

# LAPFORD LOOKOUT

### VOUR LOCAL MONTHLY NEWSLETTER



Year 24 Issue 7 **July 2021** 

### JOURNEY TO THE PINNACLE!

Eight years ago in 2013 a journey started and Lapford 1st team won their first ever piece of silverware in their now 102 year history as the team scraped their way to the title in Division 5 of the Devon and Exeter Football League. This whetted their appetite for success and started them on a journey to their pinnacle and the claiming of the Premier Division Trophy on 5th June 2021.

The basis of the side, Mark, Ben and Dan Tucker alongside Harry Leach, Dom Stapleton, Alex Shapland, Roger Hill and Matt Parsell have been joined along the way by the Phillips brothers, Alex and Josh, Tom Broome, Ryan Clarke, Gavin Weeks, Chris Burrow and, most recently, Max Oliver and Will Shannon and



all have played a significant part this season. There have been others who have contributed greatly along the way such as Guy Hoskins, Martyn and Shane Leach, Josh Williams, Ash Simpson, Rossi John and the Tickner brothers Harry and Josh.

In the early days of this phenomenal rise, the team would look on with a certain amount of envy as the Premier Division winners picked up their fabulous trophy and could only dream of collecting it. Under the stewardship of Nick Tucker and ably assisted by Rob Tancock and Niall McAreavey as well as support from Sarah and Shaun Stapleton, Nigel Hoskins, John Burrows, who was club secretary for countless years before handing it over to Niall four years ago, the Club has put in place the background work to allow the players to shine. The list is endless with people who have given time and effort to backing the playing staff.

The roll-call of honours and achievements is astounding and most probably unparalleled in the history of the league.

2014 winners Div 5

2015 winners Div 4 and runners up Devon Senior Cup

2016 winners Div 3 and runners up Devon Senior Cup

2017 winners Div 2

2019 winners Div 1

2021 winners Premier West and winners of Champions Premier Division Play off

They deserve some credit for massively promoting the name of Lapford across the counties of Devon, Dorset and Somerset. As their song goes "We conquered all of Devon, from Chagford to Lyme Regis". Well done.

### Niall McAreavey



A little mention also to some familiar faces of players of days gone by who have helped and supported the club for many years -Fred Leach (whose 3 grandsons play now), Arthur Leach (whose grandson plays now) and Gerald Leach. Without their and many others' input in the early years the Club wouldn't be where it is today.

# LAPFORD CONGREGATIONAL CHURCH

Our Sunday Services are at 11.00am and will be led by Rev. Caroline Stott. All are welcome to join us.



### The Parish Church in July

### Services in July 2021

4th July - Trinity 5: 9.30am Lay Led Morning Prayer

11th July - Trinity 6: 9.30am Lay Led Morning Prayer 18th July - Trinity 7: 9.30am Lay Led Morning Prayer 25th July - James the Apostle: 9.30am Common Worship

### Eucharist

### **MESSAGE FROM THE EDITOR**

It is great to hear that, although the Revel will not now be held in July in light of the latest announcement by the Prime Minister,



organisers and volunteers are working hard to ensure that it will still go ahead at a later date. Those involved work so hard on its organisation and planning it would be such a shame for it all go to waste.

### **Beccy**

### LAPFORD GARDENING CLUB

Lapford Gardening Club will be holding a Show at the Victory Hall on 4th September. Further details will be included in next month's issue of the Lapford Lookout.





# **Lapford Weather Review**

### **LAPFORD WEATHER MAY 2021**

Cooler and much wetter than average.

The mildest day was the 31<sup>st</sup> with a maximum of 21.1°C, the coolest was the 5<sup>th</sup> with a maximum of 9.8°C. The coldest night was on the 1<sup>st</sup>, with a minimum of -0.8°C. The night of the 7<sup>th</sup> saw a grass frost of -4.8°C. The total of 8 grass frosts in May was quite unusual. Overall the coldest May since 1996.

Total rainfall was 164.00 mm, nearly three times the average, quite a contrast to April's dryness. The wettest day was the 12<sup>th</sup> with 41.1 mm rain. This was the wettest May since before 1988, when my records began here.

The windiest day was the 20<sup>th</sup> with a gust of 51 m.p.h.

### **Andy Epstein**

### LAPFORD COMMUNITY CHURCH

Please visit our website, www.lapfordcc.org.uk for information about the Foodbank and ARK. You will also find lots of information about Church activities and on-line services.

### STEPHEN KURNIAK REMEMBERED



The family of Stephen Kurniak would like to inform you he sadly passed peacefully away on Sunday 13th June after a two year illness which he fought to the end.

Being a Lapford resident for many years he had made many good neighbours and friends.

He spent several months living in Tiverton being supported by his loving family making the journeys to hospital for treatment easier.

He worked at Lakes the Butchers for over 20 years which he enjoyed very much.

He had a great passion for all wildlife and especially loved his fishing .

Liz Tancock and Christopher Kurniak



### DATES TO LOOKOUT FOR

**July 2021** 

7th Lapford Parish Council meeting 7.30pm
9th-11th Lapford Revel has been postponed to September
14th Copy deadline for August Lapford Lookout, 6.00pm
15th Youth Club taster session, Victory Hall, 6.15pm
20th Messy Church at Lower Town Place, 3.30pm

### August 2021

Youth Club Summer Disco, Victory Hall, 6.15pm
 Common Players present "The Tuck Inn", Lower Town Place, 6pm.
 Lapford Gardening Club Cheese & Wine Evening, Lowerfield House, 7pm.
 Youth Club taster session, Victory Hall, 6.15pm

### TO CONTACT THE EDITOR

### Write to:

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**Tel:** (01363) 884211 or 07791 989142 **E-mail:** lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

Deadline for inclusion in the next issue: 6 pm on the 14th July for inclusion in August issue

 ${\it Contributions \ are \ welcome, \ to \ be \ used \ at \ the \ Editor's \ discretion.}$ 

Flyers and Inserts must be approved by the Editor prior to publication and shall only be included at the discretion of the Editor and editorial policy.

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### "THE TUCK INN" FROM THE COMMON PLAYERS



A musical, open-air theatrical festival of live performance, fun and feasting for all the family.

### 6pm Wednesday 11<sup>th</sup> August 2021

Lapford, Lower Town Place

This summer we will come together after many months of being apart, to eat, drink, be merry and enjoy a live performance in the comfort and beauty of your local outdoors.

'The Tuck Inn' is an open air event of live music, food making and sharing, and workshops, with a professional theatre production that re-imagines *Robin Hood* at its heart.

