



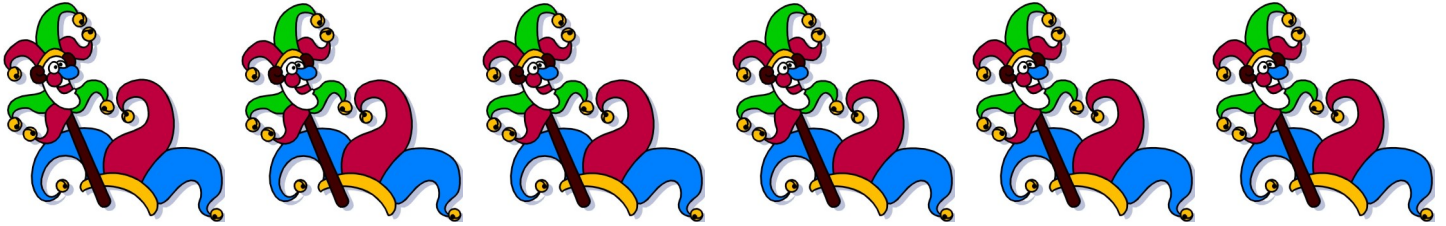
# LAPFORD LOOKOUT



**YOUR LOCAL MONTHLY NEWSLETTER**

Year 25 Issue 2

February 2022



## LAPFORD REVEL NEEDS YOU!

Following the Revel AGM it is with regret that we have to announce that, having failed to secure a working committee to take the event forward, the Lapford Revel is in jeopardy this year. Having had the privilege to Chair this noble and ancient village event for the last few years, I have had a lot of fun and made many good friends. I firmly believe we have been able to deliver some memorable Revels over those years. However it is with some considerable regret that I have to accept that I may soon be required to step back somewhat or retire my position completely in order to attend to my family and other personal issues. In solidarity with the rest of the team, we would all very much hope to continue to support the Revel in any way we can.

There are a great many people in the village who have offered to help out with the running of this child-centred event. However the multifarious, multi-day event requires an immense amount of work. From our AGM it was clear that the team is simply not large enough to run an event such as the Lapford Revel without pushing us all to the point of exhaustion.

In short, in order to proceed, the Revel requires more of us who are prepared to take a lead role in specific areas and pull the wider offers of help together, distributing the work across a number of smaller groups. These include organising the bars, the catering, entertainments, infrastructure (toilets, marquees, staging, electrics, first aid), children's procession & coronations, church service, clean-up, event management (licensing, insurance, risk assessments, programming and promotions) and fundraising. The team already have quite a lot of this covered, but it does need more people prepared to \*lead\* some of these areas. Last year, our belated event had been cut back from previous years in order to accommodate the workload, yet still this Herculean effort fell on too few shoulders!

**ALL VOLUNTEERS are welcome and training for leadership roles can be given.  
Please get in touch!**

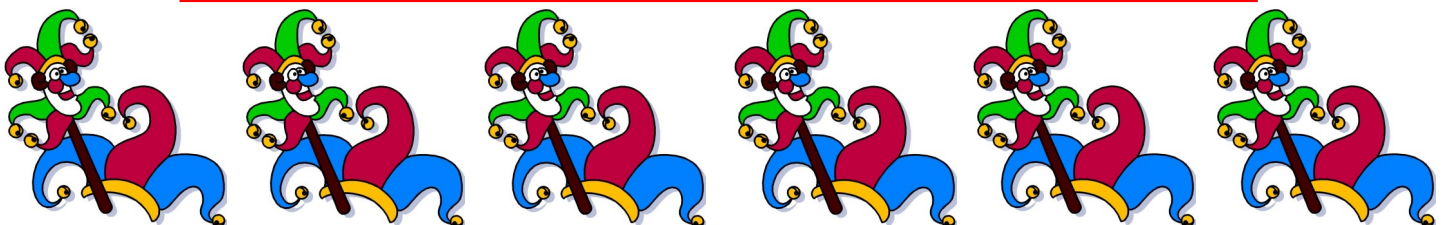
The departing committee has agreed to stay on in a caretaker role and I too, remain in the Chair for the time being in order to keep the Revel from dissolution following which, one presumes, the assets would be transferred to the Parish Council.

**Without your help, The Lapford Revel currently has no plans for 2022  
and could be lost for ever!**

For further information, or if you would be interested in volunteering or co-ordinating a volunteer group (in order to secure a future for the Lapford Revel), please complete the enclosed form or contact any of the Revel committee or message us directly through the Revel Facebook page:

[www.facebook.com/NewLapfordRevel](https://www.facebook.com/NewLapfordRevel)  
**BEFORE THE END OF FEBRUARY!!**

Thank you for your time.  
**Alex & All on the Lapford Revel Committee.**





## CHRISTIANS TOGETHER IN LAPFORD WELCOME YOU TO:



### THE PARISH CHURCH OF ST THOMAS OF CANTERBURY

**Vicar:** The Reverend Robert Gordon - (e) [vicar.ncw@gmail.com](mailto:vicar.ncw@gmail.com)

**Churchwarden:** Joan Graham - (e) [jemg47@aol.com](mailto:jemg47@aol.com) (t) 01363 83047

1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Sundays – Lay Led Morning Prayer – 9.30 a.m.

4<sup>th</sup> Sundays – Common Worship Eucharist – 9.30 a.m.

