

### BOTH FAMILIES WOULD LIKE TO WISH GRACE & JOSEPHINE A VERY SPECIAL HAPPY 90TH BIRTHDAY

How wonderful and special!  
Our dear Mums have reached the age of 90  
(Maybe they can tell us the secret)

They were born in Winkleigh at home on  
3rd February 1931.

Ada Bidgway, their mother, did not know she was expecting identical twins - scans did not exist back in those days. I recall my Mum (Grace) telling me the story that the nurse said "I do believe there's another one on the way". Josephine was born first, weighing 5lb and minutes later Grace, also weighing 5lb. Their father said "that's fine, we will raise them best we can".

The twins have always been close and have a very special bond, even to this present day. I recall a story my Mum told me when she was in labour with me (Liz), Josephine also knew this as she was also having labour pains. My poor auntie must have gone through labour pains five times.

Jigsaw puzzles have been a great love for them both. Who was going to find a certain piece first? Then there's the piece they couldn't find, where could it be? Yep, stuck to the sleeve of their jumper!

They have a joint love for the great outdoors—flowers, wildlife and most sports, but especially football.

Obviously being 90 now, walking is best done with a frame. You've probably seen them tracking off towards the school as far as the holly tree and back, taking a rest on a seat to enjoy the views.

Their love of garden birds shows too, ringing on a daily basis to tell each other what birds have visited and who had the most on the bird feeders!

They have the same mannerisms, laugh the same and love the colour green.

Being a daughter of twins is special to me as I'm lucky to have, in my eyes, two mums and a god mother too. How wonderful is that? To top it all for them to get to the age of ninety.

Just think ten more years to go to the big one hundred!

Sending all our love to you both.  
We will try to celebrate the best we can.

Love from all members  
of both your families XXXX

**We're close because  
we've been together  
from the very start...  
We're Twins you see,  
and share the place  
beneath our  
mother's heart!**



## LAPFORD COMMUNITY CHURCH

Please visit our website, [www.lapfordcc.org.uk](http://www.lapfordcc.org.uk) for information about the Foodbank and ARK. You will also find lots of information about Church activities and on-line services.

## CONGREGATIONAL CHURCH

Due to the current lockdown restrictions we have had to cancel our plans to resume normal services. To make up for no 'live' service, Rev. Caroline will continue to broadcast a message each Sunday morning, at 11.00a.m, on the church Facebook page 'Lapford Congregational Church'. All are welcome to tune in.



## The Parish Church in February

The church is open for Private Prayer on Wednesdays and Sundays between 9.00 a.m. and 12 noon.



Anyone from the village who needs some 'quiet space' for thought and reflection in these difficult times is welcome. We ask anybody visiting to follow Government regulations, the social distancing and sanitising precautions and to enter their details on the register.

## PLANNED MERGER BETWEEN CHIDDENBROOK SURGERY AND NEW VALLEY PRACTICE

For those of you who are registered with the above medical practices, a period of engagement has begun relating to their planned merger. Further information, along with a list of questions already asked by patients with regard to the current plans, is available as hard copies at both practices and will be available on their websites. The Crediton Courier will also be publishing this information.

[chiddenbrook.enquiries@nhs.net](mailto:chiddenbrook.enquiries@nhs.net)  
[newvalleypractice@nhs.net](mailto:newvalleypractice@nhs.net)

## LAPFORD LOOKOUT MADE THE CHANGES

The Lapford Lookout is pleased to report the Boundary Commission have now agreed to include Nymet Rowland in the new Mid Devon Taw Ward, so that it is joined up with Lapford, Wembworthy and Chawleigh.

Last summer the Lapford Lookout and Lapford Project 2000 wrote to the Boundary Commission to say that it was crazy to not include Nymet Rowland, this is what we told them:

*"Nymet Rowland being a small hamlet, draws directly upon Lapford village for services and community activities, with exceedingly close ties, one of these being the monthly community magazine the Lapford Lookout".*

We are pleased to read this change is also now being supported by Lapford Parish Council and our District Councillor. You know it makes sense.

**Steve Keable**

## MESSAGE FROM THE EDITOR

So we are in lockdown again. Here is hoping that the country can take control of this virus as soon as possible. All things considered, it was decided to continue with the Lapford Lookout during these uncertain times as it is felt that this publication is important to the village. Please rest assured that all measures are being taken to ensure the safety of the delivery team and no one is being asked to carry out a task if they are not comfortable.

I would also like to take this opportunity to thank all the key workers and volunteers, living within the village and all areas of the UK, for their continued work and dedication during this difficult time.

Particular thanks to all the carers, doctors and nurses working every day on the front line, helping people through this illness and ensuring that the vaccine is rolled out as quickly and efficiently as possible.

Thank you also to all the school workers not only for looking after and educating the children of keyworkers, but also for helping parents ensure that their home schooled children have access to their education from home.

Stay safe everyone.

**Becky Fletcher**

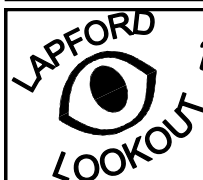


## LAPFORD LOOKOUT

Contributions  
welcome

[lapfordlookout@gmail.com](mailto:lapfordlookout@gmail.com)

**Deadline for inclusion in the next issue:  
6 pm on the 14th February for inclusion in March issue**



## **DATES TO LOOKOUT FOR February 2021**

9th Lapford Parish Council Zoom Meeting 7.30pm  
14th Copy deadline for March Lapford Lookout

## TO CONTACT THE EDITOR

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**Tel:** (01363) 884211 or 07791 989142

**E-mail:** [lapfordlookout@gmail.com](mailto:lapfordlookout@gmail.com)

**By hand:** Use the box in The Orchard Centre or the Editor's letterbox

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6 pm on the 14th February for inclusion in March issue**

*Contributions are welcome, to be used at the Editor's discretion.*

*Flyers and Inserts must be approved by the Editor prior to publication and shall only be included at the discretion of the Editor and editorial policy.*

*The views in this newsletter do not necessarily represent the views of the editorial team.*

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# Lapford Weather Review

LAPFORD WEATHER DECEMBER 2020

December was slightly milder than average but a lot wetter too. The first week was quite cool followed by a very mild spell before ending with a cold final week.

The mildest day was the 21<sup>st</sup> with a maximum of 13.0°C. The coldest day was the 31<sup>st</sup>, which saw the temperature rise to just 3.0°C. The coldest night was on the 7<sup>th</sup> with a minimum air temperature of -3.9°C. Christmas day saw the grass temperature fall to just -8.1°C.

Total rainfall came to 169.9 mm, well above average. The wettest day was the 26<sup>th</sup> with 27.3mm. This was also the windiest day with a gust of 49 m.p.h.

Last year's weather was quite a mixed bag. The winter was mild and wet, spring mild and very dry, summer average temperature but wet, autumn average temperature again but drier than normal.

Overall the year was milder than average, the 4<sup>th</sup> mildest in the last 33 years. It was also wetter than average with a total of 1067.9 mm, the wettest since 2012. The 18<sup>th</sup> June gave the wettest day here since my records began, with 56.0 mm.



I was interested to read Gerald Leach's account of flooding in 1960 in the January Lapford Lookout. I have a booklet at home published by David & Charles in the same year describing the events and damage sustained all over Devon that autumn. It was put together from reports in local papers at the time, such as the Western Morning News, Exeter Express & Echo, Independent, Western Times, Exmouth Chronicle and Mid-Devon Times. Funds raised by the sale of the booklet were put towards the Flood Relief Fund. Serious damage occurred in various parts of the county on different days. For instance on September 28<sup>th</sup> floods were confined to Plymouth. On the 30<sup>th</sup> Crediton, Exton, Teignmouth, Kingsteignton and parts of Exeter saw properties damaged. A bridge between Exeter and Crediton was washed away and there was also flooding in the Torridge valley. On October 1<sup>st</sup> it was the turn of Axmouth and Colyton with further flooding around Exeter and Crediton.

