



LAPFORD LOOKOUT



YOUR LOCAL MONTHLY NEWSLETTER

Year 24 Issue 8

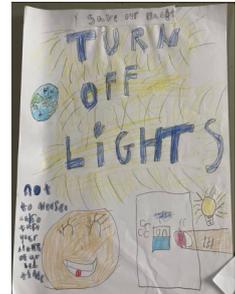
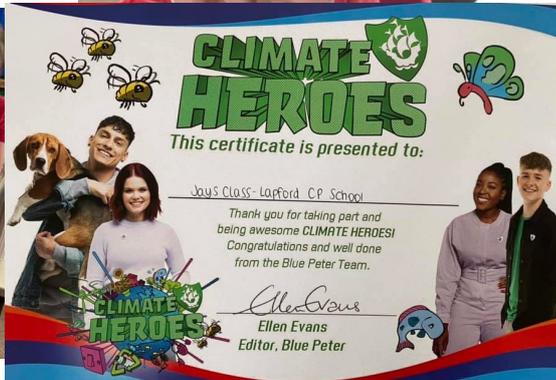
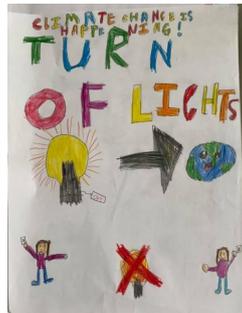
August 2021

LAPFORD COMMUNITY PRIMARY SCHOOL CHILDREN EARN THEIR GREEN BLUE PETER BADGES

Jays class really did become Planet Heroes when they received their Green Blue Peter badges in the post.

The children had to make pledges about how to become greener and then keep them for two weeks.

They then made posters to remind us all how to look after Planet Earth and kept an eye on the adults around school reminding them to turn off electricity that was not being used.



**LAPFORD
CONGREGATIONAL CHURCH**

Our Sunday Services are at 11.00am, communion will be held on the second and fourth Sundays. The service on Sunday 1st August will be led by Merrill Archer, all other services will be led by Rev. Caroline Stott.



The church AGM will be held on Sunday 26th September after a bring-and-share lunch after the morning service.

The Parish Church in August

Services in August 2021

- 1st August – **Trinity 9:** 9.30 a.m. Lay Led Morning Prayer
- 8th August – **Trinity 10:** 9.30 a.m. Lay Led Morning Prayer
- 15th August – **Blessed Virgin Mary:** 9.30 a.m. Lay Led Morning Prayer
- 22nd August – **Trinity 12:** 9.30 a.m. Common Worship Eucharist
- 29th August – **St Bartholomew:** To be advised



LAPFORD COMMUNITY CHURCH

Please visit our website, www.lapfordcc.org.uk for information about the Foodbank and ARK. You will also find lots of information about Church activities and on-line services.

MESSAGE FROM THE EDITOR

This month sees many more dates to lookout for than in previous months due to the removal of government restrictions on social meet ups. Although this is great news for the Lapford social calendar, my thoughts go to those who have contracted this dreadful virus.



Beccy



Lapford Weather Review

LAPFORD WEATHER JUNE 2021

Milder and drier than average.

Following on from a cool May, June saw a return to more Spring-like weather.

The warmest day was the 13th with a maximum of 25.5°C. The coolest day was the 21st with a maximum of 14.9°C. The coolest night was on the 4th with a minimum of 3.8°C and a slight grass frost.

Total rainfall was 47.9 mm, the wettest day being the 27th with 23.1 mm.

The maximum wind gust was 27 m.p.h., which occurred on several days in the month.

Andy Epstein



THE LATE KAREN BURROWS

The family of Karen Burrows would like to say a massive thank you for all the cards, messages and flowers after the passing of Karen. We would also like to thank Richard Yendell for a lovely service and the Community Church and the Ark for all their help supplying food for the wake. Thank you for all the donations everyone gave in memory of Karen. We will give a total once all money has been collected and counted. The money will be going to Yeo Ward at the Royal Devon and Exeter hospital where they looked after Karen so well. We would also like to thank Andrew White for making everything run so smoothly.

John and Jessica Burrows



DATES TO LOOKOUT FOR

August 2021

- 3rd Holiday Cafe @ Lapford Congregational Church
- 4th Lapford Parish Council Meeting, 7.30pm
- 5th Youth Club Summer Disco, Victory Hall, 6.15pm
- 8th The Further Adventures of Dr Doolittle! at Lapford Mill
- 11th Common Players present "The Tuck Inn", Lower Town Place, 6pm
- 14th Copy deadline for September Lapford Lookout, 6pm
- 17th Lapford Gardening Club Cheese & Wine Evening, Lowerfield House, 7pm
- 19th Youth Club taster session, Victory Hall, 6.15pm
- 26th Lapford Over 60's meet Victory Hall, 3.00pm
- 26th Holiday Cafe @ Lapford Congregational Church
- 27th Deadline for applications for Lapford Parish Councillors

September 2021

- 1st Lapford Parish Council Meeting, 7.30pm
- 3rd-5th Lapford Revel—see opposite for more details
- 4th Lapford Gardening Club Show, Victory Hall
- 14th Copy deadline for October Lapford Lookout, 6pm
- 21st Chulmleigh College Open Evening, 4.30-7.00pm
- 26th Lapford Congregational Church AGM

TO CONTACT THE EDITOR

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E-mail: lapfordlookout@gmail.com
By hand: Use the box in The Orchard Centre or the Editor's letterbox

Deadline for inclusion in the next issue:
6 pm on the 14th August for inclusion in September issue

Contributions are welcome, to be used at the Editor's discretion.

Flyers and Inserts must be approved by the Editor prior to publication and shall only be included at the discretion of the Editor and editorial policy.

The views in this newsletter do not necessarily represent the views of the editorial team.

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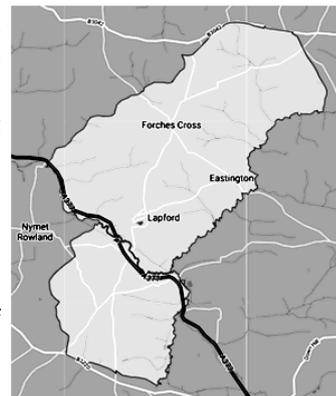
LAPFORD PARISH COUNCIL NOTES

JUNE 2021

Please note this is a summary of the main points of interest. A copy of the draft minutes will be made available on the Lapford village website, and on the notice boards in the Orchard Centre and in the Ark.

The Council met on 7th July 2021 in the Victory Hall and three members of the public attended.

- There are three councillor vacancies on the Parish Council and there is an advertisement elsewhere in the Lapford Lookout explaining how to apply. The closing date is 30th July 2021, so get your application in as soon as you can if you want to make a difference.
- The Lapford Emergency Response Team (LERT) has been stood-down now that the Covid rules are more relaxed, but we will keep an eye on how things pan out in case it becomes necessary once again.
- A volunteer Snow Warden is needed so feel free to put your name forward if you would like to do this for your community.
- The Parish Council is getting a new website, to replace the one that has been out of date for some while. It is hoped that this will be up and running within the next month or so.
- A new Parish Clerk is still needed. Rob Martin has been our Locum Clerk for some months now and needs to get on with his life. If you fancy earning some cash and would like to undertake this, please contact Rob, or the Chairman, Peter Heal.
- The District Council is looking to do a Buildings at Risk Survey which requires listing buildings that should be protected from development. Any volunteers to help with this would be gratefully welcomed.
- A review of Parish Council assets has been conducted and a programme of work to ensure they are maintained is being drawn up.
- A traffic order notification has been received regarding a road closure through the village for several days starting from 2nd September 2021. As this would conflict with the date of the village Revel, the Parish Council is asking that the road works take place a week later to avoid this conflict.