5<sup>th</sup> Sundays – See announcements on Church notice board

*The Church is open for private time on Wednesdays between 9.00 a.m. and 12 noon*

ALL ARE WELCOME - REFRESHMENTS SERVED AFTER SERVICES



### LAPFORD CONGREGATIONAL CHURCH

Services every Sunday at 11.00am

Communion will be held on the second and fourth Sundays

Contact: Peter and Viv Lacey - Tel: **884230** or Cat Seymour (Youth and Family Worker) - Tel: **884432**

Pastor Caroline Stott - Tel: **01404 831965** - email: [caroline.stott2@btinternet.com](mailto:caroline.stott2@btinternet.com)

[www.facebook.com/lapfordcongregationalchurch](http://www.facebook.com/lapfordcongregationalchurch)

#### Preachers:

Sunday 6th Feb - Merril Archer  
Sunday 13th Feb - Rev. Caroline Stott  
Sunday 20th Feb - All age Family Service  
Sunday 27th Feb - Rev. Caroline Stott

#### Events:

Friday 11th Feb - Quiz Night see posters  
Tuesday 15th Feb - Messy Church After School



### LAPFORD COMMUNITY CHURCH

Meets every Sunday morning at 10.30am in the Victory Hall

4th Sunday of the month is Family Service

Bible Study on Tuesdays 7.30pm and Fellowship Group on Wednesdays 7.30pm

Contact: Briony Clinch - Tel: **83666**

<https://www.lapfordcc.org.uk/>

Please visit our website for information about the Foodbank and ARK.  
You will also find lots of information about Church activities and on-line services.



*All the Churches welcome everyone to any of their services and social events.  
We look forward to fellowship with you.*





# Lapford Weather Review

## LAPFORD WEATHER DECEMBER 2021

December was milder and slightly wetter than average.

The mildest day was the 31<sup>st</sup> with a maximum of 14.2°C, due to the balmy south-westerly winds that had been flooding the country for the previous week. The coolest day was the 19<sup>th</sup> which only reached 5.6°C. The coldest night was shared by the 3<sup>rd</sup> and 4<sup>th</sup> of the month, with air minimum temperatures of 0.4°C, so no air frosts at all at the higher end of the village, although there were several grass frosts at various times. The nights of both the 30<sup>th</sup> and 31<sup>st</sup> were very mild, the temperature only falling to 12.5 and 12.1 °C respectively. Not quite a record, that was back in 2015 when I recorded a minimum of 12.7°C.

Rainfall total was 121.8 mm, much of this falling during the final mild week. Christmas day was the wettest with 27.1 mm but not quite the wettest one I have measured, that was back in 1999 when there were 28.8 mm.

There has been no trend of increasing rainfall since the 1990's. The windiest day was shared by the 27<sup>th</sup> and 29<sup>th</sup>, both of which had gusts of 54 m.p.h.

## 2021 ANNUAL REVIEW

There has been a trend for the average annual temperature to rise slightly compared with 30 years ago by a small amount (0.2°C in that time). Since the 1990's there has been a trend of increasing autumn and winter temperatures by around half a degree, but no significant trend in increasing spring and summer temperatures.

The 2021 average annual temperature was 10.3°C, just 0.1°C above the 30 year average here in Lapford. The first half of the year was cooler than average, the second half milder.

The hottest day was the 21<sup>st</sup> July which saw a maximum of 29.3°C. The coldest day was the 9<sup>th</sup> of February when the temperature remained just below zero at -0.1°C.

The coldest night was on the 1st January when the air temperature fell to -5.4°C.

There were just four days when we had the thinnest of snow coverings on the ground, for a short time at least.

The annual rainfall was 1031.6 mm. some 70mm. wetter than average. As yet there has been no overall trend in changing rainfall.

May was particularly unpleasant with a combination of 164 mm. rainfall (more than twice the average) and a number of sharp frosts, which pretty much put paid to our apple harvest this year. This followed on from a very dry and chilly April.



Andy Epstein

## LAPFORD PARISH COUNCIL

There are no notes from the January Parish Council meeting as it was postponed until 18th January, after the copy deadline.



## LAPFORD LOOKOUT

Contributions  
welcome



**lapfordlookout@gmail.com**

**Deadline for inclusion in the next issue:  
6.00 pm on the 14th February  
for inclusion in March issue**

## TO CONTACT THE EDITOR

### Write to:

Mrs. Beccy Fletcher, 36 Orchard Way, Lapford, Crediton, EX17 6PR

Tel: (01363) 884211 or 07791 989142

E-mail: lapfordlookout@gmail.com

By hand: Use the box in The Orchard Centre or the Editor's letterbox

**Deadline for inclusion in the next issue:  
6.00 pm on the 14th February for inclusion in March issue**

*Contributions are welcome, to be used at the Editorial Team's discretion.*

*Flyers and Inserts must be approved by the Editorial Team prior to publication and shall only be included at the discretion of the Editorial Team and editorial policy.*

*The views in this newsletter do not necessarily represent the views of the Editorial Team.*

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## DATES TO LOOKOUT FOR

### February 2022

- 2nd Lapford Parish Council meeting, 7.30pm
- 4th Jubilee Planning, Orchard Centre, 7.30pm
- 5th Lapstock Revival Meeting, Lapford Mill, 3.00pm
- 11th Quiz Night, Congregational church, 7.00pm
- 14th Copy deadline for March Lapford Lookout, 6pm
- 17th Ladies of Lapford with the Gardening Club, Willow Basket Making, The ARK, at 7.30pm
- 27th Lapford Village Market, Victory Hall, 10am-1pm
- 27th Crocus and Cream Teas at East Worlington House, 1.30-5.00pm, for National Garden Scheme

### March 2022

- 2nd Lapford Parish Council meeting, 7.30pm
- 6th Crocus and Cream Teas at East Worlington House, 1.30-5.00pm, for National Garden Scheme
- 8th Gardening Club presentation on Goats Cheese, The ARK
- 14th Copy deadline for April Lapford Lookout, 6pm
- 17th Ladies of Lapford, Talk about Seeing Dogs for the Blind, The Ark, 7.30pm
- 27th Lapford Village Market, Victory Hall, 10am-1pm

### April 2022

- 3rd Lapford Parish Council meeting, 7.30pm
- 14th Copy deadline for May Lapford Lookout, 6pm
- 21st Ladies of Lapford, Talk by Next Steps, The ARK, 7.30pm
- 24th Lapford Village Market, Victory Hall, 10am-1pm



## JUBILEE CELEBRATIONS FOR THE VILLAGE



A public meeting on Saturday 8<sup>th</sup> January resulted in an attendance of eleven people under the Chairmanship of Peter Heal, Parish Council.

From the meeting, a committee of five has agreed to take the matter forward and will meet on Friday 4<sup>th</sup> February at 7-30 p.m. in the Orchard Centre.