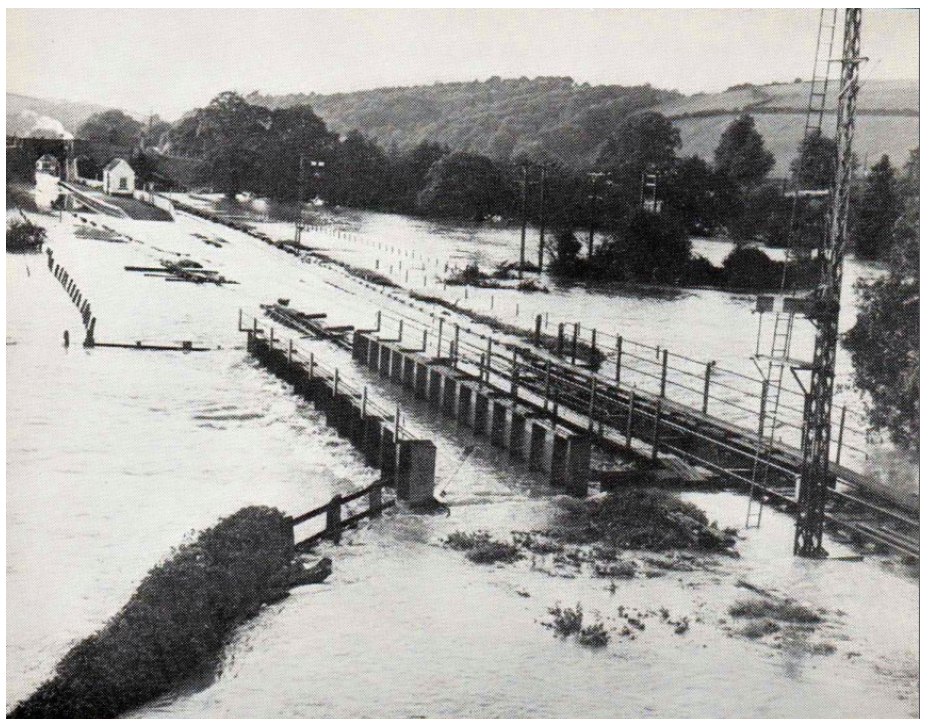
October 6<sup>th</sup> saw renewed rains with Exmouth hit badly again and Crediton also cut off once more. This day also saw severe flooding in the Taw valley and parts of north Devon. On October the 8<sup>th</sup> Exmoor was worst hit with bridges destroyed and roads blocked. Tiverton suffered some flooding.

There was then a respite for a couple of weeks whilst mopping up got underway, however on October 22<sup>nd</sup> flooding returned to east Devon. Sidmouth and Ottery St. Mary received damage and two boys drowned. Exeter again received some flooding around Alphington. The next day, the 23<sup>rd</sup>, saw more flooding in Crediton. The 26<sup>th</sup> was a very wet day and flooding resumed in Exeter. Exmoor was also badly affected along with the Taunton area. The 27<sup>th</sup> saw Taunton and Exeter particularly badly flooded again. The valleys of the Taw, Torridge, Exe and Culm were all inundated. The Exe burst its banks and over 1000 properties were affected, mainly in the St. Thomas area.

Total rainfall in Exeter that October came to over 15", more than half the annual rainfall. The flooding that autumn brought about the building of the flood relief channels you can now see in Exeter. Much damage was caused to the railways particularly in the Exe, Yeo and Taw valleys with bridges washed away and landslides. Many houses sustained flooding and damage, in fact 3 houses at Fordton collapsed completely. The only photo of Lapford I can find is the one published in the booklet, unless anyone else has any tucked away in an old album?

All the emergency services performed sterling service in the massive clean-up operations that followed all the devastation, including the army, fire and police services, W.V.S., A.A., Civil Defence, British Legion, Round Table and many others.

**Andy Epstein**



## NOTICE FROM LAPFORD PARISH COUNCIL

All Parish Councillors wish you well and would like to let you know that during the sequence of Covid Lockdowns and the periods in between the Parish Council has continued to meet through Zoom video conferencing. Our next meeting is Tuesday 9th February at 7.30pm. All Lapford Parishioners are invited to join the public session. The Agenda for the meeting will be posted on the new Lapford Village website [lapfordvillage.co.uk](http://lapfordvillage.co.uk) and on the Parish Council notice board outside the entrance to the Victory Hall.

Since September the Parish Council has been without the services of a Clerk. We are currently recruiting but this created unforeseen problems and for technical reasons it has not been possible to update the Parish Council's own website. Both Covid and the absence of a Clerk is creating challenges to be overcome - as a voluntary body we are all working on these and request your understanding and patience.

Use this link to join 9 February Lapford Parish Council Zoom meeting.

<https://zoom.us/j/99304384590?pwd=d1NQZHp6VTgwSHA1RGhsc0hBU09qZz09>

Meeting ID: 993 0438 4590 Passcode: 004376

## WE ARE LADIES OF LAPFORD



Replying to Paula's question in the January Edition re 'tell us about the group'.

I thought I might start off with a witty comment by comparing LOL to 'Housewives of .....

Ladies of Lapford started, I guess, three years ago now with an invite in the Lapford Lookout asking, 'would likeminded ladies enjoy meeting together monthly to share friendship, good company, humour and interests'. We were off!

We originally named ourselves LOLAs - now that might have drawn comparison to 'Houses of .....

When not in lockdown due to Covid, we meet on a Thursday evening each month in the Ark at 7.30pm (unless an activity takes us further afield) for approximately two hours. We pay a small yearly sub to enable us to book an occasional speaker etc. but, ironically, the subs seem to grow and we always have enough left for a generous treat or two. Self governing, we look between ourselves to put a yearly programme together, wash up after refreshments and, new to last year, (that didn't happen) a cake rota.

We always have a great night with lots of fun and laughter and, perhaps most importantly, friendship. I am sure we'd all agree that we have widened our friendship groups. Our programme is varied to meet everyone's choices and we try to use our own skills too to keep the cost down.

To date we have;

- learnt the art of and made Christmas wreaths,
- had a Well Being Therapies evening,
- made felt,
- laughed and cried over a hand bell ringing session,
- done Tai Chi on the lawn on a beautiful September evening and concluded the evening with wine and laughter,
- learned the skill of drawing in 3D - some produced beautiful artwork lemons, some of us not so strong there, hey ho!
- walked the late Cyril Coles' wild flower meadows on a memorable beautiful summer's evening - what a wonderful man,
- had David Garton introducing us to the history of Lapford,
- each made a tray of Hot Cross buns which we carried home to bake,
- completed an Exeter Ghost walk,
- had a fabulous Winkleigh speaker explain her art of hat making and she brought her beautiful modern hats for us to try,
- had a chocolate making session here at my home which I won't dwell long on!
- shared fun meals out at the pub and dined on a summer's evening with background music at Rosemoor which was subsidised from our funds.

There has to be more, sorry if I've overlooked you.

We would love you to come and join us when Covid allows. Our philosophy is 'the more the merrier'. We would especially love younger members to join us; I promise, promise, we aren't fuddy duddy. Life's an adventure and better with friends. (On our to happen programme is an optional evening canoeing or cycling with a pub stop). Its good to get age groups mixing as we have a lot to share and learn from each other.

Good wishes, stay safe.

Joy

## LETTER FROM THE ARK



Hey ho, another lock down! Just when we were hoping that we could open the Ark again and get back to some form of normality. Having to stay at home and not meet up makes it quite a difficult time for us all. If you were to ask what I miss the most about not meeting at the ARK, it would be everyone that comes for a cup of coffee and cake. The general chatter and laughter is all part of a visit.

Talking of laughter, they say laughter is the best medicine. Author Barbara Johnson said, "Laughter is like changing a baby's nappy. It doesn't permanently solve the problem, but it makes things more acceptable for a while". One day, comedian David Brenner was signing books. A young man handed him a newly purchased copy to be signed and said, "I want to thank you for saving my life". Without giving much thought, Brenner replied flippantly "That's OK", but the young man stood his ground and said "No, I really mean it". Brenner stopped signing and looked at him. The young man continued: "My father died. He was my best friend. I loved him and couldn't stop crying for weeks, so I decided to take my own life. The night I was going to do it, I happened to have the television on and you were hosting The Tonight Show. I listened to your opening monologue, and the next thing I knew I was laughing hysterically. I realised that if I was able to laugh, I was able to live. So I want to thank you for saving my life". Humbled and grateful, Brenner shook his hand and said, "No, I thank you".

The Bible says, "A cheerful disposition is good for your health". Experts confirm that laughter boosts your immune system, enhances your memory and learning abilities, relieves tension, slows your pulse rate and blood pressure, reduces endorphins that reduce pain, decreases anxiety and stress, puts people at ease and brings unity. Furthermore, the effects last for eight to twelve hours. It promotes emotional healing and best of all - it's fun. That's why laughter is God's prescription for stress.

Next time you have a good laugh remember all the good it's doing for you. In the meantime keep safe and well as we work our way through this challenging time.

**Ladies at The ARK.**

## REFLECTIONS

When I was in the top class at Lapford School 1958-61, our head teacher Mr Collings worked to instil in us an observational love of nature. We were awarded house points for our observations which created a bit of competition to be observant. I've had a life-long love for the beauty and mystery of the natural world thanks to his encouragement.

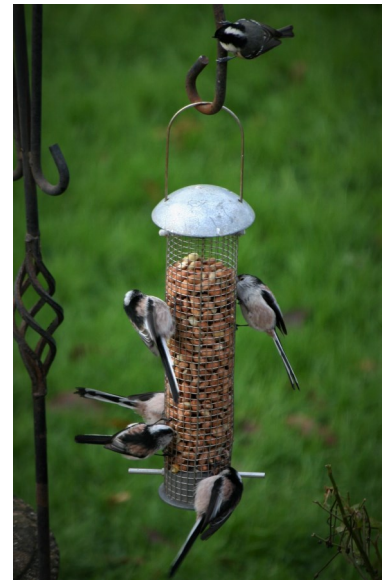
Being colour blind in the red/green spectrum, I seemed to have developed an enhanced ability to detect movement and shape as a compensation, so I am often first to identify what's surrounding us.