You'll be welcomed into the greenwood by the jolly, irrepressible Friar Tuck, and introduced to a band of merry men and women for an evening of music and storytelling. Along the way we'll meet a Viking warrior-ess, an Alchemist, a Sheriff with a dastardly plan to overcome, and our band of outlaws as they search for a new Robin Hood and hero for the future.

This is an interactive, light-hearted theatrical feast for the whole family.

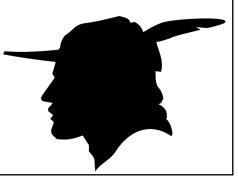
A practical performance skills workshop in the afternoon is also available to book, for ages 14 and upwards – with the opportunity to appear in the evening's performance!

Tickets: £3-£5

Workshop places are £5 each, and include entry into the evening's festivities.

Tickets are on sale from <a href="www.common-players.org.uk">www.common-players.org.uk</a> or from Steve Keable 07967 655045 or The ARK.

Affordable, freshly cooked food will be provided by food charity Catch 77 including a delicious pulled pork Outlaw Casserole, vegetarian Mighty Oak Hotpot, together with crusty bread and butter (as much as you can eat), and for the children, Little John's favourite Hot Dogs.



### A SEASONAL MESSAGE FROM LAPFORD SNOW TEAM

It might seem strange to see mention of snow in July, but this is an attempt to focus your attention on the inevitability that snow will fall in Lapford in the winters of 21/22 or 22/23.

For several years a group of true stalwarts have been committed to pulling on their cold weather gear and boots to work together with shovels to shift any dangerous accumulations of snow. But of the fifteen people who comprise the snow team it was recently realised that the great majority were in their 60s or 70s. Now we don't wish to imply any criticism of these public spirited citizens, but it was pointed out by several of the team that they were not as sprightly as they once had been, and were reaching the point where injuries from slips or falls when snow clearing could have serious consequences.

So the consensus is that Lapford Snow Team needs to bring down its average age significantly to ensure the burden does not fall on those more mature members of our village. In reality, in a mid Devon village serious snow fall will be very rare. In the last few years, although the team has been put on alert they have not been called out en-masse and there have only been two or three occasions when one or two members of the team have been active.

But if Lapford wants to benefit from a team that can be called on in emergency situations we need to recruit more fit volunteers, male or female, between the ages of 18 and 60, willing to give up a few hours of time once in a blue moon.

And while we are about it, the village Volunteer Snow Warden who organises and mobilises the team, checks the grit bins and arranges replenishment has done his bit over the last few years and has decided it's time for someone else to take over.

So if you fancy joining the team, or you are prepared to put yourself forward as Snow Warden, please email Councillor Sue Briant-Evans: susanbriantevans@gmail.com. It is not an onerous task to volunteer for, but it will make a real difference to the lives of people in the village who are confined to the house when snowfall makes footpaths treacherous. And, who knows, you might just really enjoy getting a work-out in the snow.

Ron Harle, Lapford Snow Team





# Light up your BBQ table with a bottle light

All proceeds to the Foodbank

**Available from The Ark - Suggested donation £5** 



# LAPFORD PARISH COUNCIL NOTES MAY 2021

Please note this is a summary of the main points of interest. A copy of the draft minutes will be made available on the Lapford village website, and on the notice boards in the Orchard Centre and in the Ark.

**The Annual Parish Meeting** was held on 25<sup>th</sup> May 2021 at 7-00 pm in the Victory Hall.

Three members of the public attended.

There had been no Annual Meeting in 2020 due to the Lockdown and the notes of the meeting of 11<sup>th</sup> May 2019 were not accessible for approval.

The Chair gave a report covering the last two years of Parish Council business. In addition, reports were received from Heart of Lapford Development, Lapford Emergency Action Plan, and the Church Green Trustees. The Interim Clerk presented a financial report.

**The Annual Meeting of the Parish Council** followed the Annual Parish Meeting.

Three members of the public attended.

- Cllr Ian Hemsworth declared his intention of standing down both as Chair of the Council and a Parish Councillor with immediate effect. He was thanked for his contribution to the Council and the Parish over the past five years.
- Cllr Peter Heal was elected Chair for the coming year;
   Cllr Briant-Evans as Vice-Chair. Two new Parish
   Councillors were welcomed to the Council having been recently elected, Roy Andrews and Stacey Lumsdon.
   Three further vacancies remain to be filled.
- In answer to a question from a member of the Public the Interim Clerk confirmed that the Parish Council had a Freedom of Information procedure in place, and that all future correspondence would be answered.
- County Councillor Margaret Squires stated how proud she was about the way that Devon County Council had supported the community during the lockdown in working with all agencies to obtain the best results.
- A report from District Councillor Clive Eginton informed that a three week refuse collection was being trialled in three areas of Mid Devon, though not in Taw Vale ward; and that MDDC was running a consultation on a Public Spaces Protection Order arising from anti-social behaviour involving dogs.
- There were no Planning Matters to discuss.
- The final accounts for the year 2020/21 were approved, as was the Annual Governance Accountability Return.
- The signatories for the Parish Council bank accounts were being reviewed.
- A Replacement Parish Clerk was still being sought.
- A village litter-pick/tidy-up session was arranged for Saturday 5<sup>th</sup> June.
- It was agreed that the first Wednesday in the month would in future be the regular meeting time for the Parish Council.
- The date for the next meeting was set for Wednesday 7<sup>th</sup> July at 7-30pm in the Victory Hall.

### **FACEBOOK**

I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom.

I give them pictures of my family, my dog and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch and doing what anybody and everybody does every day.

I also listen to their conversations, give them the "thumbs up" and tell them I like them.

And it works just like Facebook! I already have four people following me: two police officers, a private investigator and a psychiatrist.

### cows!

On the announcement of the first lockdown a lonely farmer from Lapford was missing his friends very sorely. "I'm confined to the house. All I have is my cows for chit chat and they perform rather poorly."

What did one Galloway say to another? Oh, Belt up!

What did the cow say on a cold winter's day? It's Friesian today.

What is a cow's favourite football team? Uddersfield Town.

Why did the cow cross the road? To get to the udder side.

How do cows congratulate one another? Give each other a pat on the back.

What's a cow's favourite night out? A night at the moo-vies.

What did the cow say to her husband? You talk a load of old

# LAPFORD PARISH COUNCIL CHAIRMAN'S REPORT 25<sup>TH</sup> MAY 2021

2020 and 2021 has been an extremely difficult period for the Parish Council. Covid 19 prevented nearly all meetings from taking place in The Orchard Centre. Zoom has been the forum for the meetings. This has worked pretty well with members of the public being able to join the meetings.

