee is disbanded in order to form a new committee from those present, to elect officers and hold its first meeting. You are encouraged to come along and see how you can support our Revel. Even if you can't join the committee, you are needed 'on the team'!

In conclusion, a super shiny Lapford Thank You to all of you who came to support the Revel events and make it the fun, safe, accident free weekend feel every bit like the Revels we have known, and here's looking forward to next year when we would hope to be back to our regular dates in July!

Alex Gater



Images: courtesy of Liz White

Lapford Parish Church

XMAS FAYRE

MINCE PIES & COFFEE
Raffle, Hamper Draw
& Other Stalls

Sat 4th December

Victory Hall

10.30 - 12 noon



cancer charity force
Registered Charity No. 1140676

Live Music
Charity Evening

BAR AND BUFFET
LIVE MUSIC FROM "SOUTHERN ROADS"
TICKETS ON SALE NOW - £10 PER TICKET

Saturday 18 December 2021	LAPFORD VILLAGE HALL	7 PM Til Late!
------------------------------------	----------------------	----------------------

Tickets available from
John Burrows - 07814 941454
Rachel Phillips - 07533 877686
raznev@sky.com

LAPFORD GARDENING CLUB

Plans for the forthcoming year were made at last month's meeting. The group is keen to run a September Show which would be open to entries from the whole village, but with special classes for Club members. So that early preparations can be made, a schedule will be in the Lapford Lookout in the New Year. Classes will include craft, photography and baking as well as flowers and produce. There will be special classes for children.

Other ideas put forward included meetings featuring local producers e.g. cheese and cider, making preserves, talks on snowdrops or rhododendrons, gardening techniques e.g. pruning and propagation, plant sales, seed swap and garden visits.

For the immediate future, in November we are inviting Dick Fulcher to speak about seasonal propagation and winter pruning (see below).

For December we are planning a Christmas themed meeting with an opportunity to make your own door wreath or similar.

For the New Year we are looking to arrange a visit from a local cheese producer with an opportunity to sample their products. Full details of these will be published in the next Lapford Lookout.

Meetings will continue to be held on the 2nd Tuesday of each month in The ARK at 7.30pm unless notified separately. Additional practical events and visits will be organised throughout the year. Annual membership payable from November was set at £5 with a separate monthly meeting fee.

The next Garden Club meeting will be held on

Tuesday 9th November in the ARK at 7.30pm

The fee for this meeting will be £2. Non members welcome.

There will be seasonal advice on the **propagation of tender perennials** such as geraniums so that they are ready for a good display in 2022.

As the time for **pruning apple trees** is approaching, the theory behind this will also be covered.

Our speaker for the evening is **Dick Fulcher**. Dick has extensive practical horticultural experience, including ten years as Head Gardener at the National Trust for Scotland's Inverewe Garden, and later at Killerton, before moving to Bicton College. He established Pine Cottage Plants at Eggesford where he specialised in growing and breeding Agapanthus. His distinguished service to the practice of horticulture was recognised in 2012 when he was made an Associate of Honour by the Royal Horticultural Society.

If you would like some more practical help, Dick is happy to run an apple pruning workshop at a local garden, for which a separate charge would be made.

For more information contact **Trisha Mumford** 01363 83911



PUMPKIN SOUP



**Sustainable
CREDITON**

www.sustainablecrediton.org.uk

2lb (1 kg) Pumpkin flesh
cut into large chunks
2 cloves garlic
4 tablespoons rapeseed or olive oil
2 teaspoons paprika or curry powder
1 tablespoon tomato puree
1 1/2 pints (1 litre) vegetable stock
A little milk, and 1oz (25g) butter

Cook pumpkin, oil and garlic gently in a large saucepan for a few minutes.

Add paprika or curry powder, tomato puree and stock. Bring to the boil then simmer until the pumpkin is soft. Allow to cool then puree with a blender or food processor.

Season with salt and pepper and finish the soup with milk and butter.

This is good with homemade bread.

Paul Cleave



TRUSTEES OF LAPFORD CHURCH GREEN NOTICE OF ANNUAL GENERAL MEETING

Notice that the Lapford Church Green AGM will be held on the evening of Wednesday 24th November 2021 at 7-30pm.

This meeting will be held at The ARK.

Members of the public are welcome to attend.

Sue Briant-Evans, Chair



THANKS: HARVEST SUPPER 2ND OCTOBER 2021

What a lovely evening with very tasty food and fine company, and I was well looked after. I've lived in Lapford for 30 years and this is the first Harvest Supper I have been to and I shall certainly be going to another one. It was great to catch up with people who I haven't seen for months. Well done to all concerned who volunteered and cooked the meal. Thank you.

Jeanne Whittaker

LADIES OF LAPFORD: MEET SOME FOUR-LEGGED LADIES

For our last meeting in September, we were invited by Sandra to Lowerfield House to meet her alpacas. Forewarned to wear suitable shoes, we turned up ready for mud but conditions proved less squelchy than anticipated. We gathered by the gate to their area and were asked to go quietly and gently as we went into the barn where the alpacas regarded us warily. They looked to Sandra for reassurance as they were not used to so many admirers at once. When they saw that we offered snacks, the bolder ones came forward sometimes pushing each other aside to get at the food. We knew that they could spit if they weren't happy so we did our best to behave. They are very attractive with a range of different coat colours and large soulful eyes. They pushed velvety noses into our hands and their lips snuffled softly at our palms as they ate.

When they had exhausted our snacks, we bid them goodnight and moved into the house where we were introduced to the world of alpaca wool from shorn fleece to finished article. In this case, this was a warm jacket Sandra had woven using wool from all her animals to create a pattern showing all the colours we had just seen outside. It was a lovely piece made all the more special for Sandra because it came from her own much-loved animals.

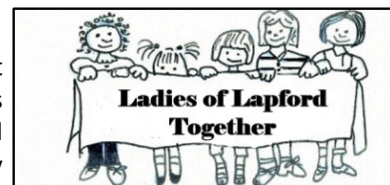
We spent a really interesting hour or so as Sandra showed us what the wool looked like at each stage of the process: unwashed fleece (grubby and full of bits of twig and other debris), washed (cleaner but still holding onto quite a few bits), washed fleece with all the bits picked out (hardly any bits but still with tangles, carded (tangle free and in short straightened fibres which are then gently rolled up), and finally spun. We were able to feel samples of the wool in all the stages and were surprised at its light weight. She explained and demonstrated each of the processes, proudly showing off her new drum carder which was proving much more efficient than the hand-held brushes. We learnt new words such as rolag (what you get after hand carding) and batt (what you get after drum carding) and best of all the niddy niddy. This bit of equipment allows you to wind the spun wool around it to produce a skein. Sandra's niddy niddy looked suspiciously like a spindle from a banister and she admitted that this was exactly what Steve had adapted when she asked him if he could make one. We were full of questions as Sandra explained things. To finish, she sat at her wheel and did a little spinning. She had warned us that she was just a beginner but we were all impressed by her knowledge, her equipment and her skill.

We finished with our usual tea and biscuits which gave us all more opportunity to look at everything and have a good natter.

During the evening, we were also shown a felted hat that Sandra's daughter had made which looked better than something shop bought. It was a lovely get together and we marvelled at the fact that once, this was the only way woollen articles could be made and that it was usually a labour of necessity rather than choice. Now, of course, there are machines that can do these things in half the time. Whilst I suppose this is necessary for mass production, this really enjoyable evening, clearly demonstrated the pleasure you can get from producing something of your own from source to finished item. I don't think I was the only one that went home wanting to hone my own creative efforts.

PS. For our November meeting, we will be using local skills again (what a talented village), when Kate, skilled in floristry will show us how to make a festive table decoration for our Christmas celebrations. Please feel welcome to join us.

Sue Raffill



PUZZLE CORNER

NOVEMBER 5TH QUIZ



- 1 What four words are next in this rhyme:
Remember, remember the 5th of November?
- 2 Which year did the gunpowder plot take place?
- 3 Who was the ruler of England and Scotland at the time?
- 4 Which building did they try to blow up?
- 5 How many barrels of gunpowder were found?
- 6 Who was the leader of the group of plotters?
- 7 An effigy of whom is burned on the bonfire?
- 8 What do children ask for when taking the guy around the streets?
- 9 What 'P' is the correct technical name for the art of making and displaying fireworks?
- 10 Which Devon town is renowned for flaming tar barrels being carried down the street?

Kindly supplied by Mary Chappell

Lower Forches



Lapford Parish Map

Showing the approximate locations of Grit Bins

A notice inside the lid of each bin gives instructions about the most efficient way to spread the grit in handfulls. (see below) It would be helpful to have a small container with you when intending to spread grit.

KEY

- 1) North from the village 100 metres past the junction with Rensey Lane
- 2) Lower Forches Cross
- 3) Eastington Cross
- 4) Eastington Lane, opposite Park Meadow Close
- 5) Orchard Way
- 6) Barris Corner
- 7) Mill Hill
- 8) Ambrosia Close
- 9) Kelland Cross

Winter is on the way, and who knows how much ice and/or snow there will be to contend with. The grit bins are stationed in the most vulnerable areas of the village. They are there for anyone to use in order to help keep the roads and pavements safe for vehicles & pedestrians. Please report to the Parish Council or the Snow Warden if you find that stocks of grit in a particular bin are low.