Lockdown has restimulated that love and walking, cycling and observing in our glorious Mid Devon countryside has been an important contributor to surviving lockdown restrictions!

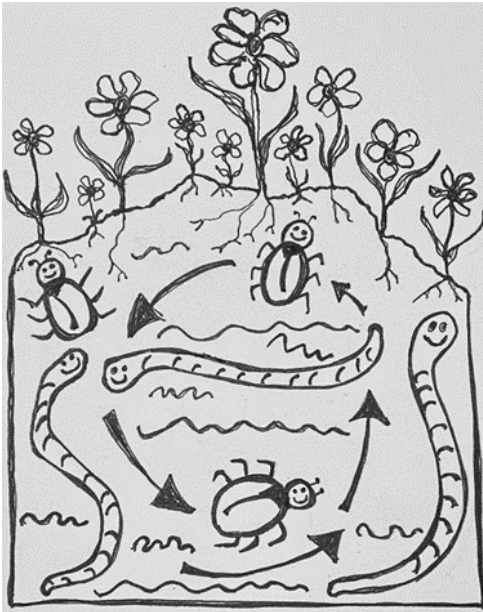
While logging fallen trees in my woods in the summer, I noticed Great Spotted Woodpeckers active in the trees above me so stopped and watched them and discovered their nest hole in a birch tree. I often spent time hiding in an adjacent holly bush watching them feeding their young who, as they quickly grew in size, came to the nest hole to be fed. The parent birds successfully reared their brood and we now regularly hear them calling in the trees around us.

They are now regular visitors to our bird feeders and along with many other bird species creating chaotic activity in our garden. A wonderful chaotic, beautiful and enthusiastic tribute to hope for freedom for us all post Covid.

**David Bragg**



## WILD LAPFORD: COMPOSTING



Following on from the previous article about how planting trees can help to reduce carbon in the atmosphere, here is another way we can help to collect carbon and store it (and other elements) in the soil... Composting!

This is not just beneficial to the climate by preventing carbon being released into the atmosphere from organic waste, it helps the environment in many other ways too and also saves money: It reduces the amount of waste that goes to landfill. Home-composting has a reduced carbon footprint compared to the council garden waste collection facility as no heavy machinery and associated fuel is required to collect it.

There are many different ways to compost waste. I am going to talk about the simplest method, "cold composting". A compost heap is a mini-ecosystem. All the garden and kitchen waste in the heap provide a tasty feast for invertebrates (such as worms, slugs, beetles and woodlice) who, along with bacteria and fungi, gradually convert the waste into compost that can be used as a soil improver to provide nutrients for plants to grow, saving the gardener's money from not needing to buy ready-made compost.

Compost heaps, in addition to providing a dining room for invertebrates, also house many other creatures, particularly those that feed on these invertebrates. Compost heaps are a favourite place for hedgehogs, toads, slow worms and occasionally grass

snakes to shelter or hibernate during the winter. The numerous slow worms in my garden use our compost heaps as breeding sites, laying eggs in the spring that hatch in the early summer. It's not unusual to find dozens of tiny slow worms in the compost, which can make digging the compost out very tricky!

Cold composting is not difficult. All you need is a bin; you can buy them or make your own. We are blessed with a fairly large garden that produces a lot of garden waste, so we have 4 compost bins, all home made from old pallets tied together with wire and a lid made from an offcut of old carpet (pictured). Smaller gardens will probably only need one or two bins.

The key to making good compost is to mix it well, alternating layers of some brown stuff such as shredded twigs and prunings, also hedge clippings, straw and brown cardboard (not shiny printed card) followed by green stuff such as vegetable peelings from the kitchen, grass or cuttings, weeds and leaves. The brown stuff is primarily the carbon that will be locked away in the soil, the green stuff contains nitrogen, both are needed by the plants for growth. Make sure there isn't too much of any one thing in a layer. If I have too much of one thing, I often mix in some soil or horse manure with it. We also put roughly crushed egg shells, tea leaves and coffee grounds in the compost. Almost everything else can go in, including the poo and bedding from vegetarian pets (rabbits, guinea pigs etc.) although you shouldn't compost poo from meat eating animals (e.g. cats and dogs) in a garden compost bin. You shouldn't put anything that has been cooked in as this is likely to attract rats. It is not a good idea to compost weeds that have already gone to seed as the seeds will germinate where ever you distribute your compost.



The compost needs moisture and air to rot down efficiently, this usually takes about a year to turn into a great soil improver. However, the process can be speeded up by the addition of red wiggler worms (*Eisenia foetida*) who can eat half their body weight of rotting vegetation in just one day! The earthworms you dig up in your garden can't tolerate the relatively high temperatures generated by the bacteria inside compost heaps so don't be tempted to add those to the heap although some may move in to open bins and live around the cooler edges.

The RSPB and the RHS websites have lots of information about composting, you can find links to these pages on the "Wild Lapford" Facebook group.

Many thanks to Rebecca Holley for the artwork.

**Helen Greensmith** (helengreensmith@hotmail.com)

## LOOKING BACK, TAKING STOCK, MOVING ON



The Heart for Lapford (H4L) Strategy Group was formed in Spring 2019 to bring together the efforts of eight organisations holding assets in the centre of our village. In considering how things should evolve the group realised that before any plans were developed an extensive consultation exercise needed to be undertaken. The first iteration of this was a series of focus groups conducted during the summer of 2019.

The initial groups generated a number of diverse ideas which, in the spirit of transparency, were shared with subsequent groups. In hindsight this was not a good idea and H4L have committed to learn from this experience going forward. Some of the more radical ideas generated strong reactions and led to rumours that there were plans to build on the playing fields and demolish the Victory Hall. It is true these ideas were discussed but they were never developed into any tangible plans because there was clearly a strength of feeling against this.

So we went back to the drawing board and developed the Jigsaw Game which we invited participants to in the Autumn of 2019. This gave a blank canvas to try to elicit ideas about how the centre of the village should evolve. Whatever emerged would have to generate ideas and opinions from a significant number of people. These would help develop options which could be refined into a consultation document which would be widely distributed.

Despite considerable efforts less than fifty people in total participated so it was felt that there was not enough representation to reflect the feelings of the majority of the village. It was decided that the Jigsaw Game needed to be re-offered in the spring of 2020. This would be a further attempt to build up a truly representative set of ideas and data which could be used for the next step. Unfortunately, as we all know, Covid put an absolute stop on all group activities, so H4L were unable to proceed.

However, information gleaned so far has not been wasted as a particularly useful session was held exclusively with teenagers in early December 2019. This was reported on in the Lapford Lookout in early 2020 and has influenced thinking about future provision.

Progress with many things was painfully slow through 2020, so it is testament to the efforts of the HOLD directors that, in face of all the difficulties, they managed to complete work on clearing and preparing Lower Town Place for public use. The H4L Strategy Group were unable to meet for over six months but did continue work on a Roadmap to set out some aims and objectives for the next couple of years.

This Roadmap will be developed into a document for wide circulation throughout the village by Easter 2021 to inform all about how the member organisations of H4L are working effectively together. It will show how they intend to ensure that any future emerging ideas will not progress into active concepts without extensive consultation and support from a majority of village residents.

What has become increasingly clear is that initial enthusiasm for change has not been universally accepted or supported and, perhaps contrary to naïve expectations, some strong resistance has emerged. In a few cases this has developed into unpleasant actions and personal attacks.

This is not the way that communities thrive. We need, all of us, to be able to listen to opposing views and discuss these openly without resorting to anger or vitriol. If we can find a way to respect each other's ideas and opinions, however much they may differ from our own, and work constructively together, it should be possible to create something in the heart of this lovely village which will be a benefit to the community as a whole and which we can enjoy individually.

We can come together as a community if we really want to. We have demonstrated this by our response to the pandemic. 2020 has shown us all how vulnerable we are to the impact of a virulent Covid 19, with significant consequences for health, mental well being and economic circumstances. In the face of these our village response has given very positive indicators of what community spirit entails through the support of those more vulnerable by the commendable efforts of unselfish volunteers. Can we not bring this spirit of community to the piece of land in the centre of the village?

As the impartial Chair of H4L I represent no individual organisation and my sole purpose is to bring the eight organisations together, to combine their efforts and to facilitate the potential to achieve more by cooperating. I intend to continue this through my commitment to openness, honesty and integrity. I can give assurance that the H4L Strategy Group have listened to feedback where given, taken on board constructive criticism and will endeavour to communicate more regularly.

2021 needs to be a year when we turn the corner, on the pandemic, on community activities and on shared endeavours and common objectives. A true community comes together in the face of adversity, finds ways to resolve differences and develops support mechanisms for those who need them. There is such a lot of genuine goodwill in Lapford, so let's use it positively.