Ideas brought forward at Saturday's meeting included: tree planting, a LADS variety show, a memorial bench, improved street lighting, a beacon-lighting ceremony, event at the Mill, Jubilee Church service, Jubilee community lunch and children's games, a pensioners' lunch, Lapford history exhibition, a house display competition, and decorating the village with flags and bunting. This in addition to the refurbishment of the Church Green/Lower Town Place bank and Children's art exhibition already in the pipeline.

Obviously, all of this will take an enormous amount of effort and planning to bring together, and volunteer help will be needed nearer the time. Even at this early stage it would be good to have a list of people to call on, so if you feel that you can help with tasks like putting up tents, barbequing, fetching and carrying, putting up bunting etc please let us know. Also, anyone willing to help with the planning side of the event will be very welcome to attend the meeting on 4<sup>th</sup> February.

To volunteer, register an interest please contact Sue Briant-Evans on 01363 83763 or email [sue.briantevans@lapfordparishcouncil.org.uk](mailto:sue.briantevans@lapfordparishcouncil.org.uk). Thank you.

## OVER 60'S PARTY AT LAPFORD



Pictured are Pat Bulley and Sue Hemsworth, with Lapford DJ Paul Adams at the Lapford Over 60s, Xmas lunch

Pictured below are Ron Kercher, left, Chairman of the Lapford Over 60's, at their Xmas Lunch at the Waie Inn, with members, Jimmy Powell, who drove them to the Waie Inn, and his wife.

Pictures courtesy of Margaret Tucker





There are four very important words in life.  
LOVE, HONESTY, TRUTH and RESPECT.  
Without these in your life, you have nothing.

Volunteers are unpaid, not because they are useless,  
but because they are priceless.

### LADIES NIGHT AT THE LOCAL



On the 16<sup>th</sup> of December, the 'Ladies' gathered at the Old Malt Scoop for their Christmas meal. Once again, we started the evening by disrupting the seating plan to try to create a more inclusive arrangement. Luckily, the staff were very tolerant and coped with our request.

As usual the food was excellent, with our pre-ordered choices appearing in a very short time and we were soon tucking in to starters whilst, at the same time, managing to fill the room with chatter and laughter. Most of us had been tempted to order three courses such was the mouth-watering menu, and most of us, when we were finished, felt a wee bit full, as the portions were generous as well as delicious.

While we digested our meal, Secret Santa presents were shared and then Joy produced 'the bomb' for a game of Pass the Bomb. Those of you who are familiar with this will know that it requires full attention, a good memory and quick thinking. All of these seem to be a little more elusive as I get older and definitely get more difficult after a good meal and a glass or two of wine. But we triumphed, playing several speedy and raucous rounds until we had run out of questions. By this time, some people were beginning to droop and felt it was time to stagger off home!

It was a lovely evening with all the right ingredients: good company, good food and a welcoming venue. Thank you to everyone who came to share the evening and thank you to the Scoop and staff for helping to make it so successful.

Eighteen of us sat down to dine and apparently more people are interested in joining us. Two years ago, it was thirteen so despite over eighteen months of disrupted meetings because of 'the bug' the Ladies group seems to be thriving which is lovely. If you think we might be able to provide some interest or some laughs (usually the first and always the latter). Please check the Lapford Lookout for meeting dates and just turn up. You will be very welcome. February's meeting is a demonstration of basket making using willow.

Sue Raffill

# Marking Time

Timekeeping  
& the Lapford village clock



A small poster display, now showing  
during normal opening times

@THE ARK

## LAPFORD BOOK CLUB BOOK REVIEW - THE KINGS CURSE BY PHILIPPA GREGORY

Our latest book was 'The Kings Curse' by Philippa Gregory. I have read her books several times before and always found they are very difficult to put down. This one was almost 600 pages long so over Christmas it was sometimes a struggle to find time with so much going on.

The story is based in Tudor times and the heroine is Lady Margaret Pole – nee Plantagenet. When her husband dies she is suddenly in terrible financial trouble with 4 children, staff and property to support. Henry VII has had several of her family beheaded and imprisoned in the Tower of London just because he feels threatened by the Plantagenets.

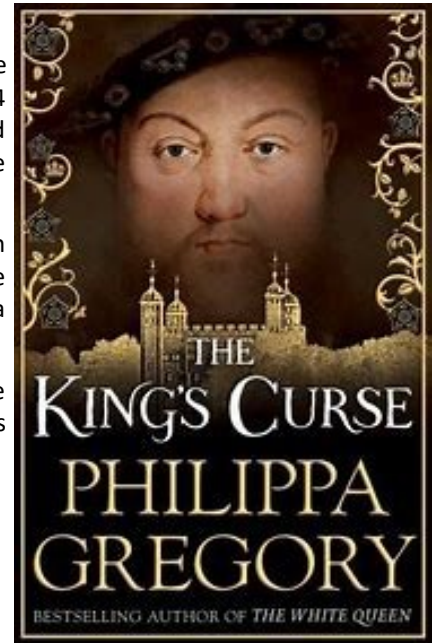
Margaret is well thought of by the Queen and is asked to be governess to her eldest son Arthur. He dies in his teens after a brief marriage to Katherine of Aragon. That means the next in line to the throne is Henry VIII. He is a spoiled and indulged child and turns into a cruel tyrant.

All through her life, Margaret finds she is in and out of favour at the Kings court. These are exceptionally hard times when the King's whim means that many find themselves imprisoned and put to death for no reason.

Margaret is in her mid 60's when she also is sadly put to death.

Very addictive reading.

Jane Epstein



## BOOK REVIEW - GROWN UPS BY MARIAN KEYES

A new year, maybe time to try something new. Four years ago, my wife suggested I try one of Marian Keyes books. She pointed me in the paper direction of *Rachel's Holiday*, her second book, and since then I have been slowly obsessed. She is a writer with a moral purpose, but with a light, comic tone and an absolute master of the laborious plate spinning of novels that sometimes span hundreds of pages. A sequel to that first book *Again, Rachel* is published this month. However, if you would like to make a start, try her last novel *Grown Ups*.