USING THE GRIT IN THIS BIN

- The grit is only for use on the roads/pavements in this area – it is **not** for use on private drives and walkways. Householders should purchase their own supplies.
- Spread the grit as evenly as possible at the rate of a handful per square metre. Spreading more thickly will not be as effective and will waste supplies.
- Only treat areas you have assessed as slippery and dangerous.

From Lapford Emergency Action Team

Crediton ELF Fundraising Group

quiz night

Saturday 20th November

The Boniface Centre, Crediton
Doors open 6.30 pm for 7.15 pm start

Tickets £6 to include pasty supper

Bar

Raffle

Teams of up to 6

To reserve tickets call Jan 07980 347231

ELF values your support – please come along

Crediton ELF
Fundraising Group



enquire@elfcharity.org.uk Tel: 01392 247725 www.elfcharity.org.uk
Facebook.com/elfcharity Twitter: @elfcharity Registered CIO 1154727

LAPFORD VICTORY HALL NEEDS YOU

Over the years the Victory Hall Committee has been well populated, but recently, due to other commitments and Covid pressures, numbers have dwindled. The Victory Hall plays an important part in the community and it is important that we have a strong and broad representation on the Committee to influence what we do in the future.

The current constitution states that the hall committee can be formed of 10 elected members and 13 representative members. The representative members would be made up from organisations that use the village hall.

Being a member of the Victory Hall Management Committee will enable you to put ideas forward to change/develop the hall for the benefit of not only your organisation but the village in general.

Come along and join our committee and have your say.

Are you new to the village? Would you like to meet new people? We are very friendly and would welcome new blood.

Our next committee meeting is in January which we will advertise nearer the time. In the meantime, if you need any more information, please do not hesitate to contact any of the existing committee members. My number is at the back of the Lapford Lookout.

Darren Crump

Chair Person

Darrencrump99@hotmail.co.uk



Lapford Pensioners Lunch

Fancy Getting Together to enjoy a Christmas Lunch & Entertainment With Friends

Friday 17th December - 12pm arrival for 12.30pm meal

At The Village Hall

£5 per person

Booking is Essential

Over 65's from Lapford or Nymet Rowland only

Transport can be provided courtesy of the Village Hall Committee

Limited to 60 covers on a first come first served basis

Booking form below



Please detach the booking form and return by:-

30th November to :

John Burrows



BOOKING FORM

First Name: Surname:

Amount payable: £..... Date Paid:

Payment is required at time of booking please and this form must be returned with your payment

Please enter any special dietary requirements

.....

Meal choice :- Turkey

Vegetarian

Travel information:

Please tick if you require transport

Please tick if you are using your own transport



MOBILE UNISEX HAIR STYLIST

WITH OVER 30 YEARS' EXPERIENCE

*

HOME VISITS

to Lapford and surrounding areas

*

Call JACKIE on 07771 986140
or email: jawhite125@btinternet.com

Ashridge Court
Farm, North
Tawton, EX20 2DH



07872 598 659
info@ashridge-
court.co.uk

Grass Fed Beef Boxes

£60 for 6kg

£120 for 12.5kg

£25 for 3kg Stew Packs
Joints and Steaks also Available

Delivery Available

The Devonshire Dumpling

Family Pub and Dining

Homemade Food

Covid Safe Environment



Please call 01363 85102 to book or email
thedevonshiredumpling@gmail.com

See website for opening hours:
www.devonshire-dumpling.com

MARTIN DOWN - 07812 513383

GARDEN MACHINERY/ATV
SERVICE & REPAIR

NEW STIHL/VIKING MACHINES TO ORDER

SECOND-HAND MACHINES



COLLECTION AND
DELIVERY
SERVICE AVAILABLE



Trevor Smith Boiler Services

Servicing,

Maintenance & Repairs

Oil Boilers, Agas

and Rayburns

01837 83530

07814 366055

smithboilerservices@hotmail.co.uk



Registered Technician

gs gilbertstephens^{LLP}
SOLICITORS

When you need advice, we have the solutions

Call our Okehampton office on **01837 51 21 00**
Rosemary House, Market Street, EX20 1HN

Call our Crediton office on **01363 77 55 66**
Manor Office, North Street, EX17 2BR

Call our Exeter office on **01392 42 42 42**
15-17 Southernhay East, Exeter, EX1 1QE

Visit us online for more information
gilbertstephens.co.uk

Gilbert Stephens LLP is authorised and regulated by the Solicitors Regulation Authority (no: 536070).

THE BIG SWEEP

YOUR LOCAL REGISTERED CHIMNEY SWEEP



FOR A CLEAN AND
EFFICIENT SERVICE
PLEASE CONTACT RICHARD

MOB: 07810 116798

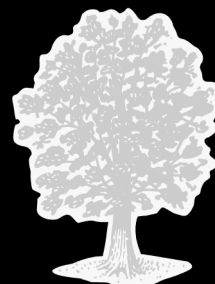
EMAIL:
richard@thebigsweep
northdevon.co.uk



JOSH NOON TREE SERVICES

Tree surgery and
low impact forestry
Quality seasoned logs
and kindling for sale

☎ 01363 83908
07792 906258



NICK TUCKER

Qualified Carpenter & General Builder
Working in the village for 25 years

EXTENSIONS, LOFT CONVERSIONS,
KITCHENS & BATHROOMS,
DOUBLE GLAZING & CONSERVATORIES,
DECORATION & GENERAL MAINTENANCE

Prospect House, Lapford
Tel: (01363) 83601

ARCHITECTURAL SERVICES

RICHARD ARCHER Est 1987



PLANNING DRAWINGS for
EXTENSIONS CONVERSIONS NEW BUILDS
PLANNING & BUILDING REGULATION APPLICATIONS

Copplestone
Devon

SIMON ARCHER M: 07966 347 957

E: simon@architectural-services.org

Visit the website: architectural-services.org

DESIGN DRAWINGS SURVEYS ADVICE



Jo McDougall

Chartered Physiotherapist, MCSP, HCPC reg.

MOBILE PHYSIOTHERAPY

Need **Physiotherapy Treatment**? Have it in the comfort of your own home. I am a qualified Physiotherapist with more than 30 years experience, and I will come to you to treat you at home.

Conditions treated include:

- Back and Neck pain, sciatica, whiplash.
- Sprained joints/Ligaments e.g. ankles, knees, shoulder.
- Pulled muscles e.g. calf, thigh.
- Sports Injuries e.g. rotator cuff, tennis elbow, Achilles tendonitis.
- Hip pain e.g. gluts pull, groin strain, piriformis
- Rehab after injury and operations e.g. fractures, knee replacement, hip replacement etc
- Help with general mobility problems.
- Pilates and appropriate exercise programmes.

Contact details: mobile - 07597 160558

: home - 01363 877803

: email - jomcdphysio@gmail.com

: website - jomcdougallphysio.com

Painful Feet?

Viv Pulford Foot Health Practitioner

Diploma in Foot Health,
and BSc in Adult Nursing.

Tel No 01884 861306 or
07827 779559

Nail Cutting and filing
Corn Callus Removal

Deal with Fungal Infections / Thickened Nails
Discounts for two or more people in same house

For treatment in the comfort
of your own home

TURNER FRAMES

Peter Turner, friendly and professional picture framer

Mount Cutting-Framing-Box Framing-Glazing-Repairs
Call me for a free no obligation quote
No job too big or too small
Locally based studio in Eggesford

Tel: 01769 581615 Mobile: 07802 256349
Email: pcturner71@gmail.com

S.L. PASSMORE PLASTERER

ALL TYPES OF INDOOR PLASTERING
PLASTERBOARDING
AND DAMP-PROOFING

23 YEARS EXPERIENCE

FREE ESTIMATES

Call Steve on 07584 284256

Email: slpassmore23@gmail.com



Lapford Lodge Boarding Kennels and Cattery

The new owners Neil and Jade and their young family will be pleased to welcome old and new canine and feline customers.

Fully licensed premises ensuring your pet is not only well cared for, but safe. A secure pet is a happy pet.

Doggy Daycare now available.

Telephone: 01363 83414 or email:
neilmanning1973@gmail.com

DARREN
CHAPMAN
ELECTRICIAN

NEED AN ELECTRICIAN

- Rewires
- New Builds
- Alterations
- P.A.T. Testing
- New Consumer Units
- TV/BT Sockets

dpcelectricals@hotmail.co.uk

MOB: 07825 630643 TEL: 01363 85625



Stove Centre

01769 574411

Keep Warm This Winter

Woodburning
Stoves & Fires
at discounted
prices

Amazing deals
available in
store & online
www.stovecentre.co.uk

www.stovecentre.co.uk



Unit 2 Horsepond Meadow, South
Molton, Devon EX36 4EJ

EGGESFORD CROSSING CAFÉ

A Dog Friendly Café situated in
Eggesford Station Yard

Open Thursday, Friday and Saturday
9am-2pm, serving our
breakfast menu till 12.30pm.