**Ron Harle,**  
Chair H4L Strategy Group

**ATTENTION ALL SEAMSTRESSES AND/OR TAILORS!  
URGENT CALL FOR HEALTHCARE STAFF SCRUBS**



Hospiscare will be well known to most Lapfordians as the Devon charity which supports people with life-limiting illnesses. They have put out an urgent call for scrubs for their nurses and doctors.

Hospiscare is asking anyone with sewing skills to consider making scrubs for their clinical team.

It comes at a time when charities are unable to fundraise in their usual ways. Anyone wishing to help can find instructions, links to patterns and associated Facebook groups on the Hospiscare website at:

[www.hospiscare.co.uk/how-to-make-scrubs-for-hospiscare-staff/](http://www.hospiscare.co.uk/how-to-make-scrubs-for-hospiscare-staff/)

If you don't feel your sewing skills are quite up to the task, you can still help by making a financial donation by visiting: [www.hospiscare.co.uk/donate/](http://www.hospiscare.co.uk/donate/)



**NEED TRANSPORT  
TO YOUR SURGERY APPOINTMENT?**

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made, by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

- Bow Medical Centre - £5
- Chiddenbrook Health Centre - £5
- Chulmleigh Dental Practice - £5
- Chulmleigh Health Centre - £5
- Crediton (Breast Screening) - £6
- Crediton Community Hospital - £5
- Morchard Bishop Surgery - £3
- New Valley Health Centre - £6
- Winkleigh Surgery - £5

As you are probably aware, the COVID-19 vaccination programme is now in our catchment area.

We at the LVCA have drivers available to take any Lapford residents to these appointments. The cost of the journey will be according to where the vaccination will take place - the booking coordinator will advise when you ring up to book. Take care everyone and stay safe.

**PROJECT LINUS UK**



Project Linus UK is a volunteer organisation, which aims to provide a sense of security and comfort to sick and traumatised babies, children and teenagers through the provision of new homemade patchwork quilts and knitted blankets. It gives volunteers across the UK the opportunity to contribute to their local community.

Project Linus began in America in 1995 when Karen Loucks saw a newspaper article showing how much a comfort blanket had helped a child cancer victim. She decided to organise blankets for her local children's cancer unit and started spreading the word. Since that time several million blankets and quilts have been delivered worldwide. The organisation began in the UK in March 2000 as a result of a Birmingham quilter's desire to help children in need. We now have a large network of volunteers across the UK who donate their time and skills to create beautiful blankets and quilts.



I joined the North Devon branch a couple of years ago after reading about them in one of the Patchwork and Quilting magazines. We meet once a month in Woolsery, about 6 miles outside Bideford – which is an 80 mile return trip for me, but it's worth it – due to the COVID-19 restrictions we haven't met since March. We did however manage to have a socially distanced afternoon at our co-ordinator's smallholding in late July, and it was great to be able to catch up properly with each other. We do have a WhatsApp group which keeps us all in touch.



In early August, Jane, our co-ordinator delivered 75 quilts and some blankets to the children's ward at North Devon District Hospital in Barnstaple. These were gratefully received, as Jane had not been able to deliver any for a while.

Our volunteer Area Co-ordinators and their Assistants deliver around 3,500 quilts and blankets to sick, disabled or disadvantaged children across the UK each month. We cannot reach out to every distressed child but we can help to provide them with tangible evidence that someone cares, along with the physical reassurance that comes with being snuggled up in a quilt. We always try to deliver quilts and blankets to children who are local to the makers.

There are many ways to get involved and support Project Linus UK. Our Area Co-ordinators are always looking for volunteers to make quilts and blankets. They may also need help in distributing these donated items. Donations of suitable patchwork fabrics and threads or help with fundraising to purchase fabrics and wadding are always welcome. If you would like to find out how you can help, please get in touch with me.



**Jill Horwood** 01884 861323



## DO YOU KNOW WHO YOU ARE?

Of course you do! But do you know who your ancestors are or will your descendants know who you were? With this present situation, why not involve yourself and the family in researching the above. Researching can take your mind off today's worries and woes!

Family tree research is a fascinating pastime and time consuming (if it takes hold of you!), you will hit brick walls and no doubt uncover one or two skeletons hiding in the cupboard, but at the same time you will bring your ancestors back to life.

To start your search, ask all relatives for information i.e. their full names, date and place of birth, baptism dates, marriage dates and the same with their children etc. until you have gathered as much information as possible. Do not forget to add all your own details to the list. If they are willing to, ask if they can provide copies of birth, marriage and death certificates and also for any photographs they may have. Ask them to put names that they know on the back. They may write mother, father etc, but remember in years to come just putting this down is of no help! If you have a printer with scan and print options, then copy them and pass them back to the owner. Hopefully, if you gather these photos, there may be some of your ancestors amongst them.

There are various ways to commence your research. Start by writing everything (no matter how small) onto a note pad with a cross reference stating where the information came from, then start looking for your ancestors. Write everything you know or can remember about your parents and grand parents and their siblings. This hopefully will give you a good point to work from. Below is a fantastic family tree chart, going back to great grandparents (4 sets).

Now there are various FREE sites that you can explore to add/confirm details:

**G.R.O** — General Record Office (need to sign in/join). From here you can endeavour to check details about ancestors both on birth and death (subject to data protection) dates starting from 1837.

**FREE B.M.D**—This covers the same as G.R.O but is quicker to use.

**Devon Heritage Centre and Crediton Museum** — These are well worth a visit if your relations came from this area, you should be able to find their records and obtain copies of the original documents.

**Kent (Medway Area)** - There is a very good Free site — City Ark.

**Essex (SEAX)** - This is a very good site but a subscription is needed. Here again all parishes in Essex are recorded (Anglican Churches) and you can download the records as required.

### FAMILY TREE SOFTWARE PROGRAMMES

There are plenty on the market but they can be costly. Before getting to this stage, it may be worthwhile looking at the following; Roots Magic Essential free download and/or Roots Magic 7 (not free but you can try before you buy).

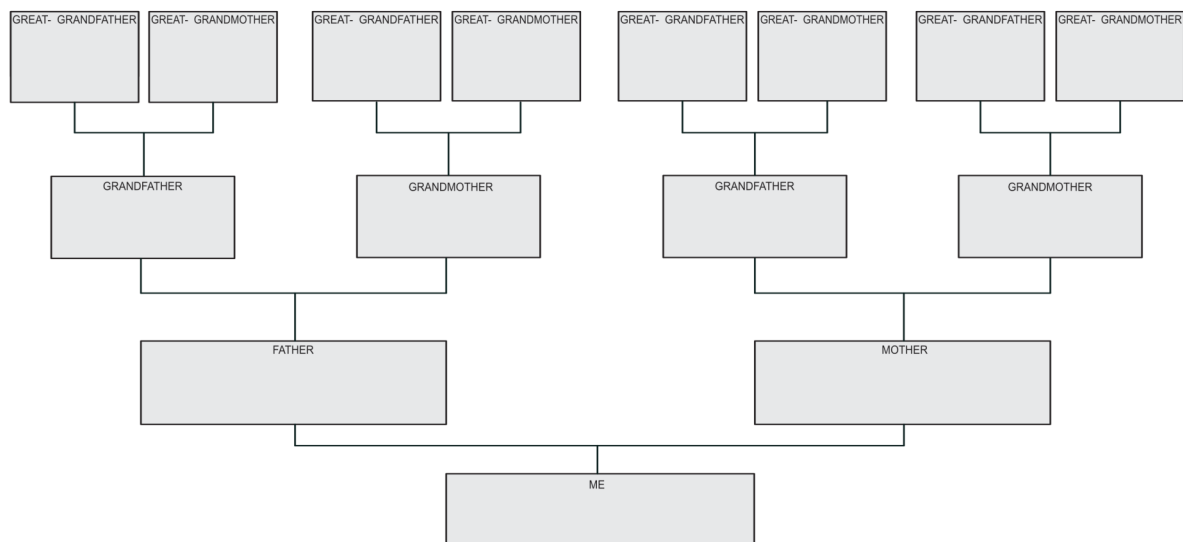
### GENEALOGY SITES

The main two are Ancestry.co.uk and Find My Past. Both are subscription only, sometimes you can sign up (with a card) for a 14 day free trial. Joining one of these does allow you to delve further i.e. you can view actual census returns from 1840-1911 and also the 1939 registers.

I hope you enjoy reading about what you can explore. I know that my two daughters and I have over the last 20 odd years and we are still picking up bits and pieces.