An even greater problem developed with the absence of a Clerk, initially through health problems. It had not been possible to retrieve a large amount of documentation from the Clerk due to her continued resistance to communication. The burden of managing the council rested mainly on the shoulders of the Chairman and Vice-Chairman. I would like to thank Sue Briant-Evans for her excellent support through this period.

With the appointment of an interim Clerk at the beginning of this year things began to be sorted out and our thanks go to Rob Martin for bringing a much greater sense of order and his perseverance in finalising the necessary paperwork. In particular the year end accounts.

Through the Pandemic, The Lapford Emergency Action Plan team worked tirelessly to support all members of the community with countless surgery and shopping journeys. Funding for equipment and travel costs had been received through a grant from Devon Communities Together Resilience Fund. A huge thank you to all the volunteers and organisers for their super efforts.

Another key issue was being dealt with by the Regeneration Work Group, the rail service. Through persistent communication by Mr Steve Munday with Network Rail, the service has seen a slight improvement in the number of trains stopping at Lapford and there is hope for more additional services to be available later in the year.

The Parish Council continues to do battle with Devon Highways over a number of issues. There are signs of hope that the 30mph signs at the top of the village will be relocated before entering the village. Potholes and drainage problems have been reported.

The PWLB loan. This loan was taken to support HOLD in the development of Lower Town Place. There are two stages of the development.

- 1. To enable the completion of the purchase and
- 2. To prepare the site as an open space available to the village.

Both stages are now complete. Further development will be subject to village consultation.

This month saw an election to fill two vacancies on the Council. Four candidates stood with two successful new candidates, Stacey Lumsdon and Roy Andrews. I welcome them and wish them well.

Finally, after seven years on the Council, the last five as Chairman, I have decided, after serious consideration, to stand down as a Councillor. The last two years have been particularly difficult. In late 2019 my wife was diagnosed with cancer. Thankfully she won the battle and is fully clear. Then last year Sue's mother passed away. Through this whole period, a number of us were subjected to a very unpleasant Facebook campaign. I believe that during my term there have been some significant successes. A Night Landing Site for Devon Air Ambulance. A village Defibrillator. The formation of a dedicated Team of volunteers, LEAP, who continue to help during this current pandemic.

Thank you to all Councilors for their hard work and support.

I wish them all well in continuing to successfully carry out the business of the village.

### Ian Hemsworth

### LAPFORD YOUTH CLUB AND HI FIVE IS TO RE-START

We are really pleased to say that with the current number of volunteers that have signed up we are able to start with some summer taster sessions and hopefully resume a weekly term time youth club from September onwards.

This will be for children in School Years 3-7 (aged approx. between 7-12). All the relevant policies, checks and insurances will be in place to ensure that the group is running safely, well and effectively.

Cat Seymour is the session leader, with an extended DBS check under the Youth Club, and will be responsible for signing the children in and out, taking weekly sub, making sure the group runs well, and that the children and you as volunteers are happy. There will be other sessional leaders to cover for the occasions when Cat cannot be there. Sessional leaders will be supported by training and extended DBS checks.

We see the sessions running in very informal manner so that the children can make their own decisions about how they would like the group to run. We will set up equipment each week like the pool table, football table, table tennis and toys/games that we have. We will offer a craft each week but with a relaxed approach. We have decided that we will not offer any type of screens as we feel that that can cause arguments and it is an ideal opportunity for children to have some screen free time. We will also make use of the outside area (Lower Town Place) during the summer months. During this session we ask people to respect safeguarding requirements with a request not to use Lower Town Place during Youth Club hours to give the children maximum safety.

The sessions will run from 6.15-8.15pm during summer months (April-September) and 6.30-8pm during the winter months (October-March).

We would like to invite your children to some taster sessions during July and August. These sessions will be on 15th July, 5th August (Summer Disco) and 19th August at the Victory Hall from 6.15pm-8.15pm. The sessional introductory cost is £1 per child (to cover the cost of the hall hire). They will need additional money if they wish to purchase snacks from the tuck shop.

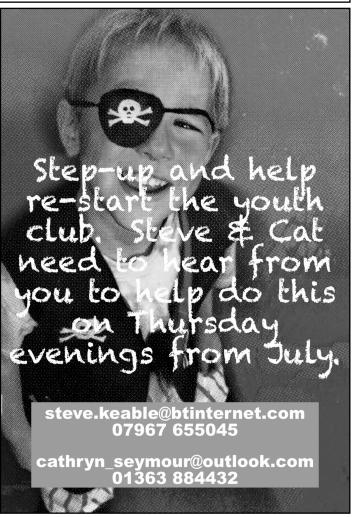
All children attending the Youth Club will need to have a completed and signed Consent Form. To save time on the day please email cathryn\_seymour@outlook.com or contact on 07970 180637. The Consent Form will either be emailed or given to you if you don't have a printer.

If you have any further queries then please do contact Cat Seymour directly.

Cat Seymour — Sessional Youth Club Leader

Steve Keable — Chair, Lapford Youth Club Management Committee





### LAPFORD GARDENING CLUB

Cheese & Wine Evening at Lowerfield House on Tuesday 17<sup>th</sup> August 7pm



New members especially welcome

### **GREAT TRUTHS ABOUT GROWING OLD:**

- 1. Growing up is mandatory; growing old is optional.
- 2. Forget the health food. You need all the preservatives you can get.
- 3. When you fall down, you wonder what else you can do while you're down there.
- 4. You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- 5. It's frustrating when you know all the answers but nobody bothers to ask you the questions.
- 6. Time may be a great healer, but it's a lousy beautician.
- 7. Wisdom comes with age, but sometimes age comes alone.

### WILD LAPFORD— ALL OF A FLUTTER: BUTTERFLIES AND MOTHS



July is a busy month for butterflies and moths, the caterpillars that pupated over winter will have emerged as adults and are busy feeding, getting their strength to lay the next crop of eggs. Summer migrants such as the painted lady will be arriving after their long journey from North Africa.

Butterflies and moths are not just beautiful; they are extremely sensitive indicators of the health of the environment. Just like bees, they are very important pollinators. Their favoured flowers are those that reward the butterfly with a drink of nectar which is their sole food source. Their caterpillars eat the leaves of the plant that the eggs were laid on until they pupate when they start their metamorphosis into the adult.

Most caterpillars of each species have a specific food plant or range of plants that they need. For example, the large white (also known as the cabbage white) prefers to

lay it's eggs on the brassica plant family (much to the vegetable gardener's horror!) It is believed that this reliance on limited food plants is part of the reason for the ongoing decline in butterfly numbers. Modern gardeners tend to be very tidy and many of the food plants needed by the caterpillars are being removed, for example thistles and nettles which support several species of butterfly including the stunning peacock and the small tortoiseshell. We are fortunate that in this area we have a lot of lanes with wild hedgerows that are beneficial to a large range of butterflies including the common blue, orange tip, ringlet, brimstone, meadow brown, hedge brown (gatekeeper), speckled wood, small skipper and the small copper to name but a few.