Every Thursday evening is
Pizza night (eat in or takeaway)
Every Friday evening is
a booking only,
pre ordered dinner menu.

Please follow our Facebook page or
give us a call for more details.
01769 581427 / 07940157555



We look forward to
seeing you soon!





Bytes Computers

01100010 01111001 01110100 01100101 01110011

Prompt, Reliable, Low-Cost Service

No Fix - No Fee

PC, Laptop & Apple - Repairs & Upgrades

New & Reconditioned Computers

Ongoing Support for Home or Business

Networks & Servers - Broadband & VoIP Telephones



EST. 2004

www.bytescomputers.co.uk 01363 82842

help@bytescomputers.co.uk 07906 298739



Sarah's Barber Shop

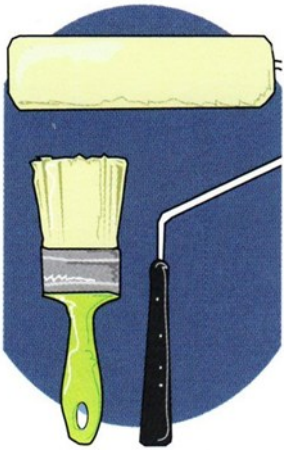
85 High Street, Crediton

Tel: 07772 336489 / 01363 899269

Haircuts for Men & Boys

Racing Car Seat for Little Boys

	Walk-ins		Appointments only
Mon	9-5	Thurs	9-6.30
Tues	9-4.30	Fri	9-5
Wed	Closed	Sat	8.00—2.00



JOHN CHAPPELL

Longlands,
Kelland Hill
Lapford
EX17 6AF

01363 884267
07583495025



Jonathan Wood Veterinary Surgeon Ltd.
01363 772319

www.jwoodvet.co.uk

24hr Emergency Service.

As an RCVS accredited practice, we provide a friendly, caring, professional service for companion animals, equine and farm patients.

We offer hydrotherapy and rehabilitation, modern ultrasound equipment, in house laboratory service and much more.

For full details visit our website.

We are proud to be accredited by the international cat care organisation as silver level cat friendly clinic.

LAPFORD CROSS MOT & SERVICE CENTRE

EX17 6QT

TEL: 01363 83373

Our professional workmanship is available in all of the following disciplines

MOT class 4 & 7 (motorhomes & transits)

Servicing

Diagnostics

Air conditioning

Car sales

Tyres

Exhausts

Batteries

We offer a local vehicle collection service or courtesy cars for your convenience

ATA & Bosch Accredited Diagnostic Technicians

www.lapfordcrossgarage.co.uk

the
Good Garage Scheme

DOORSTEP MILK DELIVERY SERVICE IN LAPFORD



**KELLAND
DAIRY**

Free range pasteurised

Whole Milk

doorstep refills

Monday Evenings

Between 4 - 8pm

Thursday Mornings

Before 7.30am

Please call 01363 779134 or
email milk@kellanddairy.co.uk
for more information.



Credition Independent Bed Company

27 High Street Credition EX17 3AH (Next to Costa)

Email: enquiries@creditionbeds.co.uk

Website: creditionbeds.co.uk Tel: 01363 774156

Special Offers

Clearance Mattresses starting from

Single £100 - Double £140 - Kingsize £180

EXTRA 20% DISCOUNT

when bought in quantities of 6 or more -
Limited Offer

4'6 Pocket Master 1000 Divan Set

£379

4'6 Dartmoor Beds
Handmade Kirtonian
Firm Mattress with luxury
layers of Dartmoor Wool

£799

4'6 Double Amber Package Deal
2 drawer divan set with matching headboard

£399

5' King Size Ice Cool 1000
Mattress - Covered in a
Luxurious Cooling Yarn Fabric

£439

3' Single Stress-Free Max Cool
5 Point Adjustable Bed

£949

4'6 Double Pocket 1000
Master Firm Mattress

£289

4'6 Double Coral Package Deal
2 drawer divan set with matching headboard

£529

4'6 Merino
Wool Mattress

£479

- Fast Delivery - Expert Advice - Best Prices



Mid Devon Helpers

When you need a helping hand the most
Shopping | Household Duties | Companionship | Errands

- ◆ Do you need a personal assistant or a helping hand?
- ◆ Do you know someone that desperately needs help with everyday tasks?
- ◆ Do you have clutter that has been getting on top of you?
- ◆ If you answer 'YES' to any of these questions We are here to help



01363 83058



07891556884



middevonhelpers@gmail.com



www.facebook.com/middevonhelpers



@middevonhelpers

COMPETITIVE PRICES, FRIENDLY STAFF, FULLY INSURED AND
DBS CHECKED

PENNYMOOR TIMBER LTD

For all your timber requirements since 1969



Timber

Sawn, Planed, Treated & Incised
Joinery Grade & Long Lengths

Fencing/Panels & Gates

Sheet Materials • Roof Sheeting

Cladding & Guttering

Decking • Raised Beds



01363 866262



email: pennymoortimber@yahoo.co.uk

Web : pennymoor-timber.co.uk



EDWORTHY COMPUTING LTD

Unit 1, Oakfield, Bow, Credition



Computer & Laptop repairs & virus removal

New & Used computer & laptop stockists

IT support & Website design



Remote Support

Printers & Consumables

Prompt & Reliable Call-out service

t: 01363 881157

e: sales@edworthycomputing.co.uk

www.edworthycomputing.co.uk

HEART OF LAPFORD DEVELOPMENT LIMITED

Annual Report and Accounts 2021

*Registered with the Financial Conduct Authority under the
Co-Operative & Community Benefit Societies Act 2014 as No: RS 007321.
Registered with HMRC as being for Charitable Purposes*

Chair's Report for 2020-2021 for Heart of Lapford Development Limited

So much has happened since April this year that April 2020 seems like aeons ago. At that point we had cleared the old tin barns and the scrub vegetation from Lower Town Place, the asbestos and steel barn had been safely dismantled and disposed of with the tiles and slates removed from the remaining barns. Work had started to demolish these with the stone, cob and breeze block separated into piles but then COVID hit and work had to stop. Nothing much happened on LTP until the restrictions were eased, but it was deemed safe to restart work in July 2020.

Separation of the rubble resumed, and it was removed from site with the stone, slates and tiles stored for future sale or use. The many tonnes of concrete flooring and foundations were broken up and moved up to Kelland Hill to be crushed away from the centre of the village. COVID restrictions were still causing problems, but the site was levelled and turfed, paths laid and fencing installed ready to be opened to the public on 24th October 2020. The COVID restrictions prevented a grand official opening and made meetings difficult, with the word ZOOM getting a new meaning.

Your Board still had plenty to do though, working through the legal agreement with the Parish Council for the funds to pay the demolition and site preparation invoices along with the personal loan used to complete the purchase of the site. Agreement was also reached to remove the failing and ugly car park fence and it was replaced with the same post and wire fence as used on the road boundary with hedging planted through it.

The Board cannot thank David Bragg enough that even though he had resigned as a Director, he continued to mastermind the transformation. It was a great pleasure that we were able to present him with a watercolour by Jill Doe of his achievements at the Opening Ceremony during the 2021 Revel.

Your Board being mindful that not enough people were involved in discussions regarding day to day use of the site, set up a liaison group with the Victory Hall committee to discuss the use of the containers to support the various hall users, the practicalities of hiring the site and, more importantly, creating a relationship with that committee to look at ways to work together to maximise the use of LTP and the Hall as joint community assets.

To develop wider community involvement a group was formed with non-board members to look at landscaping. With wildlife interests at heart it was agreed that areas should be left uncut with wild flowers planted. A hedgehog nest was built along with a site to encourage lizards, and local apple tree cuttings used to graft onto dwarf root stock for planting this coming winter along the road boundary, and the low wall on this boundary has been rebuilt.

We have started looking at governance and whether there is a better vehicle for owning and managing the site. HOLD has achieved its objective to buy LTP and open it to the villagers of Lapford. We now have to manage and optimise its use and maybe the current governance model of a Community Benefit Society, whilst suitable for the site purchase, is not appropriate to manage LTP as a community asset in the future.

Pete Norman Chair



HEART OF LAPFORD DEVELOPMENT LTD.