George

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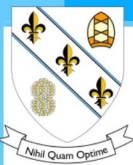
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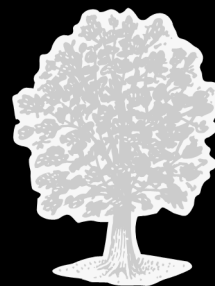
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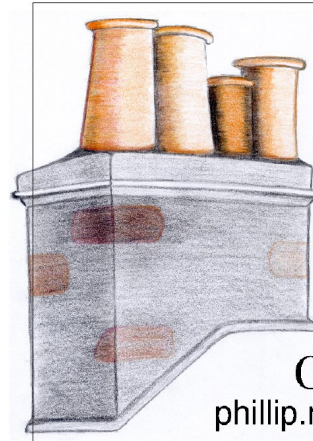
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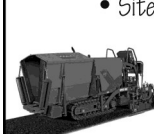


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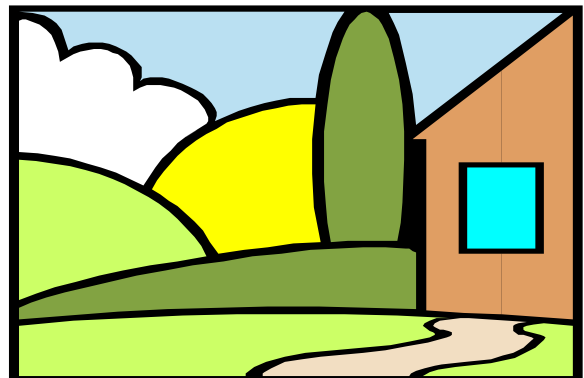
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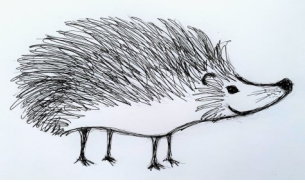
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## SWEET AND SAVOURY PANCAKES



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Pancakes with lemon juice and caster sugar are a favourite, but try adding currants to the batter for a change. If you prefer something savoury try this filling: mushrooms, thinly sliced and cooked in Devonshire butter, seasoned and finished with a spoonful of double cream and chopped chives.

Spoon onto the pancakes before rolling or folding them.

**Paul Cleave**

## LAPFORD BOOK CLUB BOOK REVIEW

### Solitude Creek by Jeffrey Deaver

*'Fear is the mindkiller'*

This very American thriller is set in the Monterey Bay area of California.

It has a heroine of sorts – Kathryn Dance a body-language expert employed by the California Bureau of Investigation West Central Division. She is set against a villain, at first unknown, being paid handsomely to exploit the fears and rumours which can cause people in crowded situations to panic with catastrophic results. The story involves many characters, some much more unpleasant than others, set in scenarios which interweave with each other, at first in an apparently random fashion, but which come together eventually in the final reckoning.

The story is gritty, fast-moving, and with twists and turns which at the beginning appear random, but are actually connected through characters exploiting each other, acting with less than transparency and in many cases little kindness.

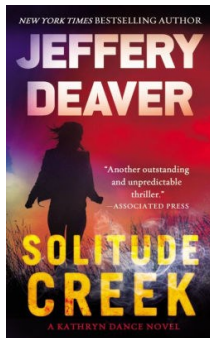
This is not an easy read; the language is very much American English - sometimes not readily understandable, but nevertheless compelling and pacy. What is around the next corner? Who is exploiting who? Who has died and by whose hand and why? Who is providing the money which fuels all of this?

I enjoyed reading it, though some of our Book Club members did not. That's fine.

It's a shame that due to Covid we will not be meeting to talk about it.

Jeffrey Deaver is a prolific author. He has written other thrillers around the Kathryn Dance character. It might be worth looking out for them!

**Sue Briant-Evans**



## LIBRARIES UNLIMITED BOOKS ON WHEELS

Do you have difficulty in getting to Crediton Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.



**Peter Westcott - Telephone: 01363 83525**

## MY LOCKDOWN STORY

So this is my garden, created during lockdown  
To protect my sanity, not going into meltdown  
Inspired by Monty's visits to Japan  
I came up with my masterplan  
To create a garden full of tranquillity  
A real challenge to test my ability  
I wanted to include the four main elements  
Whilst understanding each one's relevance  
Water, rocks, pathways and bridges  
Each has its part in the garden's riches  
The calm stillness of the reflection pools  
The maples mirrored like beautiful jewels  
Then the trickling sound from a waterfall  
Just losing yourself, a chance to recall  
The mountains represented by a triad of rocks  
All dug up from the garden, so orthodox  
A winding path to facilitate the mindful  
And a little stone bridge, small but delightful  
The next challenge was in the planting  
Had to be simple, yet still enchanting  
Bamboo, cherry, moss and maple  
All, pretty much, a Japanese staple  
Followed by conifers, pines...the evergreens  
For all year interest in all garden schemes  
And so, finally, the finishing details  
Must get it right or the whole thing fails  
A stone lantern, symbols a Japanese temple  
Miniature in size, purely ornamental  
And a Japanese tearoom, my interpretation  
An old log burner, and a bit of imagination  
When it will be finished, I'm not quite sure  
Needs time to settle in, and mature  
But the one thing I know is, it really kept me going  
In these times of uncertainty, and all the unknowing.

**Hazel**



**Lapford Preschool**  
 Care for 2 - 5 year olds  
 Monday - Friday, 9.00am – 3.30pm  
 Wrap around care is available through the school

Please call Lorraine Kigongo on 01363 83162  
 or email lkigongo@catpreschools.co.uk  
 for further information and to arrange a visit.

We are registered to take 2yr old and 3 / 4 year old  
 funded children at all of our settings.

We are registered for 30 hours funding.  
 - We are open term time only -

## NATIONAL BLOOD SERVICE



Donations can be made at  
 Boniface Centre, Crediton,  
 on Tuesday 2nd February 2021,  
 Wednesday 3rd or  
 Tuesday 16th March 2021  
 at 13:10 to 19:15



Call the donor helpline on 0300 123 23 23  
 for more information or to check for cancellations

*Do something amazing - Give Blood!*

## PUZZLE CORNER

### Codeword

1	25	16	17	8	22	8	16	15		20		22
	8		10		12			8	15	16	10	2
22	10	8	3	4	3	16	1	1		4		10
	3		15			14		23	22	4	16	3
25	23	2	9	16	1	4	16	18		16		19
12		12		10		18		15	23	15	23	
2		7		1	25	10	18	16			3	
25	10	25	10	9	10		16	18	23	4	8	17
8			2		18	8	25		12		23	
4	21	18	8	22	4		2	10	4	16	3	4
	10		19		8	18	16		16			18
17	8	3	16	7	10		4	12	18	4	2	16
	18			10	2	4	16	18		10		3
	9	23	12	18		23		13		14		17
5		25		19	8	4	4	16	3	8	1	21
10	7	10	24	16		16			8		23	
4		6		4	8	7	16	1	17	10	2	16
17	21	12	4	16			18		21		11	
21		16		15	16	26	18	8	16	22	16	15



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
		N									U	
14	15	16	17	18	19	20	21	22	23	24	25	26
							F					

### Answers to the Riddles in January Issue

- 1 An egg.
- 2 A candle.
- 3 All of them.
- 4 A sponge.
- 5 There aren't any it's a one storey house.
- 6 Your age.
- 7 A barber.
- 8 All the people on the boat are married.
- 9 The match.
- 10 A bank.

There is no need to apply  
for the COVID-19 vaccine.



When it's your turn to receive it,  
you will be notified by the NHS.

  
Mid Devon District Council  
**Covid19 Support Fund**  
Help for those in financial difficulties due to  
the Covid19 pandemic

**Apply online**  
[middevon.gov.uk/COVID19SupportFund](https://middevon.gov.uk/COVID19SupportFund)

If you cannot access the form online, please call  
**Community Support Hotline**  
**01884 234387**

For the latest information visit our website  
[middevon.gov.uk/COVID19CommunitySupport](https://middevon.gov.uk/COVID19CommunitySupport) 

## THE PAST AND FUTURE OF LOWER TOWN PLACE

Dear Editor,

The new village green is surely a big improvement on the old derelict farm yard; those responsible have done a really good job! We should be particularly grateful to those people whose generous and significant donations have made this possible.



However, the way forward is looking somewhat more difficult, as the continuing project would appear to be still in debt, and with no income either, to maintain even the status quo. The project leaders have often said that they want to get the village behind them, but a past history of secret meetings and vague annual accounts has not been helpful. Uninformed speculation has thus been drawn in by the vacuum of real facts. Further, without a prospectus or business plan for the development, the village was bounced into paying for an apparently unsecured grant of £75,000. This was supposed to kickstart some as yet unspecified development of the site, but apparently more than a third of it is to be used to pay off existing debt.

At this point, we should remember that most of the money to purchase the site was in the form of a grant, from the youth club. This grant is conditional on new youth facilities being up and running after 10 years, and two of these have passed already. Should it not prove possible to raise the necessary money for a new youth club, the grant must be repaid. One must ask, in that event, what would happen to the villagers' £75,000? It is also worth remembering, that although the plot was purchased as building land for over £35,000, planning has lapsed, and LTP is now amenity land, with a value nearer to £25,000. Mid Devon council cannot *guarantee* to reverse the change of use in the future, and if they should not, then all parties will have lost a lot of money for little purpose.