THOUGHTS FROM THE ARK

Hopefully, by the time the August edition of the Lapford Lookout pops through your letterbox, the memories of the 11th July will have run their course and people will begin to see what an amazing team England were and will be again. If anything, the England team proved how they were united and were working together to win the prize. Things don't always go to plan. Who said life was going to be easy and we would get what we want. Just think how much sweeter the victory will be when they do win, which they will.



An American lady called Joni Erickson Tada has been in a wheelchair since she was 19, well over seventy years ago. In her wisdom, while on holiday at the beach, she decided to take a swim and dived into shallow water, consequently breaking her neck. She has been an advocate for people in the disabled community across the world ever since.

In one of her books she writes, "The other day as I drove into a restaurant parking lot, I was cut off by two youngsters on a brand new motorbike. They whooped it up as they parked their bike. They plopped onto the kerb to lace up their over sized tennis shoes and rummaged in their bags for cigarettes. I noticed one wore two earrings in each ear! I also noticed that they had parked on the white line of the handicapped parking space.

Strutting into the restaurant, they proceeded to act tough while standing in line. I wheeled up behind them, deliberating whether or not I should say something. I was just ready to open my mouth when the boy with the earrings turned, looked at me and asked in a small voice, "Ma'am, excuse me, is your name Joni?" Bother, this snotty kid was about to be nice to me, I suddenly felt like Jonah who got irritated because those rotten Ninevites started to turn soft. (Bible story about Jonah and the whale) The boy continued, "I saw your movie when I was little, I used to go to church up the road." I sat there, convicted as we talked about his wayward faith. I need to remember that the people God places in my path are usually the ones He wants me to share his love with."

I was asked a few weeks ago about the ARK and why the building was called the ARK. It stands for Acts of Random Kindness and just as the ark itself took on board and gave shelter to all the animals, the role of the ARK is to be part of the community, be it the Foodbank, providing sustenance in the form of coffee and cake, a quiet place to sit, a place to meet others and chat, to serve and help in the village in any way we can. During August or the beginning of September, we hope to do some work at the front of the building, replacing the old concrete and making the access safer, as well as putting in a fence from the Church Green down towards Canterbury. We usually close in August to allow us to deep clean, so we will be using this time to do the work. We want to make access to the ARK and Church Green safer for people. With so many cars parking on the road outside the ARK, we are very aware of safety issues.

The ARK Ladies

LAPFORD OVER 60S

We hope to restart the club soon. We will meet in the Victory Hall on Thursday 26th August at 3pm. We hope to resume the day trips and plan our Christmas party. We look forward to welcoming old and new members. The modest membership fees will resume in April next year. Look out for posters!



Ron Kercher

HORSE SENSE

What's a horse's favourite TV programme? *Neighbours*
Where do horses eat their breakfast? *On the hoof*
What's a horse's favourite wine? *Hock*
What happens if a horse tries to grow a plant? *It withers*
What do horses drive on? *The mane road*
What do horses book for their honeymoon? *The bridle suite*
What's a horse's girlfriend called? *A bit on the side*
Why did the horse want to get rid of his girlfriend? *He didn't want to be saddled with her.*

COMMUNITY PLAN FOR DOG USERS AT LOWER TOWN PLACE

The interested participants, including dog owners and youth and community groups, have met together and have agreed to work together to resolve the differences on how Lower Town Place could be used by dog owners and minimise any potential health hazards.

Dog walkers are being requested not to allow their dogs to use the central grass area for dog toileting and to use the boundary grass if there is an 'urgent need', and always to remove and dog poo straight away. This request is so that others may use this area safely for play, recreational and leisure activities. The seven key elements of the plan are: -

- require dogs to be on a lead in Lower Town Place
- provide waste bins (closer to the car park entrance)
- the bins to be regularly emptied in-line with similar village facilities
- require owners to pick up dog poo and place in bin
- dog walkers are asked to avoid the central area for dog toileting, using grass between the path and boundary fence
- provide clear signs requesting this and explaining the reason why
- development of joint publicity and education programmes

In addition self-closing gates are to be added to the entrances for added protection to users and to prevent any stray dogs getting into the grassed area.

Lapford Parish Council and Mid Devon District Council are being asked to support the relocation of one of the bins on the car park area to the top entrance. The Victory Hall Management Committee and HOLD are working together to implement this plan which will be reviewed in six months (November) or earlier if necessary.

LADIES ON LOWER TOWN PLACE

Thursday 24th June was a day of sunshine and then scudding clouds, which was a bit worrying for those of us who were planning to picnic on Lower Town Place. The 'Ladies' were meeting to enjoy a catch-up with old friends and hopefully meet some new ones. Our last meeting had been in February 2020 when we had a very entertaining games evening and I was looking forward to seeing some faces I had hardly seen since then.



Luckily the weather stayed dry if a little blowy. I took my offering of biscuits over to the Green where I found Sue already at work trying to tether a windblown tablecloth. As we secured it with some of the goodies on offer, more people began to arrive and more food. People brought picnic chairs and we lifted some of the wooden benches to form a circle and people were soon busy chatting. There was a lot of catching up to do and no-one seemed short for words. It was good to see some new faces in the circle, though they were not easy to spot because they were very quickly deep in conversation like long standing members. After a while, some in the group began eyeing up the nibbles and there was a slight lull in the conversation as these were handed round and enjoyed but the nattering soon picked up again.

Gradually, the evening cooled and one or two people who had begun the evening lightly dressed took advantage of the picnic rugs rather than leave the party.

Eventually it was time to tidy up and make for home. It was a really good evening and lovely to see a group of people relaxing and chatting, something which we used to take for granted and now realise is precious. We are hoping evenings like this can become a regular thing again as Ladies of Lapford get underway with a new programme of events. (If you are interested, keep an eye on the Lookout to see what is happening and just turn up). In fact, by the time this appears in the Lapford Lookout, we will already have met for an evening outing, with a visit to Rosemoor Gardens where we are led to believe the roses are currently at their best. There will be live music and a picnic. When we went last time, a couple of years ago, we were enjoying ourselves so much we had to be shepherd out by the staff who were waiting to go home. I won't be at all surprised if the same thing happens this time!

Sue Raffill

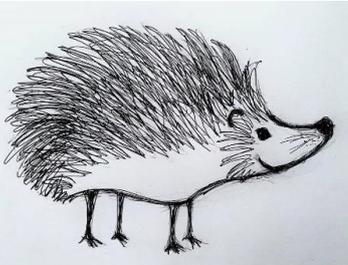
COUNTRYSIDE HUMOUR

A city lawyer down in North Devon on a pheasant shoot has had no luck all day. Afraid of losing face he is desperate to get at least one. Finally, he hits a fine plump pheasant and it comes down over the next field and onto the ground in front of a barn. He rushes over to bag his prize and is about to grab it when a grinning farmer steps out of the barn and says "I reckon under ancient Devon byelaw that be my bird, see?" Taken aback, the lawyer protested "Now look here, as a Lawyer from one of the most prestigious firms in London I say that pheasant is rightfully mine!" The mention of London brings a smile again to the farmer's face. "OK, we either go to court or we can settle here and now in the traditional Devon way." "What is that?" asks the lawyer. "Each person takes it in turn to knock the other one over. Whoever remains standing wins the bird." Seeing further argument as futile and having played a spot of rigger he eyed up the old farmer and fancied his chances. The lawyer agreed to the contest. "Right then, under Devon tradition, I go first" pronounced the farmer as he swung back his heavy sod-laden boot and kicked the city slicker as hard as he could between the legs. The lawyer screamed in agony, crashed to the ground and rolled over in horse manure and in excruciating pain for several minutes. Then, remembering that his prize bird was still at stake, staggered back to his feet and spluttered "Ok, now its my turn!" A wry smile came back to the Devon farmer's face "Naah, you can keep the pheasant, I've got plenty!" and wandered back into his barn chuckling ...