			<u>2021 (£)</u>	<u>2020 (£)</u>
<u>PROFIT & LOSS FOR THE YEAR ENDING 30TH APRIL 2021</u>				
		<u>NOTES</u>		
TURNOVER	Fund Raising		20	7,359
	Grants	(1)	35,596	0
	Donations		2,810	1,446
	Sundry	(2)	1,258	966
	Gift Aid		<u>1,866</u>	<u>0</u>
			41,550	9,771
OPERATING ADMIN EXPENSES		(3)	(39,737)	(3,287)
	Grant to Victory Hall		0	(5,000)
OPERATING PROFIT/LOSS			1,813	1,484
RETAINED PROFIT/LOSS FOR THE PERIOD			<u>1,813</u>	<u>1,484</u>
<u>BALANCE SHEET AS AT 30TH APRIL 2021</u>				
FIXED ASSETS:	Lower Town Place at cost		382,500	382,500
CURRENT ASSETS:	Cash at bank and in hand		6,606	4,793
CREDITORS:	Amounts falling due within one year (container purchase)		(1,400)	0
CREDITORS:	Amounts falling due after one year	(4)	0	(60,000)
NET CURRENT ASSETS/LIABILITIES			5,206	(55,207)
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>387,706</u>	<u>327,293</u>
CAPITAL & RESERVES	Share Capital		9,550	9,550
	PCC Donation		100,000	100,000
	Reserves		278,156	217,743
			<u>387,706</u>	<u>327,293</u>
NOTES TO THE ACCOUNTS:			£	
(1)	Grants	Parish Council	35,000	
		Lapford Community Church	<u>596</u>	
			35,596	
(2)	Sundry	Wayleave	4	
		Sale of concrete	<u>1,254</u>	
			1,258	
(3)	Operating & Admin. Expenses			
		Co-op sub	120	
		Insurance	672	
		Advertising	55	
		Fencing & materials	2,202	
		Hall hire	48	
		Mowing	60	
		Loan repayment	35,000	
		Interest on loan	1,400	
		Container transport	<u>180</u>	
			39,737	
(4)	Loans	St. Thomas PCC loan repaid		
		Private loan converted to gift		

SPECTACULAR SANTA RUN RETURNS TO RHS ROSEMOOR

Children's Hospice South West's spectacular Santas on the Run Goes Freestyle will be returning to RHS Garden Rosemoor, near Great Torrington, on Sunday, December 5.

The festive, fun 2k course is suitable for all ages and abilities and there will be plenty of festive treats and surprises to enjoy along the way.

"It's the perfect way to get everyone in the mood for Christmas and raise a few pounds for your local children's hospice," said CHSW fundraiser Emma Perry.

Tickets are £10 per adult, £5 per child (under twos are free). Visit www.chsw.org.uk/santas

Join the Santas on the Run Goes Freestyle Facebook group: www.facebook.com/groups/santasontherun



LAPFORD PARISH COUNCIL REPORT – 1ST OCTOBER 2021 HEART OF LAPFORD DEVELOPMENT BOARD REPORT

- Due to the vacancy of a Lapford Parish Council representative to the HOLD Board meetings we continue to provide our monthly update to the Council.
- Revel 'weekend' on 3rd and 4th September happened with great weather and was most welcomed by significant numbers of villagers and local families on both Friday evening, with the traditional crowning on the Village Green and at Lower Town Place, the unveiling of the plaque, presentation of service tokens, Morris dancing in safe space and without road closure, the Ceilidh, and Saturday with the terrific events on the Playing Fields and at the Victory Hall.
- The self-closing gates have now been installed but our Youth Club is reporting "Dog poo is hard to find until you don't want to!", being their experience in September. Since our report of last month to Lapford Parish Council there have been two incidents of children being treated for excrement contamination. This is distressing to all involved and more than unfortunate to all. Volunteer staff take some ten minutes to search the site prior to each Thursday Youth Club evening – hence the quote. We as HOLD and responsible dog owners appeal for all 'dog poo' to be cleared away into bins provided.
- A waste bin has now been relocated to the car park gate into Lower Town Place.
- Since our September report the number of registered 7 – 12 year olds with the Youth Club have increased from 47 to 73 with an increase of volunteers from 16 to 18.
- Through the Lapford Lookout, calls are out for new additional volunteers to help organise evenings for the older 13+ young people. This would return to the position before the 2012 storms that forced the closure due to safety of the Popes Lane youth club premises and the £250k investment required to return to purpose.
- The 'Community Plan for Dog Users at Lower Town Place' received by the Parish Council in July continues to be worked up through the responsible Dog Users Group and the Youth Club.
- Lower Town Place is freely available to people for informal social activity, play, association, exercise, to sit and read, draw and paint, chat, meet or think, contemplate, and enjoy the space.
- The Victory Hall Management Committee is being asked to consider new access between the Hall and Lower Town Place together with other improvements for community benefit.
- HOLD Annual General Meeting, is to be held, 16th October 2021, 11am, Lapford Victory Hall and continues to be open to all Lapford residents as well as the HOLD Membership.
- HOLD's AGM will receive information regarding an intended change to its Governance structure which is at present a Co-operative and Community Benefits Society. This model is commonly used by comparable organisations such as social housing providers. The proposed change is due to unfounded but significant criticism by some individuals within our Parish. The Board's intention is to change its governance documentation by legal transfer and to be registered with the Charity Commission as a Charitable Incorporated Organisation.
- The HOLD Board looks forward to meeting Parish Council representatives to discuss and progress a range of matters.



If you would like a last resting place
in beautiful countryside
overlooking Dartmoor
phone 01647 24382 and speak to
Julie or Martin Chatfield
www.crosswayswoodlandburials.co.uk



LOWERFIELD HOUSE

bed and breakfast

01363 507030
enquiries@lowerfieldhouse.co.uk
www.lowerfieldhouse.co.uk

Lapford
CREDITON
EX17 6PU



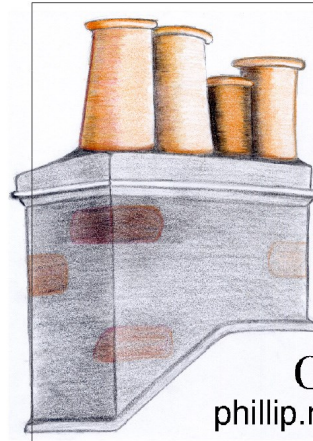
KERRY PLANT

Complete Excavation

Site Works
Driveways
Drainage
Foundations
Landscaping

Septic Tanks
Treatment Plants
Retaining Walls
Stone Walling
Printed Concrete

Mobile: 07976 641606
Email: elwynkerry@hotmail.com



Chimney Sweep

All work insured CRB checked
Certificate of sweeping Clean service
Discount for multiple chimneys

Phill Melville
phillmelville.com

01363 877411
phillip.melville@googlemail.com

KEN HOGAN

TREE, HEDGE & GARDEN SERVICES

Fully Insured & NPTC Qualified Tree Surgeon



**Crown Reductions, Felling,
Dismantles, Storm Damage, Dead
Wooding, Stump Grinding, Hedge
Trimming, Logs, Wood Chip.**

24 Hour Emergency Call Out.

www.kenhogantreeservices.co.uk

kenhogantreeservices@hotmail.com

01363 860193 or 07946 606093

**Kevin
Osborne**



City &
Guilds
NVQ Qualified

Specialists in Digital
Satellite Systems

Aerial &

- Aerial Upgrades
- All aspects of installation
- Extra TV Points
- TV Wall Mounting Service
- Existing Aerial & Satellite Problems Solved
- DAB/FM Radio Aerials
- Free Telephone Advice
- Free Quotation Services

01363 777190 07841 644395
kev@kevinosborneaerials.co.uk

www.kevinosborneaerials.co.uk



A warm & welcoming small school, with strong community links, for children aged 2-11 years

- Nursery Class
- Out of School Club
- Part of the high performing Chulmleigh Academy Trust, enabling seamless transition to secondary school



w: www.lapford-primary.devon.sch.uk t: 01363 83292
e: admin@lapford-primary.devon.sch.uk

f @LapfordPrimarySchool



'Nothing But Our Best'



w: www.chulmleigh.devon.sch.uk t: 01769 580215
e: admin@chulmleigh.devon.sch.uk

f @ChulmleighCollege



The Plant Shed & Farm Shop

**NOW OPEN AT
EGGESFORD STATION**

The best quality local produce

A full range of fruit, veg, meat, dairy, fish and store-cupboard essentials...

LOGS – SACKS OF POTATOES – COMPOST

We are very excited to now offer locally-reared lamb, pork and beef.

Open:
Tuesday – Friday 10am-6pm
Saturdays 10am-4.30pm

NOW DELIVERING!

Pre-ordered collections and veg boxes also available

Please call 01363 720073
or email hello@theplantshed.co.uk

TUCKERS COUNTRY STORE

Your One Stop Country Shop

- Farm Pet Equine & Farm Supplies
- Open 6 days a week
- Lord's Meadow, CREDITON
- www.edwintucker.com.
- 01363 772202
- Free parking, friendly service, competitive prices



Beccy Fletcher
Seamstress



Alterations and Repairs

Curtains

Dressmaking

Embroidery

Upholstery



Contact: 07791 989142 / 01363 884211



TUX



Quality Work By Fully Qualified Tradesman
All Electrical Work Undertaken
Domestic, Industrial, Commercial
& Agricultural Installations

Fully Compliant to Part P Building Regulations
All Work carried out to

18th Edition Wiring Regulations

Over 30 Years Experience in electrical contracting

24 HOUR EMERGENCY CALL OUT

Tel. 01363 881002 Mob. 07710 673270

www.tuxelectrical.co.uk

Mike Leach

- Grass & Hedgecutting
- Fencing • Landscaping
- Gardening • Paths & Patios
- Pressure Washing
- Now cutting lawns & paddocks up to 4 acres



Tel: 01363 83656 (Ans Available) Mob: 07875 026139
33 Highfield, Lapford, CREDITON, Devon, EX17 6PY

moorland fuels
part of your landscape



Call Today:
01837 55700

In the last 12 months, we delivered
in our agreed delivery window
99.6% of the time.