It's surprising, but the proposal to develop LTP for the village is now about 4 years old. In the early days, there was talk of a wonderful new village hall seating over 200 and bringing in folk from surrounding villages, new sports facilities, meeting rooms and so forth.

Current building cost, if you own the site, is now approaching £2,000 per square metre. To demolish and rebuild the existing hall would thus cost around £2million. Even to add a new changing room and showers to the existing village hall would cost around £200,000. 4 years on, and how much of this sort of money has been raised? Just raising the cash for the changing room means raising £25,000 a year or £480 a week, for the next 8 years. In addition, there is a requirement for the cost of ongoing maintenance. It is not surprising that folk are wondering where all the money is to come from... The only possibility would appear to be charitable donations, but there does not seem to be any sort of plan of action, to accomplish such a funding solution.

Might I suggest, that before anyone attempts to move forward, this history needs to be dealt with. Total public disclosure. Full explanation, accountancy paper trails. Complete sets of minutes, including in camera meetings. Planned income. A whole *series* of explanatory Lookout articles. Widespread understanding. No more secret meetings. It's your job, development people, to sell the village your proposals - it's not for the village to winkle it out!

Meanwhile, ignoring the elephant in the room - the cost - efforts have been made to determine what sort of developments the village would like to see at LTP. This seems to me, to be akin to giving your child a copy of the Argos catalogue about Easter time, and asking what they would like to choose for Christmas. Then later, on Christmas day, to say that Daddy has not earned enough to buy what they selected, and here is a pair of socks... Formulate a realistic potential budget first, *then* decide what it might be spent on, and then more might participate.

A published plan of action would help. In short, a business plan. There is excellent advice about writing one on line, just google "writing a business plan". This plan then needs selling to the village, as politicians canvas with their manifesto and past achievements, otherwise, I suspect we shall be no further forward in 8 years time, and engrossed in unpleasant arguments over the carcass of LTP.

Looking forward to a published business plan,

**Ivan Hall**

## VICTORY HALL

The Hall Management Committee are amazed by the open space we now have alongside the Hall. What the purchase of Lower Town place has achieved immediately is there is now a green space in the centre of the village right next to the hall that hirers can use.

This will also give us the opportunity to enhance and update the facilities we have both in and outside the hall. The Hall Committee are working with HOLD and others to join up and make best use of this wonderful asset. All with a positive influence on our future business plans.

### **Next moves:**

**Toilets** – We have been looking to totally refurbish the toilets and this is something that should happen this year. Now Lower Town Place (LTP) is open we are looking at how we can change the design slightly so the toilets can also be used for anybody using LTP. We have already received a grant for some of this work and are looking at other funding opportunities.

**Storage** – is an issue with furniture and equipment cluttering rooms. Storage containers will shortly be arriving on the hardstanding to improve this situation. We will change the emergency door so we can access the containers easily from the Hall and use this great open space.

**Electricity** – We will be adding an external power supply to support events that may take place on LTP in the future.

**Parking** – Hall users are now able to access the hall safely by parking in Orchard Way and walking through LTP.

No decisions have been made yet on developing the hall but we look forward to exploring these opportunities now the purchase and development of LTP has been achieved.

### **Darren Crump**

Chair, Victory Hall Management Committee

## LAPFORD YOUTH CLUB SPEAKS UP

With positivity and energy, I stand up for the future for young people in our village.

With the completion of the purchase of Lower Town Place for the community, the removal of derelict buildings and landscaping, the site is now ready for exciting possibilities. HOLD - Heart of Lapford's commitments to the Youth Club and the first agreed milestone have been delivered, and ahead of time. Recent joint discussions and work between the committees of the Victory Hall and Heart of Lapford Development are most encouraging. Other community groups are doing their bit to engage with improving facilities and opportunities for us all.

From 2021 it is for the village to decide, with its young people, how it will support the next generations and what will happen next as far as Lower Town Place is concerned. The real work is only just starting. Together with other village organisations concerned with young people the Committee will continue to champion practical and achievable ideas and actions following democratic consultations.

**The short term aims:** freeing space in the Victory Hall by the temporary siting of adjacent containers to enable clubs and organisations to store equipment on site, to allow chairs and table tennis tables etc. to be stored safely away from public rooms. Secure storage will enable the Cubs, Beavers and Scouts to make better use of the Hall when they are able to meet again once this dreadful pandemic is brought under control. New youth activities from the Hall will be able to use the excellent Lower Town Place space safely.

**In the Longer term:** ideas need to be forged into practical and achievable plans that are costed, realistic and with support from the community to improve facilities not only for young people but also the wider community.

In order to set the record straight the Youth Club Committee members would be happy to meet and discuss with you Mr Hall. The facts have been reported in a timely way at all key stages, mainly through the Lapford Lookout and Annual General Meetings. They are part of the public record in the Reports and Minutes of the organisations concerned. The Youth Club has also reported regularly to Lapford Parish Council as its Custodian Trustee and has the full approval of the Charity Commission.

We are now at a stage where people have a huge opportunity to become involved in the exciting next steps of development and to be really positive rather than seeking to demoralise and stifle endeavour. This is a time to talk and discuss ideas and opportunities and to find what will really work for the village in the long term.

Now that the first stages of the Lower Town Place project have been completed we can look forward to working together. The Victory Hall and Heart of Lapford Development, together with the Youth Club, are well engaged on the project purpose: to develop and provide sustainable facilities for our young people and the wider community.

### **Steve Keable**

Chair, Lapford Youth Club Management Committee

## LOWER TOWN PLACE – What next?

Well, HOLD achieved its target of opening LTP up for October half term. Profound thanks to all those who gave so generously of their time, provided free materials and cash out of their own pockets to get there. All the loans made to HOLD have now been cleared and there are funds in the bank to maintain the site going forward. As intended, HOLD has delivered a new facility for the community and young people.

It was good to see children immediately onto it, using the circular path for cycle races, running around, throwing rugby balls, and even doing gymnastics on the grass. Better weather will bring more use by young people. And many dogs being walked – thanks to all the owners for clearing up behind them.

Over the last few weeks there has been more work quietly going on with environment and wildlife facilities, planting, and the rebuilding of the roadside wall. As we move into the New Year it is intended there will be more planting of trees and shrubs, possibly hedges, to further enhance the space. HOLD is discussing with the Parish Council what to do about the collapsing car park fence and maybe replacing it with something less industrial.

So where do we go from here in the short term? Clearly this is a space which will find uses, many of them in conjunction with the Victory Hall. So there is now a liaison group set up between HOLD and the Victory Hall Committee to work on the day to day and practical issues that this raises. Again in the New Year, two containers will be brought on site to be located behind the oil tank, where the Hall will be able to store furniture and equipment. This will mean the rooms can be kept clear and better used once COVID-19 is just a bad memory.

Looking ahead, nothing significant can happen other than cosmetic improvements until more is known about how the site might be used in the future – and the Covid-19 pandemic is under control.

There are no plans. It is not for HOLD to make plans, only to listen to ideas; it is for the whole parish community to be involved in how the site might best be used in the future, not just a small group.

But how might any of this be taken forward? How might it be funded? Certainly not from residents' pockets! But a feather in the Lapford cap is that so far £400,000 has been contributed from the community at large and this plays well for 'match funding' from national initiatives.

The first step would be to obtain grant funding for a feasibility study that looks at various options. This requires the professional input of architects and surveyors and would include a preliminary business case for each option in order to confirm what their operating costs would be. There cannot be 'business cases' until the 'business' is defined.

Gaining the funding for that study and then carrying out those exercises may be several years away. Once they are completed then public opinion has to be canvassed and public support confirmed before anything is taken further. Until there are costed plans with options anything else is just speculation. If there are to be informed decisions by the community these have to be taken with all the facts clearly published.

Using the outcomes of those feasibility studies, the case then has to be made with major funders for the capital sums involved. It may well be that the costliest simply cannot be achieved.

So, for the moment, LTP will remain as a public open space. HOLD having achieved its first objective is now looking as to how it can move to becoming a more inclusive community organisation. There will be more on this in the coming months.

**Peter Norman**

Chair, Heart Of Lapford Development

### TIME AND ETERNITY

When as a child,  
I laughed and wept,  
TIME CREPT.

When as a boy,  
I dreamed and talked,  
TIME WALKED.

When I became a full grown man,  
TIME RAN.

And later, as I older grew,  
TIME FLEW.

Soon I shall find while travelling on,  
TIME GONE,  
AND THEN,  
ETERNITY.

### RECYCLE AND RAISE FOR CHARITY AT THE ARK

Thank you for all the donations of plastics in the beautiful blue bin located outside The Ark. If you haven't already had a clear out of recyclable confectionary / ice cream / cracker tubs, milk bottle tops and takeaway containers (anything clean 5/PP grade plastic), it will be there until 28th February 2021. Money raised goes towards Dartmoor Zoo and Mind charity. If You have any questions, or need someone to collect items you wish to donate, please call.