WILD LAPFORD—HEDGEHOG RESCUE

Hedgehogs, despite being classed as "vulnerable to extinction" seem to be doing well in Lapford. There are more and more reports of them all the way from the A377 to the top of the village and beyond. Please keep your hedgehog sightings coming in!



In August, some of our spiky friends may well be searching for another mate. Hoglets born in the early spring will have left their mother and will be fending for themselves now. There will also be some pregnant or nursing mothers so it is vitally important that we don't disturb nests or nest boxes. Be very careful when cutting long grass or hedges as these are favourite nesting sites. A pregnant hog who is distressed by being disturbed may miscarry or a nursing mother may abandon her young leaving them to perish.

As has been discussed in previous articles, hedgehogs are nocturnal so shouldn't be out in daylight. However, at this time of year there are some exceptions to this rule. The nights are relatively short, so hogs maybe seen foraging at dawn and dusk. The hedgehogs living in my garden emerge from their nest box while it is still light, as early as 8:00pm and often don't return to the nests until 6:00am. Another reason a hog maybe out in daylight is if its nest has been disturbed, a hog may move out and relocate elsewhere, sometimes a nursing mother can be seen ferrying her young to an alternate nest. A pregnant hog may be seen collecting nesting materials, for example grass and leaves in the daytime. It's important that a hedgehog that is seen out in daylight but appears "busy" is monitored from a distance but not removed unnecessarily as it may have hoglets somewhere nearby that are relying on the mother for milk. If the mother is prevented from returning to its nest by a well-meaning rescuer, any young hoglets will soon die. It is absolutely normal for a hedgehog to initially "freeze", then curl up in a motionless ball when approached or touched. A hog that does not attempt to run away is not a cause for concern. If the hog had previously been active and moving with purpose, it is *probably* OK, but watch it closely to see where it goes just in case it later becomes apparent it needs help.

When should you get help? If you see any of the following, please call a hedgehog carer for advice immediately:

- out in daylight and is lethargic (hedgehogs NEVER sunbathe)
- obvious injuries / bleeding / trapped
- wobbly or unsteady walking
- covered with flies or an excessive number of ticks (more than about ten)
- a very small hoglet out on its own that is squawking

I am always happy to help if I can, but we are extremely fortunate to have three experienced hedgehog carers in our area. If you are concerned about a hog, don't delay, get in touch with one of them for advice:

John (East Village) - 01363 866564 / 07966 435147
Francisca (Coleford) - 01363 85394 / 07929 660112
Elizabeth (Bow) – 07841569150

With a sick or injured hog, it is vital that it gets prompt attention so don't leave a rescuer a message and wait for a response, try a different number or someone else. If you are unable to get in touch with any of the above, contact the British Hedgehog Preservation Society on 01584 890 801, who will be able to provide you with alternative rescuer. More information is available on the British Hedgehog Preservation Society website. <https://www.britishhedgehogs.org.uk/>

For photos and videos of the hedgehogs we see in our garden and other creatures in the local area search for "Wild Lapford" on Facebook and join the group for regular updates. As always, many thanks to Rebecca Holley for her lovely artwork.

Helen Greensmith (helengreensmith@hotmail.com)



I saw a sign that said
 "Watch for Children"
 and I said
 "That sounds like
 a fair trade."



Watching the sunrise outdoors statistically
 increases your odds of having a good day.
 And needing a nap after lunch.



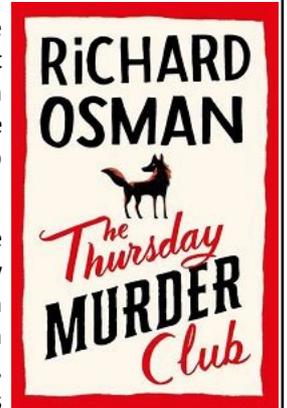
LAPFORD BOOK CLUB REVIEW

THE THURSDAY MURDER CLUB BY RICHARD OSMAN

First of all, I must confess that this book did not come from the library service as is the normal case. The book we actually had was, I am afraid, a great disappointment and only one person managed to finish it (even then she didn't really enjoy it) We decided to go back a few months to when we were in lockdown and couldn't meet up. During that time we managed between ourselves to have several books that the owner enjoyed so much that the book was passed round the group so it was, in fact, a real book club book. The Thursday Murder Club was one of those books.

Set in a peaceful wealthy retirement village, Coopers Close, four friends meet once a week to investigate unsolved murders. The peace and quiet is disturbed when a local bigwig, Ian Ventham, proposes a new development on a churchyard close to the retirement village, chopping down trees, moving the bodies in the church yard and, it is rumoured, building a turbine wind farm. Now throw into the mix a Polish builder, Bogdan Jankowski, a local criminal, Tony Curran who does all the building for Ian Ventham, Father Mackie, naturally against the desecration of his churchyard and finally PC Donna De Fratus who is in love with her boss, DCI Chris Hudson.

Tony Curran is bludgeoned to death and the local police are getting nowhere. It is down to the Thursday Murder Club to solve the real murder that has taken place on their doorstep. Along the way we learn more about the four friends who are defiantly not quiet little old pensioners, even if they are pushing eighty. As I understand that Richard Osman has written a second Thursday Murder Club story, I look forward to reacquainting myself with Elizabeth, Joyce, Ibrahim and Ron. Long may they continue.



Jill Doe

READER BOOK REVIEW

THE STRANDING BY KATE SAWYER

As we tread gingerly into Autumn, we approach "Super Thursday" - the first one in September, when all the big books for Christmas start to arrive. Do we really need Paddy McGuinness' autobiography, *My Lifey?* Probably not. Do we need Ed Ball's cookery book/memoir? Possibly. Personally, I'm holding off for Alan Rickman's diaries next Christmas.

The Stranding is the kind of book that will haunt your dreams. After finishing it, you will need either a good lie down or a good cry. Possibly both, at the same time. It's that good, that emotional and by far and away the best book I've read for years.

If you want to be flippant, it's a shaggy whale story. Ruth leaves behind loving parents, a distant friendship and a bad relationship to fulfil a lifelong dream of working with whales. As she tries to save one on a New Zealand beach, The Earth dies screaming. Her and a photographer shelter in its mouth and emerge to build a new world.

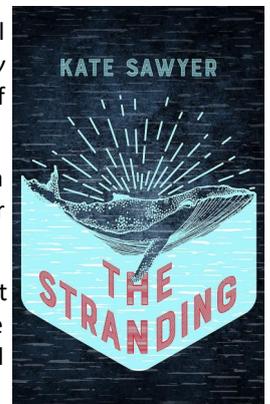
If that sounds a fantastical concept, you'd be right. Sawyer delights in both the biblical and literary allusions. What makes it such an entertaining read is the sheer, gorgeous craft of the book. It's constructed in a binary fashion, alternating between chapters of Kate's life "before" and "after", beginning with her arriving on the beach and ending some twenty years later.