In the UK there are 57 species of resident butterflies. Compare this to a whopping 2,500 species of moths, although most moths are nocturnal, 11 of these species can be seen flying during the daytime. A commonly seen example of a day flying moth is the very distinctive cinnabar moth. It has bright red hind wings and black forewings with red markings. Its caterpillars are equally distinctive with yellow and black stripes and can be seen feeding on ragwort. A less common visitor to our gardens is the unmistakable hummingbird hawk-moth. It has orange-brown hind wings and greyish-brown forewings, but the most striking feature is how it hovers like a hummingbird next to the nectar rich flowers as it extends its long proboscis to drink the nectar.

Gardening for Butterflies and Moths. Plant nectar rich flowers including bluebells, lavender, red campion, red valerian, cornflower, primrose, bird's-foot-trefoil and clover. Herbs such as oregano, rosemary, chives and thyme that are allowed to flower not only taste great, but will provide a wonderful butterfly and moth food source. Buddleia is a big favourite of many species, but plant with caution as it grows very big, very quickly! Ideally, leave a wild area in your garden where nettles and other wildflowers can grow, it will benefit a multitude of wildlife as well as the butterflies.

The Big Butterfly Count is run by the Butterfly Conservation organisation and starts on the 16<sup>th</sup> July and continues to the 8<sup>th</sup> August. All you have to do it spend 15 minutes counting butterflies and day flying moths in your chosen spot and report what you see. Find out more here: https://bigbutterflycount.butterfly-conservation.org/

If you are a Facebook user, why not join "Wild Lapford" <a href="https://www.facebook.com/groups/wildlapford">https://www.facebook.com/groups/wildlapford</a> to see lots of photos and videos of wildlife and share your wildlife photos with us all. Feel free to contact me <a href="helengreensmith@hotmail.com">helengreensmith@hotmail.com</a> if you have any wildlife questions.

Thanks as always to Rebecca Holley for her lovely artwork.

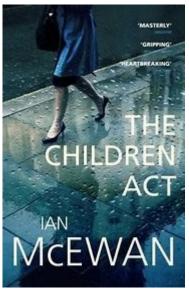
### **Helen Greensmith**

# LAPFORD BOOK CLUB REVIEW THE CHILDREN ACT by IAN McEWAN

This story has its origins in a case Sir Alan Ward, a judge of the Court of Appeal, presided over in the High Court in 1990. He advised the author on various legal technicalities and the everyday working of a High Court Judge.

Beautifully written, Fiona Maye is a leading High Court Judge, presiding over cases in the Family Court. Professionally, she is very successful. However her private life is in crisis, in part due to her being childless after 30 years of marriage. She is called on to hear an urgent case. Adam, a seventeen year old boy, is refusing medical treatment in hospital, treatment that could save his life. His parents are devout Jehovah Witness, to them blood is the essence of life, it is sacred and to mix your blood with that of another is contamination. The hospital treating Adam believes that a blood transfusion is the only way to save his life. His devoted, loving, parents believe his pure death would enable him to enter the Kingdom of Heaven on earth.

Fiona decides to visit Adam in hospital to clarify in her mind what would be best for him. She finds him a charming, articulate young man. She must now decide if the hospital can go ahead with the blood transfusion, against the sincerely held beliefs of the parents. At the age of seventeen, the parents' wishes hold presidency. In three months time, when Adam reaches eighteen, he will be considered an adult and can decide for himself.



We all loved this book and couldn't recommend it any stronger. Despite its upsetting premise, the superbly written story came alive on every page. This novel was made into a film with Emma Thompson sympathetically cast as Fiona. As I had seen the film previously, it was her face I saw in my mind as I read this book.

Section 1(a) of the Children Act (1989) says..."When a court determines any question with respect to the upbringing of a child, the child's welfare shall be the court's paramount consideration."

### Jill Doe

PS I hope that I have described some of the beliefs of a Jehovah Witness correctly without giving any offence to anyone who follows this religion.

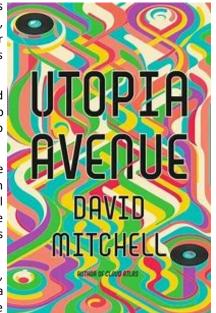
# READER BOOK REVIEW UTOPIA AVENUE BY DAVID MITCHELL

I've read more novels about fictional bands than I care to mention. Most can be classed as a mildly interesting B-side, than a rare classic. However, this is David Mitchell. The writer, not the one making a career out of cowardly snark on panel shows. The concept of an uber novel is nothing new, but he does it with such style and hope, we can see Utopia Avenue as a psychedelic patch in the fabric of a larger concept.

Utopia Avenue is a late 1960's band, somewhere between The Small Faces, Cream and Fairport Convention. Their magnificent rise and sudden fall are the novel's plot. It's easy to see the characters as Shenzen copies of real people. What elevates the novel are two things.

Firstly, the inclusion of real people from the 1960's. Some glorious (Lennon), some ignominious (Saville). Plus, see these small events in the context of his other work. Human lives, thoughts and desires are mere collateral damage in a war between supernatural beings. On one side, The Atemporals, who are eternal and reborn in different souls. On the other, The Catharites, who maintain immortality by drinking the souls of psychics (especially children).

The band's guitarist Jasper DeZoet, a sort of Dutch Hendrix is the key to the novel. Gifted, yet troubled at the same time. Not just the descendant of the 18<sup>th</sup> Century merchant from a previous book, but carrying a secret from it. A recurrent character has the cure. This is the 1960's, strange things happen, man.



If the novel has one flaw, it's the sudden, literal dead end it hits. But, if you're familiar with his books, you'll recognise how the book fits in. If you're not, see it as an encouragement to explore his other work, which is an infinite, yet hopeful universe. To quote his most famous book, *Cloud Atlas* "Our lives are not our own. We are bound to others, past and present and by each crime and every kindness, we birth our future."

### **Kev McCready**



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### We look forward to seeing you soon!



Look out for further information regarding extended opening hours. For further details and bookings contact Ashley or Harriet:-

> Tel: 07772 254005 / 07940 157555 Email: harrietcresswell@yahoo.com Or Message on Facebook: Eggesford Crossing Café



### The Plant Shed & Farm Shop

# **NOW OPEN AT EGGESFORD STATION** The best quality local produce

A full range of fruit, veg, meat, dairy, fish and store-cupboard essentials... LOGS - SACKS OF POTATOES - COMPOST

We are very excited to now offer locally-reared lamb, pork and beef.