**Gwennie on 01363 83197**



Sophia showing us how it's done.

# COLOUR ME IN

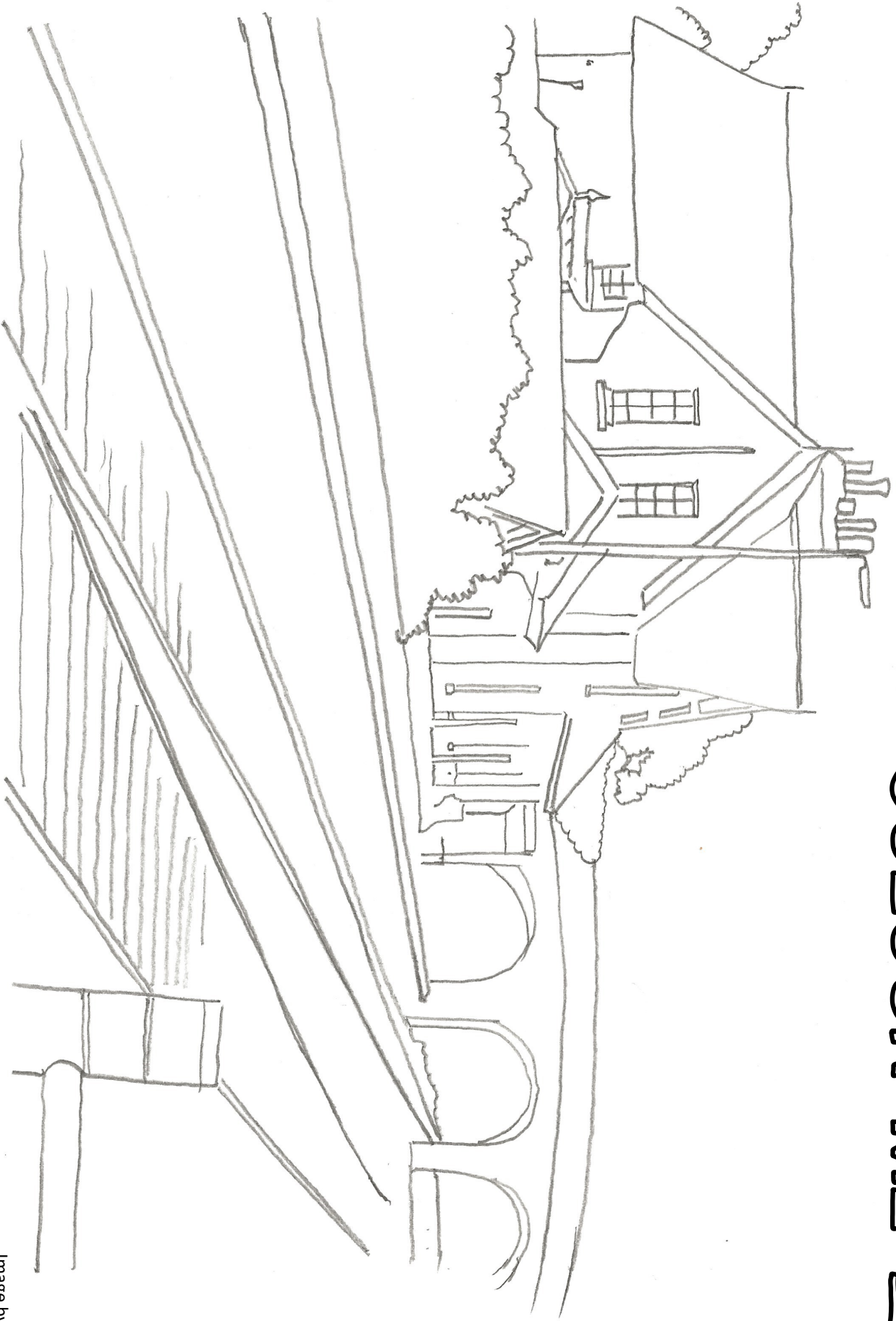


Image by Paul Adams



## LAPFORD PARISH COUNCIL NOTES

*Please note this is a summary of the main points of interest. A copy of the draft minutes will be made available on the village website, and on the notice boards in the Orchard Centre and The Ark.*

### December 2020

The Parish Council met via Zoom on 15<sup>th</sup> December.

Three members of the public attended.

- Cllr Eginton reported on the trial arrangements in Mid Devon for the collection of recycling and refuse to be carried out in 2021. One thousand homes in a mixture of urban and rural areas would be part of the trial of five options for collections in the future. For instance, one option would be to collect refuse three-weekly rather than once a fortnight, but to balance that with a weekly recycling collection. It was not yet clear which communities would be part of the trial. The results would be analysed and used to inform future arrangements.
- Lapford Church Green Trustees reported a successful AGM. Sue Briant-Evans was re-elected to serve as Chair, with Peter Heal as Vice-Chair. The annual accounts were accepted. The Melissa Lake Memorial Shelter was being well-used as an exchange- point for the village but this was impacting on its use as a seating area. The use of the redundant telephone box as an alternative exchange point to be considered.
- The Heart of Lapford Development Board had met. It was considering insurance options for the coming year, liaising with the Victory Hall Management Committee over the siting of storage containers on Lower Town Place and other matters, and considering options for the treatment of the boundary between the car park and Lower Town Place.
- The Wallingbrook Patient Support Group report looked forward to arrangements for vaccination against Covid being put in place in the near future.
- The Lapford Emergency Action Plan committee had met. Two members had attended Zoom sessions concerned with the response of Mid Devon and Devon County to the Covid emergency. (Notes available on request.) A letter had been written to Devon Highways requesting the extension of winter gritting services in the village.
- 20/01497/HOUSE erection of detached garage/studio and garden room; alterations to porch at Broomsmead Farmhouse – approved.
- 20/01728/HOUSE alterations to fenestration Blossom Court – approved.
- The dates for the Queen's Platinum Jubilee celebrations – 2<sup>nd</sup> to 5<sup>th</sup> June 2022 were noted.
- A member of the public was advised about bollards in the road outside her house.
- Outline costs for the refurbishment of the boundary between the car park and Lower Town Place were noted.
- It was decided to endorse a request from the Chawleigh Community Group to support its application to MDDC S106 fund towards affordable housing in Chawleigh village.
- The dangerous state of the footbridge over the river to be reported together with a request for closure and repair.

### January 2021

The Council met on Tuesday 12<sup>th</sup> January 2021 via Zoom.

Two members of the public attended.

- Cllr Eginton reported having attended Lapford School by invitation to support a bid for funding to replace the temporary classroom now unfit for use and in a dangerous condition. He really hoped that the bid would be successful. The visit was reported in the Crediton Courier.
- The Boundary Commission recommendations were about to go before Parliament for approval. If sanctioned Taw Vale Ward would in future contain four parishes, Lapford, Nymet Rowland, Chawleigh and Wembworthy; and with a population of 1700 would be the largest single member ward in Mid Devon.
- The Church Green Trustees had met and set a budget of £1300 for the coming year.
- Lapford Emergency Action Plan team had met. A request to DCC Highways for an extension of winter gritting services as far as the School to enable the DAAT helicopter landing site to be accessible to emergency vehicles at all times had been turned down. DAAT will now be contacted with a view to taking the matter further. A funding bid to the Resilience Forum for the purchase of Covid emergency signage for the Ark & the Victory hall had been successful. Thanks to Roy Trevaskis were recorded. He has resigned from the committee but will still help and support the LEAP initiative.
- Recently the Parish Council website has refused to allow postings. Notice of meetings, agendas and minutes have been posted on the village website instead.
- The Parish Precept for 2021 to 22 was set at £20713.42, an increase of £1000 over 2020 to 21. This was mainly to cover the cost of a Parish Council election to be held later in the year and represented an increase of £2.69 on the band D charge, or 5p per week.
- The footbridge over the river has been repaired.
- Shelving will be fitted into the redundant phone box to enable it to be used as a village exchange point in place of the Melissa Lake Memorial Shelter.