One of the novel's best narrative tricks is the apocalypse itself. It's a nuclear war which starts on Christmas Day (I know, cheery). But we never really learn why. Other characters refer to darkening events, but Ruth wilfully ignores the news, pursuing a relationship with a man who is both married and abusive, having a brief fling with a colleague and becoming slowly disenchanted with life. As she arrives in New Zealand and realises all flights to Europe are cancelled and she can't call her parents, she learns the truth she has ignored for so long.

Ultimately, we can view that as a narrative gamble, but it's one that pays off. Ruth is a tragic heroine, who rejoices in her own feminine power in a much different, harsher world. It sounds like the proverbial grim read, but it's not. This is an uplifting, but not didactic book. If it has some kind of moral or message, it's that what we leave behind when we die is more important than struggling with the minutiae of our individually flawed humanity.

So, this should be enough to convince you to buy a copy. Pack a bag for the end of the world. Prepare to be moved, impressed and entertained by a stunning piece of work.

Kev McCready



DEVON OPEN STUDIOS: NORTH TAWTON, BONDLEIGH AND BOW ART TRAIL 11th – 26th September 2021

There are several local artists participating in Devon Open Studios this year, and they have clubbed together to create an art trail for the people of North Tawton, Bondleigh and Bow.

The trail includes the studios of Janet Jarvis, Art Scribe, and Ruth Helen Smith in North Tawton, Celia Olsson in Bondleigh, and Rosie Brewer in Bow. A map will be emerging soon at ruthsmithgallery.co.uk so keep your eyes out!

Meet the artists:

Janet makes paintings of Devon's amazing farm animals, wildlife and pets. Come and see her exquisite selection of paintings, prints and cards. (Open 10-5, Mon, Tues, Weds, Thurs, Fri, Sat, Sun). janetjarvis.com

Art Scribe are Reg and Emma who make artist quality watercolour paints. Come and watch them demonstrate the traditional process of hand mulling pigments and give them a try! There'll also be some sweet deals on their paints which can't be missed. (Open 10-5, Fri, Sat, Sun, Mon. Demonstrations 2-4 Sat & Sun). artscribe.uk

Ruth has been awarded one of this year's Emerging Artist bursaries. She has been making oil paintings that celebrate local produce and how it can enrich community. Come and see her work in the gallery she has recently opened in The Square. (Open 10-5, Mon, Tues, Thurs, Fri, Sat, and 1-5 Sun). ruthhelensmith.co.uk

Celia makes loose, colourful watercolour and mixed media paintings, many inspired by local views seen during lockdown and by memories of her travels. (Open 11-6, Mon, Tues, Weds, Fri, Sat). celiaolssonartist.co.uk

Rosie works in both wood and ceramics, creating a beautiful range of kitchenware as well as one-off artworks. Drop in for pinch-pot making sessions, and have your creation fired and glazed for just £5! (Open 10-5, 17th, 18th, 19th, 20th, 24th, 25th, 26th). rosiebrewer.com

devonartistnetwork.co.uk devonopenstudios.co.uk ruthsmithgallery.co.uk

FROM LOCAL MAGAZINE TO NATIONAL NEWSPAPER!

Look in "The Mirror"
What do I see?
Our very own Editor
Looking back at me!

The story was that "Stand-up comic Jason Manford has lost 3st since the start of the year-and the punchline is that he's inspired an army of dieters to do the same thing"

Beccy joined 'The Jason Manford Weight Loss Support Group' which attracted 72,000 followers on Facebook. It allowed dieters across the country to record their weight loss journeys, including Jason himself, and keep each other accountable along the way, sharing their failures as well as their successes helping them all stick to their plan and achieve their own personal goals.

Beccy has gone from 21st and a size 24, all the way down to 11st 7lb and an incredible size 10 since the very first lockdown last year. She recently put on a pair of 29ins Levi jeans, she said the last time she had been able to do that was when she was a teenager.

What makes it more incredible is that Beccy was born with hip problems and has struggled with her weight most of her life. But with the support of the Facebook group, some simple calorie counting and increasing her walking to 5,000 steps a day she has achieved this impressive weight loss; previous diets have never got her below 14st. And the extra walking was no mean feat as Beccy has a knee problem meaning she needs a crutch to walk.

She puts her success down to the fact that the group gave everyone lots of support, all the members motivating each other.....it was as simple as that. Even so, she has achieved something amazing which has to be mainly due to her strength of character and determination. Beccy has also now had a successful knee operation, so this really has been a remarkable and life changing time for her.

Well done Beccy.....you must be so proud.

Hazel Morgan



CHULMLEIGH & DISTRICT LOCAL HISTORY SOCIETY

After remaining dormant since March 2020, our society is planning to hold live events in the near future, covid regulations notwithstanding. We have two summer outings available to us, both these are events cancelled from last year. The first one is on Friday August 20th, a visit to Exmoor with Rob Wilson-North to look at the area around Simonsbath which Rob had talked about in his excellent lecture about the Knight Family.

The second outing is with Harland Walshaw with visits to the following five churches: St Thomas Becket Northlew, St Andrew's Sampford Courtney, St Matthew's Coldridge, St Mary's Honeychurch and St Bartholomew's Nymet Rowland. This will be on Wednesday 22nd September. Further details will be sent to members and posted on Chulmleigh.org website on the Events and also Local Links pages and on the Chawleigh Facebook page. All are welcome, but if capacity is exceeded attendance will be on a first come first served basis.

In between these outings there will be a Social Evening on September 6th at Chulmleigh Golf Club.

Our winter talks programme is more problematical since much of our paperwork is locked up in Morchard Bishop owing to the fact that our events secretary, Sue, is locked up in New Zealand due to Covid! In the meanwhile we are able to announce our October 18th meeting "Devon's Historic Railways" by Robert Hesketh; meetings are held in The Pavilion, Chulmleigh doors open 7.10 for a prompt start at 7.30pm. More information in due course.

We are quite liberal in our approach to "local", the more local the more relevant but we also look at topics and places within the "West Country"; if you have come across topics and speakers which fit our brief let us know, the more input the better.

In Chulmleigh, Chawleigh & Lapford there have been a number of new residents since we last had live activity and we extend our greetings to all newcomers as well as to the rest of the communities. If you are interested in Local History, please get in touch with our secretary Holly Burls 01769 580137, or with me 01769 581836. There will be no Annual Subscription for the current year, members pay £3.00 per evening talk, summer outing costs vary, and will be detailed for each event.

Kind regards to all.

Allan Worden allanworden@btinternet.com Chairman



The Plant Shed & Farm Shop

**NOW OPEN AT
EGGESFORD STATION**

The best quality local produce

A full range of fruit, veg, meat, dairy, fish and store-cupboard essentials...

LOGS – SACKS OF POTATOES – COMPOST

We are very excited to now offer locally-reared lamb, pork and beef.

Open:

Tuesday – Friday 10am-6pm

Saturdays 10am-4.30pm

NOW DELIVERING!