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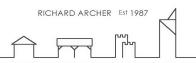
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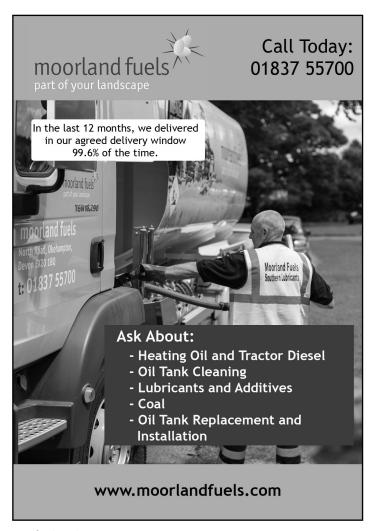
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Hedge cutting

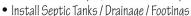
Patios and Decking General garden tidying

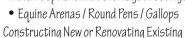
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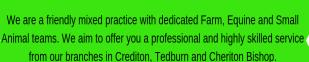
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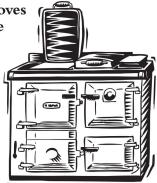
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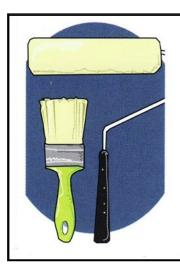




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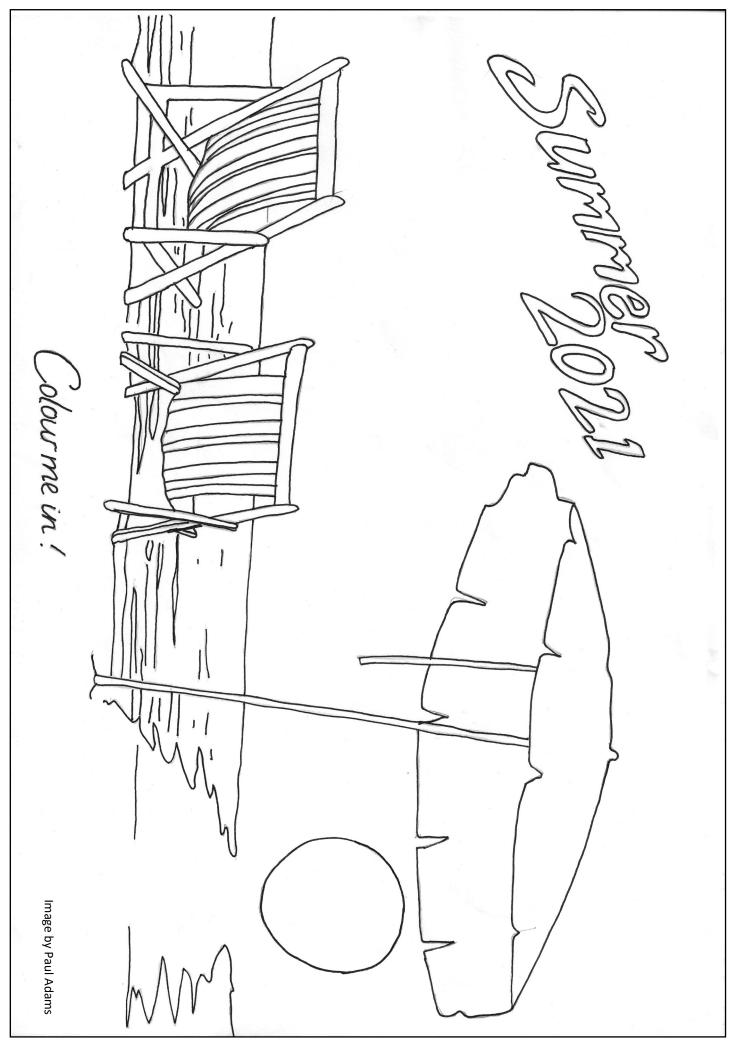
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### **READERS' LETTERS**

Dear Editor,

I am looking to gauge interest in the holding of a Village Jumble Trail whereby people sell items they no longer need outside their houses within the village on a set date in August. I would create a list of all households taking part so people can walk round and visit houses taking part. If you are interested could you please email me at peterdanielrice@gmail.com

### **Pete Rice**

### **PUZZLE CORNER**

Song

# SONGS FROM THE MUSICALS

Musical

	Song	iviusicai
1	`You'll Never Walk Alone'	
2	`Oh, What A Beautiful Morning'	
3	`There's No Business Like Show Business'	
4	`Ol' Man River'	
5	`Summertime'	
6	`Luck Be A Lady'	
7	`Hopelessly Devoted To You'	
8	`Who Wants To Be A Millionaire?'	
9	`Something Wonderful'	
10	`Always True To You In My Fashion'	
11	`Feed The Birds'	
12	`On The Street Where You Live'	
13	`As Long As He Needs Me'	
14	`The Music Of The Night'	
15	`La Vie Bohème'	
16	`The Time Warp'	
17	`Happy Talk'	
18	`Sixteen Going On Seventeen'	
19	`America'	
20	`I Dreamed A Dream'	

Dear Editor,

At the beginning of May I was walking the coastal path in North Cornwall with a friend and my dog Zola.

Thank You

Passing through a field we saw a sheep trapped in brambles, I pulled

the brambles off and freed it from behind the fence and bank. I then opened the gate to let the ewe into the field with the lambs, with the gate wide open it ran at me full speed, its head hitting and displacing my knee cap and bending my leg back the wrong way, resulting in a fractured tibia in two places.

After five weeks of rest and no weight bearing I saw a mobility scooter advertised by Ian Hemsworth, so gave him a call. I would like to thank Ian and The Ark for providing me the rental of a mobility scooter. It's been a new lease of freedom for me and Zola. I was very surprised and impressed that the scooter got me round the 3 miler and Zola was happier as well to get out for a walk! I was also able to get to The Ark, meet new people, exchange books, have lunch and enjoy the great atmosphere there.

I would also like to thank all my neighbours and friends that have walked Zola, collected shopping and cut my grass, checking up on me and so much more when I was unable to do so.

Not forgetting my daughter Millie who was able to work from my home for the first three weeks of my accident.

You all know who you are and have all been a great support over the last six weeks. I cannot put in words how thankful I am, much appreciated thank you very much.

### Dan and Zola

### JUNE LINK WORD ANSWERS

Т	E	А	М
В	0	N	E
F	I	L	М
G	L	U	E
K	I	С	K
Т	0	U	R
M	-	N	Т
L	0	S	Т
Т	R	E	E
0	V	E	N

The name of the fairy is TINKERBELL

### **MESSY CHURCH**

Welcome back to Messy Church!