Ask About:

- Heating Oil and Tractor Diesel
- Oil Tank Cleaning
- Lubricants and Additives
- Coal
- Oil Tank Replacement and Installation

www.moorlandfuels.com



YOUR LOCAL LEGAL EXPERTS

- Moving Home
- Family Law
- Wills & Probate
- Lasting Powers of Attorney
- Agricultural
- Landlord & Tenant
- Accountancy & Tax Planning
- Commercial Property & Leases



QualitySolicitors
Charlesworth Nicholl

Changing the way you see lawyers.

☎ 01363 774706 ✉ mail@charlesworthnicholl.co.uk

🌐 www.qualitysolicitors.com/charlesworthnicholl

31 High Street, CREDITON, Devon, EX17 3AJ

CMP
ELECTRICAL SERVICES

TESTING AND INSPECTING
WIRING ALTERATIONS
REWIRES
RENOVATIONS
NEW BUILDS
FAULT FINDING
DOMESTIC
RESIDENTIAL
COMMERCIAL
AGRICULTURAL



ABLE TO UNDERTAKE AND CERTIFY ALL ASPECTS OF ELECTRICAL WORKS

CONTACT 07702 430023
CMPELECTRICAL@HOTMAIL.COM

F. J. STEVENS & SON
Monumental Masons



Memorials in Granite - Marble - Slate & Stone
New Memorials - Renovations - Additional Inscriptions
Home visits - Free estimates & brochure on request

For a caring personal service call our family run business which covers all of Devon

Crediton 01363 776321
Mobile 07850128413
Email stevenscrediton@yahoo.co.uk



Workshop: Albert Road, Crediton, EX17 2BX


Overworked or Stressed? Achey muscles?
Tense shoulders? Stiff back?

Massage Therapy in Lapford

Penny King
VTCT level 3 diplomas in Holistic Therapies,
Aromatherapy, Sports Massage

Please feel free to contact me to find out more,
discuss your needs or book an appointment.

FB page
'Penny King Complementary Therapist MFHT'
Tel 01363 83091
Mob 07851 726791



Abigail's 
Beauty Retreat

Beauty ♥ Massage ♥ Holistic

07565 768386

I'm Abi a fully qualified beauty therapist.
I offer a wide range of treatments with a friendly professional service. I enjoy all aspects of my job, as everyday holds something new. I look forward to welcoming you to my Salon.

abigailsbeautyretreat@gmail.com
Lapford, EX17 6PZ

DO YOU NEED PLANS ?



w: bsa-exe.co.uk e: info@bsa-exe.co.uk

BARRIE SIMONS & ASSOCIATES is an Award Winning Architectural Practice, specialising in **Planning, Building Regulations, Interior Design, Project Management and Building Surveying.** We undertake New-build Houses, Barn conversions, Listed buildings, Extensions, Renovations and Equestrian & Agricultural Buildings of any size. View our extensive portfolio on the web and social media. BSA covers the whole of the South West and offers a **FREE INITIAL CONSULTATION.**



EXETER **CHAWLEIGH**
tel: 01392 2711734 tel: 07973617294



PHYSIOWORKS

With Green Massage Therapy

Chartered Physiotherapist - specialist in sports injuries (9 years experience in professional sports)

- Injury management & rehabilitation
- Pre / post surgery rehabilitation
- Sports & Remedial Massage
- Western Medical Acupuncture
- Clinical Pilates
- Kinesiology Taping

Common conditions treated:

- Back, neck and shoulder pain
- Sciatica / whiplash
- Tennis / Golfer's elbow
- Runner's knee
- Repetitive strain injury

Helen Greensmith BSc(Hons), MCSP, AACP, HCPC Reg
Tel: 07733227732 www.physioworks.today
Ebenezer Cottage, Lapford, Crediton. EX17 6PZ.



For all your domestic, agricultural and commercial pest control needs.

From Rats and Mice to Wasps and Fleas, contact me for a quick, convenient solution to pest problems.

I am fully qualified and insured.

Based in Zeal Monachorum covering all of Mid Devon and surrounding areas.

www.middevonpestcontrol.co.uk

Tel. 07725 520466 / 01363 881473

Email: enquiries@middevonpestcontrol.co.uk



Blackberry Lane

Half a mile out of Lapford on the Chawleigh road, selling fresh and tasty fruit and vegetables - **all home-grown**

Come and see, phone, email, check out our website or follow us on Twitter to discover what's ready!

Open Tuesday - Saturday 9.30 to 6.00 (5.00 in winter)

Dave and Val Taylor, Wilanson, Lapford, EX17 6LY
01363 83389 07792 592068 @Blackberry_Lane
blackberrylane@gmail.com www.blackberrylane.co.uk



Claire Eva Shepherd

Home Visiting Mental Health Support

Covering Exeter & Mid-Devon
Offering Counselling & Advocacy

www.claireevashepherd.co.uk

E. claireevashepherd@gmail.com
M. 07841 474398

STEVE WREFORD GARDEN MAINTENANCE

Lawn mowing	Hedge cutting
Strimming	Turf laying
Fencing	Patios and Decking
Pressure washing	General garden tidying
Any other jobs considered	



Tel: 01363 884269 (ans available)
Mob: 07918866675

For latest news and updates find us on



St. Boniface
Veterinary Clinic

We are a friendly mixed practice with dedicated Farm, Equine and Small Animal teams. We aim to offer you a professional and highly skilled service from our branches in Crediton, Tedburn and Cheriton Bishop.



- Modern, purpose built, well equipped practice with keyhole surgery facilities.
- Large Reception area with separate dog and cat seating areas and kennelling.
- Preventative health care plans allowing significant cost saving and budgeting.
- Imaging suite including radiography, ultrasound and 3 different sized endoscopes.



- Complete farm services, including embryo transfer.
- Regular farmer meetings and training including our new Herdsman course.
- Medicine drop offs by arrangement.
- Annual farm health reviews.



- Equine surgical facilities and hospitalisation.
- Lameness investigations.
- Endoscopy and imaging.
- Preventative Healthcare Plans.



- Mobility assessments with dedicated rehab vet.
- Acupuncture, and other complementary therapies.
- Hydrotherapy - in house underwater treadmill.
- Tailored veterinary physiotherapy plans.

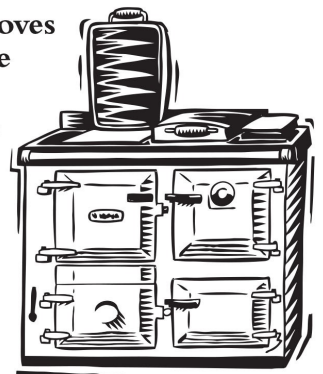


01363 772860

www.stbonifacevets.co.uk

Rangemoors. The home of Stoves Range Cookers and Renewables.

- Wood & Multifuel Stoves
- Cookers & Cookware
- Flues & Chimneys
- Spares & Accessories
- Logs & Multifuels



Find us outside Winkleigh on the A3124 Torrington road.
Open Mon to Sat, 9 - 5pm.

Call 01837 680068
www.rangemoors.co.uk



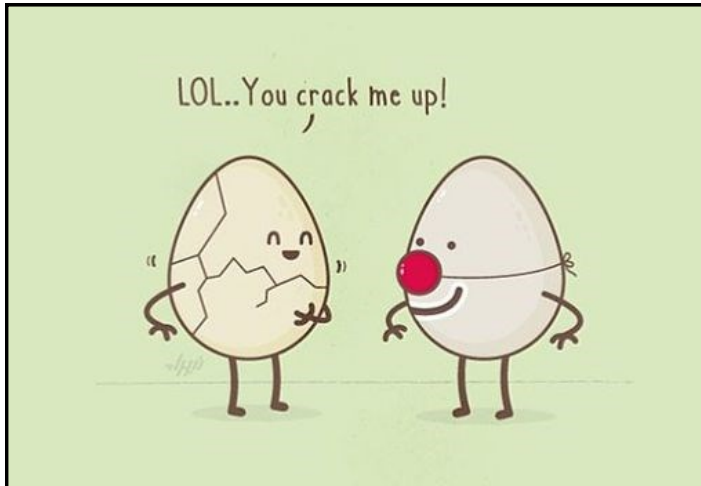
The Airfield, Torrington Road, Winkleigh, Devon EX19 8DW
HEATING • COOKING • LIVING

Broomsmead Surfacing Ltd

Tarmac & Groundwork Specialists

Phone: 01363 83604 | Mob: 07813 763722 | [f /broomsmeadsurfacing](https://www.facebook.com/broomsmeadsurfacing)
 Email: broomsmeadtarmac@gmail.com | Web: www.broomsmeadsurfacing.com

- Tarmac & Concrete Works • Slab Laying / Patios / Brick Paving
- Site Clearance & Landscaping • VLS tar & chip surfaces
- Install Septic Tanks / Drainage / Footings
- Equine Arenas / Round Pens / Gallops
- Constructing New or Renovating Existing



PLEASE CHECK BONFIRES CAREFULLY FOR SLEEPING HEDGEHOGS BEFORE LIGHTING

#rememberhedgehogs

If possible the entire pile should be re-sited before being lit, if not possible, use broom handles to lift from the base of the pile, and shine torches, looking and listening carefully for any signs of life.