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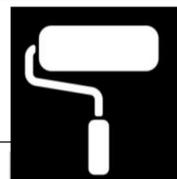
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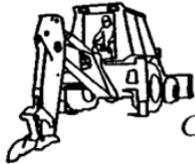


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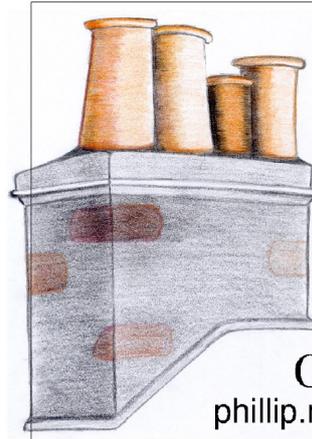
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Later in 1960 (The big floods) my son was born and in 1972 my oldest daughter was born. We, along with my mother, moved to Wembworthy where I worked for a builder from May 1949 to April 1966. It was into a council house with all the mod cons. I completed two years national service at eighteen years old and was one out of five males from Lapford or Nymet Rowland born in 1933, one was unfit, two were apprentices and the last was called up later in 1952.

I started at Lapford School in September 1938 aged five years old. My mother took me to school for the days then, afterwards, walked with the rest two miles there and returned home. I can still remember Fred Leach, Leon Parish, George Bolt, Derek Castle, Clifford Sandercock, Maurice Parr, Leonard Leach (cousin), Ron Snowshall, Bill Andrews, Evelyn Shapland, Dorothy Saunders, Dorothy Gunn. There must have been others. Mr Widgey was the school master (later on it was Mr George Tipper from Morchard Bishop), who attended Morchard Bishop at the same time as my father. From 10 years old we were sometimes in his class to get us ready for our eleven plus exams to be taken on a Saturday in April 1944. We were those born in 1933, four girls and five boys, but I am afraid only one passed the exam to go to Crediton Grammar School via the train.

The first big occasion for me was the flower and vegetable show in July 1936, for the gardeners of Lapford, Coldridge, Nymet Rowland and Chenson representing the local classes and an open section for outsiders. There never has been another big show held at the school since only weeks before the Second World War was declared in November on a Sunday in 1939. There would be no local football league matches until 1946.

Before the outbreak of war sometimes Lapford AFC, founded in 1919, used the name of Ambrosia. Hence in my playing days September 1954 to April 1st, 1966, we wore the shirts of green and white quarter. Yes, the same shirt for twelve years, plus a blue jersey for a change when needed. Those items were all that were provided by the club, no coaches, training or club house, just the sky above. We changed in the Victory Hall or on the football pitches such as Blackberry Gate, Parsonage Lane and Prowse Lane, washing in a tin bath with hot water from the Ambrosia Milk Factory in a ten-gallon churn brought up in a van driven by Mr Ken Hammett, who was the club secretary. The team was picked up on Thursday nights in the Malt Scoop by the Captain Fred Leach, Bill Collin, Vice-Captain and School Master plus Ken Hammett and then the team sheet was put up in the window belonging to Butcher Mr Sid Snell.

Here ends the first part for this month's Lapford Lookout. There will be more for you to read, mainly for those new people of Lapford to learn maybe about the best village team in the whole of Devon and Exeter as of July 2021. For now, onwards and upwards for the season ahead for both our teams and I hope more people from Lapford will come and support the club. Also from me to those young males 16 years or over, think about joining the club. Just turn up at the training night and ask any questions you may have to the senior players and the coaches - you could be quite surprised. Do it now. Good luck to all for now.

Gerald Leach (ex-player)



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Affordable freshly cooked food and drinks will be available an hour before the start time. In many places, local talent and other attractions will be set around our performance. Check our website for details. Tickets for entry and food are cheaper in advance, via our website or in local shops. You can also sign up for a workshop earlier in the day, leading to being an "Extra" in the show.

We are Covid aware and will manage the event according to prevailing guidance. Refunds will be given for cancellations.

So, why not bring a blanket or seat and join us for a **festival of theatre, fun and feasting!** Checkout www.common-players.org.uk

Date	Time	Venue
Wednesday 11 August	6pm	Lower Town Place Lapford

Tickets: £5 Adult, £3 Child, £12 Family (2+2)

Tickets only from The ARK or www.common-players.org.uk for Tickets & Pre-ordered Food

**"A THEATRICAL FEAST
FOR THE WHOLE FAMILY"**

**The
Tuck Inn**

Outdoor Summer Theatre



**Lapford Lower Town Place
Wednesday 11 August 6pm**

Tickets: £5 Adult, £3 Child, £12 Family (2+2)

The ARK (Tickets Only), or Online www.common-players.org.uk (Tickets & Food Orders)

Read Lapford Lookout for details



The Illyria Theatre Company Perform

The Further Adventures of Dr Dolittle!

by Hugh Lofting

Adapted by Oliver Gray

+ Drama workshop 3.00pm - 4.30pm ages 6 - 11!

Sunday, August the 8th. Lapford Mill

Booking Essential! - 01805 624 624

Following the phenomenal success of 2018's tour of The Adventures of Doctor Dolittle, Illyria is delving back into Hugh Lofting's amazing stories to bring you a brand-new musical adaptation of the Doctor's FURTHER adventures with Jip the Dog, Dab Dab the Duck, Gub Gub the Pig and Polynesia the Parrot.

Where in the world will they go? Will they even stay on this world?! Which new animals will they help along the way? Will the Rats still have pithy observations to make? Is Gub Gub still dreaming about cake?

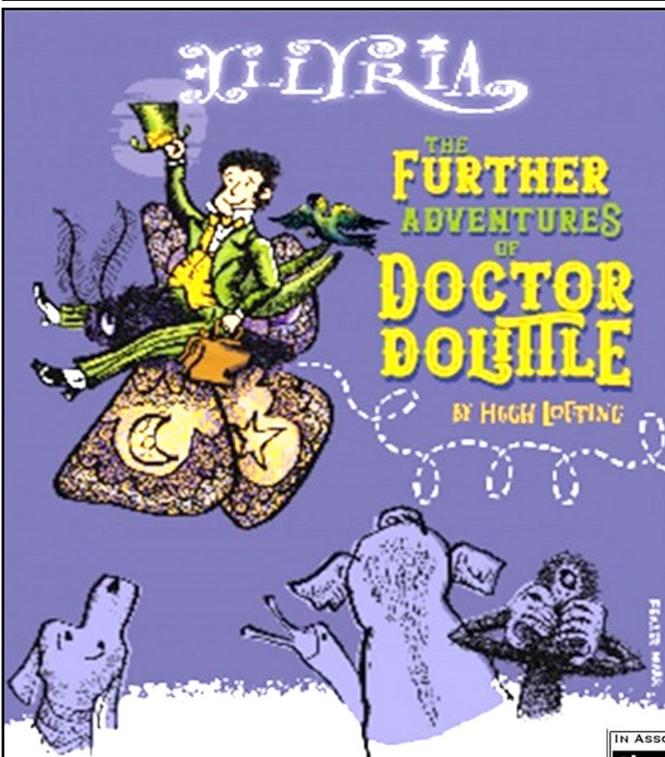
The FURTHER Adventures of Doctor Dolittle features a fully orchestrated score, amazing puppets and a plethora of songs that our audiences will be singing along to for years to come.

£13 Full Price / £10 Plough Supporters/Groups of 10+ /per person for Families (parent/s with child/children under 18yrs)

10 Key Worker tickets available at £6.50



www.LapfordMill.uk



We will be following government advice with regard to social distancing
Ticket holders enjoy free access to the gardens two hours before 7pm performances and one hour before earlier performances. (Earlier if attending a pre-show drama workshop)
Most performances last approx 2 hours with a 20 mins interval (check event details for precise running time)
Minimum ages are advisory
Light refreshments and licensed bar available from the mill.
Bring low back seating, blankets, and picnics if desired. No seating is provided.