Lapford Congregational Church are delighted to invite your family to Messy Church-Outdoors at Lower Town Place on the 20th July from 3.30pm.



We will be learning through worship, craft and play about Jesus and the Story of Feeding the Five Thousand.

We will also be providing families with a picnic tea and all the craft materials you need so all you need to do is bring yourselves and maybe a picnic blanket!

Please email or contact Cat Seymour to book you family a place. cathryn seymour@outlook.com or 01363 884432.

We will be limited to a certain number of families and will need to know who is coming so we have enough food.

### A LITTLE HUMOUR

I bought an amazing dog from the local blacksmith. Within an hour of getting home he'd made a bolt for the door ...

When people ask me the difference between Ignorance and apathy, I tell them I don't know and I don't care ...

I changed our bed for a trampoline. When my wife came to bed she nearly hit the roof ...

I said to the Pilates instructor "Can you teach me to do the splits?" She asked "The splits? Sure, but how flexible are you?" I said "Well, I can't do Tuesdays" ...

I lay awake last night wondering where the sun had gone. And then it dawned on me ...

### PRESERVING OUR LOCAL APPLE TREES

Over the last few months some deft work from members of the LTP gardening group has resulted in successful grafting of a number of apple trees which will be planted along the roadside fence at Lower Town Place as cordons, for future community benefit. To ensure these new trees have the best potential for development it has been decided that the optimum time for planting will be the Autumn, and the trees will by then have developed strong stems and new growth.

Grafting apple tree scions (cuttings taken in February) is done by selecting a rootstock of an appropriate type for the intended vigour, size and purpose of the desired tree. For Lower Town Place, we have used M9 dwarf rootstock and MM116 semi-dwarf rootstock to ensure the trees are suitable for growing as cordons, bushes or small trees which makes them particularly suitable for domestic gardens. (Apart from a couple grafted with scions from the old Lower Town Place tree onto vigorous rootstock suitable for large gardens).

After reserving trees for Lower Town Place the project has successfully produced around 40 additional dwarf trees which are now offered for sale from July onwards. (A number are already reserved).

All gardens have space for a small apple tree which should produce fruits after 2/3 years so why not reserve one yourself? These are offered for a donation of £12 minimum and will be supplied with planting instructions and notes about the variety.

If you would like one or two or even three to create a mini orchard the following are offered:

Devonshire Quarrenden (old variety, first recorded 1678, dessert apple, hardy, crops well)
Tom Putt (from Somerset c1700, culinary but also makes excellent cider)
Upton Pyne (from Topsham, introduced 1910, culinary and dessert, good disease resistance)
Lowerfield Surprise (variety unknown but is producing abundant healthy shoots, dessert)
Devon Crimson Queen (first recorded 1831 but thought much older, dessert, fruits store well)
Ribston Pippin (developed in Yorkshire 1702 with seed from France, dessert, similar to Cox)
Sandra's Golden (dessert variety, crops well, eats well)

Higher Town Mystery (dessert variety, crisp and firm)

We also grafted several trees with scions taken from the tree in Lower Town Place, originally planted by Bill Manning's father, and the tree outside the school planted by Noel Parry. Unfortunately, we have not had great success with these with only a small number taking. However, we intend to try a different technique called chip budding in the summer and will also try scion grafting again from these trees next spring.

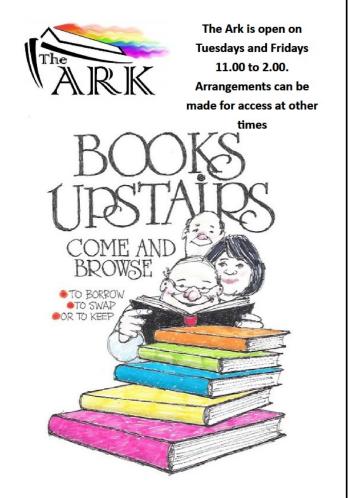
There are also available a couple of trees grafted last year onto vigorous rootstock for larger gardens, and several grafted onto semi dwarf rootstock, (Devon Crimson Queen, Ribston Pippin, and one unknown). These trees have established well.

To reserve your trees please put your contact details (phone/email) indicating which trees you would like and the total amount you would like to donate to the project inside an envelope marked LTP Apple Grafting Project, and post it through the door of the ARK. One of us will contact you to arrange delivery and collect your donation during July or August. All proceeds will be ploughed back into funding future planting and maintenance on Lower Town Place.



### **Andy Epstein and Ron Harle**





# Beyond Our Control!

Due to the recent announcement to delay the releasing of all Lockdown restrictions we are obliged to postpone the Revel this year. All things considered, we would hope to hold our planned programme of events later in the year and are aiming for the first weekend in September.

We apologise for this sad news and will do everything we can to see that we get a Revel this year.

### **ASH DIEBACK**

Most parts of England are now experiencing the impacts of ash dieback, although some regions have had widespread infection for longer periods. Local conditions will determine the extent to which ash trees are affected by the pathogen. Trees in woodlands with high proportions of ash are likely to decline more quickly due to the higher density of spores. In addition, ash is likely to decline more quickly in areas where it is stressed such as sites with low water availability. Ash trees growing in open, less humid locations – such as street and hedgerow trees – will probably deteriorate more slowly. Some trees with few symptoms could survive on these sites for many years. A small proportion of trees will have a genetic tolerance to the disease. These are likely to be most easily identified on woodland sites with a high degree of infection where some trees might stand out as being healthy. Infection can lead to leaf loss and dead branches throughout the crown of ash trees and clumps of new growth towards the centre of the crown. Under high infection pressure the pathogen can cause infection at the base of the tree. This will increase susceptibility to secondary pathogens such as honey fungus (Armillaria spp). In all situations, the most susceptible trees can dramatically deteriorate in condition in as little as four years. If affected trees are situated in high footfall areas or roadside margins, this can create health and safety risks to the public and forestry operators.

In law, the owner of land where a tree stands is responsible for the health and safety of those who could be affected by that tree. Liabilities can arise if trees or branches fall. If you are unsure about the health and safety risks, consult a fully insured tree management professional who holds the LANTRA Professional Tree Inspection Certificate.

Information from the Forestry Commission Website.

For more details see: www.forestresearch.gov.uk

### SUMMER FRUIT COMPOTE

A delicious Danish inspired compote which is good served with yogurt or ice cream as a summer pudding.