# IN CASE OF AN EMERGENCY IN LAPFORD




**KEEP CALM**  
AND FOLLOW THE  
**EMERGENCY PLAN**

**Parish Council Contact:**  
**Ian Hemsworth - 01363 884460**

**Village Contact:**  
**Roy Trevaskis - 01363 83742**

**South of Taw/A377 Contact:**  
**Sue Briant-Evans - 01363 83763**

## USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444  
CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0845 1551004
- Mental Health Support Out of Hours ~ The Moorings  
@Devon ~ Exeter: 07990 790 920 or  
Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



## LAPFORD OUTREACH POST OFFICE



### OPENING HOURS:

Monday 9.00 - 12.30  
Wednesday 9.00 - 12.30  
Friday 9.00 - 12.30

## LAST POSTING TIMES AROUND THE VILLAGE

	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	4.30p.m.	11.00 a.m.
Woodland Cottage	3.00 p.m.	7.30 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	4.45 p.m.	10.15 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	4.30 p.m.	10.15 a.m.
Morchar Road	5.00 p.m.	11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

## LAPFORD PARISH COUNCIL, ETC

Cllr Ian Hemsworth (Chair)	Argosy, Lapford, EX17 6PX	01363 884460 / i.hemsworth@btinternet.com
Cllr Sue Briant-Evans (Vice Chair)	Edgerley Cottage, Lapford, EX17 6AH	01363 83763 / susanbriantevans@gmail.com
Cllr David Davenport	Pleasant Cottage, Lapford, EX17 6PZ	01363 884236 / daviddport@gmail.com
Cllr Julie Down	Rafters, Lapford, EX17 6QP	01363 83356 / julielpc@hotmail.com
Cllr Donna Egan	Primrose Cottage, Lapford, EX17 6PZ	01363 83732 / donnaegan84@gmail.com
Cllr Hilary Hassett	School House, Eastington Lane, Lapford, EX17 6QE	01363 83858 / hilary.hassett66@gmail.com
Cllr Peter Heal	Ashlands, Lapford, EX17 6AE	Home - 01363 884277 / Office - 01363 775467 peter.heal@btconnect.com
Cllr Alex Shapland	13 Highfield, Lapford, EX17 6PY	alex1990shappers@hotmail.com
Vacancy	~	~
Vacancy	~	~
Parish Clerk - vacancy	~	lapfordpc@live.co.uk
District Cllr Clive Eginton	6 Moortown, Chawleigh, Chulmleigh, EX18 7EU	01769 580830 / ceginton@middevon.gov.uk
County Cllr Margaret Squires	Frostland Farm, Copplestone, EX17 5NY	01363 84337 / margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
<p><b>LAPFORD EMERGENCY RESPONSE TEAM - CORONAVIRUS LOCAL HELP</b></p> <p>Adventure Gaming            Beginners Ballroom Dancing            Banyu Hatten Aikido            Books on Wheels            Friends of Langannerie (twinning)            Friends of Lapford Mill            Friends of Lapford School            Heart for Lapford Strategy Group (H4L)            HOLD            Ladies of Lapford (LOL)            Lapford Allotment Society            Lapford Amateur Dramatic Society            Lapford and District Pre-school Playgroup            Lapford ARK            Lapford Association Football Club            Lapford Book Club            Lapford Choir            Lapford Dog Club            Lapford Emergency Action Plan Committee            Lapford Emergency Response Team            Lapford Foodbank            Lapford Handbell Ringers            Lapford High 5 (ages 7-12)            Lapford Gardening Club            Lapford Gardening Club (Shows)            Lapford Lookout            Lapford Meat Bingo            Lapford Pilates            Lapford Over 60 Club            Lapford Poppy Appeal Organiser            Lapford Project 2000            Lapford Regeneration Committee            Lapford Revel            Lapford Revel Volunteers            Lapford School            Lapford Scouts            Lapford Short Mat Bowls            Lapford Victory Hall Booking Secy (Temporary)            Lapford Village Archive            Lapford Voluntary Car Aid            Lapford Youth and Playing Field Trust            Lapstock            Nymet Rowland Village Pump            Save Our Heritage Lapford            Springers 4's and under            The Friends of St Thomas of Canterbury</p>	<p>Mr Warren Clayburn            Mr Steve Munday            Mr Geoff Flather            Mr Peter Westcott            Mr Peter Henshaw            Mr Alex Gater            Mrs Kirsty Wensley            Secretary            Mr Bill Graham            Mrs Joy Quickenden            Mr Raymond Waldron            Mr Ian Wilkie            Mrs Lorraine Kigongo            Mrs Briony Clinch            Mr Niall McAreavey            Mrs Jill Doe            Mrs Cat Seymour            Mrs Sara Thurgood            Mrs Sue Briant-Evans            Mr Alex Gater            Mrs. Briony Clinch            Mr Steve Munday            Mrs Cat Seymour            Mr Richard Hassett            Mrs Jeanne Whittaker            Mrs Beccy Fletcher            Mrs Jayne Grover            Steph Heard            Mr Ron Kercher            Mrs Caroline Noon            Mrs Sue Briant-Evans            Mr Ian Hemsworth            Mr Alex Gater            -            Mrs Clare Wilmott            Mrs Hayley Hardy            Mr Jon Tucker            Joanne            Mrs Jeanne Whittaker            Mrs Grace Hill            Miss Helen Greensmith            Mr Steve Keable            Liz and Roland Smith            Mrs Donna Egan            Mrs Caroline Gilpin            Mrs Prue Lambert</p>	<p><b>07966 144772 / help@lapfordvillage.co.uk</b>  <b>Facebook: Help the Vulnerable in our Community (Lapford)</b></p> <p>01363 83095 / wmclayburn@gmail.com            07798 684225 / steve@lowerfieldhouse.co.uk            01363 83355 / bhaikido@googlemail.com            01363 83525 / pj.westcott@btinternet.com            01837 89070 / petehenshaw@yahoo.co.uk            07815 795918 / alex@lapfordmill.uk            07977 825814            heart4lapford@aol.com            01363 83047 / bg4847@aol.com            01363 83245 / joyquickenden@gmail.com            01363 83894 / ednawaldron@btinternet.com            01363 83437 / i.wilkie45@btinternet.com            01363 83162 / lapfordpreschool@gmail.com            01363 83788            01363 83733 / lapfordafc@gmail.com            01363 83410 / sunnyside@jilldoe45.plus.com            01363 884432 / cathryn_seymour@outlook.com            01363 83081 / info@lapforddogclub.co.uk            01363 83763 / susanbriantevans@gmail.com            07815 795918 / alex@lapfordmill.uk            01363 83788            07798 684225 / steve@lowerfieldhouse.co.uk            01363 884432 / cathryn_seymour@outlook.com            01363 83858 / rich.hassett@btinternet.com            01363 83068 / jeanne.whittaker@btinternet.com            01363 884211 / lapfordlookout@gmail.com            07900 477247            07773 010512 / steph.instructor@talktalk.net            01363 83810 / lapfordover60@yahoo.com            01363 83863 / lapford.pao@gmail.com            01363 83763 / susanbriantevans@gmail.com            01363 884460 / i.hemsworth@btinternet.com            07815 795818 / alex@lapfordmill.uk            revelvolunteers@gmail.com            01363 83292 / admin@lapford-primary.devon.sch.uk            07730368636 / Hayley.Hardy@middevonscouts.org.uk            07814 568846 /            07803 002910            01363 83068 / jeanne.whittaker@btinternet.com            01363 83178 / lvca2011.19@gmail.com            helengreensmith@hotmail.com            07967 655045 / steve.keable@btinternet.com            01363 884446 / pump@incywincyweb.com            01363 83732 / donnaegan84@gmail.com            01363 83674 / caroline@gilpin.eclipse.co.uk            01363 83150 / pruelambert@yahoo.co.uk</p>

**Albert** is a friendly and helpful Lapford resident with a range of qualified and certified services that are available to meet our communities' needs



Mob: 07495 468045

Tel: 01363 83491

Experienced | Certified | Insured



### **OIL SERVICES (Pressure Jet)**

Annual boiler servicing | Landlords certificates | Boiler repairs  
Boiler installs | Boiler replacement | Tank replacement  
Tank water removal | Cookers | Fire valve testing



### **PEST & VERMIN CONTROL**

Rats | Mice | Ants | Bedbugs | Carpet Beetle | Wasps  
Cockroaches | Flies | Insects | Moles | Moths | Squirrels | Bees  
Bird Control | Soil pipe camera surveys



### **GENERAL MAINTENANCE & BUILDING (Examples)**

General repairs | Fencing | Painting & Decorating  
Gardening | Patios | Paths | Brick & blockwork | Glazing  
Shed & Oil tank concrete bases | Slabs | Boarding  
Flooring | kitchen units | Gates | Guttering | Etc



### **PLUMBING & HEATING**

Leaks | Taps | Valves | Bathroom suites | Showers | WC's  
TRV's | HW Vented & Unvented cylinders | G3 certified  
Roof tanks | Blocked soil pipes | Soil waste camera surveys  
Blocked drains



### **LOCKSMITH**

Lock replacements | Lock fitting | Window security locks  
Cylinders | Euro Locks | Mortice locks | UPVC & Wooden door  
locks | Break in's | Full house re locks | Garages  
Vending machines | Key safes | Cash boxes



### **CARPET & UPHOLSTERY CLEANING**

Carpets | Rugs | Stairs | Hallways | Sofas | Suites | Chairs  
Mattresses | Offices | Cars | Vans  
\*Minimum charge applies

Email: [info@devonpropertyservices.uk](mailto:info@devonpropertyservices.uk)  
Website: <http://devonpropertyservices.uk/>  
<https://www.facebook.com/PPMpropertyservices>