In many ways, it is a fantasy 2020 published as we saw the start of Covid and all the things that we saw taken away from us. The Caseys run a chain of independent grocers and spend that missing year on holiday, at a festival and a truly awful murder mystery weekend with their blended families. At a family party, one member suffers a concussion and a lifetime's worth of unhappiness, mental health problems, infidelity and general unhappiness come tumbling across the kitchen table.

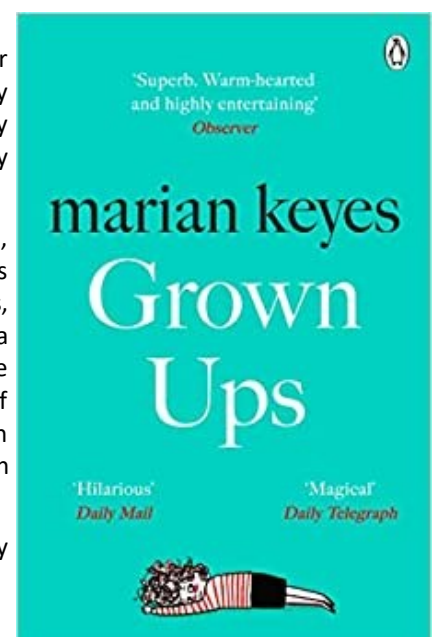
That is a huge scope for any writer and I've said, she's in control. The novel starts with the inciting incident and works backwards, with the last third working through the emotional carnage. It ends on an uncertain, yet satisfying note. No-one is particularly happy, but at least they are honest about their dissatisfaction. And in one case, one character achieves a transitory form of happiness on their own terms.

This is Nell, young, restless and socially conscious. Married to an older man (a former cycling champion), step mum to his children from a previous relationship. Nell is possibly one of the few times I've had a crush on a fictional character in a book. It's Nell, or Ashley in Iain Banks' *The Crow Road*. Maybe that is a trigger for me, big, bold novels about family secrets.

Anyway, this is a comic novel achieved through hard graft and great skill. In many ways, Marian Keyes is an underrated writer and it's a literary mystery as to why. Her books have been translated into over thirty languages - that is over thirty years, fifteen novels, two collections of non-fiction and a cookery book. She deals with human issues in a warm, comic way. Another writer of a different gender or country (she's Irish) would be lauded for that grace and body of work. The Walsh's in particular, who feature in six of her novels are a wonderful creation. Putting the fun into dysfunctional, but never with authorial snobbery or judgemental polemic. *Again, Rachel* sees Rachel Walsh working in the rehab she attended in *Rachel's Holiday*.

I'd start there and work around. She's a writer you'll discover and become slowly obsessed with. In uncertain times, warm your soul with a new, literary discovery.

Kev McCready





## CHULMLEIGH FLORAL ART CLUB

Our first meeting of 2022 will be held on February 16<sup>th</sup> at The Pavilion, Chulmleigh beginning at 7.30pm. Our own member Katie Turley will give a demonstration entitled "Flowers from the Florist" After completing a floristry course at Askham Bryan College in York, Katie opened her own flower shop which she ran for 15 years before retiring to Devon. She also converted the stables at her home in order to run workshops for her customers, flower arrangers and professional florists and won several awards including a Highly Commended at Chelsea Flower Show and several local flower shows.

It promises to be an exciting evening and Katie's beautiful arrangements will be raffled at the end of the demonstration giving you a chance to take one home.

Our competition is "An Arrangement in a Box" so give it a go and remember we have a section for Beginners!

We will be serving tea or coffee and biscuits giving you a chance to chat with old friends and make new ones so please come and join us and enjoy watching Katie and have a chance to learn something new.

For further information please contact:

Heather Russell  
Tel:01769 581258  
or  
Joan Rowland  
Tel: 01769 581241



## PUZZLE CORNER - GREAT INVENTIONS - ANSWERS

inventions and their creators:

- 1 Ball-point pen—Lazio Biro
- 2 Clockwork radio—Trevor Baylis
- 3 Coca-Cola—John Pemberton
- 4 Dynamite—Alfred Nobel
- 5 Frozen food—Clarence Birdseye
- 6 Hot-air balloon—Joseph & Jacques Montgolfier
- 7 Jet engine—Frank Whittle
- 8 Microwave oven—Percy Spencer
- 9 Phonograph—Thomas A. Edison
- 10 Printing press—Johannes Gutenberg
- 11 Spinning Jenny—James Hargreaves
- 12 Telephone—Alexander Graham Bell



## LAPFORD GARDENING CLUB

It was a lively start to the New Year at the January meeting, when the group chatted about lawns, and shared advice. We learnt, among other things, that we need to love moss or spend a lot of money on chemicals, buy a hand cylinder mower, and that a wild flower lawn is not easy to establish.



Next month's meeting is shared with the Ladies of Lapford.

**Thursday 17<sup>th</sup> February**  
**7.30 at the ARK**  
**Willow Weaving**  
**With Jane Welsh**

Tickets (£5) will also be available for the goat cheese and wine evening on 8<sup>th</sup> March

# QUIZ NIGHT

**11**  
**FEBRUARY**

DOORS OPEN 7PM  
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**OR TELEPHONE PETER ON 07775 941505**

## The Friends of The ARK

Would like to thank the generous people of Lapford who supported their Christmas Sale. £936.70 was raised for the Lapford Foodbank.



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# Lapstock Revival

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**Calling all 50  
volunteers who have  
registered to make it  
happen in 2022**

**Lapford Mill  
Saturday 5<sup>th</sup> Feb  
3pm**

**If you have not registered  
your interest do it now so the  
invitation includes you**

**Facebook: Lapstock Volunteers**

**eMail: lapstock2@gmail.com**

## LAPSTOCK UPDATE

Thank you to everyone who has joined the Lapstock Volunteers Facebook Group so far, contacted us by email or dropped the leaflet in the box in the pub. We now have over 50 people who have registered their interest in bringing Lapstock back, so it's looking like something should happen this summer - yay! Exactly what format this will take is still up for discussion. Keith and Diane have been meeting with past key Lapstock organisers Steve, Alex and Jaine and have come up with some ideas as to how Lapstock could be taken forward. We would also like to hear ideas from the people who are volunteering and to work out who would be prepared to get involved in key areas such as organising music, promotion, ticket sales, activities/workshops, food and drink etc.