500g (1 lb) mixed summer berries eg strawberries, raspberries, blueberries, loganberries, blackcurrants

Squeeze of lemon juice

75g (3oz) granulated sugar

1 teaspoonful cornflour mixed to a thin paste with water

Place fruit, sugar, and lemon juice in a saucepan and gently bring to the boil, stirring frequently. Simmer for 2 – 3 minutes then stir in cornflour paste. Bring back to the boil, then remove from the heat and pour into a basin. Allow to cool and store in the fridge until needed.

**Paul Cleave** 

### THOUGHTS FROM THE ARK

The ARK has been open for three weeks at this time of writing. We had a slow start, which gave us the opportunity to settle into the routine again. As the weeks have gone by, so more and more people have felt brave enough to come and join us. It's been good to meet up again and hear how they have managed to survive the lockdowns. We have had to change certain things in the café to allow us to stick to government guidelines but that seems to be the way things are at the moment.



Bob Hartman, a great story writer, wrote ..... When I was at school, I was only fifteen, one of my teachers asked us the question, "What do you want to do with your life?" The answers broke down into roughly two groups.

Half the class simply wanted to be happy and the other half wanted to do something that would make the world a better place. I wonder what our or young people's answers would be today, if we were asked that question. "Many years have passed and I have watched my classmates, my friends and family, and my work mates and I've finally worked it out, only just figured it out! Those weren't two answers, not two answers at all. No, those answers were one and the same. Jesus said, "Whoever wants to save his life will have to lose it, but who ever loses his life for me will find it."

One of the joys of having lots of books donated to The ARK is that we get a sneak preview as they are sorted, before being put on the shelves. There have been some beautiful books given to The ARK and it's been such pleasure to sit for a while upstairs and enjoy them. Over the lockdowns we have rearranged and bought bookcases to display and store the books. We now have a small library, with lots of lovely books waiting to be discovered and read. There are story books for adults and children, reference books, DVDs and a small collection of toys. All available. It's easy to borrow, just choose your book and take it home to read, if you want to return it or replace it, that's great. If you enjoy books, please come and check it out. There is also a quiet room where you can sit and read, if you are not in a hurry, we can provide a cuppa and a piece of cake. Initially the upstairs will be open on Tuesdays and Fridays when the Café is open. We look forward to seeing you.

### The ARK Team

### **NATIONAL BLOOD SERVICE**



Donations can be made at Boniface Centre, Crediton, on Tuesdays 6th or 13th July 2021 at 13:10 to 19:15 or at Chulmleigh on 29th July



Call the donor helpline on 0300 123 23 23 for more information or to check for cancellations

Do something amazing - Give Blood!



**CAT Preschools is a director-led** CAT Preschools organisation incorporating Chulmleigh, East Worlington and **Lapford Preschools.** 

### **Lapford Preschool**

Care for 2 - 5 year olds Monday - Friday, 9.00am – 3.30pm Wrap around care is available through the school

Please call Lorraine Kigongo on 01363 83162 or email lkigongo@catpreschools.co.uk for further information and to arrange a visit.

We are registered to take 2yr old and 3 / 4 year old funded children at all of our settings.

> We are registered for 30 hours funding. - We are open term time only -

### **DEVON MOBILE LIBRARY STOPS**



### Lapford

Orchard Way: 13.30-14.55 School: 15.00-16.00

### Nymet Rowland

Opposite Village Hall: 12.30-12.50

Every 4 weeks on Tuesdays July 20th, August 17th, September 14th, October 12th, November 9th and December 7th.



### LAPFORD LOOKOUT **ADVERTISING RATES AND POLICY**

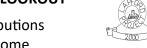
Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, payable in advance,

One eighth page: £6 per month. One quarter page: £12 per month. One half page: £24 per month. £48 per month. Whole page:

Pay for 12 months and you get one extra month, FREE! Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.



### LAPFORD LOOKOUT



Contributions welcome

### lapfordlookout@gmail.com

Deadline for inclusion in the next issue: 6 pm on the 14th July for inclusion in August issue



### LIBRARIES UNLIMITED **BOOKS ON WHEELS**

Do you have difficulty in getting to Crediton Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking

books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.

Peter Westcott - Telephone: 01363 83525





### **NEED TRANSPORT TO YOUR** MEDICAL APPOINTMENT?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

Bow Medical Centre - £5

Chiddenbrook Health Centre - £5

Chulmleigh Dental Practice - £5

Chulmleigh Health Centre - £5

Crediton (Breast Screening) - £6

Crediton (Covid jab) - £6

Crediton Community Hospital - £5

Morchard Bishop Surgery - £3

New Valley Health Centre - £6

Winkleigh Surgery - £5

We have LVCA drivers available to take anyone to have their Covid vaccination. Please contact Grace as above.

### IN CASE OF AN EMERGENCY IN LAPFORD





Parish Council Contact: Ian Hemsworth - 01363 884460

Village Contact: Roy Trevaskis - 01363 83742

South of Taw/A377 Contact: Sue Briant-Evans - 01363 83763

### **USEFUL TELEPHONE NUMBERS**

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
   CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings
   @Devon ~ Exeter: 07990 790 920 or
   Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



# LAPFORD OUTREACH POST OFFICE



**OPENING HOURS:** 

Monday 9.00 - 12.30 Wednesday 9.00 - 12.30 Friday 9.00 - 12.30

### LAST POSTING TIMES AROUND THE VILLAGE

	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	4.30p.m.	11.00 a.m.
Woodland Cottage	9.00 a.m.	7.00 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	4.45 p.m.	10.15 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	4.30 p.m.	10.15 a.m.
Morchard Road	5 00 n m	11 15 a m

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

### LAPFORD PARISH COUNCIL, ETC

Home - 01363 884277 / Office - 01363 775467 Cllr Peter Heal (Chair) Ashlands, Lapford, EX17 6AE peter.heal@btconnect.com Cllr Sue Briant-Evans (Vice Chair) Edgerley Cottage, Lapford, EX17 6AH 01363 83763 / susanbriantevans@gmail.com Cllr Roy Andrews Cllr David Davenport Pleasant Cottage, Lapford, EX17 6PZ 01363 884236 / daviddport@gmail.com Cllr Julie Down Rafters, Lapford, EX17 6QP 01363 83356 / julielpc@hotmail.com Cllr Stacey Lumsdon Cllr Alex Shapland 13 Highfield, Lapford, EX17 6PY alex1990shappers@hotmail.com Vacancy Vacancy Vacancy Parish Clerk - vacancy lapfordpc@live.co.uk District Cllr Clive Eginton 6 Moortown, Chawleigh, Chulmleigh, EX18 7EU 01769 580830 / ceginton@middevon.gov.uk **County Cllr Margaret Squires** Frostland Farm, Copplestone, EX17 5NY 01363 84337 / margaret.squires@devon.gov.uk Mel Stride MP House of Commons, London, SW1A 0AA 02072 197037 / mel.stride.mp@parliament.uk