An area for people on blankets is reserved at the front.
Well behaved dogs are welcome at most venues.
The following may be useful: A torch, insect repellent, an umbrella (or sunshade!)
Performances continue regardless of the weather. Be prepared!
There are no indoor alternatives in case of bad weather.
In the event of electrical storm, tickets will be exchanged for another date.
Adjacent parking and toilet facilities suitable for disabled people.

COLOUR ME IN



AUGUST PUZZLE CORNER NAUTICAL TERMS

- 1 The front of a vessel.
- 2 The central structural member used in a ship's hull construction.
- 3 A unit of speed equivalent to one nautical mile per hour.
- 4 A unit of length, usually equivalent to three nautical miles.
- 5 The left-hand side of a vessel when facing forward.
- 6 The system of lines and masts on a sailing boat.
- 7 The right-hand side of a vessel when facing forward.
- 8 A line to show where the level of water should reach when a ship is properly and fully loaded.
- 9 A measurement (principally of depth) equivalent to six feet.
- 10 A ship's kitchen.



JUNE'S PUZZLE CORNER ANSWERS SONGS FROM THE MUSICALS

	Song	Musical
1	'You'll Never Walk Alone'	Carousel
2	'Oh, What A Beautiful Morning'	Oklahoma
3	'There's No Business Like Show Business'	Annie Get Your Gun
4	'Ol' Man River'	Show Boat
5	'Summertime'	Porgy and Bess
6	'Luck Be A Lady'	Guys and dolls
7	'Hopelessly Devoted To You'	Grease
8	'Who Wants To Be A Millionaire?'	High Society
9	'Something Wonderful'	The King and I
10	'Always True To You In My Fashion'	Kiss Me, Kate
11	'Feed The Birds'	Mrry Poppins
12	'On The Street Where You Live'	My Fair Lady
13	'As Long As He Needs Me'	Oliver!
14	'The Music Of The Night'	The Phantom of the Opera
15	'La Vie Bohème'	Rent
16	'The Time Warp'	The Rocky Horror Show
17	'Happy Talk'	South Pacific
18	'Sixteen Going On Seventeen'	The Sound of Music
19	'America'	West Side Story
20	'I Dreamed A Dream'	Les Miserables

Lapford Youth Club

Introducing

High-Five Thursday

For school years 3-7
(Approx. 7-12-year-olds)

FRIENDS * FUN * GAMES * CRFAT * TUCK SHOP

SUMMER TASTER SESSIONS **LAPFORD VICTORY HALL**
 05/08/21(Summer Disco) 6.15PM- 8.15PM
 19/08/21 £1per child for each session

Additional money will be required if your child wants to purchase snacks from the tuck shop. £1is an introductory fee for children attending High-Five Thursday but may change dependant on the number of children attending. All volunteers DBS Checked and all relevant checks undertaken.

Contact: Cat Seymour on 01363884432/07970180637 or cathyryn_seymour@outlook.com for an additional information.

Holiday Cafe

@ LAPFORD CONGREGATIONAL CHURCH

TUESDAY 3RD AND THURSDAY 26TH AUGUST
11.30AM-2.30PM

A relaxed drop-in session for Children aged 0-11 accompanied by their parents/carers
 Craft, Pool & hockey table, fun activities, baby & toddler area
Light lunches and snacks served between 12PM-2PM for all the family

No charge but donations gratefully received

AUTUMN SHOW

Saturday 4th September

Organised by Lapford Gardening Club
open to all the village




Schedule

Photography	Fruit
1. Trees in Lapford	14. 3 eating apples
2. My favorite flower	15. 3 cooking apples
Craft	16. 3 blackberries
3. A paper aeroplane, judged on ability to fly	Flowers
4. A vegetable animal	17. 5 stems of sweet peas
Cookery	18. 3 mixed dahlias
5. A pot of jam	19. 3 similar dahlias
6. A white loaf	20. 3 mixed roses
7. A Victoria Sandwich cake	21. 3 mixed garden flowers
Flower arranging	Fun Section
8. A hand tied posy of flowers	22. Heaviest onion
Vegetables	23. Longest runner bean
9. 3 potatoes	24. Heaviest potato
10. 3 carrots	25. Heaviest marrow
11. 3 runner beans	Eggs
12. 3 courgettes	26. 3 large hen's eggs
13. 5 tomatoes	

It is easy to enter – just bring your entries to the Victory Hall on Saturday 4th September between 10-12noon.
After judging, the show will be open to the public from 2pm.

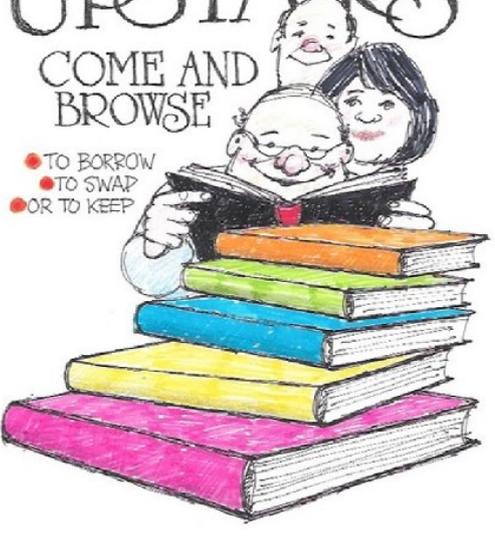
For further information contact Trisha Mumford 01363 83911



The Ark is open on
Tuesdays and Fridays
11.00 to 2.00.
Arrangements can be made for access at other times

BOOKS UPSTAIRS

COME AND BROWSE



● TO BORROW
● TO SWAP
● OR TO KEEP

BANANA OATIES

Makes 8 cookies

- 80g oats
- 1 teaspoon baking powder
- Pinch of salt
- 1 tablespoon coconut oil, melted
- 4 tablespoons agave nectar or maple syrup
- 1 teaspoon vanilla extract
- 1 banana, mashed
- Handful of raisins



- Preheat the oven to 180°C/gas mark 4 and line a baking sheet with baking parchment.
- Mix the oats, baking powder and salt lightly together in a large bowl until combined.
- Whisk the coconut oil, agave or maple syrup, vanilla extract and mashed banana vigorously together until combined.
- Pour the wet ingredients into the flour mixture and gently fold together. Stir through the raisins.
- Drop a tablespoonful onto the prepared baking sheet and flatten slightly with the back of a fork. Repeat until all the batter is used – it should render about 7-8 cookies.
- Bake for 20-25 minutes. Remove from the oven and leave to cool completely on a wire rack. The cookies will keep for several days in an airtight container.

The New Vegan by Áine Carlin



NB Several of us enjoyed these lovely oaties at the Ladies of Lapford Social Get-together on Lower Town Place in July and are happy to endorse this lovely recipe. Thank you for sharing Sue.

Dear Beccy,

Chris and I have just recently moved to the lovely village of Lapford, and since being here have received three copies of the Lapford Lookout, which are great. I just want to say a big "thank you" for putting this informative newsletter together, we love receiving it and looking through all the interesting articles.