British Hedgehog Preservation Society
 Hedgehog House,
 Dhustone, Ludlow,
 Shropshire, SY8 3PL
 Tel: 01584 890801
www.britishhedgehogs.org.uk
[f @hedgehogsociety](https://www.facebook.com/hedgehogsociety)

Photo: Jonathan Booty

YOUTH CLUB IN NOVEMBER

The restart of our Hi Five Youth Club for 7 to 12 year olds on a Thursday evening at Victory Hall this autumn has got off to a flying start with 73 children on the register and a weekly attendance of some 40 children per evening. Just a great start and this weekly attendance is as many as we can now take on a Thursday. With the darker evenings the earlier start of 6pm has proved to be popular. However as winter is drawing in, the outdoor use of Lower Town Place will be limited.



A huge thank you to the team of 20 adult volunteers who have made this possible. Working on a rota, 6 or 7 adult volunteers are needed each time the Youth Club opens. We intend to offer a good active programme that is safe and fun.

Please get involved as even more adult volunteers are needed. We are working on fund-raisers for the early spring and will need help with these.

We want to do more than just to keep Thursday evenings as brilliant. In the New Year we are planning to start a Friday evening session using the Cafe at The ARK and the Hall for activities. If you can step-up and offer some of your time we would really like to hear from you.

Youth Club Leader: cathryn_seymour@outlook.com
 Management Committee Chair: steve.keable@btinternet.com

LAPFORD OVER 60'S

At our last meeting, hosted by Eddie Wilson, a long time member, the theme was "Jiggle our Memories" Everyone contributed, and we learned a lot about members' varied lives. Eddie also provided this insight into WW2 rationing:

World War 2 Rationing in Britain: Facts and Information
 James World War 2

Here are some facts about rationing during WW2 in Britain.

Rationing was officially started on 8th January 1940. It was meant to ensure a fair distribution of food, in short supply due to enemy ships attacking merchant ships, preventing them from bringing supplies (such as sugar, cereals, fruit and meat) to the UK.

Ration books were issued to every person (to be stamped by a local shopkeeper when the goods were collected), and a typical weekly ration (for one person) included: one fresh egg, 2 oz butter, 2 oz tea, 1 oz cheese, 8 oz sugar, 4 rashers of bacon, 4 oz margarine.

Cheaper cuts of meat became popular, and people could save their rationing points to purchase other items such as cereals, tinned food, biscuits and dried fruit.

Vegetables were not rationed, and the people of Britain were encouraged to grow their own fruit and vegetables.

Dig for Victory

Many families reared their own pigs, chickens and rabbits so that they would be able to eat more meat.

During WW2 luxury items were in very short supply in Britain. Petrol consumption was limited, and the design of furniture and clothing became much simpler and plain during this period.

Things like razor blades, baby bottles, frying pans were almost impossible to get hold of in some areas, even though they weren't rationed.

Due to timber rationing, many houses went without a Christmas tree during WW2.

The Ministry of Food was set up to help families make the most of their rations. They provided recipes and advice, demonstrating, for example, how to use powdered eggs and be creative with what was available.

Babies, pregnant women and sick people were given additional rations of milk, orange juice and cod liver oil.

Rationing continued until 1954, years after WW2 was over.

What next? Discover more about World War 2 by visiting our WW2 resources page.

Ron Kercher

Step-up No 2
Recruiting a second
team of adult
volunteers for
Friday evenings
starting New Year

Success with Thursday
evening Youth Club is
resulting in a separate
evening for 13+, so please
more adult volunteers are
needed.



Contact:

steve.keable@btinternet.com

07967 655045

Christmas Fayre

(Proceeds to the foodbank)

Saturday 20th November 2021

10.00-1.00 PM

At The Ark

We will be serving Coffee, Tea,
Hot Chocolate & Cake
Mulled Wine and Mince Pies also available

Come and buy your
Christmas gifts, Christmas Decorations,
Cakes, Jams & Preserves



THOUGHTS FROM THE ARK

Modern science confirms the truth of the Scripture: "There is no fear in love perfect love casts out fear". Love and fear are incompatible; they can't co-exist. Children have two basic needs: a need to explore. That's how they learn, grow and develop. And a need to feel safe, if they don't feel secure, they won't explore. Every human being needs a secure base from which to investigate and grow. Research confirms that, generally speaking, one parent more than the other will push a child to take chances, run risks and learn that a little danger is a good thing, while the other parent tends to be the comforter, the soother, the safety net. But the truth is any parent can give a child both gifts. When we're afraid, our body activates its sympathetic nervous system. Our heart races, our breathing becomes faster and shallower and our muscles tense up. So we run to our non-anxious presence: our comforter, protector and parent. And as we are held, reassured and loved, the parasympathetic system takes over. Our heart rate slows, our breathing becomes deep and even, our muscles relax and blood flows back to our brain. In essence, a little voice inside says, "I can go out and face the world again". It's a fact in the physical realm that "perfect love casts out fear". It's also true in the spiritual realm. With a God who is tender enough to love and comfort us, yet strong enough to be our rock and fortress, we can face what life throws at us and grow stronger as a result.

Taken from UCB Word for Today 22 September.

September and October are very much times of Harvest and as the days get shorter and cooler, you can very much feel that change is in the air. Looking out of my window at this moment, I can't see very far, the valley is full of mist. It's still quite early in the morning but I know as the sun shines through, the mist will roll up the valley and disappear leaving a beautiful autumn day.

The Foodbank has been blessed by such generous donations from the Churches in Lapford after their harvest services. By the time this comes through your door, we will have also received donations from Chulmleigh Academy and Primary School. Thank you so much to everyone who donates so generously. Parking outside The ARK has allowed for better access for mobility scooters and deliveries, it has made such a difference and life is a little less fraught. Thank you.

The ARK team



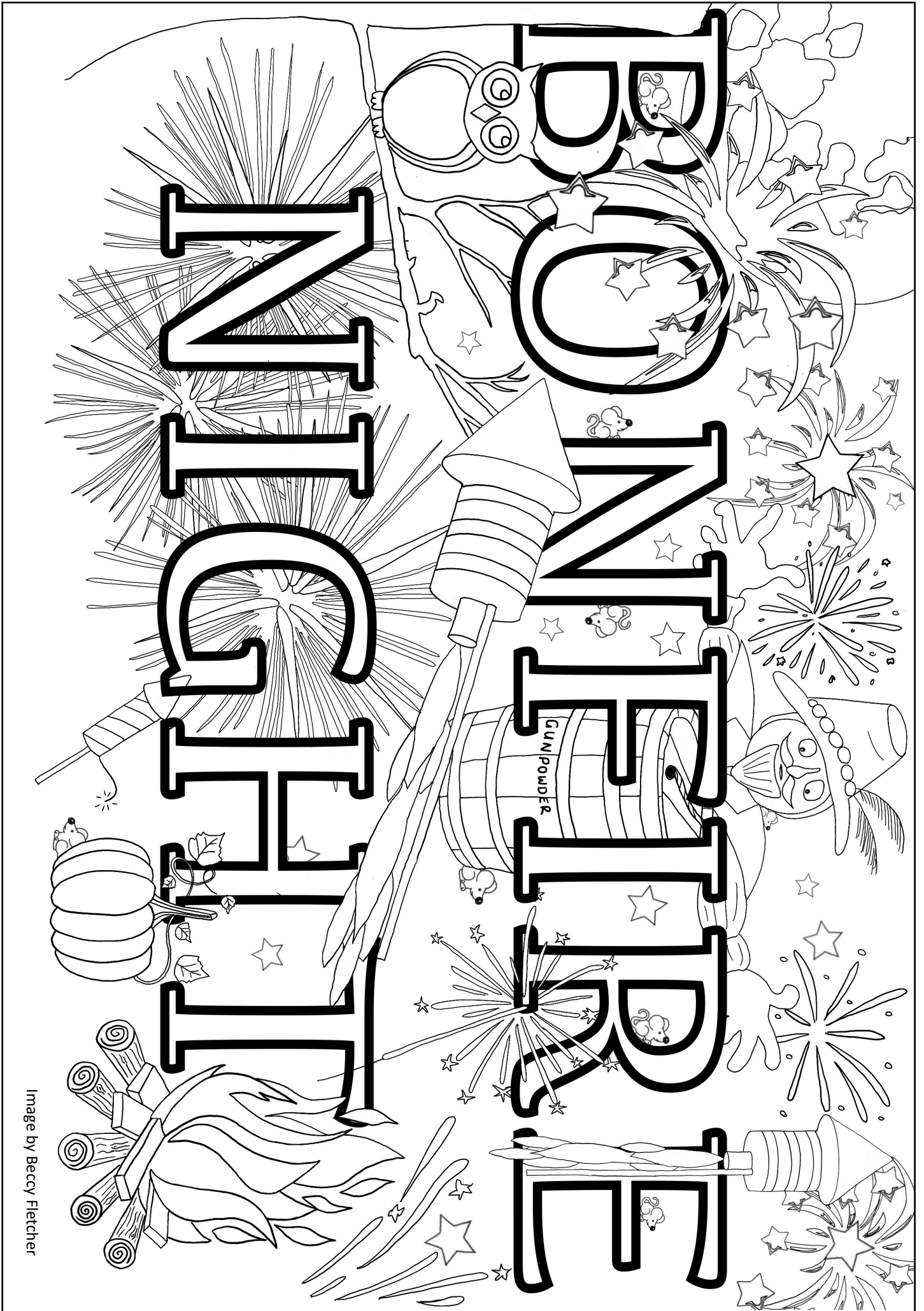


Image by Becy Fletcher

MYTHS AND TRUTHS ABOUT ELECTRIC VEHICLES

The recent shortages of petrol and diesel at some of our filling stations, for whatever reasons that occurred, may have made some of us think a little more about the alternative of an electric vehicle (EV). Whether we change soon or one day in the distant future, or wait for other fuel sources such as hydrogen to further develop, the inevitable end of carbon-fuelled cars is now within sight. Two major things stand in the way of all of us rushing out to buy an EV now: cost and nervousness.