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
LAPFORD EMERGENCY RESPONSE TEAM - CORONAVIRUS LOCAL HELP		07966 144772 / help@lapfordvillage.co.uk Facebook: Help the Vulnerable in our Community (Lapford)
Adventure Gaming Beginners Ballroom Dancing Banyu Hatten Aikido Books on Wheels Friends of Langannerie (twinning) Friends of Lapford Mill Friends of Lapford School Heart for Lapford Strategy Group (H4L) HOLD Ladies of Lapford (LOL) Lapford Allotment Society Lapford Amateur Dramatic Society Lapford and District Pre-school Playgroup Lapford ARK Lapford Association Football Club Lapford Community Church Lapford Community Primary School Lapford Congregational Church  Lapford Dog Club Lapford Emergency Action Plan Committee Lapford Foodbank Lapford Handbell Ringers Lapford High 5 (ages 7-12)	Mr Warren Clayburn Mr Steve Munday Mr Geoff Flather Mr Peter Westcott Mr Peter Henshaw Mr Alex Gater Mrs Kirsty Wensley Secretary Mr Bill Graham Mrs Joy Quickenden Mr Raymond Waldron Mr Ian Wilkie Mrs Lorraine Kigongo Miss Briony Clinch Mr Niall McAreavey Mrs Jill Doe Mrs Cat Seymour Miss Briony Clinch Mrs Clare Wilmott Mr Peter Lacey  Mrs Sara Thurgood Mrs Sue Briant-Evans Mr Alex Gater Mrs. Briony Clinch Mr Steve Munday Mrs Cat Seymour	01363 83095 / wmclayburn@gmail.com 07798 684225 /steve@lowerfieldhouse.co.uk 01363 83355 / bhaikido@googlemail.com 01363 83525 / pj.westcott@btinternet.com 01837 89070 / petehenshaw@yahoo.co.uk 07815 795918 / alex@lapfordmill.uk 07977 825814 / kirstywensley4@gmail.com heart4lapford@aol.com 01363 83047 / bg4847@aol.com 01363 83245 / joyquickenden@gmail.com 01363 83894 / ednawaldron@btinternet.com 01363 83437 / i.wilkie45@btinternet.com 01363 83788 01363 83733 / lapfordafc@gmail.com 01363 83410 / sunnyside@jilldoe45.plus.com 01363 83440 / sunnyside@jilldoe45.plus.com 01363 83666 / admin@lapfordcc.org.uk 01363 83292 / admin@lapfordcc.org.uk 01363 83420 / lapfordcongregationalchurch@gmail.com 01363 83081 / info@lapforddogclub.co.uk 01363 83763 / susanbriantevans@gmail.com 07815 795918 / alex@lapfordmill.uk 01363 83788 07798 684225 / steve@lowerfieldhouse.co.uk 01363 884432 / cathryn_seymour@outlook.com
Lapford Gardening Club Lapford Gardening Club (Shows) Lapford Lookout Lapford Meat Bingo Lapford Pilates Lapford Over 60 Club Lapford Parish Church Lapford Poppy Appeal Organiser Lapford Project 2000 Lapford Regeneration Committee Lapford Revel Lapford Revel Volunteers Lapford Victory Hall & Lower Town Place Bookings Lapford Village Archive Lapford Youth Club Lapford Youth Club Lapford Youth And Playing Field Trust Lapstock Nymet Rowland Village Pump Save Our Heritage Lapford Springers 4's and under The Friends of St Thomas of Canterbury	Mrs Cat Seymour Mrs Trish Mumford Mrs Jeanne Whittaker Mrs Beccy Fletcher Mrs Jayne Grover Steph Heard Mr Ron Kercher Mrs Joan Graham Mrs Caroline Noon Mrs Sue Briant-Evans Mr Ian Hemsworth Mr Alex Gater  Mrs Joanne Cann  Mrs Jeanne Whittaker Mrs Grace Hill Mr Steve Keable Miss Helen Greensmith Mr Steve Keable Liz and Roland Smith Mrs Donna Egan Mrs Caroline Gilpin Mrs Prue Lambert	01363 83911 / james@mumfordj.plus.com 01363 83911 / james@mumfordj.plus.com 01363 83068 / jeanne.whittaker@btinternet.com 01363 884211 / lapfordlookout@gmail.com 07900 477247 07773 010512 / steph.instructor@talktalk.net 01363 83810 / lapfordover60@yahoo.com 01363 83863 / lapford.pao@gmail.com 01363 83763 / susanbriantevans@gmail.com 01363 884460 / i.hemsworth@btinternet.com 07815 795818 / alex@lapfordmill.uk revelvolunteers@gmail.com 07803 002910 / jocann@btinternet.com 01363 83178 / lvca2011.19@gmail.com 07967 655045 / steevekeable@btinternet.com helengreensmith@hotmail.com 07967 655045 / steve.keable@btinternet.com 01363 834446 / pump@incywincyweb.com 01363 83732 / donnaegan84@gmail.com 01363 83674 / caroline@gilpin.eclipse.co.uk 01363 83150 / pruelambert@yahoo.co.uk

### THE CHANGING FACES OF LAPFORD AFC

It may seem like everyone is obsessed with Euro 2020, but here in Lapford we have our own champions to celebrate. Here are a few pictures taken from their Facebook page, Lapford AFC. Why not visit the site where you will find many great action shots and, possibly, many memories? And, if all this football fever has whetted your appetite and you are new to the game, you could do a lot worse than going along and supporting your local club......they really are the best.













LAPFORD AFC: This team were runners-up in the Devon Senior Cup final last season, but went on to win Division Four of the Devon and Exeter League. This season they will be playing in Division Three after promotion, and the second team play in Division Nine. Back row, left to in Division Three after promotion, and the second team play in Division Nine. Back row, left to right: Nial McAreavery (coach), Ashley Simpson, Matt Parsell, Dom Stapleton, Dan Tucker, right: Nial McAreavery (coach), Ben Tucker, Guy Hoskins, Nick Tucker (manager), and John Mark Tucker, Reuben Sampson, Ben Tucker, Guy Hoskins, Nick Tucker (manager), and John Burrows (secretary); front: Rob Tancock (first aid), Alex Shapland, Harry Leach, Josh Burrows (secretary); Martyn Leach, Lewis Davey, Roger Hill, James Harris and Andrew Williams, Adam Brealy, Martyn Leach, Sunday Independent 9th August 2015.