With this in mind, we would like to invite the volunteers to Lapford Mill on Saturday 5th February from 3pm. If the weather is not good, we may need to postpone to Saturday 19th, as the mill itself has a capacity of about 30, so if we get full attendance we will need to be outside. A BBQ might be a bit ambitious for the beginning of February but if the weather is good bring something to burn! Either way, the mill does have a licensed bar which will be open.

Looking forward to meeting you all,

**Diane, Keith, Alex, Steve and Jaine**

## THOUGHTS FROM THE ARK

The story is told of a wealthy grandfather who went to his doctor to be fitted with a unique hearing aid. The device not only allowed him to hear perfectly, it was hidden so that no one could see it. When he went back for a follow-up visit, the doctor said, "Your family must be happy to know that now you can hear." The grandfather replied, "Well, I haven't told them about my hearing aid. I just sit around and listen to their conversations – and I've already changed my will three times!"



The Bible says, "The prudent hold their tongues." And that isn't only a law of speech, it's a law of science. The odds of putting food in your mouth grow the more times you open it. To put it another way, the potential for saying the wrong thing rises proportionately to the amount of words you say. Ever notice that the person who habitually throws in their "two pennies worth" frequently says something that's worth about two pence, or less?

The writer of Proverbs says, "Do you see someone who speaks in haste? There is more hope for a fool than them." Proverbs 29:20 NIV.

A man walked into a pet shop one day, where a colourful parrot was sitting on a perch. The man looked at the parrot, and in a cocky tone, asked, "Hey, stupid, can you speak?" To his amazement the parrot replied, "Yes, stupid, can you fly?"

Why does God say so much about offences of the tongue? Because when you sin with your tongue, you offend God, affect others and hurt yourself.

I remember being told many times when I was a child. "Sticks and stones may break your bones but names will never hurt you." I don't think I ever really understood what was being said until much later, when I realised just how hurtful name calling could be. The memory lingers. It's really sad that we have new ways of saying nasty things about one another. Technology has given us a different vehicle to express ourselves. We would all benefit from a little encouragement now and then. It's not a bad thing to look and see the good in people and tell them.

We have enjoyed having the Art in The ARK through December and January. It has been a great talking point and much appreciated, so much better than plain walls. Thank you to all the local artists who have allowed their work to be displayed. So watch this space, who knows what other items will be displayed on the inside walls of the ARK.

**The ARK team**



## DO YOU NEED PLANS ?



w: [bsa-exe.co.uk](http://bsa-exe.co.uk) e: [info@bsa-exe.co.uk](mailto:info@bsa-exe.co.uk)

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## The Old Malt Scoop Inn

### Opening Times

Daily from noon until close.

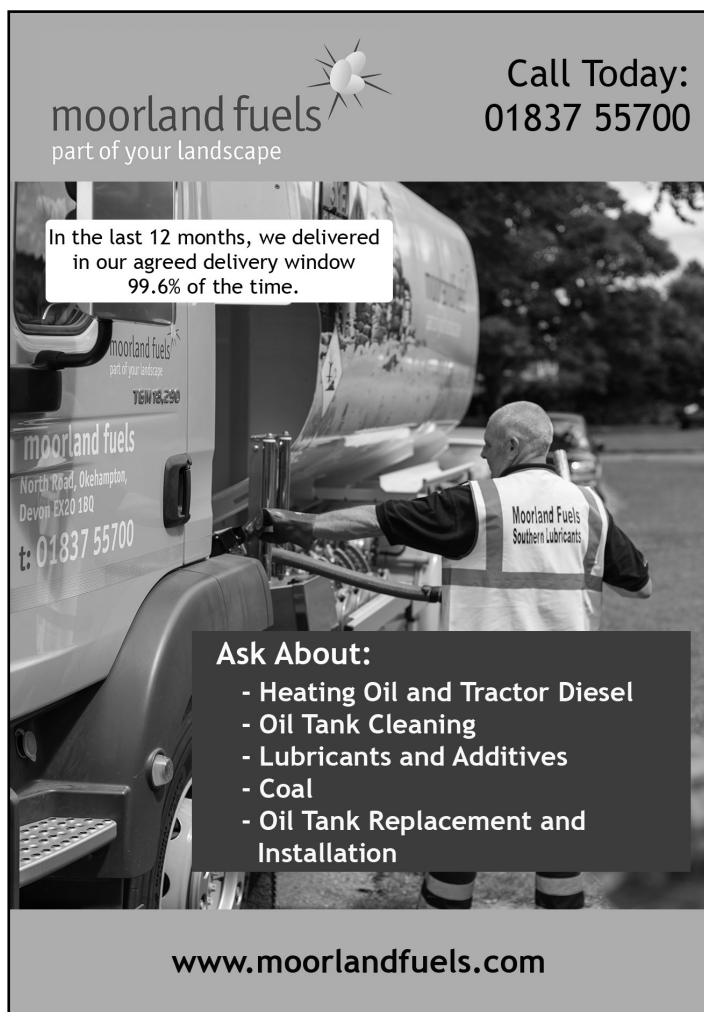
Food served from noon till 2.30pm  
and again from 6:00pm until 8:30pm.