Warm regards

Marian



A colorful promotional poster for "The Big South West Cream Tea". The poster features a green and white color scheme with yellow accents. At the top, there are colorful bunting flags. The text reads: "THE BIG SOUTH WEST Cream tea Celebrating 30 years children's hospice SOUTH WEST". Below this, it says "Raising money for local families one scone at a time". There is a small illustration of a teapot and a cup. At the bottom, it says "Register for your free fundraising pack www.chsw.org.uk/creamtea". The poster also includes a logo for "Sponsored by: 30 Celebrating 30 Years Happy Days Where Children Shine" and a small logo for "Making the most of short and precious lives across the South West Registered Charity No. 1003314".

THE LAPFORD COMMANDO CHALLENGE CLUB

Disappointed that the Commando Challenge was cancelled for the second year running the ladies of the Lapford Commando Challenge club decided to spend three hours on the briny at Watermouth Cove Ilfracombe paddle boarding. Not having experienced this before, it was quite a challenge. Everyone did really well and are now looking forward to what they can get up to next. Hopefully the Commando Challenge will go ahead next year.

Well done team I am really proud of you all.

Ian Wilkie (Trainer)



Back Row L-R: Rachel Phillips, Jacquie Laffar, Kirsty Wensley, Stacey Lumsdon, Lyndsay Adams, Jade Duck, Jenny Phillips, Angie Bowering.
Centre: Nancy Hayes.
Front: Lindsay McAveavey and Sarah Sidebotham.

NATIONAL BLOOD SERVICE



Donations can be made at
Boniface Centre, Crediton,
on Friday 27th August
or Tuesdays 9th and 16th November
at 13:10 to 19:15



Call the donor helpline on 0300 123 23 23
for more information or to check for cancellations

Do something amazing - Give Blood!

LAPFORD LOOKOUT ADVERTISING RATES AND POLICY

Lapford Lookout has a circulation of 600 copies and the advertising of village events is free of charge. There is a charge for all other advertisements and current advertising rates, **payable in advance**, are:

One eighth page:	£6 per month.
One quarter page:	£12 per month.
One half page:	£24 per month.
Whole page:	£48 per month.

Pay for 12 months and you get **one extra month, FREE!** Please send all advertising requests to the Editor in time to make the deadline of the 14th of each month for inclusion in the next issue. Please allow sufficient time to make your advance payment which may be by BACS or cheque. Payment details will be on your invoice.



CAT Preschools is a director-led organisation incorporating Chulmleigh, East Worlington and Lapford Preschools.

Lapford Preschool

Care for 2 - 5 year olds
Monday - Friday, 9.00am – 3.30pm
Wrap around care is available through the school

Please call Lorraine Kigongo on 01363 83162
or email lkigongo@catpreschools.co.uk
for further information and to arrange a visit.

We are registered to take 2yr old and 3 / 4 year old
funded children at all of our settings.

We are registered for 30 hours funding.
- We are open term time only -



LAPFORD LOOKOUT

Contributions
welcome



lapfordlookout@gmail.com

**Deadline for inclusion in the next issue:
6 pm on the 14th August for inclusion in September issue**



LIBRARIES UNLIMITED BOOKS ON WHEELS

Do you have difficulty in getting to Crediton Library and carrying heavy books home to read? Or even reaching the mobile library? Would you like us to collect and deliver talking books, or large and normal printed ones of the kind that you enjoy, directly to your home free of charge? If so, I will be happy to help.

Peter Westcott - Telephone: 01363 83525



DEVON MOBILE LIBRARY STOPS



Lapford

Orchard Way: 13.30-14.55
School: 15.00-16.00

Nymet Rowland

Opposite Village Hall: 12.30-12.50
Every 4 weeks on Tuesdays
August 17th, September 14th,
October 12th, November 9th and December 7th.

COMPENSATION

A rather eccentric elderly horse owner was approached by the railway authorities who were planning a new rail route through one of his fields. They offered him a huge sum of money in compensation for the land amounting to twenty times its real value, but he turned it down.

“Why on earth did you do that?” asked a friend. “That field’s full of ragwort and the money would keep your horses for years.”

“That’s as may be”, said the horse owner. “But I’m too old to go out there and open the ruddy gate every time a train’s coming through.”

Source: The Horse Lover’s Joke Book by Suzan St Maur



Lapford Voluntary Car Aid 2011

NEED TRANSPORT TO YOUR MEDICAL APPOINTMENT?

Lapford Voluntary Car Aid provides the residents of the village (including friends and family staying with you) with courteous, reliable, fully insured drivers to get you to your appointment safely and on time. Bookings can be made by telephoning Grace Hill on 83178. Current fares for the services covered are as follows:

Bow Medical Centre - £5
Chiddenbrook Health Centre - £5
Chulmleigh Dental Practice - £5
Chulmleigh Health Centre - £5
Crediton (Breast Screening) - £6
Crediton (Covid jab) - £6
Crediton Community Hospital - £5
Morchard Bishop Surgery - £3
New Valley Health Centre - £6
Winkleigh Surgery - £5

We have LVCA drivers available to take anyone to have their Covid vaccination. Please contact Grace as above.

IN CASE OF AN EMERGENCY IN LAPFORD



KEEP CALM
AND FOLLOW THE
EMERGENCY PLAN

Parish Council Contact:
Sue Briant-Evans - 01363 83763

Village Contact:
Roy Trevaskis - 01363 83742

South of Taw/A377 Contact:
Sue Briant-Evans - 01363 83763

USEFUL TELEPHONE NUMBERS

- Emergency numbers ~ 999 or 112
- Childline ~ 0800 1111
- Churches House Action Team ~ 01884 255606
- Citizens Advice Bureau ~ 03444 111 444
CAB Crediton ~ 01363 776210 (M, W, Th, 9-3)
- Crediton Ring and Ride ~ 01363 773303
- Crimestoppers ~ 0800 555 111
- Dog Fouling/Fly Tipping 01884 255255
- Environment Agency Floodline ~ 0845 9881188
- Farming Community Network ~ 03000 111 999
- Gas Emergency ~ 0800 111999
- Highways (roads/lights/potholes) ~ 0345 155 1004
- Mental Health Support Out of Hours ~ The Moorings
@Devon ~ Exeter: 07990 790 920 or
Barnstaple: 07850 927 064
- NHS for non urgent medical needs ~ 111
- Patient Participation Group ~ Bill Graham ~ 01363 83047
- Police Non-emergency ~ 101
- Power cut ~ 105 or 0800 6783 105
- RSPCA ~ 0300 1234 999
- Safeguarding concerns and Social Services ~ 0845 6000388
- Samaritans ~ 116 123, 01271 374343, 01392 411711
- SHOUT ~ Text 85258 for help from crisis volunteers
- Water leaks or burst mains ~ 0800 230 0561



LAPFORD OUTREACH POST OFFICE



OPENING HOURS:

Monday 9.00 - 12.30
Wednesday 9.00 - 12.30
Friday 9.00 - 12.30

LAST POSTING TIMES AROUND THE VILLAGE

	<u>Mon-Fri</u>	<u>Saturday</u>
Eastington Cross	4.30p.m.	11.00 a.m.
Woodland Cottage	9.00 a.m.	7.00 a.m.
Industrial Estate	9.00 a.m.	7.00 a.m.
Highfield	4.45 p.m.	10.15 a.m.
Orchard Way	9.00 a.m.	7.00 a.m.
Saxtons	4.30 p.m.	10.15 a.m.
Morchar Road	5.00 p.m.	11.15 a.m.