When discussing EVs, you may often hear people talk of 'range anxiety': This is a fear of running out of fuel (electricity in your battery) during a journey, and becoming stranded. The answer is to simply consider this: how often do you run out of fuel in your existing petrol/diesel car. For most people the answer is "never". When your fuel tank is nearly empty, you go and top it up. You do exactly the same with an EV: when the battery is nearly empty, you go and plug it in to recharge. You do not wait until it is completely dead and you become stranded!

Perception and reality is that EVs are very expensive. Admittedly, new vehicles are currently around 50% more expensive than their carbon-fuelled equivalents but there is already a buoyant second-hand market at more affordable prices. Furthermore, when you take into account the zero road-tax, up to 90% saving on fuel cost per mile, and virtually no need for servicing an EV (because there is no engine to service), any initial extra outlay is very quickly recovered. On that note, beware of thinking that the 'hybrid' option may be better in that it dispels your range anxiety. While some would argue that hybrid cars give you the best of both worlds, there is an equally valid contra argument: their electrically powered range can be pitifully short (typically around only 30 miles) while you retain all the cost and mechanical issues of running a carbon-fuelled engine.



The question of range is hardly different from that of a petrol/diesel car. Modern EVs can travel between 200 and 300 miles on a full charge, much the same sort of distance as a tank full of petrol or diesel would take you. Very few people regularly travel more than this sort of distance in a day, so for most, overnight topping-up at home is enough for all your travelling needs. For those occasional longer journeys there are now 22,000 (and growing daily) public charging points around the country – more than the total number of service stations! But beware of this slightly misleading statistic: a typical service station may have 10 or 12 pumps at which you may spend 2-3 minutes refuelling; a single public rapid charger (two of which can be found locally at Lord's Meadow in Crediton), will take around 30 minutes to fill-up, leading to potentially long waits if someone else is using it when you need to.

Without becoming too mathematical or technical here, a typical home charger connected to your mains supply will fully charge a car overnight in 7-10 hours, while public 'rapid chargers will do the job in 30-40 minutes. So, a typical person commuting to work or just making local leisure trips might only need to refuel once every week or so, while on those occasional long journeys, a re-charge takes little longer in a motorway service station than you might stop in any case for a coffee and stretch of your legs.

This leads me into one more myth that may put some people off owning an EV: the (wrong) assumption that unless you have your own off-road parking at home then you will not be able to charge your car. Not necessarily true. Think of any friends or neighbours that do have off-road parking and a charger, then realise that they probably only use that for one night per week, and suddenly you realise that with a little neighbourly co-operation, even those with no off-road parking may be able to come to some arrangement for overnight charging. Others may work at a place with daytime company charging facilities where they can simply plug in and re-charge while at work. Yes: your fuel will generally need to be paid for but wherever you do it, it will only cost a small fraction of your current carbon fuel. Some workplaces and retail outlets (e.g. Mole Avon in Crediton) even offer free charging for employees and customers in their car parks!

If you would like to know more then I will be happy to answer your questions. Meanwhile, look at the app 'Zap-Map' to see how widely available and easy it is to re-charge an EV. Don't be fearful of taking the plunge into this (relatively) new driving technology.



Steve Munday. steve@lowerfieldhouse.co.uk

LAPFORD ARTISTS OPEN SELLING EXHIBITION



Do you create art and live in the parish of Lapford or Nymet Rowland? We are seeking artwork to display for sale in The Ark in the run up to Christmas.

All works must be: not too large, suitable in subject matter and make great Christmas gifts.

If you would like to take part in this wonderful opportunity to show and sell your creations please contact Rebecca before Wednesday 10 November email rebeccaholleyartworks@gmail.com or phone 07941 648087.

This event is kindly supported by The Ark and Lapford Project 2000



Please join us for a

Christmas Fayre!

Table top sale, raffle, games, cakes, yummy produce, refreshments and more!

Christmas gifts available from The House of Jayne Ceramics, the Body Shop at Home, and others!

Stalls available for £5 - email lapfordcongregationalchurch@gmail.com

In aid of the window fund at Lapford Congregational Church

10-12.30PM | SAT 13 NOVEMBER 2021
AT LAPFORD VICTORY HALL

FORGOTTEN FACES

Exhibition of local heroes from Lapford War Memorial on display now in The Ark for Remembrance

Forgotten Faces



Their names have been remembered in Lapford for nearly 100 years, but the images of some of the village's war casualties are lost forever.

This display reveals the young faces of those men whose photographs have survived.



They say you die twice.
Once when you stop breathing and, a second time,
when somebody says your name for the last time.

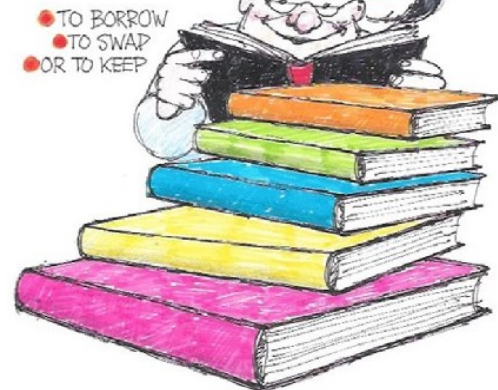


The Ark is open on
Tuesdays and Fridays
11.00 to 2.00.
Arrangements can be
made for access at other
times

BOOKS UPSTAIRS

COME AND BROWSE

- TO BORROW
- TO SWAP
- OR TO KEEP



**LAPFORD LOOKOUT
ADVERTISING RATES AND POLICY**

Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

One eighth page:	£6 per month.
One quarter page:	£12 per month.
One half page:	£24 per month.
Whole page:	£48 per month.

Pay for 12 months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.

SPARE PET CARRIERS

I have several pet carriers which are no longer needed, various sizes which will fit covies, rabbits, cats etc.

Prices vary from £3 to £10 depending upon size.

Jeanne Whittaker
Tel. 01363 83068



A truck loaded with Vicks VapoRub overturned on the highway.

Amazingly, there was no congestion for eight hours.



DEVON MOBILE LIBRARY STOPS



Lapford

Orchard Way: 13.30-14.55
School: 15.00-16.00

Nymet Rowland

Opposite Village Hall: 12.30-12.50
Every 4 weeks on Tuesdays
November 9th and December 7th.

TO CONTACT THE EDITOR

Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, CREDITON, EX17 6PR

Tel: (01363) 884211 or 07791 989142

E-mail: lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Deadline for inclusion in the next issue:

6.00 pm on the 14th November for inclusion in December issue

Contributions are welcome, to be used at the Editor's discretion.

Flyers and Inserts must be approved by the Editor prior to publication and shall only be included at the discretion of the Editor and editorial policy.

The views in this newsletter do not necessarily represent the views of the editorial team.

© All information in this newsletter is copyright and may not be reproduced without the permission of the Editor.

NATIONAL BLOOD SERVICE



Donations can be made at
Boniface Centre, CREDITON,
on

Tuesdays 9th and 16th November
at 13:10 to 19:15



Call the donor helpline on 0300 123 23 23
for more information or to check for cancellations

Do something amazing - Give Blood!

STAG RUTTING

Hi Folks

Just a reminder that the Red Deer Stags are rutting.

Take a trip into the countryside and listen. If lucky you will hear the stags "roaring".

Stay in your cars.

Good listening.

Pat West



**LIBRARIES UNLIMITED
BOOKS ON WHEELS**

Do you have difficulty in getting to CREDITON Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.

Peter Westcott - Telephone: 01363 83525



Lapford Voluntary Car Aid 2011

**NEED TRANSPORT
TO YOUR
MEDICAL APPOINTMENT?**

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

- Bow Medical Centre - £5
- Chiddenbrook Health Centre - £5
- Chulmleigh Dental Practice - £5
- Chulmleigh Health Centre - £5
- CREDITON (Breast Screening) - £6
- CREDITON (Covid jab) - £6
- CREDITON Community Hospital - £5
- Morchard Bishop Surgery - £3
- New Valley Health Centre - £6
- Winkleigh Surgery - £5

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.