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Pop in and see us, email or give us a call:  
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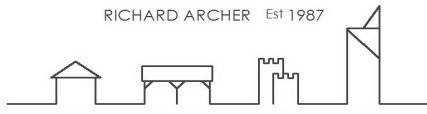
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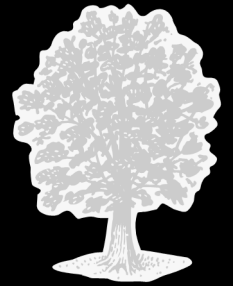
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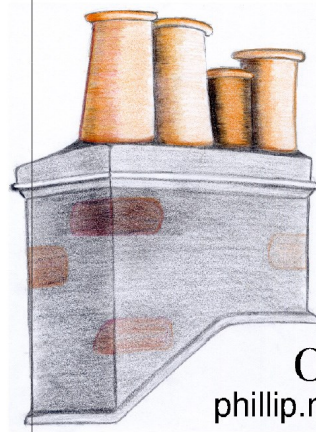
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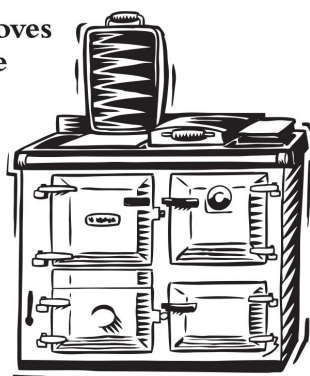
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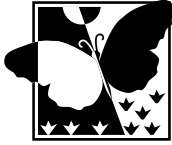
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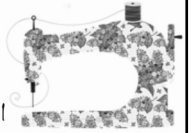
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Have you ever wondered how goats' cheese is made? Have you ever seen different varieties of goats' cheese in the supermarket, or delicatessen, or on the stall at the local farmers' market, and wondered what is different about the various types of cheese on display?

Well, there are two options:

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The French Dispatch (15) Friday 11th March

Spencer (12A) Friday 8th April



## LADIES OF LAPFORD MEETINGS (LOL)

Please come and join us in the Ark at 7.30

Thursday 17<sup>th</sup> February

Willow weaving demonstration  
in partnership with the Gardening Club



\*\*\*\*\*

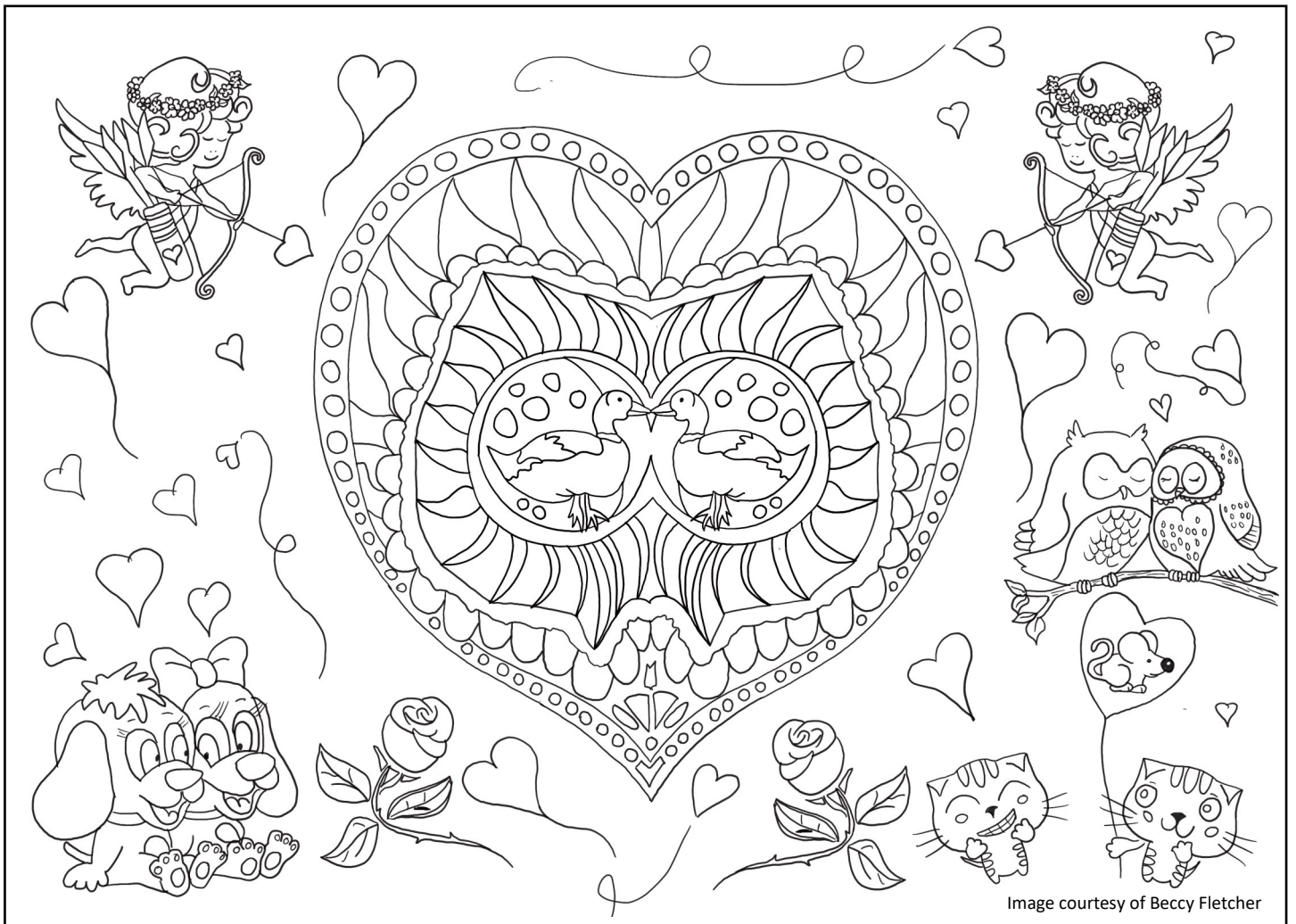
Thursday 17<sup>th</sup> March

A talk by The Seeing Dogs Alliance  
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Friday 11th

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Lapford Victory Hall

7-9pm - £1

Friday Night  
Youth Club

Our kids want more  
Adult volunteers  
So this can happen  
every week in  
Lapford

[cathryn\\_seymour@outlook.com](mailto:cathryn_seymour@outlook.com)

or

[steve.keable@btinternet.com](mailto:steve.keable@btinternet.com)



### SOUND FINANCIAL ACUMEN?

Little Johnny is always teased by the other boys at school for being stupid. Whenever they make fun of Johnny, the other boys will offer him a nickel or a dime, and Johnny always takes the nickel. One day, after Johnny takes a nickel, Johnny's friend, Billy, pulls him aside and asks, "Johnny, don't you know by now that a dime is worth more than a nickel, even though the nickel is bigger?" A smile slowly comes over Johnny's face. "Well," he says, "they'd stop doing it if I took the dime and, so far, I've made 20 bucks!"