In addition, items left at the Post Office during opening hours will be posted that day via North Tawton.

LAPFORD PARISH COUNCIL, ETC

CLlr Peter Heal (Chair)	Ashlands, Lapford, EX17 6AE ~	Home - 01363 884277 / Office - 01363 775467 peter.heal@btconnect.com
CLlr Sue Briant-Evans (Vice Chair)	Edgerley Cottage, Lapford, EX17 6AH	01363 83763 / susanbriantevans@gmail.com
CLlr Roy Andrews	-	-
CLlr David Davenport	Pleasant Cottage, Lapford, EX17 6PZ	01363 884236 / daviddport@gmail.com
CLlr Julie Down	Rafters, Lapford, EX17 6QP	01363 83356 / julielpc@hotmail.com
CLlr Stacey Lumsdon	-	07891 556884 / staceyanlumsdon@gmail.com
CLlr Alex Shapland	13 Highfield, Lapford, EX17 6PY	alex1990shappers@hotmail.com
Vacancy	~	~
Vacancy	~	~
Vacancy	~	~
Parish Clerk - vacancy	~	lapfordpc@live.co.uk
District CLlr Clive Eginton	6 Moortown, Chawleigh, Chulmleigh, EX18 7EU	01769 580830 / ceginton@middevon.gov.uk
County CLlr Margaret Squires	Frostland Farm, Copplestone, EX17 5NY	01363 84337 / margaret.squires@devon.gov.uk
Mel Stride MP	House of Commons, London, SW1A 0AA	02072 197037 / mel.stride.mp@parliament.uk

NAME OF SOCIETY	CONTACT	TELEPHONE / EMAIL
<p>LAPFORD EMERGENCY RESPONSE TEAM - CORONAVIRUS LOCAL HELP</p> <p>Adventure Gaming Beginners Ballroom Dancing Banyu Hatten Aikido Books on Wheels Friends of Langannerie (twinning) Friends of Lapford Mill Friends of Lapford School Heart for Lapford Strategy Group (H4L) HOLD Ladies of Lapford (LOL) Lapford Allotment Society Lapford Amateur Dramatic Society Lapford and District Pre-school Playgroup Lapford ARK Lapford Association Football Club Lapford Book Club Lapford Choir Lapford Community Church Lapford Community Primary School Lapford Congregational Church</p> <p>Lapford Dog Club Lapford Emergency Action Plan Committee Lapford Emergency Response Team Lapford Foodbank Lapford Handbell Ringers Lapford High 5 (ages 7-12) Lapford Gardening Club Lapford Gardening Club (Shows) Lapford Lookout Lapford Meat Bingo Lapford Pilates Lapford Over 60 Club Lapford Parish Church Lapford Poppy Appeal Organiser Lapford Project 2000 Lapford Regeneration Committee Lapford Revel Lapford Revel Volunteers Lapford Victory Hall & Lower Town Place Bookings Lapford Village Archive Lapford Voluntary Car Aid Lapford Youth Club Lapford Youth and Playing Field Trust Lapstock Nymet Rowland Village Pump Save Our Heritage Lapford Springers 4's and under The Friends of St Thomas of Canterbury</p>	<p>Mr Warren Clayburn Mr Steve Munday Mr Geoff Flather Mr Peter Westcott Mr Peter Henshaw Mr Alex Gater Mrs Kirsty Wensley Secretary Mr Bill Graham Mrs Joy Quickenden Mr Raymond Waldron Mr Ian Wilkie Mrs Lorraine Kigongo Miss Briony Clinch Mr Niall McAreevey Mrs Jill Doe Mrs Cat Seymour Miss Briony Clinch Mrs Clare Wilmott Mr Peter Lacey</p> <p>Mrs Sara Thurgood Mrs Sue Briant-Evans Mr Alex Gater Mrs. Briony Clinch Mr Steve Munday Mrs Cat Seymour Mrs Trish Mumford Mrs Jeanne Whittaker Mrs Beccy Fletcher Mrs Jayne Grover Steph Heard Mr Ron Kercher Mrs Joan Graham Mrs Caroline Noon Mrs Sue Briant-Evans Mr Ian Hemsworth Mr Alex Gater ~ Mrs Joanne Cann</p> <p>Mrs Jeanne Whittaker Mrs Grace Hill Mr Steve Keable Mr Roy Andrews Mr Steve Keable Liz and Roland Smith Mrs Donna Egan Mrs Caroline Gilpin Mrs Prue Lambert</p>	<p>07966 144772 / help@lapfordvillage.co.uk Facebook: Help the Vulnerable in our Community (Lapford)</p> <p>01363 83095 / wmclayburn@gmail.com 07798 684225 / steve@lowerfieldhouse.co.uk 01363 83355 / bhaikido@googlemail.com 01363 83525 / pj.westcott@btinternet.com 01837 89070 / petehenshaw@yahoo.co.uk 07815 795918 / alex@lapfordmill.uk 07977 825814 / kirstywensley4@gmail.com heart4lapford@aol.com 01363 83047 / bg4847@aol.com 01363 83245 / joyquickenden@gmail.com 01363 83894 / ednawaldron@btinternet.com 01363 83437 / i.wilkie45@btinternet.com 01363 83162 / lkigongo@catpreschools.co.uk 01363 83788 01363 83733 / lapfordafc@gmail.com 01363 83410 / sunnyside@jilldoe45.plus.com 01363 884432 / cathryn_seymour@outlook.com 01363 83666 / admin@lapfordcc.org.uk 01363 83292 / admin@lapford-primary.devon.sch.uk 01363 884230 / lapfordcongregationalchurch@gmail.com 01363 83081 / info@lapforddogclub.co.uk 01363 83763 / susanbriantevans@gmail.com 07815 795918 / alex@lapfordmill.uk 01363 83788 07798 684225 / steve@lowerfieldhouse.co.uk 01363 884432 / cathryn_seymour@outlook.com 01363 83911 / james@mumfordj.plus.com 01363 83068 / jeanne.whittaker@btinternet.com 01363 884211 / lapfordlookout@gmail.com 07900 477247 07773 010512 / steph.instructor@talktalk.net 01363 83810 / lapfordover60@yahoo.com 01363 83047 / jemg47@aol.com 01363 83863 / lapford.pao@gmail.com 01363 83763 / susanbriantevans@gmail.com 01363 884460 / i.hemsworth@btinternet.com 07815 795818 / alex@lapfordmill.uk revelvolunteers@gmail.com 07803 002910 / jocann@btinternet.com</p> <p>01363 83068 / jeanne.whittaker@btinternet.com 01363 83178 / lvca2011.19@gmail.com 07967 655045 / steevekeable@btinternet.com 07969 823256 / r.andrews1950@icloud.com 07967 655045 / steve.keable@btinternet.com 01363 884446 / pump@incywincyweb.com 01363 83732 / donnaegan84@gmail.com 01363 83674 / caroline@gilpin.eclipse.co.uk 01363 83150 / pruelambert@yahoo.co.uk</p>

AMERICAN MINIATURE HORSE THERAPY PONY SCARLET

Debbie Newton was thrilled to be awarded a Higher Distinction in her recent Level Three Award in Assisted Animal Therapy. She is pictured middle and right below with her therapy pony, American Miniature Horse, Scarlet, who is just 34" high.



WARWICK AT LAPFORD REVEL

Howard Gale's lovely shire horse Warwick pictured with Derek Pleace at Lower Town Place shortly before Lapford Revel, 2004.