IN CASE OF AN EMERGENCY IN LAPFORD




**KEEP CALM
AND FOLLOW THE
EMERGENCY PLAN**

**Parish Council Contact:
Sue Briant-Evans - 01363 83763**

**Village Contact:
Roy Trevaskis - 01363 83742**

**South of Taw/A377 Contact:
Sue Briant-Evans - 01363 83763**

USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings @Devon ~ Exeter: 07990 790 920 or Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



LAPFORD OUTREACH POST OFFICE



OPENING HOURS:

Monday 9.00 - 12.30
Wednesday 9.00 - 12.30
Friday 9.00 - 12.30

LAST POSTING TIMES AROUND THE VILLAGE

	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	4.30 p.m.	11.00 a.m.
Woodland Cottage	9.00 a.m.	7.00 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	4.00 p.m.	10.15 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	4.30 p.m.	10.15 a.m.
Morchard Road	5.00 p.m.	11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

LAPFORD PARISH COUNCIL, ETC

Cllr Peter Heal (Chair)	Ashlands, Lapford, EX17 6AE ~	Home - 01363 884277 / Office - 01363 775467 peter.heal@lapfordparishcouncil.org.uk
Cllr Sue Briant-Evans (Vice Chair)	Edgerley Cottage, Lapford, EX17 6AH	01363 83763 / sue.briantevans@lapfordparishcouncil.org.uk
Cllr Roy Andrews	Old Bakery, Park Road, Lapford, EX17 6QJ	07969 823256 / roy.andrew@lapfordparishcouncil.org.uk
Cllr David Davenport	Pleasant Cottage, Lapford, EX17 6PZ	01363 884236 / david.davenport@lapfordparishcouncil.org.uk
Cllr Julie Down	Rafters, Lapford, EX17 6QP	01363 83356 / julie.down@lapfordparishcouncil.org.uk
Cllr Pat Gowie	Honeysuckle Cottage, 1 Park Road, Lapford.	07722 426650 / pat.gowie@lapfordparishcouncil.org.uk
Cllr Stacey Lumsdon	~	07891 556884 / stacey.lumsdon@lapfordparishcouncil.org.uk
Cllr John Parsley	~	john.parsley@lapfordparishcouncil.org.uk
Cllr Alex Shapland	13 Highfield, Lapford, EX17 6PY	alex.shapland@lapfordparishcouncil.org.uk
Cllr Abigail Whittaker	~	abigail.whittaker@lapfordparishcouncil.org.uk
Parish Clerk - vacancy	~	clerk@lapfordparishcouncil.org.uk
District Cllr Clive Eginton	6 Moortown, Chawleigh, Chulmleigh, EX18 7EU	01769 580830 / ceginton@middevon.gov.uk
County Cllr Margaret Squires	Frostland Farm, Copplestone, EX17 5NY	01363 84337 / margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
<p>LAPFORD EMERGENCY RESPONSE TEAM - CORONAVIRUS LOCAL HELP</p> <p>Adventure Gaming Beginners Ballroom Dancing Banyu Hatten Aikido Books on Wheels Friends of Langannerie (twinning) Friends of Lapford Mill Friends of Lapford School Heart for Lapford Strategy Group (H4L) HOLD Ladies of Lapford (LOL) Lapford Allotment Society Lapford Amateur Dramatic Society Lapford and District Pre-school Playgroup Lapford ARK Lapford Association Football Club Lapford Book Club Lapford Choir Lapford Community Church Lapford Community Primary School Lapford Congregational Church</p> <p>Lapford Dog Club Lapford Emergency Action Plan Committee Lapford Emergency Response Team Lapford Foodbank Lapford Handbell Ringers Lapford High 5 (ages 7-12) Lapford Gardening Club Lapford Lookout Lapford Meat Bingo Lapford Pilates Lapford Over 60 Club Lapford Parish Church Lapford Poppy Appeal Organiser Lapford Project 2000 Lapford Regeneration Committee Lapford Revel Lapford Revel Volunteers Lapford Victory Hall & Lower Town Place Bookings Lapford Village Archive Lapford Village Market Lapford Voluntary Car Aid Lapford Youth Club Lapford Youth and Playing Field Trust Lapstock Lower Town Place Gardening Group Nymet Rowland Village Pump Save Our Heritage Lapford Springers 4's and under The Friends of St Thomas of Canterbury</p>	<p>Mr Warren Clayburn Mr Steve Munday Mr Geoff Flather Mr Peter Westcott Mr Peter Henshaw Mr Alex Gater Mrs Kirsty Wensley Secretary Mr Bill Graham Mrs Joy Quickenden Mr Raymond Waldron Mr Ian Wilkie Mrs Lorraine Kigongo Miss Briony Clinch Mr Niall McAreavey Mrs Jill Doe Mrs Cat Seymour Miss Briony Clinch Mrs Clare Wilmott Mr Peter Lacey</p> <p>Mrs Sara Thurgood Mrs Sue Briant-Evans Mr Alex Gater Mrs. Briony Clinch Mr Steve Munday Mrs Cat Seymour Mrs Trish Mumford Mrs Beccy Fletcher Mrs Jayne Grover Steph Heard Mr Ron Kercher Mrs Joan Graham Mrs Caroline Noon Mrs Sue Briant-Evans Mr Ian Hemsworth Mr Alex Gater ~ Mrs Joanne Cann</p> <p>Mrs Jeanne Whittaker Mrs Stacey Lumsdon Mrs Grace Hill Mr Steve Keable Mr Roy Andrews Mr Steve Keable Mr Andy Epstein Liz and Roland Smith Mrs Donna Egan Mrs Caroline Gilpin Mrs Prue Lambert</p>	<p>07966 144772 / help@lapfordvillage.co.uk Facebook: Help the Vulnerable in our Community (Lapford)</p> <p>01363 83095 / wmclayburn@gmail.com 07798 684225 /steve@lowerfieldhouse.co.uk 01363 83355 / bhaikido@googlemail.com 01363 83525 / pj.westcott@btinternet.com 01837 89070 / petehenshaw@yahoo.co.uk 07815 795918 / alex@lapfordmill.uk 07977 825814 / kirstywensley4@gmail.com heart4lapford@aol.com 01363 83047 / bg4847@aol.com 01363 83245 / joyquickenden@gmail.com 01363 83894 / ednawaldron@btinternet.com 01363 83437 / i.wilkie45@btinternet.com 01363 83162 / lkigongo@catpreschools.co.uk 01363 83788 01363 83733 / lapfordafc@gmail.com 01363 83410 / sunnyside@jilldoe45.plus.com 01363 884432 / cathryn_seymour@outlook.com 01363 83666 / admin@lapfordcc.org.uk 01363 83292 / admin@lapford-primary.devon.sch.uk 01363 884230 / lapfordcongregationalchurch@gmail.com 01363 83081 / info@lapforddogclub.co.uk 01363 83763 / susanbriantevans@gmail.com 07815 795918 / alex@lapfordmill.uk 01363 83788 07798 684225 / steve@lowerfieldhouse.co.uk 01363 884432 / cathryn_seymour@outlook.com 01363 83911 / james@mumfordj.plus.com 01363 884211 / lapfordlookout@gmail.com 07900 477247 07773 010512 / steph.instructor@talktalk.net 01363 83810 / lapfordover60@yahoo.com 01363 83047 / jemg47@aol.com 01363 83863 / lapford.pao@gmail.com 01363 83763 / susanbriantevans@gmail.com 01363 884460 / i.hemsworth@btinternet.com 07815 795818 / alex@lapfordmill.uk revelvolunteers@gmail.com 07803 002910 / jocann@btinternet.com</p> <p>01363 83068 / jeanne.whittaker@btinternet.com 07891 556884 / lapfordvillagemarket@gmail.com 01363 83178 / lvca2011.19@gmail.com 07967 655045 / steevekeable@btinternet.com 07969 823256 / r.andrews1950@icloud.com 07967 655045 / steve.keable@btinternet.com amepstein55@gmail.com 01363 884446 / pump@incywincyweb.com 01363 83732 / donnaegan84@gmail.com 01363 83674 / caroline@gilpin.eclipse.co.uk 01363 83150 / pruelambert@yahoo.co.uk</p>



Will Lapstock happen in 2022?



HAVE YOUR SAY

Following "Tuck-In" event in August and Revel in September, many people have asked about Lapstock now that life returns to normal.

You can join this discussion and contribute to the decision on what happens next by coming along on Thursday 11th November at the ARK.

If Lapstock is to re-start then a **New Crew** is needed, with new youth, strength and vitality. If not it is really time to call it in and dispose of the stages, catering equipment and more. The Lapstock assets probably have a five-figure value and if no longer wanted could be distributed to local organisations.

Having worked on Lapstock since 2008 Jaine and Steve Keable have said that 2020 would be their last year of hard work to provide a festival of 28 bands at an affordable cost covering price. So, now is the time to take stock or move on or finish now.

If you have a view or want to get involved then come along and have your say.

To join by Zoom then register by email: steve.keable@btinternet.com



Have your say

The ARK 7.30pm Thurs Nov 11th