### DO YOU HAVE A DONOR CARD?

If so, it's actually no longer needed in England, Scotland and Wales, as you're automatically considered willing to be an organ donor unless you opt out. Yet do register your decision at [www.organdonation.nhs.uk](http://www.organdonation.nhs.uk) so your family know you consented / opted out (better still, discuss it with them).

*PS: There are many worthwhile things you can be a donor for while living, including:*

*blood and plasma donation ([www.blood.co.uk](http://www.blood.co.uk)),  
bone marrow donation ([www.bbmr.co.uk](http://www.bbmr.co.uk)),  
stem cells-age 16-30-([www.anthonynolan.org/help-save-a-life](http://www.anthonynolan.org/help-save-a-life))  
and hair for young cancer patient  
([www.littleprincesses.org.uk/donate-hair](http://www.littleprincesses.org.uk/donate-hair))*

### NATIONAL BLOOD SERVICE



Donations can be made at  
Boniface Centre, Crediton,  
on Tuesday 1st March  
at 13:10 to 15:15



Call the donor helpline on 0300 123 23 23  
for more information or to check for cancellations

*Do something amazing - Give Blood!*

**Libraries  
Unlimited**

### LIBRARIES UNLIMITED BOOKS ON WHEELS

Do you have difficulty in getting to Crediton Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.

**Peter Westcott - Telephone: 01363 83525**



### DEVON MOBILE LIBRARY STOPS



#### Lapford

Orchard Way: 13.30-14.55

School: 15.00-16.00

#### Nymet Rowland

Opposite Village Hall: 12.30-12.50

Every 4 weeks on Tuesdays

### LAPFORD PARISH COUNCIL

The new Parish Council website is now active and can be accessed on [www.lapfordparishcouncil.org.uk](http://www.lapfordparishcouncil.org.uk)



Lapford Voluntary Car Aid 2011

### NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

- Bow Medical Centre - £5
- Chulmleigh Dental Practice - £5
- Chulmleigh Health Centre - £5
- Crediton (Breast Screening) - £6
- Crediton (Covid jab) - £6
- Crediton Community Hospital - £5
- Morchard Bishop Surgery - £3
- Redlands Health Centre - £6
- Winkleigh Surgery - £5

We have LVCA drivers available to take anyone to have their Covid/flu vaccinations. Please contact Grace as above.



The Ark is open on  
Tuesdays and Fridays  
11.00 to 2.00.  
Arrangements can be  
made for access at other  
times

# BOOKS UPSTAIRS

COME AND  
BROWSE

- TO BORROW
- TO SWAP
- OR TO KEEP





# IN CASE OF AN EMERGENCY IN LAPFORD



**KEEP  
CALM**  
AND FOLLOW THE  
**EMERGENCY  
PLAN**

**Parish Council Contact:**  
**Sue Briant-Evans - 01363 83763**

**Village Contact:**  
**Roy Trevaskis - 01363 83742**

**South of Taw/A377 Contact:**  
**Sue Briant-Evans - 01363 83763**

## USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444  
CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings  
@Devon ~ Exeter: 07990 790 920 or  
Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



## LAPFORD OUTREACH POST OFFICE



### OPENING HOURS:

Monday 9.00 - 12.30  
Wednesday 9.00 - 12.30  
Friday 9.00 - 12.30

## LAST POSTING TIMES AROUND THE VILLAGE

	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	9.00p.m.	7.00 a.m.
Woodland Cottage	9.00 a.m.	7.00 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	4.00 p.m.	10.15 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	4.00 p.m.	10.15 a.m.
Morchar Road	5.00 p.m.	11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

## LAPFORD PARISH COUNCIL, ETC

Cllr Peter Heal (Chair)	Ashlands, Lapford, EX17 6AE ~	Home - 01363 884277 / Office - 01363 775467 peter.heal@lapfordparishcouncil.org.uk
Cllr Sue Briant-Evans (Vice Chair)	Edgerley Cottage, Lapford, EX17 6AH	01363 83763 / sue.briantevans@lapfordparishcouncil.org.uk
Cllr Roy Andrews	Old Bakery, Park Road, Lapford, EX17 6QJ	07969 823256 / roy.andrew@lapfordparishcouncil.org.uk
Cllr David Davenport	Pleasant Cottage, Lapford, EX17 6PZ	01363 884236 / david.davenport@lapfordparishcouncil.org.uk
Cllr Julie Down	Rafters, Lapford, EX17 6QP	01363 83356 / julie.down@lapfordparishcouncil.org.uk
Cllr Pat Gowie	Honeysuckle Cottage, 1 Park Road, Lapford.	07722 426650 / pat.gowie@lapfordparishcouncil.org.uk
Cllr Stacey Lumsdon	~	07891 556884 / stacey.lumsdon@lapfordparishcouncil.org.uk
Cllr John Parsley	~	john.parsley@lapfordparishcouncil.org.uk
Cllr Alex Shapland	13 Highfield, Lapford, EX17 6PY	alex.shapland@lapfordparishcouncil.org.uk
Cllr Abigail Whittaker	~	abigail.whittaker@lapfordparishcouncil.org.uk
Parish Clerk - vacancy	~	clerk@lapfordparishcouncil.org.uk
District Cllr Clive Eginton	6 Moortown, Chawleigh, Chulmleigh, EX18 7EU	01769 580830 / ceginton@middevon.gov.uk
County Cllr Margaret Squires	Frostland Farm, Copplestone, EX17 5NY	01363 84337 / margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
<b>LAPFORD EMERGENCY RESPONSE TEAM - CORONAVIRUS LOCAL HELP</b>		<b>07966 144772 / help@lapfordvillage.co.uk</b> <b>Facebook: Help the Vulnerable in our Community (Lapford)</b>
Adventure Gaming	Mr Warren Clayburn	01363 83095 / wmclayburn@gmail.com
Beginners Ballroom Dancing	Mr Steve Munday	07798 684225 / steve@lowerfieldhouse.co.uk
Books on Wheels	Mr Peter Westcott	01363 83525 / pj.westcott@btinternet.com
Friends of Langannerie (twinning)	Mr Peter Henshaw	01837 89070 / petehenshaw@yahoo.co.uk
Friends of Lapford Mill	Mr Alex Gater	07815 795918 / alex@lapfordmill.uk
Friends of Lapford School	Mrs Kirsty Wensley	07977 825814 / kirstywensley4@gmail.com
Heart for Lapford Strategy Group (H4L)	Secretary	heart4lapford@aol.com
HOLD	Mr Bill Graham	01363 83047 / bg4847@aol.com
Ladies of Lapford (LOL)	Mrs Joy Quickenden	01363 83245 / joyquickenden@gmail.com
Lapford Allotment Society	Mr Raymond Waldron	01363 83894 / ednawaldron@btinternet.com
Lapford Amateur Dramatic Society	Mr Ian Wilkie	01363 83437 / i.wilkie45@btinternet.com
Lapford and District Pre-school Playgroup	Mrs Lorraine Kigongo	01363 83162 / lkigongo@catpreschools.co.uk
Lapford ARK	Miss Briony Clinch	01363 83788
Lapford Association Football Club	Mr Niall McAreavey	01363 83733 / lapfordafc@gmail.com
Lapford Book Club	Mrs Jill Doe	01363 83410 / sunnyside@jilldoe45.plus.com
Lapford Choir	Mrs Cat Seymour	01363 884432 / cathryn_seymour@outlook.com
Lapford Church Green	Mrs Sue Briant-Evans	01363 83763 / susanbriantevans@gmail.com
Lapford Community Church	Miss Briony Clinch	01363 83666 / admin@lapfordcc.org.uk
Lapford Community Primary School	Mrs Clare Wilmott	01363 83292 / admin@lapford-primary.devon.sch.uk
Lapford Congregational Church	Mr Peter Lacey	01363 884230 /
Lapford Dog Club	Mrs Sara Thurgood	lapfordcongregationalchurch@gmail.com
Lapford Emergency Action Plan Committee	Mrs Sue Briant-Evans	01363 83081 / info@lapforddogclub.co.uk
Lapford Emergency Response Team	Mr Alex Gater	01363 83763 / susanbriantevans@gmail.com
Lapford Foodbank	Mrs. Briony Clinch	07815 795918 / alex@lapfordmill.uk
Lapford Handbell Ringers	Mr Steve Munday	01363 83788
Lapford High 5 (ages 7-12)	Mrs Cat Seymour	07798 684225 / steve@lowerfieldhouse.co.uk
Lapford Gardening Club	Mrs Trish Mumford	01363 884432 / cathryn_seymour@outlook.com
Lapford Lookout	Mrs Beccy Fletcher	01363 83911 / james@mumfordj.plus.com
Lapford Meat Bingo	Mrs Jayne Grover	01363 884211 / lapfordlookout@gmail.com
Lapford Pilates	Steph Heard	07900 477247
Lapford Over 60 Club	Mr Ron Kercher	07773 010512 / steph.instructor@talktalk.net
Lapford Parish Church	Mrs Joan Graham	01363 83810 / lapfordover60@yahoo.com
Lapford Platinum Jubilee Committee	Mrs Sue Briant-Evans	01363 83047 / jemg47@aol.com
Lapford Poppy Appeal Organiser	Mrs Caroline Noon	01363 83763 / susanbriantevans@gmail.com
Lapford Project 2000 (LP2K)	Mrs Sue Briant-Evans	01363 83863 / lapford.pao@gmail.com
Lapford Regeneration Committee	Mr Ian Hemsworth	01363 83763 / susanbriantevans@gmail.com
Lapford Revel	Mr Alex Gater	01363 884460 / i.hemsworth@btinternet.com
Lapford Revel Volunteers	~	07815 795818 / alex@lapfordmill.uk
Lapford Victory Hall & Lower Town Place	Mr Darren Crump	revelvolunteers@gmail.com
Lapford Village Archive	Mrs Caroline Noon	07960 715553 / darrencrump99@hotmail.co.uk
Lapford Village Market	Mrs Stacey Lumsdon	01363 83863 / lapford@gmail.com
Lapford Voluntary Car Aid	Mrs Grace Hill	07891 556884 / lapfordvillagemarket@gmail.com
Lapford Youth Club Management Committee	Mr Steve Keable	01363 83178 / lvca2011.19@gmail.com
Lapford Youth and Playing Field Trust	Mr Roy Andrews	07967 655045 / stevekeable@btinternet.com
Lapstock	Mr Steve Keable	07969 823256 / r.andrews1950@icloud.com
Lower Town Place Gardening Group	Mr Andy Epstein	07967 655045 / steve.keable@btinternet.com
Nymet Rowland Village Pump	Liz and Roland Smith	amepstein55@gmail.com
Save Our Heritage Lapford	Mrs Donna Egan	01363 884446 / pump@incywincyweb.com
Springers 4's and under	Mrs Caroline Gilpin	01363 83732 / donnaegan84@gmail.com
The Friends of St Thomas of Canterbury	Mrs Prue Lambert	01363 83674 / caroline@gilpin.eclipse.co.uk
		01363 83150 / pruelambert@yahoo.co.uk



## KAREN'S CALENDAR AND FORCE CONCERT



### WE RAISED £4,100 FOR FORCE!

We would just like to thank everyone who brought a calendar and attended the concert back in December.

It was a great evening which included a buffet and music from Paul Ridd and Southern Road. Thank you to Rachel Phillips and Ian Wilkie for helping to organise. This evening made £1,400 so thank you to everyone who came along and hope to organise another event.

We managed to sell nearly 350 calendars and would like to thank everyone who bought a calendar. We hope to do another next year as we still have loads of photos left in Karen's photo album. The calendar made £2,700 and we know Karen would be so happy that everyone has another calendar in their houses.

Liz Tancock also got money together to buy a new bench for the village in memory of Karen! This was presented to us at the pensioners meal it was a shock and such a privilege. Thank you to Liz and everyone who put money in to buy the bench. The bench is now in place outside the Victory Hall for everyone to go and enjoy and remember Karen.



**John Burrows and Jessica Burrows**